



REGISTRATION

All program registrations begin at 8:00 am online or in the Scarborough Community Services Office.

55+ PROGRAMS

Residents | Tuesday, April 14th

Non-Residents | Tuesday, April 21st

ADULT PROGRAMS

Residents & Non-Residents | Tuesday, April 7th

YOUTH PROGRAMS

Residents & Non-Residents | Tuesday, April 7th

SUMMER DAY CAMP

Residents & Non-Residents | Tuesday, April 7th

2020-21 BEFORE & AFTERCARE

Currently Enrolled | Monday, March 23rd

Not enrolled | Monday, March 30th



PAYMENT METHODS

ONLINE:

Online registration is available 24-hours a day, seven days a week. You will need to create an account online before being able to register.

PAYMENT METHODS: Visa, Mastercard, or Discover

LOCATION: web1.vermontsystems.com/scarborough.html

IN-PERSON:

In-person registration is accepted in the Scarborough Community Services Office Monday through Friday between 8:00 to 4:00 pm.

PAYMENT METHODS: Cash, check, money order, or debit card. Please make checks payable to the Town of Scarborough.

LOCATION: 259 U.S. Route 1, Scarborough, ME

REFUND POLICY

NO REFUND WILL BE ISSUED IF:

If an individual does not attend the program or does not cancel at least 7 days prior to the start of a program.

PARTIAL REFUNDS WILL BE ISSUED IF:

For any cancellation or change made by an individual. For youth and adult programs, the processing fee is \$15. For 55+ programs, the processing fee is \$15 for trips over \$30 and \$5 for trips under \$30.

FULL REFUNDS WILL BE ISSUED IF:

If Community Services cancels the program.

Refunds are processed through our Finance Department and mailed to recipients in the form of a check. Please be sure that Community Services has the correct mailing address before refund is processed. Please allow up to two weeks to process refund.



Main Office 730-4150
Child Care Office 730-4170



/scarboroughmaine



scarboroughmaine.org



@scarboroughcomserv



comserv@scarboroughmaine.org



Scarborough Community Services

PAGE 6 55+ ACTIVITIES



PAGE 30 SUMMER DAY CAMP



PAGE 40 PARKS & FIELDS



55+ PROGRAMS

| | |
|----------------------|----|
| Special Events | 7 |
| Activities | 8 |
| Trips | 10 |
| Transportation | 14 |
| Calendars | 16 |

YOUTH PROGRAMS

| | |
|--------------------------------|----|
| Lessons | 20 |
| Track | 21 |
| Soccer | 22 |
| Lacrosse | 23 |
| Softball & Baseball | 24 |
| Basketball | 24 |
| Technology | 25 |
| Art | 26 |
| Fall Soccer Registration | 27 |

ADULT PROGRAMS

| | |
|---------------------|----|
| Basketball | 28 |
| Volleyball | 28 |
| Soccer | 29 |
| Flag Football | 29 |
| Fitness | 29 |

CHILD CARE PROGRAMS

| | |
|----------------------------|----|
| Summer Day Camp | 30 |
| 2020-21 Registration | 34 |

SPECIAL EVENTS

| | |
|--------------------------------|----|
| Summerfest | 36 |
| Concerts in the Park | 36 |
| Parks & Recreation Month | 37 |

COMMUNITY INFORMATION

| | |
|-----------------|----|
| Beaches | 38 |
| Passports | 39 |

FACILITIES & RENTALS

| | |
|----------------------|----|
| Parks & Fields | 40 |
| Rentals | 41 |

SPONSORSHIPS

| | |
|------------------------|----|
| Opportunities | 42 |
| Current Sponsors | 43 |

Table of Contents

LETTER FROM THE DIRECTOR



I don't know about you but I am ready for warmer temperatures and all of the outdoor activities that summer offers! Progress resumes on the Hurd Park renovation project and discussions and groundwork continue regarding the future of the turf and track as well as a potential community center. With an eye on continual growth, not just within the community as a whole but in our desire to offer new and diverse programs, services, and events, the need to expand and improve usable space will also persist. In the interim, we will keep going, get creative with programming, and look at prospective partnerships within town that work for everyone involved.

In our mission to provide recreational opportunities that encompass physical, mental, and social wellness, we are excited to expand our offerings in conjunction with National Parks and Recreation Month in July. Thanks to the continued support of Martin's Point Heath Care, we will be able to provide even more free exercise sessions and activities in the parks for all ages and abilities. Be on the lookout for our Parks & Rec Month calendar on our website and Facebook. We hope to see you at one (or all) of the events!

Our doors are always open to listen to ideas for facility upgrades, suggestions for new programs or thoughts on how we can improve our overall level of service. Thank you for your support and we hope you enjoy all that Scarborough has to offer!



Todd Souza, C.P.R.P
Director of Community Services
tsouza@scarboroughmaine.org

OUR MISSION

Scarborough Community Services aims to enhance the quality of life for all residents by promoting a community-centered environment through properly maintained public spaces and engaging recreational opportunities.

OUR VISION

Evolve and develop with a growing community to meet the needs of our residents, while maintaining and developing facilities and programming in a fiscally responsible manner.

CORE VALUES

- Stewardship
- Inclusivity
- Character
- Innovation
- Health & Wellness



MEET OUR STAFF



Audra Keenan

Intergenerational Programs Manager



Bill Reichl

Parks & Recreation Manager



Nicole Hall

Operations & Facilities Manager



Steve Kramer

Program Coordinator



Andrea Zglobicki

Program Coordinator



Cindy DiBiase

Seniors Program Coordinator



Jill Deering

Administrative Secretary



Brandi Bradley

Facilities Scheduler

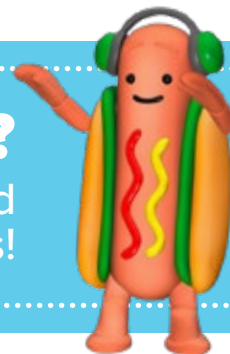


Ryan Colpitts

Program Coordinator

HOW MANY HOT DOGS?

Search our brochure up and down and all around to find all 10 hidden hot dogs!





The mission of the 55+ Programs is to give all seniors an opportunity to maintain dignity, enrich their quality of living, and actively promote participation in all aspects of community life.

REGISTRATION

Resident Tuesday, April 14th | **Non-Resident** Tuesday, April 21st

RESIDENT & NON-RESIDENT



Registration is now based on residency. Programs and trips remain open to everyone interested in participating. Scarborough residents receive early registration priority. Fees on trips and programs have also been restructured based on residency.

Program brochures may be mailed to individual households for a fee of \$10 per year. This fee covers the mailing of three annual brochures. This option is open to ALL households, regardless of residency or age.

CODE OF CONDUCT

The Town of Scarborough would like the 55+ programs' trips, events, and activities to be a great experience for everyone involved. Help us maintain a positive and safe environment that is warm and welcoming to all senior citizens. Participants of the Scarborough 55+ Programs have the following responsibilities:

Respectful

Show respect to all participants, staff, equipment, and facilities.

