

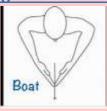




# Dear Parents and Carers 24/01/22

Dear Parents and Carers, this week we will be focusing on the nursery rhyme 'Row, row, row your boat' and our words of the week are 'Boat' and 'Sea'. When you are out with your child this week, if you happen to be near the seaside, draw their attention to the sea and any boats that may be out on the water. Talk about what you can see, hear, smell and feel. This will support with your child's development and learning. We have another open session this week on Wednesday 26 January @ 2:30pm, please feel free to come along and join in play with your child.

## Sign of the Week



### Den building

Over the past few weeks, the children in Hedgehogs have enjoyed exploring dens that we have set up. Putting a blanket over a table creates an enclosed space for children to crawl into. Try this at home! Within the den, you can add a blanket, cushions, books and toys creating a cosy space for your child to explore.



#### Physical Development

You can support your child's physical development at home in many ways. These include,

- Going to the park so that children can explore moving on different surfaces such as grass, pathways and hills.
- Play games and sing songs that involve clapping and using hands.
- Encourage self-feeding and using a spoon at meal times.

You can find further information for parents on physical development and other areas from czone East Sussex.

https://czone.eastsussex.gov.uk/early-years/infofor-parents/

#### <u>This week...</u>

We are exploring the nursery rhyme 'Row, row, row your boat'

We will be building boats out of soft play blocks.

During our singing sessions, we will be using props such as boats, crocodiles and lions!

Open session 26/01/22 @ 2:30pm