

REDMOND HIGH SCHOOL WEEKLY STUDENT BULLETIN

January 21, 2022

FROM PRINCIPAL VANDERVEER



Dear RHS Students & Families:

I am sending a huge thank you to everyone in the RHS community—students, parents, and staff—for your flexibility and partnership as we made our temporary shift to remote learning during the past several weeks.

Students will return to in-person classes on the RHS campus on Monday, January 24. After being in a remote model, we are hopeful that COVID cases in our community will continue to stabilize.

Thank you, also, to all of the parents who have applied to be an emergency substitute in LWSD and RHS. We will continue to monitor our staffing levels daily, and our team of substitute teachers will be an essential part of keeping our schools open safely.

As students return to the building, we will continue to expect and require cooperation with our multi-layered approach to COVID safety:

- Frequent handwashing
- Wearing a well-fitting mask that covers both the nose and mouth at all times. Masks may be removed briefly for eating/drinking during lunch periods.
- Maintaining distance from others where possible.

If your student is experiencing COVID symptoms or has tested positive for COVID, please report this by emailing attendance and completing [this form](#):

There will be a new version of our COVID Positive Intake form on Monday. This form is to be completed by families when one or more of their RHS students tests positive. Your help in submitting the completed form is critical to the process of identifying close contacts and communicating in a timely fashion. We will post the form on our website, in upcoming RHS Bulletin newsletters, and our office staff will be able to share the form with families starting Monday, January 24.

Please see Dr. Holmen's 1/21/22 Pathway Forward message for additional information on COVID safety updates

During the week of January 24, we will have a modified bell schedule to allow for end-of-semester assessments. Please see details below.

Have a wonderful weekend, and we look forward to welcoming our students on Monday!

Jill VanderVeer
RHS Principal

RHS CALENDAR

Coming Up...

- Jan 21:** Dramafest scripts due
- Jan 23:** Deadline for 2022-23 course registration
- Jan 23:** HSBP assignments due
- Jan 24-28:** Semester 1 Round-Up
- Jan 26:** Deadline for LWSD World Language Registration for Feb 9 test
- Feb 1:** AP Exam Late Registration window opens
- Feb 1:** Yearbook ads due for Seniors
- Feb 5:** E-cycling event at RHS
- Feb 8:** Vote on local Levies
- Feb 17-18:** No School - Mid-Winter Break
- Feb 18:** AP Exam Late Registration window closes
- Feb 21:** No School - Presidents Day
- Feb 22:** LWSD Culinary Competition submissions due
- Mar 15:** AP Exam cancelation deadline

RHS HOME athletic events:

Thursday, January 27 – Wrestling – 6:00 PM – vs Bellevue and Interlake
Friday, January 28 – Girls Basketball – 6:30 PM – vs North Creek

Friday, January 28 – Boys Basketball – 8:00 PM – vs North Creek

Important: REGISTRATION DEADLINE - SUNDAY, JAN. 23

Fall 2022 Registration

2022-23 Registration

Skyward is open and available for students to start entering their 2022-23 course selections, and families can see the student's selections in [Skyward Family Access](#). Guardians cannot edit student course choices. Students must login with their student account in order to edit courses. All of the registration materials are currently available to students in [Xello](#) and on the RHS website under the [Counseling tab](#).

As part of the registration process, students are currently working on updating their 4-year course plan which is a HSBP requirement. Please encourage your student to think carefully about their course choices for next year and take some time to review your student's 4-year plan with them. The 2022-23 course submission deadline will be on **January 23**.

HSBP DEADLINE - SUNDAY, JAN. 23



A screenshot of the Xello student dashboard. At the top, the 'xello' logo is on the left, and navigation links for 'About Me', 'Explore Options', and 'Goals & Plans' are on the right. The main content area is divided into several sections. On the left, there's a 'Core Lessons' section with a '0%' progress indicator and a 'Year 12' badge. Below it is a 'Career Path Choices' section with a 'Get Started' button. At the bottom left is a 'Career Backup Plans' section with a '0%' progress indicator. On the right, there's an 'About Me' section with a checklist of items: Matchmaker, Personality Style, Mission Complete, Learning Style, and Skills Lab, all with green checkmarks. Next to it is an 'Explore Options' section with links for Careers, Colleges & Universities, Courses & Apprenticeships, Opportunities, and Saved Options. At the bottom right, there's an 'Assignments' section with a red circle around the word 'Assignments' and a red arrow pointing to it. Below this, there's a snippet of an assignment titled 'Careers and College Costs' by Ms. Lelas, due on October 29, 2021.

