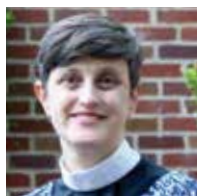


Episcopal Identity

THE REV. KRISTIN SULLIVAN



Rev. Kristin Sullivan,
School Chaplain

We are living in a time that is different than anything that any of us has lived through before. What we are going through has so much of the unknown in it, and as people who like to have answers and plans, the unknown can be scary and frustrating. I invite you to live in the absences of this season, whether it is the absence of people, of events that have been canceled and rescheduled, or the absence of the way you thought your life was going to be in this time. God is with us now and will be with us in all the new ways that we are creating in our lives. I want to offer you a prayer that I have found helpful in times of anxiety and unknown. Know that you remain in my prayers!

This is another day, O Lord. I know not what it will bring forth, but make me ready, Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low, help me to do it patiently. And if I am to do nothing, let me do it gallantly. Make these words more than words, and give me the Spirit of Jesus.

Amen.

BCP pg. 451