Inclusive

Be welcoming to new participants. A friendly smile goes a long way!

Considerate

Remember the golden rule: Treat others the way you would like to be treated.

Constructive

Use a constructive tone and refrain from any abusive or threatening language when reporting or addressing any issues or concerns.

Senior Program Disclaimer

Information provided in conjunction with this program is solely for informational purposes and is not intended as an endorsement or expression of support. The Town of Scarborough does not assume any liabilities for acts or omissions of such third parties in the provision of these goods and services. If you have an interest in providing educational and informational programming to the population served through the senior program, we encourage you to contact the senior program coordinator to discuss.

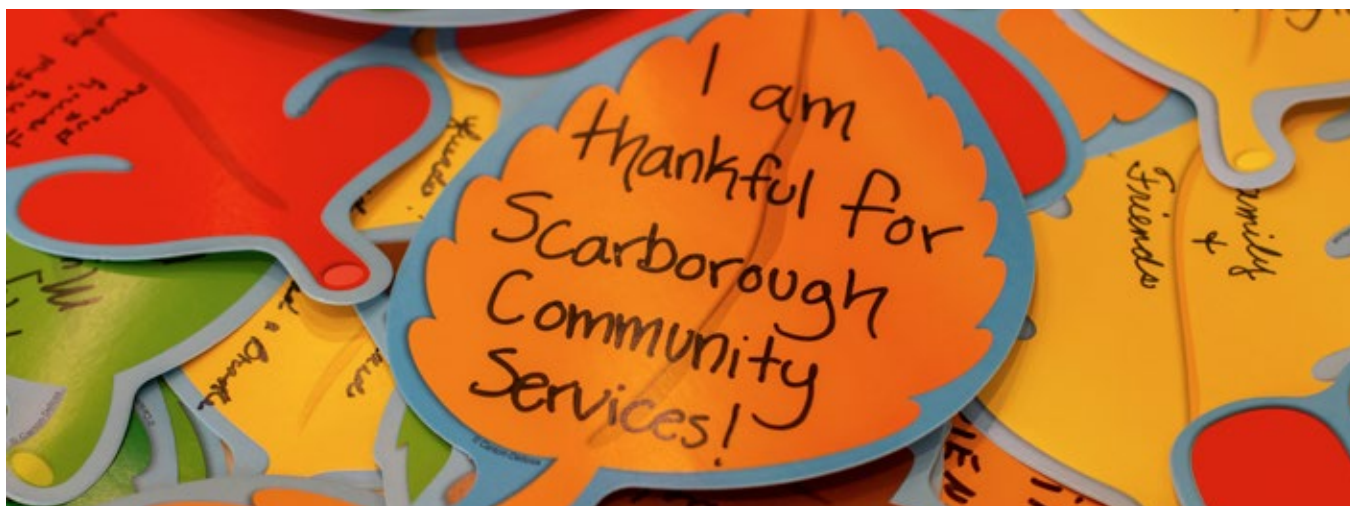
ASSISTANCE

SENIOR SCHOLARSHIPS:

Community Services offers scholarships for various programs to those who qualify, including the 55+ Programs. Applications are available in the Scarborough Community Services Office.

BLANCHE COOK TRANSPORTATION FUND:

In honor of Blanche Marvette Small Cook, a local senior who enjoyed being picked up at her home for many of our 55+ programs, we have created a fund in hopes that it will give other Scarborough residents the opportunity to participate in the 55+ Programs who would otherwise not be able to.



SPECIAL EVENTS

Successful Aging Expo

Successful Aging Expos are shows or fairs that feature services and information specific to older Mainers. There are often health screenings, talks, entertainment and special opportunities like flu shots and antique appraisals at this expo. Come visit the Scarborough 55+ Programs' booth!

This expo runs from 9:00 - 2:00 pm, but we will be taking a bus group over for a portion of the day.

Pre-registration is required for bus transportation.

LOCATION: St. Maximilian Kolbe Church
150 Black Point Rd, Scarborough, ME

DATE: May 6 | Wednesday

TIME: 10:30 - 12:00 pm *(with bus group)*

FEE: FREE

MIN/MAX: 8 / 27

DEADLINE: Friday, May 1 by 4:00 pm



SPECIAL EVENTS

Annual Senior BBQ

Sponsored by Fontaine Family Real Estate

Join us for our Annual Senior BBQ in the park! This is a great way to spend time with friends and indulge in all of your favorite summertime foods. Come listen to some live music and play a game or two of corn hole! *This event will be held rain or shine.*

LOCATION: Memorial Park
DATE: July 29 | Wednesday
TIME: 11:00 am
FEE: \$9 (ages 60+) | \$11 (under age 60)
MIN/MAX: 40 / 150
DEADLINE: Monday, July 20 by 4:00 pm

Please note: Due to limited parking at Memorial Park, we will be offering a shuttle from the high school parking lot starting at 10:45 am.



Ice Cream Social

Sponsored by MedCOR Professionals

I scream, you scream, we all scream for... ice cream socials! Come cool off and enjoy a delicious treat with friends, old and new. We hope to see you there! *Transportation not provided.*

LOCATION: Martin's Point
DATE: August 21 | Friday
TIME: 12:00 - 1:30 pm
FEE: FREE
MIN/MAX: 15 / 50
DEADLINE: Wednesday, August 12 by 4:00 pm



PROGRAMS & ACTIVITIES

iPad 101

Join us for these FREE 90-minute sessions designed to cover the basics of using an iPad. Jim Keenan, owner of Keenan Technologies, will provide you with a simple overview of the iPad and answer your questions! *Transportation not provided.*

LOCATION: Wentworth School, Room D124
DATE: May 8, June 12, July 10, August 14
TIME: 1:30 - 3:00 pm
FEE: FREE



Weekly Programming Held at Martin's Point Community Room

153 US Route One, Scarborough, ME

We hold some of our weekly programs in the Community Room at the Scarborough Martin's Point Health Care Center. *Programs are not held on major holidays.*



Weekly BINGO

Join us for coffee and socializing beginning at noon. BINGO starts promptly at 12:30 pm. *Registration is not necessary but please call Community Services if you would like to register for door-to-door transportation.*

LOCATION: Martin's Point
DATE: Mondays
TIME: 12:30 - 2:00 pm
FEE: \$2 (paid at door)
CLOSED ON: 5/25



Senior Activity Center

Get together for coffee, pastries, games, and comradery, as well as other programs for your benefit. Open to residents and non-residents age 55 and older! *Registration is not necessary. Transportation not provided.*

LOCATION: Martin's Point
DATE: Tuesdays & Fridays
TIME: **Tues** 1:00 - 3:30 pm
Fri 9:30 - 12:00 pm
FEE: FREE
CLOSED ON: 7/3, 7/17

Weekly Senior Lunches

Come enjoy a Wednesday lunch at Martin's Point! The meals and entertainment change weekly, so you're bound to find something that piques your interest. *Payment is due at time of registration.*

On-site parking is limited. The shuttle departs from the faculty lot of Scarborough High School promptly at 11:00 am.

