



Pacific Cascade Middle School (Issaquah School District)

Highlights from the Healthy Youth Survey
(March 1, 2017)

Student Participation

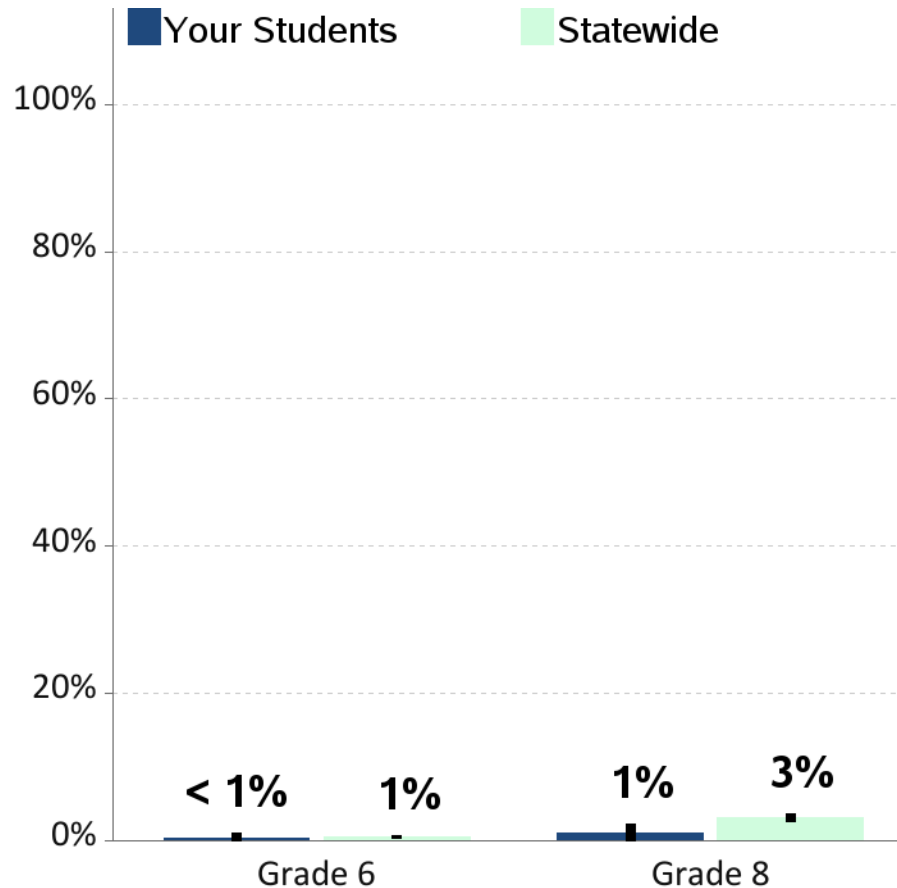
Pacific Cascade Middle School

(Issaquah School District)

- 316 (93%) of Grade 6 students
- 290 (90%) of Grade 8 students

Current Cigarette Smoking

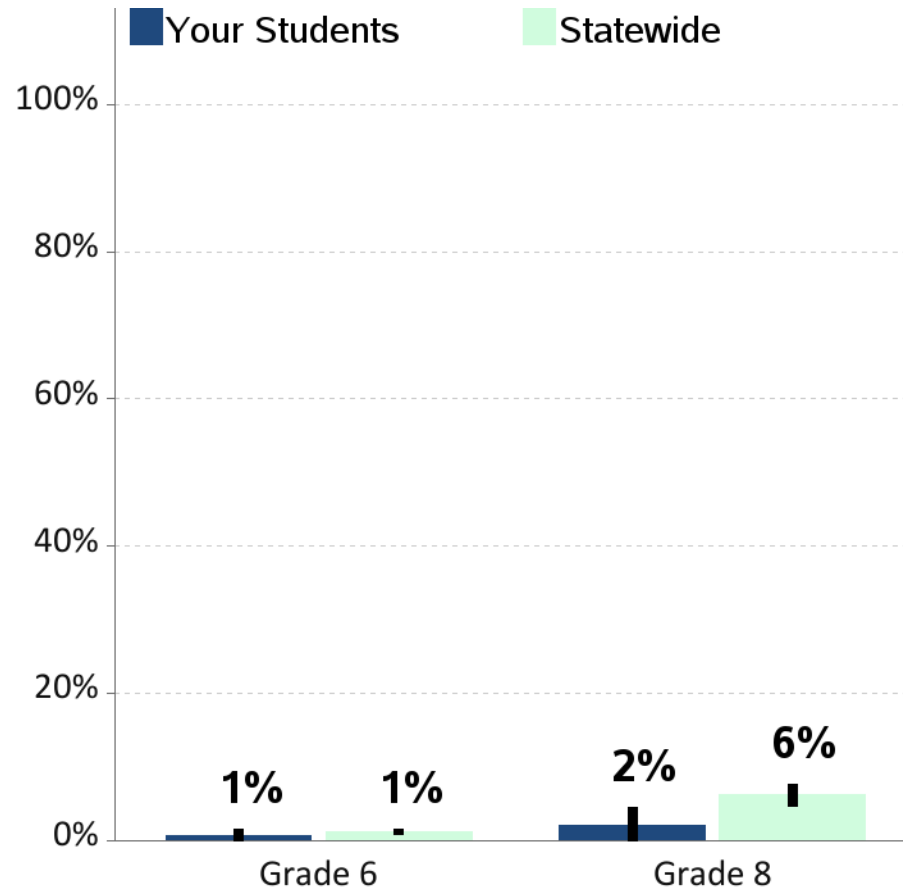
Percent of students who report smoking cigarettes
in the past 30 days



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Current E-Cigarette Smoking or Vaping

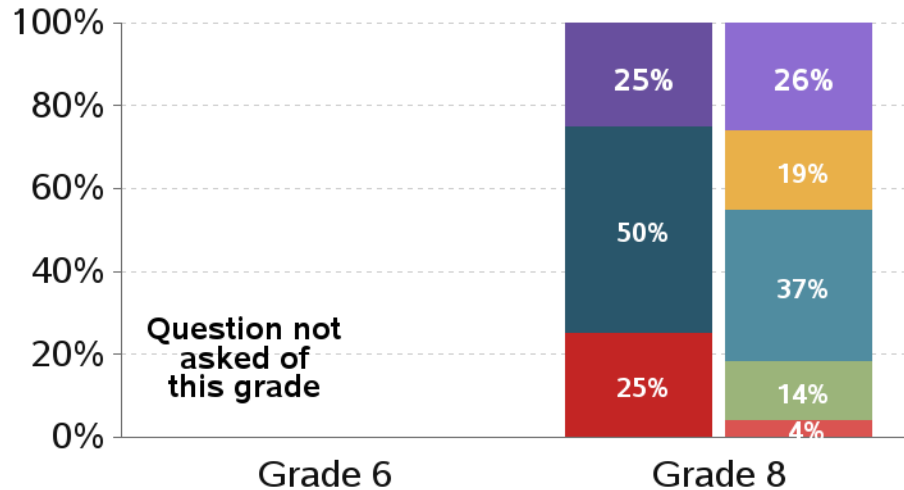
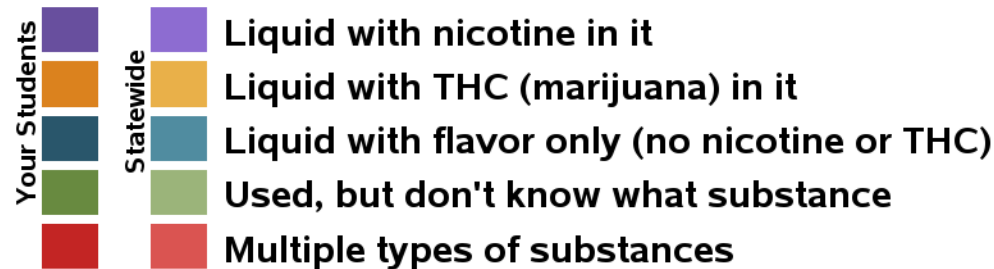
Percent of students who report using an electronic cigarette, e-cig or vape pen in the past 30 days



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

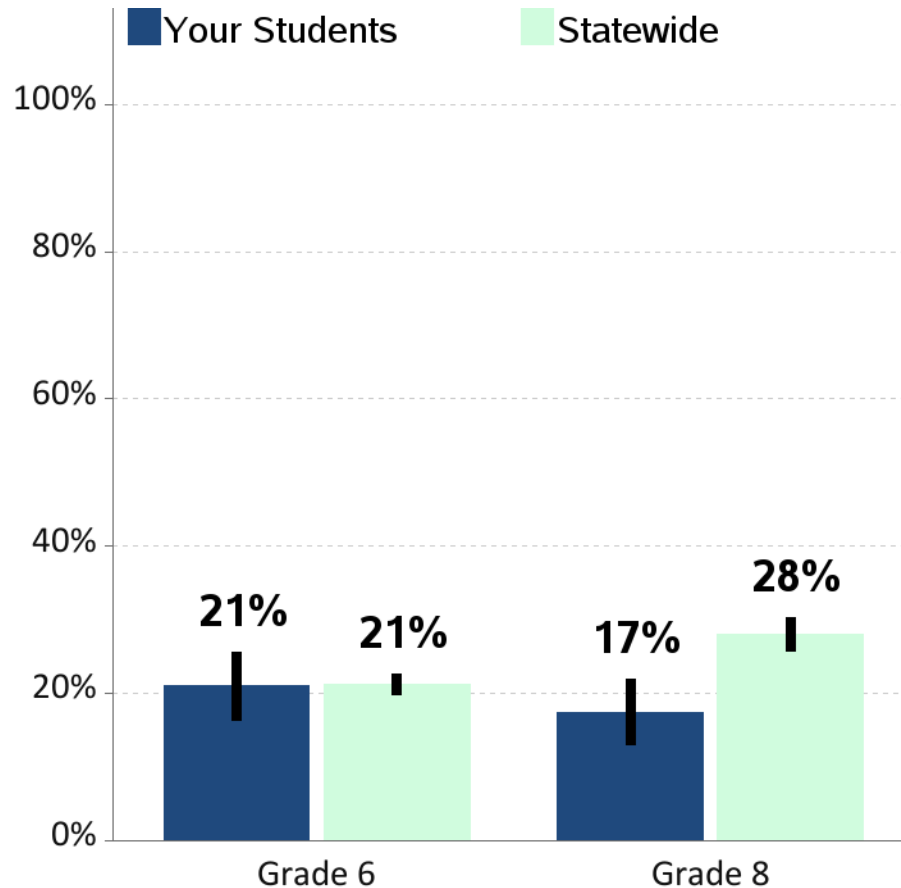
Type of Substance Used in E-Cigarette or Vaped in Past 30 Days

Percentages are of students who used e-cigarettes in the past 30 days



Lifetime Alcohol Use

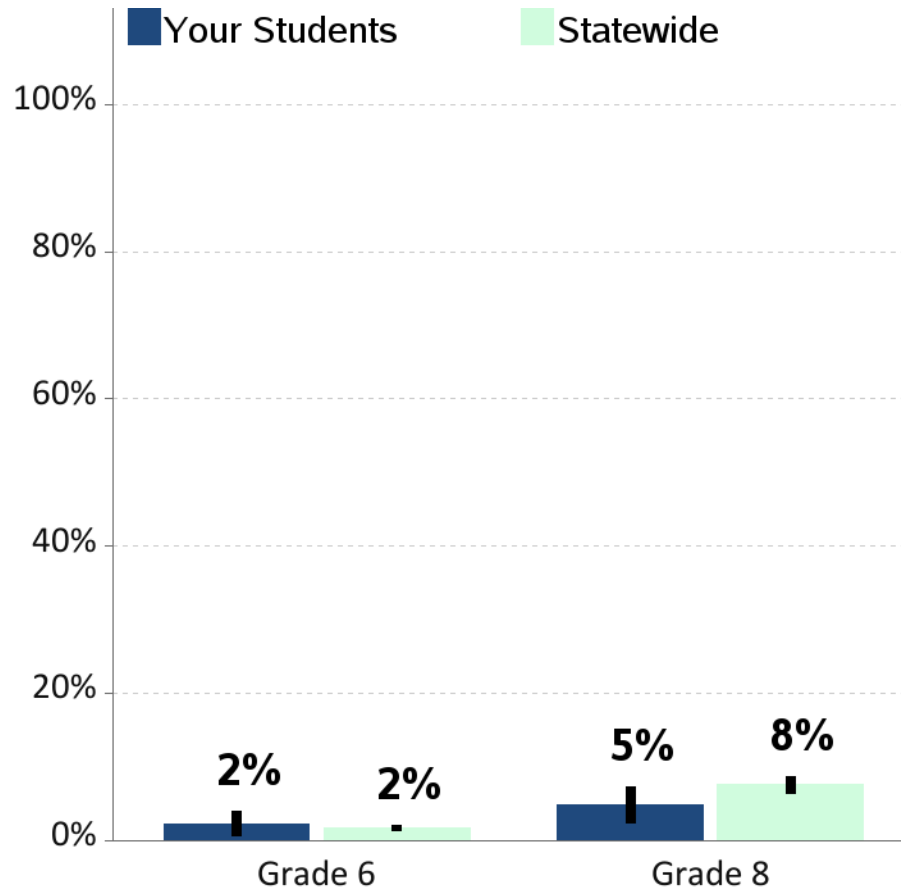
Percent of students who report having ever drunk more than a sip of alcohol



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Current Alcohol Use

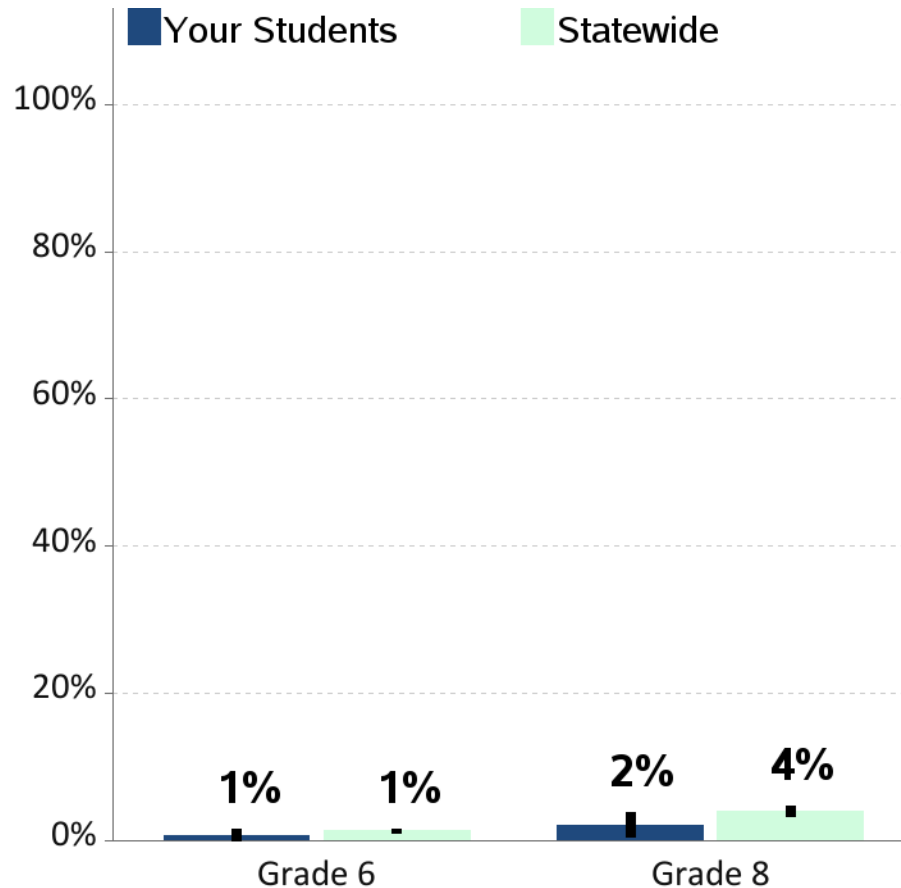
Percent of students who report having drunk a glass, can or bottle of alcohol in the past 30 days



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

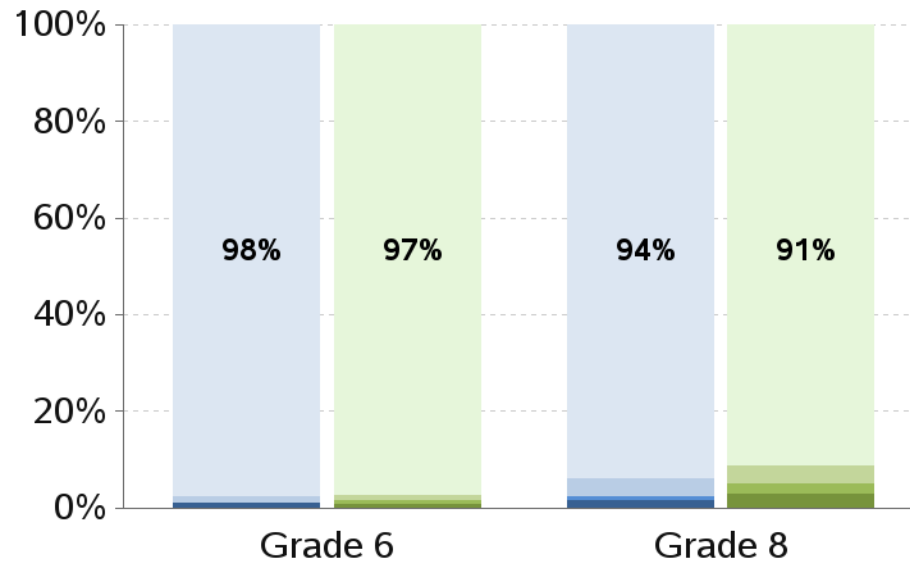
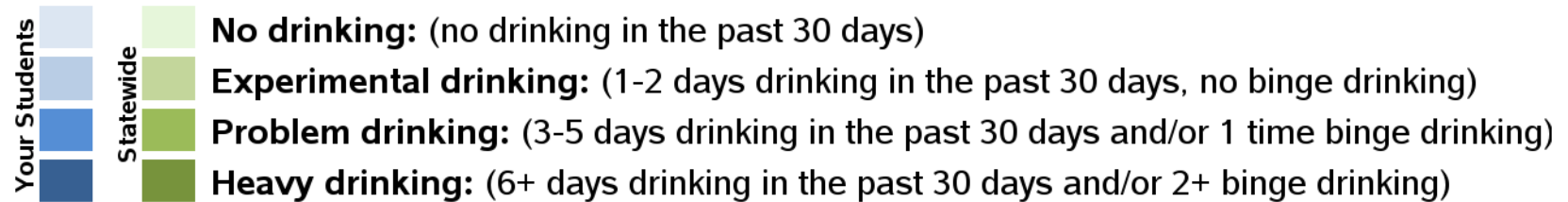
Current Binge Drinking

