

**Directions To Saybrook Point Inn and Spa**  
**Two Bridge Street, Old Saybrook, CT 06475**

**From New Haven and New York:** Take Interstate 95 North to Exit 67. Bear right off the exit ramp onto Route 154 West. Go straight through two traffic lights. Turn left at the third light. Follow signs for Saybrook Point or Shore Point, which will lead you to a three-way stop sign. The inn is in front of you, to the right.

**From New London:** Take Interstate 95 South to Exit 68. Bear right off the exit ramp onto Route 1 South. Travel a half-mile to the first traffic light, and turn left onto Route 154 West. Go straight through one traffic light, and turn left at the next light. Follow signs for Saybrook Point or Shore Point, which will lead you to a three-way stop sign. The inn is in front of you, to the right.

**From Hartford / Bradley Airport:** Take Interstate 91 South to Route 9 South, at the left exit. Take Route 9 South to Exit 2. Turn right off the exit ramp onto Route 154 West. Go through three sets of traffic lights, and turn left at the fourth light. Follow signs for Saybrook Point or Shore Point, which will lead you to a three-way stop sign. The inn is in front of you, to the right.

**From Interstate 84 Eastbound / Westbound:** Take Interstate 84 South to Interstate 91 South. Take Interstate 91 to Route 9 South, at the left exit. Take Route 9 South to Exit 2. Turn right off the exit ramp onto Route 154 West. Go through three sets of traffic lights, and turn left at the fourth light. Follow signs for Saybrook Point or Shore Point, which will lead you to a three-way stop sign. The inn is in front of you, to the right.