LOCATION: Martin's Point
DATE: Wednesdays
TIME: Doors open | 11:00 am
 Lunch | 11:30 am
FEE: \$7 resident & non-resident
(some lunch prices may vary)
DEADLINE: Monday prior by 2:00 pm
CLOSED ON: 5/6, 7/22, 8/12

Senior Lunch Policy & Rates

For each of our meals attended by a senior member, the Southern Maine Agency on Aging contributes \$2 towards the \$9 cost per person, allowing us to charge a discounted rate of \$7. If a senior has made a reservation and does not attend, we owe the full \$9 for the missed meal. If you do not cancel by the deadline or do not attend, you will still be expected to pay for the missed meal at the \$9 rate.

Date

Meal & Entertainment

- | | |
|---------------|---|
| May 13 | Beef Stew MedCOR Professionals Presentation |
| May 20 | Shepherd's Pie Sing Along with Ann |
| May 27 | Broccoli Chicken Cheddar Bake Birthdays and BINGO |
| Jun 3 | Brunch Clutter Coaching Presentation |
| Jun 10 | Italians The Good Tyme Band |
| Jun 17 | Grilled Cheese & Tomato Soup Funeral Prearrangement Workshop |
| Jun 24 | Pizza Birthdays and BINGO |
| Jul 1 | Meatloaf Music with Jim Gallant |
| Jul 8 | Lobster Roll (\$11 Age 60+ \$13 Under Age 60) Travel Presentation |
| Jul 15 | Macaroni & Cheese Birthdays and BINGO |
| Jul 29 | Annual Senior BBQ <i>See page 8 for more details</i> |
| Aug 5 | Baked Ravioli Amtrak Downeaster Presentation |
| Aug 19 | Chicken Pot Pie Music with Gloria Jean |
| Aug 26 | Chop Suey Birthdays and BINGO |



Please note: If Scarborough Community Services cancels a lunch due to inclement weather, you will be credited the amount you paid for the lunch. This credit can be used for future lunches. We will not automatically sign you up for the next lunch. It is your responsibility to sign up for the next lunch, as we cannot predict your availability. Thank you for understanding.

OUT-TO-LUNCH BUNCH

Join us for lunch trips to some of the area's popular restaurants, recommended by our group of seniors.

Please note: If you meet our group at the restaurant, you will still be charged the trip fee, as you are taking a spot in our overall reservation.

DATE: Various Thursdays
TIME: 11:30 - 2:30 pm
FEE: \$7 resident & non-resident
Lunch cost on your own
MIN/MAX: 5 / 27
DEADLINE: Friday prior by 2:00 pm



| <u>Date</u> | <u>Restaurant</u> |
|---------------|--|
| May 7 | The Dolphin Harpswell (10:30 am departure) |
| May 28 | Warren's Lobster House Kittery |
| Jun 4 | Gonneville Farm Dayton |
| Jun 18 | Chick-A-Dee Lewiston |
| Jul 2 | Oak St. Bistro Alfred |
| Jul 9 | Huot's Seafood Restaurant Saco |
| Aug 20 | Bay Haven Cornish (10:30 am departure) |

TRIPS

Please note: This symbol indicates the trip will involve a fair amount of walking.



North43 Bistro Lunch Outing

North43 Bistro has a beautiful waterfront location at Spring Point Marina in South Portland. Their dining room boasts gorgeous views anytime of the year! Chef/Owner Stephanie Brown has French culinary training, Tuscan roots and loves to throw in Asian flare. Menus feature fresh, seasonal and local ingredients. North43 Bistro takes pride in providing great customer service and getting to know their guests and their community.

LOCATION: South Portland, ME
DATE: May 14 | Thursday
TIME: 11:30 - 2:30 am
FEE: \$25 resident | \$35 non-resident
Lunch Included: *Chicken with Prosciutto & Cheese or Baked Haddock*
MIN/MAX: 10 / 27
DEADLINE: Monday, May 4 by 4:00 pm

Sunset Boulevard Portland Players

Directed by Michael Donovan
Music by Andrew Lloyd Webber

In her mansion on Sunset Boulevard, faded, silent-screen goddess, Norma Desmond, lives in a fantasy world. Impoverished screenwriter, Joe Gillis, on the run from debt collectors, stumbles into her reclusive domain. Persuaded to work on Norma's "masterpiece," a film script that she believes will put her back in front of the cameras, he is seduced by her and her luxurious lifestyle. Joe becomes entrapped in a claustrophobic existence until his love for another woman leads him to try and break free with dramatic consequences.

LOCATION: South Portland, ME
DATE: May 14 | Thursday
TIME: 6:45 - 10:30 pm (show at 7:30 pm)
FEE: \$7 resident & non-resident
Ticket cost on your own: \$5 at door
MIN/MAX: 10 / 27
DEADLINE: Friday, May 8 by 4:00 pm

Breakfast at Town Line Family Restaurant

Town Line Family Restaurant took over the old building where Public House/Hawg Heaven used to be, transforming the building into a restaurant. Their menu features delicious omelets, homemade hash, breakfast bowls, gourmet French toast, and all of your breakfast favorites. Come enjoy a delicious home cooked meal with friends and see why Town Line is "where everyone goes to meet!"

LOCATION: Lyman, ME
DATE: May 19 | Tuesday
TIME: 8:45 - 11:30 am
FEE: \$7 resident & non-resident
Breakfast cost on your own
MIN/MAX: 8 / 27
DEADLINE: Tuesday, May 12 by 4:00 pm



Maine Country Music Hall of Fame & Museum

The Maine Country Music Hall of Fame & Museum was founded in 1978 by the Maine Country Music Association. This public museum displays memorabilia of Maine Country Music artists who are members of the Hall of Fame. Come learn about Maine's rich country music history and honor the artists who have earned the high honor of being inducted into the Maine Country Music Hall of Fame. After our guided tour of the Hall of Fame & Museum, we will enjoy lunch at Ninety Nine Restaurant & Pub.

LOCATION: Mechanic Falls, ME
DATE: May 21 | Thursday
TIME: 9:00 - 3:00 pm
FEE: \$10 resident | \$15 non-resident
Lunch cost on your own
MIN/MAX: 8 / 27
DEADLINE: Friday, May 15 by 4:00 pm



Grumpy Old Men Lyric Music Theater

Directed by Vince Knue

Grumpy Old Men is the story of two aging men, Max and John, neighbors who have been feuding for most of their lives. Invigorated by their shared affection for their new neighbor across the street, the beautiful, eccentric, and charming Ariel, they face-off as romantic rivals resulting in hilarious shenanigans. Based on the 1993 film, this stage adaptation captures the lovably crotchety characters through twinkling humor, great songs, and the affectionate depiction of a small town that feels like home to everyone.