Percent of students who report having drunk 5 or more drinks
in a row in the past 2 weeks



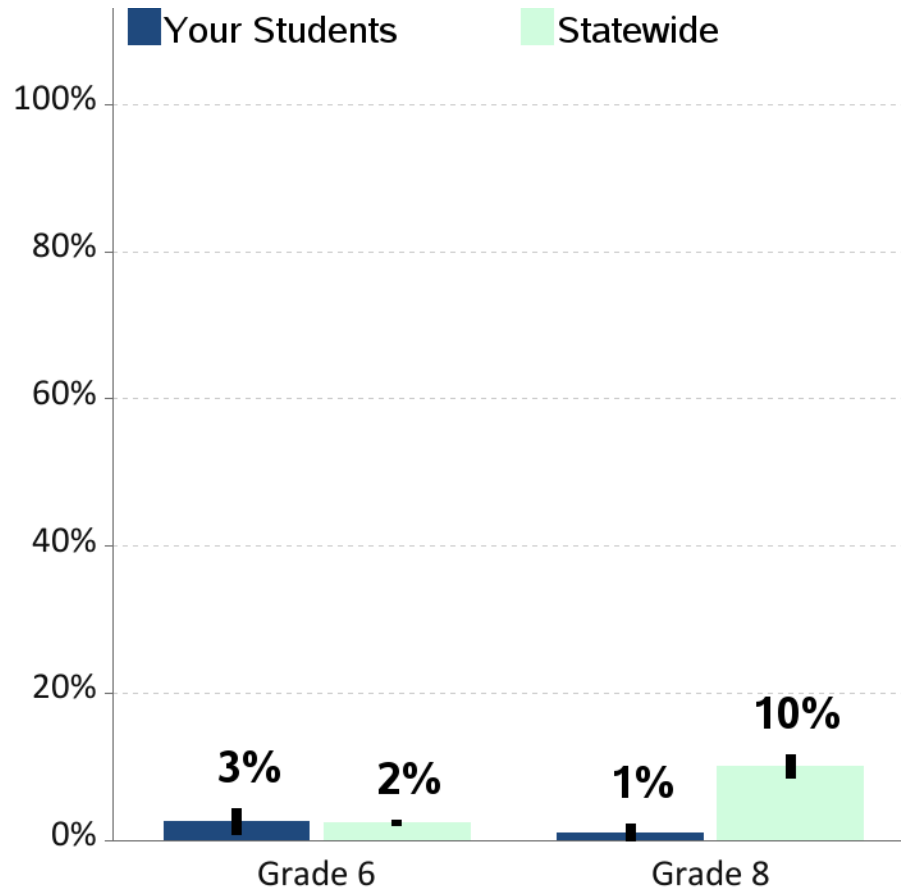
Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Levels of Alcohol Use



Lifetime Marijuana Use

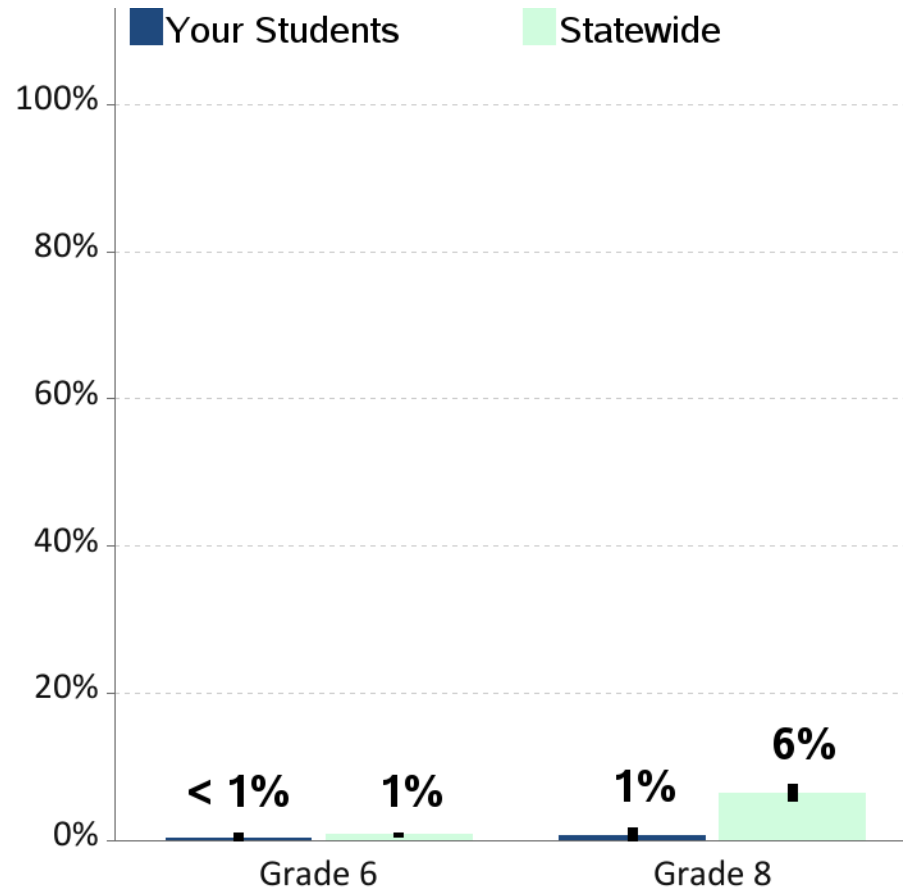
Percent of students who report having ever used marijuana



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Current Marijuana Use

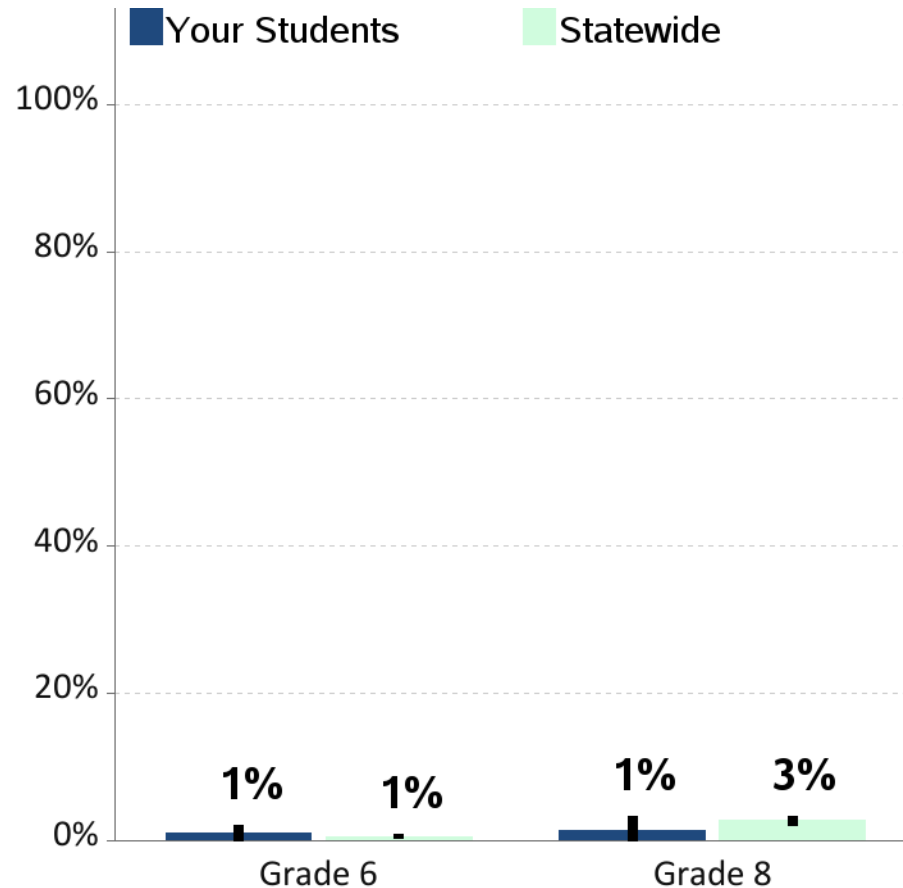
Percent of students who report using marijuana
in the past 30 days



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Current Illegal Drug Use

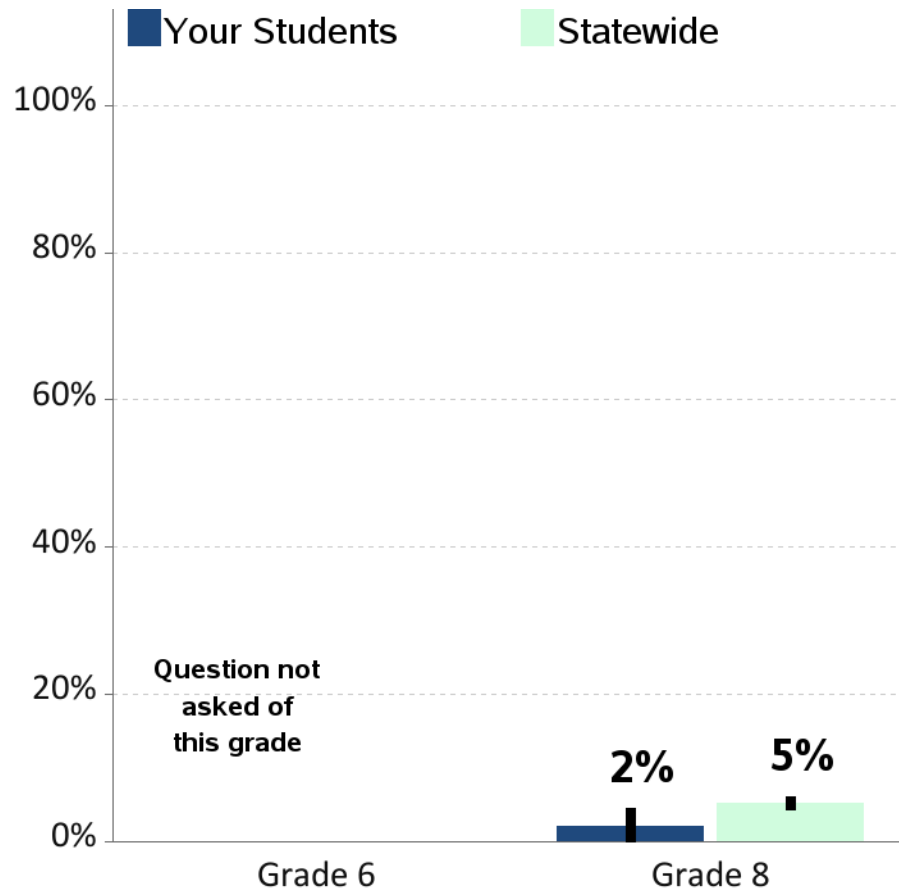
Percent of students who report using illegal drugs
in the past 30 days (not including alcohol, tobacco or marijuana)



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

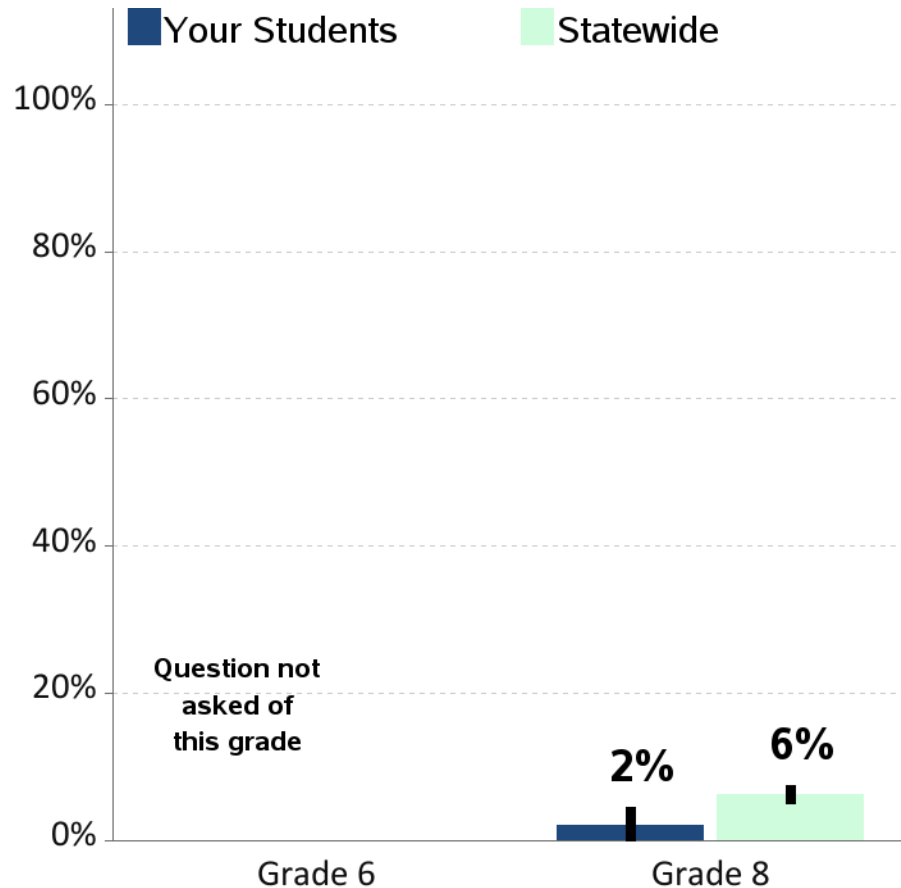
Current Prescription Drug Use

Percent of students who report using prescription drugs
not prescribed to them in the past 30 days



Substance Use at School

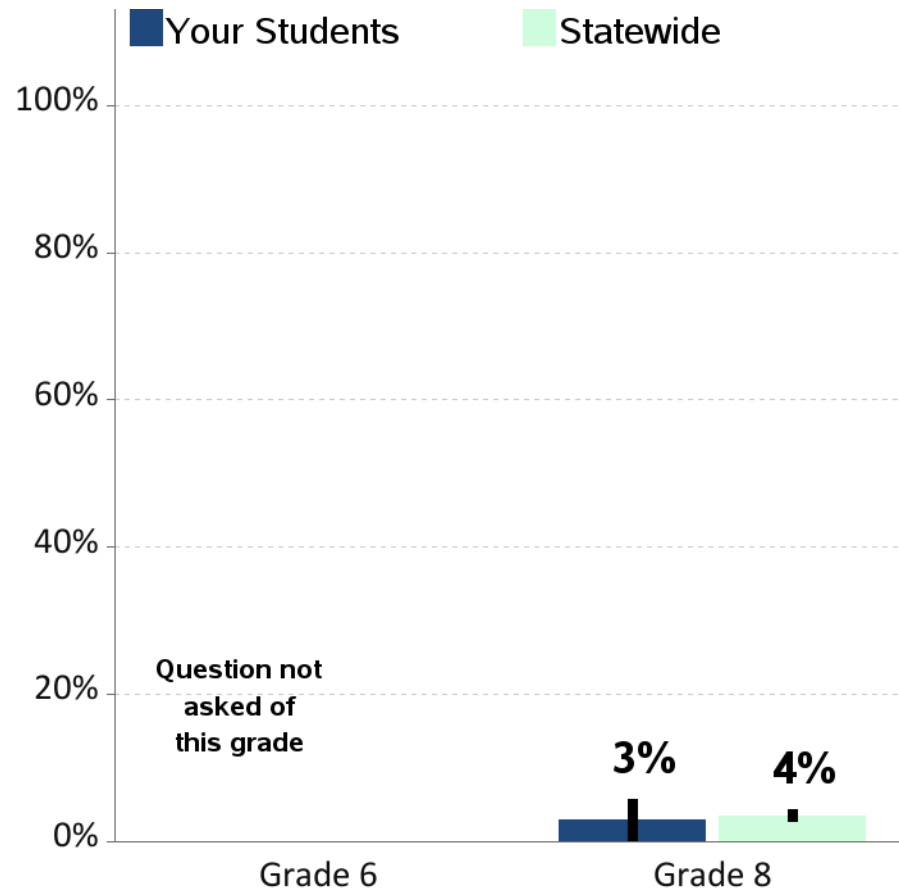
Percent of students who report being drunk or high at school
in the past year



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Alcohol Use on School Property

