

AB1808 & LivingWorks Start Online Training

Zoom Meeting for COEs

5/20/2020

Introducing the Team

San Diego County Office of Education

Programmatic Support

- Mara Madrigal-Weiss
- Heather Nemour

Technical Support

- Violeta Mora
- Charisma De Los Reyes

CDE

- Monica Nepomuceno

LivingWorks

- Jarrod Hindman
- Kathleen Snyder

Today's Meeting Will Review...

- AB1808 & your role as a COE lead
- Two-phased launch plan & dissemination process
- Promotional marketing flyer
- Options for monitoring & tracking user licenses
- Questions & Answers

AB 1808

AB 1808 added Section 216 to the California *Education Code* and provided funding to ensure school staff were prepared to identify, support, and refer middle and high school students who may be experiencing thoughts of suicide. The bill also called for the training to be offered to middle and high school students.

The San Diego County Office of Education was selected as the lead to make this online training available, at no cost, to local educational agencies (LEAs) to voluntarily use as part of their youth suicide prevention policy.

Review of Information Sent Out

- AB1808 one-page overview
- Introduction to LivingWorks & Start Online Training Video
- Suicide Prevention Resource Guide for Schools
- Teen Guide to Mental Health & Wellness
- SDCOE AB1808 website: <https://www.sdcoe.net/student-services/student-support/Pages/Online-Suicide-Prevention-Training-for-California-Schools.aspx>
- URL link and registration code for testers

Role of AB1808 Lead

1. Identify an AB1808 Lead to be liaison with SDCOE
2. Develop a plan to allocate 600 licenses
3. Take the LivingWorks Start training
4. Identify 3-5 testers to test out Start training
5. Disseminate user licenses to identified districts/schools
6. Monitor and track 600 licenses (OPTIONAL)

Process for License Dissemination

1. Develop a plan for license allocation
2. Send an email to district/school lead with your county URL link and registration code with brief instructions and number of licenses you are providing them
3. Attach promotional flyer

Managing & Monitoring Licenses

- Ability to track and monitor users
- Managers Guide
- Managers Video

Launching LivingWorks Two-Phased Roll Out


PHASE ONE



- 600 User Licenses
- Middle and high school teachers and staff
- Classified and/or certificated
- Between now – beginning of next school year

PHASE TWO

- 500 User Licenses
- Middle and high school students
- September 2020
- Virtual Youth Summit- September 15th

Promotional Flyer





Life-saving suicide prevention training for school communities

Youth suicide rates are rising, and nearly 1 in 5 students say they've seriously considered suicide in the past year. How can we keep them safe? **With the right knowledge and skills, school communities can be a lifeline of hope for students.**

The California Department of Education (CDE), in partnership with the San Diego County Office of Education (SDCOE), is working to realize this vision. We've partnered with LivingWorks, a leading developer of suicide prevention training, to provide life-saving skills training for teachers, staff, and students. It's called LivingWorks Start: a 90-minute online program that equips people to recognize when someone is struggling and take action to keep them safe.

LivingWorks Start: A closer look

- Works on any computer, smartphone, or tablet
- Includes information and practice to build skills
- Custom content designed for education and youth settings
- Evidence-based training shown to improve readiness
- For ages 13 and up

How we'll be rolling out LivingWorks Start

LivingWorks Start will be rolled out in two stages. The first stage will target staff so they are well equipped to identify students who might have suicide ideation and are prepared to support students when they take the training. LivingWorks Start will then be made available to students in fall 2020. County offices of education will distribute LivingWorks Start to school districts in their counties so they can provide this program to middle and high school teachers and staff. Once educators are trained, the next wave of training will include students, beginning on <<DATE>>.

Frequently asked questions

Why is this training being offered?

California Assembly Bill (AB) -1808 added Section 216 to the California Education Code and provided funding to ensure school staff were prepared to identify, support, and refer middle and high school students who may be experiencing thoughts of suicide. The bill also called for the training to be offered to middle and high school students. The SDCOE was selected as the lead to make this online training available, at no cost, to local educational agencies (LEAs) to voluntarily use as part of their youth suicide prevention policy. Suicide is one of the most significant health risks for youth today, but it can also be prevented if people know the warning signs and school communities take measures to build hopeful, supportive environments. Skills training is essential to make this possible, and this is why we are launching LivingWorks Start.

How do trainees use their LivingWorks Start skills?

LivingWorks Start is designed to equip people with the knowledge and skills to recognize when someone—a friend, family member, student, or co-worker—is experiencing thoughts of suicide. Learners are equipped to ask that person directly, engage them in a brief conversation to show they are taking the issue seriously, and then connect them to help, such as a counselor, mental health professional or a crisis line. As more and more people are trained, they develop a "safety network" for their school communities, making it more likely that someone's distress will be identified and they can be kept safe.

When will students be trained?

LivingWorks Start will be rolled out in two stages. The first stage will target staff so they are well-equipped to identify students who might have suicide ideation and so they are prepared to support students when they take the training. LivingWorks Start will then be made available to students in fall 2020.

Is LivingWorks Start safe?

Suicide can be a challenging subject. LivingWorks Start is deliberately presented in a positive, hope-oriented way to minimize the risk of triggering a learner's distress around suicide. The training also includes safety features throughout, such as quick access to crisis resources if the learner is feeling emotionally distressed. The safety of our staff and students is paramount, and LivingWorks Start reflects this. Numerous studies on LivingWorks programs have found no safety issues as a result of training.

“An excellent, approachable training for bringing suicide prevention trainings to school communities. This will make a big impact.—LivingWorks Start trainee”

Promotional Social Media Cards



Questions & Answers

