Liberty High School
Student Self-Assessment

Student Name: _____

Another Name You Might Go By: _____

This form is designed to help your counselor or teacher write an accurate, informed recommendation. Please take the time to fill out the information requested and return it to your counselor and teachers at the time you request a recommendation. **Please type your responses**, and/or use a separate paper to compile your answers. You can find an electronic copy on the LHS website on the School Counseling link, under College and Career Planning.

1. **Please attach a resume detailing your school activities, community service, and work experiences**. Include any leadership such as offices held, special projects you worked on or organized, awards received, etc.

2. What three words best describe you and why?

3. What are your most significant personal strengths? Please share an explanation or example.

4. What is your intended college major/program of study and what is your career goal? What made you decide on this path?

5. What have you done to prepare for this career or college major? Consider coursework, volunteer work, internships, and/or job shadows.

6. List the colleges you are considering and what draws you to those choices.

7. Are you a first generation college-student? Meaning: are you the first person in your immediate house-hold to attend college, including your parents?

8. Describe the rigor of your academic studies. How did you challenge yourself?

9. Is your high-school academic record an accurate measure of your ability and potential?
   a. Please explain.
   b. Were there any circumstances (personal or family) that have impacted, positively or negatively, your academic performance or your extracurricular involvement in high-school?

10. What would you like me to emphasize in your letter of recommendation?

If you are asking a teacher for a letter of recommendation, please include a copy of your transcript from Home Access Center. If asking your counselor, they will not need a copy.