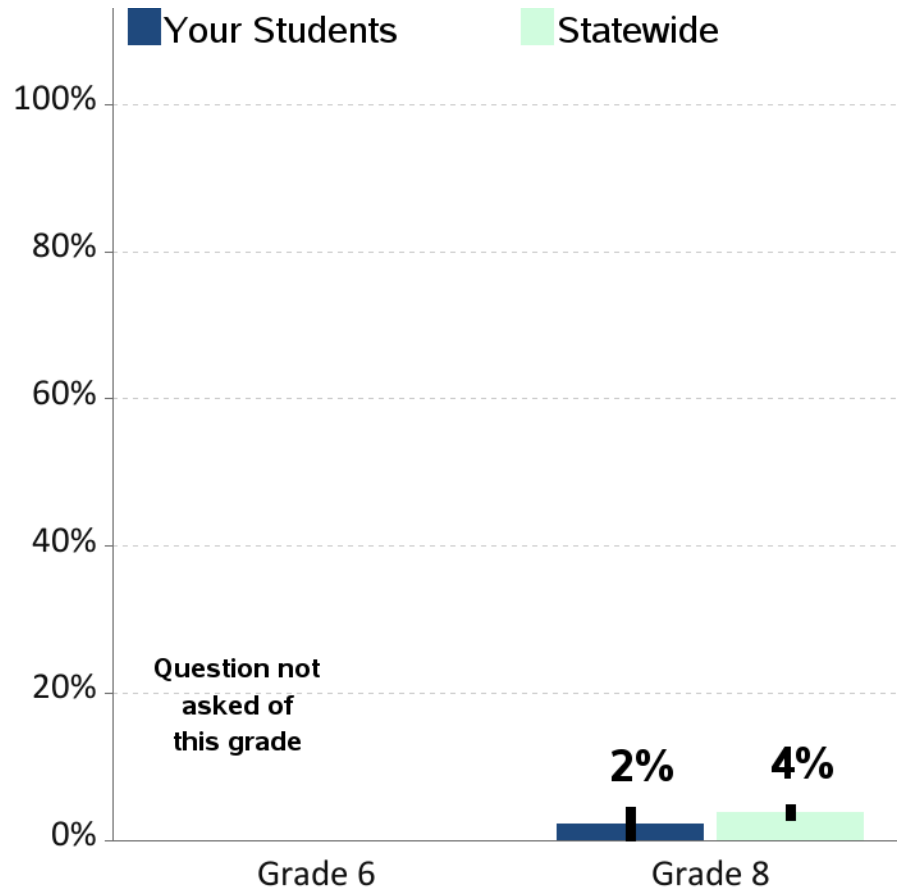
Percent of students who report having at least one drink of alcohol on school property in the past 30 days



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Marijuana Use on School Property

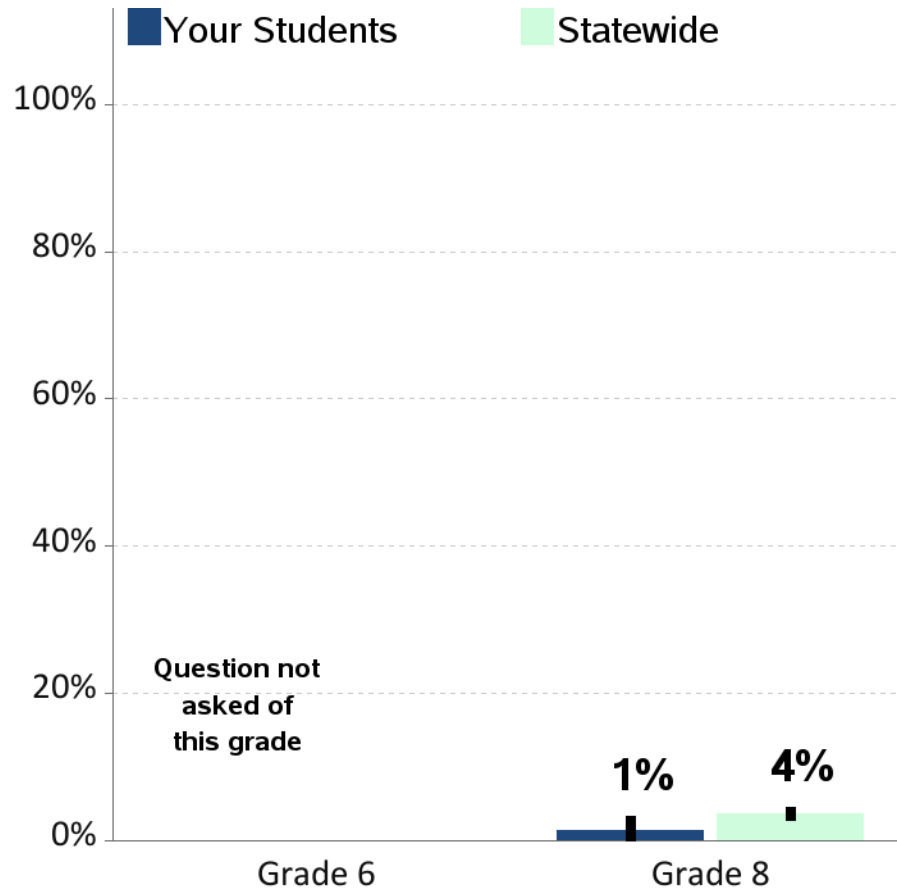
Percent of students who report using marijuana on school property in the past 30 days



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

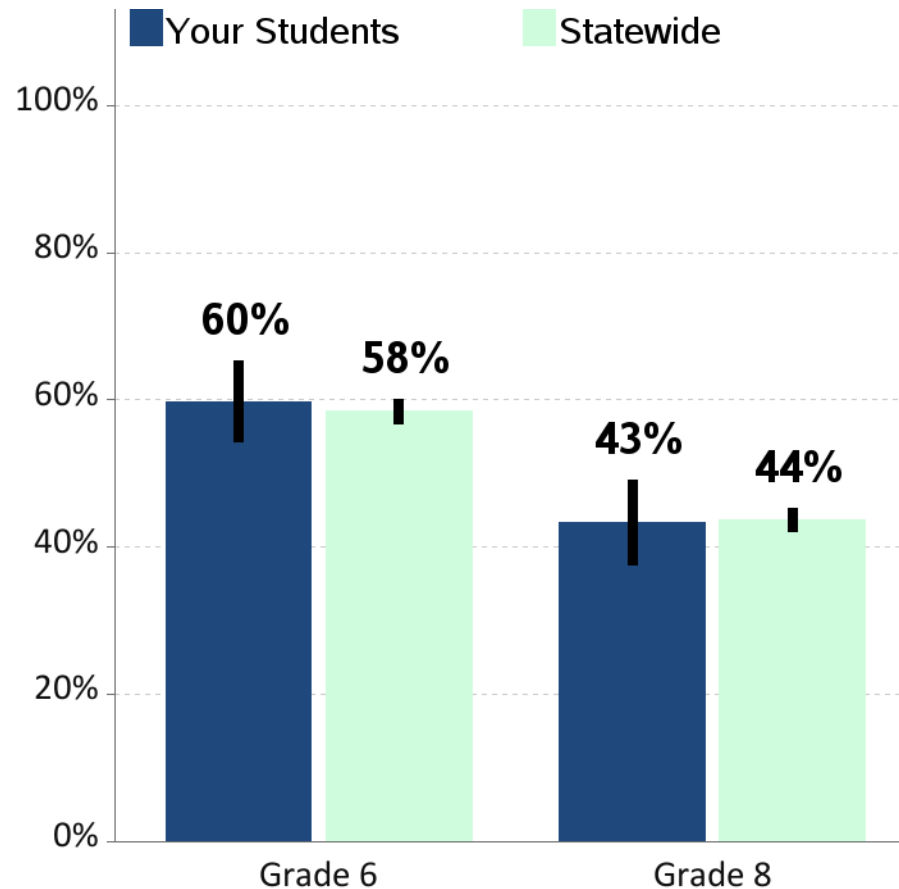
E-Cigarette Use on School Property

Percent of students who report using an electronic cigarette on school property in the past 30 days



Enjoyment of School

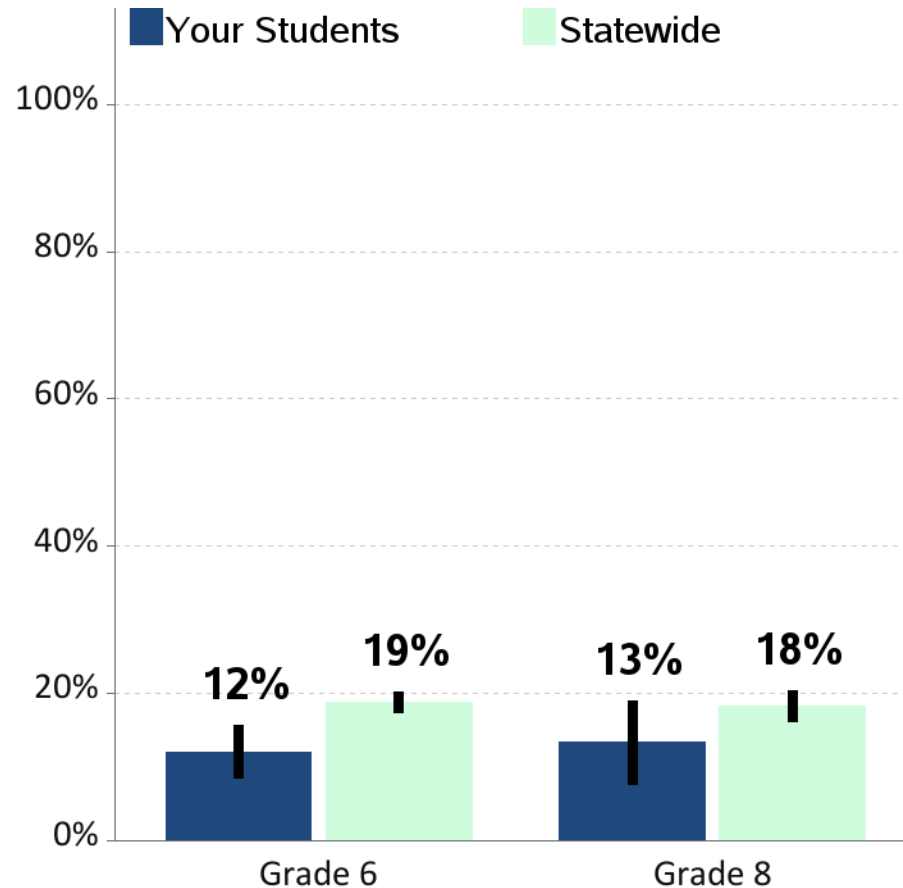
Percent of students who report "often" or "almost always" enjoying being at school in the past year



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Skippping School

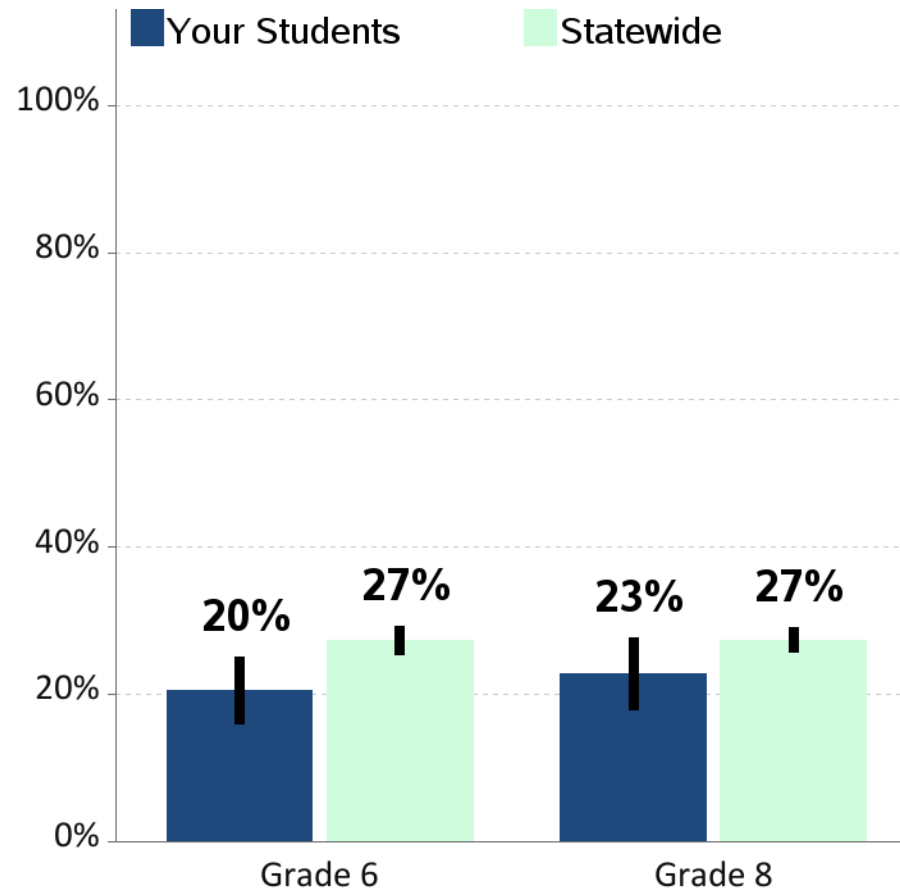
Percent of students who report skipping
1 or more whole days of school in the past 4 weeks



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Bullying

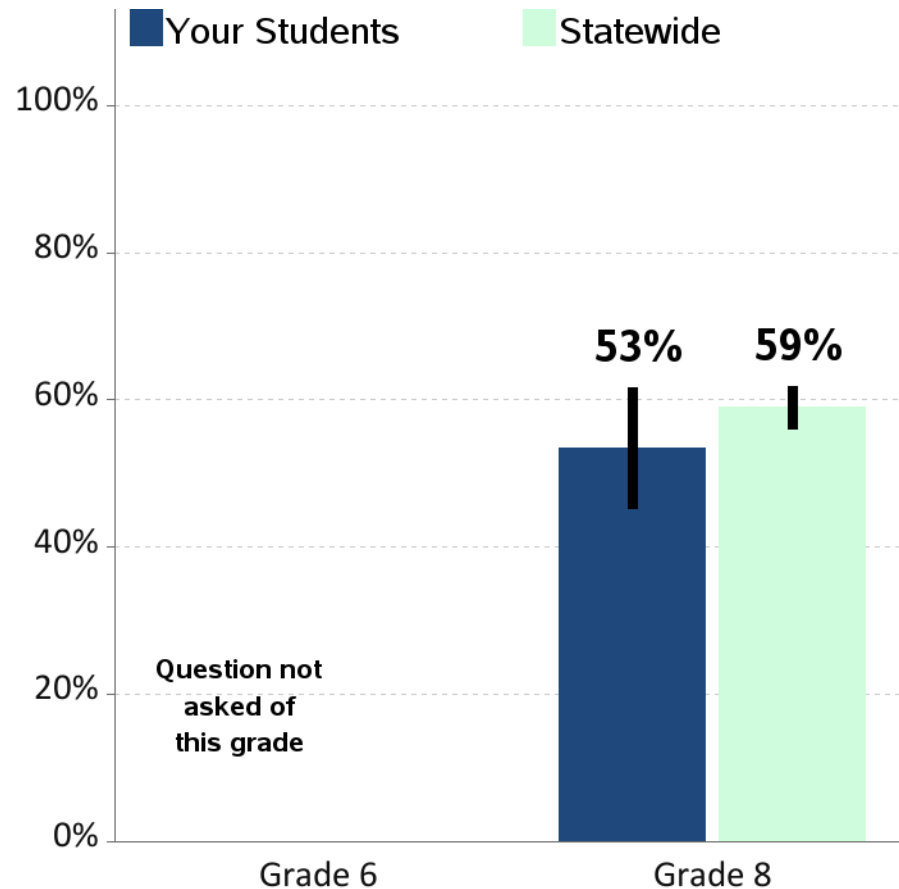
Percent of students who report being bullied
in the past 30 days



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

School Tries to Stop Bullying

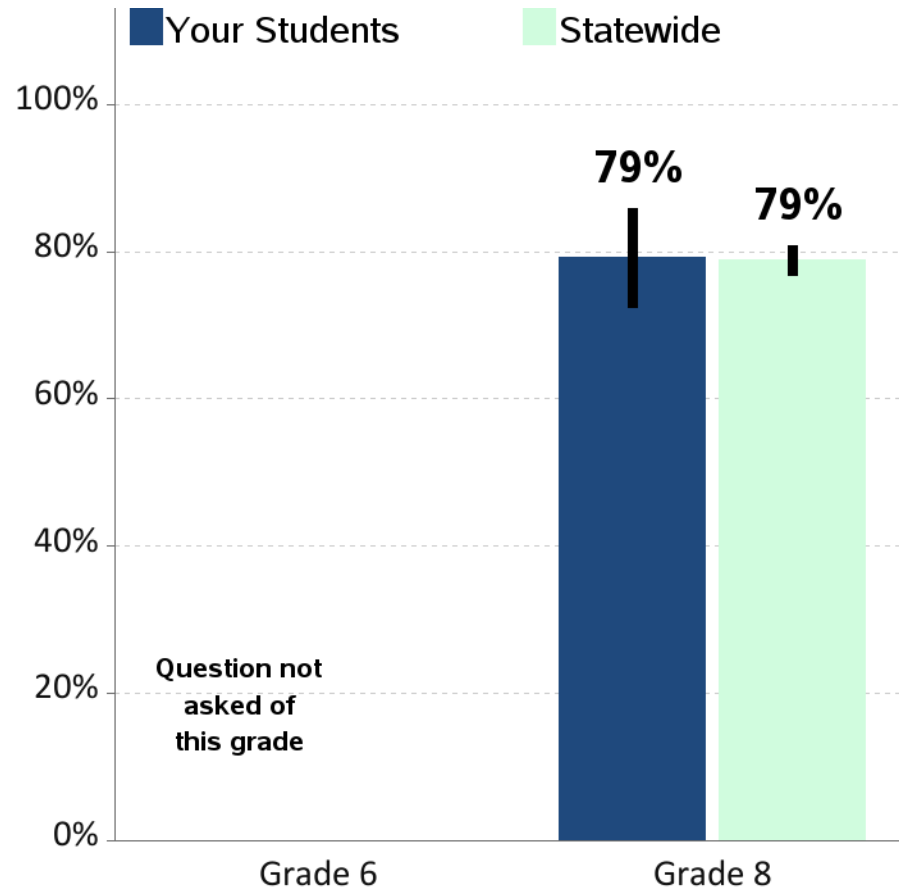
Percent of students who report teachers or other adults at school
“almost always” or “often” try to stop bullying



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Students Know How to Report Bullying

