

PHYSICAL & HEALTH EDUCATION GRADE 8

Net Games - Badminton Unit

Criteria A Knowing & understanding

Criteria C Applying and performing

Criteria D.(i) Interpersonal skills

ASSESSMENT TASK:

The first task will be to complete a pulser raiser and then dynamic stretches suitable for the sport of badminton. Your **goal** is to enter a badminton tournament. Your **role** will be as a player. Opportunities to play and officiate will enable students (**your audience**) to demonstrate their badminton skills, knowledge and understanding. Different sized rackets will be available to suit each student's confidence level. The 3 courts will also be divided into different confidence groups, with students being able to choose their preferred court.

BADMINTON GRADE 8

Rubric	Applying and Performing (D)	Knowing and Understanding (A)	Interpersonal skills (D.i)
<p>Awesome Level 7 - 8</p>	<ul style="list-style-type: none"> <input type="checkbox"/> I can consistently perform forehand and backhand serves accurately, selecting the most appropriate serve. <input type="checkbox"/> I can consistently perform backhand and forehand overhead clear strokes with control. <input type="checkbox"/> I can consistently smash or drop shot the shuttle with control. <input type="checkbox"/> I can consistently respond to changing situations by adapting my shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> I clearly understand the rules and scoring system. <input type="checkbox"/> I am always able to play to the strengths and weaknesses of my opponent. <input type="checkbox"/> I know in depth, and clearly understand pulse raisers and stretches. <input type="checkbox"/> I am confident in umpiring games. 	<ul style="list-style-type: none"> <input type="checkbox"/> I always encourage my team mates. <input type="checkbox"/> I work with a positive attitude. <input type="checkbox"/> I am able to work with anyone in the group and am able to solve any disagreements in a friendly way. <input type="checkbox"/> I always communicate clearly. <input type="checkbox"/> I am always prepared for the lessons. <input type="checkbox"/> I listen to feedback and use it to improve my learning.
<p>Got it! Level 5 - 6</p>	<ul style="list-style-type: none"> <input type="checkbox"/> I can usually perform short serves accurately. <input type="checkbox"/> I can usually perform accurate overhead and clear strokes with control. <input type="checkbox"/> I can usually respond to changing situations by adapting my shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> I understand most of the rules and scoring system. <input type="checkbox"/> I am usually able to play to the strengths and weaknesses of my opponent. <input type="checkbox"/> I know and understand pulse raisers and stretches. <input type="checkbox"/> I am confident in umpiring games. 	<ul style="list-style-type: none"> <input type="checkbox"/> I usually encourage my team mates. <input type="checkbox"/> I usually work with a positive attitude. <input type="checkbox"/> I am usually able to work with other people in the group and can solve disagreements in a friendly way.. <input type="checkbox"/> I usually communicate clearly. <input type="checkbox"/> I am usually prepared for the lessons. <input type="checkbox"/> I usually listen to feedback a to improve my learning.
<p>Nearly there! Level 3 – 4</p>	<ul style="list-style-type: none"> <input type="checkbox"/> I can sometimes perform short serves accurately. <input type="checkbox"/> I can sometimes perform o accurate overhead and clear strokes with control. <input type="checkbox"/> I can sometimes respond to changing situations by adapting my shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> I understand some of the basic rules and scoring system and can outline some of them. <input type="checkbox"/> I am starting to be able to play to my opponent’s strengths and weaknesses. <input type="checkbox"/> I can follow pulse raisers and stretches that are led by others. 	<ul style="list-style-type: none"> <input type="checkbox"/> I try to encourage my team mates. <input type="checkbox"/> I occasionally work with a positive attitude. <input type="checkbox"/> I am learning how to work with others in the group and am starting to be able to solve disagreements in a friendly way. <input type="checkbox"/> I try to communicate clearly. <input type="checkbox"/> I am sometimes prepared for the lessons.
<p>Not Yet. Level 1 – 2</p>	<ul style="list-style-type: none"> <input type="checkbox"/> I occasionally am able to perform short serves accurately. <input type="checkbox"/> I occasionally perform accurate overhead and clear strokes with control. <input type="checkbox"/> I can occasionally respond to changing situations by adapting my shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> I am learning the rules and scoring system. <input type="checkbox"/> I am learning how to play to my opponent’s strengths and weaknesses. <input type="checkbox"/> I can occasionally follow pulse raisers and stretches that are led by others. 	<ul style="list-style-type: none"> <input type="checkbox"/> I need to make an effort to try and encourage my team mates. <input type="checkbox"/> I occasionally work with a positive attitude. <input type="checkbox"/> I find it difficult to work with different people in the group and struggle to solve disagreements in a friendly way.

