

JANUARY 2022 | VOLUME 2

THE MIGHTY ROAR

ISK's Lions Pride Sports Journalism Newsletter



Credit: ISSEA Volleyball 2019 Facebook

UPCOMING ISSEA: VOLLEYBALL AT IST!

Written by Manoa (Grade 11)

ISSEA Volleyball is back! As a member of the boys volleyball team, I could not be more excited to return to playing this great sport we all love. Not only that, but the fact that we actually get to go for ISSEA in another country is huge! I'm super excited for what's ahead. I'm ultra confident in both our Girls and Boys teams and if all goes well, not only will we have a great time but also the chance to come back with a trophy or two. Looking forward to playing once again and getting out on the court for the first time in almost two years.

The ISSEA competition was initially scheduled from February 2nd to February 6th, 2022 hosted by The International School of Tanganyika in Dar es Salaam, Tanzania. Due to COVID-19, this date has been postponed to February 16th - 20th 2022. Since the start of the volleyball season, coaches and athletes have shown dedication to attending practices. The final cuts are expected to be made by the end of this week, Friday by the coaches. All athletes including myself have worked hard to reach where we are today. We are all hoping that ISSEA Volleyball will happen in Tanzania given the circumstances of COVID-19.

MORE IN THIS EDITION

*Upcoming ISSEA:
Football at AISJ*

*Coaching at ISK: an
interview with ISK's
Coach Fisher*

*ISK's return to in-
person games!*

UPCOMING ISSEA: FOOTBALL AT AISJ

Written by Reuben (Grade 11)

ISSEA Football 2020–21 is coming up from February 23–26, and I could not be more excited. As a part of the football team, we've been waiting for this opportunity to play again for almost two years. And honestly, it's been hard coming to trainings not knowing when we would get another chance to display our skills and in general, play football. Thankfully, we've gotten our chance this year. I feel as though we have an incredibly strong team this year, with a lot of depth across the pitch. Coach Franklin has got us in the right mentality to succeed. Now, it's all

about putting it all together. And I believe that we can do that. I'm excited for what ahead and I can't wait to go out with the rest of the boys and bring back a trophy in South Africa.



Credit: Nico (Grade 11) and Qai (Grade 12)



Credit: ISSEA Volleyball 2019 Facebook

COACHING AT ISK: AN INTERVIEW WITH COACH FISHER

Interview by Solomon (Grade 11) and Manoa (Grade 11), Interviewee is Coach Fisher

Click on title to listen to the interview

Mr. Fischer, also known as Coach Fischer has been in ISK for 7 years who's coached "girls basketball, volleyball and JV boys basketball" in ISK. Throughout his career, he's coached at the "International School of Brussels for 4 years" coaching "varsity basketball, volleyball, and baseball." During coach Fischer's time in High School and University, he played a lot of sports, the "traditional story" which is what led him to be a coach. Click on the title to hear Coach Fishers thoughts on Coaching, his journey to coaching, and much more.



Credit: Ladan (Grade 11), Mr. Moore , Qai (Grade 12), Nico (Grade 11)

ISK'S RETURN TO GAMES!

Written by Teun (Grade 11) and Nico (Grade 11)

This week, we've been gifted with the news that sports games will likely be starting again. Personally, we could not be more excited.

The past two years have certainly been tough in the athletics department. Cancelled games, ISSEAs, swim meets, and more. And while it's been a long wait, we're happy it's finally happening.

For those who are curious, the sports schedule for Season 2 is linked above. **Click on any picture above to see the schedule.**

Teun: Personally, being a part of the basketball and volleyball teams, I'm excited to start playing games once again. We have very strong teams for both sports and I personally can't wait until we get on the court. It's been difficult for sure having to only work on our skills & drills, yet it's better late than never to start playing again.

Nico: Although my main sport (Swimming) has passed already, as a fan and supporter of other ISK sports, I'm excited to see games again. Before Covid, these games were an essential part of Lion culture and spirit, and I'm excited to be a part of that culture once more.

THIS VOLUME'S JOURNALISTS

Manoa (Grade 11)

Reuben (Grade 11)

Solomon (Grade 11)

Coach Fisher

Teun (Grade 11)

Nico (Grade 11)

THIS VOLUME'S EDITORS

Solomon (Grade 11)

Manoa (Grade 11)

Ms. Wood (HS PE)

Mr. Moore (Athletics)

Vera (Grade 12)

More questions about Lions Pride and/or this newsletter?

Contact us (Solomon, Ms. Wood, Mr. Moore, Vera and/or @iskathletics@isk.ac.ke) in person and/or via email.

This newsletter is meant to give the monthly articles of all sporting events, games and news, along with interviews, op-eds, highlights, and statistics and more at ISK and across the globe.

Interested in writing an article in this newsletter?

Contact me (Solomon – Grade 11 and/or @iskathletics@isk.ac.ke) to get your article into The Mighty Roar, or if you have more questions.