

## Ontario County Public Health

*Healthy People in Healthy Communities*

Christy Richards R.N., M.P.H., CLC

### Linking People to Services in Ontario County



#### In This Guide

- Telephone Directory
- Housing and Shelter Assistance
- Domestic Violence Assistance
- Food Pantries
- Health Navigators
- Infant Supplies
- Child and Family Outreach
- Community Agency Referral Forms

For further assistance and updates, please call  
Ontario County Public Health  
1-800-299-2995

## Ontario County Resource Guide, 2021

<b>Hot Lines and Important Numbers</b>	
<i>Adult Protective Services</i>	<b>585-396-4111</b>
<i>Aids Hotline</i>	<b>1-800-541-AIDS</b>
<i>Birthright</i>	<b>1-800-550-4900</b>
<i>Care Net (Pregnancy Center of Canandaigua)</i>	<b>585-376-CNET</b>
<i>Catholic Charities of the Finger Lakes</i>	
<ul style="list-style-type: none"> <li><i>Canandaigua</i></li> </ul>	<b>585-394-0190</b>
<ul style="list-style-type: none"> <li><i>Geneva</i></li> </ul>	<b>315-789-2235</b>
<i>Child Abuse Hotline: Public</i>	<b>1-800-342-3720</b>
<i>Child Abuse Hotline: Mandated Reporter</i>	<b>1-800-635-1522</b>
<i>Child Abuse – National Hotline – Child Help</i>	<b>1-800-422-4453</b>
<i>Child Advocacy Center of the Finger Lakes</i>	<b>585-394-2573</b>
<i>Child &amp; Family Resources (Parenting support)</i>	<b>1-800-881-5786</b>
<i>Clifton Springs Hospital</i>	<b>315-462-9561</b>
<b>Department of Social Services &amp; HEAP</b>	
<ul style="list-style-type: none"> <li><i>Main Number</i></li> </ul>	<b>585-396-4111</b>
<i>Domestic Violence (English)</i>	<b>1-800-942-6906</b>
<i>Domestic Violence (Spanish)</i>	<b>1-800-942-6906</b>
<i>Early Intervention (Ontario County Public Health)</i>	<b>1-800-299-2995</b>
<i>Emergency</i>	<b>911</b>
<i>Emergency Assistance, Catholic Charities of the Finger Lakes</i>	<b>585-394-0190</b>
<i>Environmental Health-NYSDOH, Geneva District Office</i>	<b>315-789-3030</b>
<b>Family Planning Services</b>	
<ul style="list-style-type: none"> <li><i>Finger Lakes Community Health</i></li> </ul>	<b>315-781-8448</b>
<ul style="list-style-type: none"> <li><i>Planned Parenthood (Canandaigua)</i></li> </ul>	<b>1-866-600-6886</b>

## Ontario County Resource Guide, 2021

<b>Hot Lines and Important Numbers</b>	
• Family Planning	315-789-2410
F.F. Thompson Hospital	585-396-6000
Finger Lakes Community Health (FQHC)	315-781-8448
Finger Lakes Health (Geneva General Hospital)	315-787-4000
Finger Lakes Regional Poison Center	1-800-222-1222
Finger Lakes WIC (SPCC WIC)	585-394-9240
<b>FLACRA(Finger Lakes Addiction Counseling Referral Agency)</b>	1-833-435-2272
• Farmington (Formerly Turnings Substance Abuse)	585-396-4190
• Clifton Springs – Addictions Crisis Center	315-462-7070
• Clifton Springs – Outpatient	315-462-6161
• Geneva – Outpatient	315-781-0771
Geneva Housing Authority	315-789-8010
Geneva General Hospital (Finger Lakes Health)	315-787-4000
Growing Up Healthy (Referral Service)	1-800-522-5006
<b>Health Navigator (NYS Health Insurance Exchange)</b>	
• Finger Lakes Health	315-781-8448
• Newark Community Health	315-573-7577
• Mosaic Health Rushville	585-554-4400
High Risk OB/GYN at Strong Memorial Hospital	585-487-3350
Healthy Families Ontario/Child & Family Resources	1-800-881-5786 or 315-781-1491
Humane Society/Happy Tails	585-396-4590
Immunizations for travel – Passport Health	1-888-499-7277 or 585-275-8884
Immunizations – Ontario County Public Health	1-800-299-2995
Jordan Health Center (Canandaigua, FQHC)	585-396-0222

## Ontario County Resource Guide, 2021

<b>Hot Lines and Important Numbers</b>	
<i>Lead Testing for Children-Ontario County</i>	<b>1-800-299-2995</b>
<i>LAWNY (formerly Legal Assistance of Western NY, Inc.)</i>	<b>315-781-1465</b>
<b>2-1-1 LIFE LINE (24/7 crisis/suicide intervention program)</b>	<b>Dial 211 or 1-877-356-9211</b>
<b>Mental Health (See Yellow Pages for individual Providers)</b>	
• Boike Mental Health	<b>585-394-1442</b>
• Canandaigua VA Medical Center	<b>585-394-2000</b>
• Clifton Springs Hospital and Clinic Mental Health	<b>315-462-1050</b>
• Family Counseling Service of the Finger Lakes	<b>315-789-2613</b>
• Lakeview Health Services	<b>315-789-5501</b>
• Ontario County Mental Health	<b>585-396-4363</b>
• OnTrackNY Rochester	<b>585-241-1364</b>
<i>MOMS Program: Now through facilitated enrollers</i>	<b>585-396-4060</b>
<i>NYS Department of Environmental Conservation</i>	<b>585-226-2466</b>
<i>NYS Department of Health Environmental (Geneva)</i>	<b>315-789-3030</b>
<i>NYS Department of Health</i>	<b>1-866-881-2809</b>
<i>NYS Smokers Quitline</i>	<b>1-866-697-8487</b>
<i>Paternity Questions</i>	<b>1-888-404-4363</b>
<i>Planned Parenthood (Canandaigua)</i>	<b>1-866-600-6886</b>
<i>Poison Control</i>	<b>1-800-222-1222</b>
<i>Prescription Saver (NYS Program)</i>	<b>1-877-776-2285</b>
<i>Rabies Prevention (Ontario County Public Health)</i>	<b>1-800-299-2995</b>
<i>Rape, Abuse, &amp; Incest National Network (RAINN)</i>	<b>1-800-656-4673</b>
<i>Mosaic Health Rushville (FQHC)</i>	<b>585-554-4400</b>
<i>Safe Harbors (Rape and Abuse Crisis Services)</i>	<b>1-800-247-7273</b>
<i>Salvation Army</i>	<b>585-394-6968</b>

## Ontario County Resource Guide, 2021

### Hot Lines and Important Numbers

<i>S2AY Rural Health Network</i>	<b>315-858-6828</b>
<i>Social Security Office (Geneva)</i>	<b>1-866-331-7759</b>
<i>Special Care OB/GYN (Specializes in drug &amp; alcohol pregnancies)</i>	<b>585-487-3350</b>
<i>Strong Memorial Hospital</i>	<b>585-275-2100</b>
<b><i>Suicide Prevention (2-1-1/LIFE LINE)</i></b>	<b><i>Dial 211 or 1-800-273-8255</i></b>
<i>Supervised Visitation Services (Catholic Charities of the FL)</i>	<b>585-394-0190</b>
<i>Trillium Health</i>	<b>585-545-7200</b>
<i>Veteran's Hotline (for veterans and their loved ones)</i>	<b>1-800-273-8255 or text 838255</b>
<i>Victim Resource Center of the Finger Lakes, Inc.</i>	<b>1-800-456-1172</b>
<i>Visiting Nurse Care (Life Time Care)</i>	<b>1-800-253-4439</b>

The Ontario County Resource Guide is intended to connect the community, medical providers, and service agencies with the resources available to residents of Ontario County. This list is updated yearly and is inclusive to the best of our knowledge. You will find health information on many of the pages within this resource guide. The information provided is general health information. Any specific health question should be directed to your physician.

If you would like your service agency listed in this resource guide, please contact Christy Richards at [Christy.richards@co.ontario.ny.us](mailto:Christy.richards@co.ontario.ny.us)

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## **ABUSE**

**Abuse related Mental Health Counseling Services**-See Mental Health

### **Alcoholism**

See Addiction Recovery Programs

### **Child Advocacy Center of the Finger Lakes**

482 North Main Street  
Canandaigua, NY 14424

585-394-2573

<https://www.cacfingerlakes.org/>

The Child Advocacy Center of the Finger Lakes is a child-friendly location where allegations of physical or sexual abuse are responded to by a multidisciplinary team of professionals. From the time of the report through the end of the case, the multidisciplinary team will work together to conduct a thorough investigation and provide necessary support services to children and their non-offending caregivers. This model aims to reduce the trauma experienced by child victims.

### **Child Abuse/Incest**

- ***If the child is in immediate danger call 911***

### **Childhelp® USA National Hotline**

1-800-422-4453

<https://www.childhelp.org/>

- **Childhelp** exists to meet the physical, emotional, educational, and spiritual needs of abused, neglected and at-risk children. We focus our efforts on advocacy, prevention, treatment and community outreach.

### **Child Abuse Hotline: New York State**

1-800-342-3720

This is a hotline to report child abuse as a non-mandated reporter meaning a concerned civilian. Abuse may be in the form of physical, mental, or sexual. Lack of supervision, denying a child an education, and neglect are also forms of abuse. If the child is in immediate danger, call 911.

### **Child Abuse Hotline: Mandated Reporter**

1-800-635-1522

### **Department of Social Services, Ontario County**

#### **Child Protective Services**

3010 County Complex Drive  
Canandaigua, NY 14424

585-396-4111

<https://ocfs.ny.gov/main/>

### **Domestic Violence**

#### **Safe Harbors of the Finger Lakes, Inc.**

If you are in immediate danger, call 911.

1-800-247-7273

<https://shflny.org/>

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## **ABUSE, cont.**

**Family Counseling Services of the Finger Lakes**  
Domestic Violence/Abuse

315-789-2613  
1-800-695-0390

**Victim Resource Center of the Finger Lakes, Inc.**

1-800-456-1172  
<http://www.vrcfl.org/>

**LAWNY (Formerly Legal Assistance of the Finger Lakes)**  
361 South Main Street  
Geneva, NY 14456

315-781-1465  
1-866-781-5235  
<http://www.lawny.org/>

### **Rape**

**911**

**Safe Harbors of the Finger Lakes**  
1 Franklin Square, Suite 324, PO Box 929  
Geneva, NY 14456

315-781-1093  
1-800-247-7273  
<http://www.shflny.org/>

**Rape, Abuse, Incest National Hotline**

1-800-656-HOPE

Reaching out for help is the first step. RAINN provides support for sexual assault victims & their loved ones.

<https://www.rainn.org/>

**New York State Domestic and Sexual Violence Hotline**

1-800-942-6906  
Deaf or Hard of Hearing: 711  
<https://opdv.ny.gov/help/dvhotlines.html>

## **ADDICTION (Drugs and Alcohol)**

**National Council on Alcoholism & Drug Dependence (NCADD)**  
217 Broadway, Suite 712  
New York, NY 10007

1-800-622-4357  
<https://www.samhsa.gov/find-help/national-helpline>

### **Stop heroin addiction before it starts!**

The prescription drugs most commonly abused:

- Pain relievers: hydrocodone-Vicodin, oxycodone- OxyContin, morphine, fentanyl and codeine
- Tranquilizers and sedatives (Xanax, Valium, and Librium)
- Stimulants (Ritalin, Adderall and Dexedrine)

**National Council on Alcohol & Drug Dependency:**

<https://www.ncadd.org/>

**Binge Drinking:** When men consume 5 or more drinks, & when women consume 4 or more drinks, in about 2 hours

<http://www.cdc.gov/alcohol/fact-sheets/binge-drinking.htm>

**High Risk Obstetrics at Strong Memorial Hospital**

585-487-3350

# Ontario County Resource Guide, 2021

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## **ADDICTION (Drugs and Alcohol). cont.**

### **Alcoholics Anonymous**

- Rochester (24-hour answering service)
- Geneva

585-232-6720

315-789-5955

<http://www.aa.org/?Media=PlayFlash>

### **Al-Anon/Alateen Hotline (General Information)**

585-288-0540

<http://www.aisrochester.org/>

### **Clifton Springs Hospital Inpatient Clinic**

315-462-0291

2 Coulter Road  
Clifton Springs, NY 14432

### **Clifton Springs Hospital Outpatient Behavior Health**

315-462-1050

2 Coulter Road  
Clifton Springs, NY 14432

### **Council on Alcoholism and Addictions of the Finger Lakes**

315-789-0310

620 West Washington Street  
Geneva, NY 14456

[www.caafingerlakes.org](http://www.caafingerlakes.org)

### **FLACRA (Farmington) (Outpatient)**

585-396-4190

1386 Hathaway Drive Suite A  
Farmington, NY 14425

### **FLACRA (Clifton Springs)**

315-462-9466

28 East Main Street  
Clifton Springs, NY 14432

<http://www.flacra.org/>

### **FLACRA (Geneva)**

315-781-0771

246 Castle Street  
Geneva, NY 14456

### **Mothers Against Drunk Driving (MADD)**

1-877-275-6233

**MADD's** mission to stop drunk driving, support the victims of this violent crime and prevent underage drinking.

<http://www.madd.org/>

### **Help for Parents (Drug and Alcohol):**

[https://ncaddms.org/?page\\_id=2425](https://ncaddms.org/?page_id=2425)

### **Narcotics Anonymous**

<http://na.org/>

# Ontario County Resource Guide, 2021

## **ADDICTION (Drugs and Alcohol), cont.**

### **Ontario County Youth Bureau**

3010 County Complex Drive  
Canandaigua, NY 14424

Ontario County loves our youth! Take a moment to visit the youth manual and see all of the resources Ontario County has to offer.

<http://www.co.ontario.ny.us/DocumentCenter/View/233/Youth-Manual>

## **ADDICTION – Smoking/Vaping**

*If you have a health insurance company, give them a call and ask for help to quit smoking or vaping. Many insurance companies have medications and support programs to help you quit.*

**NYS Smoker's/ Vaper Quit Line** (1-866-NYQUITS) will help you quit smoking. Medication patches may be available. Call Monday-Thursday (9 am-9 pm) & Friday-Sunday (9 am-5 pm).

<http://www.nysmokefree.com/>

### **American Cancer Society**

1-800-227-2345

<http://www.cancer.org/>

### **American Lung Association**

1-800-586-4872

<http://www.lungusa.org/stop-smoking/>

### **Free nicotine replacement:**

<https://www.nysmokefree.com/register/>

### **Ontario County Public Health**

3019 County Complex Drive

585-396-4343

Call about creating a nicotine-free policy for your workplace.

Canandaigua, NY 14424

**Thompson Health:** one-on-one coaches to help you stop smoking.

585-396-6111

<https://quitsmokingcommunity.org/>

**Quit Smoking Community** is a virtual community that offers support and information for those trying to quit smoking.

Time Since Last Cigarette	Health Benefit
20 minutes	Pulse rate drops; BP decreases; temperature of hands & feet return to normal.
12 Hours	Carbon monoxide level in bloodstream drops to normal
2 weeks to 3 months	Circulation improves; lung function increases
1 to 9 months	Coughing, sinus congestion, fatigue and shortness of breath decrease
1 year	Added risk of coronary heart disease is half of a smoker's

# Ontario County Resource Guide, 2021

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## **AIDS/HIV**

HIV is the virus that causes AIDS. It is transmitted through the blood, semen, or vaginal secretions of infected persons. It is not transmitted through casual contact. Because you can't tell if someone is HIV positive by looking at them, it is important to use latex condoms when you have sex & to avoid sharing IV drug needles/kits. If you do not know your HIV status, get tested. Treatment is available & works well at preventing progression to AIDS.

### **AIDS/HIV Counseling and Testing Hotline**

1-800-962-5063

<http://www.nyaidsline.org/>

585-423-8081

### **NYS Department of Health HIV/ STD Testing & Referral**

335 East Main Street

Rochester, NY 14604

The NYS Department of Health offers free and anonymous HIV counseling and testing at various locations in the Finger Lakes area. Bilingual Staff (Spanish) interpreters are available.

### **New York State AIDS Hotline**

1-800-541-2437

### **AIDS Network of Western New York**

716-882-7840

266 Elmwood Avenue

Buffalo, NY 14222

<http://www.aidsnetwork.net/>

### **Finger Lakes Community Health**

315-781-8448

601-B West Washington Street

Geneva, NY 14456

<https://www.localcommunityhealth.com/>

### **HIV and STD testing information**

#### **Ontario County Public Health**

1-800-299-2995

3019 County Complex Drive

Canandaigua, NY 14424

<http://www.co.ontario.ny.us/index.aspx?NID=800>

#### **Planned Parenthood (PREP also available)**

1-866-600-6886

15 Lafayette Ave

Canandaigua, NY 14424

585-396-9362

<http://www.plannedparenthood.org/>

#### **Trillium Health (Formerly AIDS Care)**

585-545-7200

<http://www.trilliumhealth.org>

# Ontario County Resource Guide, 2021

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## **ANGER MANAGEMENT**

Anger management is learning to recognize early signs of anger & to take action without lashing out. Some signs of difficulty dealing with anger are:

- Often feel you have to hold in your anger
- Frequent arguments with your partner, children or co-workers
- Legal troubles
- Physical violence, such as hitting your partner or children or starting fights
- Threats of violence against people or property
- Out-of-control behavior, such as breaking things or driving recklessly

### **G.A.T.E- Gaining Awareness through Education**

365 South Main Street  
Geneva, NY 14456

315-789-1709

<https://www.co.seneca.ny.us/gov/services/external-agencies/name/g-a-t-e-anger-management-program/>

## **ANIMAL WELFARE/CONTROL**

### **Happy Tails**

Ontario County Humane Society Inc.  
2976 County Road 48  
Canandaigua, NY 14424  
Ask about spay and neuter program.

585-396-4590

fax: 585-396-4805

<http://www.ontariocountyhumanesociety.org/>

### **Lollypop Farm**

99 Victor Road  
Fairport, NY 14450

585-223-1330

<https://www.lollypop.org/>

### **Ontario County Rabies Clinic: Schedule**

Contact Ontario County Public Health for current  
Rabies Clinic Schedule or visit our website

1-800-299-2995

<https://www.co.ontario.ny.us/767/Rabies-Vaccination-Clinics>

### **Ontario County Public Health**

**Rabies Coordinator**  
3019 County Complex Drive  
Canandaigua, NY 14424  
Rabies questions after hours

585-396-4343

1-800-299-2995

Fax: 585-396-4551

Call 911 or 585-394-4560

### **Rabies Information**

New York State Sanitary Code

<http://www.cdc.gov/rabies/>

**BATS:** If you wake up to a bat or a bat is found in the room of a child or incapacitated adult, the bat must be tested for rabies. Catch it & notify the health department. Bats have tiny teeth. People have gotten rabies from bats when they did not know they were bitten. If you have bats in your home, find out how they are getting in have the problem corrected.