Students: Your next HSBP Assignment has been posted in Xello and is **DUE January 23**.

This month 9th–11th graders will be updating their 4-Year planner in order to help them prepare for registration in January! Seniors (12th) will be creating and/or submitting their resume. Please login to your [Xello account here](#) and find the assignment in your dashboard (see above).

If you have any questions, please contact Nikole L alas: nlalas@lwsd.org

SEMESTER 1 ROUND-UP - REVISED BELLS: JAN. 24-28

***New:* Semester 1 Round Up Bell Schedule & Tutorial Time**

Next week's bell schedule (see below) has been altered to accommodate classes that give a Final Exam at the end of the semester. To provide additional time for students to get help, see teachers, or study, there is a "Tutorial Time" for every day there is a Final Exam window.

- During the Tutorial Time students are encouraged to go to teachers to get extra help, ask questions, or complete missing assignments.
- Students may also study independently at a few locations throughout the school: PAC foyer, Main Gym, Aux Gym, Library, Library foyer, or the Cafeteria.
- These locations will be supervised by staff as well.

Monday	Tuesday	Wednesday	Thursday	Friday
*Office Hours 7:00 – 7:30	Office Hours 7:00 – 7:30	Office Hours 7:00 – 7:30	Office Hours 7:00 – 7:30	Office Hours 7:00 – 7:30
Period 1 7:30 – 8:20 (50)	HERD Time 7:30 – 8:20 (50)	Period 2 Final 7:30–9:10(100)	Period 1 Final 7:30 – 9:10 (100)	Period 3 Final 7:30–9:10 (100)
Period 2 8:25 – 9:15 (50)	Homeroom A 8:25 – 9:15 (50)	Homeroom 9:20 – 10:10 (50)	Homeroom 9:20 – 10:10 (50)	Homeroom 9:20 – 10:10 (50)
Period 3 9:20 – 10:10 (50)	Homeroom B 9:20 – 10:10 (50)	Period 6 Final 10:20 – 12:00 (100)	Period 5 Final 10:20 – 12:00 (100)	Period 7 Final 10:20 – 12:00 (100)
Period 4 10:15 – 11:05 (50)	Period 4 Final 10:20 – 12:00 (100)			
Period 5 11:10 – 12:00 (50) 2nd Lunch 12:00 – 12:30 (30)	All School Lunch 12:00 – 12:30	All School Lunch 12:00 – 12:30	All School Lunch 12:00 – 12:30	All School Lunch 12:00 – 12:30
1st Lunch 11:05 – 11:35 (30) Period 5 11:40 – 12:30 (50)	Tutorial Time 12:30 – 3:00 <i>Buses arrive 2:20</i>	Tutorial Time 12:30 – 1:30 <i>Buses arrive 12:50</i>	Tutorial Time 12:30 – 3:00 <i>Buses arrive 2:20</i>	Tutorial Time 12:30 – 3:00 <i>Buses arrive 2:20</i>
Period 6 12:35 – 1:25 (50)		LEAP 1:30 – 3:00		
Period 7 1:30 – 2:20 (50)				

AP EXAM UPDATES



***New:* Late Registration**

The AP Exam late registration window will open on February 1 and close on February 18. If you would like to register for an AP Exam during this time, please email Nikole Lalas at nlalas@lwsd.org. There is a late fee of \$50 per exam that must be paid in addition to the regular \$98 exam fee. Once you have registered for the exam, the fee will be added to your account and can be paid by going to <https://payments.lwsd.org/>

Canceling an AP Exam

If you have already registered and paid for an AP Exam and you want to cancel it, please complete [this form](#). There is a \$40 cancellation fee which will be deducted from your \$98 payment and the remaining \$58 will be refunded at the end of the school year. Exam cancellation requests are due by March 15th.

