Healthy Youth Survey 2018

Report of Results

Maywood Middle School (Issaquah School District)

Grade 6

March 1, 2019

Looking Glass Analytics
215 Legion Way SW
Olympia, WA   98502

More information about the Healthy Youth Survey is available at www.AskHYS.net

Report Contents

> For a detailed list of all of the survey questions by topic - please use the Questions by Topic section
> in the back of this report.

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Grade 6

Introduction and Overview

This report presents results from the fall 2018 Healthy Youth Survey in Washington State. This survey was sponsored by the Department of Health, the Office of Superintendent of Public Instruction, the Department of Social and Health Services and the Liquor and Cannabis Board in cooperation with schools throughout the state of Washington.

Survey questions covering the same topics are grouped together when possible but be sure to consult the index for related questions when you are searching for information on a specific topic. The numbering in this report is not the same as the question order on the survey itself.

The bulleted points and graphs included at the beginning of this report highlight selected findings. Additional information may be found in the *Interpretive Guide* posted to the Healthy Youth Survey web site: http://www.askhys.net/Reports/Additional.

Survey Participation in this Report

Number of students surveyed:	353
Number of valid responses:	346
Number of enrolled students*:	401
Your survey participation rate**:	86%

   * The estimate of enrolled students is based on figures from the 2018-2019 school year, provided by OSPI.

   ** The survey participation rate is the number of valid responses divided by the number of enrolled students.

Caution about Participation Rates and Bias

Please use the following guidance when reviewing your results:
- 70% or greater participation–Results are probably representative of students in this grade.
- 40–69% participation–Results may be representative of students in this grade.
- Less than 40% participation–Results are likely not representative of students in this grade but do reflect students who completed the survey.

There may be limitations to your results even if you have a high participation rate. For instance, a particular group of students (say, the school orchestra) may have been away from school the day of the survey, and that could bias the results. It is important to acknowledge the potential limitations when using the results in this report. For reports summarizing results at the county or School District level, you should also consider whether the schools that participated represent all students in that area.

Small Numbers: Caution about Number of Students Participating

Results based on small numbers of students answering a question are unstable---that is, they could easily change with the absence from school of only a couple of students. This is especially the case when only a few students choose a particular answer option. Also, in this situation, the reported 95% confidence interval might be too narrow. Thus, use caution if fewer than 30 students answered a question and fewer than 5 students selected a given response option.

For example, if 20 students answered a question and of those 20 only 3 students answered "Yes", the estimate is unreliable.

See the Understanding Your Report section later in this report for a discussion of "confidence intervals" to help guide your interpretation of the results.

Key to the Notes

Three versions of the survey were used in the administration of the 2018 HYS. Forms A and B were given to secondary students (grades 8, 9, 10, 11 and 12 in some small school districts). Eight questions on sexual orientation, behavior and abuse were optional at the discretion of the school; schools that did not administer the optional items tore off the last page of the survey booklet. Form C was given to elementary students (grade 6 and 7 in some small school districts).

A list of the topics asked and their location in the report are provided in the Questions by Topic section at the end of this report. "Core" questions are asked on both Forms A and B. A list of Core Questions is also found at the end of this report.

The following notes are used throughout this report to document the differences between the questions on different versions and indicate the optional questions:

   A = wording on Form A; B = wording on Form B; C = wording on Form C

   † = optional questions

Highlights of the Local Results

Your students and students statewide reported the following behaviors and attitudes:

Substance Use

	Your Students % (±CI)		Statewide % (±CI)	
Smoked cigarettes in past 30 days	0.9%	(±1.0)	1.0%	(±0.3)
Drank alcohol in past 30 days	1.8%	(±1.5)	2.4%	(±0.4)
Used marijuana or hashish in past 30 days	0.9%	(±1.1)	1.3%	(±0.3)
Binge drinking in past 2 weeks	0.9%	(±1.1)	1.9%	(±0.4)
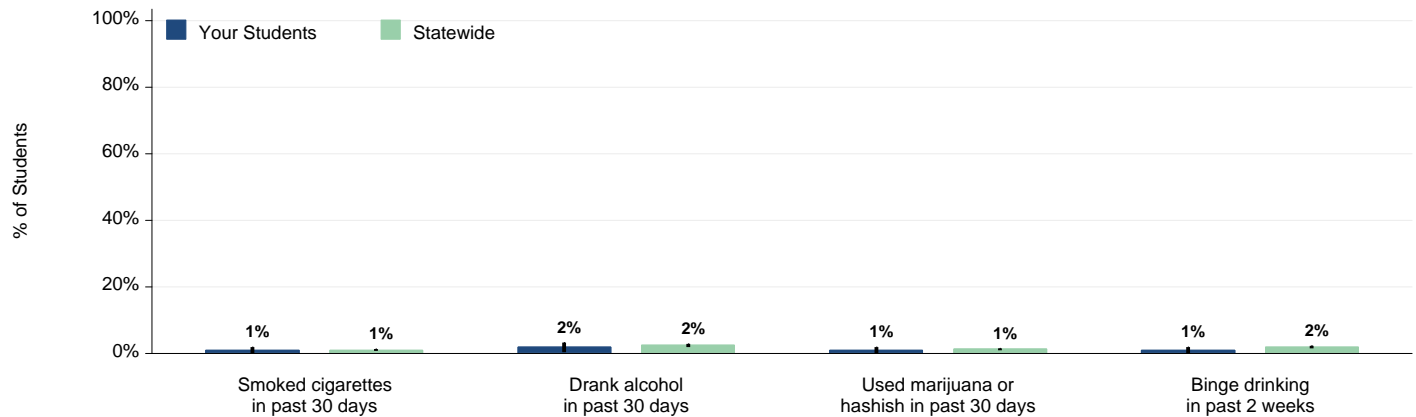
Bullying and School Climate

	Your Students % (±CI)		Statewide % (±CI)	
Carried a weapon at school in the past 30 days	0.9%	(±1.1)	1.5%	(±0.3)
Bullied in the past 30 days	25.7%	(±4.8)	31.2%	(±1.8)
Enjoyed being at school over the past year	57.7%	(±5.3)	51.3%	(±1.6)
Felt safe at school	88.9%	(±3.3)	85.3%	(±1.5)
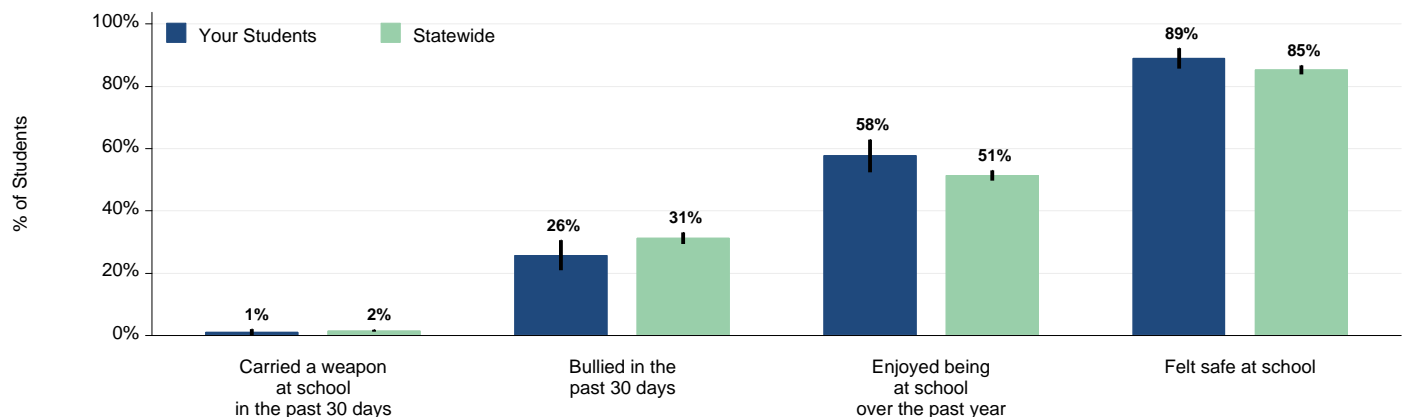
For more information on specific HYS topics, see the Fact Sheets at
www.AskHYS.net, under HYS Results – Fact Sheets

Selected Results by Gender

Selected survey questions are presented by gender to highlight any differences between females and males.

The p-values reported after each question, calculated from a chi-square test, can be used to examine whether differences between females and males are statistically significant.

A p-value of less than 0.05 means there is a significant difference between females and males (that is, if there really is no difference between females and males, the probability of observing a difference at least this large is less than 5%).

To ensure student anonymity, we do not report results by gender for any question unless a minimum of students answer each response option. These results are "suppressed".

For your student results by gender, a minimum of 10 students need to answer each response option:

For example, to report smoking cigarettes in the past 30 days for your students by gender – surveys are needed for at least 10 females who smoke, 10 females who don't smoke, 10 males who smoke, and 10 males who don't smoke.

For state results by gender, a minimum of 5 students need to answer each response option.

Results that are suppressed are marked with asterisks "*". Many small counties, districts and schools may not have enough students to report results by gender for all or some questions.

	Your Students			**Statewide**		
	Female %	**Male %**	*p-value*	**Female %**	**Male %**	*p-value*
Smoked cigarettes in past 30 days	(n=331)			(n=8,894)		
	***	***	***	0.7%	1.4%	*0.0021*
Drank alcohol in past 30 days	(n=323)			(n=8,720)		
	***	***	***	2.2%	2.6%	*0.2329*
Used marijuana or hashish in past 30 days	(n=319)			(n=8,639)		
	***	***	***	1.0%	1.6%	*0.0162*
Binge drinking in past 2 weeks	(n=317)			(n=8,580)		
	***	***	***	1.7%	2.2%	*0.0864*
Carried a weapon at school in the past 30 days	(n=316)			(n=8,570)		
	***	***	***	1.0%	2.0%	*0.0002*
Bullied in the past 30 days	(n=317)			(n=8,546)		
	24.4%	27.6%	*0.5211*	31.9%	30.4%	*0.1263*
Enjoyed being at school over the past year	(n=341)			(n=9,476)		
	60.3%	54.8%	*0.3011*	56.5%	46.5%	*<.0001*
Felt safe at school	(n=341)			(n=9,290)		
	90.2%	87.3%	*0.4089*	86.2%	84.5%	*0.0263*

Understanding Your Report

N's

In this report "n" is shorthand for "number"---the number of students who took this survey or who answered a survey question. N's are important! We also report the point estimates (%), and the 95% confidence intervals (CI).

