


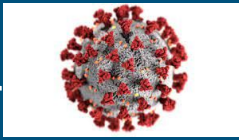


Changes to COVID Guidance from OCHCA

December 31, 2021
January 14, 2022



Newest Guidance Released on December 31 and January 14



- Guidance from OCHCA followed the CDC guidance changes isolations and quarantines
- Full guidance can be located at <https://ocCOVID19.OCHealthInfo.com/article/oc-health-officers-orders-recommendations>

Symptoms and Decision Tree from OCHCA

Student Symptom Decision Tree

Low-risk: general symptoms



Fever ($\geq 100.4^{\circ}\text{F}$)



Congestion/runny nose



Nausea/vomiting/diarrhea



Sore throat



Headache



Fatigue/muscle
or body aches

High-risk: red flag symptoms



Cough



Difficulty breathing



Loss of taste/smell

1

Health care provider confirms alternative diagnosis for symptoms. A health care provider's note must be on file.
Certified SARS-CoV-2 PCR or Antigen lab-confirmed not needed



Return to school after 24 hrs without fever and symptoms improving

2

Negative certified SARS-CoV-2 PCR or Antigen lab-confirmed test



Return to school after 24 hrs without fever and symptoms improving

3

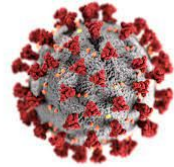
Positive certified SARS-CoV-2 PCR or Antigen lab-confirmed test
OR
No provider visit or test



Positive student may discontinue isolation IF:

- At least 5 days have passed since their symptom onset/positive test (if no symptoms) AND
- At least 24 hours have passed since resolution of fever without the use of fever reducing medication AND
- Other symptoms have improved, except loss of taste/smell AND
- A COVID-19 test* is negative on or after day 5 since onset of symptoms/positive test (if no symptoms)

**Antigen test preferred*

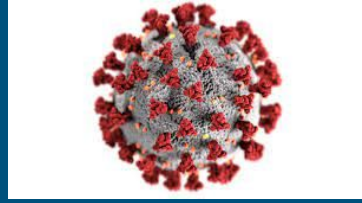


COVID-19 Positive Student

- Default is to isolate for 10 days from symptom onset IF
 - Individual is unable or unwilling to test
 - COVID symptoms have not improved after day 5
- Must isolate for a minimum of 5 days from symptom onset IF
 - 24 hours have past since resolution of a fever (without fever reducing medications)
 - All other COVID symptoms have improved (except loss of taste/smell which can persist for months)
 - An FDA approved/authorized COVID-19 test is **negative on or after day 5 from symptom onset**. PCR tests will often continue to be positive for weeks, so these are not recommended for this type of testing.
 - **Individual MUST mask both inside and outside through day 10**

Can give antigen test kits

Test Types



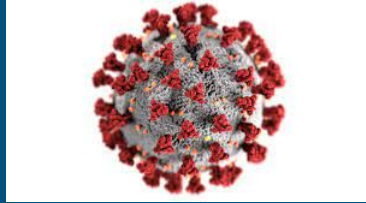
Antigen Test

- Look for active infections-finds proteins that cause an immune response in our body.
- Should not test positive once active infection finishes (but can continue to test positive after 10 days)

PCR (Polymerase Chain Reaction) Test

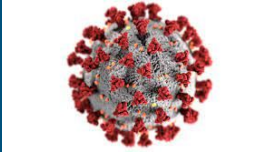
- Looks for genetic material and then causes a chain reaction to amplify that genetic material (to identify an infection)
- Can continue to test positive up to 90 days after infection

Important Definitions



OCHCA is using new language regarding vaccination status:

- Up-to-date: Student has completed a primary series of COVID-19 vaccine and there has been over two weeks since the last vaccine shot). Boosters are not required to make a student up-to-date
- Not-up-to-date: Student has not received any vaccine, has only received one shot or two weeks has not yet passed since their second vaccine shot (complete the series).



Close Contact Quarantines Masked

Under new Group Contact Tracing guidance from 1/14, we are now able to send letters to the entire class (as our form of contact tracing). Letter must have the date of contact and location of contact.

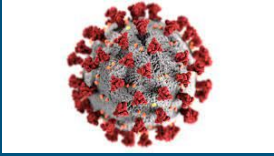
- Student can continue to attend school, continuing to mask appropriately.
- Recommended testing days 3-5 days from exposure.

The one exception to this is adults. If a teacher or aide is a close contact, please be sure to reach out to HR. I would recommend discussing any positives with the teacher to help contact trace adults.