LOCATION: South Portland, ME
DATE: May 28 | Thursday
TIME: 6:45 - 10:30 pm (show at 7:30 pm)
FEE: \$7 resident & non-resident
Ticket cost on your own: \$10 at door
MIN/MAX: 10 / 27
DEADLINE: Friday, May 22 by 4:00 pm



Train Ride & Ice Cream !

Experience a scenic trip aboard the Amtrak Downeaster and enjoy their comfortable reclining seats with oversized windows for the best view! Visit The Downeaster Café, which features a variety of light meals and Maine-made products. We will take the Amtrak along its southbound route to Durham, New Hampshire, to visit the Dairy Bar on the beautiful UNH Campus and indulge in your favorite ice cream treat. Feel free to bring a bagged lunch, get lunch on the train, or at the Dairy Bar.

LOCATION: Durham, NH
DATE: June 11 | Thursday
TIME: 11:15 - 4:15 pm
11:58 am Depart from Portland - 1:05 pm Arrive at UNH
2:27 pm Depart from UNH - 3:40 pm Arrive in Portland
FEE: \$40 resident | \$45 non-resident
Train ticket & ice cream included
MIN/MAX: 10 / 27
DEADLINE: Monday, June 1 by 4:00 pm

Mini Golf & Ice Cream !

Since 1986, Martel's has made their own delicious ice cream. They have over 40 flavors, plus rotating specialty flavors. Martel's also features a beautifully maintained 18-hole miniature golf course, located just behind the ice cream shop. Join us for a fun summer day of ice cream and mini golf. This day is sure to be a hole-in-one!

LOCATION: Saco, ME
DATE: June 25 | Thursday
TIME: 1:00 - 4:00 pm
FEE: \$10 resident | \$15 non-resident
Breakfast cost on your own
MIN/MAX: 10 / 27
DEADLINE: Friday, June 12 by 4:00 pm

Bailey Island Cruise !

Join us as we cruise through Casco Bay and see some of Portland's lighthouses, forts, and beautiful scenery. Listen as the captain describes the rich history of Casco Bay and maybe learn something new! After arriving on Bailey Island, enjoy a delightful lunch at Cook's Lobster House.

Please Note: The walk from the boat dock to the restaurant includes a ramp that can be steep for some.

LOCATION: Bailey Island, ME
DATE: July 16 | Thursday
TIME: 9:00 - 4:00 pm
FEE: \$57 resident | \$67 non-resident
Lunch Included: Lobster Roll, Crab Cakes, or Chicken & Brie Sandwich
MIN/MAX: 10 / 27
DEADLINE: Thursday, July 2 by 4:00 pm



Yarmouth Clam Festival !

The Yarmouth Clam Festival has been a Maine summertime tradition since 1965. The annual festival includes wonderful foods, crafts, demonstrations, entertainment, and clams, of course! Join us for a fun-filled day at the festival!

LOCATION: Yarmouth, ME
DATE: July 17 | Friday
TIME: 10:00 - 3:00 pm
FEE: \$7 resident & non-resident
Lunch cost on your own
MIN/MAX: 8 / 27
DEADLINE: Friday, July 10 by 4:00 pm





Diamond Cove Cruise

Join us as we cruise through Casco Bay and see some of Portland's historic lighthouses, forts, and dock on the northern end of Great Diamond Island. Just steps from the dock, we will dine at Diamond's Edge Restaurant and enjoy tasty food and a spectacular view of Diamond Cove.

Please Note: We will be dining outdoors. Expect some walking from the dock to the restaurant.

LOCATION: Great Diamond Island, ME
DATE: July 30 | Thursday
TIME: 9:15 - 3:15 pm
FEE: \$85 resident | \$95 non-resident
Lunch Included: Lobster, Filet Mignon, Chicken, or Vegetarian
MIN/MAX: 10 / 27
DEADLINE: Friday, July 17 by 4:00 pm

Cymbeline Theater at Monmouth

Written by William Shakespeare
 Directed by Eddie DeHais

When Imogen's father banishes her soul-mate, the princess embarks on a quest to prove her fidelity, escape her stepmother's dastardly plot, and reclaim her love. Cymbeline is brimming with forbidden romance, mistaken identities, jealousy, vile trickery, poison, disguises, and epic sword fights. A theatrical feast that defies genre, Cymbeline blends tragedy, comedy, and romance into an enchanting and unforgettable Shakespearean fairytale.

Please Note: We will not be stopping for lunch. Feel free to bring lunch for the bus ride, or eat before the trip. We will stop for ice cream on the drive back.

LOCATION: Monmouth, ME
DATE: August 6 | Thursday
TIME: 11:15 - 4:00 pm (show at 1:00 pm)
FEE: \$45 resident | \$55 non-resident
 Ice cream on your own
MIN/MAX: 8 / 13
DEADLINE: Monday, July 27 by 4:00 pm

Clambake at Cabbage Island

While aboard the Bennie Alice, you will enjoy sights of lighthouses, wildlife, and fisherman hauling in their traps. Upon arrival you will be greeted by the Moore family and friends, who have hosted this traditional clambake since 1956. The mouthwatering feast includes a cup of New England fish chowder, steamed clams, and your choice of two bright red Maine lobsters or chicken. Your lunch will also include sweet corn on the cob, egg, onion, and potatoes, and their famous blueberry cake!

Please Note: There are some stairs to climb to get to the clambake.

LOCATION: Boothbay Harbor, ME
DATE: August 27 | Thursday
TIME: 9:45 - 6:00 pm
FEE: \$95 resident | \$105 non-resident
Lunch Included: Lobster or Chicken
MIN/MAX: 12 / 27
DEADLINE: Monday, August 17 by 4:00 pm



TRANSPORTATION

55+ Bus Departure Area



For all of our 55+ trips, the bus departs from the faculty parking lot of Scarborough High School at the start time listed in the trip details.

Please meet in this location if you are not receiving home pick-up. There is ample parking to leave your car during the trips.

Directions to the parking lot:

- From Route One, enter Municipal Drive (between Town Hall and Town & Country Credit Union).
- Take your first right after the credit union.
- The bus will be located in the second parking lot on the right. This is Staff Parking Lot E.

Door-to-Door Transportation

We offer door-to-door transportation (pick-up at home) to any Scarborough residents 55 and older who do not drive and who would like to participate in our trips or programs. There is a fee of \$2 per person that must be paid to the bus driver for this service at the time of pick-up. Please note the \$2 fee is per person, even if pick-ups are at the same location.

If you are being picked up at home for any trip, please be ready at least one hour in advance of the scheduled trip departure time. This allows our driver adequate time to pick everyone up.