Here is an example of how results are displayed in the report tables and charts.
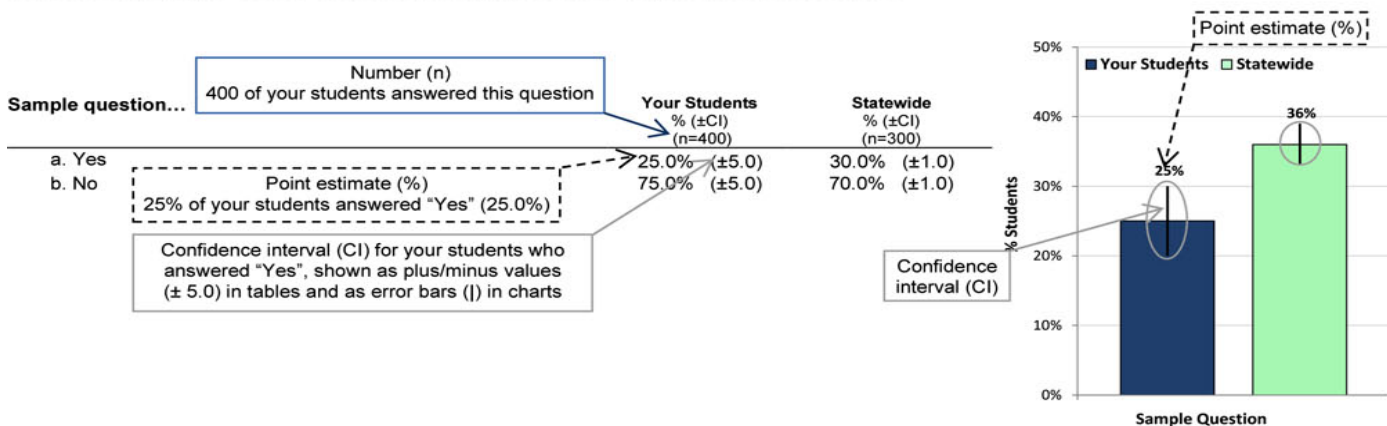
How many students took this survey?

Look on page 2, under Survey Participation. The "number of students surveyed" is the number of surveys that we received. We have careful procedures for "cleaning" to remove surveys with many inconsistent or false answers – the "clean" surveys are the "number of valid surveys". Only valid surveys are presented in this report.

How many students answered each survey question?

The n's for each question vary. Why? There are several reasons:

- There are two versions of the grades 8, 10, and 12 survey – Form A and B. Core questions are on all versions, so the n's for those questions are about the same as the number of valid surveys. For non-Core questions the n's will be about half, or less.

- Some schools chose to take the questions about sexual orientation, behavior and abuse. Schools that chose to not ask those additional questions will have no responses for those questions. [District and county reports may include some schools that DID ask those questions and some that DID NOT.]

- Not all students finish the survey, so questions near the end have smaller n's. [NOTE: the order of the questions in the report is not the same as on the survey itself.] Also, some students may decide to skip certain questions.

Here are examples from a district with 400 valid surveys --- notice how the n's change with each question type.

19. Have you ever, even once in your life: Used marijuana?

	(n=398)	(n=4,000)	N for a core question (almost all students)
a. Yes	49.0% (±3.0)	46.0% (±1.0)	
b. No	51.0% (±3.0)	54.0% (±1.0)	

20. Have you ever, even once in your life: Used inhalants (things you sniff to get high)?

	(n=200)	(n=2,000)	N for a question on only one version (about half the students)
a. Yes	11.0% (±4.0)	12.0% (±2.0)	
b. No	89.0% (±4.0)	88.0% (±2.0)	

104. How old were you when you had sexual intercourse for the first time?[†]

	(n=100)	(n=1,500)	N for an optional sexual behavior question (about half, or less if some schools chose not to ask those questions)
a. I have never had sexual intercourse.	70.0% (±8.0)	75.0% (±4.0)	
b. 11 years old or younger	2.0% (±2.0)	2.0% (±1.0)	
c. 12 years old	2.0% (±2.0)	1.0% (±1.0)	
d. 13 years old	5.0% (±2.0)	4.0% (±1.0)	
e. 14 years old	8.0% (±6.0)	7.0% (±2.0)	
f. 15 years old	9.0% (±5.0)	8.0% (±2.0)	
g. 16 years old	3.0% (±3.0)	2.0% (±1.0)	
h. 17 years old or older	1.0% (±1.0)	1.0% (±1.0)	

155. Does your school have a counselor

	(n=375)	(n=3,750)	N for a core question near the end of the survey (almost all, except students who don't finish the survey
a. Yes	90.0% (±3.0)	95.0% (±1.0)	
b. No	5.0% (±2.0)	2.0% (±1.0)	
c. Not sure	5.0% (±2.0)	3.0% (±1.0)	

How many students are we talking about?

N's are only provided for the total number of students who answered a question, not the individual answer options. Some people find it useful to translate their point estimates (%) into the number of students.

For example, in a district if 10% of students reported that "Yes" they used inhalants in their lifetime and 200 students answered the questions, then 20 students in the district used inhalants (20 X 0.10).

Confidence Intervals

It is unlikely that the point estimate (%) reported for each question is *exactly* the same as the "true" value for all your students. This report includes 95% confidence intervals (CI) to describe this uncertainty. If there is no bias in the data, then there is a 95% chance that the CI will include the true value. So for example, if the point estimate and CI are 51.5% (±1.5%), then there is a 95% chance that the true percentage is between 50.0% and 53.0%.

The size of your CIs depend in part on the n for each question – as more students answer a question, your point estimate is likely to be closer to the "true" value. If you are a small school, district or county your CIs will be large. The confidence interval does not take into account the participation rate – in other words, a low participation rate can create bias which will not be reflected in the CI.

How can you "use" confidence intervals?

CIs help you to decide if the differences between your students and the state are statistically significant.

For an example, let's say your students report 25% ±5%. That means that the CI is between 20% and 30% Here is the math: 25% -5% = 20%, and 25% +5% = 30%

Using CIs, you can decide if the difference between your students and the state results are statistically significant:

1. A significant difference:
   - Your students report 25% ±5%, so the point estimate is 25% and the CI is 20% to 30%
   - Students statewide report 36% ±3%, so the point estimate is 36% and the CI is 33% to 39%
   - The CIs don't overlap, so the difference is significant

   Your students   20%   25%   30%
   33%   36%   39% Students statewide

2. Not a significant difference:
   - Your students report 25% ±5%, so the point estimate is 25% and the CI is 20% to 30%
   - Statewide students report 28% ±3%, so the point estimate is 28% and the CI is 25% to 31%
   - The CI for your students overlaps the point estimate for students statewide, so the difference is not significant

   Your students   20%   25%   30%
   25%   28%   31% Students statewide
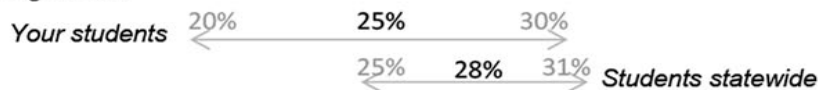
3. Not sure if there is a difference:
   - Your students report 25% ±5%, so the point estimate is 25% and the CI is 20% to 30%
   - Statewide students report 32% ±3%, so the point estimate is 32% and the CI is 29% to 35%
   - The CIs overlap, but don't include the other point estimates, so you don't know for sure if they are really different without using the significance testing tool described in the next paragraph.

   Your students   20%   25%   30%
   29%   32%   35% Students statewide

More information about interpreting CIs is available on the HYS Training web page at www.AskHYS.net/Training. The Training web page includes past HYS training materials and a "Tool for Determining HYS Statistical Significance". Use the "tool" to find out if your results are significantly different.

More Information

Much of the information on the Healthy Youth Survey is available online at www.AskHYS.net.
- Under HYS Results, you can find these "Frequency Reports". Also included is an Interpretive Guide with a detailed overview of the reports, information on statistical issues and how to use your data. There are also topical fact sheets and a data query system where you can run your own simple analysis.
- Under Training, there are copies of past HYS training workshop materials and the tool for testing significant differences.

Technical information is also at www.doh.wa.gov/DataandStatisticalReports/HealthBehaviors/HealthyYouthSurvey.

Frequency Results

Demographics and General Information

[Question 1 appears only on the secondary version of the survey.]

	Your Students		Statewide	
	% (±CI)		% (±CI)	
2. How old are you?	(n=342)		(n=9,566)	
a. 10 or younger	1.8%	(±1.4)	1.5%	(±0.3)
b. 11	83.0%	(±4.0)	75.8%	(±1.0)
c. 12	15.2%	(±3.8)	22.0%	(±1.0)
d. 13	0.0%	(±0.0)	0.5%	(±0.2)
e. 14	0.0%	(±0.0)	0.0%	(±0.0)
f. 15 or older	0.0%	(±0.0)	0.0%	(±0.0)
3. What sex/gender were you at birth, even if you are not that gender today?	(n=344)		(n=9,544)	
a. Female	53.8%	(±5.3)	49.9%	(±1.1)
b. Male	46.2%	(±5.3)	50.1%	(±1.1)

[Questions 4-5 appear only on the secondary version of the survey.]

6. How do you describe yourself? (Select one or more responses.)	(n=320)		(n=8,987)	
a. American Indian or Alaskan Native	4.1%	(±2.2)	5.6%	(±0.9)
b. Asian or Asian American	25.0%	(±4.8)	7.3%	(±1.7)
c. Black or African-American	2.2%	(±1.6)	4.2%	(±1.0)
d. Hispanic or Latino/Latina	4.1%	(±2.2)	16.7%	(±4.1)
e. Native Hawaiian or other Pacific Islander	0.0%	(±0.0)	1.7%	(±0.4)
f. White or Caucasian	38.8%	(±5.4)	35.6%	(±4.3)
g. Other	20.9%	(±4.5)	19.5%	(±1.6)
More than one race/ethnicity marked	5.0%	(±2.4)	9.3%	(±0.9)

Another way to report race and ethnicity, is to categorize all Hispanic students as Hispanic regardless of race. If a student is Not Hispanic and is in more than one race roll-up category they will be reported as 'Multiracial non-Hispanic'.

7. How do you describe yourself? (Select one or more responses.)	(n=320)		(n=8,987)	
White non-Hispanic	38.8%	(±5.4)	35.6%	(±4.3)
Hispanic	5.0%	(±2.4)	20.1%	(±4.4)
American Indian or Alaskan Native non-Hispanic	4.1%	(±2.2)	5.6%	(±0.9)
Asian or Asian American non-Hispanic	25.0%	(±4.8)	7.3%	(±1.7)
Black or African-American non-Hispanic	2.2%	(±1.6)	4.2%	(±1.0)
Native Hawaiian or other Pacific Islander non-Hispanic	0.0%	(±0.0)	1.7%	(±0.4)
Other non-Hispanic	20.9%	(±4.5)	19.5%	(±1.6)
Multiracial non-Hispanic	4.1%	(±2.2)	6.0%	(±0.7)

[Questions 8-9 appear only on the secondary version of the survey.]