### **HOW TO CATCH A BAT**

<https://youtu.be/puP8qbATPKg>

# Ontario County Resource Guide, 2021

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## **BEREAVEMENT**

Everyone is a unique and grieves in his own way. Understanding stages of grief can be helpful after experiencing a loss. Talking to a mental health counselor while you are grieving can also help.

Ontario County Public Health has free post-vention kits for our community. These kits are idea for anyone that has experienced a loss. There is no charge for the kits. Call 1-585-396-4343

### **Seven Stages of Grief by Elizabeth Kubler-Ross:**

- **Shock**-Is unable to react at all to the loss.
- **Denial**-Mind refuses to accept the reality of the loss.
- **Anger**-Not everyone experiences anger, but it is normal if you do.
- **Bargaining**-Trying to "reason" your way out of the pain of the loss.
- **Depression**-This too is normal, and it is very easy to be stuck in this stage for a long time.
- **Testing**-Starting to find ways to move through the grief process.
- **Acceptance**-Accepting the reality of the loss and moving forward.

### **Thompson Health Bereavement Support Group**

585-396-6780

### **Ontario County Mental Health**

3019 County Complex Drive  
Canandaigua, NY 14424

585-393-4363

<http://www.co.ontario.ny.us/index.aspx?nid=99>

(See Mental Health Counseling)

## **BIRTH CONTROL**

Planning pregnancies is beneficial for everyone, providing social, health and financial benefits for all members of the family. When unexpected pregnancies are avoided, mothers have more time to recover from pregnancy and childbirth, babies are breastfed longer, and parents have more time for their children and each other. There are numerous, effective birth control methods available in New York. Talk to your healthcare provider about one that is right for you.

### **New York State Family Planning Benefit**

1-800-541-2831

<http://tinyurl.com/734m42x>

Free, confidential coverage for family planning services to men, women, and teens with a financial need. Sign up the day of your visit at Finger Lakes Community Health or Planned Parenthood.

Other services include:

- Annual exams and Pap smears
- Pregnancy tests
- Infection checks and treatment
- Most forms of birth control
- Testing for anemia, high blood pressure, and breast disease

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## **BIRTH CONTROL, cont.**

**Finger Lakes Community Health (FQHC)**  
**Family Planning**  
601-B West Washington Street  
Geneva, NY 14456

315-781-8448  
<http://localcommunityhealth.com/>

**Planned Parenthood**  
15 Lafayette Avenue  
Canandaigua, NY 14424

585-396-9352  
1-866-600-6886  
<https://www.plannedparenthood.org/health-center/centerDetails.asp?f=2352>

**Mosaic Health Rushville (FQHC)**  
2 Rubin Drive  
Rushville, NY 14544

585-554-4400  
<https://mosaichealth.org/>

## **BREASTFEEDING ASSISTANCE**

### **General Information about Breastfeeding**

<http://womenshealth.gov/breastfeeding/>  
Spanish: <http://tinyurl.com/ztf3uq>

### **Breastfeeding protects babies**

1. Early breast milk (colostrum) is “liquid gold”. It is rich in nutrients and antibodies to protect your baby.
2. Breast milk changes as your baby grows. Colostrum changes to mature milk by the third to fifth day after birth. Mature breast milk has the right amount of fat, sugar, water, and protein to help your baby grow.
3. Breast milk is easier to digest than formula, especially for premature babies. The proteins in formula come from cow’s milk and some babies have trouble digesting them. Pre-term, formula-fed babies have a higher risk of necrotizing enterocolitis, a serious disease that affects babies’ intestines.
4. Breast milk fights disease. Cells, hormones, and antibodies in breast milk protect babies from illness. Breastfed babies have fewer ear infections, diarrheal illnesses & respiratory infections than formula-fed babies. Some research suggests breastfeeding reduces the risk of childhood diabetes, leukemia & atopic dermatitis (skin rash). Asthma, obesity & type 2 diabetes are less common in those who were breastfed.
5. Breastfeeding decreases the likelihood a baby will die of SIDS (sudden infant death syndrome).

### **Breastfeeding benefits mothers**

1. It may take a little more effort than formula feeding at first, but it makes life easier in time. There are no bottles & nipples to sterilize and no measuring and mixing of formula. Breastmilk is pre-warmed and convenient for middle-of-the-night feedings.
2. It saves money. Formula and feeding supplies can cost over \$1,500 during a baby’s first year. Because breastfed babies are sick less often, parents miss less work and health care costs are lower.
3. It provides opportunities for physical contact. This makes babies feel secure, warm, and comforted and requires moms to take time to relax and bond with their little ones. The skin-to-skin contact boosts mom’s milk hormone levels and offers a calming effect.
4. It is linked to lower risks of type 2 diabetes, breast cancer, ovarian cancer and postpartum depression.

# Ontario County Resource Guide, 2021

## **BREASTFEEDING ASSISTANCE. cont.**

### **UR/FF Thompson Hospital Birth Center**

350 Parrish Street  
Canandaigua, NY 14424

585-396-6497

<https://www.thompsonhealth.com/Health-Services/Birthing-Center>

### **Le Leche League** (Maureen Weidman)

PO Box 54  
Clifton Springs, NY 14432

315-548-7980

<http://www.llli.org/>

### **La Leche League**-Mother to Mother Breastfeeding Support Groups

- Rochester Area
- Finger Lakes-Maureen Weidman, IBCLC, RLC

<https://sites.google.com/site/lllrochesterny/>

### **Ontario County Public Health**

3019 County Complex Drive  
Canandaigua, NY 14424

1-800-299-2995

585-396-4343

<http://www.co.ontario.ny.us/index.aspx?nid=101>

Maternal Child home visits available upon request, at no charge. Visits are tailored to the needs of the client & family. Nurses provide education on pregnancy, labor & delivery, newborn care, breastfeeding, safety, parenting, immunization, lead poisoning prevention and nutrition. Healthcare providers-see appendix for referral form. Community members call Ontario County Public Health to speak with a nurse.

**Worksites**-Let Ontario County Public Health help you create a worksite lactation policy that complies with NY State Law.

585-396-4343

### **CDC Toolkit -Worksite Lactation Policy**

<https://www.cdc.gov/breastfeeding/index.htm>

**SPCC WIC:** Breastfeeding Peer Counselor & Breast Pump Programs

585-394-9240 x305

<http://www.health.ny.gov/prevention/nutrition/wic/>

### **Baby Cafe**

514 South Main Street  
Canandaigua, NY 14424  
585-919-2476

### **Baby Cafe**

160 Carter Street  
Geneva, NY 14456  
315-759-6060

**Ontario County Public Health:** Clinical Lactation Counselor

585-396-4343

## **CANCER SERVICES**

**Insider tip:** Every hospital has social workers or care managers to help you navigate the healthcare system and anticipate what services you will need after you go home. Care managers know what nursing services are available in your area. Do not hesitate to contact a hospital social worker on behalf of your hospitalized loved one. All hospitals must help patients make plans for discharge.

### **American Cancer Society Finger Lakes Region Office**

1120 South Goodman Street  
Rochester, NY 14620

585-288-1950

1-800-227-2345

<http://www.cancer.org/>

## Ontario County Resource Guide, 2021

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### **CANCER SERVICES Cont.**

**Hope Lodge (A.C.S. housing)**

1120 South Goodman Street  
Rochester, NY 14620

1-800-227-2345

585-224-4900

<https://www.cancer.org/treatment/support-programs-and-services/patient-lodging/hope-lodge/rochester-ny.html>

**Elizabeth Wende Breast Clinic (Mammography)**

Main Office-Brighton  
170 Sawgrass Drive  
Rochester, NY 14620

585-442-2190

<http://www.ewbc.com/>

**Elizabeth Wende Breast Clinic**

**Victor Office (Mammography)**

7375 State Route 96, Suite 100  
Victor, NY 14564

585- 442-2190

**Finger Lakes Breast Care (Mammography)**

2 Coulter Road  
Clifton Springs, NY 14432

315-462-1750

<http://www.rochesterregionalhealth.org>

**Finger Lakes Health (Mammography)**

**Geneva General Hospital Scheduling Services**

200 North Street, Suite 303  
Geneva, NY 14456

315-787-4400

<http://www.flhealth.org/>

**Solder's & Sailors Hospital (Mammography)**

418 North Main Street  
Penn Yan, NY 14527

315-531-2544

**Golisano Children's Hospital (Strong Memorial)**  
(Radiation/Oncology)

585-275-2171

<https://www.urmc.rochester.edu/childrens-hospital.aspx>

**Finger Lakes Community Health**  
**(screenings)**

601-B Washington Street Suite B  
Geneva, NY 14456  
Spanish interpreters available

315-781-8448

<http://localcommunityhealth.com/>

**Jordan Health of CCIA (screenings)**

120 North Main Street, Suite 11  
Canandaigua, NY 14424

585-396-0222

Fax: 585-396-0639

<http://www.jordanhealth.org/>

# Ontario County Resource Guide, 2021

## CANCER SERVICES Cont.

### Medicaid Cancer Treatment Program (MCTP)

1-866-442-2262

<https://www.health.ny.gov/diseases/cancer/treatment/mctp/>

#### Insurance Coverage

The Medicaid Cancer Treatment Program (MCTP) is a Medicaid program for eligible persons who are found to be in need of treatment for breast, cervical, colorectal or prostate cancer (and in some cases, pre-cancerous conditions of these organs). To be enrolled in the MCTP, an individual must complete an application with a New York State Department of Health Cancer Services Program (CSP) trained designee, referred to as a Designated Qualified Entity (DQE). A DQE is a person designated and trained by the New York State Department of Health as a "Qualified" entity, for the purpose of assisting individuals to complete the MCTP application."

### Planned Parenthood

585-396-9352

Routine Cancer Screening

1-866-660-6886

15 Lafayette Avenue

<https://tinyurl.com/nmvz8wk2>

Canandaigua, NY 14424

### Prescription Assistance, cancer meds

E.P.I.C.-Elderly Pharmaceutical Insurance Coverage Program

1-800-332-3742

[https://www.health.ny.gov/health\\_care/epic/](https://www.health.ny.gov/health_care/epic/)

Application

<https://www.health.ny.gov/forms/doh-5080.pdf>

### Prescription Saver- NYS

1-877-776-2285

Online brochure

<https://www.proactmedsavings.com/proact>

### Mosaic Health Rushville

585-554-4400

Routine Cancer Screening

<https://mosaichealth.org/rushville/>

2 Rubin Drive

Rushville, NY 14544

Spanish interpreters available.

### Sands Cancer Center

585-396-6180

395 West Street, Suite 101

[http://www.thompsonhealth.com/Health-Services/Sands-](http://www.thompsonhealth.com/Health-Services/Sands-Cancer-Center)

Canandaigua, NY 14424

[Cancer-Center](http://www.thompsonhealth.com/Health-Services/Sands-Cancer-Center)

Radiology/Oncology

Interlake's Oncology & Hematology

585-393-7040

Strong Memorial Hospital

<http://www.interlakesoncology.com/>

395 West Street

Canandaigua, NY 14424

### Thrive to Survive (Support group)

315-374-0626

We provide emotional, financial & wellness programs.

[pam@thrivetosurvive.org](mailto:pam@thrivetosurvive.org)

<http://www.thrivetosurvive.org/>

## Ontario County Resource Guide, 2021

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### **CANCER SERVICES Cont.**

#### **Thompson Health**

Breast Cancer Support Group  
Care Givers Support Group

<http://www.thompsonhealth.com/>

Jennifer Klein 585-394-3302  
585-396-6780

#### **Wilmot Cancer Institute**

Radiation & Oncology  
601 Elmwood Avenue  
Rochester, NY 14642

585-275-2171

<https://www.urmc.rochesterwilmot.edu/cancer-institute.aspx>

#### **Ronald McDonald House (Housing)**

333 Westmoreland Drive  
Rochester, NY 14620

585-442-5437

<http://www.rmhcrochester.org/>

### **CASH ASSISTANCE**

#### **Ontario County Department of Social Services**

1-877-814-6907

### **CHILDRENS SERVICES**

#### **ADOPTION**

#### **Birthright of Rochester (Adoption**

Referral/Broker)  
320 N. Washington St, Suite 116  
Rochester, NY 14625

585-385-2100

1-800-550-4900

<http://birthright.org>

#### **Catholic Charities of the Finger Lakes; Regional Office (Geneva)**

94 Exchange Street  
Geneva, New York 14456

315-789-2235

Fax: 315-789-5785

<http://www.catholiccharitiesfl.org/>

#### **Catholic Charities of the Finger Lakes**

120 North Main Street, Suite 40  
Canandaigua, NY 14424

585-394-0190

<http://www.catholiccharitiesfl.org/>

#### **Care Net Pregnancy Center (Adoption Referral)**

120 North Main Street, Suite 8  
Canandaigua, NY 14424

585-393-0437

[help@carenetcan.org](mailto:help@carenetcan.org)

<http://www.carenecan.org/>

#### **Child & Family Resources (Adoption Support)**

671 South Exchange Street  
Geneva, NY 14456

315-781-1491

<http://www.cfresources.org/>

#### **New Hope Family Service**

3519 James Street  
Syracuse, NY 13206

315-437-8300

1-800-272-3171

<http://www.newhopefamilyservices.com/>

# Ontario County Resource Guide, 2021

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## **BABY SUPPLIES**

### **Child & Family Resources, Inc.**

Car seat Program  
671 South Exchange Street  
Geneva, NY 14456

315-781-1491  
1-800-881-5786  
<http://www.cfresources.org/>

### **Geneva Center of Concern**

58 Avenue D  
Geneva, NY 14456

315-789-1117

### **Salvation Army**

41 North Street  
Geneva, NY 14456

315-789-1055  
<http://tinyurl.com/gvar8qv>

### **Second Season (Adults & Household also)**

1 Coulter Road  
Clifton Springs, NY 14432

315-462-3293

## **BEHAVIORAL ASSISTANCE**

### **Hillside Family of Agencies**

1183 Monroe Avenue  
Rochester, NY 14620

585-256-7500  
[info@hillside.com](mailto:info@hillside.com)  
1-888-514-4155  
<https://www.hillside.com/>

### **Canandaigua location**

#### **Ontario County Youth Care Facility Hopewell**

3093 County Complex Drive  
Canandaigua, NY 14424

585-394-0180

### **The Partnership of Ontario County**

5297 Parkside Drive, Suite 307  
Canandaigua, NY 14424

585-396-4554  
<http://partnershipforontariocounty.org/>

## **CAMPS**

### **Camp Bristol Hills 4-H Site**

4437 Kear Road  
Canandaigua, NY 14424

585-394-7838  
<http://cceontario.org/4-h-camp-bristol-hills/>

### **Camp Bristol Hills 4-H Office**

480 North Main Street  
Canandaigua, NY 14424

585-394-3977 ext 2  
Fax: 585-394-0377

### **HWS Conferences & Events**

Harris House  
678 South Main Street  
Geneva, NY 14456

315-781-3103  
Fax: 315-781-4325  
<https://www.hws.edu/offices/conferences/>

# Ontario County Resource Guide, 2021

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## **CAMPS**

**Letourneau Christian Center, Inc.**  
4950 East Lake Road  
Rushville, NY 14544

585-554-3400  
Fax: 585-554-3419  
<http://www.letourneau.org/>

**J. Warren Cutler Scout Reservation (BSA)**  
7131 Gulick Road  
Naples, NY 14512

585-374-5770  
<http://www.senecawaterways.org/cutler/>

## **CHILDCARE ASSISTANCE**

### **Child & Family Resources**

1-800-881-5786

**Canandaigua:**  
514 South Main Street  
Canandaigua, NY 14424

585-919-2476

**Geneva:**  
671 South Exchange Street  
Geneva, NY 14456

315-781-1491  
<http://www.cfresources.org/>

*Call Child & Family Resources for a list of  
available certified daycare providers in your  
area.*

### **Department of Social Services**

3010 County Complex Drive  
Canandaigua, NY 14424

585-396-4060  
[www.ocfs.state.ny.us](http://www.ocfs.state.ny.us)

Income eligible families may receive assistance paying for child care. Have your household income information, picture identification and proof of residency ready and call for more information.

## **CHILDCARE CENTERS**

**Agri-Business Child Development (ABCD)**  
5 Goodman Street  
Geneva, NY 14456

315-781-3267  
Fax: 315-781-7240  
<https://www.abcdny.org/>

**Our Childs Place of Canandaigua**  
55 Wilcox Lane  
Canandaigua, NY 14424

585-394-5310  
Fax: 585-394-5207  
<https://www.ccdpkids.net/>

**Clifton Springs YMCA (Preschool, Before &  
After)**  
5 & 10 Crane Street  
Clifton Springs, NY 14432

315-462-6184  
315-462-5437  
<http://www.csaymca.org/>

## Ontario County Resource Guide, 2021

### **CHILDCARE CENTERS cont.**

#### **Doodle Bugs Daycare**

7383 State Route 96  
Victor, NY 14564

585-742-1200

<http://www.doodlebugs.com/>

#### **Finger Lakes Community College Child Care**

3325 Marvin Sands Drive  
Canandaigua, NY 14424

585-394-6666

Fax: 585-393-9160

<http://www.flcc.edu/offices/childcare/>

#### **Geneva YMCA (Before & After School)**

399 West William Street  
Geneva NY 14456

315-789-1616

Fax: 315-789-4259

<http://www.genevafamilyymca.org/>

#### **Canandaigua Family YMCA (School Age and Preschool)**

32 North Main Street  
Canandaigua, NY 14424

585-394-6866

<http://www.canandaigua-ymca.org/>

#### **Happiness House, Finger Lakes CP-Canandaigua**

5415 County Road 30  
Canandaigua, NY 14424

585-394-1190

Fax: 585-394-5326

<http://www.happinesshouse.org/>

#### **Happiness House, Finger Lakes CP - Geneva**

731 Pre-Emption Road  
Geneva, NY 14456

315-789-6850

Fax: 315-789-7750

<http://www.happinesshouse.org/>

#### **Head Start, Phelps-Clifton Springs**

9 Village Drive  
Clifton Springs, NY 14432

315-462-3174

Fax: 315-462-2959

[https://www.ccdpkids.net/clifton\\_head\\_start/](https://www.ccdpkids.net/clifton_head_start/)

#### **Head Start, Geneva City Schools Site**

30 West Street  
Geneva, NY 14456

315-781-4104x7008

<https://ny02214399.schoolwires.net/domain/158>

#### **Jack and Jill Childcare, Inc.**

14 Framark Drive  
Victor, NY 14564

585-924-9550

Fax: 585-924-3504

<http://www.jacknjillchildcare.com/>

#### **Jim Dooley Center for Early Learning**

196 North Street  
Geneva, NY 14456

315-787-4190

<https://www.flhealth.org/patients-visitors/community/jim-dooley-center-for-early-learning>

#### **Kinder Care Learning Center**

615 Fishers Run  
Victor, NY 14564

585-924-0290

<http://www.kindercare.com/our-centers/victor/ny/>

# Ontario County Resource Guide, 2021

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## **CHILDCARE CENTERS Cont.**

### **Our Children's Place**

9 Village Drive  
Clifton Springs, NY 14432

315-462-3174  
Fax: 315-462-2959

## **CHILDHOOD EDUCATION: CHILDREN AND PARENTS**

### **Happiness House**

5415 County Road 30  
Canandaigua, NY 14424

585-394-9510  
<http://www.happinesshouse.org/>

### **Happiness House**

731 Pre-Emption Road  
Geneva, NY 14456

315-789-6850  
<http://www.happinesshouse.org/>

Birth to Five Program: Happiness House combines evaluations, pre school education, therapy services, autism support and services coordination to help children in the Finger Lakes Region.