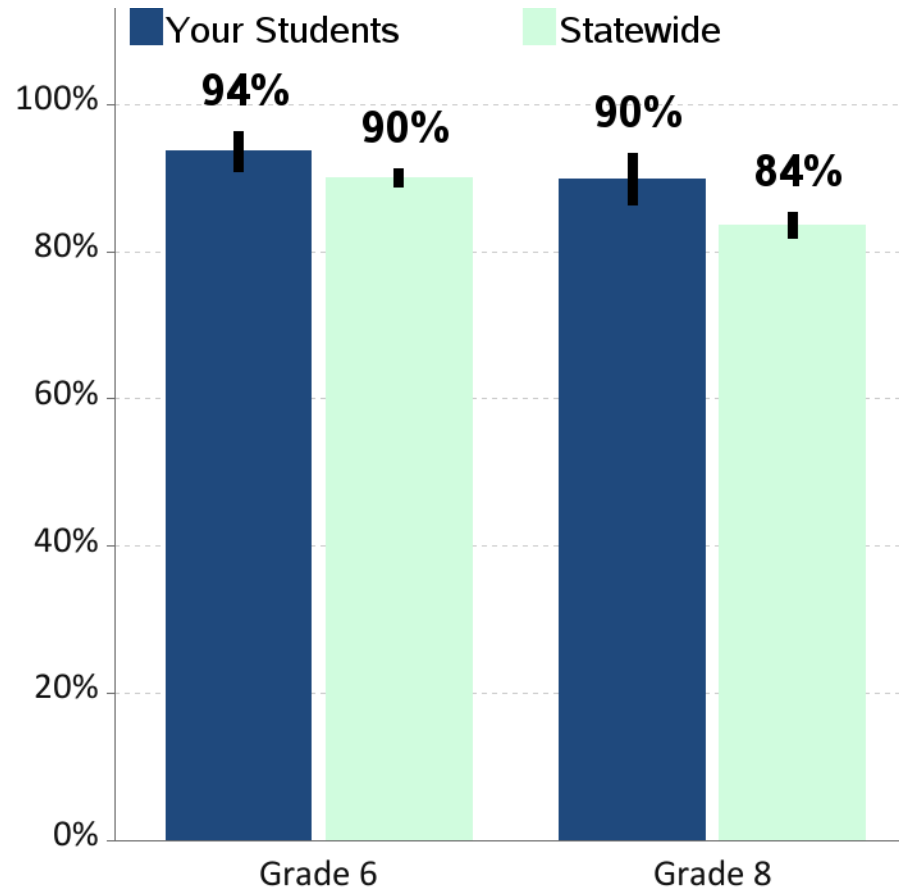
Percent of students who report they know how to report bullying at school



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Feeling Safe at School

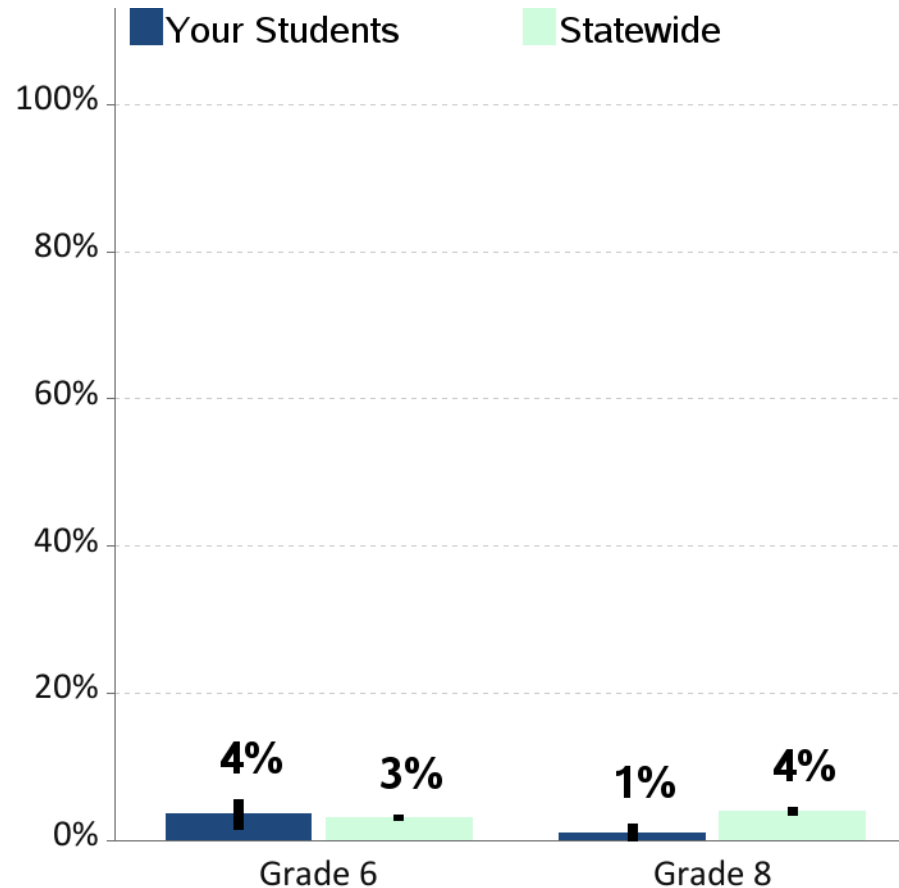
Percent of students who report that they feel safe at school



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Weapon Carrying at School

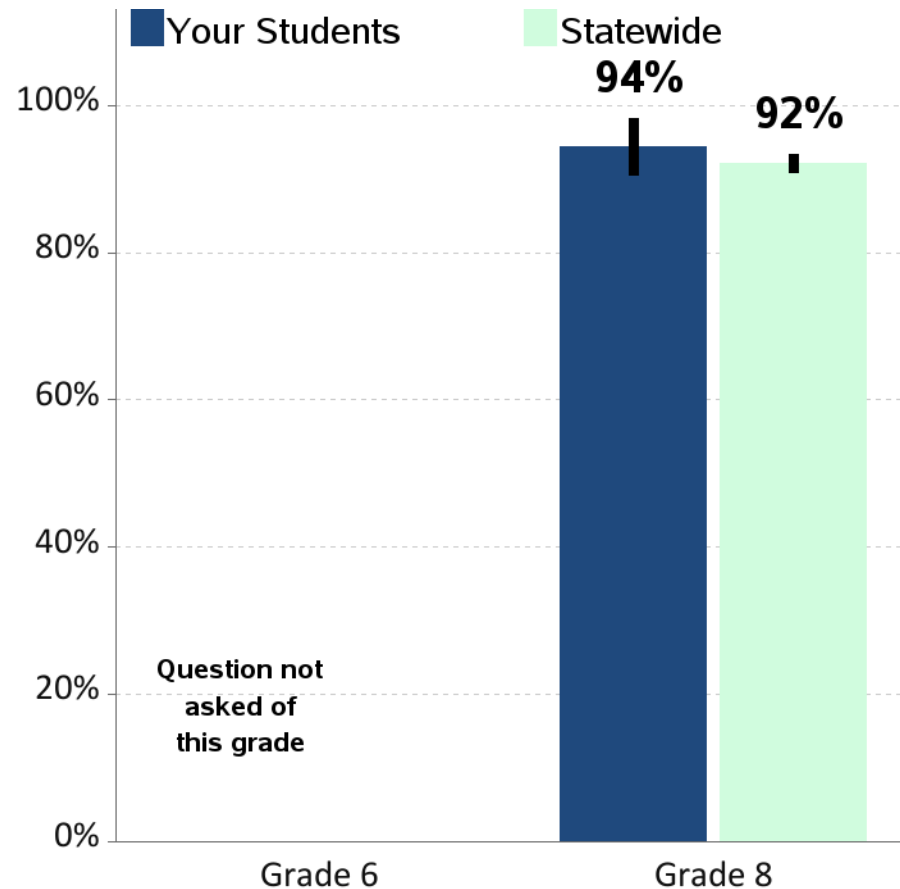
Percent of students who report carrying a weapon on school property
in the past 30 days



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

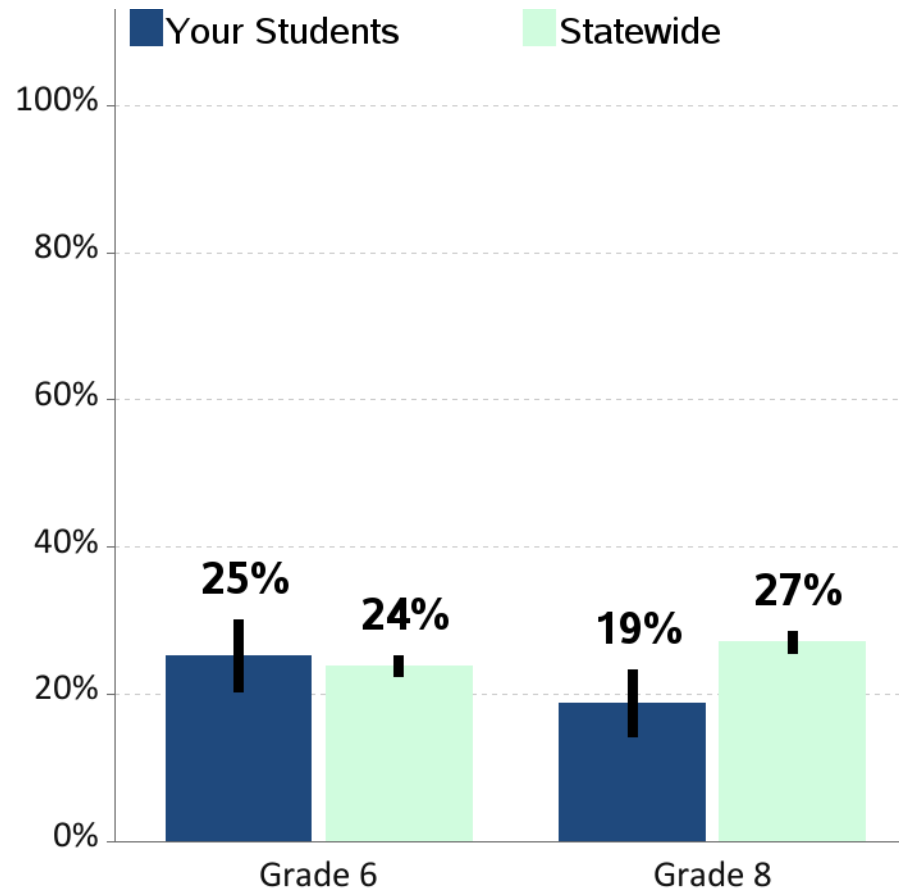
Opportunities for School Involvement

Percent of students who report that they have lots of chances for involvement in school activities



Physical Fighting

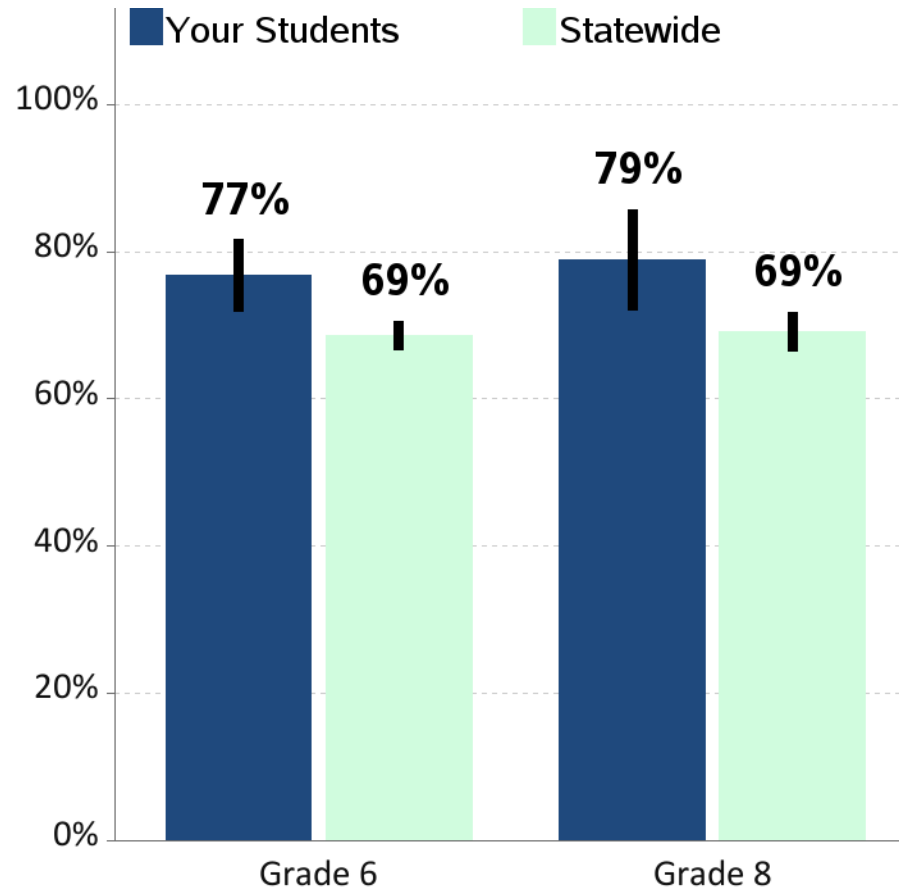
Percent of students who report being in a physical fight
in the past year



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

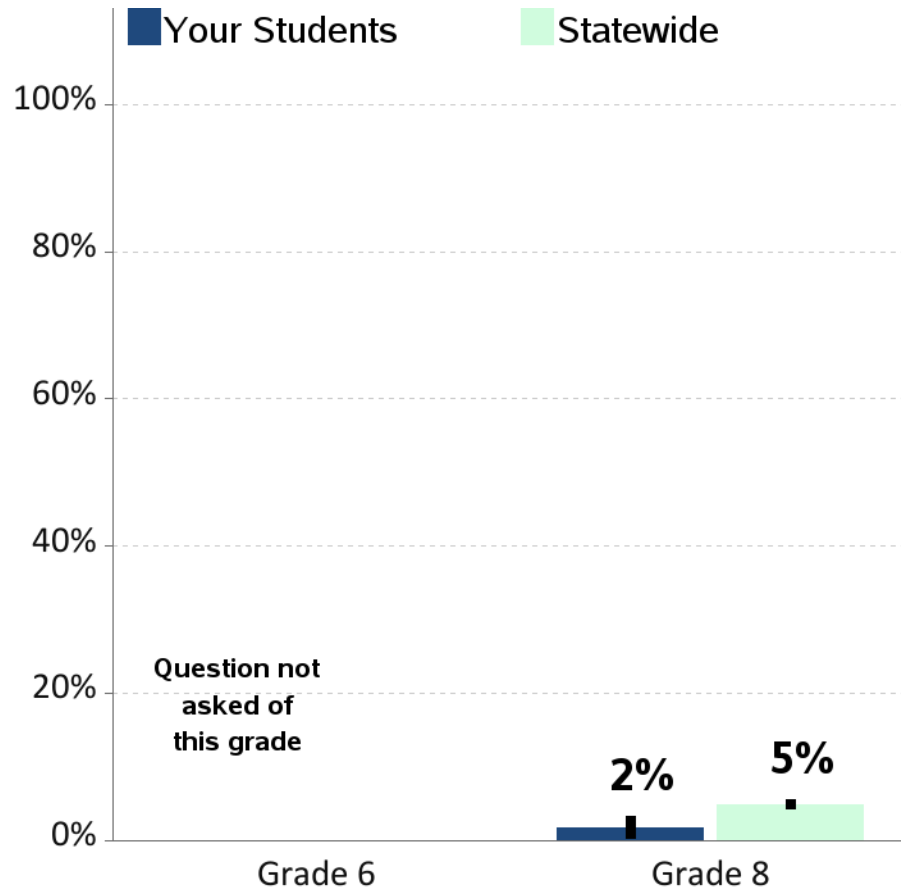
Social Emotional Skills

Percent of students who know how to handle disagreements, solve problems, consider effects of decisions, and be empathetic