Bus passes are available from our bus driver or at the Community Services Office at Town Hall for \$20. A bus pass will cover 12 trips for the price of 10!

Additional Transportation Resources

Do you need transportation to appointments, grocery shopping, or errands? There are two local companies that offer this service. Please give them a call or visit their websites for more information.

Regional Transportation Program

207-774-2666 | rtprides.org

Independent Transportation Network

207-854-0505 | itnportland.org

AFFILIATE ACTIVITIES

The following programs **are not** organized through the Scarborough 55+ Program. Please contact the programs directly with any inquiries.

Senior Chair Yoga

Help improve mobility, increase range of motion, build strength and flexibility, and improve your balance with chair yoga. No experience is necessary and all abilities are welcome!

If you have questions about senior yoga, call the Martin's Point message line 1-877-670-2626.

LOCATION: Martin's Point
DATE: Tuesdays & Thursdays
TIME: 9:00 - 10:00 am
FEE: FREE
REGISTRATION: Not Required



All About Balance

The Maine Balance Center welcomes you to this senior exercise class to reduce your fall risk. Benefits to this class include improving balance, improving your walking, and building strength.

If you have questions about the balance class, call the Maine Balance Center at 207-303-0612.

LOCATION: Martin's Point
DATE: Mondays
TIME: 9:30 - 10:30 am
FEE: FREE
REGISTRATION: Not Required



Living Well with Diabetes

Living Well with Diabetes is a licensed, self-management program that was developed at Stanford University. Physicians, diabetes educators, dietitians, and other health professionals both at Stanford and in the community have reviewed all materials in the workshop. The content is reviewed every year and updated to meet current American Diabetes Association's standards by the Self-Management Resource Center.

This program is designed to help individuals living with type two diabetes learn how to live well day-to-day. Some highlights of this class are learning techniques to deal with the symptoms of diabetes, meal planning and reading food labels, proper foot care, medication management, as well as being a productive member of your healthcare team. Each program is 2.5 hours a week for six weeks.

LOCATION: Martin's Point
DATE: May 7 - June 11 | Thursdays
TIME: 1:00 - 3:30 pm
FEE: FREE
MIN/MAX: 8 / 20
REGISTRATION: Call 207-440-2390 to register



Scarborough Public Library

The Scarborough Public Library provides access to a broad collection and high quality services and programs that promote lifelong learning in a welcoming, community-centered facility. The library offers over 77,000 items in its collection, with millions more available through the library's online catalog.

Anyone who lives or works in Scarborough is eligible for a free library card. Reference staff is available to show cardholders how to search for materials and download eBooks to reading devices. Free programs are offered weekly and monthly and special events are also open to the public and are free to attend.

For Scarborough residents unable to visit the library due to long-term or short-term illness, immobility, or age, the library provides free delivery of materials twice a month.

Find more information about the Scarborough Public Library at www.scarboroughlibrary.org or call 207-883-4723.



Program

Date

Monday Movie Matinée

1st Monday of the month
@ 1:30 pm

Book Discussion
Morning Group

1st Tuesday of the month
@ 10:00 am

Book Discussion
Evening Group

2nd Wednesday of the month
@ 6:30 pm

Let's Talk America! Forum

1st Thursday of the month
@ 6:00 - 8:00 pm

Sketching Group

2nd Friday of the month
@ 10:00 - 12:00 pm

French Conversation Group

3rd Tuesday of the month
@ 6:30 - 8:00 pm

Genealogy Group

4th Monday of the month
@ 1:00 - 3:00 pm

Library Knitting Group

Every Saturday
@ 10:00 - 12:00 pm

MAY

| | | | | | |
|--|----|---|----|--|----|
| | | | | 9:30 - 12:00 pm Senior Activity Center at Martin's Point | 1 |
| 12:30 - 2:00 pm BINGO at Martin's Point | 4 | 1:00 - 3:30 pm Senior Activity Center at Martin's Point | 5 | No Senior Lunch 10:30 - 12:00 pm Successful Aging Expo | 6 |
| | | | | 10:30 am OTLB The Dolphin | 7 |
| | | | | 9:30 - 12:00 pm Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth | 8 |
| 12:30 - 2:00 pm BINGO at Martin's Point | 11 | 1:00 - 3:00 pm Senior Activity Center at Martin's Point | 12 | 11:30 am Senior Lunch at Martin's Point -Beef Stew -MedCOR Presentation | 13 |
| | | | | 11:30 - 2:30 pm North43 Bistro Lunch 6:45 pm Portland Players "Sunset Boulevard" | 14 |
| | | | | 9:30 - 12:00 pm Senior Activity Center at Martin's Point | 15 |
| 12:30 - 2:00 pm BINGO at Martin's Point | 18 | 1:00 - 3:00 pm Senior Activity Center at Martin's Point 8:45 - 11:30 am Breakfast at Town Line | 19 | 11:30 am Senior Lunch at Martin's Point -Shepherd's Pie -Sing Along with Ann | 20 |
| | | | | 9:00 - 3:00 pm Maine Country Music Hall of Fame | 21 |
| | | | | 9:30 - 12:00 pm Senior Activity Center at Martin's Point | 22 |
| Memorial Day No Programs | 25 | 1:00 - 3:00 pm Senior Activity Center at Martin's Point | 26 | 11:30 am Senior Lunch at Martin's Point -Broccoli Chicken Cheddar Bake -Birthdays & BINGO | 27 |
| | | | | 11:30 am OTLB Warren's Lobster House 6:45 pm Lyric Theater "Grumpy Old Men" | 28 |
| | | | | 9:30 - 12:00 pm Senior Activity Center at Martin's Point | 29 |

JUNE

| | | | | | | | | | |
|--|-----------|--|-----------|---|-----------|---|-----------|--|-----------|
| 12:30 - 2:00 pm BINGO at Martin's Point | 1 | 1:00 - 3:30 pm Senior Activity Center at Martin's Point | 2 | 11:30 am Senior Lunch at Martin's Point -Brunch -Clutter Coaching Presentation | 3 | 11:30 am OTLB Gonneville Farm | 4 | 9:30 - 12:00 pm Senior Activity Center at Martin's Point | 5 |
| 12:30 - 2:00 pm BINGO at Martin's Point | 8 | 1:00 - 3:30 pm Senior Activity Center at Martin's Point | 9 | 11:30 am Senior Lunch at Martin's Point -Italians -The Good Tyme Band | 10 | 11:15 - 4:15 pm Train Ride & Ice Cream | 11 | 9:30 - 12:00 pm Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth | 12 |
| 12:30 - 2:00 pm BINGO at Martin's Point | 15 | 1:00 - 3:30 pm Senior Activity Center at Martin's Point | 16 | 11:30 am Senior Lunch at Martin's Point -Grilled Cheese & Tomato Soup -Funeral Prearrangement Workshop | 17 | 11:30 am Chick-A-Dee | 18 | 9:30 - 12:00 pm Senior Activity Center at Martin's Point | 19 |
| 12:30 - 2:00 pm BINGO at Martin's Point | 22 | 1:00 - 3:30 pm Senior Activity Center at Martin's Point | 23 | 11:30 am Senior Lunch at Martin's Point -Pizza -Birthdays & BINGO | 24 | 1:00 - 4:00 pm Mini Golf & Ice Cream | 25 | 9:30 - 12:00 pm Senior Activity Center at Martin's Point | 26 |
| 12:30 - 2:00 pm BINGO at Martin's Point | 29 | 1:00 - 3:00 pm Senior Activity Center at Martin's Point | 30 | | | | | | |