Evaluation Services: Comprehensive development evaluation services for children from birth to five years of age with known or suspected development disabilities or delay.

### **Literacy Volunteers (Adult)**

208 South Main Street  
Canandaigua, NY 14424

585-396-1686  
1-888-546-5862  
Fax: 585-396-5984  
<http://www.lvoy.org/>

### **Ontario County ARC**

3071 County Complex Drive  
Canandaigua, NY 14424

585-394-7500  
<http://www.ontarioarc.org/>

## **CHILD AND FAMILY- CASE MANAGEMENT**

### **Child and Family Resources, Inc.**

671 South Exchange Street  
Geneva, NY 14456

*See appendix for referral forms*

315-781-1491  
<http://www.cfresources.org/>

Child & Family Resources provides affordable, accessible programs that enhance and support the education of parents. Its mission - to encourage the highest quality of care and positive learning experiences for all young children. Spanish-speaking staff is available. Child & Family Resources assists parents in developing their family strengths through parenting classes and home visiting programs. We offer classes on various topics. Any parent desiring to learn more about parenting skills is invited to attend.

Visitation with a trained supervisor is available at Child & Family Resources in a family friendly setting, on an as-needed basis. By appointment, Family Educators can accommodate family and attorney requests for visitation in one of our two locations. Age-appropriate activities are available and offer parents an opportunity to interact with their children in a positive manner. The center provides a sliding-fee for services for court-referred parents.

# Ontario County Resource Guide, 2021

## **CHILD PASSENGER SAFETY PROGRAM**

**Ontario County Sheriff's Office**

585-337-4605 or after hours (800) 394-4560

<https://dmv.ny.gov/more-info/safety-restraints>

### **Car Seat Inspections**

<http://www.co.ontario.ny.us/204/Child-Passenger-Safety>

Technicians assist parents in the selection, installation, and adjustment of the appropriate child passenger safety seat for their child. Seats and supplies are funded through a grant from the New York State Governor's Traffic Safety Committee and the National Highway Traffic Safety Administration (NHTSA).

### **Car Seat Replacement**

Several problems may lead to the replacement of the safety seat. If the child is too heavy or too tall for the seat, if the seat has been in a crash, or if the seat is expired (more six years old), the technician will replace the problem seat with a new one that is compatible with the child and the vehicle in which it will be used.

### **How Long to Use Safety Seats**

NY State law requires a child to be in a child safety seat until they are 8 years old. However, children should remain in some type of child safety seat until they are 4-foot, 9-inches tall or they reach the upper weight limit of the seat. Standard seat belts are designed for someone 5-foot, 6-inches tall with a weight of 125 pounds.

*Always consult the owner's manual for your specific seat and vehicle and follow the manufacturer's recommendations.*

## **CHILD PROTECTIVE SERVICES (Also see Abuse)**

Child abuse may include the following:

- Child abuse is physical - shaking, hitting, beating, burning, or biting a child.
- Child abuse is emotional - constantly blaming or putting down a child; excessive yelling, shaming.
- Child abuse is sexual - incest, any forced sexual activity, exposure to sexual stimulation not appropriate for the child's age.
- Child abuse is neglect - a pattern of failure to provide for the child's physical needs, such as food, clothing, shelter, and medical care - a pattern of failure to provide for the child's emotional needs, such as affection, attention, and supervision.

**Department of Social Services, Ontario**

585-396-4111

**County**

3010 County Complex Drive

Canandaigua, NY 14424

**To report child abuse you must first phone the New York State Child Abuse Hotline (1-800-342-3720). If the child is in immediate danger, call 911.**

**New York State Child Abuse/Child Protective Services Hotline**

1-800-342-3720

<http://www.childhelp.org/>

Hotline to report child abuse as a non-mandated reporter. Abuse may be physical, mental, or sexual. Lack of supervision, denying a child an education, and neglect are also forms of abuse. A Child Abuse investigator will investigate the report within 24 hours. **If the child is in immediate danger, call 911.**

## Ontario County Resource Guide, 2021

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### **CLOTHING**

**Salvation Army**

41 North Street  
Geneva, NY 14456

315-789-1055

<http://salvationarmyusa.org/>

**Canandaigua Churches in Action (CCIA)**

120 N Main Street  
Canandaigua, NY 14424

585-396-2242

Fax 585-394-7831

<https://www.churchesinaction.org/schedule.html>

### **DENTAL CARE**

**New York State Dental Association**

20 Corporate Woods Blvd., Ste 602  
Albany, NY 12211

518-465-0044

1-800-255-2100

Fax: 518-465-3219

<http://www.nysdental.org/>

### **DENTISTS ACCEPTING MEDICAID**

**\* Dentists that accept Medicaid change. Be sure to call and the office!**

**Dr. Daniel Klein**

1600 Mosley Rd., Suite 400  
Victor, NY 14564

585-248-2900

**Eastman Dental Clinic**

625 Elmwood Ave  
Rochester, NY 14620

585-275-5051

**Geneva Community Health Center**

601B Washington Street  
Geneva, NY 14456

315-781-8448

**Mosaic Health Rushville**

2 Rubin Drive  
Rushville, NY 14544

585-554-6824

**Sia Hersini, DDS**

324 West North Street. Suite 6  
Geneva, NY 14456

315-789-9054

**Naples Valley Dental**

106 North Main Street  
Naples, NY 14512

585-374-6323

## Ontario County Resource Guide, 2021

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### **DENTIST Cont.**

**Unity Dental Group** 585-368-3800  
89 Genesee Street 2<sup>nd</sup> Floor  
Rochester, NY 14611

**Unity Dental Satellite** 585-377-5810  
2060 Fairport Nine Mile Road  
Penfield, NY 14526

**Unity Dental Group** 585-295-1890  
2655 Ridgeway Road, Suite 360, upstairs  
Rochester, NY 14626

### **DIABETIC EDUCATORS**

**Clifton Spring Hospital** 315-462-1530

**Finger Lakes Health** 315-787-4006

**UR/Thompson Health** 585-396-6233

**Canandaigua Medical Group** 585-602-0983

### **EATING DISORDERS**

**National Eating Disorder Association Helpline (NEDA)** 1-800-931-2237  
(See Mental Health) <http://www.nationaleatingdisorders.org/>

### **EDUCATION**

#### **Schools in Ontario County**

**Finger Lakes Community College** 585-394-3522  
3325 Marvin Sands Drive <http://www.flcc.edu/>  
Canandaigua, NY 14424

**Bloomfield Central School** 585-657-6121  
45 Maple Avenue, Suite A <http://www.bloomfieldcsd.org/>  
Bloomfield, NY 14469

**Calvary Chapel Academy** 585-398-2218  
1777 State Route 332 <http://calvarychapelacademy.org/>  
Farmington, NY 14425

**Canandaigua City Schools** 585-396-3700  
143 North Pearl Street <http://www.canandaiguaschools.org/>  
Canandaigua, NY 14424

**Geneva City Schools** 315-781-0400  
400 West North Street <http://www.genevacsd.org/>  
Geneva, NY 14456

## Ontario County Resource Guide, 2021

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### **EDUCATION Cont.**

#### **Hobart and William Smith Colleges**

399 Pultney Street  
Geneva, NY 14456

(315) 781-3000  
<http://www.hws.edu/>

#### **Honeoye Central School**

8528 Main Street  
Honeoye, NY 14471

585-229-5171  
<http://www.honeoye.org/>

#### **Literacy Volunteers of Ontario, Yates, Inc.**

208 South Main Street  
Canandaigua, NY 14424

1-888-546-5862  
585-396-1686  
Email: [info@literacyvoc.org](mailto:info@literacyvoc.org)  
<http://www.lvoy.org/>

#### **Marcus Whitman**

4100 Baldwin Road  
Rushville, NY 14544

585-554-4848  
<http://www.mwcsd.org/>

#### **Midlakes Central School**

1490 Route 488  
Clifton Springs, NY 14432

315-548-6420  
<http://www.midlakes.org/>

#### **Naples Central School**

136 North Main Street  
Naples, NY 14512

585-374-7900  
<http://www.naplescsd.org/>

#### **Red Jacket Central School**

1506 State Route 21  
Shortsville, NY 14548

585-289-2150  
<http://www.redjacket.org/>

#### **St. Mary's School**

16 Gibson Street  
Canandaigua, NY 14424

585-394-4300  
<http://www.stmaryscanandaigua.org/>

#### **Victor Central School**

953 High Street  
Victor, NY 14564

585-924-3252  
<http://www.victorschools.org/>

### **EMERGENCY SERVICES**

#### **American Red Cross in the Finger Lakes**

11371 LPGA Drive  
Corning, NY 14830

607-936-3766  
<https://tinyurl.com/5tj6w232>

\*Disaster Assistance & Service to the military is available 24 hours a day.

# Ontario County Resource Guide, 2021

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## **EMERGENCY SERVICES** cont.

**Wellspring Church, Inc.**  
22 Teft Avenue, PO Box 602  
Clifton Springs, NY 14432  
**Red Cross disaster area**

315-548-6292 x30  
<http://www.wellspringchurch.us/>

**Geneva Center of Concern**  
58 Avenue D  
Geneva, NY 14456

315-789-1117

**Is your Family Ready for an Emergency?**

<http://www.ready.gov/>

### **Items to Include in a Basic Emergency Supply Kit**

- Water: one gallon of water per person per day for at least three days
- Food: at least a three-day supply of non-perishable food. Can opener if using canned foods.
- Battery-powered or hand crank radio: and a NOAA Weather Radio with tone alert and extra batteries
- Flashlight: and extra batteries
- First aid kit
- Whistle: to signal for help
- Dust mask: to help filter contaminated air and plastic sheeting and duct tape
- Moist towelettes: garbage bags and plastic ties for personal sanitation
- Wrench or pliers: to turn off utilities
- Local maps
- Cell phone: with chargers, inverter or solar charger

## **FAMILY MENTAL HEALTH COUNSELING (See Mental Health)**

### **FARMERS MARKETS**

**Be sure to call or visit their  
website for days/times**

**Cornell Cooperative Extension**  
480 North Main Street  
Canandaigua, NY 14424

585-394-3977  
<http://cceontario.org/>

### **Bloomfield**

**Schlenker Farm Market**  
8424 Route 5&20  
Bloomfield, NY 14469

585-764-0894

**White's Farm Market**  
2180 Route 64 North  
Bloomfield, NY 14469

585-657-7656

### **Canandaigua**

**Beacon Farm Market**  
3895 Route 5&20  
Canandaigua, NY 14424

585-394-4693  
(June – September)

## Ontario County Resource Guide, 2021

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### **FARMERS MARKETS Cont.**

#### **Canandaigua Farmers Market**

167 Mill Street  
Canandaigua, NY 14424

Sat. 8:30-12:30 June – October

#### **Canandaigua VA Farmers Market**

VA Medical Center  
400 Fort Hill Avenue  
Canandaigua, NY 14424

[http://www.canandaigua.va.gov/features/Farmers\\_Market.asp](http://www.canandaigua.va.gov/features/Farmers_Market.asp)

June – October

### **Geneva**

#### **Geneva Farmer's Market**

Exchange Street Parking Lot  
Geneva, NY 14456

<http://visitgenevany.com/current-residents/genevas-farmers-market>

Thursdays, June-October

#### **Red Jacket Orchards**

957 Route 5&20  
Geneva, NY 14456

315-781-2749

<https://redjacketorchards.com/>

### **Naples**

#### **Jerome's U-Pick**

8936 State Route 53  
Naples, NY 14512

585-374-6112

June-Oct.

#### **Joseph's Wayside Market**

202 South Main Street  
Naples, NY 14512

585-374-2380

<https://josephswaysidemarket.com>

April-Nov.

#### **Naples Natural Farmers Market**

197 North Main Street  
Naples, NY 14512

June 28-November 1

Every other Saturday 8-12 noon

### **Phelps**

#### **Phelps Farmers Market**

Phelps Mercantile  
62 Ontario Street  
Phelps, NY 14532

<http://www.agrilicious.org/Phelps-Farmers-Market>

Saturdays 8-2pm

### **Shortsville**

#### **Fish's Farm Market**

4494 Mount Payne Road  
Shortsville, NY 14548

585-289-4215

# Ontario County Resource Guide, 2021

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## **FARMERS MARKETS Cont.**

### **Fresh-Ayr Farm Market**

4846 State Route 96  
Shortsville, NY 14548

585-289-3720  
May-Oct. 9:00-6:00 pm daily

### **Shortsville Farm Market**

Budd Park  
Water St.  
Shortsville, NY 14548

585-289-6889  
Thursday evenings during summer  
4-8pm

## **Victor**

### **Apple Farm**

1640 State Route 444  
Victor, NY 14564  
You pick apples

585-924-3420  
[thevictorapplefarm.com](http://thevictorapplefarm.com)

### **Hardy's Farm Market**

1964 State Route 444  
Victor, NY 14564

585-857-6520  
May-Dec.

### **Snuffy's Farm Market**

7161 State Route 96  
Victor, NY 14564

Open 7 Days/week in season

### **Victor Farm Market**

Village Hall Parking Lot

May-October

## **FATHERHOOD PROGRAMS**

### **Child and Family Resources, Inc.**

671 South Exchange Street  
Geneva, NY 14456

315-781-1491 x216  
<http://www.cfresources.org/>

## **FOOD PANTRY AND FOOD ASSISTANCE**

### **More Food Pantries in Appendix F or call 2-1-1**

Some food pantries also provide diapers. Contact your local food pantry or SPCC program for more information.

### **CCIA Food Pantry**

120 North Main Street, Suite 31  
Canandaigua, NY 14424

585-394-7450 x 308

<https://www.churchesinaction.org/schedule.html>

### **Catholic Charities of the Finger Lakes**

Catholic Charities  
94 Exchange Street, Geneva, NY 14456

Emergency Number 585-394-0190  
315-789-2235  
<http://www.catholiccharitiesfl.org/>

### **Community Lunch Program**

Geneva First United Methodist Church, 340 Main St.  
340 Main Street  
Geneva, NY 14456

315-789-6550  
Monday-Friday 11:30-12:15

## Ontario County Resource Guide, 2021

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### **FOOD PANTRY AND FOOD ASSISTANCE Cont.**

#### **Zion Fellowship Church**

5188 Bristol Street  
Canandaigua, NY 14424

585-394-7450 x 308

[www.churchesinaction.org/](http://www.churchesinaction.org/)

#### **Foodlink, Inc.**

1999 Mount Reed Boulevard  
Rochester, NY 14615

585-328-3380

<http://foodlinkny.org/>

#### **Finger Lakes SPCC Program**

Locations in Geneva and Canandaigua  
Women Infant Children Program

585-394-9240

1-888-942-6886

#### **Continuing Activities and Services:**

- SPCC provides supplemental foods and nutrition education to children under five and eligible women (pregnant, postpartum and breast-feeding).
- The program provides food checks to buy selected, approved foods high in nutrients needed for growth, development and general health.
- Financial, residential and nutritional eligibility requirements apply.
- Bilingual Staff (Spanish)

#### **Geneva Center of Concern**

58 Avenue D  
Geneva, NY 14456

315-789-1117

#### **Naples Open Cupboard**

Harwood Lane  
Naples, NY 14512

585-534-9878 or cell 585-747-7892

#### **Beacon of Hope**

Flint Creek Church of God  
3584 Flint Road  
Stanley, NY 14561

585-526-5600

#### **Salvation Army – Geneva**

41 North Street  
Geneva, NY 14456

315-789-1055

<https://empire.salvationarmy.org/>

#### **Salvation Army – Canandaigua**

110 Saltonstall Street  
Canandaigua, NY 14424

585-394-6968 x110

#### **Honeoye Food Pantry**

UCC Church  
8758 Main Street  
Honeoye, NY 14471

Text: 585-721-0009

[honeoyefoodpantry@gmail.com](mailto:honeoyefoodpantry@gmail.com)

#### **Caring Hearts Community Food Cupboard @ St. Felix Church, 12 Hibbard Ave, Clifton Springs NY**

315-462-2961

## Ontario County Resource Guide, 2021

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<b>Manchester Shortsville Twin Cities Food Cupboard</b>	585-289-4164
<b>Phelps Community Food Cupboard</b>	315-548-8897
<b>Victor-Farmington Cupboard</b> 6548 Anthony Drive Victor, NY 14564	585-924-2720
<b>Wellspring Church Inc</b> 22 Teft Avenue Clifton Springs, NY 14432	315-548-6292
<b><u>FOOD STAMPS (SNAP) Food Stamp income Eligibility</u></b>	
<b>SNAP Eligibility:</b>	<a href="http://otda.ny.gov/programs/snap/#eligibility">http://otda.ny.gov/programs/snap/#eligibility</a>
<b>SNAP Application:</b>	<a href="http://otda.ny.gov/programs/apply/#snap">http://otda.ny.gov/programs/apply/#snap</a>
If you are pregnant or have a child under the age of 5, SPAA may also be of help.	<a href="http://www.health.ny.gov/publications/4081.pdf">http://www.health.ny.gov/publications/4081.pdf</a>
<b>Ontario County Department of Social Services</b>	
<b>Canandaigua</b>	585-394-4060
<b>Geneva</b>	315-789-2841
<b>NYS Food Stamp Hotline</b>	1-800-342-3009
<b><u>HEAP (Home Energy Assistance Program)</u></b>	
NYS HEAP hotline:	1-800-342-3009
<b>HERR</b> (Heating Equipment Repair and Replacement) available under limited circumstances. Call your local Department of Social Services Office (585-394-4060) or the NYS HEAP Hotline.	
<b><u>HEALTH INSURANCE/HEALTH NAVIGATOR</u></b>	
Tip from Ontario County Public Health: If you are pregnant and in need of Health Insurance for yourself and/or your children. Contact the MOMS Program from Lifetime Care. The nurse will assist you with your Medicaid application, provide case management and pregnancy, and newborn education and refer you to WIC as well as multiple other agencies within Ontario County. Call Lifetime Care 585-214-1000.	
<b>New York State Health Insurance Exchange</b>	<a href="https://nystateofhealth.ny.gov/">https://nystateofhealth.ny.gov/</a>
<b>Finger Lakes Community Health</b> 601-B West Washington Street Geneva, NY 14456	315-781-8448 <a href="http://localcommunityhealth.com/">http://localcommunityhealth.com/</a>
<b>Newark/Wayne Community Health</b> 1200 Driving Park Avenue Newark, NY 14513	315-332-2022 <a href="https://www.rochesterregional.org/locations/hospitals/newark-wayne-community-hospital">https://www.rochesterregional.org/locations/hospitals/newark-wayne-community-hospital</a>
<b>CCIA Food Pantry</b> 120 North Main Street, Suite 31 Canandaigua, NY 14424	585-394-7450 <a href="http://www.churchesinaction.org">www.churchesinaction.org</a>

# Ontario County Resource Guide, 2021

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## **Mosaic Health Rushville**

2 Rubin Drive  
Rushville, NY 14544

585-554-4400

<https://mosaichealth.org/>

## **HOUSING ASSISTANCE**

**Emergency Housing/ Shelter for Families** (Ontario County DSS)

585-396-4060

**Geneva Housing Authority - Section 8- Not Emergency Housing**

315-789-8010

PO Box 153, 41 Lewis Street  
Geneva, NY 14456

<http://www.genevahousingauthority.com/contact.php>

## **IMMUNIZATIONS FOR CHILDREN**

### **Ontario County Public Health**

1-800-299-2995

3019 County Complex Drive  
Canandaigua, NY 14424

585-396-4343

Your child may be eligible for free or reduced cost immunization.