Questions? Please contact our AP Coordinator, Nikole Lalas at nlalas@lwsd.org

SENIOR TIMELINE

CLASS of 2022

Cap and gown orders were due in December but if you still need to order your items, check out [THIS VIDEO](#) for instructions on how to register and order your grad items. Here is the link to the [GRADUATION PACKET](#) students received in homeroom. Here is the [link](#) to place the cap & gown order online.

Yearbook Ads: due February 1

A yearbook Senior Ad is a loving tribute typically from a parent or family member to their student, personalized with their own sentimental message and a cherished photo or photo collage. Create and purchase online by **February 1, 2022**. To create or find prices and other information go to: Jostensadservice.co

Senior Prom: Saturday, May 14 at Columbia Tower Club. Time TBD

Graduation: Monday, June 13 at UW /Alaska Airlines Arena, 6:00 pm

Please note: Events could change given the current Covid climate and UW Leadership decisions.

RHS HELP HELPS!

RHS Help

Seniors: If you are having troubles affording your **graduation cap and gown** or other graduation expenses, please reach out to your counselor or Mrs. Zambrowsky-Huls. *RHS Help* may be able to assist you in paying for your graduation gown.

RECYCLE ELECTRONICS!

E-CYCLING EVENT

New: Redmond High Fastpitch Boosters and Living Green Technology are sponsoring an E-Cycling Event.

Saturday, February 5, 2022

10 am - 2:00 pm

Redmond High main parking lot by 104th

We will accept all electronics including, but not limited to:
Desktops, laptops, cell phones, servers, tablets, monitors.
For more information, [click here for flyer.](#)

STUDENT VOLUNTEERS NEEDED



***New:* Volunteer Opportunity**

Each Monday, Tuesday, and Wednesday during lunch, we collect fresh produce to donate to a local food bank. [Sign up here](#) to get involved with this great opportunity! Service hours available! Contact Mr. Barrett (debarrett@lwsd.org) with any questions.

WORLD LANGUAGE TESTING



***New:* World Language Credit by Proficiency**

LWSD is part of a statewide initiative to recognize our students' diverse language competencies. High school students can earn up to a maximum of four credits and the Seal of Biliteracy through this program. Students are assessed in reading, writing, speaking and listening.

Registration for the Feb 9 test date closes Wednesday, January 26 at midnight. Feb 9 is the only date this school year offered at RHS. For Registration and more information, [click here.](#)

PARENTING SUPPORT

LWSD Parent Group

New: Two support groups for parents or guardians of LWSD high school students.

LWSD Parent Support Group - every other TUESDAY at NOON

Link: <https://bit.ly/lwspdparent>

When: Virtually every other Tuesday starting 1/25/22, ending 6/14/22

Time: 12 PM – 12:30 PM

Description: Join your EvergreenHealth Social Workers for a Tuesday lunch break support group! This is an opportunity for parents and guardians to vent and talk about their frustrations and worries. This drop-in group will provide caregivers with an opportunity to ask questions, discuss parenting tips, and share successes and struggles in a supportive environment with other adults.

All groups are drop-in. Group starts promptly, so please do your best to be on time! Because it is a drop-in group, if no one attends within ten minutes, the group will be canceled and resume the following week.

LWSD Parent Support Group - EVENINGS at 6 PM

"Parenting Support: As We Transition Back to School"

Join your EvergreenHealth social workers for an evening group to discuss different topics related to teen mental health. This is an opportunity for parents and guardians to learn, ask questions and bounce ideas off each other in a supportive environment with other parents.

[See flyer](#) for topics, dates and links.

Time: 6 pm - 7 pm.

2022 LOCAL LEVIES

VOTE!

Three measures on the February 8 ballot support excellence for every student.

Local levies help bridge the funding gap between what the state provides our schools and what we actually need to support students. Local levies pay for staff at each school, technology for students and classrooms, help us maintain our schools and add classroom space.

Lake Washington School District is asking for three local levies on the February 8 ballot. Each measure will help support excellence for every student. Two measures renew current levies that are set to expire later this year. Propositions 1 and 2 will continue funding for school staff, programs, and opportunities for our students, like performing arts, extracurriculars and athletics. Proposition 3, our Building Excellence Construction Levy, will help us meet our current and future growth by adding classroom space across our fast-growing district. You can [learn more about Propositions 1-3 here](#).