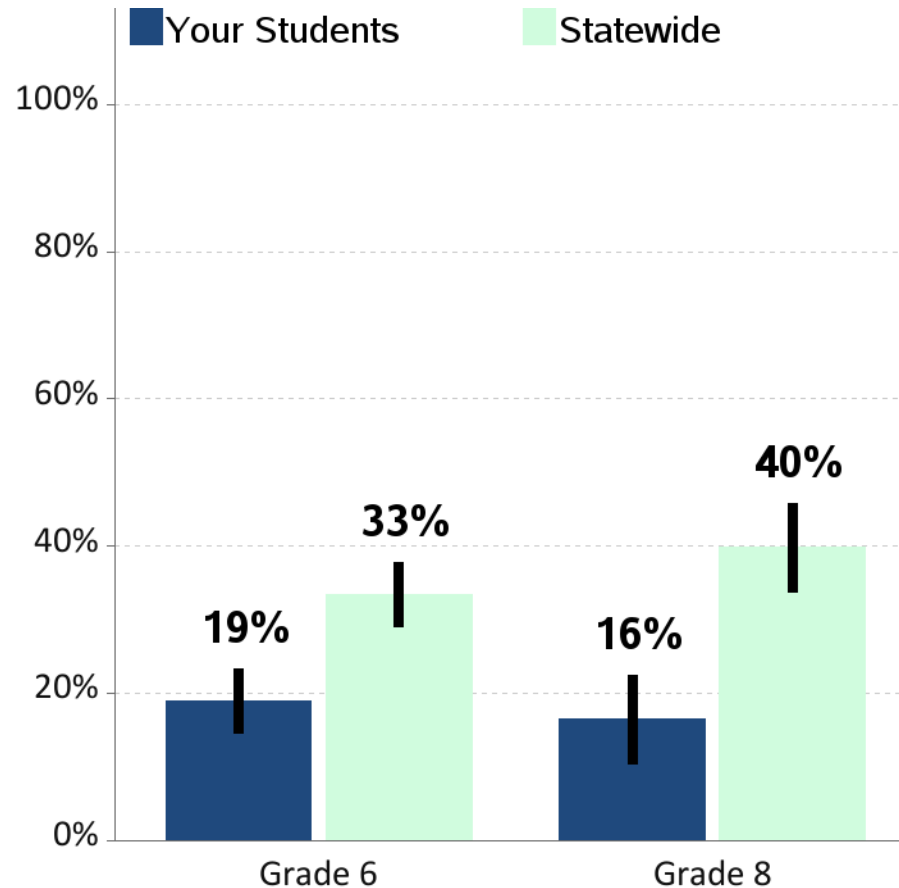
Gang Membership

Percent of students who report being members of a gang
in the past year



Walking/Biking To or From School

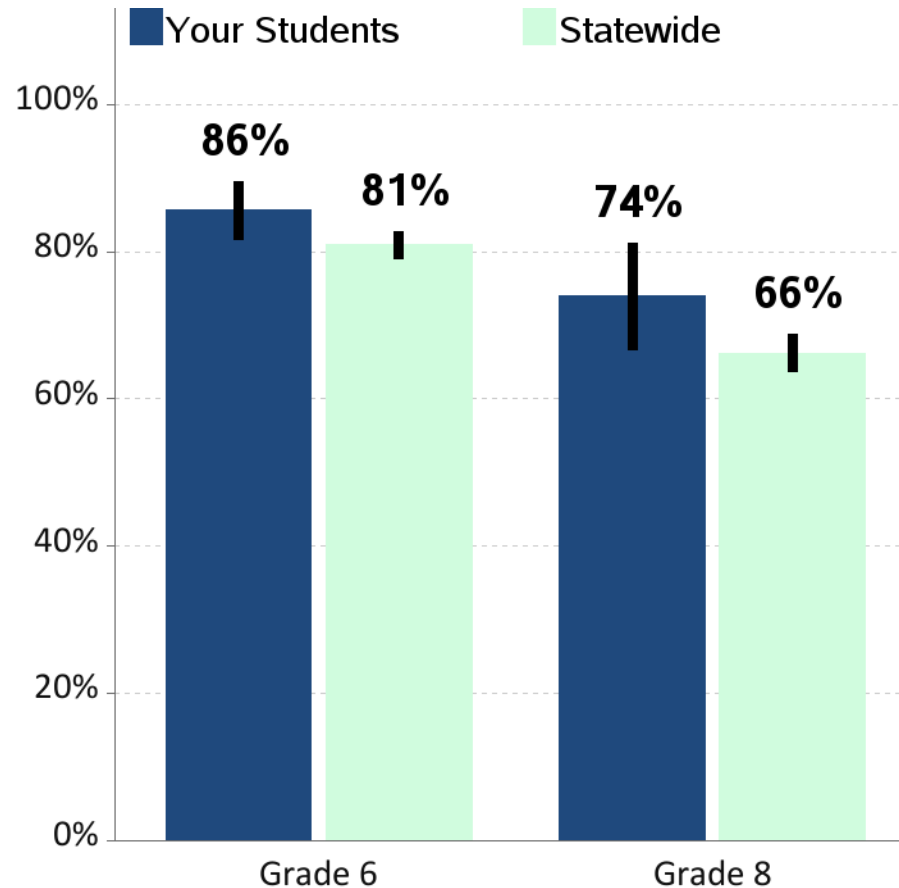
Percent of students who report walking or riding a bicycle to or from school during an average week



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Eating Breakfast

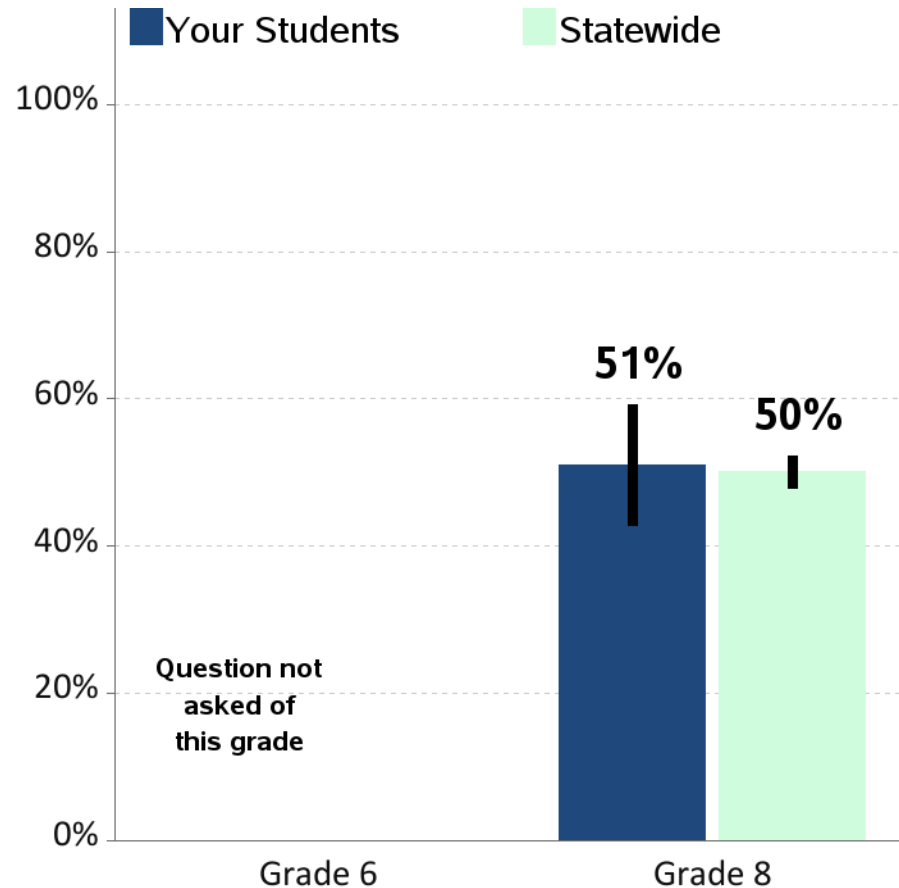
Percent of students who report eating breakfast today



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

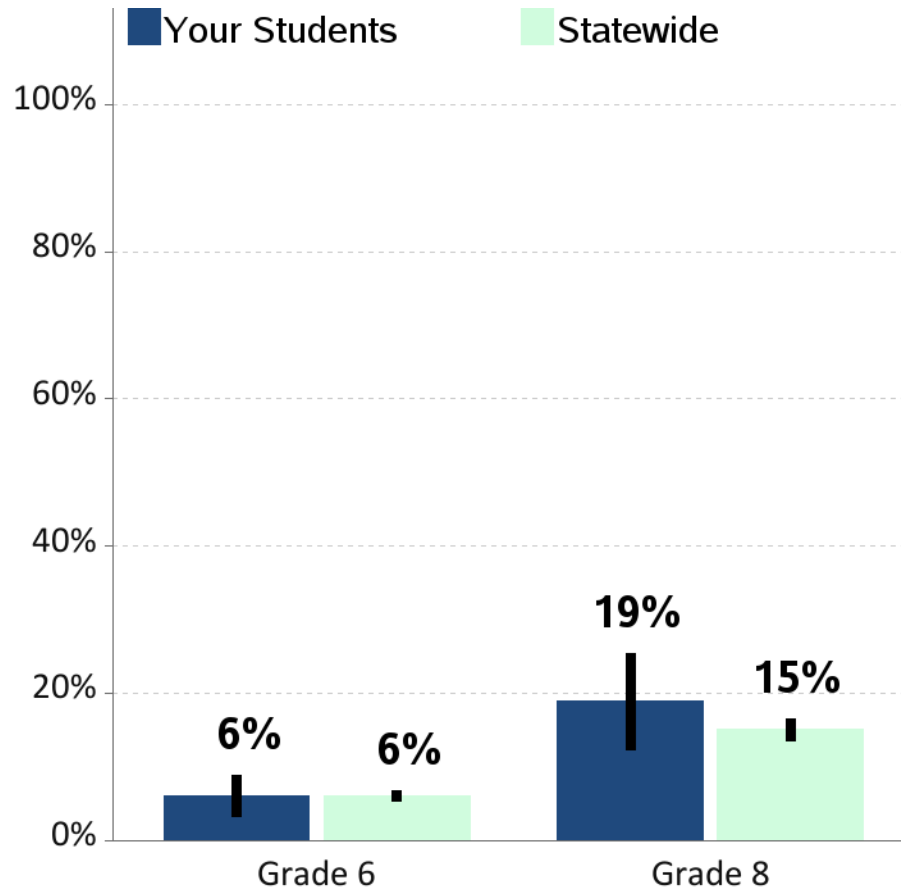
Sleep on a School Night

Percent of students who report sleeping less than 8 hours
on an average school night



Riding with a Drinking Driver

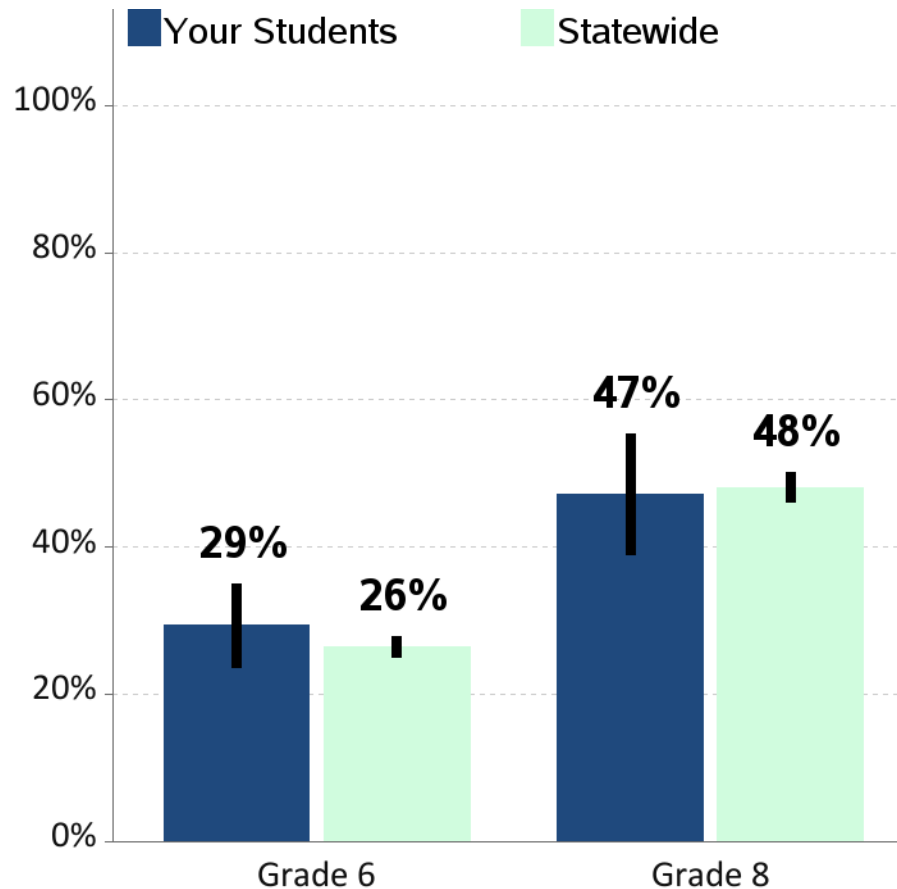
Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Riding With a Texting Driver

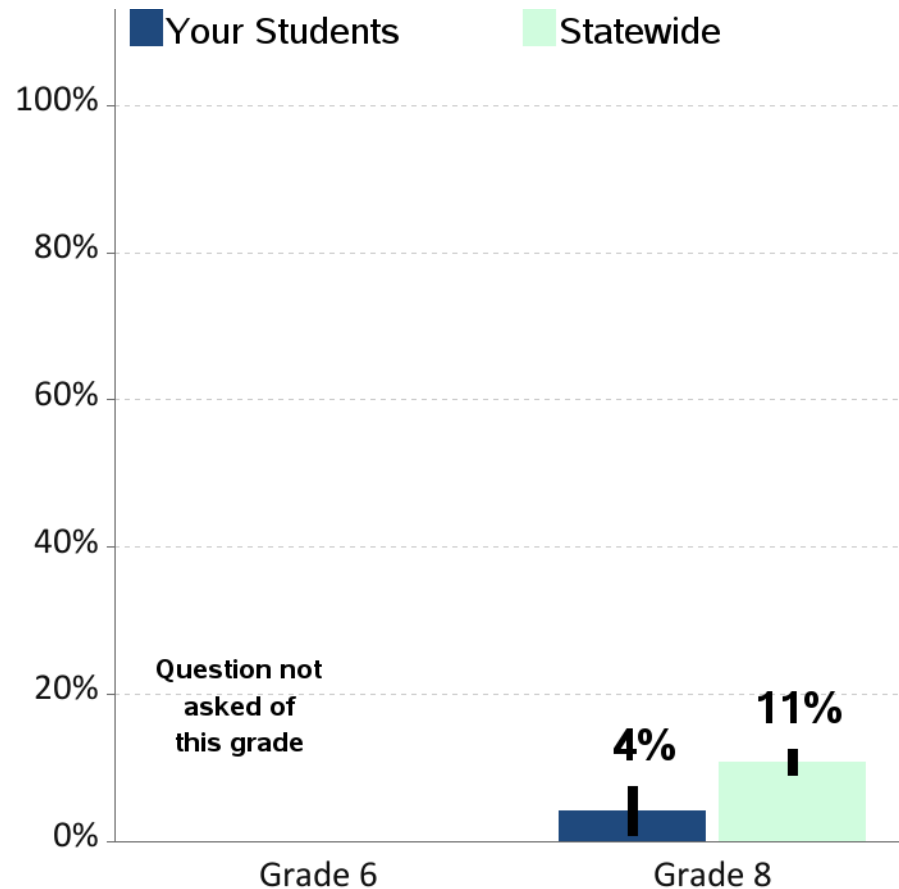
Percent of students who report having ridden in the past 30 days with a driver who was texting or emailing



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Riding With a Recent Marijuana User

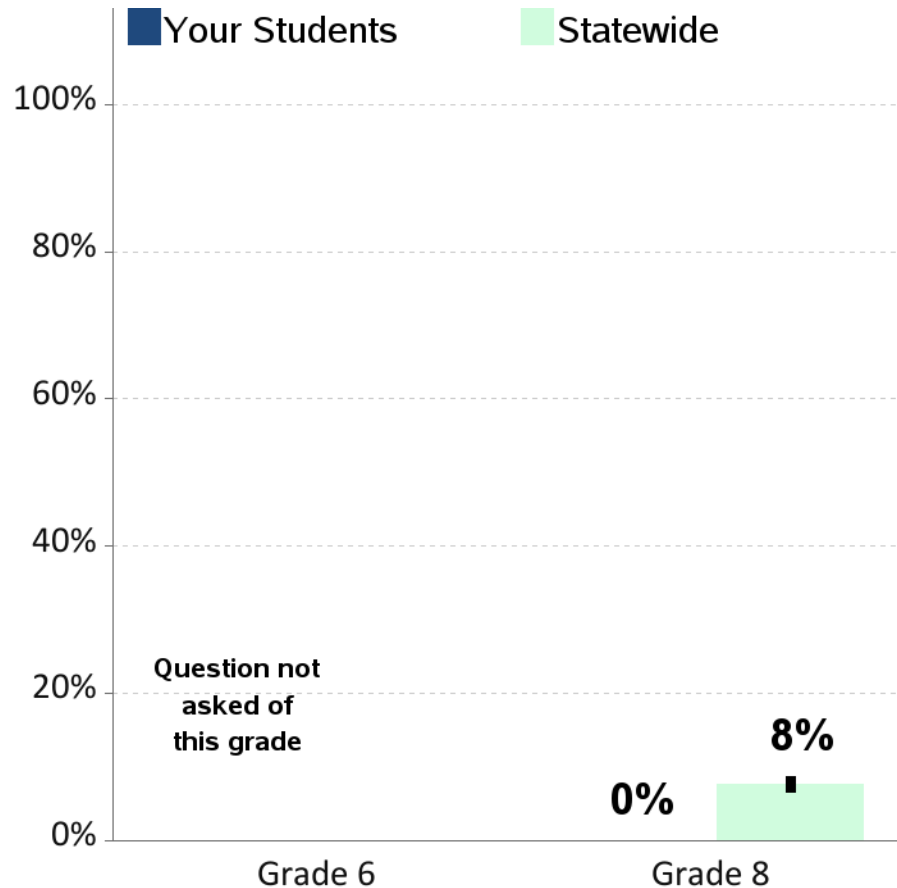
Percent of students who report having ridden in the past 30 days with a driver who had been using marijuana



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Excessive Sugar Sweetened Beverages Consumption

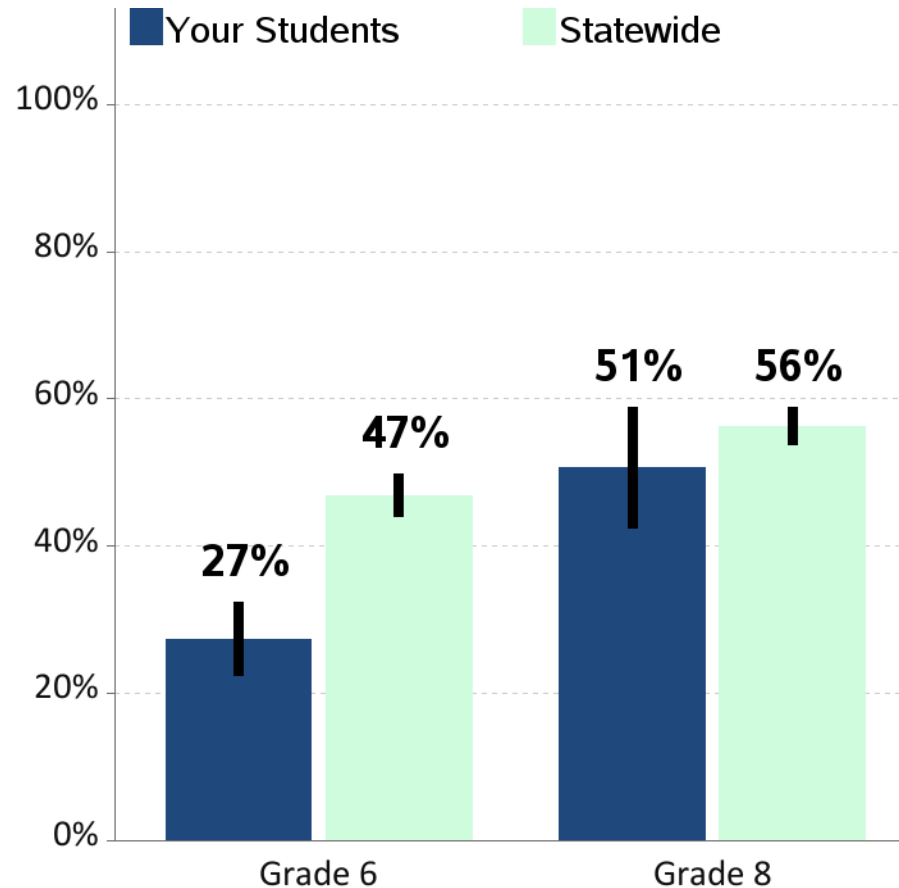
Percent of students who report drinking sugar sweetened beverages 2 or more times a day