## **INTERNET SAFETY**

<http://www.safekids.com/>

**Safe Kids**

## **LEAD PROGRAM (Childhood Lead Poisoning Prevention)**

### **Ontario County Public Health Lead Prevention Program**

1-800-299-2995

3019 County Complex Drive  
Canandaigua, NY 14424

585-396-4343

### **“Lead Testing at 1 and 2 is What We Do!”**

It is a New York State Law for **pregnant women and children ages 1 and 2 years old** be tested for Lead Poisoning. Has your child been tested?

#### **Why test children for Lead Poisoning?**

- Many children with Lead Poisoning have no symptoms, even with Lead Levels high enough to cause learning and behavioral issues.
- High Lead Levels in pregnant women can cause miscarriage and still birth as well as learning and behavior problems after the birth of your baby.

#### **How can you protect your child from Lead Poisoning?**

- Fix peeling lead paint and make home repairs using EPA Safe Lead Practice Guidelines. Contact Ontario County Public Health for a free booklet.
- Wash hands, toys, bottles, windows and floors frequently.
- Be careful not to bring lead home on clothes, toys and jewelry.
- Keep lead out of your food and tap water.
- Let water run for 1 minute before using it.
- Use lead free dishes.
- Serve foods that have calcium, iron and vitamin C. These foods help to keep lead from being stored in your child’s body.

**Your child may be eligible for a finger stick lead level, Call 1-800-299-2995 today!**

# Ontario County Resource Guide, 2021

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## **LEGAL SERVICES**

### **LAWNY (Legal Assistance of the Western NY, Inc.)**

361 South Main Street

Geneva, NY 14456

Bilingual staff (Spanish)

1-866-781-LAFL (5235)

315-781-1465

fax: 1-315-781-2565

[www.lawny.org](http://www.lawny.org)

- Free legal services to low-income people and other vulnerable population in civil law.
- Priorities: SSI disability benefits; housing (private landlord-tenant/public, subsidized housing, and home owner's problems), family law, seniors, domestic violence, special education law, and community legal education.
- Domestic violence.
- Seniors with general civil legal problems in Ontario, Seneca, Wayne and Yates counties.
- Crime victims.
- Home-based child care providers with business law problems in Livingston, Ontario, and Wayne counties.
- Pregnant and parenting minors with civil legal problems who reside in Livingston, Ontario, & Wayne counties.
- People, for whom Spanish is their primary language, with economic security problems

## **LIBRARIES**

**Our local libraries have wonderful programs for all ages! Give them a call today!**

### **Canandaigua**

#### **Wood Library**

134 N. Main Street

Canandaigua, NY 14424

585-394-1381

<http://woodlibrary.org/>

### **Clifton Springs**

#### **Clifton Springs Library**

4 Railroad Avenue

Clifton Springs, NY 14432

315-462-7371

<https://cliftonspringslibrary.com/>

### **East Bloomfield**

#### **Bloomfield Public Library**

9 Church Street

Bloomfield, NY 14469

585-657-6264

<http://bloomfieldpubliclibrary.org/>

### **Geneva**

#### **Geneva Public Library**

244 Main Street

Geneva, NY 14456

315-789-5303

<http://genevapubliclibrary.net/>

### **Gorham**

#### **Gorham Free Library**

2664 Main Street

Gorham, NY 14461

585-526-6655

<http://gorhamfreelibrary.wordpress.com/>

# Ontario County Resource Guide, 2021

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## **LIBRARIES Cont.**

### **Naples**

Naples Free Library  
118 South Main Street  
Naples, NY 14512

585-374-2757

<http://napleslibrary.org>

### **Phelps**

**Phelps Community Memorial Library**  
8 Banta Street, Suite 200  
Phelps, NY 14532

315-548-3120

<http://www.phelpslibrary.org/>

### **Shortsville**

**Red Jacket Community Library**  
7 Lehigh Avenue – P.O. Box 370  
Shortsville, NY 14548

585-289-3559

<https://redjacket.owwl.org/>

### **Victor**

**Victor Farmington Library**  
15 West Main Street  
Victor, NY 14564

585-924-2637

<http://victorfarmingtonlibrary.org/>

## **LIFE LINE 2-1-1**

Spanish-speaking counselors & translation services available.

## **Dial 2-1-1 or 1-877-356-9211**

Fax: 585-327-5518

<http://211lifeline.org/>

**24/7 crisis/suicide intervention**, information/referral line for Monroe, Wayne, **Ontario**, Livingston, Cayuga & Seneca Counties. Info re emergency food/shelter/clothing, crisis counseling, substance abuse, employment, financial/legal issues, physical/mental health needs. Comprehensive resource list of >2500 agencies & programs.

## **MEDICAID (See Health Insurance/Health Navigator/Facilitated Enrollment)**

## **MENTAL HEALTH**

**Counseling:** For a complete list visit: <https://www.omh.ny.gov/>

### **Boike Marriage, Family and Individual Counseling**

3180 West Street  
Canandaigua, NY 14424

585-394-1442

<http://boikepb.com/>

### **Canandaigua Psychotherapy Associates**

527 North Main Street  
Canandaigua, NY 14424

585-394-1294

<https://www.wellness.com/dir/3181781/counselor/ny/>

### **Clifton Springs Outpatient**

Behavioral Health/CPEP Crisis  
2 Coulter Road  
Clifton Springs, NY 14432

315-462-1050

<https://www.rochesterregional.org/services/behavioral-health/>

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## **MENTAL HEALTH Cont.**

### **Clinical Associates of the Finger Lakes**

590 Fishers Station Drive, Suite 130  
Victor, NY 14564

585-924-7207

<http://www.clinassoc.com/>

### **Family Counseling Services of the Finger Lakes**

671 South Exchange Street  
Geneva, NY 14456

315-789-2613

1-877-789-2613

<http://www.fcsfl.org/>

### **Lakeview Mental Health Services – Canandaigua**

193 Parrish Street  
Canandaigua, NY 14424

585-394-7335

<http://www.lakeviewmhs.org/>

### **Lakeview Mental Health Services – Geneva**

609 West Washington Street  
Geneva, NY 14456

315-789-5501

<http://www.lakeviewmhs.org/>

### **Mental Health Association**

120 North Main Street  
Canandaigua, NY 14424

585-325-3145x501

<https://www.mharochester.org/services/ontario-county/>

### **Ontario County Mental Health**

3019 County Complex Drive  
Canandaigua, NY 14424

585-396-4363

<http://www.co.ontario.ny.us/index.aspx?nid=99>

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### **Canandaigua Lake Counseling Services**

42 North Main Street  
Canandaigua, NY 14424

585-919-0014

<https://www.canandaigualakecounselingservices.com/>

## **MISSING CHILDREN – Dial 9-1-1**

### **National Center for Missing & Exploited Children**

New York Regional Office  
275 Lake Avenue  
Rochester, NY 14608-1042

**24-hour HOTLINE:** 1-800-843-5678

585-242-0900

<http://www.missingkids.com/NewYork>

## **ONTARIO COUNTY CHILD SUPPORT AND COLLECTIONS**

### **Ontario County Child Support Office**

3010 County Complex Drive  
Canandaigua, NY 14424

585-396-4160

1-888-208-4485

<https://www.childsupport.ny.gov/dcse/home.html>

### **Ontario County Social Services**

3010 County Complex Drive  
Canandaigua, NY 14424

1-877-814-6907

585-396-4060

**Suicidal or Homicidal thoughts: CALL 9-1-1**

# Ontario County Resource Guide, 2021

## **ONTARIO COUNTY PUBLIC HEALTH SERVICES**

### **Ontario County Public Health**

3019 County Complex Drive  
Canandaigua, NY 14424

585-396-4343  
1-800-299-2995  
Fax: 585-396-4551

[www.ontariocountypublichealth.com](http://www.ontariocountypublichealth.com)

Programs and Services: Immunization clinics for children and adults, tuberculosis clinics, maternal child health visits, communicable disease follow-up, rabies clinics, lead poisoning prevention activities, flu clinics and public health education.

### **Children with Special Needs Program, Early Intervention (EI) and Preschool Special Education Program**

585-396-4546

- Evaluation & services to children age 0-5 with developmental delays or who are at risk of delays.
- Physically Handicapped Children's Program (PHCP) - provides financial reimbursement to certain children age 0-21 with medical and/or dental needs.
- Eligibility-All county residents eligible for most preventive health programs.
- Eligibility for CWSNP determined by evaluation or financial/medical need.

### **Ontario County Public Health Immunization Program**

1-800-299-2995  
585-396-4343

3019 County Complex Drive

Residents of Ontario County are welcome attend weekly immunization clinics. The clinic offers all childhood vaccines through the federal Vaccines for Children Program. No child is turned away for inability to pay. The clinic also offers some adult vaccine products. Appointments are required.

## **PARENTING CLASSES/PARENTING ISSUES**

### **Child and Family Resources; Healthy Families**

671 South Exchange Street  
Geneva, NY 14456

1-800-881-5786  
315-781-1491 x216

<http://www.cfresources.org/>

### **Cornell Cooperative Extension**

480 North Main Street  
Canandaigua, NY 14424

585-394-3977

<http://cceontario.org/home-family/parenting-workshops>

### **Family Hope Center**

551 Exchange Street, PO Box 733  
Geneva, NY 14456

315-789-0708  
fax 315-789-3410

<http://www.familyhopecentergeneva.org/>

### **Family Counseling Service of the Finger Lakes**

671 Exchange Street & 514 South Main Street  
Geneva, NY 14456 or Canandaigua, NY 14424

315-789-2613  
1-800-695-0390  
<http://www.fcsfl.org/>

## **POLICE DEPARTMENTS, TOWN/VILLAGE**

### **Canandaigua Police Department**

21 Ontario Street  
Canandaigua, NY 14424

585-396-5035

## Ontario County Resource Guide, 2021

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### **POLICE DEPARTMENTS, TOWN/VILLAGE**

<b>Clifton Springs Village Police Department</b> 1 West Main Street Clifton Springs, NY 14432	315-462-2422
<b>Geneva Police Department</b> Public Safety Building 255 Exchange Street Geneva, NY 14456	315-789-1111
<b>Manchester-Shortsville Police Department</b> PO Box 188 Manchester, NY 14504	585-289-4340
<b>Phelps Police Department</b> 8 Banta Street Phelps, NY 14532	315-548-8237
<b>Ontario County Sheriff's Department</b> 3045 County Complex Drive Canandaigua, NY 14424	585-394-4560
<b>New York State Police, Troop E</b> 1569 State Route 332 PO Box 25220 Farmington, NY 14425	585-398-4100
<ul style="list-style-type: none"> <li>• <b>Drug Tip Line:</b></li> <li>• <b>Ontario County Probation</b></li> <li>• <b>Juvenile Aid Bureau</b></li> <li>• <b>Youth Court</b></li> </ul>	<div>315-781-0096</div> <div>585-396-4222</div> <div>585-396-4675</div> <div>585-396-4519</div>

### **PREGNANCY PROGRAMS**

<b>Birthright International of Rochester</b> 320 N. Washington St Suite 116 Rochester, NY 14625	<div>585-385-2100</div> <div>24/7 1-800-550-4900</div> <div><a href="http://birthright.org">http://birthright.org</a></div>
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## Ontario County Resource Guide, 2021

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**Care Net Pregnancy  
Center**

120 North Main Street  
Suite 28 Canandaigua,  
NY

585-393-0437

<http://www.carenetcan.org/>

**Catholic Charities of  
the Finger Lakes**

120 North Main Street,  
Suite 40  
Canandaigua, New  
York 14424

585-394-0190

<http://www.catholiccharitiesfl.org/>

**Catholic Charities of  
the Finger Lakes**

94 Exchange Street  
Geneva, NY 14456

315-789-2235

<http://www.catholiccharitiesfl.org/>

**Child & Family  
Resources**

(Canandaigua)  
514 South Main Street  
Canandaigua, NY  
14424

585-919-2476

**Child & Family  
Resources (Geneva)**

671 South Exchange  
Street  
Geneva, NY 14456

315-781-1491

<http://www.cfresources.org/>

**Child & Family  
Resources (Penn Yan)**

263 Lake Street  
Penn Yan, NY 14527

315-536-1134

**FF Thompson  
Hospital Birth Center**

350 Parrish Street  
Canandaigua, NY  
14424

585-396-6000

# Ontario County Resource Guide, 2021

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## **RECREATION-PARKS.**

### **Bicycles**

**Long Pier Ice Cream & Rentals** 315-781-2453  
47 Lakefront Drive  
Geneva, NY 14456

**Canandaigua RV&E Bike and Skate Shop** 585-393-5680

## **RECREATION-PARKS.**

**Geneva Bicycle Center** 315-789-5922  
489 Exchange

### **Clubs**

**Boys and Girls Club** 315-781-2345  
1 Goodman Street Fax: 315-781-2047  
Geneva, NY 14456 <http://www.bgcgeneva.org/>

**Boys and Girls Club Teen Center** 315-759-6060  
160 Carter Road Fax: 315-759-6063  
Geneva, NY 14456 <http://www.bgcgeneva.org/>

**Scouts of America, Finger Lakes Council** (Seneca 585-244-4210  
Waterways Council, <http://www.senecawaterways.org/>  
BSA)  
2320 Brighton-Henrietta TL Road  
Rochester, NY  
14623

## Ontario County Resource Guide, 2021

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**Cornell  
Cooperative  
Extension: 4-H**  
480 North Main  
Street  
Canandaigua, NY  
14424

585-394-3977  
Fax: 585-394-0377  
<http://cceontario.org/>

**Geneva Boxing  
Club**  
91 Castle Street  
Geneva, NY 14456

315-781-1461

**Girl Scouts of  
America  
Seven Lakes  
Council**

315-539-5085  
<http://www.girlscouts.org/>

### COMMUNITY PROGRAMS:

**Finger Lakes Visitors  
Connection**  
25 Gorham Street  
Canandaigua, NY  
14424

585-394-3915  
1-877-386-4669  
<http://visitfingerlakes.com/>

**Geneva Rec. Complex**  
666 South Exchange  
Street  
Office: 47 Castle  
Street  
Geneva, NY 14456  
★ Roller skating,  
roller hockey  
❄ Ice skating,  
hockey

315-789-2277x3  
Fax: 315-789-4294  
<http://cityofgenevany.com/recreation-department/>

**Geocaching**

<http://www.geocaching.com/>

**Little League**

<https://teampages.com/>

Team Sports Improve Community Health: Sports are a fun way to burn calories and build self-esteem. Sports help kids socially, emotionally and physically. They learn the benefits of practice, patience and persistence. Sport promotes family bonding and cooperation.

# Ontario County Resource Guide, 2021

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## PARKS AND RECREATION BY TOWN/VILLAGE

### **CANANDAIGUA**

[http://townofcanandaigua.org/portfolio\\_page.asp?id=1](http://townofcanandaigua.org/portfolio_page.asp?id=1)

#### **Kershaw Park**

91 Lakeshore Drive  
Canandaigua, NY  
14424

[https://www.canandaiguanewyork.gov/index.asp?SEC=97D1D0A4-3F38-4499-8D39-600155294C96&Type=B\\_BASIC](https://www.canandaiguanewyork.gov/index.asp?SEC=97D1D0A4-3F38-4499-8D39-600155294C96&Type=B_BASIC)

#### **Bristol Mountain Winter Ski Resort & Waterpark**

5662 State Route  
64  
Canandaigua, NY  
14424

585-374-6000

<http://www.bristolmountain.com/>

#### **Greater Canandaigua Civic Ctr.**

Ice Skating/Hockey  
250 North  
Bloomfield Road  
Canandaigua, NY  
14424

585-396-7230

<http://www.gccc.org/>

#### **Mc Jannett Park**

4820 State Route  
21 South  
Canandaigua, NY  
14424

[http://townofcanandaigua.org/portfolio\\_page.asp?id=1](http://townofcanandaigua.org/portfolio_page.asp?id=1)

#### **Leonard R. Pierce Memorial Park**

5655 Goodale Road  
Canandaigua, NY  
14424

[http://townofcanandaigua.org/portfolio\\_page.asp?id=1](http://townofcanandaigua.org/portfolio_page.asp?id=1)

#### **Onanda Park & Beach**

4965 County Road 16  
Canandaigua, NY 14424

[http://townofcanandaigua.org/portfolio\\_page.asp?id=1](http://townofcanandaigua.org/portfolio_page.asp?id=1)

#### **Ontario Pathways Trail**

PO Box 996  
Canandaigua, NY 14424  
☀ Hiking, Cross country  
❄ Snowshoeing

585-234-7722

[www.ontariopathways.org](http://www.ontariopathways.org)

## Ontario County Resource Guide, 2021

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### **RECREATION-PARKS, CLUBS, EXERCISE, cont.**

585-394-5050

<http://www.roselandbowl.com/>

**Roseland Bowl** (bowling)  
4357 Recreation Drive  
Canandaigua, NY 14424

#### **Roseland Water Park**

585-396-2000

<http://www.roselandwaterpark.com/>

250 Eastern  
Boulevard  
Canandaigua, NY  
14424

### **GENEVA**

<http://cityofgenevany.com/>

#### **Big Oaks Public Golf Course**

315-789-9419

33 Packwood Road  
Geneva, NY 14456

<http://www.bigoakgc.com/>

#### **Roy's Marina**

315-789-3094

4398 Clarks Point  
Geneva, NY 14456

<http://www.roysmarina.net/>

★ Kayaking

#### **Seneca Lake Country Club**

315-789-4681

226 Turk Road  
Geneva, NY 14456

<http://www.golfnewyork.com/courses/geneva/seneca-lake-cc/>

#### **Seneca Lake State Park**

315-789-2331

100 Waterloo Geneva Rd  
Geneva, NY 14456

<https://parks.ny.gov/parks/>

★ Swimming, Splash Park

❄ Hiking, snow shoeing

### **HONEOYE**

#### **Sandy Bottom Beach**

Honeoye, NY 14471

<http://www.ilovethefingerlakes.com/countiesandtowns/ontariocounty-richmond-sandybottom.htm>

#### **Honeoye State Park**

Honeoye, NY 14471

<http://www.dec.ny.gov/outdoor/25579.html>

## Ontario County Resource Guide, 2021

### Harriet Hollister Spenser

#### Park

State rec. area  
6775 Canadice Hill Road  
Springwater, NY 14560

585-335-8111

<http://nysparks.com/parks/164/details.aspx>

### NAPLES

### Cummings Nature Center

6472 Gulick Road

585-374-6160

<http://www.rmssc.org/cumming-nature-center>

### Hi Tor Wildlife

Management  
Area/Hiking  
Naples, NY 14512

<http://www.dec.ny.gov/outdoor/24439.html>

### Hunt Hollow Ski

7532 County Road 36  
Naples, NY 14512

585-374-5428

<http://www.hunthollow.com/>

❄️ Ski, Trails, Cross-  
country, snowshoe



**NYS DOMESTIC AND SEXUAL  
VIOLENCE HOTLINE**

**TEXT. CALL. CHAT.**

844.997.2121      800.942.6906      OPDV.NY.GOV

TEXT CONFIDENTIALLY  
WITH A DV/SA  
ADVOCATE

ACCESS REMOTE  
COUNSELING THROUGH  
YOUR LOCAL DV/SA  
PROGRAM.