REPORTING COVID

COVID-19

How to report that your student is COVID Positive:

Call or email the attendance office AND [complete this form](#).

Attendance email: rhsattend@lwsd.org

Attendance phone: 425-936-1810

The form will provide us with all the information that we need to be able to determine a return date and contact trace.

Thank you for your partnership.

COVID PARTNERSHIP



As we face the current increase of Covid cases, we want to thank you for the continuing support of school safety processes. Please review the following with your child:

1. **Masking:** Make sure to wear a mask completely covering the nose and mouth. When actively eating or drinking, minimize time with mask off. Refrain from eating candy on sticks or other food items that might prevent safe and appropriate mask wearing.
2. **Social distancing:** There are many spaces available for lunch throughout the building and outside. Keep as much distance as possible while eating with others. When not eating, make sure that you are masked.
3. **Good hygiene:** Wash hands frequently. Use hand sanitizer. Refrain from sharing drinks. Maintain distance in restrooms while waiting to use

a stall. All stalls are designed for individual use. Refrain from eating or drinking in restrooms.

Please do not send your child to school if they are experiencing any symptoms, have tested positive or have been identified as a close contact and are not fully vaccinated. In these instances, keep your child at home and contact the school via the attendance office. This will start the process for the school to be able to provide for further instructions for when it is okay to return to school.

We appreciate your patience and partnership during this challenging time.

LWSD COVID GUIDELINES



Mustang Families: Please be aware of the current LWSD Sick Policy guidelines for students who are out of school for illness. We must follow these guidelines to ensure the health and safety of all our fellow Mustangs!

Please indicate "sick" or "medical" when calling Attendance

When you call or email the attendance line to notify us of your student's absence, please tell us if they are absent because they are **sick** due to cold/flu like symptoms. Or, if your student is missing school for an excused medical reason that is *not* due to being sick---such as doctor appointment or injury---please specify that their absence is **medical** (not due to cold or flu like symptoms). Attendance: rhsattend@lwsd.org or 425-936-1810.

If your student is experiencing ANY cold or flu-like symptoms – Your student must stay home.

<u>Covid-Like Sick Symptoms</u>	<u>*Short Term Sick Symptoms</u>
Fever of 100.4 or above/Chills	Sore Throat *
Cough	Congestion or Runny Nose *
Shortness of Breath or Difficulty Breathing	Muscle Pain or Body Aches *
Loss of Taste or Smell	Fatigue *
	Diarrhea *
	Nausea or vomiting *
	Headache *

***Or any other signs of new illness that are unrelated to a documented preexisting condition.**

Your student may return to school when:

1. They have one *Short Term symptom (does NOT include Covid-like symptoms) that resolves in less than 24 hours (no Covid testing required).
2. **OR** they have one or more of any sick symptoms that lasts longer than 24 hours, AND they have a negative PCR covid test (rapid/home covid tests are not accepted by LWSD).
3. **OR** they have been home for 10 days, have had no fever for 24 hours, and symptoms are improving (no Covid test required).

If your student has been absent due to sick symptoms and has results of their Covid test, please email test results to: Sindy Mencos at smencos@lwsd.org.

MAKERSPACE AT RHS



New: Calling all crafters! The *Makerspace at RHS Library* will be offering several projects in 2022 using found objects. If you have any empty Altoids (or other) small tins, flannel scraps, cardstock, or other papercraft materials to donate, please bring them to the library front desk.

MENTORSHIP OPPORTUNITY

College Prep
Mentorship Opportunity

College Prep Mentorship Opportunity

Become a Mentor!

In this upcoming semester you'll have the opportunity to volunteer as a mentor for underclassmen eager to learn about high school success and college apps.

- Receive NHS hours and volunteer experience!
- Share knowledge you wish you knew!

- Be a school role model and make an impact!

Become a Mentee!

Interested in learning about navigating high school academics? Want tips and tricks on college strategies? Become a mentee and have your questions answered by experienced upperclassmen.

- Learn about AP courses, stress management, test taking strategies, college app strategies!
- If you're first-gen or low-income, learn from students who have been through the process and how to navigate academics and college applications.