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Excessive Television/Video Game Use

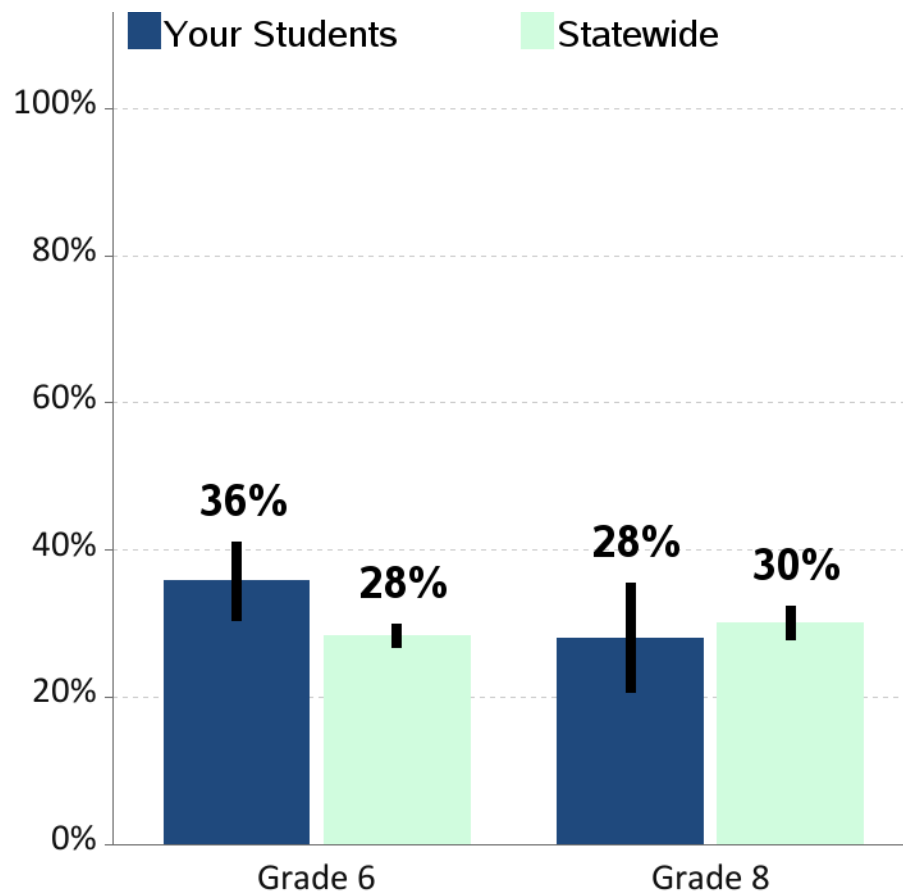
Percent of students who report 3 or more hours watching television, playing video games or using the computer for fun on an average school day



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

60 Minutes of Physical Activity per Day

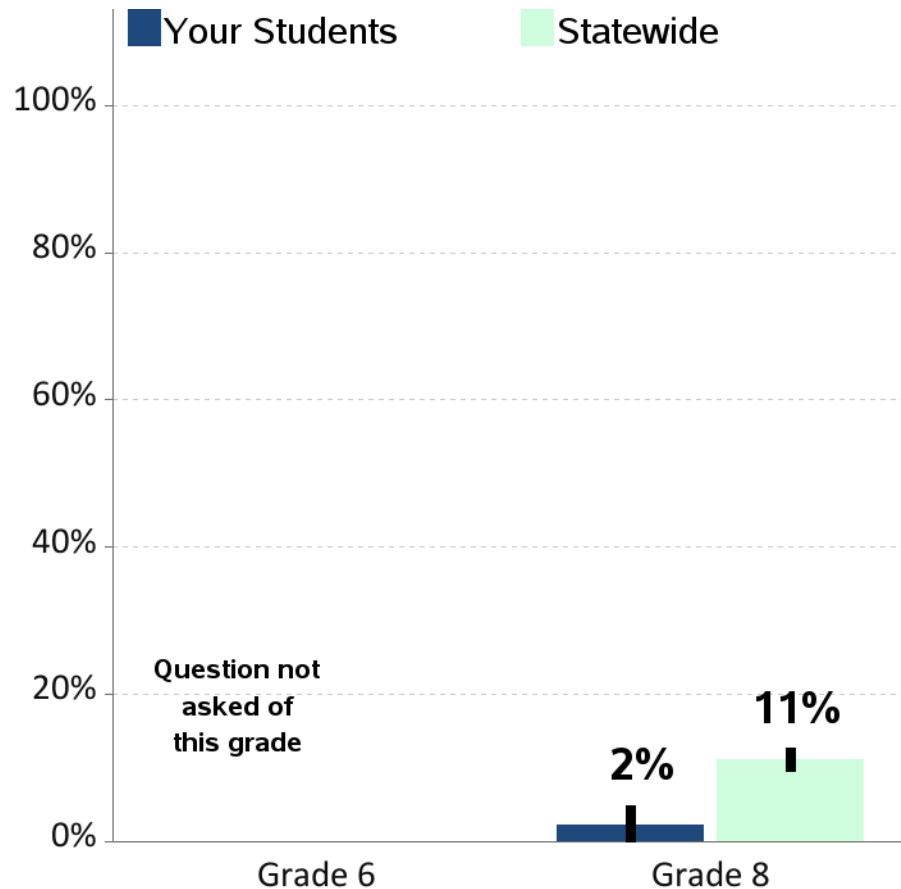
Percent of students who report being physically active
60 minutes per day, 7 days a week



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Obesity

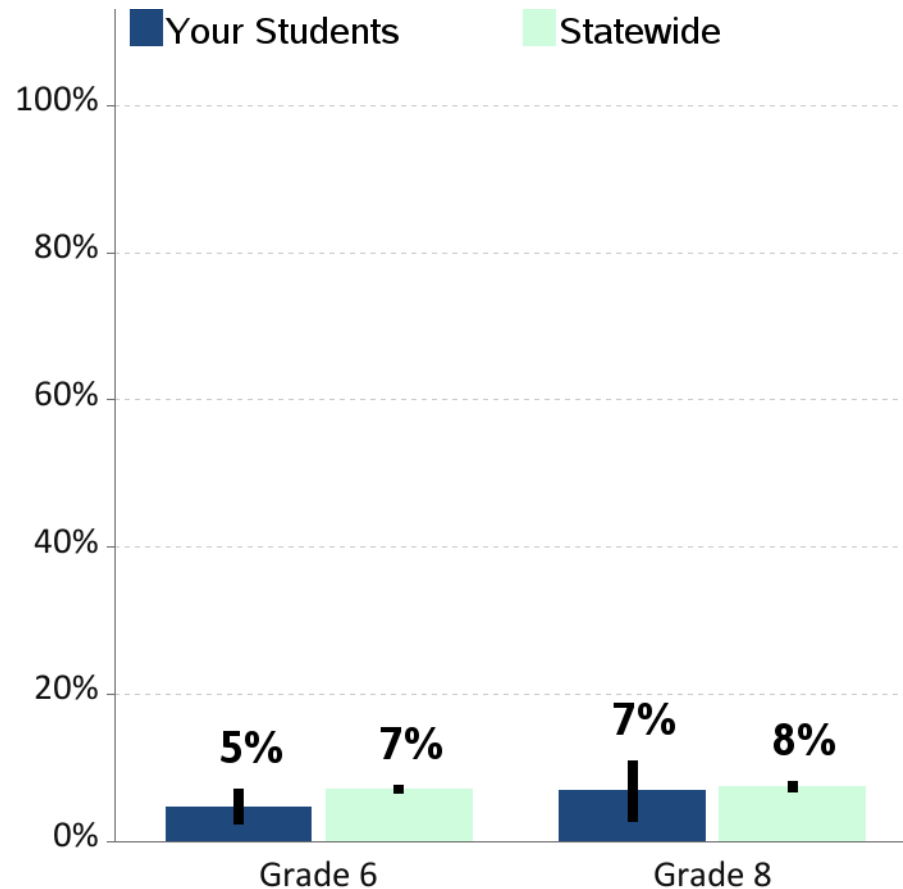
Percent of students who are obese
(according to reported height and weight)



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Current Asthma

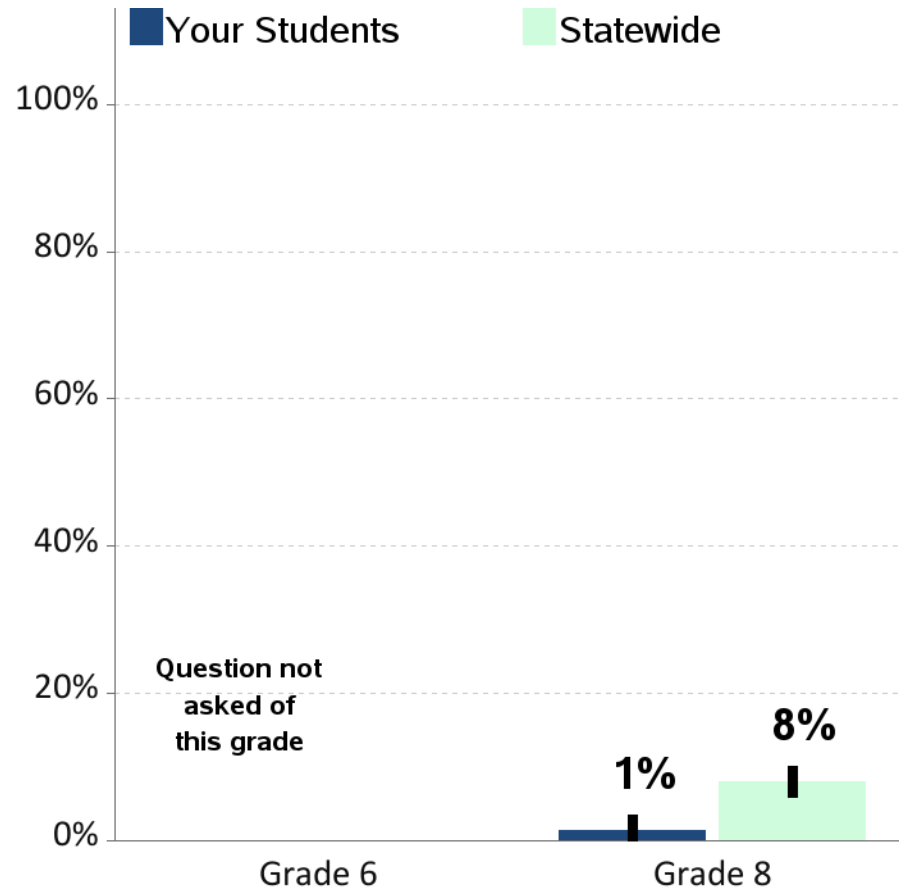
Percent of students who currently have asthma



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

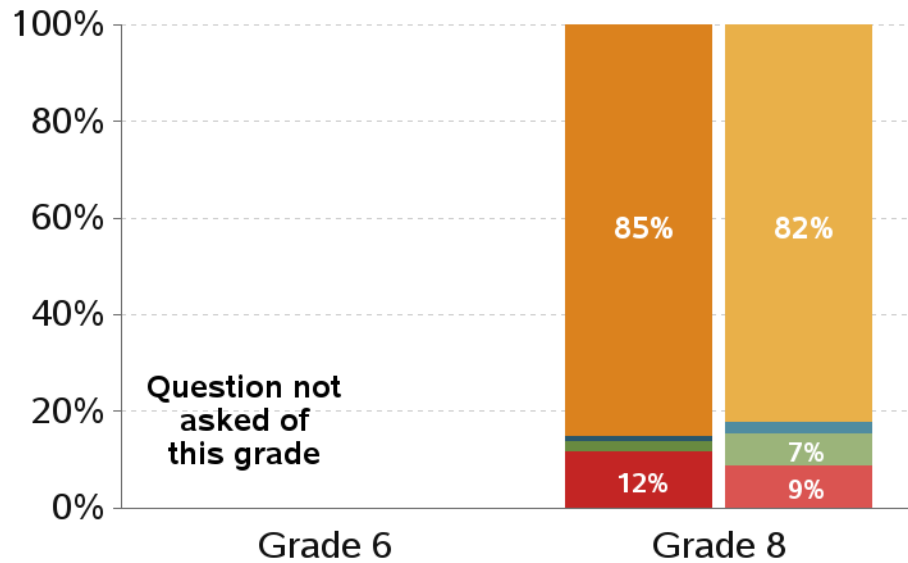
Lifetime Sexual Activity

Percent of students who report ever having sexual intercourse
in their lifetime



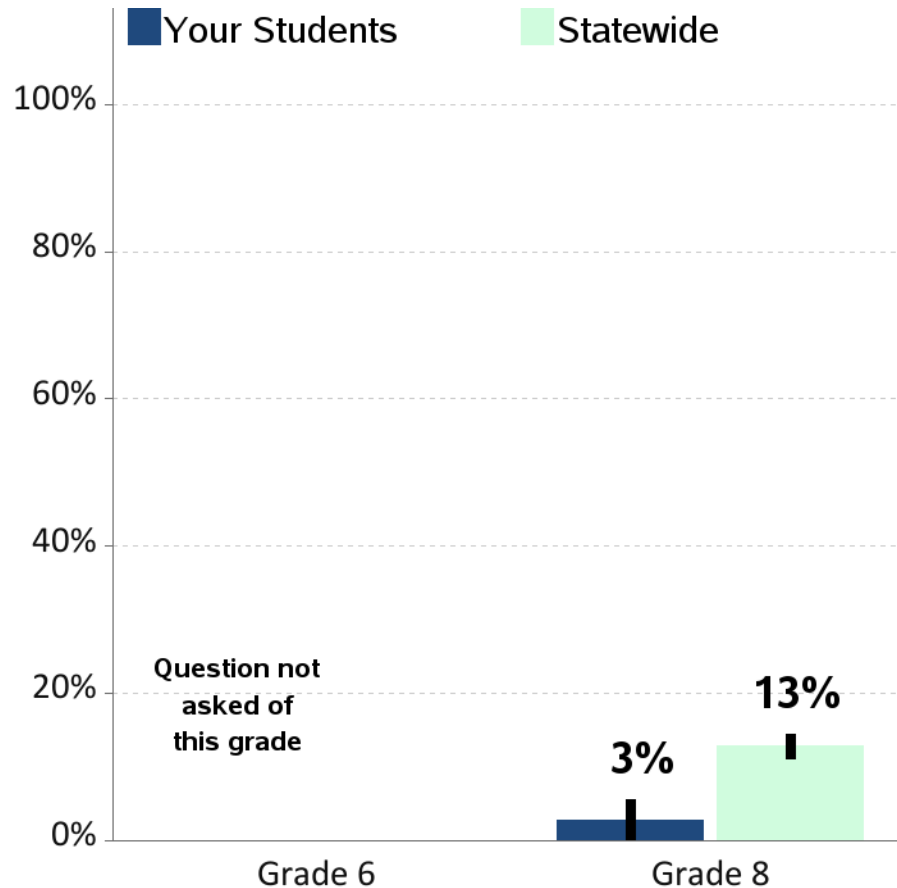
Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Sexual Orientation



Lifetime Sexual Abuse

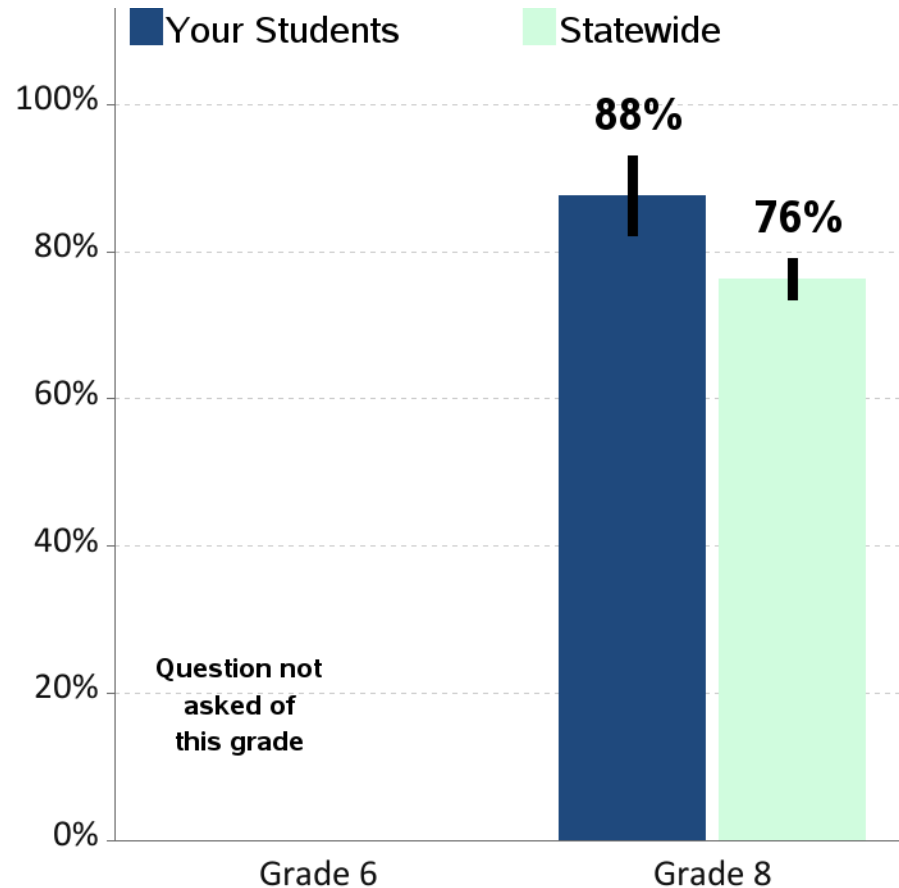
Percent of students who report having ever been in a situation where someone made them engage in kissing, sexual touch or sexual intercourse when they did not want to