	Your Students		Statewide	
	% (±CI)		**% (±CI)**	
10. What language is usually spoken at home?	(n=344)		(n=9,568)	
a. English	82.3%	(±4.1)	79.7%	(±3.9)
b. Spanish	4.1%	(±2.1)	12.9%	(±3.5)
c. Other	13.7%	(±3.6)	7.4%	(±1.8)

[Questions 11-15 appear only on the secondary version of the survey.]

	Your Students		Statewide	
16. Has your parent or guardian served in the military (Army, Navy, Air Force, Marines, Coast Guard, National Guard, and Reserves)?	(n=346)		(n=9,550)	
a. No	75.4%	(±4.6)	66.7%	(±2.9)
b. Yes	13.6%	(±3.6)	21.7%	(±2.7)
c. Not sure	11.0%	(±3.3)	11.6%	(±1.2)
17. Have you or your family moved in the past 3 years to another school district, city, or county for seasonal work in: agriculture, dairy, or fishing?	(n=271)		(n=7,605)	
a. Yes	13.7%	(±4.1)	14.3%	(±1.3)
b. No	75.3%	(±5.2)	72.6%	(±2.3)
c. I don't know	11.1%	(±3.8)	13.1%	(±1.3)
18. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.	(n=343)		(n=9,410)	
a. 0 days	72.0%	(±4.8)	54.6%	(±2.2)
b. 1 or 2 days	23.9%	(±4.5)	34.6%	(±1.5)
c. 3 or more days	4.1%	(±2.1)	10.8%	(±0.9)
19. During your last school year, how many times did you change schools for reasons other than moving up a grade?	(n=338)		(n=9,255)	
a. I did not change schools	79.3%	(±4.3)	80.5%	(±1.6)
b. Once	15.1%	(±3.8)	12.2%	(±0.9)
c. Twice	2.7%	(±1.7)	2.9%	(±0.4)
d. Three or more times	3.0%	(±1.8)	4.5%	(±0.7)
20. How honest were you in filling out this survey?	(n=273)		(n=7,737)	
a. I was very honest.	83.5%	(±4.4)	85.2%	(±1.0)
b. I was honest pretty much of the time.	14.7%	(±4.2)	13.2%	(±1.0)
c. I was honest some of the time	1.8%	(±1.6)	1.6%	(±0.4)
d. I was honest once in a while.		surveys pulled		
e. I was not honest at all.		surveys pulled		

Alcohol, Tobacco and Other Drug Use

Alcohol, tobacco, and other drug (ATOD) use has been a major concern in this country for many years. The consequences of ATOD use are well known. In the short term, ATOD use interferes with positive physical, emotional, and social development. In the long term, ATOD use is associated with delinquency and criminal activity, unintended injuries, and a variety of health complications including shorter life expectancy. Tobacco use is the world's leading cause of preventable death, disease, and disability. This section provides information about lifetime ATOD use (which in part reflects experimental use), use in the past 30 days (i.e., current use), and other tobacco-, alcohol-, and drug-related issues.

Lifetime Use

[Questions 21-22 appear only on the secondary version of the survey.]

Have you ever, even once in your life:

	Your Students		Statewide	
	% (±CI)		% (±CI)	
23. Drank more than a sip or two of beer, wine, or hard liquor (for example: vodka, whiskey, or gin)? (Computed from question 23 or 232)	(n=324)		(n=8,685)	
a. No	79.3%	(±4.4)	75.7%	(±1.1)
b. Yes	20.7%	(±4.4)	24.3%	(±1.1)
24. Used marijuana? (Computed from question 24 or 230)	(n=323)		(n=8,683)	
a. No	98.1%	(±1.5)	96.2%	(±0.5)
b. Yes	1.9%	(±1.5)	3.8%	(±0.5)
25. Used inhalants (things you sniff to get high)?	(n=323)		(n=8,678)	
a. No	98.1%	(±1.5)	97.1%	(±0.4)
b. Yes	1.9%	(±1.5)	2.9%	(±0.4)

[Questions 26-30 appear only on the secondary version of the survey.]

	Your Students		Statewide	
31. Used other illegal drugs?	(n=325)		(n=8,668)	
a. Yes	2.5%	(±1.7)	2.6%	(±0.4)
b. No	97.5%	(±1.7)	97.4%	(±0.4)

30-Day Use (Use in the Past 30 Days)

During the past 30 days, on how many days did you:

	Your Students		Statewide	
32. Smoke cigarettes?	(n=333)		(n=8,944)	
a. None	99.1%	(±1.0)	99.0%	(±0.3)
b. 1-2 days	0.3%	(±0.6)	0.5%	(±0.2)
c. 3-5 days	0.0%	(±0.0)	0.2%	(±0.1)
d. 6-9 days	0.0%	(±0.0)	0.1%	(±0.1)
e. 10-29 days	0.0%	(±0.0)	0.1%	(±0.0)
f. All 30 days	0.6%	(±0.8)	0.2%	(±0.1)
Any use in past 30 days	0.9%	(±1.0)	1.0%	(±0.3)

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	Your Students		Statewide	
	% (±CI)		% (±CI)	
33. Use chewing tobacco, snuff, or dip?	(n=333)		(n=8,869)	
a. None	99.1%	(±1.0)	99.0%	(±0.3)
b. 1-2 days	0.3%	(±0.6)	0.5%	(±0.2)
c. 3-5 days	0.0%	(±0.0)	0.2%	(±0.1)
d. 6-9 days	0.0%	(±0.0)	0.2%	(±0.1)
e. 10-29 days	0.0%	(±0.0)	0.1%	(±0.1)
f. All 30 days	0.6%	(±0.8)	0.1%	(±0.1)
Any use in past 30 days	0.9%	(±1.0)	1.0%	(±0.3)

[Question 34 appears only on the secondary version of the survey.]

35. Use an electronic cigarette, also called e-cigs, or vape pens?	(n=333)		(n=8,838)	
a. None	97.6%	(±1.7)	97.0%	(±0.5)
b. 1-2 days	1.8%	(±1.4)	1.7%	(±0.3)
c. 3-5 days	0.0%	(±0.0)	0.5%	(±0.2)
d. 6-9 days	0.0%	(±0.0)	0.2%	(±0.1)
e. 10-19 days	0.0%	(±0.0)	0.2%	(±0.1)
f. 20-29 days	0.3%	(±0.6)	0.1%	(±0.1)
g. All 30 days	0.3%	(±0.6)	0.3%	(±0.1)
Any use in past 30 days	2.4%	(±1.7)	3.0%	(±0.5)

[Questions 36-37 appear only on the secondary version of the survey.]

During the past 30 days, on how many days did you:

38. Drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor)?	(n=325)		(n=8,769)	
a. None	98.2%	(±1.5)	97.6%	(±0.4)
b. 1-2 days	0.6%	(±0.9)	1.8%	(±0.3)
c. 3-5 days	0.6%	(±0.9)	0.3%	(±0.2)
d. 6-9 days	0.0%	(±0.0)	0.1%	(±0.1)
e. 10 or more days	0.6%	(±0.9)	0.2%	(±0.1)
Any use in past 30 days	1.8%	(±1.5)	2.4%	(±0.4)

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	Your Students % (±CI) (n=321)		Statewide % (±CI) (n=8,687)	
39. Use marijuana or hashish (weed, hash, pot)?				
a. None	99.1%	(±1.1)	98.7%	(±0.3)
b. 1-2 days	0.3%	(±0.6)	0.7%	(±0.2)
c. 3-5 days	0.0%	(±0.0)	0.2%	(±0.1)
d. 6-9 days	0.0%	(±0.0)	0.2%	(±0.1)
e. 10-19 days	0.3%	(±0.6)	0.1%	(±0.0)
f. 20-29 days	0.0%	(±0.0)	0.0%	(±0.0)
g. All 30 days	0.3%	(±0.6)	0.1%	(±0.1)
Any use in past 30 days	0.9%	(±1.1)	1.3%	(±0.3)

	(n=325)		(n=8,706)	
40. Not counting alcohol, tobacco, or marijuana, use another illegal drug?				
a. None	98.2%	(±1.5)	99.1%	(±0.3)
b. 1-2 days	0.6%	(±0.9)	0.6%	(±0.2)
c. 3-5 days	0.0%	(±0.0)	0.1%	(±0.1)
d. 6-9 days	0.3%	(±0.6)	0.0%	(±0.0)
e. 10 or more days	0.9%	(±1.0)	0.2%	(±0.1)
Any use in past 30 days	1.8%	(±1.5)	0.9%	(±0.3)

	(n=321)		(n=8,645)	
41. Use any illegal drug, including marijuana? (Computed from questions 39 and 40)				
None	98.4%	(±1.4)	98.4%	(±0.4)
Any use in past 30 days	1.6%	(±1.4)	1.6%	(±0.4)

[Questions 42-44 appear only on the secondary version of the survey.]

Other Tobacco-Related Questions

[Questions 45-46 appear only on the secondary version of the survey.]

	(n=291)		(n=7,998)	
47. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?				
a. 0 days	88.7%	(±3.7)	81.8%	(±1.4)
b. 1-2 days	8.9%	(±3.3)	11.0%	(±0.8)
c. 3-4 days	0.3%	(±0.7)	2.4%	(±0.4)
d. 5-6 days	0.3%	(±0.7)	1.2%	(±0.3)
e. 7 days	1.7%	(±1.5)	3.6%	(±0.6)

	(n=290)		(n=8,000)	
48. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?				
a. 0 days	96.2%	(±2.2)	89.1%	(±1.3)
b. 1-2 days	2.1%	(±1.6)	5.3%	(±0.8)
c. 3-4 days	0.7%	(±1.0)	1.8%	(±0.4)
d. 5-6 days	0.0%	(±0.0)	0.8%	(±0.2)
e. 7 days	1.0%	(±1.2)	2.9%	(±0.6)

[Questions 49-55 appear only on the secondary version of the survey.]

Other Electronic Cigarette- and Vaping-Related Questions

[Questions 56-59 appear only on the secondary version of the survey.]

Other Alcohol-Related Questions

60. Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)	Your Students % (±CI) (n=319)		Statewide % (±CI) (n=8,628)	
a. None	99.1%	(±1.1)	98.1%	(±0.4)
b. Once	0.0%	(±0.0)	1.1%	(±0.2)
c. Twice	0.6%	(±0.9)	0.3%	(±0.1)
d. 3-5 times	0.0%	(±0.0)	0.2%	(±0.1)
e. 6-9 times	0.0%	(±0.0)	0.1%	(±0.1)
f. 10 or more times	0.3%	(±0.6)	0.2%	(±0.1)

61. Drinking Categories Variable (Computed from questions 38 and 60)	(n=319)		(n=8,569)	
No drinking past 30 days and no binging past 2 weeks	97.8%	(±1.6)	96.5%	(±0.5)
1-2 days drinking past 30 days and no binging past 2 weeks	0.6%	(±0.9)	1.3%	(±0.2)
3-5 days drinking past 30 days and/or 1 binge past 2 weeks	0.3%	(±0.6)	1.2%	(±0.3)
6+ days drinking past 30 days and/or 2+ binge past 2 weeks	1.3%	(±1.2)	1.0%	(±0.3)

[Questions 62-69 appear only on the secondary version of the survey.]

