

# Gainesville City Middle School Menu

## February 2022

Adult breakfast: \$2.00  
 Adult lunch: \$3.50  
 Students eat at no cost  
 Extra milk is \$0.35

Assorted fat-free and low-fat milk is offered at breakfast & lunch.  
 The menu is limited and subject to change due to market conditions, school events, and closures.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Breakfast Taquito Fresh Fruit 1 each Craisins 1 pack Cheeseburger <b>Baked Beans ½ cup</b> <b>Oven Fries ½ cup</b> Pineapple ½ cup	Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup Asian Chicken with 1 oz. Roll <b>Carrot Sticks ½ cup</b> <b>Steamed Broccoli ½ cup</b> Mandarin Oranges ½ cup	Chicken Biscuit Fruit Juice 4 oz. Fresh Fruit 1 each Beefy Nachos <b>Sour Cream &amp; Salsa</b> <b>Pinto Beans ½ cup</b> <b>Cherry Tomatoes ½ cup</b> Raisins 1 pack	Sausage Pancake on a Stick Fruit Juice 4 oz. Peaches ½ cup Mozzarella Cheese Sticks <b>Marinara Dunk Cup</b> <b>Corn ½ cup</b> <b>Broccoli Dippers ½ cup</b> Fresh Fruit 1 each
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Cereal Kit with Fruit Juice 4 oz. Fresh Fruit 1 each Corn dog <b>Coleslaw ½ cup</b> <b>Baked Beans ½ cup</b> Applesauce ½ cup	Biscuit & Sausage Links Fresh Fruit 1 each Craisins 1 pack Chicken Nuggets (5) with 1 oz. Roll <b>Green Beans ½ cup</b> <b>Whipped Potatoes ½ cup</b> Peaches ½ cup	Sausage Pancake Slider Fruit Juice 4 oz. Applesauce ½ cup Cheesy Frenchbread Pizza <b>Marinara Dunk Cup</b> <b>Corn ½ cup</b> <b>Broccoli Dippers ½ cup</b> Pineapple ½ cup	Steak Biscuit Fresh Fruit 1 each Raisins 1 pack Chicken Nachos <b>Sour Cream &amp; Salsa</b> <b>Blue Beans ½ cup</b> <b>Cherry Tomatoes ½ cup</b> Fruit Juice 4 oz.	Dutch Waffle Fruit Juice 4 oz. Peaches ½ cup Turkey & Cheese Sandwich Chips <b>Carrot Sticks ½ cup</b> <b>Veggie Juice 4 oz.</b> Fresh Fruit 1 each
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Cereal Kit with Fruit Juice 4 oz. Mixed Fruit ½ cup Chicken Sandwich <b>Whipped Potatoes ½ cup</b> <b>Broccoli Dippers ½ cup</b> Applesauce ½ cup	Poptart & Cheese Stick Fresh Fruit 1 each Craisins 1 pack Cheeseburger <b>Baked Beans ½ cup</b> <b>Oven Fries ½ cup</b> Pineapple ½ cup	French Toast Sticks Fruit Juice 4 oz. Applesauce ½ cup Breaded Chicken Drumstick with 1 oz. Roll <b>Sweet Potatoes ½ cup</b> <b>Green Beans ½ cup</b> Peaches ½ cup	Chicken Biscuit Fruit Juice 4 oz. Fresh Fruit 1 each Beefy Nachos <b>Sour Cream &amp; Salsa</b> <b>Refried Beans ½ cup</b> <b>Cherry Tomatoes ½ cup</b> Raisins 1 pack	Breakfast Bun Fruit Juice 4 oz. Peaches ½ cup Pepperoni Hot Pocket <b>Marinara Dunk Cup</b> <b>Corn ½ cup</b> <b>Steamed Broccoli ½ cup</b> Fresh Fruit 1 each
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Holiday</b>	Cereal Kit with Fruit Juice 4 oz. Fresh Fruit 1 each Hotdog <b>Coleslaw ½ cup</b> <b>Baked Beans ½ cup</b> Applesauce ½ cup	Mini Pancakes or Waffles Fresh Fruit 1 each Craisins 1 pack Chicken Nuggets (5) with 1 oz. Roll <b>Green Beans ½ cup</b> <b>Whipped Potatoes ½ cup</b> Peaches ½ cup	Steak Biscuit Fresh Fruit 1 each Raisins 1 pack Chicken Nachos <b>Sour Cream &amp; Salsa</b> <b>Black Beans ½ cup</b> <b>Cherry Tomatoes ½ cup</b> Fruit Juice 4 oz.	Cheese Omelet & Muffin Fruit Juice 4 oz. Applesauce ½ cup Pepperoni Pizza <b>Marinara Dunk Cup</b> <b>Corn ½ cup</b> <b>Steamed Broccoli ½ cup</b> Pineapple ½ cup
<b>28</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Cereal Kit with Fruit Juice 4 oz. Mixed Fruit ½ cup Chicken Sandwich <b>Whipped Potatoes ½ cup</b> <b>Green Beans ½ cup</b> Applesauce ½ cup	Breakfast Taquito Fresh Fruit 1 each Craisins 1 pack Cheeseburger <b>Baked Beans ½ cup</b> <b>Oven Fries ½ cup</b> Pineapple ½ cup	Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup Asian Chicken with 1 oz. Roll <b>Carrot Sticks ½ cup</b> <b>Steamed Broccoli ½ cup</b> Mandarin Oranges ½ cup	Chicken Biscuit Fruit Juice 4 oz. Fresh Fruit 1 each Beefy Nachos <b>Sour Cream &amp; Salsa</b> <b>Pinto Beans ½ cup</b> <b>Cherry Tomatoes ½ cup</b> Raisins 1 pack	Sausage Pancake on a Stick Fruit Juice 4 oz. Peaches ½ cup Mozzarella Cheese Sticks <b>Marinara Dunk Cup</b> <b>Corn ½ cup</b> <b>Broccoli Dippers ½ cup</b> Fresh Fruit 1 each

**BROC  
star**

If you have a peanut allergy, soy butter sandwiches are available upon request. Please let your teacher know to request the soy butter sandwich from the cafeteria, if desired (peanut free, but contains milk, wheat, and soy).



# Cruciferous Vegetables