CHAT PRIVATELY WITH  
DV/SA ADVOCATE ON A  
SECURE WEBSITE

**ALL AVAILABLE 24 HOURS/DAY, 7 DAYS/WEEK**

 Office for the  
Prevention of  
Domestic Violence

Department  
of Health

Office of Children  
and Family Services

Office of  
Victim Services

Division of Criminal  
Justice Services

# Ontario County Resource Guide, 2021

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## **RECREATION-PARKS, CLUBS, EXERCISE, cont.**

### **Reservoir Creek Golf**

8613 State Route 21 South  
Naples, NY 14512

585-374-8010

<http://www.rcgolf.com/>

### **Wesley Hill Nature Preserve**

Naples, NY 14512  
Trails, cross-country  
❄ snowshoeing

<https://www.flt.org/preserves/wesley-hill-nature-preserve/>

Snowshoeing can burn up to 45% more calories than walking at the same speed. In cold weather your body uses more calories to keep your core body temperature stable. Additionally, the added weight on to your feet makes you expend more energy to walk. Visit <http://www.americanhiking.org/> to learn more about snowshoeing.

## **SHORTSVILLE**

### **Budd Park and Jones-Blunt Park**

Water St.  
Shortsville, NY 14548

<http://www.villageofshortsvillenys.us/parks.php>

### **Winged Pheasant Club/Golf**

1475 Sand Hill Road  
Shortsville, NY 14548

585-289-8846

<https://www.thepheasant.co/>

## **VICTOR**

### **Victor Hills East Golf Course**

1397 Brace Road  
Victor, NY 14564

585-924-0700

<http://www.victorhills.com/>

### **Ganondagan State Historical Site**

7000 County Road 41  
Victor, NY 14564

585-924-5848

<http://www.ganondagan.org/>

### **Ravenwood Golf Club**

929 Lynaugh Road  
Victor, NY 14564

585-924-5100

[www.ravenwoodgolf.com](http://www.ravenwoodgolf.com)

### **Victor Hiking Trails**

❄ Cross-country, snowshoe

<http://www.victorny.org/index.aspx?NID=244>

### **Victor Municipal Park**

6680 Paparone Drive  
Victor, NY 14564

585-742-0140

<https://www.victorny.org/Facilities/Facility/Details/Victor-Municipal-Park-8>

# Ontario County Resource Guide, 2021

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## **RECREATION PROGRAMS**

### **Bristol Parks and Recreation**

585-229-2400

<http://www.townofbristol.org/page.asp?id=59>

### **Town of Canandaigua: Summer Recreation Program**

5440 Route 5 & 20 West  
Canandaigua, NY 14424

585-394-1120x2226

<http://www.townofcanandaigua.org/>

### **Town of Farmington Summer Recreation Program**

1000 County Road 8  
Farmington, NY 14425

315-986-8100

<https://www.farmingtonny.org/>

### **Geneva Recreation Program**

47 Castle Street  
Geneva, NY 1456

315-789-5005

<http://cityofgenevany.com/recreation-department/>

### **Naples Summer Recreation Program**

106 South Main Street  
Naples, NY 14512

585-374-2435

<http://www.naplesny.us/SummerRecreation.html>

### **Phelps Summer Youth Program**

8 Banta Street, Suite 100  
Phelps, NY 14532

315-548-3861

<http://www.phelpsny.com/community-center/recreation/>

### **Summer Recreation Program, Shortsville**

6 East Main Street  
Shortsville, NY 14548

585-289-6104

<http://www.villageofshortsvillenys.us/index.php>

## **RUNAWAY YOUTH SERVICES**

### **National Runaway Safeline**

1-800-786-2929

<http://www.1800runaway.org/>

## **SEXUALLY TRANSMITTED INFECTIONS (STI'S)**

### **STI Questions: Call Ontario County Public Health 1-800-299-2995**

- In NY State, the following STI's are reported to the health department: **chlamydia, gonorrhea, syphilis, hepatitis B, and HIV.**
- Every year million persons become infected with an STI.
- You can't tell by looking if a person is infected with a disease that can be passed to you during sex.
- The correct and consistent use of condoms decreases the likelihood of getting an STI.
- Condoms protect against some, but not all sexually transmitted infections.  
HIV testing is a routine for most patients in doctor's offices, emergency rooms, & urgent care centers.

# Ontario County Resource Guide, 2021

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## **SEXUALLY TRANSMITTED INFECTIONS (STI'S). cont.**

### **HIV/AIDS Resources:**

**CDC National STD Hotline**

1-800-232-4636

**Finger Lakes Community Health**

315-781-8448

601-B West Washington Street  
Geneva, NY 14456

This center is able to bill Ontario County Public Health for clients unable to afford STI testing or treatment.

**NYSDOH Bureau of STD Control**

<http://www.health.ny.gov/diseases/aids/about/prevsup.htm>

**NYS HIV/AIDS Hotline (English)**

1-800- 541-2437

**Planned Parenthood of Central & Western NY**

585-396-9352

15 Lafayette Avenue  
Canandaigua, NY 14424

This center is able to bill Ontario County Public Health for clients unable to afford STI testing or treatment.

**Trillium Health**

315-781-6303

Finger Lakes Office  
41 Elm Street  
Geneva, NY 14456

<https://www.trilliumhealth.org/>

## **SUPERVISED VISITATION (Court Ordered)**

**Catholic Charities**

315-789-2235    Regional

Office (Geneva)  
94 Exchange Street  
Geneva, New York 14456

<http://www.catholiccharitiesfl.org/>

**Catholic Charities (Canandaigua Office)**

585- 394-0190

120 North Main Street, Suite 40  
Canandaigua, New York 14424

<http://www.catholiccharitiesfl.org/>

**Child & Family Resources**

315-781-1491

671 South Exchange Street  
Geneva, NY 14456

1-800-881-5786

**Child & Family Resources**

585-919-2476

514 South Main Street  
Canandaigua, NY 14424

## **SUPPORT GROUPS**

**First Time Around: Mother's Support Group FF Thompson Hospital Birth Center**

585-396-6260

**Safe Harbor of the Finger Lakes (Domestic violence)**

315-781-1093

1 Franklin Square Suite 324 Geneva, NY 14456

1-800-247-7273

## Ontario County Resource Guide, 2021

### **SUPPORT GROUPS. cont.**

**La Leche League (Breastfeeding support)**  
PO Box 54  
Clifton Springs, NY14432—No Referral Needed

315-548-7980  
<http://www.llli.org/>

**Healthy Families Ontario  
Resource**

315-781-1491  
*See appendix F for referral forms pages 71-73*

**Catholic Charities**  
94 Exchange Street  
Geneva, NY 14456

315-789-2235  
fax: 315-789-5785  
<http://www.catholiccharitiesfl.org/>

**Child & Family Resources**  
671 South Exchange Street  
Geneva, NY14456

315-781-1491  
<http://www.cfresources.org/>

**Center for Dispute Settlement**

1-800-To-Agree  
585-396-0840  
<http://www.cdsadr.org/>

### **TRANSPORTATION**

**Regional Transit Service (RTS)**

585-394-2250  
1-800-667-2287  
<http://www.myrts.com/>

**Fixed Route Service** - We offer fixed route services throughout Ontario County. Keep in mind the bus stops shown on RTS Ontario routes are only the major stops. There are additional stops along the route.

**Dial-A-Ride Service-** within Ontario County. To schedule, call at least 24 hours in advance, Monday- Friday, 9:00am - 3:00pm. You may call up to a week in advance to reserve a ride.

585-394-2250  
Call 24 hours in advance

**ADA Paratransit Route Deviation-** Pick up from any location within  $\frac{3}{4}$  of a mile from the fixed route service; this is called "route deviation". ***Fares are twice the fixed route fare; discounts do not apply.*** You may call up to a week in advance to reserve a ride.

585 394-2250  
1-800-667-2287  
Call 24 hours in advance

**Medicaid Transportation**

Medicaid recipients - rides to medical appointments.

1-855-733-9402

**Transit Medical Transportation**

585-363-5356

**Monroe Ambulance**

24 hours/7 days a week – medical, wheelchair, and non-emergency transports.

585-454-6211

**Greyhound Bus Lines**

1-800-231-2222  
<http://www.greyhound.com/>

# Ontario County Resource Guide, 2021

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## **UTILITY ASSISTANCE**

Some utility companies have assistance with preventing utility shut off especially in the winter months. Please contact your utility company for more information.

**Heap** (fuel cost Assistance) 585-394-4060

**NY State Public Assistance** 1-800-342-3009

## **VETERAN SERVICES**

**Canandaigua VA Medical Center** 585-394-2000 or 800-204-9917  
400 Fort Hill Avenue 24 hours per day / 7 days per week  
Canandaigua, NY 14424 <http://www.canandaigua.va.gov/>

**24 hour medical advice for enrolled veterans** 1-888-838-7890  
**Crisis Hotline for veterans and their loved ones** 1-800-273-8255, Press 1 or  
Send a text message to 838255  
<https://www.veteranscrisisline.net/>

**Ontario County Veteran Services** 585-396-4185

**Women Veteran Health Program** 585-393-7401

**Women Veteran National Call Center** 1-855-VA-WOMEN or 1-855-829-6636

## **VISITING NURSE SERVICES**

**Finger Lakes Visiting Nurse Service & Ontario-Yates Hospice** 1-800-253-4439  
756 Pre-Emption Road <https://www.urmc.rochester.edu/home-care.aspx>  
Geneva, NY 14456

**Lifetime Care** 585-214-1000  
Home care Services 1-800-724-1410  
<https://www.lifetimecare.org/>

# Ontario County Resource Guide, 2021

## Appendix A

### Medicaid Eligibility (June 2021)

#### Who is eligible for New York Medicaid?

To be eligible for New York Medicaid, you must be a resident of the state of New York, a U.S. national, citizen, permanent resident, or legal alien, in need of health care/insurance assistance, whose financial situation would be characterized as low income or very low income. You must also be one of the following:

- Pregnant, or
- Be responsible for a child 18 years of age or younger, or
- Blind, or
- Have a disability or a family member in your household with a disability, or
- Be 65 years of age or older.

To be eligible, you must have an annual household income (before taxes) that is below the following amounts:

Select Household Size ▼ Maximum Household Income per year [Hide Table ^](#)

#### Annual Household Income Limits (before taxes)

Household Size*	Maximum Income Level (Per Year)
1	\$17,131
2	\$23,169
3	\$29,207
4	\$35,245
5	\$41,284
6	\$47,322
7	\$53,360
8	\$59,398

\*For households with more than eight people, add \$6,038 per additional person. Always check with the appropriate managing agency to ensure the most accurate guidelines.

For detailed income eligibility guidelines visit:

<https://www.benefits.gov/benefit/1637#:~:text=To%20be%20eligible%20for%20New,income%20or%20very%20low%20income>

# Ontario County Resource Guide, 2021

## Appendix B

### Catholic Charities Referral form



Please complete form and fax or e-mail to the following:

- 315-789-5785
- rcarson@dor.org

Case Name: \_\_\_\_\_

Referral Date: \_\_\_\_\_

Referred by: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Biological Parent Information				
Name	Sex	DOB	Relationship	Address

Why is this referral being made?

Are there any circumstances the visitation program should know? (i.e. DV, sexual or substance abuse, coaching notes, etc.)

Who is the visitation to include? (If they are not listed here, they will not be permitted to attend the visit)

Name	Sex	DOB	Relationship

# Ontario County Resource Guide, 2021

## Appendix B

### Catholic Charities Referral form

Are there any orders of protection issued? If so, parties involved.

--

How often is the visitation to occur? (i.e. one time per week for one hour, three times per week for 1 ½ hours, etc.)

--

Is there a preferred day of the week and/ or time of day for the visit?

--

Requested location of visitation?

--

How will transportation be arranged for the child(ren)?

--

Are there any other arrangements that need to be considered? (i.e. client disabilities, wheelchairs, interpreter)

--

List all parties to receive reports from CCFL:

Name	Relation	Phone	Address	E-Mail

Contact information for current custodian of child(ren):

Name	Relation	Address	Phone

Supervisor must be within what distance?

☐ eyesight      ☐ hearing      ☐ 6 feet      ☐ arm's length  
☐ same room      ☐ other      \_\_\_\_\_

# Ontario County Resource Guide, 2021

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## Appendix B

### Catholic Charities Referral Form, cont.

Any other pertinent information:

#### PLEASE NOTE:

If there is a court order and/or Order of Protection, it must be included with this referral.

This form is not to be completed by the client or family members.

All referral information must be completed in its entirety (unless otherwise stated by CCFL) and received before the referral can be processed and visits can commence. Please recognize that there may be a waiting list that could prevent visits from being scheduled immediately.

For self-pay visits:

CCFL charges a fee of \$65.00 per hour. A sliding fee scale is available.

CCFL does not provide transportation unless it is ordered by the judge. There will be an additional fee if this is requested.

Visits are to be paid for in advance of the scheduled visit. If advanced payment is not received, the visit will not be scheduled.

When visits are no longer required, please contact the SV Coordinator with this information.

# Ontario County Resource Guide, 2021

## Appendix C

### Supply a Smile Page 1



1 of 3

**SCREENING and TREATMENT FORM**

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

#### Interview

Do you require pre-medication with antibiotics for dental treatment? Y N

What is your chief complaint? \_\_\_\_\_

Hygienist Initials: \_\_\_\_\_

#### Notes:

Proposed Treatment:      Extraction      Filling      Cleaning *Upon dentist examination you may receive a different diagnosis.*

#### Treatment

Attending Dr/RDH: _____	Date: _____
Treatment: _____	
Treatment Notes: _____	
Complications/Concerns/Referrals: _____	
Was patient on time for appointment? Y N	

**Please fax or email this page back after examining and/or treating patient.**

To: Joan Wood, RDH      From: \_\_\_\_\_  
FAX: 585-394-7945 \ Phone 585-394-7450  
EMAIL: supplyasmile@gmail.com

Affix doctor label here

# Ontario County Resource Guide, 2021

## Appendix C

### Supply a Smile Page 2



2 of 3

#### PERSONAL HISTORY FORM

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone/Cell: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

#### EMERGENCY CONTACT:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

#### DENTAL HISTORY

Do you have dental insurance? Y N  
Are you covered by Medicaid? Y N  
Have you been to CCIA "Supply a Smile" Dental Clinic before? Y N

Last dental visit (month/yr) \_\_\_\_\_ Purpose: \_\_\_\_\_

What Dentist did you see? \_\_\_\_\_

#### PERSONAL HISTORY

Employed: Y N Full time/ Part Time  
Disability: Y N  
Retired: Y N

#### Reason for Assistance from *Supply A Smile*

1. Temporarily Unemployed
2. Work. Comp / Disability
3. Loss of job
4. Unexpected expenses
5. Uninsured for dental care

Patient Sign \_\_\_\_\_ Date \_\_\_\_\_

Joan Wood, Director  
[supplyasmile@gmail.com](mailto:supplyasmile@gmail.com)

TEL: 585-394-7450 ext 304  
FAX: 585-394-7945

# Ontario County Resource Guide, 2021

## Appendix C

### Supply a Smile Page 3



3 of 3

#### MEDICAL HISTORY FORM

Name: \_\_\_\_\_ Date: \_\_\_\_\_

#### MEDICAL HISTORY:

What medications are you taking now? List meds and reasons for taking them.

\_\_\_\_\_

Do you have any allergies? Latex? Y N Medicines? \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

#### Have you had any of the following? (Please Circle)

Cancer Radiation/Chemotherapy Asthma Diabetes Heart Attack/Heart Surgery Pacemaker

Depression/ Anxiety HIV High/Low Blood Pressure Epilepsy/Seizures Hepatitis A, B or C

Females: Are you pregnant? Y N

Do you require premedication with antibiotics for dental treatment? Y N

Do you have: Artificial Joints Y N Heart Valve Replacement Y N

Patient initial here:

Any medical conditions not listed that we should be aware of? Y N

Explain here: \_\_\_\_\_

BP : \_\_\_\_\_ DATE: \_\_\_\_\_

Notes: \_\_\_\_\_

I authorize the release of my information to the appropriate dental office. I understand that this information will be held in strictest confidence. I authorize the dental staff to perform any necessary dental services that I may need during diagnosis and treatment, with my informed consent.

I have read and understand and will comply with the procedures of *Supply A Smile*.

Patient's Signature \_\_\_\_\_

Joan Wood, Director  
[supplyasmile@gmail.com](mailto:supplyasmile@gmail.com)

TEL: 585-394-7450 ext 304  
FAX: 585-394-7945

# Ontario County Resource Guide, 2021

## Appendix D

### New York Donated Dental Services



New York  
Donated Dental Services (DDS)  
In Partnership with the  
New York State Dental Association

1800 15th Street Suite 100  
Denver, CO 80202  
212.598.9000  
Toll Free: 866.616.9001  
Fax: 303.534.5290  
www.DentalLifeline.org

#### DONATED DENTAL SERVICES (DDS)

Dear Applicant:

In response to your request for more information regarding how to apply for donated dental care, we are pleased to provide the following information and application for the Donated Dental Services Program (DDS), a program of Dental Lifeline Network • New York.

#### ELIGIBILITY:

Dentists in New York have volunteered to provide comprehensive dental care at no charge to people of all ages who are permanently disabled, elderly or medically fragile and lack adequate income to pay for needed dental care.

#### COST:

Qualifying individuals generally pay nothing, but occasionally, people in a position to pay for part of their care may be encouraged to do so, especially when laboratory work is necessary.

#### DENTAL BENEFITS:

If dental insurance and/or Medicaid cover any portion of your dental problems, you will be asked to exhaust this resource.

#### APPLICATION PROCESS:

##### Step One

Complete entire application. Page 5 of the application provides consent for the Program Coordinator to obtain and share information about you and provides consent for your physician to release medical information. Please return the application and both consent forms by mail, fax, or online as directed. **Keep this page for your records.**

##### Step Two

When your application is received and you appear to be eligible for DDS, your application will be placed on a waitlist in the order it was received. If you are not eligible, a letter of denial will be sent to you. **Depending upon the area you live in, the wait will be several months or can be over a year. Please also be aware that we cannot return phone calls about where you are on the waiting list due to the volume of calls we receive and trying to help people through the program as quickly as possible.**

##### Step Three

When your application comes to the top of the waitlist, DDS will contact you to tentatively determine eligibility. If a volunteer dentist agrees to evaluate your oral health, you will be given the information to schedule a consultation. Final acceptance into the program will be made only after the consultation and when the specific treatment needs are established by a volunteer dentist.