Other Marijuana-Related Questions

[Questions 70-75 appear only on the secondary version of the survey.]

Other Alcohol- and Drug-Related Questions

[Questions 76-78 appear only on the secondary version of the survey.]

79. During the past year in school, how many times did you get information in classes about reasons not to use alcohol or drugs?	(n=289)		(n=7,915)	
a. Never	34.3%	(±5.5)	28.9%	(±2.9)
b. Once	16.6%	(±4.3)	22.9%	(±1.5)
c. 2-3 times	21.8%	(±4.8)	24.1%	(±1.9)
d. 4 or more times	27.3%	(±5.2)	24.1%	(±3.1)

[Questions 80-82 appear only on the secondary version of the survey.]

Other Health Concerns

Nutrition and Fitness

This section provides results regarding other health concerns including nutrition and fitness, health conditions and health care, safety, behaviors related to intentional injury, and depression. Proper nutrition and exercise are critical components of a healthy life, as is access to preventive health care. Safety-related behaviors can profoundly influence the outcome of an accident. Injury is the leading cause of death for adolescents aged 10 to 19, and violence contributes to injury-related deaths. People who are depressed experience a range of symptoms, and depression is associated with suicidal behavior.

Obese: "Obese" includes students who are in the top 5% for body mass index by age and gender based on growth charts developed by the Centers for Disease Control and Prevention (2000). "Overweight" includes students who are in the top 15% but not the top 5%.

[Question 83 appears only on the secondary version of the survey.]

	Your Students		Statewide	
	% (±CI)		% (±CI)	
84. How often do you eat dinner with your family?	(n=279)		(n=7,745)	
a. Never	2.5%	(±1.8)	2.9%	(±0.5)
b. Rarely	5.7%	(±2.7)	9.1%	(±0.9)
c. Sometimes	14.7%	(±4.2)	13.2%	(±1.1)
d. Most of the time	36.6%	(±5.7)	29.2%	(±1.6)
e. Always	40.5%	(±5.8)	45.6%	(±1.7)

[Question 85 appears only on the secondary version of the survey.]

86. Did you eat breakfast today?	(n=298)		(n=8,058)	
a. Yes	83.2%	(±4.3)	76.0%	(±2.0)
b. No	16.8%	(±4.3)	24.0%	(±2.0)

[Questions 87-90 appear only on the secondary version of the survey.]

91. How many sodas, sports drinks (such as Gatorade) and other sweetened drinks (such as Snapple or SoBe) did you drink yesterday?	(n=288)		(n=8,057)	
a. None	55.6%	(±5.8)	54.4%	(±2.6)
b. 1	35.1%	(±5.5)	31.9%	(±1.6)
c. 2	6.6%	(±2.9)	9.2%	(±1.2)
d. 3	1.7%	(±1.5)	2.1%	(±0.4)
e. 4 or more	1.0%	(±1.2)	2.4%	(±0.5)

92. Did you buy sodas, sports drinks, or other flavored sweetened drinks at school yesterday?	(n=285)		(n=7,956)	
a. I did not drink sodas, sports drinks or other flavored sweetened drinks yesterday.	38.9%	(±5.7)	39.2%	(±2.3)
b. Yes	18.6%	(±4.5)	11.9%	(±1.4)
c. No	42.5%	(±5.8)	48.9%	(±2.0)

[Questions 93-94 appear only on the secondary version of the survey.]

95. In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate or makes you breathe hard some of the time.)

	Your Students % (±CI) (n=335)		Statewide % (±CI) (n=9,320)	
a. 0 days	3.6%	(±2.0)	6.8%	(±0.9)
b. 1 day	3.6%	(±2.0)	5.8%	(±0.7)
c. 2 days	6.9%	(±2.7)	8.3%	(±0.7)
d. 3 days	9.6%	(±3.2)	11.4%	(±0.7)
e. 4 days	11.9%	(±3.5)	12.4%	(±0.8)
f. 5 days	17.3%	(±4.1)	17.6%	(±0.9)
g. 6 days	9.6%	(±3.2)	10.9%	(±0.9)
h. 7 days	37.6%	(±5.2)	26.8%	(±1.4)

[Question 96 appears only on the secondary version of the survey.]

97. On average how many days a week do you walk to or from school?

	(n=345)		(n=9,540)	
a. Never	89.6%	(±3.2)	68.7%	(±4.6)
b. 1-2	2.9%	(±1.8)	9.1%	(±1.2)
c. 3-4	2.0%	(±1.5)	5.8%	(±0.9)
d. I walk every day.	5.5%	(±2.4)	16.4%	(±3.2)

98. On average how many days a week do you ride a bicycle to or from school?

	(n=344)		(n=9,528)	
a. Never	96.8%	(±1.9)	92.2%	(±1.4)
b. 1-2	1.7%	(±1.4)	4.1%	(±0.8)
c. 3-4	1.2%	(±1.1)	1.8%	(±0.4)
d. I bike every day.	0.3%	(±0.6)	2.0%	(±0.5)

99. On an average school day, how many hours do you watch TV shows or movies or stream videos (such as YouTube, Netflix, Hulu) on any electronic device (Computer, TV set, tablets or smartphone)?

	(n=338)		(n=9,454)	
a. I do not watch TV or movies on an average school day.	11.5%	(±3.4)	9.9%	(±1.5)
b. Less than 1 hour per day	24.3%	(±4.6)	17.3%	(±1.3)
c. 1 hour per day	18.6%	(±4.2)	18.2%	(±1.1)
d. 2 hours per day	22.2%	(±4.5)	21.5%	(±0.9)
e. 3 hours per day	11.8%	(±3.5)	14.3%	(±1.1)
f. 4 hours per day	5.6%	(±2.5)	7.3%	(±0.9)
g. 5 or more hours per day	5.9%	(±2.5)	11.6%	(±1.6)

100. On an average school day, how many hours do you play video or computer games, or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, tablet or smartphone, social media).

	Your Students % (±CI) (n=339)		Statewide % (±CI) (n=9,436)	
a. I do not play video games or use a computer for something that is not school work.	18.3%	(±4.1)	19.1%	(±1.3)
b. Less than 1 hour per day	31.6%	(±5.0)	24.7%	(±1.7)
c. 1 hour per day	17.4%	(±4.1)	15.8%	(±0.7)
d. 2 hours per day	12.4%	(±3.5)	14.9%	(±0.9)
e. 3 hours per day	8.8%	(±3.0)	9.9%	(±0.8)
f. 4 hours per day	4.7%	(±2.3)	5.6%	(±0.7)
g. 5 or more hours per day	6.8%	(±2.7)	9.9%	(±1.3)

[Questions 101-102 appear only on the secondary version of the survey.]

103. During the average week, on how many days do you participate in supervised after-school activities either at school or away from school? Include activities such as sports, art, music, dance, drama, or community service, religious, or club activities.

	(n=330)		(n=9,073)	
a. 0 days	23.0%	(±4.6)	38.5%	(±3.6)
b. 1-2 days	25.2%	(±4.7)	27.6%	(±1.5)
c. 3 or more days	51.8%	(±5.4)	34.0%	(±3.3)

Health Conditions and Health Care

[Question 104 appears only on the secondary version of the survey.]

105. Has a doctor or nurse ever told you that you have asthma?

	(n=339)		(n=9,434)	
a. Yes	12.4%	(±3.5)	12.7%	(±0.8)
b. No	76.1%	(±4.6)	75.6%	(±1.2)
c. Not sure	11.5%	(±3.4)	11.7%	(±0.9)

106. Do you still have asthma?

	(n=343)		(n=9,494)	
a. I have never had asthma.	67.9%	(±5.0)	65.3%	(±1.5)
b. Yes	10.8%	(±3.3)	9.1%	(±0.7)
c. No	9.9%	(±3.2)	14.5%	(±1.0)
d. Not sure	11.4%	(±3.4)	11.1%	(±0.9)

[Questions 107-108 appear only on the secondary version of the survey.]

109. During the past year, did you miss any time from school because of toothache? (Do not include toothache due to braces or an injury.)

	(n=343)		(n=9,500)	
a. Yes	3.5%	(±2.0)	6.6%	(±0.8)
b. No	90.4%	(±3.1)	83.7%	(±1.4)
c. Not sure	6.1%	(±2.5)	9.7%	(±0.9)

[Questions 110-114 appear only on the secondary version of the survey.]

Sexual Behavior

[Questions 115-119 appear only on the secondary version of the survey.]

Behaviors Related to Unintentional Injury

	Your Students		Statewide	
	% (±CI)		% (±CI)	
120. When you ride a bicycle, how often do you wear a helmet?	(n=345)		(n=9,558)	
a. I do not ride a bicycle	11.0%	(±3.3)	14.1%	(±1.6)
b. Never wear a helmet	5.5%	(±2.4)	16.6%	(±3.0)
c. Rarely wear a helmet	7.0%	(±2.7)	12.2%	(±1.5)
d. Sometimes wear a helmet	14.8%	(±3.8)	11.6%	(±1.1)
e. Most of the time wear a helmet	22.3%	(±4.4)	17.4%	(±1.6)
f. Always wear a helmet	39.4%	(±5.2)	28.1%	(±4.7)
121. How good a swimmer do you think you are?	(n=345)		(n=9,520)	
a. Good	63.5%	(±5.1)	54.2%	(±2.5)
b. So-so	31.3%	(±4.9)	33.1%	(±1.5)
c. Not good	3.5%	(±1.9)	7.2%	(±0.8)
d. Can't swim	1.7%	(±1.4)	5.5%	(±1.0)
122. Have you ever taken formal swimming lessons?	(n=345)		(n=9,528)	
a. Yes	78.3%	(±4.4)	51.3%	(±5.4)
b. No	13.3%	(±3.6)	41.3%	(±5.3)
c. Not sure	8.4%	(±2.9)	7.3%	(±0.5)

[Question 123 appears only on the secondary version of the survey.]

	Your Students		Statewide	
124. In the last 30 days, have you ridden in a car driven by someone who had been drinking alcohol?	(n=295)		(n=8,046)	
a. Yes	7.8%	(±3.1)	6.3%	(±0.5)
b. No	83.7%	(±4.2)	85.3%	(±0.8)
c. Not sure	8.5%	(±3.2)	8.4%	(±0.7)

[Questions 125-127 appear only on the secondary version of the survey.]