Questions about the program?

Email Stuart Asplund s-stasplund@lwsd.org

[SIGN UP here!](#)



CULINARY NEWS



LWSD Culinary Competition 2022

Sweet and Savory category

- WHO: Any high school student in LWSD
- WHAT: Culinary Competition
- WHERE: Remotely (Powerpoint presentations will be submitted)
- WHEN: Submissions due February 22
- WHY: It's fun! Prizes too!

Contact the RHS Culinary Arts Teacher, Jane Hitchcock, for details and to be added to the competition TEAMS page. jhitchcock@lwsd.org

RHS ATTENDANCE LINE

425-936-1810

How to excuse your student when they are absent:

Please email the attendance secretary at rhsattend@lwsd.org or leave a message on the Attendance line 425 936-1810 whenever your student is absent or late.

How to excuse your student for an early departure:

Please email or call as soon as possible to excuse your student early for an appointment, or if they are leaving early due to an illness. The Attendance Secretary (Ms. Anderson) will send your student a dismissal slip so they may sign out in the Attendance Office and meet the parent outside.

Important: if you were marked absent or late by a teacher and would like to discuss this, please talk to the teacher that marked you absent or late---not the attendance office.

- For more information about absences, late arrivals and early departures, click [here](#).
- Para obtener más información sobre ausencias, llegadas tardías y salidas anticipadas, haga clic [aquí](#).

COUNSELING APPOINTMENTS



Counselors are excited to meet with you! Counselors are available for individual student/parent appointments. The appointment calendar on the [RHS Counseling website](#) is now open for students/parents to schedule a meeting.

Counselor Caseloads 2021-2022

A-CA (12th & RS): Nikole Lalas

nlalas@lwsd.org

CE-GARC: Lindsey Hanson

lihanson@lwsd.org

GARD-KAS: Sarah Gray

sgray@lwsd.org

KAT-LEA & VIM-Z: Micaela Crapo

mcrapo@lwsd.org

LEB-MAZ & BALD-CA (9th - 11th): Katie Bunyard

kbunyard@lwsd.org

MC-RAJ: Ellen Zambrowsky-Huls

ezambrowsky-huls@lwsd.org

RAK-SUG: Derik Detweiler

ddetweiler@lwsd.org

SUH-VIL & A-BALA (9th-11th): Justine Oshiro

joshiro@lwsd.org

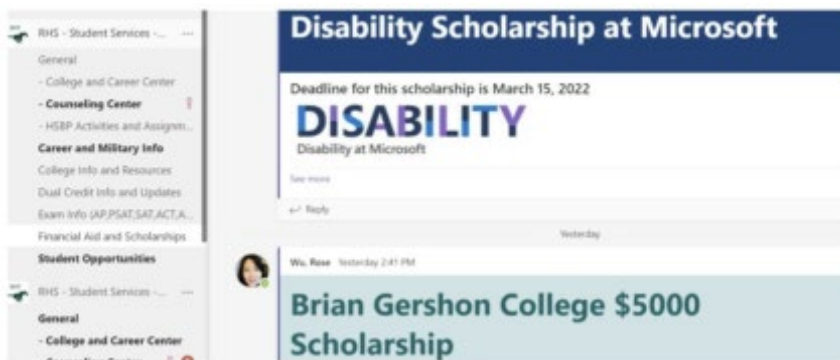
COLLEGE & CAREER CENTER



\$SCHOLARSHIP\$

New: Important note about scholarships: You should never have to pay anything to apply for a scholarship! Many of the scholarships are need-based and others are field or interest-based so you will want to focus on the ones that specifically apply to you. You may also check with the college that you're planning to attend as many offer institutional scholarships that are merit-based. A great scholarship site is WashBoard.org which can connect you with Washington scholarship providers for free. Whether you'll be attending colleges in state or out, it will help you find scholarship opportunities that fit your profile. Another Site to check for scholarships: Scholarship America

Where to look for scholarships? You can find scholarships posted in this Weekly Bulletin, as well as on the Scholarship Bulletin Board outside of the College and Career Center (CCC) and in **Teams (see below)**, under RHS-Student Services-your grade: Financial Aid and Scholarships:



January to March is busy scholarship season and here are some of the scholarships that have a deadline by January 31, 2022.

