



Athletic Newsletter

January 25, 2022

SPORTS UPDATE

Spring HS Tryouts begin on Monday, March 7, 2022*

*Dates are subject to change.

HS Spring Sports Registration MUST be completed by February 23, 2022. Please make sure the online is completed before you turn in PIAA Section 6 Health History and PIAA Section 7 CIPPE Physical.

** Please email the coach if you plan on trying out so they can check on your registration before tryouts begin. They need your name, grade, email and phone number.

SPECIFIC HIGH SCHOOL TRYOUT INFORMATION

HS Softball (grades 9-12) Coach Hughes, SFHS room 299 thugh@spring-ford.net

- March 7, 2022 is the official start date for tryouts.
- Preseason workouts will start as soon as weather allows.
- PLEASE, send me an email if you are interested in trying out this year. *I would like to have YOUR email and YOUR PARENTS email, name, grade and contact number.

Boys Tennis (grades 9-12) Coach Brennan, SFHS room 292, jbren@spring-ford.net

In person meeting in room 292 in 10-12 center on Thursday, February 10 at 2:45pm. The meeting is for any boy in grades 9-12 interested in trying out for the boys tennis meeting.

HS Baseball (grades 9-12) Coach Harrison, rharr@spring-ford.net

Tryouts will be held March 7-11 from 3-5:30 pm at RAM Stadium. Players should come to tryouts dressed prepared and have their own water bottle. If inclement weather, be prepared for indoor tryouts at Complete Game. (9th graders have the option to tryout for JV/Varsity and if do not make the team can try out for 9th grade team the following week).

9th Grade Baseball—Coach Swavely, SF-9th GC room 309, aswav@spring-ford.net

- There will be a mandatory organization meeting on Wednesday, February 16th at 2:25 in room 309 of the 9th GC.
- Please bring your school laptop, school email and your parent's email to the meeting.
- Tryouts will be held on March 14th-16th from 2:45-5:15 pm.
- The tryouts will take place at the 9th grade baseball field.



SPECIFIC HIGH SCHOOL TRYOUT INFORMATION—Cont.

HS Girls Lacrosse (grades 9-12) Coach Holstein, 10-12 Center Room 156, khols@spring-ford.net

Tryouts will be from March 7th to the 9th

Player and Parent Mandatory Organizational Meeting on Tuesday, February 22, 2022 @ 7:00PM in the Hurda Leaning Center at the SF 10-12 Center.

If you cannot attend in person:

Zoom Link: <https://spring-ford.zoom.us/j/98845330648?pwd=TkVBcGFaSEVJTzIEUStVeDV6UmJTdz09>

Meeting ID: 988 4533 0648

Passcode: 859782

HS Spring Track (grades 9-12) Coach Stauffer, SFHS room 225, dstauf@spring-ford.net

There will be a spring track interest meeting for all individuals grades 9-12 on Tuesday, February 8th in the 10-12 building cafeteria annex. The meeting will begin promptly at 2:30 and may run until 3:15. Anyone who can not make the meeting is encouraged to have a friend pick up paperwork at the meeting and should join the team Remind by texting @sfstb2022 (for boys), @sfstg2022 (for girls) and @sfstp2022 (for parents) to 81010 (as the phone number). Athletes and parents who were already part of the spring track Remind do not need to join again. Thank you!

HS Boys Lacrosse (grades 9-12) Coach Donnelly, SFHS room 170, kdonn@spring-ford.net

Player Organizational meeting 2/8 at 2:30 in LGI.

March 7, 2022 is the official start date for tryouts. Preseason workouts will continue throughout the off season.

HIGH SCHOOL COACH CONTACT INFORMATION

| <i>Sport</i> | <i>Coach</i> | <i>Email</i> |
|---------------------------------|------------------------|-----------------------|
| Baseball Coach-HS | Richard L. Harrison Jr | rharr@spring-ford.net |
| 9th Grade Baseball Coach | Adam H. Swavely | aswav@spring-ford.net |
| Lacrosse Coach-Boys'-HS | Kevin Donnelly | kdonn@spring-ford.net |
| JV "B" Lacrosse Coach-Boys' | TBD | |
| Lacrosse Coach-Girls'-HS | Kristi Holstein | khols@spring-ford.net |
| 9th Grade Lacrosse Coach-Girls' | TBD | |
| Softball Coach-HS | John Timothy Hughes | thugh@spring-ford.net |
| Tennis Coach-Boys'-HS | John A. Brennan | jbren@spring-ford.net |
| Track Coach-Boys' & Girls'-HS | Danielle Stauffer | dstau@spring-ford.net |

MIDDLE SCHOOL COACH CONTACT INFORMATION

** Please email the coach if you plan on trying out so they can check on your registration before tryouts begin. They need your name, grade, email and phone number.