	Your Students		Statewide	
128. During the past 30 days, did you ride in a car or other vehicle driven by someone who was texting or emailing?	(n=339)		(n=9,471)	
a. Yes	23.3%	(±4.5)	22.7%	(±1.3)
b. No	53.7%	(±5.3)	58.5%	(±1.5)
c. Not sure	23.0%	(±4.5)	18.8%	(±0.9)

[Question 129 appears only on the secondary version of the survey.]

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Behaviors Related to Intentional Injury

	Your Students		Statewide	
130. During the past 30 days, on how many days did you: Carry a weapon such as a gun, knife, or club on school property?	% (±CI) (n=318)		% (±CI) (n=8,618)	
a. 0 days	99.1%	(±1.1)	98.5%	(±0.3)
b. 1-5 days	0.6%	(±0.9)	1.1%	(±0.2)
c. 6 or more days	0.3%	(±0.6)	0.5%	(±0.2)

131. During the past 12 months, how many times were you in a physical fight?				
	(n=317)		(n=8,555)	
a. 0 times	81.4%	(±4.3)	72.7%	(±1.5)
b. 1 time	10.1%	(±3.3)	14.0%	(±0.8)
c. 2-3 times	3.5%	(±2.0)	7.0%	(±0.7)
d. 4-5 times	0.9%	(±1.1)	1.9%	(±0.3)
e. 6 or more times	4.1%	(±2.2)	4.4%	(±0.5)

[Questions 132-133 appear only on the secondary version of the survey.]

Physical, Emotional and Sexual Abuse

[Questions 134-140 appear only on the secondary version of the survey.]

Mental Health

[Questions 141-144 appear only on the secondary version of the survey.]

145. Have you ever seriously thought about killing yourself?				
	(n=311)		(n=8,384)	
a. Yes	18.0%	(±4.3)	22.0%	(±1.5)
b. No	82.0%	(±4.3)	78.0%	(±1.5)

146. Have you ever tried to kill yourself?				
	(n=312)		(n=8,415)	
a. Yes	3.8%	(±2.1)	7.6%	(±0.9)
b. No	96.2%	(±2.1)	92.4%	(±0.9)

[Questions 147-148 appear only on the secondary version of the survey.]

149. When you feel sad or hopeless, are there adults that you can turn to for help?				
	(n=308)		(n=8,451)	
a. I never feel sad or hopeless.	18.2%	(±4.3)	20.2%	(±1.0)
b. Yes	63.3%	(±5.4)	60.1%	(±1.6)
c. No	8.8%	(±3.2)	9.1%	(±0.7)
d. Not sure	9.7%	(±3.3)	10.6%	(±0.9)

[Questions 150-151 appear only on the secondary version of the survey.]

School Climate

In the past few years Washington State has given increased attention to supportive learning environments. Students need a safe, nurturing, healthy, and civil learning environment if they are to be successful in school. This section provides information about student perceptions of school climate.

152. In the last 30 days, how often have you been bullied? Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way.	Your Students % (±CI) (n=319)		Statewide % (±CI) (n=8,593)	
a. I have not been bullied.	74.3%	(±4.8)	68.8%	(±1.8)
b. Once	12.2%	(±3.6)	15.4%	(±0.9)
c. 2 – 3 times	5.3%	(±2.5)	7.8%	(±0.7)
d. About once a week	1.9%	(±1.5)	2.8%	(±0.4)
e. Several times a week	6.3%	(±2.7)	5.2%	(±0.7)

[Questions 153-164 appear only on the secondary version of the survey.]

Quality of Life

Health-related quality of life is an individual's or group's perceived physical and mental health over time. At the individual level it involves a person's health and health-related conditions; at the community level it involves conditions that influence people's health. This section contains the results of the survey questions related to individual quality of life.

[Question 165 appears only on the secondary version of the survey.]

166. Do you have goals and plans for the future?	(n=340)		(n=9,254)	
a. No	20.3%	(±4.3)	16.3%	(±0.8)
b. Yes	79.7%	(±4.3)	83.7%	(±0.8)

Children's Hope Scale

Hope reflects a future orientated mindset and motivational process by which an individual has an expectation toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being. This section introduces the Children's Hope Scale, an assessment of agency (ability to initiate and sustain action towards goals) and pathways (capacity to find a means to carry out goals).

[Questions 167-171 appear only on the secondary version of the survey.]

Risk and Protective Factors

Decades of research have shown that certain risk factors are associated with increased likelihood of health risk behaviors including ATOD use, violence, and delinquent behaviors. Similarly, research from Drs. Hawkins and Catalano and associates at the University of Washington, has shown that protective factors exert a positive influence against the negative influence of risk factors. The premise of the risk reduction and protective factor enhancement approach to prevention is that preventing a problem before it occurs requires addressing the factors that predict the problem. Ideally, this strategy entails discovering the causes of the problem behavior and influencing those causes. Many of the survey questions were used to assess students' status on risk and protective factors in the community, school, and peer-individual domains. Composite scales were computed for use in local program planning.

Risk and Protective Factor Framework and Reporting Schedule

This table provides a list of risk and protective factors included in the Healthy Youth Survey by year.

	2006	2008	2010	2012	2014	2016	2018
Community Protective Factors							
Opportunities for Prosocial Involvement	X^S	X^S	X^S	X^S	X^S	X^S	X^S
Rewards for Prosocial Involvement	X	X	X^E	X^E	X^E	X^E	X^E
Community Risk Factors							
Perceived Availability of Handguns	X^S	X^S	X^S	X^S			X^S
Laws And Norms Favorable to Drug Use	X	X	X	X	X	X	X
Low Neighborhood Attachment	X^S	X^S	X^S				
Perceived Availability of Drugs	X	X	X	X	X	X	X
Family Protective Factors							
Opportunities for Prosocial Involvement	$X^†$	$X^†$	$X^†$	$X^†$	X	X	X
Rewards for Prosocial Involvement	$X^†$	$X^†$	$X^†$	$X^†$	X^E	X^E	X^E
Family Risk Factors							
Poor Family Management	$X^{S,†}$	$X^{S,†}$	$X^{S,†}$	$X^{S,†}$	X^S	X^S	X^S
Parental Attitudes Favorable towards Drug Use		$X^{S,†}$	X^S	X^S	X^S	X^S	X^S
Peer-Individual Protective Factors							
Social Skills	X^S	X^S	X^S	X^S	X^S	X^S	X^S
Interaction With Prosocial Peers	X	X	X^S	X^S	X^S	X^S	
Belief in the Moral Order	X^S	X^S	X^S	X^S	X^S	X^S	
Prosocial Involvement	X	X^E	X^E	X^E	X^E	X^E	
Peer-Individual Risk Factors							
Perceived Risk of Drug Use	X	X	X	X	X	X	X
Early Initiation of Drug Use	X^S	X^S	X^S	X^S	X^S	X^S	X^S
Early Initiation of Antisocial Behavior	X^S	X^S	X^S	X^S			
Favorable Attitudes Towards Drug Use	X	X	X	X	X	X	X
Favorable Attitudes Towards Antisocial Behavior	X^S	X^S	X^S				
Rewards for Antisocial Involvement	X^S	X^S					
Friends' Use of Drugs	X^S	X^S	X^S	X^S	X^S	X^S	X^S
Interaction With Antisocial Peers	X^S	X^S	X^S	X^S			
Intentions to Use	X^S	X^S	X^S	X^S			
School Protective Factors							
Opportunities for Prosocial Involvement	X^S	X^S	X^S	X^S	X^S	X^S	X^S
Rewards for Prosocial Involvement	X	X	X	X	X	X	X
School Risk Factors							
Low Commitment to School	X	X	X	X	X	X	X
Academic Failure	X	X	X	X	X	X	X

Note: X^S = Included only on the secondary version; X^E = Included only on the elementary version.

Risk and Protective Factor Scale Results and Graphs

For each risk factor scale, the percentage of students who are at risk (i.e., who agreed with statements that predict ATOD use or other problem behaviors) is reported; higher percentages indicate that more students are likely to engage in problem behaviors. For each protective factor scale, the percentage of students who are resilient (i.e., who agreed with statements that predict the ability to resist ATOD use or other problem behaviors) is reported; higher percentages indicate that fewer students are likely to engage in problem behaviors. These percentages are based on computational methods provided by the University of Washington's Social Development Research Group.

Community Domain

	Your Students	Statewide
Risk Factors	% (±CI)	% (±CI)
	(n=310)	(n=8,620)
Perceived Availability of Drugs (Questions 170-173)	14.5% (±3.9)	19.4% (±1.1)
Perceived Availability of Handguns (Question 174)	NA[X]	NA[X]
	(n=326)	(n=9,097)
Laws And Norms Favorable to Drug Use (Questions 175-180)	30.7% (±5.0)	36.6% (±1.8)
Protective Factors		
Opportunities for Prosocial Involvement (Questions 181-184)	NA[S]	NA[S]
	(n=334)	(n=9,109)
Rewards for Prosocial Involvement (Questions 185-187)	37.7% (±5.2)	30.1% (±1.9)
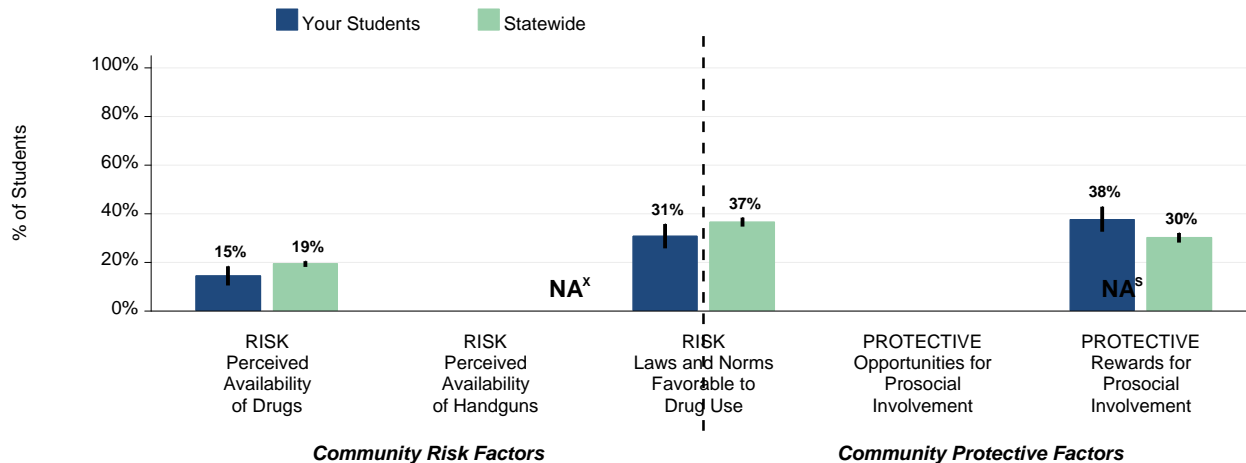
Note: NA[S] = Included only on the secondary version; NA[E] = Included only on the elementary version.

