

Catherine Urso, '09, does research in the critical care department at MD Anderson. Catherine is involved with helping the frontline with stress management and teaching healthy coping mechanisms. She teaches classes that are available to all MDA employees. The classes she teaches are focused on mindfulness, yoga, and emotional awareness for healthcare employees.

Sarah Lach, '09, is a PhD candidate at UT Health Houston

Jane Hayes '08, is finishing her third year of medical school at Washington University School of Medicine in St. Louis. She plans to pursue emergency medicine. Before beginning her fourth year of medical school, she will be attending Harvard to earn a Master of Public Health with a focus in Health Policy this year.

Dr. Mary Healy, parent of **Rachel O'Sullivan, '17**, works in Pediatrics Infectious Disease at Baylor College of Medicine

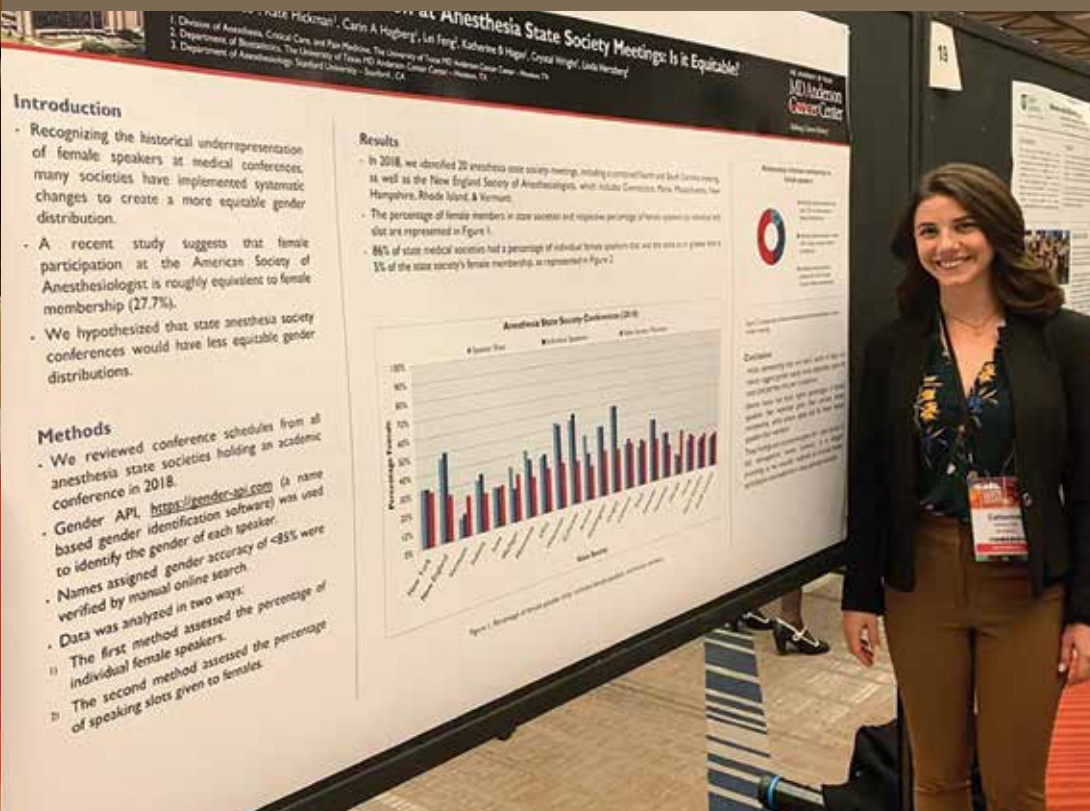
Wendy Howard, '01, is currently working at Maxim Healthcare Services, Inc. as a clinical supervisor. Alongside her clinical team, Wendy hires, trains, and oversees private duty nurses, as well as coordinate care for chronically ill patients in the homecare setting. Wendy shares, "The greatest change since the outbreak of COVID-19 has been the uncertainty of supply delivery. We supply our nurses with the proper protective equipment that they need to care for our patients, but due to the nation-wide shortage, we are unsure of when we are going to receive antibacterial soap, hand sanitizer, masks, gowns, etc. We have been lucky enough to maintain a steady supply of soap and sanitizer, along with other supplies, through various avenues including donations. Although we have been able to receive supplies, most of them have been in bulk and our team has had to be resourceful in the distribution of these supplies to all of our patients. Our nurses and families have been wonderful, understanding, and are working with us to help ration supplies, provide quality care, and keep our patients safe. We are also encouraging COVID-19 screenings before any interaction. We screen team members before they come into the office, the nurses before their shifts, and the patients and their families before we enter their homes. Our patients are also not going out to doctor appointments or

therapy sessions in order to reduce the risk of exposure, so many appointments are being completed by video and phone."

Wendy's experience on the front line has led her to understand the complex nature of the pandemic. She shares, "Compliance in these infection control practices has decreased exposure to various microorganisms, therefore, our infection rates have actually lowered. This uncertain time has also created a slower pace to our day to day, creating time to clean and organize, but also allowing time for reflection and growth. We have been able to set goals, review policy changes, and establish stronger connections with our employees, as well as with our patients and their families."

Dr. Mackenzie DuPont, '06, is working at UCSF Benioff Children's and San Francisco General Hospital. When the COVID-19 pandemic broke out, Mackenzie was pulled from her regular assignments to serve as back up for the hospital and work with the infectious disease team to develop protocols and testing guidance for UCSF and Northern California. Over the past few months, Mackenzie has served in the emergency room seeing both children and young adults, and is now working on the pediatric COVID unit.

Left: Wendy Howard, Class of 2001 at work;



Above: St. Mark's alum, Catherine Urso, Class of 2009; and Jane Hayes, Class of 2008, poses at Washington University