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Access to Dental Care

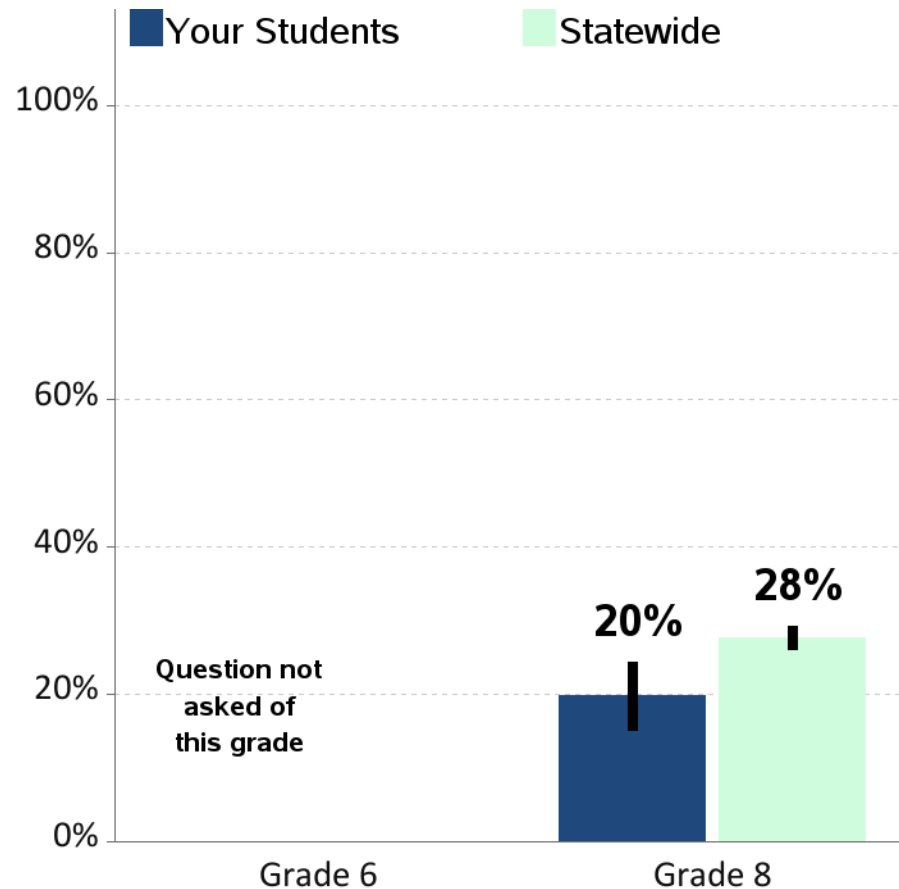
Percent of students who report visiting a dentist for a routine checkup
in the past year



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Depression

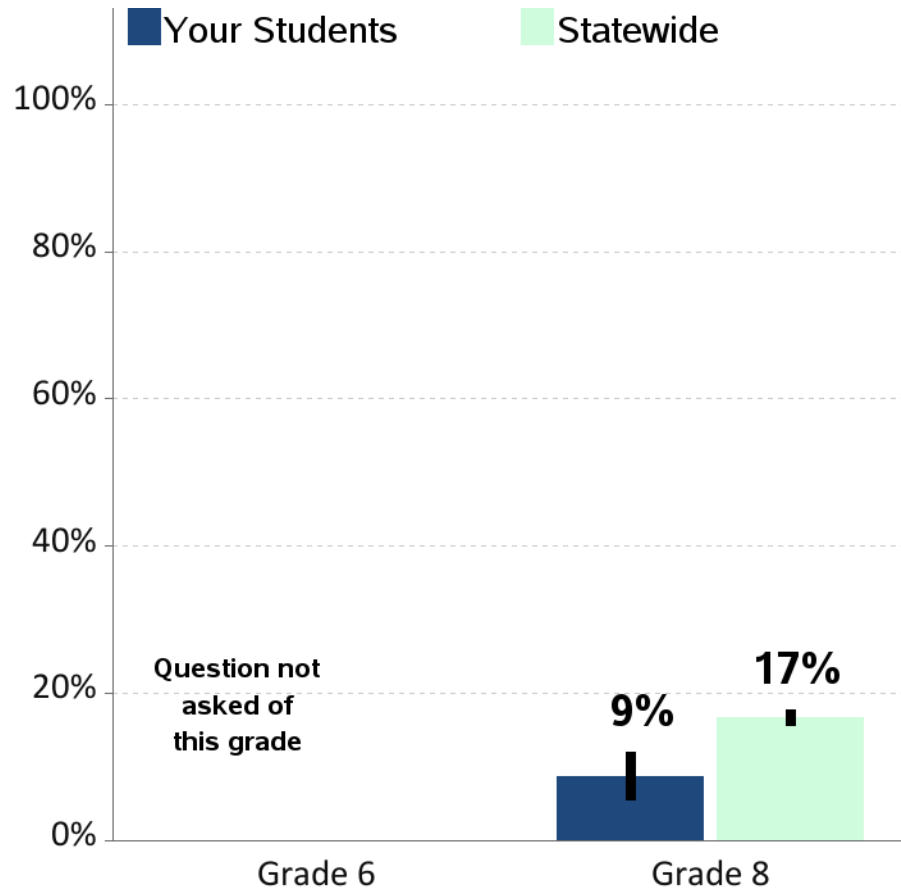
Percent of students who report experiencing depressive feelings
in the past year



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Contemplation of Suicide

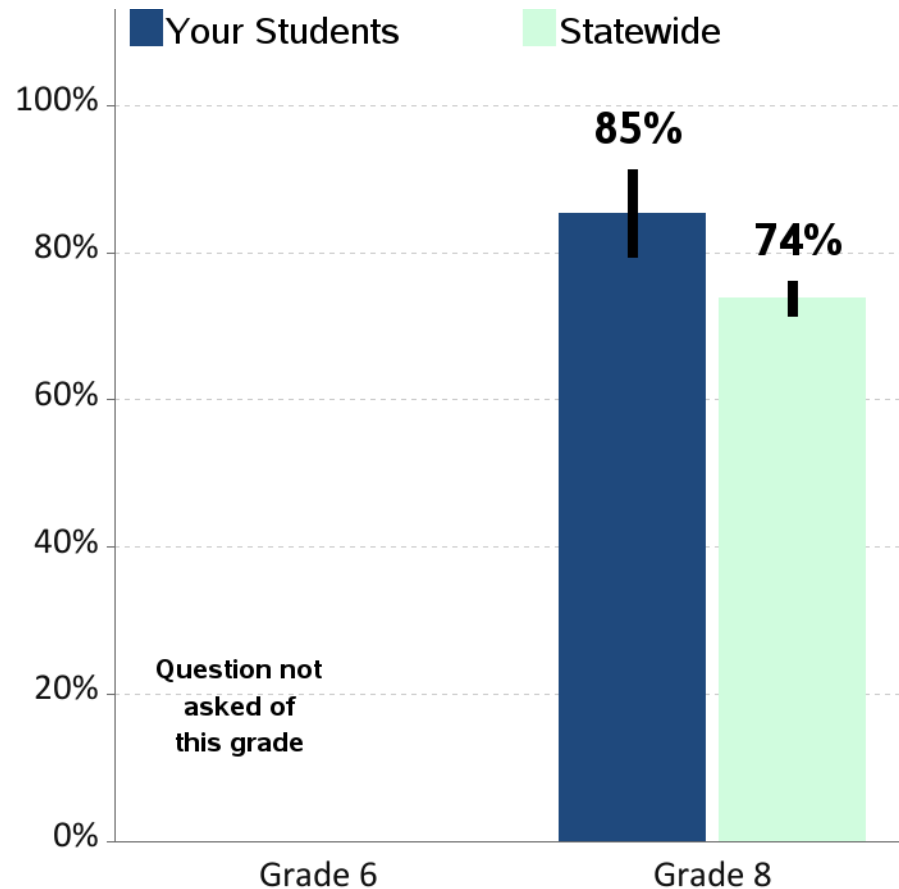
Percent of students who report having seriously considered suicide in the past year



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Someone in Community to Talk To

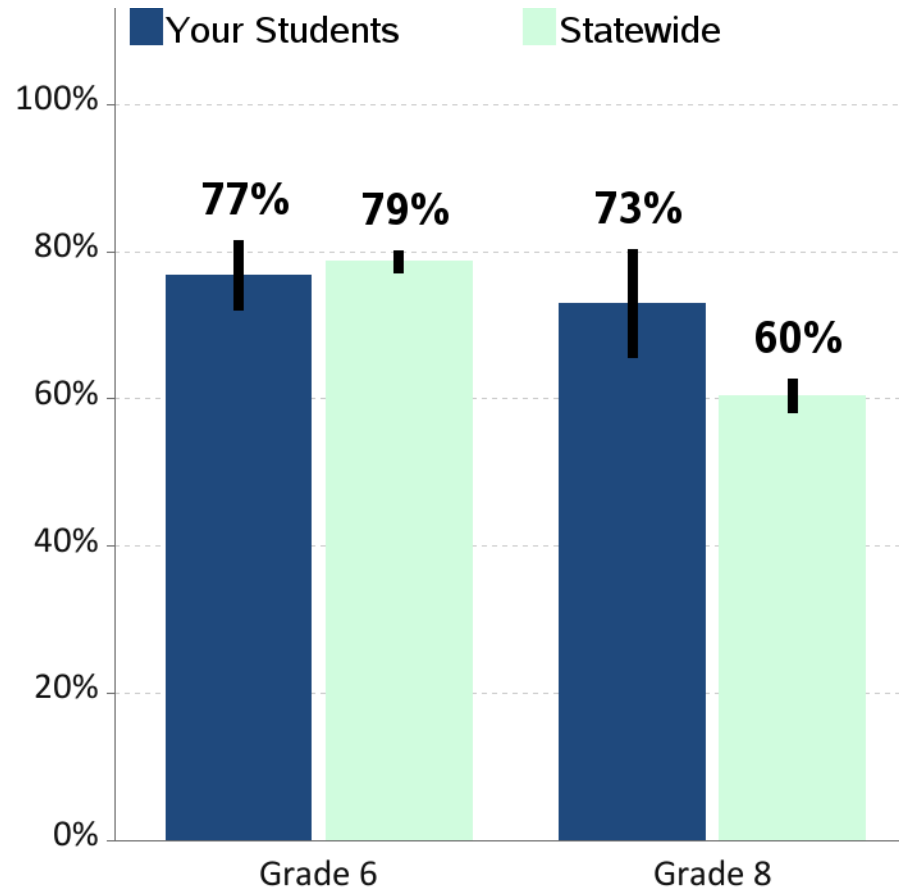
Percent of students who report having an adult in their neighborhood or community they can talk to about something important



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perception of Neighborhood Norms - Alcohol

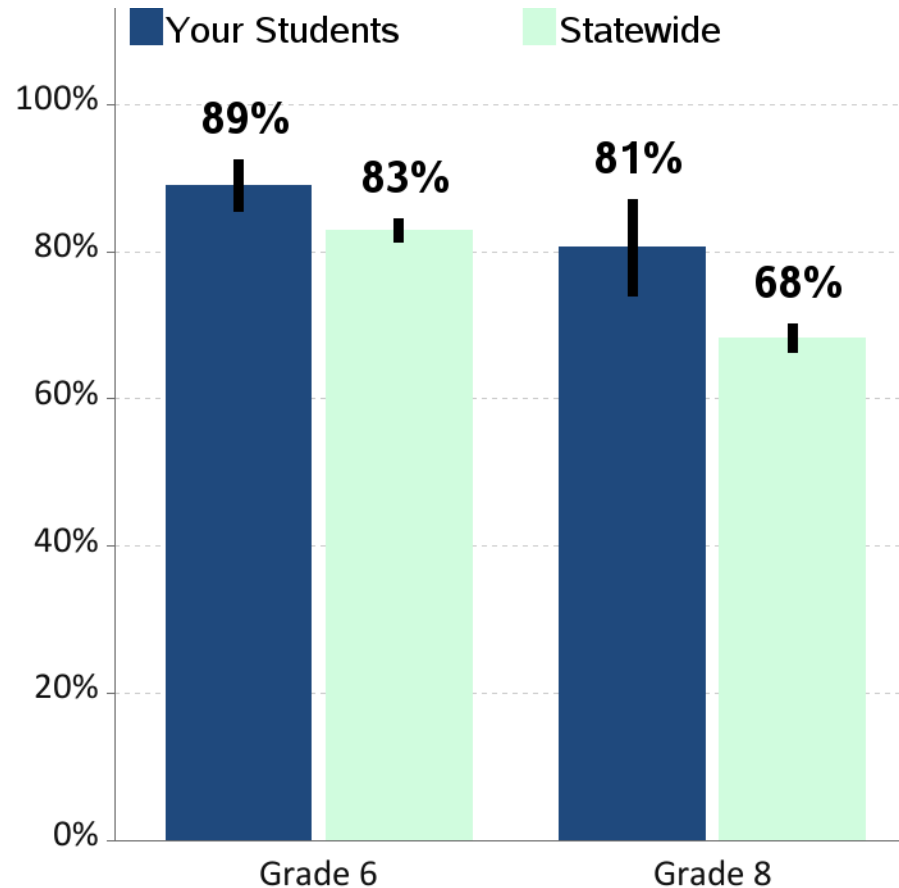
Percent of students who report that adults in their neighborhood think youth drinking is "very wrong"



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perception of Neighborhood Norms - Smoking

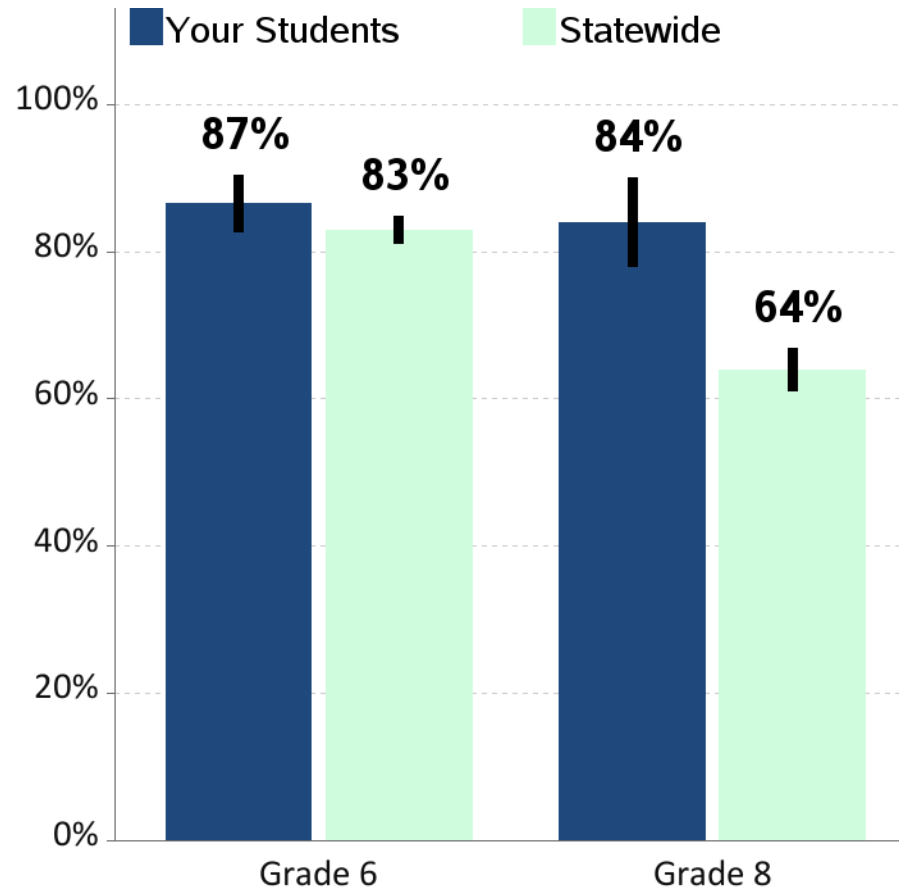
Percent of students who report that adults in their neighborhood think youth smoking is "very wrong"



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perception of Neighborhood Norms - Marijuana