Family Domain

	Your Students		Statewide	
Risk Factors	**% (±CI)**		**% (±CI)**	
Poor Family Management (Questions 188-195)	NA[S]		NA[S]	
Parental Attitudes Favorable Towards Drug Use (Questions 203-205)	NA[S]		NA[S]	
Protective Factors				
Opportunities for Prosocial Involvement (Questions 196–198)	(n=283)		(n=7,850)	
	53.0%	(±5.9)	50.5%	(±2.5)
Rewards for Prosocial Involvement (Questions 199–202)	(n=279)		(n=7,790)	
	58.1%	(±5.8)	52.3%	(±2.2)
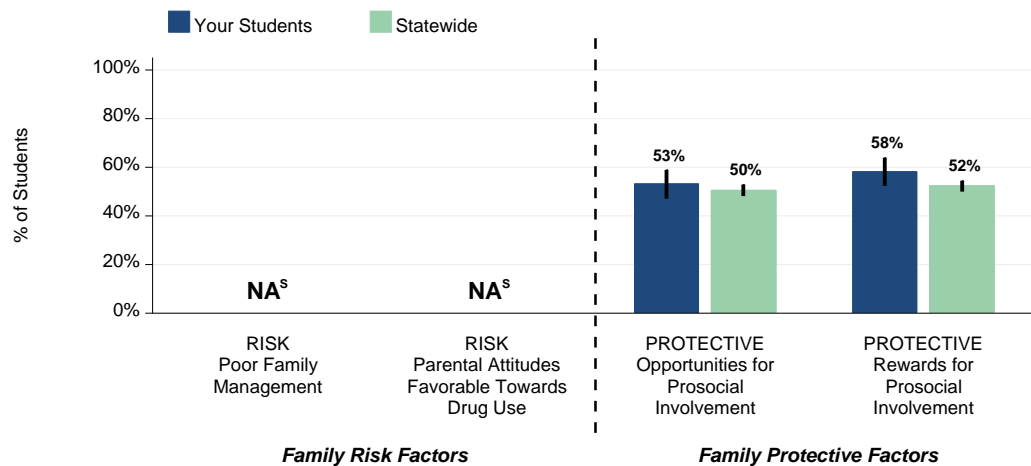
School Domain

	Your Students	Statewide
Risk Factors	**% (±CI)**	**% (±CI)**
Academic Failure (Questions 206–207)	(n=283)	(n=8,645)
	36.4% (±5.6)	43.6% (±2.2)
Low Commitment to School (Questions 208–214)	(n=343)	(n=9,375)
	45.8% (±5.3)	50.5% (±1.5)
Protective Factors		
Opportunities for Prosocial Involvement (Questions 215–219)	NA[S]	NA[S]
Rewards for Prosocial Involvement (Questions 220–223)	(n=335)	(n=9,240)
	36.4% (±5.2)	37.7% (±1.9)
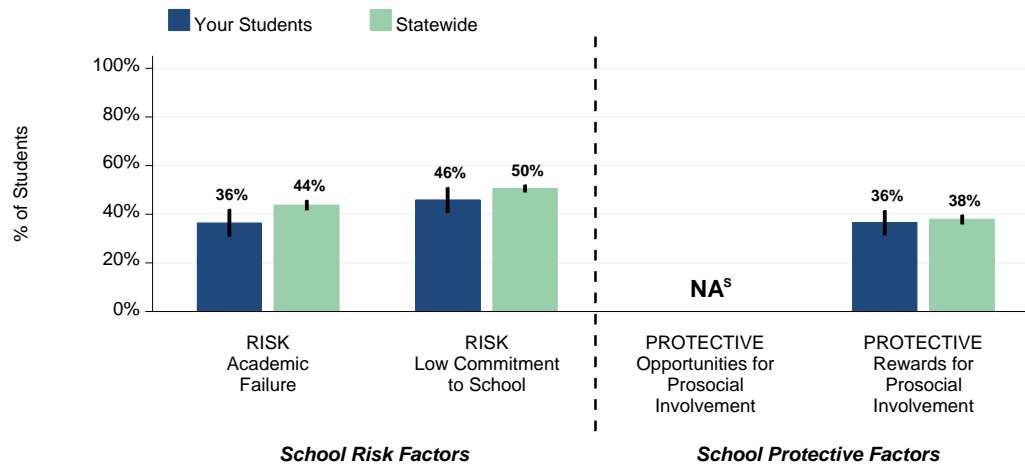
Peer-Individual Domain	Your Students	Statewide
Risk Factors	% (±CI)	% (±CI)
Perceived Risk of Drug Use (Questions 224–227)	(n=277) 30.7% (±5.5)	(n=7,207) 43.1% (±2.2)
Early Initiation of Drug Use (Questions 228-231)	NA[S]	NA[S]
Favorable Attitudes Towards Drug Use (Questions 232-235)	(n=294) 16.3% (±4.2)	(n=8,126) 24.1% (±1.5)
Friends' Use of Drugs (Questions 236-239)	NA[S]	NA[S]
Protective Factors		
Social Skills (Questions 240-242)	NA[S]	NA[S]

Peer-Individual Risk Factors
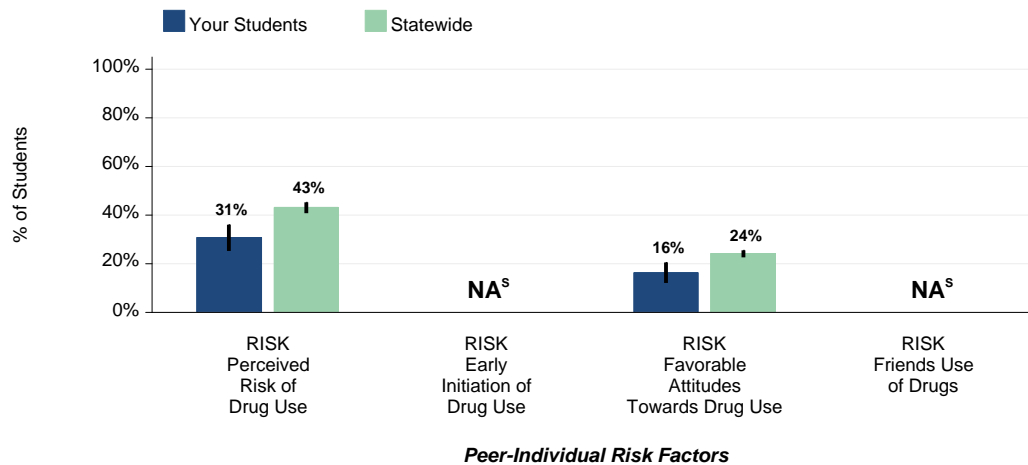
Risk and Protective Factor Graph of All Scale Results

■ Your Students   ■ Statewide

Community Risk Factors

Perceived Availability of Drugs — 14.5% / 19.4%

Perceived Availability of Handguns — NA [X]

Laws and Norms Favorable to Drug Use — 30.7% / 36.6%

Community Protective Factors

Opportunities for Prosocial Involvement — NA [S]

Rewards for Prosocial Involvement — 37.7% / 30.1%

Family Risk Factors

Poor Family Management — NA [S]

Parental Attitudes Favorable Towards Drug Use — NA [S]

Family Protective Factors

Opportunities for Prosocial Involvement — 53.0% / 50.5%

Rewards for Prosocial Involvement — 58.1% / 52.3%

School Risk Factors

Academic Failure — 36.4% / 43.6%

Low Commitment to School — 45.8% / 50.5%

School Protective Factors

Opportunities for Prosocial Involvement — NA [S]

Rewards for Prosocial Involvement — 36.4% / 37.7%

Peer-Individual Risk Factors

Perceived Risk of Drug Use — 30.7% / 43.1%

Early Initiation of Drug Use — NA [S]

Favorable Attitudes Towards Drug Use — 16.3% / 24.1%

Friends Use of Drugs — NA [S]

Peer-Individual Protective Factors

Social Skills — NA [S]

0%   20%   40%   60%   80%   100%

% of Student at Risk or Protected

Note: NA[S] = Included only on the secondary version; NA[E] = Included only on the elementary version.

Risk and Protective Factors: Individual Question Results

The remainder of the report provides results for the individual survey questions used to compute the risk and protective factors.

Community Domain

Perceived Availability of Drugs (Questions 172-175)

	Your Students		Statewide	
	% (±CI)		% (±CI)	
172. If you wanted to get some beer, wine, or hard liquor (for example vodka, whiskey, or gin), how easy would it be for you to get some?	(n=319)		(n=8,715)	
a. Very hard	71.5%	(±5.0)	70.7%	(±1.5)
b. Sort of hard	15.7%	(±4.0)	15.2%	(±1.1)
c. Sort of easy	6.9%	(±2.8)	8.4%	(±0.6)
d. Very easy	6.0%	(±2.6)	5.6%	(±0.6)
173. If you wanted to get some cigarettes, how easy would it be for you to get some?	(n=313)		(n=8,649)	
a. Very hard	81.5%	(±4.3)	76.9%	(±1.4)
b. Sort of hard	12.5%	(±3.7)	12.0%	(±0.8)
c. Sort of easy	3.5%	(±2.1)	6.1%	(±0.7)
d. Very easy	2.6%	(±1.8)	5.1%	(±0.5)
174. If you wanted to get some marijuana, how easy would it be for you to get some?	(n=307)		(n=8,612)	
a. Very hard	89.9%	(±3.4)	85.4%	(±1.2)
b. Sort of hard	6.2%	(±2.7)	7.7%	(±0.7)
c. Sort of easy	0.3%	(±0.6)	3.7%	(±0.5)
d. Very easy	3.6%	(±2.1)	3.3%	(±0.5)
175. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?	(n=309)		(n=8,600)	
a. Very hard	92.6%	(±2.9)	90.8%	(±0.8)
b. Sort of hard	3.9%	(±2.2)	5.3%	(±0.6)
c. Sort of easy	0.0%	(±0.0)	1.9%	(±0.3)
d. Very easy	3.6%	(±2.1)	1.9%	(±0.3)

Perceived Availability of Hand Guns (Question 176)

[Question 176 appears only on the secondary version of the survey.]

