
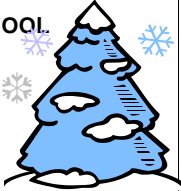


Ferdinand Elementary January Menus

Monday	Tuesday	Wednesday	Thursday	Friday
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NO SCHOOL 	4 NATIONAL SPAGHETTI DAY B: Cereal, String Cheese, Fruit, Juice L: Spaghetti with Meat Sauce Carrots Garlic Bread Mixed Fruit	5 B: Biscuit and Gravy, Fruit, Juice L: Bosco Cheese Stick Potato Wedges Green Beans Peaches	6 B: French Toast, Fruit, Juice L: Chicken Patty on Bun Mixed Vegetables Romaine Lettuce Oranges	7 B: Breakfast Pizza, Fruit, Juice L: Cheese Quesadilla Chips and Salsa Refried Beans Applesauce
10 B: Cereal, String Cheese, Fruit, Juice L: Pepperoni Pizza Curly Fries Carrots Applesauce	11 B: French Toast, Fruit L: Chicken Tenders Mashed Potatoes with Gravy Green Beans Strawberries	12 B: Biscuit and Gravy, Fruit, Juice L: Sausage and Egg Sandwich Hash Brown Peas Apple Juice	13 B: Pancakes, Fruit, Juice L: Sloppy Joe on Bun Buttered Noodles Broccoli Peas Peach Cobbler	14 B: Yogurt, Toast, Fruit, Juice L: Hot Dog or Polish Sausage Tator Tots Sauerkraut Kidney Beans Pears
17 NO SCHOOL 	18 B: Cereal, String Cheese, Fruit, Juice L: Soft Shell Taco Shredded Romaine Lettuce Refried Beans Cheese, Salsa Mixed Berries	19 B: Biscuit and Gravy, Fruit, Juice L: Corn Dog Potato Smiles Carrots Mixed Fruit	20 B: Poptart, String Cheese, Fruit, Juice L: Pizza Crunchers Waffle Fries Corn Apples	21 B: Muffin, Fruit, Juice L: Grilled Cheese Tomato Soup Baked Beans Crackers Applesauce
24 NATIONAL PEANUT BUTTER DAY B: Cereal, String Cheese, Fruit, Juice L: Peanut Butter Sandwich Buttered Noodles Green Beans Cauliflower Strawberries	25 B: Waffles, Fruit, Juice L: BBQ Meatballs Sun Chips Cauliflower Corn Pears	26 B: Biscuit and Gravy, Fruit, Juice L: Chef Salad Diced Ham, Tomatoes Cheese, Carrots, Gold Fish Crackes Peaches	28 B: Egg Patty, Sausage links, Fruit, Juice L: Salisbury Steak or BBQ Rib Rice Black Beans Broccoli Oranges	28 B: Cereal Bar, String Cheese, Fruit L: Grilled Chicken or Hot and Spicy Chicken Sandwich Tossed Salad Tomatoes Grapes