Option 2. Group Tracing Approach – For this option, schools will notify groups of students. Groups of students mean those students who spent more than 15 minutes (over a 24-hour period) in the same indoor airspace (e.g., classroom) with someone who has COVID-19, regardless of their vaccination status or previous COVID-19 disease. Notification would be to groups of exposed students (e.g., classmates, teammates, cohorts) rather than the individual students identified in Option 1 (Individual Management), above. The notification will provide the following information:

- Exposure to COVID-19;
- Last known date of exposure to COVID-19;
- The option to continue to attend school so long as they are free of any symptoms (those who develop symptoms shall isolate per the isolation order, above);
- Recommendation to undergo testing 3 to 5 days after most recent exposure to COVID-19;
- Shall wear a well-fitting mask;
- If unable to wear a mask due to a documented exemption the student must quarantine at home until the student has obtained a negative result for the test administered on day 3 to 5 after most recent exposure to COVID-19.
- Students so notified who participate in activities where it is not practicable to participate with a mask on will refrain from that activity until negative results is obtained from the test administered on day 3 to -5 after most recent last exposure to COVID-19. If they are participating in routine testing program, at least once per week they may continue with all activities, so long as they remain asymptomatic and test negative.

No longer require antigen test kits, can give if needed



Close Contact Quarantines UnMasked

Students that are asymptomatic, not-up-to-date and are unmasked or out-of-school close contacts **MUST** quarantine if they are a close contact:

- 5 days from the date of last contact with someone who is COVID positive as long as they remain asymptomatic and test on or after day 5 (they can return to school). Must continue to mask through day 10 of exposure
- 10 day quarantines are required for students that choose not to test

Can give antigen test kits

2 No face covering on EITHER infected or exposed person

- 1 Symptoms***
- *** ≥ 2 low-risk or 1 high-risk symptom
 - for 1 low risk symptom may return to school after 24 hrs & symptom improve & complete shortened quarantine already under way



You may discontinue self-isolation under the following conditions

- At least 5 days have passed since symptom onset AND
- At least 24 hours have passed since resolution of fever without the use of fever reducing medication AND
- Other symptoms have improved, except loss of taste and smell AND
- A COVID-19 test* is negative on or after day 5 since onset of symptoms
- If no negative test*, isolation for 10 days since symptom onset is required

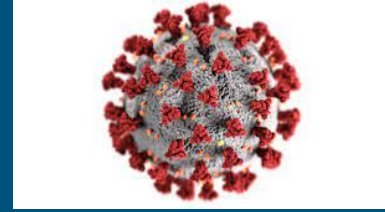
- 2 No symptoms



- May return to school after day 5 (day 6) following a negative test obtained on or after day 5 from last exposure.
- Always wear a mask indoors. Wear a mask outdoors when around others through day 10 from last exposure.
- If no test, 10 days at home.
- May return to extracurricular activities on day 6 after the last exposure after the last exposure if test* is negative on/after Day 5 (day 6).
- May return to extracurricular activities on or after day 11 from last exposure if no test is not taken.

*Antigen test preferred

Close Contact Quarantines Requirements; Up-to-date



Students that are asymptomatic, up-to-date and are close contacts are not required to quarantine

Students that are asymptomatic and have a documented recovery form COVID within the last 90 days are not required to quarantine

Testing is recommended on day 5 (but not required).

► **Vaccine Status Up to Date** or Documented COVID within 90-days**

**https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html?s_cid=11706:cdc%20covid%20booster:sem.ga:p:RG:GM:gen:PTN:FY22

1 Symptoms***

- *** ≥ 2 low-risk or 1 high-risk symptom

- for 1 low risk symptom may return to school after 24 hrs & symptom improve & complete modified quarantine already under way



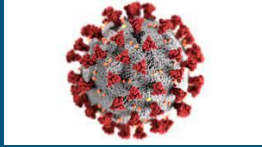
- Isolation for 5 days from date of symptom onset.
- May return to school with a negative test* on or after day 5 from last exposure.
- If no test*, must isolate for 10 days.
- Upon return to school, mask indoors and outdoors for 10 days from symptom onset.

2 No Symptoms



- No quarantine.
- Continue to monitor for symptoms through day 14.
- Adhere to proven mask protocols.

*Antigen test preferred



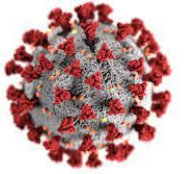
Isolations when a Family Member is Positive

Previously we had 20 day isolations when COVID was in the house and the family could not isolate.

Under the new guidance, the student's quarantine begins either when the family member gets through their 10 day quarantine. If the student tests negative on day 15, student can return on day 16.

If there was no testing, the quarantine would continue to be 20 days.

Extracurriculars



All extracurriculars follow the current quarantines. Students that are up-to-date or who have documented recovery within 90 days can continue to play.

Students on 5 or 10 day quarantines cannot play until their quarantines are lifted (either by testing or by time running through the quarantine)