Laws and Norms Favorable to Drug Use (Questions 177-182)

	Your Students		Statewide	
	% (±CI)		% (±CI)	

177. How wrong would most adults in your neighborhood[C]/ neighborhood or community[A] think it was for kids your age: To use marijuana? (n=314) / (n=8,880)

	Your Students		Statewide	
a. Very wrong	86.9%	(±3.7)	81.2%	(±1.3)
b. Wrong	7.0%	(±2.8)	11.1%	(±0.9)
c. A little bit wrong	2.9%	(±1.9)	4.7%	(±0.6)
d. Not wrong at all	3.2%	(±2.0)	3.0%	(±0.4)

178. How wrong would most adults in your neighborhood[C]/ neighborhood or community[A] think it was for kids your age: To drink alcohol? (n=320) / (n=8,921)

	Your Students		Statewide	
a. Very wrong	80.3%	(±4.4)	76.8%	(±1.1)
b. Wrong	10.9%	(±3.4)	15.0%	(±0.8)
c. A little bit wrong	5.6%	(±2.5)	5.5%	(±0.6)
d. Not wrong at all	3.1%	(±1.9)	2.7%	(±0.4)

179. How wrong would most adults in your neighborhood[C]/ neighborhood or community[A] think it was for kids your age: To smoke cigarettes? (n=320) / (n=8,902)

	Your Students		Statewide	
a. Very wrong	86.6%	(±3.8)	80.7%	(±1.2)
b. Wrong	7.8%	(±3.0)	11.9%	(±0.8)
c. A little bit wrong	3.1%	(±1.9)	4.4%	(±0.5)
d. Not wrong at all	2.5%	(±1.7)	3.0%	(±0.4)

180. If a kid drank some beer, wine, or hard liquor (for example vodka, whiskey, or gin) in your neighborhood[C]/ community[A], would he or she be caught by the police? (n=310) / (n=8,703)

	Your Students		Statewide	
a. NO!	9.0%	(±3.2)	9.1%	(±0.9)
b. No	31.6%	(±5.2)	29.6%	(±1.2)
c. yes	34.8%	(±5.3)	35.3%	(±1.5)
d. YES!	24.5%	(±4.8)	26.0%	(±1.5)

181. If a kid carried a handgun in your neighborhood[C]/ community[A], would he or she be caught by the police? (n=316) / (n=8,791)

	Your Students		Statewide	
a. NO!	7.3%	(±2.9)	7.7%	(±0.6)
b. No	7.6%	(±2.9)	11.3%	(±1.0)
c. yes	34.2%	(±5.3)	28.3%	(±1.1)
d. YES!	50.9%	(±5.5)	52.6%	(±1.6)

182. If a kid used marijuana in your neighborhood[C]/ community[A], would he or she be caught by the police? (n=305) / (n=8,667)

	Your Students		Statewide	
a. NO!	8.5%	(±3.2)	7.6%	(±0.7)
b. No	16.4%	(±4.2)	21.7%	(±1.3)
c. yes	40.3%	(±5.5)	36.4%	(±1.5)
d. YES!	34.8%	(±5.4)	34.3%	(±1.5)

Opportunities for Prosocial Involvement (Questions 183-186)

[Questions 183-186 appear only on the secondary version of the survey.]

Rewards for Prosocial Involvement (Questions 187-189)

	Your Students		Statewide	
	% (±CI)		% (±CI)	
187. My neighbors notice when I am doing a good job and let me know.	(n=336)		(n=9,112)	
a. NO!	36.9%	(±5.2)	40.8%	(±2.0)
b. No	38.7%	(±5.2)	38.8%	(±1.4)
c. yes	19.9%	(±4.3)	15.3%	(±1.2)
d. YES!	4.5%	(±2.2)	5.2%	(±0.5)
188. There are people in my neighborhood who encourage me to do my best.	(n=333)		(n=9,089)	
a. NO!	23.4%	(±4.6)	29.0%	(±1.9)
b. No	33.3%	(±5.1)	32.9%	(±1.2)
c. yes	32.1%	(±5.0)	27.6%	(±1.8)
d. YES!	11.1%	(±3.4)	10.5%	(±0.7)
189. There are people in my neighborhood or commmunity who are proud of me when I do something well.	(n=331)		(n=9,060)	
a. NO!	23.3%	(±4.6)	26.5%	(±2.0)
b. No	31.7%	(±5.0)	33.2%	(±1.2)
c. yes	35.0%	(±5.2)	31.1%	(±1.7)
d. YES!	10.0%	(±3.2)	9.1%	(±0.7)

Family Domain

Poor Family Management (Questions 190-197)

[Questions 190-197 appear only on the secondary version of the survey.]

Opportunities for Prosocial Involvement (Questions 198-200)

198. If I had a personal problem, I could ask my mom or dad for help.	(n=280)		(n=7,823)	
a. NO!	3.9%	(±2.3)	5.2%	(±0.6)
b. No	7.1%	(±3.0)	8.4%	(±0.8)
c. yes	31.8%	(±5.5)	31.1%	(±1.4)
d. YES!	57.1%	(±5.8)	55.3%	(±2.0)

	Your Students % (±CI) (n=285)		Statewide % (±CI) (n=7,907)	
199. My parents give me lots of chances to do fun things with them.				
a. NO!	2.1%	(±1.7)	4.4%	(±0.6)
b. No	10.2%	(±3.5)	14.0%	(±1.1)
c. yes	46.7%	(±5.8)	44.3%	(±1.4)
d. YES!	41.1%	(±5.7)	37.3%	(±1.9)

200. My parents ask me what I think before most family decisions affecting me are made.	(n=278)		(n=7,700)	
a. NO!	7.9%	(±3.2)	9.9%	(±1.2)
b. No	23.0%	(±5.0)	22.8%	(±1.5)
c. yes	42.8%	(±5.9)	41.5%	(±1.4)
d. YES!	26.3%	(±5.2)	25.7%	(±1.5)

Rewards for Prosocial Involvement (Questions 201-204)

201. My parents notice when I am doing a good job and let me know about it.	(n=282)		(n=7,833)	
a. Never or almost never	5.0%	(±2.6)	7.8%	(±0.8)
b. Sometimes	16.3%	(±4.3)	23.7%	(±1.6)
c. Often	35.1%	(±5.6)	31.0%	(±1.6)
d. All the time	43.6%	(±5.8)	37.6%	(±1.8)

202. How often do your parents tell you they're proud of you for something you've done?	(n=279)		(n=7,765)	
a. Never or almost never	5.7%	(±2.7)	6.4%	(±0.7)
b. Sometimes	17.9%	(±4.5)	21.1%	(±1.5)
c. Often	35.8%	(±5.7)	34.3%	(±1.4)
d. All the time	40.5%	(±5.8)	38.2%	(±1.4)

203. Do you enjoy spending time with your mom?	(n=278)		(n=7,771)	
a. NO!	3.2%	(±2.1)	2.1%	(±0.4)
b. No	1.8%	(±1.6)	3.4%	(±0.5)
c. yes	24.5%	(±5.1)	23.1%	(±1.1)
d. YES!	70.5%	(±5.4)	71.4%	(±1.4)

204. Do you enjoy spending time with your dad?	(n=274)		(n=7,666)	
a. NO!	3.3%	(±2.1)	5.1%	(±0.8)
b. No	4.4%	(±2.4)	4.8%	(±0.6)
c. yes	27.0%	(±5.3)	25.3%	(±1.2)
d. YES!	65.3%	(±5.7)	64.9%	(±1.8)

Parental Attitudes Favorable Towards Drug Use (Questions 205-207)

[Questions 205-207 appear only on the secondary version of the survey.]

School Domain

Academic Failure Questions (Questions 208-209)

	Your Students		Statewide	
	% (±CI)		**% (±CI)**	
208. Putting them all together, what were your grades like last year?	(n=300)		(n=9,031)	
a. Mostly As	52.7%	(±5.7)	43.9%	(±3.2)
b. Mostly Bs	37.7%	(±5.5)	39.1%	(±2.4)
c. Mostly Cs	7.3%	(±3.0)	12.9%	(±1.4)
d. Mostly Ds	1.0%	(±1.1)	2.6%	(±0.5)
e. Mostly Fs	1.3%	(±1.3)	1.6%	(±0.4)
209. Are your school grades better than the grades of most students in your class?	(n=315)		(n=9,010)	
a. NO!	5.1%	(±2.4)	6.3%	(±0.7)
b. No	26.7%	(±4.9)	32.8%	(±1.4)
c. yes	57.5%	(±5.5)	51.2%	(±1.6)
d. YES!	10.8%	(±3.4)	9.7%	(±0.9)

Low Commitment to School (Questions 210-216)

210. How often do you feel the schoolwork you are assigned is meaningful and important?	(n=343)		(n=9,345)	
a. Almost always	29.2%	(±4.8)	24.8%	(±1.4)
b. Often	25.7%	(±4.6)	27.2%	(±1.1)
c. Sometimes	32.7%	(±5.0)	31.7%	(±1.1)
d. Seldom	9.3%	(±3.1)	9.9%	(±0.7)
e. Never	3.2%	(±1.9)	6.5%	(±0.6)
211. How interesting are most of your courses to you?	(n=334)		(n=9,119)	
a. Very interesting and stimulating	12.9%	(±3.6)	11.7%	(±1.1)
b. Quite interesting	38.3%	(±5.2)	34.9%	(±1.5)
c. Fairly interesting	34.1%	(±5.1)	35.7%	(±1.4)
d. Slightly dull	11.1%	(±3.4)	12.9%	(±0.8)
e. Very dull	3.6%	(±2.0)	4.8%	(±0.5)

	Your Students		Statewide	
212. How important do you think the things you are learning in school are going to be for you later in life?	**% (±CI)** (n=341)		**% (±CI)** (n=9,338)	
a. Very important	31.4%	(±4.9)	38.9%	(±2.1)
b. Quite important	28.4%	(±4.8)	28.1%	(±1.1)
c. Fairly important	25.2%	(±4.6)	19.7%	(±1.1)
d. Slightly important	11.7%	(±3.4)	10.6%	(±0.8)
e. Not at all important	3.2%	(±1.9)	2.8%	(±0.4)

Think back over the past year in school. How often did you:

213. Enjoy being in school?	(n=343)		(n=9,533)	
a. Never	3.8%	(±2.0)	7.3%	(±0.8)
b. Seldom	5.5%	(±2.4)	6.8%	(±0.6)
c. Sometimes	32.9%	(±5.0)	34.5%	(±1.1)
d. Often	31.2%	(±4.9)	26.6%	(±1.2)
e. Almost always	26.5%	(±4.7)	24.7%	(±1.2)

214. Hate being in school?	(n=341)		(n=9,424)	
a. Never	20.2%	(±4.3)	19.6%	(±1.3)
b. Seldom	28.4%	(±4.8)	25.0%	(±1.7)
c. Sometimes	38.1%	(±5.2)	37.6%	(±1.6)
d. Often	8.5%	(±3.0)	9.8%	(±0.8)
e. Almost always	4.7%	(±2.3)	8.0%	(±0.9)

215. Try to do your best work in school?	(n=341)		(n=9,391)	
a. Never	0.9%	(±1.0)	1.8%	(±0.3)
b. Seldom	0.3%	(±0.6)	1.5%	(±0.3)
c. Sometimes	5.0%	(±2.3)	7.8%	(±0.8)
d. Often	18.2%	(±4.1)	21.7%	(±1.1)
e. Almost always	75.7%	(±4.6)	67.1%	(±1.7)

216. During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or "cut"?	(n=342)		(n=9,436)	
a. None	88.3%	(±3.4)	81.2%	(±1.6)
b. 1	7.6%	(±2.8)	9.5%	(±0.9)
c. 2	1.8%	(±1.4)	4.1%	(±0.6)
d. 3	0.9%	(±1.0)	2.3%	(±0.3)
e. 4-5	0.0%	(±0.0)	1.8%	(±0.3)
f. 6-10	0.3%	(±0.6)	0.8%	(±0.2)
g. 11 or more	1.2%	(±1.1)	0.3%	(±0.1)

Opportunities for Prosocial Involvement (Questions 217-221)

[Questions 217-221 appear only on the secondary version of the survey.]

