

PHYSICAL & HEALTH EDUCATION GRADE 10

Invasion Games Unit

Criteria C Applying and performing

Criteria D Reflecting and improving performance

The successful **function** of a team will depend upon the **relationships** of its members and their ability to **adapt** to different situations and **systems**.

Orientation in space and time

Key Concept: **Relationships**

ASSESSMENT TASK:

Your **goal** is to explore your role and relationships with your team members by analysing your skills, techniques and movement concepts and interactions. You will present your findings by giving feedback to your team members on how you can make suitable adaptations and affect a positive change. You will be assessed in criteria C Applying & performing and D Reflecting and improving performance.

Teacher assessment Grade 10 Invasion Games

	C - Applying & performing			D - Reflecting & improving performance
Rubric	i. demonstrate and apply a range of skills and techniques effectively.	ii. demonstrate and apply a range of strategies and movement concepts effectively.	iii. outline and apply information to perform effectively.	i. explain and demonstrate strategies to enhance interpersonal skills
Awesome Level 7-8	<ul style="list-style-type: none"> <input type="checkbox"/> You always dribble with control and change direction with speed. <input type="checkbox"/> You always pass the ball accurately to another player in space. <input type="checkbox"/> You always receive a pass with control from another player with varying speeds. <input type="checkbox"/> You always shoot accurately at the goal. 	<ul style="list-style-type: none"> <input type="checkbox"/> You always play to the strengths and weaknesses of your opponents by adapting your shots appropriately. <input type="checkbox"/> You always show a clear understanding of the game structure and can explain different strategies used to be successful. 	<ul style="list-style-type: none"> <input type="checkbox"/> You always listen to feedback and use it to improve your learning. <input type="checkbox"/> You always respond to changing situations by adapting your play. 	<ul style="list-style-type: none"> <input type="checkbox"/> You always encourage your teammates. <input type="checkbox"/> You always work with a positive attitude. <input type="checkbox"/> You are able to work with anyone in the group and to solve any disagreements in a friendly way. <input type="checkbox"/> You always communicate clearly and provide feedback to others effectively.
Got it! Level 5 - 6	<ul style="list-style-type: none"> <input type="checkbox"/> You usually dribble with control and change direction. <input type="checkbox"/> You usually pass the ball accurately to another player in space. <input type="checkbox"/> You usually receive a pass with control from another player with varying speeds. <input type="checkbox"/> You usually shoot accurately at the goal. 	<ul style="list-style-type: none"> <input type="checkbox"/> You are usually able to play to the strengths and weaknesses of your opponents by adapting your shots. <input type="checkbox"/> You usually show an understanding of the game structure and can describe strategies you use to be successful. 	<ul style="list-style-type: none"> <input type="checkbox"/> You usually listen to feedback and use it to improve your learning. <input type="checkbox"/> You usually respond to changing situations by adapting your shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> You usually encourage your teammates. <input type="checkbox"/> You usually work with a positive attitude. <input type="checkbox"/> You usually work with other people in the group and solve disagreements in a friendly way. <input type="checkbox"/> You usually communicate clearly and provide feedback to others effectively.
Nearly there! Level 3 – 4	<ul style="list-style-type: none"> <input type="checkbox"/> You sometimes dribble with control and change direction. <input type="checkbox"/> You sometimes pass the ball to another player in space. <input type="checkbox"/> You sometimes receive a pass with control from another player. <input type="checkbox"/> You sometimes accurately shoot at the goal. <input type="checkbox"/> You sometimes respond to changing situations by adapting my shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> You are starting to be able to play to your opponent's strengths and weaknesses. <input type="checkbox"/> You show a growing understanding of the game structure and are learning some strategies to be more successful. 	<ul style="list-style-type: none"> <input type="checkbox"/> You sometimes listen to feedback and try to use it to improve your learning. <input type="checkbox"/> You are trying to respond to changing situations by adapting your shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> You try to encourage your teammates. <input type="checkbox"/> You occasionally work with a positive attitude. <input type="checkbox"/> You are learning how to work with others in the group and are starting to be able to solve disagreements in a friendly way. <input type="checkbox"/> You try to communicate clearly and are working on giving effective feedback to others.
Not Yet. Level 1 – 2	<ul style="list-style-type: none"> <input type="checkbox"/> You occasionally dribble with control and change direction. <input type="checkbox"/> You occasionally pass the ball to another player in space. <input type="checkbox"/> You occasionally receive a pass with control from another player. <input type="checkbox"/> You occasionally accurately shoot at the goal. <input type="checkbox"/> You occasionally respond to changing situations by adapting your shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> You are learning how to play to your opponent's strengths and weaknesses. <input type="checkbox"/> You are beginning to understand the game structure. 	<ul style="list-style-type: none"> <input type="checkbox"/> You need to listen to feedback and use it to improve your learning. <input type="checkbox"/> You need to try to adapt your shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> You need to make an effort to try and encourage your teammates. <input type="checkbox"/> You occasionally work with a positive attitude. <input type="checkbox"/> You find it difficult to work with different people in the group and struggle to solve disagreements in a friendly way. <input type="checkbox"/> You need to communicate more clearly in the target language and try to give more effective feedback to others..