JULY

| | | | | |
|--|--|--|--|--|
| | | 11:30 am Senior Lunch at Martin's Point -Meatloaf -Music with Jim Gallant | 11:30 am OTLB Oak St. Bistro | Independence Day Observed No Programs |
| 12:30 - 2:00 pm BINGO at Martin's Point | 1:00 - 3:30 pm Senior Activity Center at Martin's Point | 11:30 am Senior Lunch at Martin's Point -Lobster Roll -Travel Presentation | 11:30 am OTLB Huot's Seafood Restaurant | 9:30 - 12:00 pm Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth |
| 12:30 - 2:00 pm BINGO at Martin's Point | 1:00 - 3:00 pm Senior Activity Center at Martin's Point | 11:30 am Senior Lunch at Martin's Point -Macaroni & Cheese -Birthdays & BINGO | 9:00 - 4:00 pm Bailey Island Cruise | No Activity Center 10:00 - 3:00 pm Yarmouth Clam Festival |
| 12:30 - 2:00 pm BINGO at Martin's Point | 1:00 - 3:00 pm Senior Activity Center at Martin's Point | No Senior Lunch | | 9:30 - 12:00 pm Senior Activity Center at Martin's Point |
| 12:30 - 2:00 pm BINGO at Martin's Point | 1:00 - 3:00 pm Senior Activity Center at Martin's Point | 11:30 am Annual Senior BBQ | 9:15 - 3:15 pm Diamond Cove Cruise | 9:30 - 12:00 pm Senior Activity Center at Martin's Point |

AUGUST

| | | | | |
|--|--|---|---|--|
| 12:30 - 2:00 pm BINGO at Martin's Point | 1:00 - 3:30 pm Senior Activity Center at Martin's Point | 11:30 am Senior Lunch at Martin's Point -Baked Ravioli -Amtrak Presentation | 11:15 - 4:00 pm Theater at Monmouth "Cymbeline" | 9:30 - 12:00 pm Senior Activity Center at Martin's Point |
| 12:30 - 2:00 pm BINGO at Martin's Point | 1:00 - 3:00 pm Senior Activity Center at Martin's Point | No Senior Lunch | | 9:30 - 12:00 pm Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth |
| 12:30 - 2:00 pm BINGO at Martin's Point | 1:00 - 3:00 pm Senior Activity Center at Martin's Point | 11:30 am Senior Lunch at Martin's Point -Chicken Pot Pie -Music with Gloria Jean | 10:30 am OTLB Bay Haven | 9:30 - 12:00 pm Senior Activity Center at Martin's Point 12:00 - 1:30 pm Ice Cream Social |
| 12:30 - 2:00 pm BINGO at Martin's Point | 1:00 - 3:00 pm Senior Activity Center at Martin's Point | 11:30 am Senior Lunch at Martin's Point -Chop Suey -Birthdays & BINGO | 9:45 - 6:00 pm Clambake at Cabbage Island | 9:30 - 12:00 pm Senior Activity Center at Martin's Point |
| 12:30 - 2:00 pm BINGO at Martin's Point | | | | |

IMPORTANT 55+ SERVICES

Southern Maine Agency On Aging

Here are just some of the ways SMAA fulfills its mission to improve the quality of life for older adults, adults with disabilities, and the people who care for them.

- **As You Like It:** Enjoy a delicious and nutritious meal at 13 dining sites and restaurants in Southern Maine for only \$6.
- **Meals on Wheels:** If you're age 60+, homebound, and having difficulty preparing meals, then you may qualify for this program.
- **Simply Delivered to ME:** For individuals who want a delicious and nutritious meal without having to cook. Meals are purchased in advance for a nominal cost per meal (delivery included).
- **Matter of Balance:** An eight-week, nationally-recognized workshop designed to reduce the fear of falling and encourage physical activity.
- **Welcome to Medicare:** Seminars offer participants valuable information. A \$40 donation includes the seminar and a follow-up one-on-one meeting.
- **Benefits Counseling:** Have a question about aging, care-giving, or living with a disability? Resource specialists can help you identify and apply for benefits.
- **Family Caregiver Support:** If you find yourself helping an older friend or family member with managing day-to-day needs, SMAA is there to help.
- **Maine Senior Games:** Improving the health and fitness of adults 45 and older.
- **Vet to Vet:** Veteran volunteers visit with fellow veterans in their homes, swapping stories and providing companionship.
- **Adult Day Centers:** Our adult day centers provide members with cognitive loss a chance to foster their own creativity, take part in hobbies, and socialize with others.
- **Volunteer Opportunities:** Enrich your own life while benefiting others.
- **Tai Chi for Health and Balance:** A nine-week, low impact exercise class.
- **Senior News:** A bi-monthly newspaper covering topics important to older adults and their families. Available free for pickup at over 150 locations in Southern Maine.

For more information, please contact SMAA at 207-396-6500.

211 Maine *Getting help is a sign of strength*

Do you know someone who is becoming overwhelmed by health-related issues, legal challenges, or they're struggling with the loss of a loved one or a serious financial struggle?

211 Maine is an easy-to-remember telephone number that links people to information about resources in their area. Callers are connected to trained specialists who can help them find a variety of needed services. The call is free, confidential, and help is available 24 hours a day, 7 days a week for people of all ages.

Dial **211** or **1-866-811-5695**
(TTY and video relay accessible)
For those outside of Maine, dial **1-877-463-6207**

FREE Red Cross Home Safety Visits

The American Red Cross is joining forces with the State Fire Marshal's office and local fire departments on a campaign to reduce the number of fire-related deaths and injuries.

Trained volunteers will come to your home free of charge and....

- Share fire safety tips
- Help you map out an emergency escape plan
- Check existing smoke alarms
- Install free smoke alarms where needed

To schedule a free appointment,
call **207-874-1192, Ext. 113**
or online at **www.redcross.org**

55+ Programs Registration Checklist ✓

Help us help you! Check off the activities you would like to sign up for and bring this list with you to registration.

