

# Gainesville City High School Menu

## February 2022

Adult breakfast: \$2.00  
 Adult lunch: \$3.50  
 Students eat at no cost  
 Extra milk is \$0.35

Assorted fat-free and low-fat milk is offered at breakfast & lunch.

The menu is limited and subject to change due to market conditions, school events, and closures.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Breakfast Taquito Fresh Fruit 1 each Craisins 1 pack	Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup	Steak Biscuit Fruit Juice 4 oz. Raisins 1 pack	Sausage Pancake on a Stick Fresh Fruit 1 each Peaches ½ cup
	Chicken Nuggets (6) 1.25 oz. Roll Green Beans ½ cup Whipped Potatoes ½ cup Peaches ½ cup Fresh Fruit 1 each	Mac and Cheese with Garlic Toast Parmesan Broccoli ½ cup Carrot Sticks ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Walking Chicken Taco Sour Cream & Salsa Refried Beans ½ cup Corn ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Grilled Cheese Sandwich Marinara Dunk Cup Broccoli Dippers ½ cup Carrot Sticks ½ cup Applesauce ½ cup Fresh Fruit 1 each
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Cereal Kit with Fruit Juice 4 oz. Mixed Fruit ½ cup	Biscuit & Sausage Links Fresh Fruit 1 each Craisins 1 pack	Sausage Pancake Slider Fruit Juice 4 oz. Applesauce ½ cup	Chicken Biscuit Fruit Juice 4 oz. Raisins 1 pack	Dutch Waffle Fresh Fruit 1 each Peaches ½ cup
Cherry Blossom Chicken with Fried Rice Steamed Cabbage ½ cup Carrot Sticks ½ cup Mandarin Oranges ½ cup Fresh Fruit 1 each	Country Steak with Gravy 1.25 oz. Roll Steamed Broccoli ½ cup Whipped Potatoes ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Breaded Chicken Drumstick 1.25 oz. Roll Green Beans ½ cup Sweet Potatoes ½ cup Peaches ½ cup Fresh Fruit 1 each	Beefy Nachos Sour Cream & Salsa Black Beans ½ cup Corn ½ cup Pineapple ½ cup Fresh Fruit 1 each	Chicken Sandwich Oven Fries ¾ cup Carrot Sticks ½ cup Applesauce ½ cup Fresh Fruit 1 each
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Cereal Kit with Fruit Juice 4 oz. Mandarin Oranges ½ cup	Poptart & Cheese Stick Fresh Fruit 1 each Craisins 1 pack	French Toast Sticks Fruit Juice 4 oz. Applesauce ½ cup	Steak Biscuit Fruit Juice 4 oz. Raisins 1 pack	Breakfast Bun Fresh Fruit 1 each Peaches ½ cup
Cheeseburger Baked Beans ½ cup Oven Fries ¾ cup Cherry Tomatoes ½ cup Mixed Fruit ½ cup Fresh Fruit 1 each	Chicken Nuggets (6) 1.25 oz. Roll Green Beans ½ cup Whipped Potatoes ½ cup Peaches ½ cup Fresh Fruit 1 each	Hotdog & Chips Baked Beans ½ cup Coleslaw ½ cup Carrot Sticks ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Walking Chicken Taco Sour Cream & Salsa Pinto Beans ½ cup Corn ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Turkey & Cheese Sandwich Chips Carrot Sticks ½ cup Broccoli Dippers ½ cup Applesauce ½ cup Fresh Fruit 1 each
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Holiday</b>	Cereal Kit with Fruit Juice 4 oz. Mixed Fruit ½ cup	Mini Pancakes or Waffles Fresh Fruit 1 each Craisins 1 pack	Chicken Biscuit Fruit Juice 4 oz. Raisins 1 pack	Breakfast Pizza Fresh Fruit 1 each Peaches ½ cup
	General Tso's Chicken with Fried Rice Steamed Cabbage ½ cup Carrot Sticks ½ cup Mandarin Oranges ½ cup Fresh Fruit 1 each	Country Steak with Gravy 1.25 oz. Roll Steamed Broccoli ½ cup Whipped Potatoes ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Beefy Nachos Sour Cream & Salsa Black Beans ½ cup Corn ½ cup Pineapple ½ cup Fresh Fruit 1 each	Chicken Sandwich Oven Fries ¾ cup Carrot Sticks ½ cup Applesauce ½ cup Fresh Fruit 1 each
<b>28</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Cereal Kit with Fruit Juice 4 oz. Mandarin Oranges ½ cup	Breakfast Taquito Fresh Fruit 1 each Craisins 1 pack	Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup	Steak Biscuit Fruit Juice 4 oz. Raisins 1 pack	Sausage Pancake on a Stick Fresh Fruit 1 each Peaches ½ cup
Cheeseburger Baked Beans ½ cup Oven Fries ¾ cup Cherry Tomatoes ½ cup Mixed Fruit ½ cup Fresh Fruit 1 each	Chicken Nuggets (6) 1.25 oz. Roll Green Beans ½ cup Whipped Potatoes ½ cup Peaches ½ cup Fresh Fruit 1 each	Mac and Cheese with Garlic Toast Parmesan Broccoli ½ cup Carrot Sticks ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Walking Chicken Taco Sour Cream & Salsa Refried Beans ½ cup Corn ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Grilled Cheese Sandwich Marinara Dunk Cup Broccoli Dippers ½ cup Carrot Sticks ½ cup Applesauce ½ cup Fresh Fruit 1 each

• Pizza Two Week Cycle Menu - Subject to Change •

Monday	Tuesday	Wednesday	Thursday	Friday
Mozzarella Breadsticks (2) Cheesy French Bread	Pepperoni Pizza Cheese Pizza	Cheese Pizza Pepperoni Pizza	Pepperoni Hot Pocket Mozzarella Breadsticks (2)	Pepperoni Pizza Cheese Pizza

• Peanut Butter and Jelly Trays Available Regularly •

If you have a peanut allergy, soy butter sandwiches are available upon request. Please let your teacher know to request the soy butter sandwich from the cafeteria, if desired (peanut free, but contains milk, wheat, and soy).



feedmyschool.org  
 georgiagrown.com  
 gafarmtoschool.org

# HARVEST OF THE MONTH



# Cruciferous Vegetables

This institution is an equal opportunity provider.