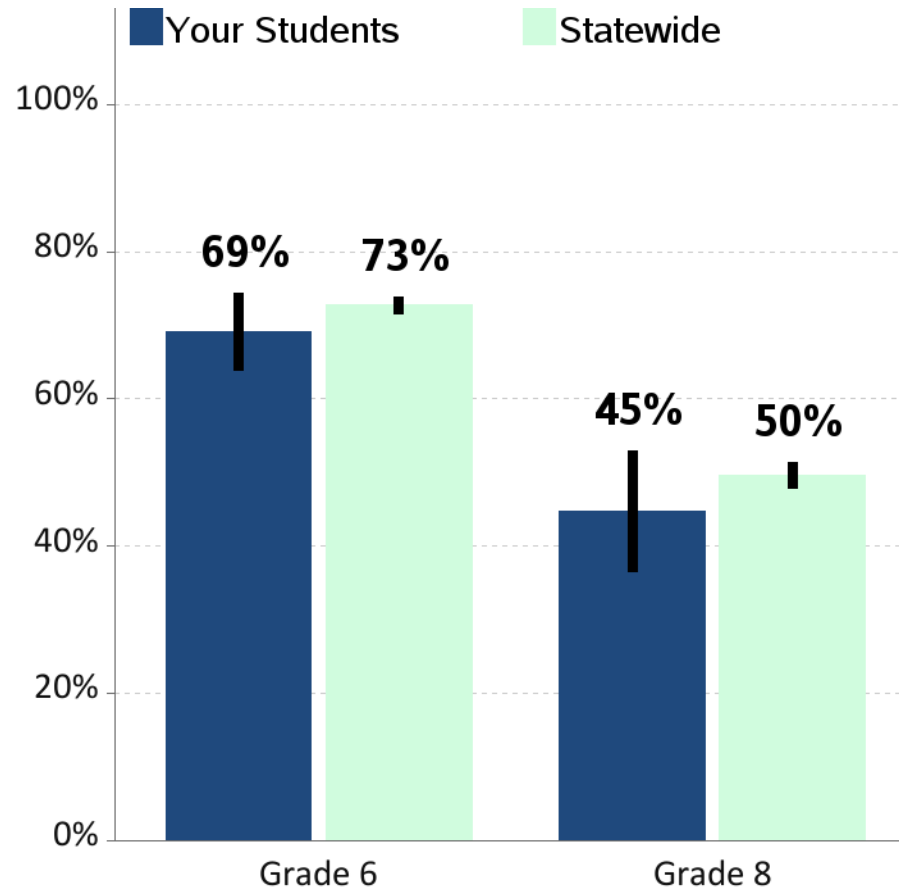
Percent of students who report that adults in their neighborhood think youth marijuana use is "very wrong"



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perceived Availability of Alcohol

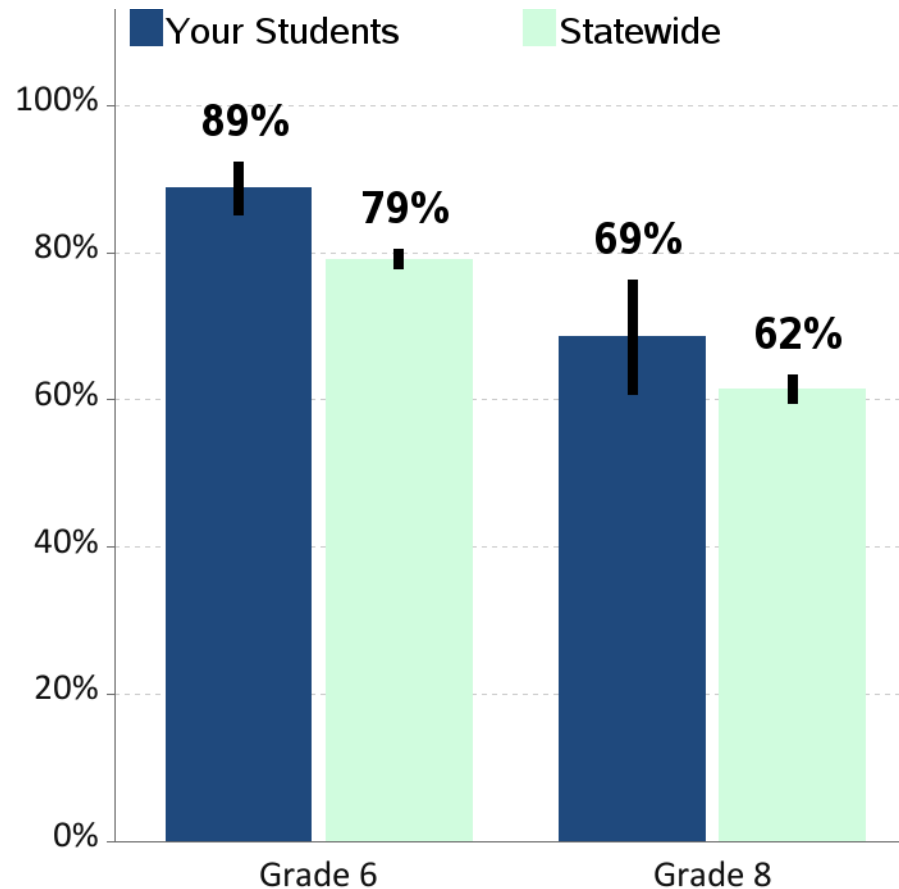
Percent of students who report alcohol
would be "very hard" to get



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perceived Availability of Cigarettes

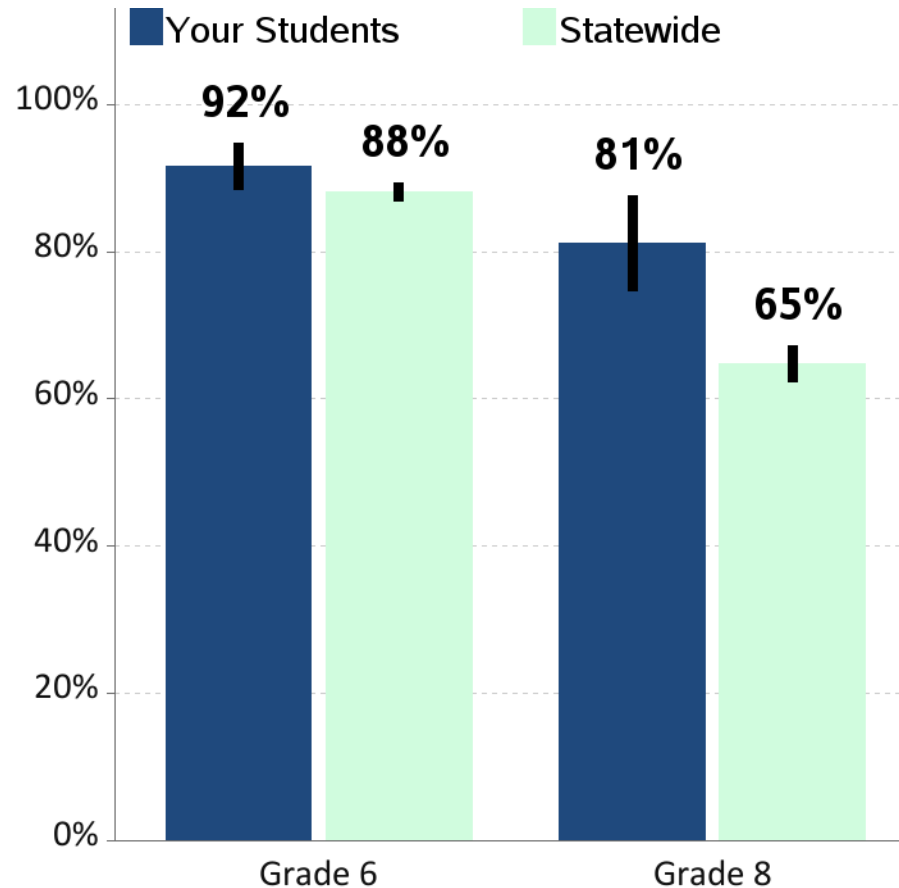
Percent of students who report cigarettes
would be "very hard" to get



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perceived Availability of Marijuana

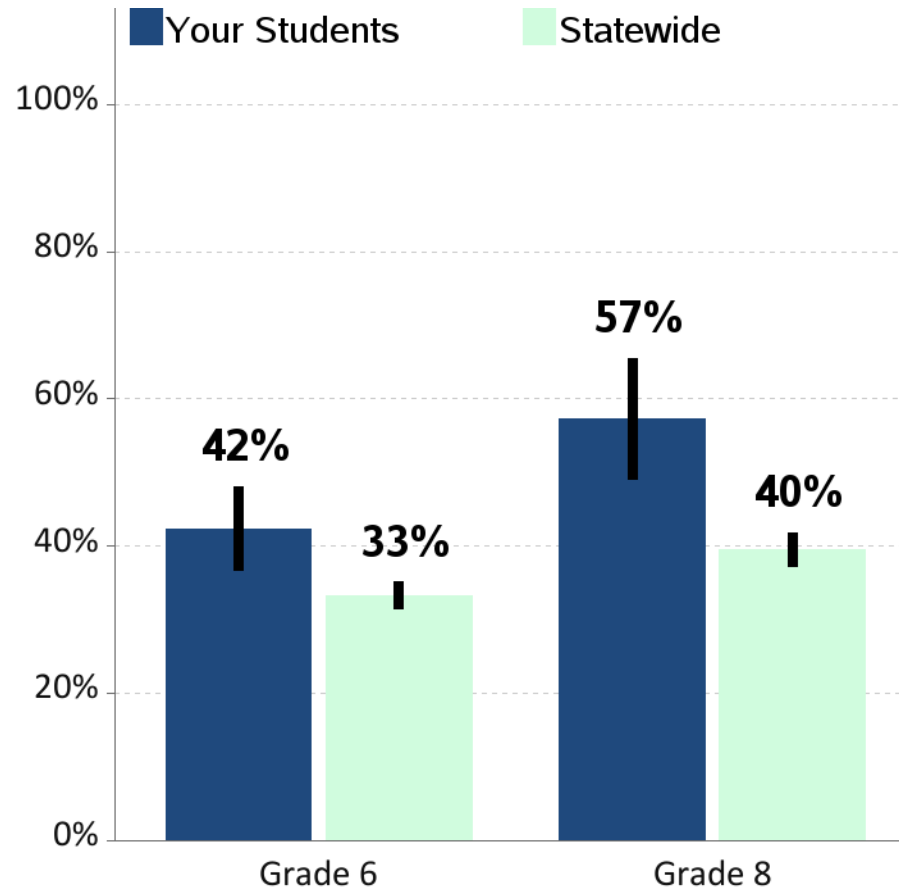
Percent of students who report marijuana would be "very hard" to get



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perceived Risk of Regular Alcohol Use

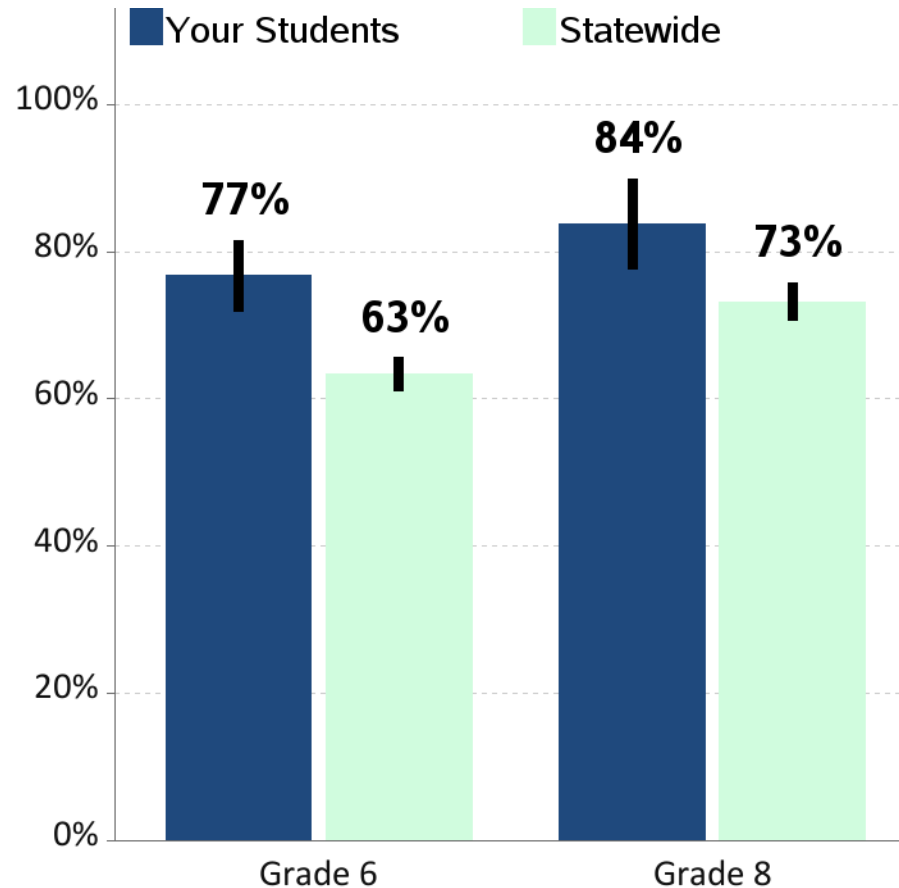
Percent of students who report "great risk" of harm from drinking alcohol daily



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perceived Risk of Regular Cigarette Smoking

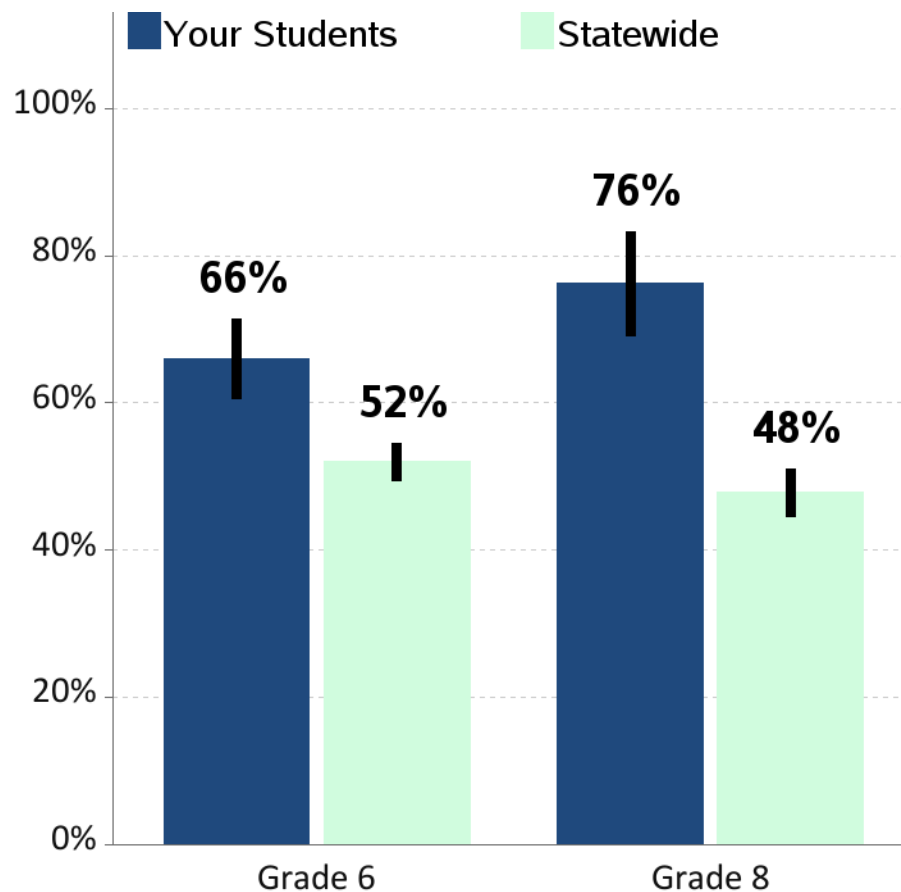
Percent of students who report "great risk" of harm from smoking a pack or more a day



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perceived Risk of Regular Marijuana Use

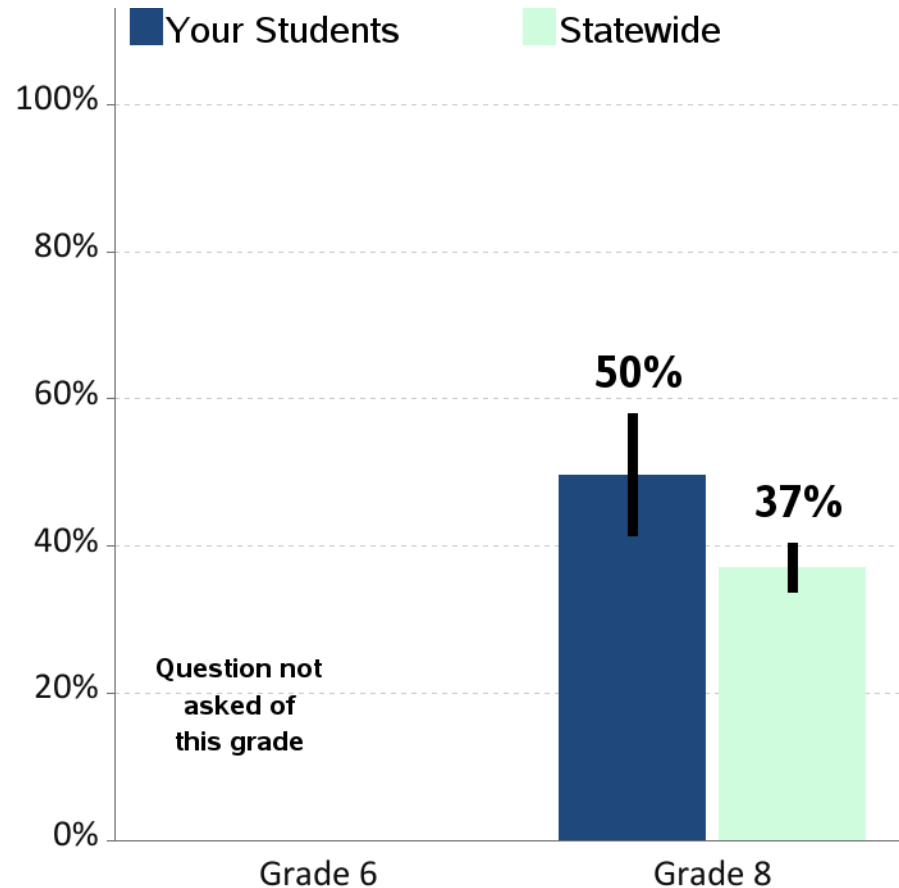
Percent of students who report "great risk" of harm from using marijuana at least once or twice a week



Pacific Cascade Middle School (Issaquah School District)
- Source: 2016 Healthy Youth Survey

Perceived Risk of E-Cigarette Smoking or Vaping

Percent of students who report "great risk" of harm from using e-cigarette or vape pen regularly (almost daily)



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