REGISTRATION

Resident | Tuesday, April 14th
Non-Resident | Tuesday, April 21st

PROGRAMS & ACTIVITIES

- ☐ **May 6** Successful Aging Expo
- ☐ **May 8** iPad 101
- ☐ **June 12** iPad 101
- ☐ **July 10** iPad 101
- ☐ **August 14** iPad 101
- ☐ **August 21** Ice Cream Social
- ☐ **Mondays** Weekly BINGO *Transportation*

OUT-TO-LUNCH BUNCH

- ☐ **May 7** The Dolphin
- ☐ **May 28** Warren's Lobster House
- ☐ **June 4** Gonneville Farm
- ☐ **June 18** Chick-A-Dee
- ☐ **July 2** Oak St. Bistro
- ☐ **July 9** Huot's Seafood Restaurant
- ☐ **August 20** Bay Haven

WEEKLY LUNCHES

- ☐ **May 13** Beef Stew
- ☐ **May 20** Shepherd's Pie
- ☐ **May 27** Broccoli Chicken Cheddar Bake
- ☐ **June 3** Brunch
- ☐ **June 10** Italians
- ☐ **June 17** Grilled Cheese & Tomato Soup
- ☐ **June 24** Pizza
- ☐ **July 1** Meatloaf
- ☐ **July 8** Lobster Roll
- ☐ **July 15** Macaroni & Cheese
- ☐ **July 29** Annual Senior BBQ
- ☐ **August 5** Baked Ravioli
- ☐ **August 19** Chicken Pot Pie
- ☐ **August 26** Chop Suey

TRIPS

- ☐ **May 14** North43 Bistro Lunch Outing
- ☐ **May 14** Portland Players "Sunset Boulevard"
- ☐ **May 19** Breakfast at Town Line Family Restaurant
- ☐ **May 21** Maine Country Music Hall of Fame
- ☐ **May 28** Lyric Theater "Grumpy Old Men"
- ☐ **June 11** Train Ride & Ice Cream
- ☐ **June 25** Mini Golf & Ice Cream
- ☐ **July 16** Bailey Island Cruise
- ☐ **July 17** Yarmouth Clam Festival
- ☐ **July 30** Diamond Cove Cruise
- ☐ **August 6** Theater at Monmouth "Cymbeline"
- ☐ **August 27** Clambake at Cabbage Island





SPECIAL THANKS

Senior Advisory Board

This group provides directional advice for the development of 55+ programs and services to the Seniors Programs Coordinator. Meetings are held at Town Hall on the third Tuesday of every month. All are welcome to attend.

- Anne Bailey
- Penny Boles
- Philip Christy
- Carol Rancourt
- Jane Palmer
- Kenneth N. Simons
- Denise Smith
- Carol Spencer



Upcoming Meetings

May 8, June 16, July 21, August 18

Sponsors | Benefactors | Donors

Scarborough Community Services is pleased to acknowledge sponsors, benefactors, and donors within our community who support the 55+ Programs. Each form of support helps to provide countless activities to the residents in and around Scarborough.

We would like to thank the following organizations and businesses for supporting our 55+ Programs:





Youth Programs Registration **begins on April 7, 2020**

PLEASE NOTE: Due to maintenance of the Mitchell Clifford Sports Complex this summer, dates and locations of some programs may be moved. An asterisk (*) is next to the programs that may be affected. An email will be sent to those who have signed up if there are any changes, otherwise check our website for updates.

LESSONS

Horseback Riding

This very popular program is offered by Kane Kountry Farm, a successful show barn that has been operating in Scarborough for over 20 years. Lessons cover the basics of horsemanship, including care, grooming, groundwork, stall cleaning, and conformation riding techniques. Classes are limited to eight participants so register soon! **Instructor:** *Diane Kane.*

Classes run rain or shine. Participants MUST be eight years or older. Children should come prepared with long pants and boots. All participants must complete a release form on the first day of camp.

| | |
|------------------|--|
| AGES: | 8-18 |
| LOCATION: | Kane Kountry Farm 79 Burnham Road, Scarborough |
| DATE: | Session 1 Jun 22 - Jun 25 Session 2 Jul 6 - Jul 9 Session 3 Jul 20 - Jul 23 Session 4 Jul 27 - Jul 30 Session 5 Aug 10 - Aug 13 |
| TIME: | 8:30 - 11:30 am |
| FEE: | \$175 |
| MIN/MAX: | 2 / 8 per session |
| DEADLINE: | Wednesday prior by 4:00 pm |



LESSONS

Tennis Lessons

Tennis lessons are offered for five weeks to boys and girls ages 6 to 15. These classes fill up quickly so register early! *Students must bring their own racquet and water bottle. Instructor: Craig MacDonald.*

LOCATION: Wentworth Tennis Courts
DATE: Jun 22 - Jul 23
FEE: \$120
MIN/MAX: 8 / 16
DEADLINE: Wednesday, Jun 17 by 4:00 pm

AGES: 6-10
DAYS: Mon & Wed
TIME: S1 | 8:00 - 9:00 am
 S2 | 9:15 - 10:15 am

OR

DAYS: Tues & Thurs
TIME: 9:15 - 10:15 am

AGES: 11-15
DAYS: Mon & Wed
TIME: 8:00 - 9:00 am

Swimming Lessons

The staff at Swim Time in Scarborough (located in the Toddle Inn building) will work with participants to build their swimming skills in this program. Students will be swim-tested on their first day to determine their swimming level and lesson group. Participants will be split into two groups and will switch between 45 minutes of lessons and 45 minutes of free swim (time for free swim dependent on swimming ability). *Instructors: Swim Time Staff*

Please pack a towel and swim suit for each lesson. Transportation is provided for this activity and is highly encouraged. Swim Time does not permit drop-off at the pool unless parents accompany children for the entire swim lesson.

AGES: 5-12
LOCATION: Swim Time
 9 Lincoln Avenue, Scarborough
DATE: Jun 30 - Aug 4 | Tuesdays
TIME: 9:15 - 10:45 am
FEE: \$110
MIN/MAX: 10 / 26
DEADLINE: Wednesday, June 24 by 4:00 pm

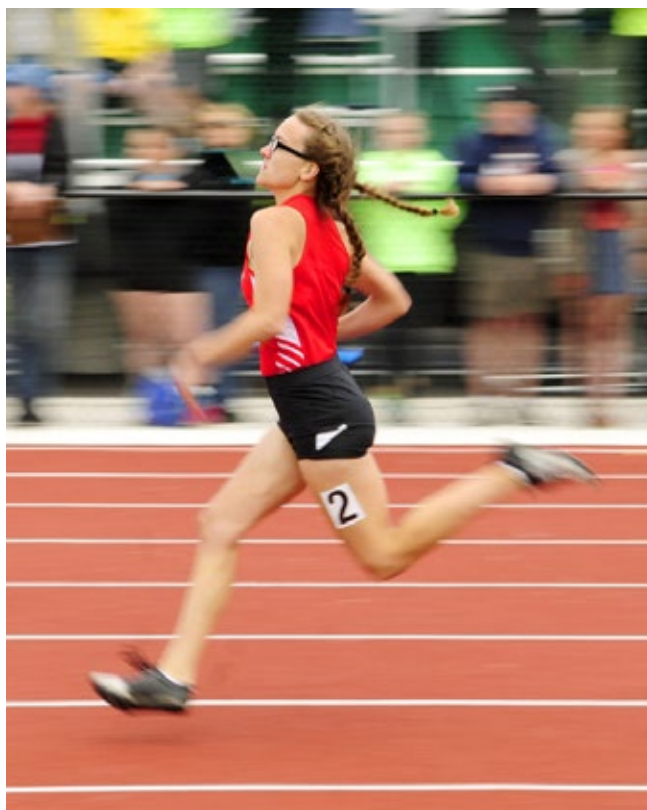
TRACK

Track & Field*

The Scarborough Track and Field Club will once again be offering this popular summer program. Girls and boys will participate in practices on Mondays and Tuesdays. On Thursdays participants will have the opportunity to test their skills in various events at local meets held throughout Southern Maine. *Instructor: Varsity Coach Ron Kelly.*

