AB1808 & LivingWorks
Start Online Training

Zoom Meeting for COEs

5/20/2020
Introducing the Team

San Diego County Office of Education

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LivingWorks
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Today’s Meeting Will Review…

• AB1808 & your role as a COE lead

• Two-phased launch plan & dissemination process

• Promotional marketing flyer

• Options for monitoring & tracking user licenses

• Questions & Answers
AB 1808 added Section 216 to the California Education Code and provided funding to ensure school staff were prepared to identify, support, and refer middle and high school students who may be experiencing thoughts of suicide. The bill also called for the training to be offered to middle and high school students.

The San Diego County Office of Education was selected as the lead to make this online training available, at no cost, to local educational agencies (LEAs) to voluntarily use as part of their youth suicide prevention policy.
Review of Information Sent Out

• AB1808 one-page overview

• Introduction to LivingWorks & Start Online Training Video

• Suicide Prevention Resource Guide for Schools

• Teen Guide to Mental Health & Wellness

• SDCOE AB1808 website: https://www.sdcoe.net/student-services/student-support/Pages/Online-Suicide-Prevention-Training-for-California-Schools.aspx

• URL link and registration code for testers
Role of AB1808 Lead

1. Identify an AB1808 Lead to be liaison with SDCOE
2. Develop a plan to allocate 600 licenses
3. Take the LivingWorks Start training
4. Identify 3-5 testers to test out Start training
5. Disseminate user licenses to identified districts/schools
6. Monitor and track 600 licenses (OPTIONAL)
Process for License Dissemination

1. Develop a plan for license allocation

2. Send an email to district/school lead with your county URL link and registration code with brief instructions and number of licenses you are providing them

3. Attach promotional flyer
Managing & Monitoring Licenses

- Ability to track and monitor users
- Managers Guide
- Managers Video
## Launching LivingWorks Two-Phased Roll Out

<table>
<thead>
<tr>
<th>PHASE ONE</th>
<th>PHASE TWO</th>
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<tbody>
<tr>
<td>• 600 User Licenses</td>
<td>• 500 User Licenses</td>
</tr>
<tr>
<td>• Middle and high school teachers and staff</td>
<td>• Middle and high school students</td>
</tr>
<tr>
<td>• Classified and/or certificated</td>
<td>• September 2020</td>
</tr>
<tr>
<td>• Between now – beginning of next school year</td>
<td>• Virtual Youth Summit- September 15th</td>
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Promotional Flyer

Life-saving suicide prevention training for school communities

Youth suicide rates are rising, and nearly 1 in 5 students say they’re seriously considering suicide. In the past year, three can save them safe! With the right knowledge and skills, school communities can be a safety net for students.

The California Department of Education (CDE), in partnership with the San Diego County Office of Education (SDOCE), is working to make a difference. We’ve partnered with LivingWorks, a leading developer of suicide prevention training, to provide life-saving skills training for teachers, staff, and students. It’s called LivingWorks Start: a 90-minute online program that equips people to recognize who someone is struggling and take action to keep them safe.

LivingWorks Start: A closer look
- Works on any computer, smartphone, or tablet
- Includes information and practice to build skills
- Custom content designed for education and youth settings
- Evidence-based training shown to improve readiness
- For ages 13 and up

Why is this training being offered?
California Assembly Bill (AB-618) added Section 2350 to the California Education Code and provided funding to ensure school staff was prepared to identify, support, and refer middle and high school students who may be experiencing thoughts of suicide. The bill also called for the training to be offered to middle and high school students. The SDOCE selected LivingWorks as the lead provider to make this training available at no cost, to local educational agencies (LEAs) to voluntarily use as part of their youth suicide prevention policy. Suicide is one of the most significant health risks for youth today, and it can be prevented if people know the warning signs and school communities take measures to try to help, such as preparing students to respond.

How we’ll be rolling out LivingWorks Start
LivingWorks Start will be rolled out in two stages. The first stage will target staff so they are well-equipped to identify students who might have suicide ideation and are prepared to support students when they take the training. LivingWorks Start will then be made available to students in Fall 2023.

Frequently asked questions

Why do trainees use their LivingWorks Start skills?
LivingWorks Start is designed to equip people with the knowledge and skills to recognize when someone—a friend, family member, student, or coworker—is experiencing thoughts of suicide. Learners are encouraged to ask that person directly, engage them in a brief conversation to show they are taking the issue seriously, and then connect them to help, such as a counselor, mental health professional, or a crisis line. As more and more people are trained, they develop a “safety network” for their school communities, making it more likely that someone’s distress will be identified and they can be kept safe.

When will students be trained?
LivingWorks Start will be rolled out in two stages. The first stage will target staff so they are well-equipped to identify students who might have suicide ideation and as they are prepared to support students when they take the training. LivingWorks Start will then be made available to students in Fall 2023.

Is LivingWorks safe to use?
Suicide can be a challenging subject. LivingWorks Start is designed to be a positive, hope-oriented way to minimize the risk of triggering a learner’s distress around suicide. The training also includes safety features throughout, such as quick access to crisis resources if the learner is feeling emotionally distressed. The safety of our staff and students is paramount, and LivingWorks Start reflects this. Numerous studies on LivingWorks programs have found no safety issues as a result of training.
Promotional Social Media Cards

Building hope and support for our students

Saving lives in our schools
Together we can prevent youth suicide

Building hope and support for our students
Questions & Answers