We are sorry you are experiencing a dental problem and we hope the Donated Dental Services (DDS) program may be of some help.

Sincerely,  
Donated Dental Services (DDS) Program Coordinator

# Ontario County Resource Guide, 2021

## New York Donated Dental Services, cont.

### **DENTAL INFORMATION**

Briefly describe your dental problems: \_\_\_\_\_

How many natural teeth do you have remaining? # of Upper Teeth: \_\_\_\_\_ # of Lower Teeth: \_\_\_\_\_

Name of last dentist: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Approximate date of last dental visit: \_\_\_\_\_

How will you get to dental appointments? \_\_\_\_\_

Please list other cities or how far you are willing to travel in order to get dental treatment: \_\_\_\_\_

### **REFERRING AGENCY or AGENCY THROUGH WHICH YOU RECEIVE SERVICES**

Agency name: \_\_\_\_\_

Name of caseworker: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### **HOUSEHOLD FINANCIAL INFORMATION**

Number of people in your household: \_\_\_\_\_

<u>Name of each person in the household:</u>	<u>Age:</u>	<u>Relationship to you:</u>	<u>Monthly Income:</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

### **MONTHLY HOUSEHOLD INCOME:**

Are you able to work? Yes: ☐ No: ☐

If no, please explain why: \_\_\_\_\_

If you are employed, place of employment: \_\_\_\_\_

Your monthly employment income: \$ \_\_\_\_\_

Is your spouse/significant other employed? Yes: ☐ No: ☐

If no, please explain why: \_\_\_\_\_

If they are employed, Place of employment: \_\_\_\_\_

Spouse's/significant other's monthly employment income: \$ \_\_\_\_\_

### **FINANCIAL ASSISTANCE:**

	<u>Monthly amount:</u>	<u>Year benefit began:</u>
SSI or SSDI Payments:	\$ _____	_____
Social Security (retirement):	\$ _____	_____
Unemployment/Workers Compensation:	\$ _____	_____
Temporary assistance to needy families (TANF):	\$ _____	_____
Other Public Assistance: _____	\$ _____	_____
<u>Total Monthly Household Income:</u>	\$ _____	_____

# Ontario County Resource Guide, 2021

## New York Donated Dental Services, cont.

If you are not receiving disability, have you ever applied? Yes: ☐ No: ☐

Total value of savings: \$ \_\_\_\_\_

Pension: \$ \_\_\_\_\_

Type of investments/assets: \_\_\_\_\_

Total value of investments/assets: \$ \_\_\_\_\_

Do you receive Food Stamps? Yes: ☐ No: ☐ Monthly amount: \$ \_\_\_\_\_

Do you receive Medicaid benefits? Yes: ☐ No: ☐ Medicaid #: \_\_\_\_\_

Do you receive Medicare benefits? Yes: ☐ No: ☐

Do you have a Medicare Advantage Plan? Yes: ☐ No: ☐

Do you have dental insurance? Yes: ☐ No: ☐

### MONTHLY HOUSEHOLD EXPENSES:

Housing: \$ \_\_\_\_\_ Own: ☐ Rent: ☐

Food (not including Food Stamps): \$ \_\_\_\_\_ Utilities: \$ \_\_\_\_\_ Phone: \$ \_\_\_\_\_

Cable/Internet: \$ \_\_\_\_\_ Credit card/Loan payments: \$ \_\_\_\_\_ Medications/Medical Costs: \$ \_\_\_\_\_

Out of pocket health insurance: \$ \_\_\_\_\_ Life/Burial insurance: \$ \_\_\_\_\_

Is there a car in the household? Yes: ☐ No: ☐

If yes, make: \_\_\_\_\_ model: \_\_\_\_\_ year of car: \_\_\_\_\_

Car payment: \$ \_\_\_\_\_ Car insurance/Car expenses/Gas: \$ \_\_\_\_\_

Other Monthly Expenses: \_\_\_\_\_

Total Monthly Household Expenses: \$ \_\_\_\_\_

Are any family members able to contribute to costs of your dental treatment? Yes: ☐ No: ☐

If yes, please explain: \_\_\_\_\_

Are any other sources available to help pay for dental care  
(i.e. churches, service organizations, other agencies, etc.)? Yes: ☐ No: ☐

If yes, please explain: \_\_\_\_\_

### ADDITIONAL INFORMATION:

Use this space to elaborate on any information not sufficiently explained in other areas:

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# Ontario County Resource Guide, 2021

## New York Donated Dental Services, cont.

### AGREEMENT

Please read the following statements

If you understand and agree to the conditions, please sign and date at the bottom of the form

#### 1. Agreement – Release of Information

a. I understand that I will need to provide personal information that includes but, is not limited to medical, dental, and financial condition. I authorize the DDS Program to obtain information from, and share information with my physician(s), dentist(s), contact people I listed, and/or government or private agencies in order to determine my eligibility for the DDS program.

b. I understand information provided by me or others as noted above may be given only to the volunteers involved in my treatment and will be held confidential. I authorize the DDS Program to share information with and obtain information about me with one or more dentist(s) volunteering in the DDS program.

c. I understand if my disability is AIDS or HIV related, I authorize the DDS Program and Dental Lifeline Network • New York to release information about my AIDS or HIV-related medical condition to one or more volunteer dentists in the DDS program and hold Dental Lifeline Network • New York harmless for doing so. I also understand that I have a right to revoke this consent at any time except to the extent that the person who is to make the disclosure has already acted in reliance on it. Furthermore, this consent will expire by \_\_\_\_\_ or upon \_\_\_\_\_.

#### 2. Eligibility & Treatment Understanding

a. I realize that my application to the DDS program does not assure I will be referred for an examination or that I will be accepted as a patient following an examination. I understand that Dental Lifeline Network • New York, which coordinates the DDS program, will determine whether I am eligible for the program and, if so, will try to refer me to a participating volunteer dentist. I further understand that the dentist, not the organization, is solely responsible for diagnosis and any possible treatment that I might receive for my dental needs.

b. I understand that the dentist(s) has volunteered to treat my existing dental condition only and is not obligated to provide donated care in the future or to maintain me as a patient.

c. I understand that a volunteer dentist in the DDS program may discontinue providing services to me at any time upon reasonable notice provided to me. I understand that, after receiving such notice, I am responsible for obtaining the services of an alternate dentist. I also understand that the Dental Lifeline Network • New York has no responsibility to assist me in obtaining the services of an alternate dentist.

#### 3. My Responsibilities

I understand the importance of keeping all scheduled appointments and agree to make them.

**To the best of my knowledge, the information provided on this form is a full and accurate disclosure of my current physical, medical, and financial status.**

Signature of client: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of client's guardian (if necessary): \_\_\_\_\_ Date: \_\_\_\_\_

#### 4. Optional Photo and Information Consent Form

I authorize Dental Lifeline Network • New York to use my name, information, statements, or photograph for public relations purposes, and to attribute my statements to me as an expression of my personal experience. I understand that this information may be used in dental journals, website(s), media articles, advertisements or other marketing materials that promote the programs of the organization and encourage involvement from dental professionals and funders. I also agree that no material needs to be submitted to me for any further approval, and I give the organization the right to copyright such material if necessary. I understand that if I don't grant this permission, it will not affect my eligibility for receiving services through Donated Dental Services (DDS).

Signature of client: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of client's guardian (if necessary): \_\_\_\_\_ Date: \_\_\_\_\_

# Ontario County Resource Guide, 2021

## New York Donated Dental Services, cont.



New York  
Donated Dental Services (DDS)  
In Partnership with the  
New York State Dental Association

1800 15th Street Suite 100  
Denver, CO 80202  
212.598.9000  
Toll Free: 866.616.9001  
Fax: 303.534.5290  
www.DentalLifeline.org

### RELEASE OF INFORMATION & AUTHORIZATION

I, \_\_\_\_\_  
Client First Name Middle Initial Last Date of Birth

Authorize Dental Lifeline Network • New York to obtain information from and share information with:

\_\_\_\_\_  
Name of Medical Provider/Hospital/Person/Agency Address City, State, Zip

Client is seeking care through the Dental Lifeline Network • New York (DLN) Donated Dental Services (DDS) program, a humanitarian initiative through which volunteer dentists and laboratories provide comprehensive dental care without charge for individuals with mental, physical, and/or medical disabilities. Information about the Client will be used to better understand the relative clinical circumstances and needs of applicant, and the possible medical necessity and urgency for dental treatment.

**Please print clearly.**

- I understand and authorize the release of medical and personal information about me for purposes of receiving comprehensive dental treatment through the DDS Program.
- I understand that if I do not sign this authorization that DLN may withhold treatment or eligibility for the DDS program.
- I understand that there is potential for information disclosed, as a result of this release/authorization, to be re-disclosed by the recipient and therefore no longer protected by the HIPAA Privacy Regulation.
- I understand that I may revoke this release/authorization at any time by giving written notice to DLN, except to the extent that action has already been taken to comply with it. Without such revocation this release/authorization will expire on \_\_\_\_\_, or if left blank, one year from the date of my signature. Any revocation of authorization will prevent me from further treatment through the DDS program.
- I understand that I have a right to refuse to sign this form subject to the conditions noted above or if I sign I am entitled to a copy of the signed form.

\_\_\_\_\_  
Signature of Client/Legal Representative Relationship to Client  
\_\_\_\_\_  
Address City, State, Zip Date

NOTICE TO WHOM THIS INFORMATION IS GIVEN: this information has been disclosed to you from records whose confidentiality is protected by Federal law. Federal Law prohibits you from making further disclosure of this information without the specific written consent of the person to whom it pertains. If applicable, an assessment of the minimum necessary amount of information required has been applied to this release/authorization.

**DO NOT** sign below unless you wish to revoke your consent for release of information.

**I hereby revoke this Consent to Release/Authorization for Information.**

\_\_\_\_\_  
Signature of Client/Legal Representative Relationship to Client  
\_\_\_\_\_  
Date

# Ontario County Resource Guide, 2021

## New York Donated Dental Services, cont.

### Donated Dental Services (DDS) - Medical Triage Form

**Only submit this form with your application if you have a medical need for dental treatment.**

**MUST BE COMPLETED BY YOUR DOCTOR!**

Date: \_\_\_\_\_

Printed Name of Physician \_\_\_\_\_

Physician Signature \_\_\_\_\_

Patient Full Name \_\_\_\_\_

Physician Phone Number \_\_\_\_\_

Oral Condition (please check applicable line):

Severity of disease: ☐ mild (no obvious decay or periodontal infections)  
☐ moderate (obvious decay and/or periodontal disease but not extreme)  
☐ severe (rampant decay, teeth fractured and/or mobile, significant periodontal inflammation)  
☐ other (please describe \_\_\_\_\_)

Medical Condition (please check all applicable lines):

Organ transplantation: ☐ candidate for, or ☐ recipient of a transplant (organ \_\_\_\_\_)

Immunodeficiency: ☐ immune system suppressed by medication and/or disease (specify \_\_\_\_\_)

Renal function: ☐ compromised (☐ on or planned hemodialysis)

Medications: ☐ corticosteroids, ☐ immunosuppressive or cytotoxic drugs,

☐ bisphosphonate therapy ☐ planned / ☐ active / ☐ completed (how long ago \_\_\_\_\_).

Please specify medication(s), and in following parentheses the related condition for which the drug is prescribed; e.g.,  
remicade (rheumatoid arthritis): \_\_\_\_\_

Diabetes: ☐ type 1 / ☐ type 2 / ☐ controlled with ☐ diet, ☐ medication / ☐ poorly or uncontrolled

Cancer: \_\_\_\_\_ type / ☐ active, ☐ in remission

☐ chemotherapy and/or radiation therapy is ☐ planned, ☐ active, ☐ completed

Cardiovascular: ☐ hx of bacterial endocarditis / ☐ artificial heart valve / ☐ stent / ☐ valvular heart disease

☐ other (please specify \_\_\_\_\_)

Blood dyscrasia: ☐ (please specify type and severity) \_\_\_\_\_

Joint prosthesis: ☐ planned / ☐ present (type \_\_\_\_\_)

Medical Necessity of Dental Care

Will medical therapies for the patient be complicated by untreated oral condition?

☐ yes / ☐ no

If yes, please check applicable medical management issues

☐ Enhanced immuno-suppression concerns / risks

☐ Sepsis Risks preventing or delaying needed surgery / type \_\_\_\_\_

☐ Concerns regarding intubation for anesthesia or endoscopy because teeth are mobile or brittle

☐ Other (please describe \_\_\_\_\_)

Given medical circumstance(s), are you concerned the person's dental condition poses a significant risk of increased morbidity?

☐ yes / ☐ no

If yes, please grade risk: ☐ Moderate, needs dental care completed within six to twelve months

☐ Severe, needs dental care within three to six months

☐ Urgent, present status an unacceptable risk to overall care (eg. abscesses, osteomyelitis)

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# Ontario County Resource Guide, 2021

## Appendix E

### Medication/Drug Drop Box Locations

#### Medication Drop Box Locations



##### BRISTOL

Town Hall (585.229.4523)

##### CANANDAIGUA

DMV Office (585.396.4210)

FLCC, near gym  
(585.785.1000)

Police Department  
(585.394.3311)

The Medicine Shoppe  
(585.337-4300)

Thompson Hospital, lobby  
(585.396.6000)

##### CLIFTON SPRINGS

Hospital & Clinic, lobby  
(315.462.9561)

##### EAST BLOOMFIELD

Town Hall (585.657.6515)

##### FARMINGTON

State Trooper Barracks  
(585.398.4100)

##### GENEVA

Police Department (315.828.6771)

North Street Pharmacy  
(315.787.5388)

##### HOPEWELL

Ontario County Mental  
Health Clinic (585.396.4363)

##### NAPLES

Village Hall (585.374.2111)

##### PHELPS

Community Center (315.548.8484)

##### RICHMOND

Town Hall (585.229.5757)  
CVS Pharmacy (585.229.2285)

##### RUSHVILLE

Village Hall (585.554.3415)

##### SHORTSVILLE

Red Jacket Pharmacy  
(585.289.3002)

##### VICTOR

Mead Square Pharmacy  
(585.924.7970)

Questions?  
Call us at  
(585)  
396-4554



# Ontario County Resource Guide, 2021

## Appendix F

### Food Pantries: Ontario County

Food Pantry	Address	Phone
<b>Catholic Charities of the Finger Lakes</b> (No food pantry, but they offer emergency services)	120 N Main St #40, Canandaigua	585-394-0190
<b>CCIA Emergency Food Pantry (1)</b>	120 N. Main St., Canandaigua (basement of FF Thompson Apts.)	585-394-7450x308
<b>CCIA Emergency Food Pantry (2)</b>	Zion Fellowship, 5188 Bristol Rd., Canandaigua	585-394-7450x308
<b>Center of Concern</b>	58 Avenue D, Geneva	315-789-1117
<b>Clifton Springs United</b>	1 East Main Street, Clifton Springs	315-521-2201
<b>Foodlink</b>	1999 Mount Read Blvd. South Srv Road, Rochester	585-328-3380
<b>Friendship House</b>	5614 William St, Middlesex	585-554-6056 After hours: 585-520-0803
<b>St. John's Episcopal Church- Gleaners Community Kitchen</b>	183 N. Main St., Canandaigua	585-394-4818
<b>Gorham Methodist Church</b>	4746 South St., Gorham	585-526-5223
<b>Honeoye Community Food Pantry</b>	UCC Honeoye Church – 8758 Main St.,	585-721-0009
<b>Naples Open Cupboard</b>	Harwood Lane, Naples	585-534-9878
<b>Salvation Army, Canandaigua</b>	110 Saltonstall St., Canandaigua	585-394-6968x110
<b>Salvation Army, Geneva</b>	41 North St., Geneva	315-789-1055
<b>St Bridget's Church- The Blessing Room Pantry</b>	15 Church St., Bloomfield	585-337-0797
<b>St. Dominic Church – Twin Cities Community Food Cupboard</b>	Bennett building, Manchester	585-289-4164
<b>St. Felix Church – Caring Hearts Community Food Cupboard</b>	12 Hibbard Ave., Clifton Springs (basement of St. Felix)	315-462-2961
<b>St. Francis Church – Phelps Community Food Cupboard</b>	Phelps Community Center, Phelps	315-548-8897
<b>St. Vincent DePaul Society</b>	120 North Main St, Canandaigua	585-394-3980
<b>Victor Farmington Food Cupboard</b>	6548 Anthony Drive, Victor	585-924-2720

\*Contact the Pantry's for their services offered, dates of service, and hours of operation.

# Ontario County Resource Guide, 2021

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## Appendix G

### Food Stamp (SNAP) Eligibility October 2020

#### Who is eligible to receive SNAP benefits?

If your gross income, based on family size, is at or below the amounts in the following charts, you may be eligible for SNAP benefits. But, the only way to determine if your household is eligible for SNAP benefits is to apply.

#### Income Guidelines for Households without Earned Income (no elderly or disabled member)

<https://www.ny.gov/services/apply-snap>

Income Guidelines for Households without Earned Income (no elderly or disabled member)

Family Size	Monthly Gross Income*	Annual Gross Income*
1	\$1,383	\$16,596
2	\$1,868	\$22,416
3	\$2,353	\$28,236
4	\$2,839	\$34,068
5	\$3,324	\$39,888
6	\$3,809	\$45,708
7	\$4,295	\$51,540
8	\$4,780	\$57,360
Each additional person	\$486 +	\$5,832 +

\*Chart information is based upon SNAP Standards effective October 1, 2020.

## Ontario County Resource Guide, 2021

Income Guidelines for Households with Earned Income (no elderly or disabled member)

Family Size	Monthly Gross Income*	Annual Gross Income*
1	\$1,595	\$19,140
2	\$2,155	\$25,860
3	\$2,715	\$32,580
4	\$3,275	\$39,300
5	\$3,835	\$46,020
6	\$4,395	\$52,740
7	\$4,955	\$59,460
8	\$5,515	\$66,180
Each additional person	\$560 +	\$6,720 +

\*Chart information is based upon SNAP Standards effective October 1, 2020.

# Ontario County Resource Guide, 2021

## Appendix H

### Healthy Families Ontario & Child and Family Resources Referral – English

Fillable form: <https://cfr.clubexpress.com/>



#### FOLLOW-UP SURVEY ON CHILD CARE ARRANGEMENTS

Name   
Address   
City  State  Zip Code   
Email Address

We are very interested in how your child care arrangements have progressed. Please fill out the survey provided and return to us in the self addressed envelope provided. Thank you.

1. Have you found child care for your children? ☐ Yes ☐ No  
*If No, please go to question 5. If Yes, continue to next question.*

2. I found care: (Please check on response)  
☐ Through child care referrals provided by your agency, **only**.  
☐ Through your agency's child care referrals **and** another source.  
☐ Through another source all together  
☐ On my own. I did not receive any help.