Rewards for Prosocial Involvement (Questions 222-225)

	Your Students % (±CI) (n=337)		Statewide % (±CI) (n=9,299)	
222. My teacher(s) notices when I am doing a good job and lets me know about it.				
a. NO!	5.9%	(±2.5)	6.8%	(±0.7)
b. No	32.6%	(±5.0)	25.1%	(±1.7)
c. yes	52.2%	(±5.4)	53.9%	(±1.6)
d. YES!	9.2%	(±3.1)	14.3%	(±1.1)

		(n=327)		(n=9,191)
223. The school lets my parents know when I have done something well.				
a. NO!	14.7%	(±3.9)	16.7%	(±1.4)
b. No	45.3%	(±5.4)	44.2%	(±1.3)
c. yes	31.5%	(±5.1)	29.7%	(±1.5)
d. YES!	8.6%	(±3.0)	9.4%	(±0.8)

		(n=343)		(n=9,349)
224. I feel safe at my school.				
a. NO![AC]/Definitely NOT true[B]	2.9%	(±1.8)	4.4%	(±0.6)
b. no[AC]/Mostly not true[B]	8.2%	(±2.9)	10.3%	(±1.0)
c. yes[AC]/Mostly true[B]	51.3%	(±5.3)	49.2%	(±1.6)
d. YES![AC]/Definitely true[B]	37.6%	(±5.2)	36.1%	(±2.2)

		(n=332)		(n=9,104)
225. My teachers praise me when I work hard in school.				
a. NO!	9.9%	(±3.2)	11.8%	(±1.0)
b. No	41.9%	(±5.3)	36.8%	(±1.5)
c. yes	41.0%	(±5.3)	42.0%	(±1.8)
d. YES!	7.2%	(±2.8)	9.5%	(±0.7)

Peer and Individual Domain

Perceived Risk of Drug Use (Questions 226-229)

How much do you think people risk harming themselves if they:

		(n=299)		(n=8,241)
226. Smoke one or more packs of cigarettes per day?				
a. No risk	3.7%	(±2.1)	6.7%	(±1.0)
b. Slight risk	2.3%	(±1.7)	5.6%	(±0.6)
c. Moderate risk	9.7%	(±3.4)	15.1%	(±0.9)
d. Great risk	78.3%	(±4.7)	61.9%	(±2.2)
e. Not sure	6.0%	(±2.7)	10.6%	(±1.2)

	Your Students		Statewide	
	% (±CI)		**% (±CI)**	
227. Try marijuana once or twice?	(n=297)		(n=8,192)	
a. No risk	6.4%	(±2.8)	13.4%	(±1.4)
b. Slight risk	20.9%	(±4.6)	20.3%	(±1.1)
c. Moderate risk	29.0%	(±5.2)	23.3%	(±1.2)
d. Great risk	35.4%	(±5.5)	30.7%	(±1.4)
e. Not sure	8.4%	(±3.2)	12.3%	(±1.0)
228. Use marijuana regularly (at least once or twice a week)?	(n=295)		(n=8,166)	
a. No risk	3.7%	(±2.2)	10.6%	(±1.3)
b. Slight risk	6.4%	(±2.8)	9.3%	(±0.9)
c. Moderate risk	16.9%	(±4.3)	19.5%	(±1.1)
d. Great risk	65.8%	(±5.4)	48.8%	(±2.6)
e. Not sure	7.1%	(±3.0)	11.9%	(±1.0)
229. Take one or two drinks of an alcoholic beverage (wine, beer, a shot, liquor) nearly every day?	(n=299)		(n=8,164)	
a. No risk	9.7%	(±3.4)	14.9%	(±1.3)
b. Slight risk	17.4%	(±4.3)	18.9%	(±0.9)
c. Moderate risk	26.8%	(±5.0)	23.9%	(±1.2)
d. Great risk	39.5%	(±5.6)	31.9%	(±1.6)
e. Not sure	6.7%	(±2.8)	10.4%	(±0.8)

Early Initiation of Drug Use (Questions 230-233)

[Questions 230-233 appear only on the secondary version of the survey.]

Favorable Attitudes Toward Drug Use (Questions 234-237)

How wrong do YOU think it is for someone your age to:

	Your Students		Statewide	
234. Drink beer, wine, or hard liquor (for example vodka, whiskey, or gin) regularly?	(n=298)		(n=8,227)	
a. Very wrong	86.6%	(±3.9)	82.8%	(±1.2)
b. Wrong	10.1%	(±3.4)	11.7%	(±0.8)
c. A little bit wrong	2.3%	(±1.7)	4.4%	(±0.6)
d. Not wrong at all	1.0%	(±1.1)	1.1%	(±0.2)
235. Smoke cigarettes?	(n=294)		(n=8,161)	
a. Very wrong	93.9%	(±2.8)	86.7%	(±1.0)
b. Wrong	5.1%	(±2.5)	10.0%	(±0.8)
c. A little bit wrong	0.0%	(±0.0)	2.2%	(±0.5)
d. Not wrong at all	1.0%	(±1.2)	1.0%	(±0.4)

	Your Students		Statewide	
	% (±CI)		**% (±CI)**	
236. Use marijuana?	(n=289)		(n=8,109)	
a. Very wrong	94.5%	(±2.7)	88.9%	(±1.1)
b. Wrong	3.5%	(±2.1)	7.2%	(±0.7)
c. A little bit wrong	1.0%	(±1.2)	2.6%	(±0.5)
d. Not wrong at all	1.0%	(±1.2)	1.3%	(±0.4)
237. Use LSD, cocaine, amphetamines, or another illegal drug?	(n=294)		(n=8,095)	
a. Very wrong	97.6%	(±1.8)	93.3%	(±0.9)
b. Wrong	2.0%	(±1.6)	4.5%	(±0.6)
c. A little bit wrong	0.0%	(±0.0)	1.1%	(±0.5)
d. Not wrong at all	0.3%	(±0.7)	1.1%	(±0.5)

Friends Use Drugs (Questions 238-241)

[Questions 238-241 appear only on the secondary version of the survey.]

Social Skills (Questions 242-244)

[Questions 242-244 appear only on the secondary version of the survey.]

Questions by Topics

Questions about a single topic are not always grouped together in this report. For example, some questions about alcohol are presented in the Alcohol, Tobacco, and Other Drug (ATOD) Use section and others are presented in the Risk and Protective Factor section. The following list, groups the questions by topic so you can easily locate them in this report.

Activities and Clubs 103

Alcohol
    Access 172
    Current use 38, 60
    Drinking and driving 124
    Lifetime use 23
    Perceived norms 178, 180, 234
    Perceived risks 229
    Prevention/intervention 79

Asthma 105-106

Bullying/Harassment 152

Demographics 2-3, 6-7, 10, 16-20

Family
    Food insecurity 84
    Migrant or seasonal work 17
    Military service 16

Fighting 131

Fitness
    Physical activity 95, 97-98
    Sedentary behavior 99-100

Health or Health Care
    Oral Health 109

Honesty 20

Marijuana
    Access 174
    Current use 39
    Lifetime use 24
    Perceived norms 177, 182, 236
    Perceived risks 227-228

Mental Health
    Help with mental health 149
    Suicide 145-146

Nutrition
    Breakfast 86
    Soda and Sugar Drinks 91-92

Other Drugs
    Access 175
    Current use 40-41
    Lifetime use 25, 31
    Perceived norms 237
    Prevention/intervention 79

Quality of Life 166

Safety-related Behaviors
    Swimming 121-122
    Wearing Safety Gear 120

School Climate
    Absence 216
    Achievement 208-209
    After-school activities 103
    Bullying/harassment 152
    Changed school in past year 19
    Engagement 210-215, 222-225
    Nutrition 92
    Physical activity 97-98
    Prevention/intervention 79
    Safety at 224
    Weapons at 130

Substance Use Prevention 79

Texting and Driving 128

Tobacco and Electronic Cigarettes/Vaping
    Access 173
    Current use 32-33, 35
    Perceived norms 179, 235
    Perceived risks 226
    Secondhand smoke 47

Weapons 130, 181

Core Questions

"Core" questions that appeared on both Forms A and B (the secondary versions of the survey) are listed below. All other questions appeared on either Form A or Form B, but not both. Core questions may or may not have appeared on Form C (the elementary version).

Activities
Participation in after school activities 103

Alcohol
Age when first drank alcohol 232
Binge drinking 60
Current alcohol drinking (past 30 days) 38
Levels of alcohol use 61
Lifetime alcohol use 23

Bullying
Been bullied (past 30 days) 152

Demographics
Age 1
Education level of mother 11
Food insecurity 85
Gender 3
Gender identity 4
Language spoken in home 8
Loss of home due to family finances 14
Race/Ethnicity 6, 7
Sexual orientation 5
Where you live 13
Who you live with 12

Fighting
Physical fighting (past 12 months) 131

Gangs
Gang involvement 132
Gangs at school 133

Honesty
Honesty in completing survey 20

Marijuana
Age when first used marijuana 230
Current marijuana use (past 30 days) 39
Lifetime marijuana use 24

Mental Health
Bothered by anxiety 147
Bothered by worrying 148
Depression (past 12 months) 141
Person(s) turned to when depressed 150
Seriously considered attempting suicide 142

Other Drugs
Current painkiller use (past 30 days) 42

School Climate
Absent from school 18
Been bullied (past 30 days) 152
Enjoyed being in school (past 12 months) 213
Feel safe at school 224
Grades in school (past 12 months) 208
Participation in after school activities 103
Substance use on school property 78
Weapon carrying on school property (past 12 months) 130

Texting and Driving
Texting and driving (past 30 days) 129

Tobacco
Current cigarette smoking (past 30 days) 32

Weapons
Weapon carrying on school property (past 12 months) 130

For more information on which survey forms each question was on,
see the Survey Crosswalk at www.AskHYS.net, under HYS Results - QxQ