- **Doug Struthers Memorial Scholarship:** Four Lake Washington School District students every year are chosen to receive this \$5,000 renewable scholarship. Application on [Scholarship America](#)
- **Lambeth Family Scholarship:** This scholarship varies from \$1,000 to \$3,000 and is renewable for up to 4 years. Application on [Scholarship America](#)
- **Anne D. Maloof Scholarship:** This is a one-time scholarship for \$3,000 dollars. Application on [Scholarship America](#)

Some links to find more scholarships:

[The Seattle Foundation](#)

[The Washboard](#)

[Association for Women in Mathematics \(AWM\)](#)

[Washington NASA Space Grant Consortium](#)

\$20,000 (500 Awards)

[Asian and Pacific Islander American Scholarship](#)

Deadline: January 26, 2022

[For Eligibility: Click Here](#)

\$20,000 (3 Awards)

[Melvin Kruger Endowed Scholarship](#)

Deadline: January 31, 2022

[For Eligibility: Click Here](#)

Please see [Ms.Wu](#) in the College and Career Center (CCC) for more scholarship information.

Lake Washington School District

LIVE WEDNESDAY

College and Career Virtual Event Series

Business/Consulting Careers

January 26, 1:30 pm



ISAAC ZORN

QUALTRICS

Enterprise Account

Executive



LESLIE MCBRIDE

NOTHING BUNDT CAKES

Owner and

Entrepreneur

Click [here](#) for **Live Wednesday** events and the link to join this LIVE Virtual event. Be sure to join this event where you'll meet business professionals and get your questions answered.



Washington Network for Innovative Careers

New: WANIC will be conducting their virtual Open House on March 15, 2022, 6-7pm. Click [here](#) for more information.

Earn Credit For Your Job

WORKSITE LEARNING ALLOWS YOU TO EARN
HIGH SCHOOL CREDIT WHILE YOU'RE WORKING

The infographic is set against a yellow background and contains five numbered steps, each with an icon and a text box. Step 1: 'Age 16+' with a person icon. Step 2: 'YOU MUST HAVE TAKEN OR BE TAKING A QUALIFYING CTE CLASS' with a person at a desk icon. Step 3: 'YOUR JOB MUST RELATE TO YOUR CTE CLASS' with a magnifying glass over 'JOB' icon. Step 4: 'COMPLETE THE WORKSITE LEARNING PACKET' with a QR code icon. Step 5: 'ONCE APPROVED, EARN 0.5 CTE CREDIT FOR EVERY 180 HOURS OF WORK' with '180 hours' text.

- Age 16+**
1
YOU MUST BE 16 OR OLDER
- YOU MUST HAVE TAKEN OR BE TAKING A QUALIFYING CTE CLASS**
2
YOU MUST HAVE TAKEN OR BE TAKING A QUALIFYING CTE CLASS
- YOUR JOB MUST RELATE TO YOUR CTE CLASS**
3
YOUR JOB MUST RELATE TO YOUR CTE CLASS
- COMPLETE THE WORKSITE LEARNING PACKET**
4
COMPLETE THE WORKSITE LEARNING PACKET
- ONCE APPROVED, EARN 0.5 CTE CREDIT FOR EVERY 180 HOURS OF WORK**
5
ONCE APPROVED, EARN 0.5 CTE CREDIT FOR EVERY 180 HOURS OF WORK

OTHER NEWS:

Unsure about what to do after high school? Don't know what career to pursue? Not sure what college to choose? Come see Ms. Wu, your College and Career Specialist. I am here to help you and guide you through this confusing transition time. More importantly, I would like to meet you and get to know you!

RHS QUICK LINKS

Did you miss something important?

Previous newsletters are on the [RHS website](#).

Useful links for RHS students and parents:

[RHS website](#)

[RHS Athletic Final Forms](#)

[RHS College & Career Center](#)

[RHS Library- Parent Page](#) (for parent tech help, library services, etc)

[RHS Clubs](#)

[LWSD website](#)

[PTSA website](#)



Lake Washington School District | 16250 NE 74th St | Redmond, WA 98052

[Unsubscribe](#) | [Report Spam](#)