3. What type of child care arrangement did you choose?

- ☐ Family Child Care Home
- ☐ Child Care Center
- ☐ Preschool Program
- ☐ School-Age Child Care Program
- ☐ Head Start
- ☐ Universal Pre Kindergarten Program
- ☐ Pre-Kindergarten Program
- ☐ Nursery School
- ☐ In-home Child Care (nanny, etc.)
- ☐ Summer Only or Camp Program
- ☐ Playgroup
- ☐ Legally Exempt Child Care Arrangement or Relative
- ☐ Other

4. Are you satisfied with your current child care arrangement?

- ☐ Yes, I am **satisfied** with my child care arrangement
- ☐ I am **somewhat** satisfied with my child care arrangement
- ☐ I am **not satisfied** with my child care arrangement

# Ontario County Resource Guide, 2021

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**5. If finding child care was difficult or you were unable to find child care, please explain why (check all that apply)**

- ☐ Cost of child care was too high  
*What was the cost?* \_\_\_\_\_  
*What is the amount you could afford to pay?* \_\_\_\_\_
- ☐ No openings
- ☐ Location of care (i.e. difficult to get to, didn't like) list area desired: \_\_\_\_\_
- ☐ No transportation
- ☐ Dissatisfied with the quality
- ☐ Type of care I desired was not available – list type needed: \_\_\_\_\_
- ☐ Scheduling difficulty, hours needed not provided – List hours needed: \_\_\_\_\_
- ☐ Spoken language of provider not same as parent
- ☐ Have not completed search for care
- ☐ Made different choices to accommodate family needs (*work from home, parents working different shifts, use relative, parent chose to stay at home*)
- ☐ Other (please explain) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**6. How would you describe the child care referral services you received? (please check one)**

- ☐ The child care resource and referral service was **very helpful**
- ☐ The child care resource and referral service was **helpful**
- ☐ The child care resource and referral service was **somewhat helpful**
- ☐ The child care resource and referral service was **not helpful at all**

**7. Would you use this service again?** ☐ Yes ☐ No

**8. Did you receive your Parent Education Packet within?**

- ☐ 1 Business Day ☐ 2 Business Days
- ☐ 3 Business Day ☐ 4-7 Business Days

**9. If you visited our website was it user friendly?**

- ☐ Yes ☐ No
- ☐ Somewhat ☐ Did not access

**10. If you have not found child care and would like to receive more referrals, please contact our CCRR Specialist at 1-800-881- 5786.**

# Ontario County Resource Guide, 2021

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## Appendix H – 1

### Healthy Families Ontario & Child and Family Resources Referral – Spanish



CHILD & FAMILY  
RESOURCES, INC.

#### **ENCUESTA DE SEGUIMIENTO DE ARREGLOS DE CUIDO**

Nombre

Dirección

Ciudad  Estado  Código postal

Correo electrónico

Estamos muy interesados en cómo sus arreglos de cuidado de niños han progresado. Favor de llenarla encuesta y devolver a nuestras oficinas en el sobre provisto con nuestra dirección. Gracias.

1. ¿Ha encontrado un proveedor de cuidados para sus hijos?  
(Si contesta No, vaya a la pregunta número 5.)  
SI ☐ NO ☐
2. Encontré Cuido :(solo marque uno)  
☐ A través de referencias de proveedores de cuidado proporcionados por su agencia, solamente.  
☐ A través de referencias de proveedores de cuidado proporcionados por su agencia y otros recursos.  
☐ A través de otra entidad completamente  
☐ Por mi cuenta, no he recibido ninguna ayuda
3. ¿Qué tipo de servicios de cuidado para sus hijos elegiste?  
☐ Proveedor de cuidado de familia  
☐ Centro de cuidado  
☐ Programa pre - escolar  
☐ Programa de Niños de edad escolar  
☐ Programa de comienzo de adelantado  
☐ Programa universal Pre-Kínder  
☐ Programa pre- escolar  
☐ Programa de guardería infantil  
☐ Cuidado de niños en su propio hogar (niñera)  
☐ Programa de verano o campamento  
☐ Programa de grupo de juego  
☐ Proveedor de cuidados legalmente exentos o parientes  
☐ Otro
4. ¿Está satisfecho con sus arreglos de cuidado de niños?  
☐ Sí, estoy satisfecho con mis arreglos de cuidado infantil.  
☐ Estoy un poco satisfecho con mi arreglo de cuidado infantil  
☐ No estoy satisfecho con mis arreglos de cuidado infantil

# Ontario County Resource Guide, 2021

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## Appendix I

### Sharps Collection Sites

#### **CLIFTON SPRINGS HOSPITAL AND CLINIC**

2 Coulter Rd. Clifton Springs, NY 14432

315-462-1600

M-F 7am-5pm, Sat. 7am-11am, Hospital Laboratory

#### **UR THOMPSON HOSPITAL**

350 Parrish St. Canandaigua, NY 14424

585-396-6100

24/7 availability, Emergency Ambulatory Entrance

#### **GENEVA GENERAL HOSPITAL**

196 North Street, Geneva, NY 14456

315-787-4000

24/7 availability, Emergency Department Entrance

#### **UR THOMPSON HEALTH URGENT CARE**

1600 Corporate Drive, Farmington, NY 14425

585-924-1510


M-F 11am-8pm, Sat. & Sun. 9am-5pm, See Receptionist at Reception Area in Lobby

*Sharps should be brought to disposal sites in a hard sided plastic container that stays upright (like a laundry detergent bottle), labeled, with the lid taped shut.*

# Ontario County Resource Guide, 2021

## Appendix J

### Thompson Health Childbirth, Parenting, Breastfeeding, Infant CPR and Sibling Classes Registration Form



# REGISTRATION FORM

Mother's Name: \_\_\_\_\_ (first) \_\_\_\_\_ (last)

Due Date: \_\_\_\_\_ Prior Childbirth Classes? Yes ☐ No ☐

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_

Work Phone: (\_\_\_\_) \_\_\_\_\_

Mother's Occupation: \_\_\_\_\_

Mother's Age: \_\_\_\_\_ Mother's Date of Birth: \_\_\_\_\_

Physician: \_\_\_\_\_ Hospital: \_\_\_\_\_

Type of insurance: \_\_\_\_\_ ID #: \_\_\_\_\_

Coach's Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Coach's Phone: (\_\_\_\_) \_\_\_\_\_ Coach's Age: \_\_\_\_\_

Coach's Occupation: \_\_\_\_\_

Is this a Multiple Pregnancy? Yes ☐ No ☐ How many? \_\_\_\_\_

Any special needs? \_\_\_\_\_

Associate of Thompson Health? Yes ☐ No ☐

Associates receive \$10 discount off cost of Childbirth Preparation Class

Please check the class(es) you wish to attend below:

Class	Amount Due
Childbirth Preparation Class*	\$70
Survival Skills for the New Parent	\$10
Breastfeeding Class (Mom encouraged to bring support person)	\$10
Infant C.P.R. (Cost \$5/person attending)	\$5 ea.
Special Package Offer (See offer below)	\$85
Sibling Class (Parents & one child aged 3 to 10; each additional child, add \$5.00)	\$10
<b>Total Due:</b>	_____

*New offerings may be added — please call our office for more information.*

Full name of child(ren) attending	Birth Date	Male/Female
_____	_____	_____
_____	_____	_____
_____	_____	_____

\* Associates receive \$10 discount off cost of Childbirth Preparation Class

**Save Money with our Special Package Offer**

- Breastfeeding
- Infant CPR
- Childbirth Preparation Class
- Survival Skills for the New Parent

**\$100 VALUE You Pay Only \$85**

# Ontario County Resource Guide, 2021

## Appendix K

### Tutors for Medically Fragile Children

#### What is BOOST?



Boost provides supplementary tutoring for children with cancer and other chronic diseases, which may prevent normal educational development. This group of teachers will not supplant the tutoring being provided by the school, but will act as a “boost” to a child by helping him/her better understand material being presented at the child’s grade level. The goal of Boost is to do all of this with the caring and warmth of an adopted grandparent. Looking out for each child’s future Boost keeps an eye on each child’s future. Our tutors use their teaching expertise to fill the gap left when traditional schooling is not possible. Keeping the student on-track Boost tutors make every effort to keep the student academically on track with their peers.

#### How does BOOST work?

Boost does not replace the tutor from the school, but works *with* the teacher, parent and student to provide extra help and encouragement such as:

- Communicating with the teacher as to what assistance can be provided.
- Going to the home once or twice a week.
- Going to the clinic to help with school work.
- Being on-call as progress is made, so that instruction is available whenever your child needs it.

#### Getting Started

1. The Director meets one-on-one with the parents and child, so all parties can discuss the child’s academic needs.
2. The tutor is chosen based on the needs of the child.
3. The tutor meets with the parents and child to set up a schedule and location, as well as to become acquainted with one another.
4. Upon receiving permission from the parents, the tutor communicates with the school in order to coordinate services.
5. The tutor meets with the child once or twice a week as long as tutoring is needed.
6. Each time the tutor works with the child there must be a parent, grandparent, guardian or other responsible adult present at the location of the tutoring.

#### Complementing Services

Boost complements services provided by the school by helping the child:

- Keep up with school work
- Get back into the swing of school
- Stay at grade level

#### Get a BOOST!

Call or email Linda Bolan today.  
phone: 585-317-7269  
email: linda4boost@gmail.com



Qualified • Compassionate • Reliable



*"The tutoring Estrella has received from the Boost tutor has been very helpful. The one-on-one help has given her the extra boost she needed to build confidence in her school-work. Knowing that someone is just a phone call away gives her a sense of security and stops her frustration when she can't figure out a problem on her own. Thank you Boost!"*

Kim Cantin, parent

Learn more at:  
**[www.boost4kids.com](http://www.boost4kids.com)**

# Ontario County Resource Guide, 2021

## Appendix L

### Immunization Schedule, Children

<https://www.health.ny.gov/publications/2370.pdf>

#### 2021-22 School Year New York State Immunization Requirements for School Entrance/Attendance<sup>1</sup>

**NOTES:**

Children in a prekindergarten setting should be age-appropriately immunized. The number of doses depends on the schedule recommended by the Advisory Committee on Immunization Practices (ACIP). Intervals between doses of vaccine should be in accordance with the ACIP-recommended immunization schedule for persons 0 through 18 years of age. Doses received before the minimum age or intervals are not valid and do not count toward the number of doses listed below. See footnotes for specific information for each vaccine. Children who are enrolling in grade-less classes should meet the immunization requirements of the grades for which they are age equivalent.

**Dose requirements MUST be read with the footnotes of this schedule**

Vaccines	Prekindergarten (Day Care, Head Start, Nursery or Pre-k)	Kindergarten and Grades 1, 2, 3, 4 and 5	Grades 6, 7, 8, 9, 10 and 11	Grade 12
Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td) <sup>2</sup>	4 doses	5 doses or 4 doses If the 4th dose was received at 4 years or older or 3 doses If 7 years or older and the series was started at 1 year or older	3 doses	
Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine adolescent booster (Tdap) <sup>3</sup>		Not applicable	1 dose	
Polio vaccine (IPV/OPV) <sup>4</sup>	3 doses	4 doses or 3 doses If the 3rd dose was received at 4 years or older		
Measles, Mumps and Rubella vaccine (MMR) <sup>5</sup>	1 dose	2 doses		
Hepatitis B vaccine <sup>6</sup>	3 doses	3 doses or 2 doses of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years		
Varicella (Chickenpox) vaccine <sup>7</sup>	1 dose	2 doses		
Meningococcal conjugate vaccine (MenACWY) <sup>8</sup>		Not applicable	Grades 7, 8, 9, 10 and 11: 1 dose	2 doses or 1 dose if the dose was received at 16 years or older
Haemophilus influenzae type b conjugate vaccine (Hib) <sup>9</sup>	1 to 4 doses	Not applicable		
Pneumococcal Conjugate vaccine (PCV) <sup>10</sup>	1 to 4 doses	Not applicable		

# Ontario County Resource Guide, 2021

## Appendix M

### Your Baby's First Vaccines

#### VACCINE INFORMATION STATEMENT

## Your Child's First Vaccines

### What You Need to Know

Many Vaccine Information Statements are available in Spanish and other languages. See [www.imzmmis.org/via](http://www.imzmmis.org/via).  
Folios de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite [www.imzmmis.org/via](http://www.imzmmis.org/via).

The vaccines covered on this statement are those most likely to be given during the same visits during infancy and early childhood. Other vaccines (including measles, mumps, and rubella; varicella; rotavirus; influenza; and hepatitis A) are also routinely recommended during the first five years of life.

#### Your child will get these vaccines today:

☐ DTaP ☐ Hib ☐ Hepatitis B ☐ Polio ☐ PCV13

(Provider: Check appropriate boxes.)

#### 1 Why get vaccinated?

Vaccine-preventable diseases are much less common than they used to be, thanks to vaccination. But they have not gone away. Outbreaks of some of these diseases still occur across the United States. **When fewer babies get vaccinated, more babies get sick.**

7 childhood diseases that can be prevented by vaccines:

##### 1. Diphtheria (the 'D' in DTaP vaccine)

- **Signs and symptoms** include a thick coating in the back of the throat that can make it hard to breathe.
- **Diphtheria can lead to breathing problems**, paralysis and heart failure.
  - About 15,000 people died each year in the U.S. from diphtheria before there was a vaccine.

##### 2. Tetanus (the 'T' in DTaP vaccine; also known as Lockjaw)

- **Signs and symptoms** include painful tightening of the muscles, usually all over the body.
- **Tetanus can lead to stiffness of the jaw** that can make it difficult to open the mouth or swallow.
  - Tetanus kills about 1 person out of every 10 who get it.

##### 3. Pertussis (the 'P' in DTaP vaccine, also known as Whooping Cough)

- **Signs and symptoms** include violent coughing spells that can make it hard for a baby to eat, drink, or breathe. These spells can last for several weeks.
- **Pertussis can lead to pneumonia**, seizures, brain damage, or death. Pertussis can be very dangerous in infants.
  - Most pertussis deaths are in babies younger than 3 months of age.

##### 4. Hib (*Haemophilus influenzae* type b)

- **Signs and symptoms** can include fever, headache, stiff neck, cough, and shortness of breath. There might not be any signs or symptoms in mild cases.
- **Hib can lead to meningitis** (infection of the brain and spinal cord coverings); pneumonia; infections of the ears, sinuses, blood, joints, bones, and covering of the heart; brain damage; severe swelling of the throat, making it hard to breathe; and deafness.
  - Children younger than 5 years of age are at greatest risk for Hib disease.

##### 5. Hepatitis B

- **Signs and symptoms** include tiredness, diarrhea and vomiting, jaundice (yellow skin or eyes), and pain in muscles, joints and stomach. But usually there are no signs or symptoms at all.
- **Hepatitis B can lead to liver damage**, and liver cancer. Some people develop chronic (long term) hepatitis B infection. These people might not look or feel sick, but they can infect others.
  - Hepatitis B can cause liver damage and cancer in 1 child out of 4 who are chronically infected.

##### 6. Polio

- **Signs and symptoms** can include flu-like illness, or there may be no signs or symptoms at all.
- **Polio can lead to permanent paralysis** (can't move an arm or leg, or sometimes can't breathe) and death.
  - In the 1950s, polio paralyzed more than 15,000 people every year in the U.S.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

# Ontario County Resource Guide, 2021

## Your Baby's First Vaccines, page 2

### 7. Pneumococcal Disease

- **Signs and symptoms** include fever, chills, cough, and chest pain. In infants, symptoms can also include meningitis, seizures, and sometimes rash.
- **Pneumococcal disease can lead to meningitis** (infection of the brain and spinal cord coverings); infections of the ears, sinuses and blood; pneumonia; deafness; and brain damage.
  - About 1 out of 15 children who get pneumococcal meningitis will die from the infection.

Children usually catch these diseases from other children or adults, who might not even know they are infected. A mother infected with hepatitis B can infect her baby at birth. Tetanus enters the body through a cut or wound; it is not spread from person to person.

### Vaccines that protect your baby from these seven diseases:

Vaccine	Number of doses	Recommended ages	Other information
DTaP (Diphtheria, Tetanus, Pertussis)	5	2 months, 4 months, 6 months, 15-18 months, 4-6 years	Some children get a vaccine called DT (Diphtheria & Tetanus) instead of DTaP.
Hepatitis B	3	Birth, 1-2 months, 6-18 months	
Polio	4	2 months, 4 months, 6-18 months, 4-6 years	An additional dose of polio vaccine may be recommended for travel to certain countries.
Hib ( <i>Haemophilus influenzae</i> type b)	3 or 4	2 months, 4 months, (6 months), 12-15 months	There are several Hib vaccines. With one of them the 6-month dose is not needed.
Pneumococcal (PCV13)	4	2 months, 4 months, 6 months, 12-15 months	Older children with certain health conditions also need this vaccine.

Your healthcare provider might offer some of these vaccines as **combination vaccines** — several vaccines given in the same shot. Combination vaccines are as safe and effective as the individual vaccines, and can mean fewer shots for your baby.

## 2

### Some children should not get certain vaccines

Most children can safely get all of these vaccines. But there are some exceptions:

- A child who has a mild cold or other illness on the day vaccinations are scheduled may be vaccinated. A child who is moderately or severely ill on the day of vaccinations might be asked to come back for them at a later date.
- Any child who had a life-threatening allergic reaction after getting a vaccine should not get another dose of that vaccine. *Tell the person giving the vaccines if your child has ever had a severe reaction after any vaccination.*
- A child who has a severe (life-threatening) allergy to a substance should not get a vaccine that contains that substance. *Tell the person giving your child the vaccines if your child has any severe allergies that you are aware of.*

### Talk to your doctor before your child gets:

- **DTaP vaccine**, if your child ever had any of these reactions after a previous dose of DTaP:
  - A brain or nervous system disease within 7 days,
  - Non-stop crying for 3 hours or more,
  - A seizure or collapse,
  - A fever of over 105°F.
- **PCV13 vaccine**, if your child ever had a severe reaction after a dose of DTaP (or other vaccine containing diphtheria toxoid), or after a dose of PCV7, an earlier pneumococcal vaccine.

## 3

### Risks of a Vaccine Reaction

With any medicine, including vaccines, there is a chance of side effects. These are usually mild and go away on their own. Most vaccine reactions are not serious: tenderness, redness, or swelling where the shot was given; or a mild fever. These happen soon after the shot is given and go away within a day or two. They happen with up to about half of vaccinations, depending on the vaccine.

# Ontario County Resource Guide, 2021

## Your Baby's First Vaccines, page 3

Serious reactions are also possible but are rare.

**Polio, Hepatitis B and Hib Vaccines** have been associated only with mild reactions.

**DTaP and Pneumococcal vaccines** have also been associated with other problems:

### DTaP Vaccine

- **Mild Problems:** Fussiness (up to 1 child in 3); tiredness or loss of appetite (up to 1 child in 10); vomiting (up to 1 child in 50); swelling of the entire arm or leg for 1-7 days (up to 1 child in 30)—usually after the 4th or 5th dose.
- **Moderate Problems:** Seizure (1 child in 14,000); non-stop crying for 3 hours or longer (up to 1 child in 1,000); fever over 105°F (1 child in 16,000).
- **Serious problems:** Long term seizures, coma, lowered consciousness, and permanent brain damage have been reported following DTaP vaccination. These reports are extremely rare.

