

PHYSICAL & HEALTH EDUCATION GRADE 7

Invasion Games - Football Unit

Criteria A Knowing & understanding

Criteria C Applying and performing

Criteria D Reflecting and improving performance

Change enables students to use **space**, **movements** and **systems**
to **adapt** to various situations.

Orientation in space and time

Key Concept: **Change**

ASSESSMENT TASK:

Your **goal** is to explore how you can effect a change in your game situation by adapting the use of space and the systems you are using as a team.

Your **role** is that you are a team manager, and are reviewing your team's performance (your **audience**) and adapt their systems to make positive changes. You will analyse your team videos and make a commentary of what changes you would make. You will be assessed in criteria C Applying & performing and D Reflecting and improving performance.

Rubric	Knowing & Understanding	Applying & Performing	Reflecting and improving performance
<p>Awesome Level 7 - 8</p>	<ul style="list-style-type: none"> <input type="checkbox"/> I clearly understand the rules and scoring system and can explain them in detail. <input type="checkbox"/> I am always able to play to the strengths and weaknesses of my opponents. <input type="checkbox"/> I always show a clear understanding of the game structure. 	<ul style="list-style-type: none"> <input type="checkbox"/> I can consistently dribble with control and change direction with speed <input type="checkbox"/> I can consistently pass the ball accurately to another player in space. <input type="checkbox"/> I can consistently receive a pass with control from another player. <input type="checkbox"/> I can consistently shoot accurately at the goal. <input type="checkbox"/> I can consistently respond to changing situations by adapting my play. 	<ul style="list-style-type: none"> <input type="checkbox"/> I always encourage my team mates. <input type="checkbox"/> I work with a positive attitude. <input type="checkbox"/> I am able to work with anyone in the group and am able to solve any disagreements in a friendly way. <input type="checkbox"/> I always communicate clearly so that everyone can understand. <input type="checkbox"/> I am always prepared for the lessons. <input type="checkbox"/> I always listen to feedback and use it to improve my learning.
<p>Got it! Level 5 - 6</p>	<ul style="list-style-type: none"> <input type="checkbox"/> I understand the rules and scoring system and can explain them. <input type="checkbox"/> I am usually able to play to the strengths and weaknesses of my opponents. <input type="checkbox"/> I usually show an understanding of the game structure. 	<ul style="list-style-type: none"> <input type="checkbox"/> I can usually dribble with control and change direction. <input type="checkbox"/> I can usually pass the ball accurately to another player in space. <input type="checkbox"/> I can usually receive a pass with control from another player. <input type="checkbox"/> I can usually shoot accurately at the goal. <input type="checkbox"/> I can usually respond to changing situations by adapting my shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> I usually encourage my team mates. <input type="checkbox"/> I usually work with a positive attitude. <input type="checkbox"/> I am usually able to work with other people in the group and can solve disagreements in a friendly way. <input type="checkbox"/> I usually communicate clearly so that everyone can understand. <input type="checkbox"/> I am usually prepared for the lessons. <input type="checkbox"/> I usually listen to feedback and use it to improve my learning.
<p>Nearly there! Level 3 - 4</p>	<ul style="list-style-type: none"> <input type="checkbox"/> I understand some of the basic rules and scoring system and can outline some of them. <input type="checkbox"/> I am starting to be able to play to my opponent's strengths and weaknesses. <input type="checkbox"/> I show a growing understanding of the game structure. 	<ul style="list-style-type: none"> <input type="checkbox"/> I can sometimes dribble with control and change direction. <input type="checkbox"/> I can sometimes pass the ball to another player in space. <input type="checkbox"/> I can sometimes receive a pass with control from another player. <input type="checkbox"/> I can sometimes accurately shoot at the goal. <input type="checkbox"/> I can sometimes respond to changing situations by adapting my shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> I try to encourage my team mates. <input type="checkbox"/> I occasionally work with a positive attitude. <input type="checkbox"/> I am learning how to work with others in the group and am starting to be able to solve disagreements in a friendly way. <input type="checkbox"/> I try to communicate clearly. <input type="checkbox"/> I am sometimes prepared for the lessons. <input type="checkbox"/> I sometimes listen to feedback and use it to improve my learning.
<p>Not Yet. Level 1 - 2</p>	<ul style="list-style-type: none"> <input type="checkbox"/> I am learning the rules and scoring system. <input type="checkbox"/> I am learning how to play to my opponent's strengths and weaknesses. <input type="checkbox"/> I am beginning to understand the game structure. 	<ul style="list-style-type: none"> <input type="checkbox"/> I occasionally can dribble with control and change direction. <input type="checkbox"/> I occasionally am able to pass the ball to another player. <input type="checkbox"/> I can occasionally receive a pass from another player. <input type="checkbox"/> I occasionally accurately shoot at the goal. <input type="checkbox"/> I can occasionally respond to changing situations by adapting my shots. 	<ul style="list-style-type: none"> <input type="checkbox"/> I need to make an effort to try and encourage my team mates. <input type="checkbox"/> I occasionally work with a positive attitude. <input type="checkbox"/> I find it difficult to work with different people in the group and struggle to solve disagreements in a friendly way. <input type="checkbox"/> I need to communicate more clearly. <input type="checkbox"/> I need to be more prepared for the lessons. <input type="checkbox"/> I need to listen to feedback and use it to improve my learning.