| <i>Sport</i> | <i>Coach</i> | <i>Email</i> |
|-----------------------------------|---------------------------|-----------------------|
| Baseball Coach (8th Grade) | Michael B. Heffernan, Jr. | mbheffernan@pvsd.org |
| Baseball Coach-(7th Grade) | James Laky | jlaky@spring-ford.net |
| Baseball Coach (7th Grade) | Joseph D'Orazio | jdora@spring-ford.net |
| Lacrosse Coach-Boys' (8th Grade) | Lucinda Iezzi | Liezz@spring-ford.net |
| Lacrosse Coach-Boys' (7th grade) | Jason Marcellus | jmarc@spring-ford.net |
| Lacrosse Coach-Girls' (8th Grade) | Marisa Moley | mmole@spring-ford.net |
| Lacrosse Coach-Girls' (7th Grade) | TBD | |
| Softball Coach (8th Grade) | Mark E Templeton | mtemp@spring-ford.net |
| Softball Coach (7th Grade) | Julia Avans | coachavans@gmail.com |
| Softball Coach (7th Grade) | Cheryl A. West | cwest@spring-ford.net |
| Track Coach (7/8th Grade) | Melinda Borgnis | mborg@spring-ford.net |

SPECIFIC MIDDLE SCHOOL SPORTS TRYOUT INFORMATION

MS Tryouts begin on or after Monday, March 21, 2022, Dates are subject to change.

MS Baseball (grades 7-8) - Tryouts will be held at the 8th grade center

· 7th grade tryouts will be Monday, March 21 - Thursday, March 24

· 8th grade tryouts will be Monday, March 28 - Wednesday, March 30

Tryouts are held at the 8th Grade Center and will go from 3 - 5:30pm. Players should meet outside the 8th Grade Center Auxiliary Gym Stairs before practice, and they will have access to the locker room in order to change into their baseball attire. Players should get picked-up in the parking lot by the 9th Grade tennis courts after practice. Please make sure to email your student name and parent contact info to Coach D'Orazio (7th grade) at: jdora@spring-ford.net or Coach Heffernan (8th grade) at: mbheffernan@pvsd.org

MS Softball (grades 7-8) Tryout Dates (weather dependent)

8th Grade: March 21st, 22nd and 23rd

7th Grade: March 24th, 25th and 28th

Tryouts are from 3-5:30pm. Must be available for all three days of tryouts. Meet outside the 8th Grade Center Auxiliary Gym Stairs. 7th Graders should board the activity bus over to the 8th Grade Center. Specific tryout information and weather related changes will be sent out to those students who have health paperwork and online registration completed (please complete by Monday, March 7th).

MS Track (grades 7-8)

Tryout Dates: April 19-21

Tryouts are from 3-5pm. Students Meet outside the stadium by the blue and gold gates. Must be available for all three days of tryouts. You will receive a calendar, remind log in info, and other important info on the first day. Please be sure to have all athletic paperwork in prior to try outs and recertify if you played another sport. 7th Graders should board the activity bus over to the 8th Grade Center and walk to the stadium. 8th graders should walk down to the stadium. There will be an informational meeting during target time or SSS so please listen for the announcement! Any questions please email Mel Borgnis at: mborg@spring-ford.net

MS Boys Lacrosse (grades 7-8)

Tryouts begin on Monday, March 21, please listen to announcements for interest meetings.

MS Girls Lacrosse (grades 7-8) Coach Moley

There will be a mandatory organizational meeting via zoom on March 7 at 6:00pm. Parents and players are to join the meeting. Here is the link: <https://spring-ford.zoom.us/j/98395029067>

Tryouts March 21-23

- bring your own water bottle and equipment (goggles, stick, mouth guard)
- tryouts will take place in the field behind the 9th grade center
- tryouts will start at 3:05pm after school

Student Activity Fee's

Student activity are part of Athletics and the Music Program, you will need to submit a fee of \$100 for students in grades 9-12 and \$75 for students in grades 7-8. This year the payment will be requested through School Pay. Once your student makes the team and rosters are submitted to the Athletic Office you will receive an email letting you know when the fee is due with a link to the School Pay web page.

The Spring-Ford Area School District Board of Directors has established a Student Activity Fee for all secondary students who wish to participate in the extracurricular activities of athletics, marching band and select chorus (Vocal Ensemble and Gold 'n Blue).

The fee will be \$100 for students participating in programs that are 9th-12th grade levels and will be \$75.00 for students participating in programs which are for the 7th and 8th grade levels. These fees will be a one-time annual fee and will enable the student to participate in multiple activities for the year.

Provisions will be made for exemption and/or accommodations in paying these fees for students in the free and reduced lunch program.

ANY CHECKS MAILED IN WILL NEED TO BE RETURNED TO YOU.