### Pneumococcal Vaccine

- **Mild Problems:** Drowsiness or temporary loss of appetite (about 1 child in 2 or 3); fussiness (about 8 children in 10).
- **Moderate Problems:** Fever over 102.2°F (about 1 child in 20).

### After any vaccine:

Any medication can cause a severe allergic reaction. Such reactions from a vaccine are very rare, estimated at about 1 in a million doses, and would happen within a few minutes to a few hours after the vaccination.

As with any medicine, there is a very remote chance of a vaccine causing a serious injury or death.

The safety of vaccines is always being monitored. For more information, visit: [www.cdc.gov/vaccinesafety/](http://www.cdc.gov/vaccinesafety/)

## 4 What if there is a serious reaction?

### What should I look for?

- Look for anything that concerns you, such as signs of a severe allergic reaction, very high fever, or unusual behavior.

Signs of a severe allergic reaction can include hives, swelling of the face and throat, and difficulty breathing. In infants, signs of an allergic reaction might also include fever, sleepiness, and disinterest in eating. In older children signs might include a fast heartbeat, dizziness, and weakness. These would usually start a few minutes to a few hours after the vaccination.

### What should I do?

- If you think it is a severe allergic reaction or other emergency that can't wait, call 9-1-1 or get the person to the nearest hospital. Otherwise, call your doctor.

Afterward, the reaction should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your doctor should file this report, or you can do it yourself through the VAERS web site at [www.vaers.hhs.gov](http://www.vaers.hhs.gov), or by calling 1-800-822-7967.

*VAERS does not give medical advice.*

## 5 The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines.

Persons who believe they may have been injured by a vaccine can learn about the program and about filing a claim by calling 1-800-338-2382 or visiting the VICP website at [www.hrsa.gov/vaccinecompensation](http://www.hrsa.gov/vaccinecompensation).

There is a time limit to file a claim for compensation.

## 6 How can I learn more?

- Ask your healthcare provider. He or she can give you the vaccine package insert or suggest other sources of information.
- Call your local or state health department.
- Contact the Centers for Disease Control and Prevention (CDC):
  - Call 1-800-232-4636 (1-800-CDC-INFO)
  - Visit CDC's website at [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines) or [www.cdc.gov/hepatitis](http://www.cdc.gov/hepatitis)

## Vaccine Information Statement Multi Pediatric Vaccines

11/05/2015

42 U.S.C. § 300aa-26

Office Use Only



# Ontario County Resource Guide, 2021

## Appendix N

### RTS/ONTARIO Weekly Shoppers Route to Wegmans

#### TRANSPORTATION

FACT SHEET • FACT SHEET • FACT SHEET

##### RTS/ONTARIO

(585) 394-2250  
(800) 667-2287  
TTY (800) 662-1220

RTS Routes: call for schedule  
Accommodates wheelchairs  
Fare \$1 – Seniors & Disabled \$.50

Dial-A-Ride \$5 each zone

##### MEDICAID TRANSPORTATION

(855) 733-9402

Medicaid recipients: call to inquire  
about rides to medical appointments

##### Ontario County Office for the Aging Transportation

Must Call NYCONNECTS to Register

585-396-4047

**MUST CALL**  
**Tammy/RTS**  
**One Week in Advance**  
**To Request Reservation**

-Canandaigua Shopper (Fridays)

-Bloomfield Meadows Shopper  
(3<sup>rd</sup> Tuesday of the Month)

**585-394-2250**

-Clifton Springs Shopper  
(1<sup>st</sup> Friday of the Month)  
*sign up with Deb Collins*

-On Demand Service  
(8am-5pm M-F)

(Bus cannot enter driveway/private property-must be able to meet at curb)

##### Farmington Taxi

(585) 230-7307

Ontario County transport  
also as far as Buffalo or Syracuse  
Senior Discount on request 60+

##### Jet Karrier Taxi

(585) 490-9179

Ontario County transport,  
Canandaigua and nearby towns

##### Pat's Taxi

(585) 394-1620

Mon-Fri 7am-8pm & Sat & Sun 7-5  
Ontario County/nearby counties

##### The Other Taxi

(315) 789-5625

Sun-Thu 4:30am-11pm Fri & Sat  
24 hours  
Ontario County/nearby counties

*This Fact Sheet provides general information only.*

*Contact the appropriate agency mentioned for information on your individual circumstances.*

(585) 396-4040      Ontario County Office for the Aging      (315) 781-1321

Revised 03/30/2017

C:\Users\Medicaid\Documents\RTS\Oftransportationfactsheet2017.docx

# Ontario County Resource Guide, 2021

## Appendix O

### BABY CAFÉ



**Come join us!**

Baby Cafes are free drop-in centers that offer support and assistance from professionals and other mothers - all in a relaxed environment with light refreshments.

Originating in England, the Baby Café Model has been so successful that there are now more than 100 Baby Café centers around the world!

"I owe a HUGE thanks to all staff and volunteers at Baby Cafe for the very warm welcome, the advice and support they gave me."

#### What moms say...

"Friendly atmosphere, relaxed, informal. Liked the coffee!"

"If it had not been for the Baby Café I would have given up breastfeeding in the first week."

**There are 6 opportunities to attend a Baby Cafe in the Finger Lakes region:**

**Canandaigua Baby Cafe**  
Child & Family Resources  
514 South Main Street  
Canandaigua, NY  
585-919-2476

**Open Every 1st & 3rd Wednesday  
from 10:00am to 11:30am\***

**Healthy Baby Cafe**  
Dansville Public Library  
200 Main Street  
Dansville, NY 14437  
585-243-7299

**Open Every Thursday  
from 1:00pm to 3:00pm\***

**Steuben County Baby Cafe**  
The Dormann Library  
101 West Morris Street  
Bath, NY 14810  
607-664-2438

**Open Every Friday  
from 11:00am to 1:00pm\***

**Baby Cafe of Wayne County**  
Park Presbyterian Church  
110 Maple Court  
Newark, NY 14513  
315-946-5749

**Open Every 2nd & 4th Thursday  
from 10:00am to 12:00pm\***

**Yates County Baby Cafe**  
Child & Family Resources  
263 Lake Street  
Penn Yan, NY 14527  
315-536-1134

**Open Every 1st & 3rd Thursday  
from 9:30am-11:00am\***

**Baby Cafe of Schuyler**  
Montour Falls Library  
406 West Main Street  
Montour Falls, NY 14865  
607-535-7489

**Open Every Thursday  
from 9:00am-10:00am\***

If you have questions about a specific Baby Cafe, please call one of the numbers listed above.  
For general inquiries, please call the SZAY Rural Health Network at 607-962-8459.  
All Baby Cafes are closed on federal holidays\*

Baby Cafes are funded in part by the National Association of County and City Health Officials & the New York State Health Foundation

# Ontario County Resource Guide, 2021

## APPENDIX P



### Lactation Counselor & Maternal Child Health Referral Form

Regional County Public Health Departments offer in-home lactation support and counseling, and Maternal and Child Health education to all county residents during normal business hours.

Please complete the referral form.

Fax the referral to the county in which the mother/parent resides.

#### Local Health Department Fax Numbers

- ☐ **Ontario County**  
Phone 585-396-4343  
Fax 585-396-4551
  
- ☐ **Livingston County**  
Phone 585-243-7299  
Fax 585-243-6794
  
- ☐ **Schuyler County**  
Phone 1-607-535-8140  
Fax 607-535-8157
  
- ☐ **Wayne County**  
Phone 315-946-5749  
Fax 315-946-7114
  
- ☐ **Yates County**  
Phone 315-536-5160  
Fax 315-536-5146

Date of Referral \_\_\_\_\_

Mother's/Parent Name \_\_\_\_\_ DOB \_\_\_\_\_

Street Address: \_\_\_\_\_

Town \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_ Alternate Phone # \_\_\_\_\_

Physician: \_\_\_\_\_

Physician Phone # \_\_\_\_\_

#### Services Requested (Check all that apply):

- ☐ Pre-Natal Education & Support
- ☐ Post-Partum Education & Support
- ☐ Lactation Counseling & Support by Certified Lactation Counselors
- ☐ Newborn Education & Support

Pertinent Information: \_\_\_\_\_

Referred by \_\_\_\_\_ Phone # \_\_\_\_\_

Facility \_\_\_\_\_

❖ Please note these are education visits only, no medical assessments or weights will be completed with visits.

# Ontario County Resource Guide, 2021

## APPENDIX Q

### Ontario County Dental Card Program

## Ontario County Dental Card Program








**Ontario County  
Board of Supervisors**



## Ontario County

Ontario County has partnered with Health Economics Group, Inc. (HEG), a dental benefits firm, to provide residents with a voluntary Dental Network Card. For only \$36.50 per year - or \$52.00 per year for an entire family - you can have access to a network of thousands of dentists

throughout the county who have agreed to accept low fees as payment in full.

**Savings are as much as several hundred dollars for crowns and root canals, and \$30 to \$50 or more for dental exams and cleanings, fillings, and extractions.** The program will make going to the dentist more affordable and easier for seniors and families in Ontario County. You can make your money back in savings your first visit!\*

**The program is not insurance;** instead, it provides a way to obtain dental services at more affordable fees - among the lowest in the area and throughout the United States.

For more information and to enroll in the program, please visit  
[ontariocountypublichealth.com](http://ontariocountypublichealth.com)  
 or call Health Economics Group, Inc. at  
 1-800-666-6690 x505.

Like us on Facebook

\*Savings for first visit based off of the comparisons for an Exam and Cleaning (Adult) and X-Rays

## Fee Comparisons with Card in Central and Western New York

Dental Procedure	Average Area Fees	You Pay	You Save
Exam and Cleaning (Adult)	\$107	\$74	\$33
X-Rays, Complete Series	\$129	\$72	\$57
X-Rays, Four Bitewings	\$64	\$34	\$30
Filling, Two Surface Amalgam	\$130	\$86	\$44
Filling, Two Surface Composite	\$185	\$121	\$64
Crown, Porcelain, High Noble Metal	\$1,035	\$641	\$394
Root Canal, Molar	\$1,087	\$656	\$431
Extraction, Erupted Tooth	\$140	\$79	\$61



# Ontario County Resource Guide, 2021

## APPENDIX Q, Continued

### Ontario County Dental Card Program

Ontario County		Health Economics Group, Inc.	
Dental Network Card Enrollment Form		Please Print	
Last Name:	First Name:	MI:	Gender: <input type="checkbox"/> F <input type="checkbox"/> M
Date of Birth (MM/DD/YYYY):	Phone Number:		
Address:			
City:	State:	Zip Code:	
Email Address:			
<b>Dependents</b>			
Name	Relationship	Gender	Date of Birth (MM/DD/YY)
	Spouse	<input type="checkbox"/> F <input type="checkbox"/> M	
		<input type="checkbox"/> F <input type="checkbox"/> M	
		<input type="checkbox"/> F <input type="checkbox"/> M	
		<input type="checkbox"/> F <input type="checkbox"/> M	
<b>Payment:</b> <input type="checkbox"/> \$36.50 (Individual Coverage for One Year) <b>OR</b> <input type="checkbox"/> \$52.00 (Family Coverage for One Year)			
<input type="checkbox"/> Pay by Check • Make check Payable to "Health Economics Group, Inc."			
<input type="checkbox"/> Pay by Credit Card • Mail Payment and Enrollment form to: Health Economics Group Inc. 1050 University Avenue, Suite A, Rochester, NY 14607 Attn: Dental Network Card Program			
<input type="checkbox"/> Pay by Credit Card <b>OR</b> • Mail Enrollment form to: Health Economics Group Inc. 1050 University Avenue, Suite A, Rochester, NY 14607 Attn: Dental Network Card Program			
<input type="checkbox"/> Fax form to 585-241-9518			
Credit Card Type: <input type="checkbox"/> Visa <input type="checkbox"/> Master Card <input type="checkbox"/> Discover			
Credit Card Number:			Expiration Date:
Name as it Appears on Credit Card:			Security Code:
I authorize Health Economics Group, Inc. to use the credit card information provided above as payment for the Dental Network Card.			
Signature:		Date:	
You will receive your Dental Network Card(s) in the mail once your enrollment is processed. Please allow 10-14 business days for processing. Your card(s) will be effective on the date your enrollment is processed. Your card(s) will expire on the last day of the month following 12 full months of eligibility. <b>Re-enrollment is not automatic.</b> You must contact us to re-enroll.			
For the names and addresses of DenteMax network dentists in a particular geographic area and/or to see the schedule of fees accepted by most general dentists in the network, go to <a href="http://www.heginc.com/dental">www.heginc.com/dental</a> or call Health Economics Group, Inc. at 585-241-9500 x505 or 800-666-6690 x505. We will be pleased to help you.			
<b>This is not insurance.</b> Health Economics Group, Inc. does not guarantee that a particular dentist will accept DenteMax fees as payment in full. Confirm DenteMax network participation and fees <b>before</b> receiving treatment. Please note that specialists and some general dentist may charge higher fees than what is shown on the schedule. We rely on the judgment of DenteMax as to the professional competency of dentists in their network. Our role is to make the DenteMax network available to members of this program. Our liability is limited to the amount paid for the card(s).			
I have read and understand the above information and I want to enroll in the Dental Network Card Program.			
Signature: _____		Date: _____	

# Ontario County Resource Guide, 2021

## APPENDIX R

### Ontrack Program Flyer

## An Innovative New Program For Early Psychosis

OnTrackNY is an innovative treatment program for adolescents and young adults who recently have had unusual thoughts and behaviors or who have started hearing or seeing things that others don't.

### Goal

OnTrackNY helps people achieve their goals for school, work, and relationships.

### Eligibility

The program is for adolescents and young adults between the ages of 16 and 30 who have recently begun experiencing psychotic symptoms, such as hallucinations, unusual thoughts or beliefs, or disorganized thinking, for more than a week but less than 2 years.

### Participation

OnTrackNY utilizes a "shared decision making" model and involves:

- Comprehensive care using evidence-based practices delivered by an integrated clinical team specializing in early psychosis.
- Services include psychiatric treatment, employment and educational support, substance abuse treatment, family education and support, and other services as needed.



OnTrackNY services are offered at:

**OnTrackNY Rochester**  
175 Humboldt St., Suite 100  
Rochester, NY 14610-1058

For more information, please contact :

Janet S. Coster, Psy.D.  
Team Leader  
T: 585-241-1364  
OnTrackNY@omh.ny.gov



Office of  
Mental Health



**OnTrackNY**

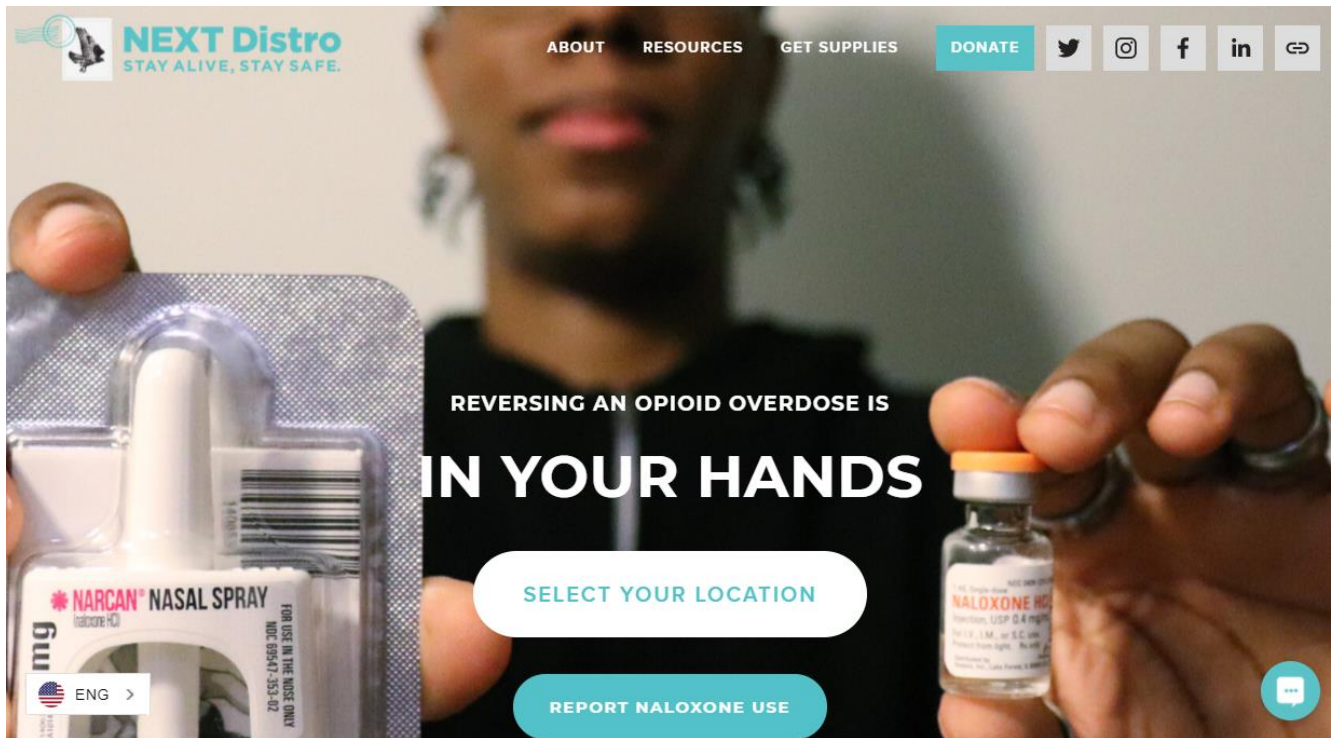
My health. My choices. My future.



# Ontario County Resource Guide, 2021

## APPENDIX S

**Free Opioid Prevention Online Training/ Free Narcan Delivery**  
<https://nextdistro.org/naloxone>



# Ontario County Resource Guide, 2021

## APPENDIX T

### Strong Recovery Brochure

**Strong Recovery** is comprised of two outpatient clinics: Chemical Dependency (SRCD), and Methadone Maintenance (SRMM). Both programs work collaboratively as one comprehensive outpatient program to bring optimal care to our patients. These programs are licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS), and accredited by the Joint Commission.

**Admission Criteria:** Adults (18 years old and up) with a drug/alcohol abuse or dependence diagnosis as defined by the DSM-IV and are assessed to be capable of achieving abstinence on an outpatient level and participate in the group therapy process.

**Additional Criteria for Co-Occurring Disorder Services:** Patients must have an Axis I mental health diagnosis.

**Additional Criteria for Methadone Maintenance services:** Verification of current physiological dependence on Opioids for a minimum period of 1-year.

**Strong Recovery Mission Statement:**

*"In partnership with patients, families, and the community, we promote recovery from addiction and mental illness through an integrated healthcare system that values both cultural diversity and linkage with teaching and research."*



**CONTACT INFO:**

PHONE: (585) 275-3161

FAX: (585) 273-1089

## Strong Recovery



**300 Crittenden Blvd.  
Rochester, NY 14642**

**To schedule intake evaluations:  
Call (585) 275-5400**