Meet schedules will be available during the first practice. Bus transportation will be provided to and from off-campus meets. T-shirts may be purchased directly from the instructor for \$10 each.

AGES: 6-14
LOCATION: High School Track & Turf
DATE: Jun 15 - Aug 8 | Mon & Tues
 (Optional meets on Thursdays)
TIME: 5:30 - 7:30 pm
FEE: \$100
MIN/MAX: 20 / 100
DEADLINE: Wednesday, Jun 10 by 4:00 pm



SOCCER



Global Premier Soccer Camp* Half or Full Day | Ages 7-14

All GPS camps are taught at a level where children will be challenged during the week and have an incredible soccer experience at the same time. Each day their professional trainers will cover different themes and skills to keep the players immersed in the world of soccer. The children will enjoy ample scrimmage time each day to practice and perfect the skills that they have learned.

AGES: 7-14
LOCATION: High School Turf
DATE: Jun 22 - Jun 25
MIN/MAX: 15 / 75
DEADLINE: Wednesday, Jun 17 by 4:00 pm

SESSION: **Half Day**
TIME: 9:00 - 12:00 pm
FEE: \$115

SESSION: **Full Day**
TIME: 9:00 - 3:00 pm
FEE: \$185



Global Premier Soccer Camp* GPS Juniors | Ages 3-6

The GPS Juniors curriculum teaches soccer fundamentals to young players in a fun, high energy environment. The curriculum also facilitates the development of motor and coordination skills. All sessions are held in a fun and positive environment, where players are encouraged to play with a smile on their face.

AGES: 3-6
LOCATION: High School Turf
DATE: Jun 22 - Jun 25
TIME: 9:00 - 10:00 am
FEE: \$65
MIN/MAX: 15 / 75
DEADLINE: Wednesday, Jun 17 by 4:00 pm



Seacoast Soccer Camp* Advanced Camp | Ages 8-14

This camp is specifically designed to prepare all players for the upcoming season. All age groups will be trained by licensed, experienced coaches. Players will be taught technical concepts such as dribbling, attacking and possessing, passing and receiving, finishing, defending, and goalkeeping. They will also learn tactical concepts such as rhythm of play, speed of play, changing the point of attack, mobility possession and team defending. There will be small group play, including a King and Queen of the Pitch tournament.

AGES: 8-14
LOCATION: High School Grass Fields
DATE: Jul 20 - Jul 23
TIME: 8:30 - 11:30 am
FEE: \$125
MIN/MAX: 15 / 75
DEADLINE: Wednesday, Jul 15 by 4:00 pm

Seacoast Soccer Camp*

Minis Camp | Ages 4-7

Seacoast mini's objective is to learn the game while having fun. Players will be appropriately challenged with specifically designed developmental games and activities. Focus is placed on developing the necessary skills to be a competitive player in the future.

AGES: 4-7
LOCATION: High School Grass Fields
DATE: Jul 20 - Jul 23
TIME: 8:30 - 10:00 am
FEE: \$85
MIN/MAX: 15 / 75
DEADLINE: Wednesday, Jul 15 by 4:00 pm



Challenger Soccer Camp*

Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Their experienced staff study the game at all levels and have identified the key techniques and skills that your players need to work on and master to reach their true potential.

AGES: 3-14
LOCATION: High School Grass Fields
DATE: Jul 27 - Jul 31
MIN/MAX: 12 / 100
DEADLINE: Wednesday, Jul 22 by 4:00 pm

SESSION: **TinyTykes** | Ages 3-5
TIME: 8:00 - 9:00 am
FEE: \$99

SESSION: **Half Day** | Ages 6-14
TIME: 9:00 - 12:00 pm
FEE: \$155

SESSION: **Full Day** | Ages 8-14
TIME: 9:00 - 3:00 pm
FEE: \$216

LACROSSE

Red Storm Boys Lax Camp*

Lax Camp is a great way to learn the game of lacrosse in a fun, competitive environment. An excellent staff of coaches from the high school and middle school will design activities that maximize the development of crucial skills, while maintaining a high level of engagement through repetition drills and games. Coaches will work to individualize instruction for every player, so all skill levels are encouraged to participate. *Each player will receive a pinnie to wear during camp.*

Players are required to bring a stick, approved lacrosse helmet, gloves, arm pads, shoulder pads, mouthguard, and athletic supporter with cup.

GRADES: 3-8
LOCATION: High School Turf
DATE: Jul 13 - Jul 16
TIME: 10:00 - 2:00 pm
FEE: \$85
MIN/MAX: 15 / 75
DEADLINE: Wednesday, July 8 by 4:00 pm



SOFTBALL & BASEBALL



Edge Baseball Academy*

Improve your game while learning how to play baseball the Scarborough way! Each day campers will receive instruction on hitting, pitching, fielding, and base running, and will also have an opportunity to play in games coached by the camp staff. Beginners to advanced level players will benefit from a week of instruction from their experienced staff. *All campers will receive a camp T-shirt.* **Instructors:** Edge Academy Staff.

In case of long periods of inclement weather, camp may be held at the Edge Academy facility in Portland (transportation to facility not provided but proper email notification will be given).

LOCATION: High School Baseball Field
DATE: Jun 22 - Jun 26
MIN/MAX: 8 / 75
DEADLINE: Wednesday, Jun 17 by 4:00 pm

AGES: 6-8
TIME: 9:00 - 12:00 pm
FEE: \$90

AGES: 8-12
TIME: 9:00 - 3:00 pm | Mon - Thurs
 9:00 - 12:00 pm | Friday
FEE: \$170



Big Hits Softball*

Big Hits Softball Camp is one of the finest softball camps in Maine. Each camper will receive daily instruction on hitting, defense, position play, base running and pitching, as well as have an opportunity to play in coached games. Beginners to advanced level players will benefit from a week of instruction from our experienced staff. **Instructors:** Softball Varsity Coach Tom Griffin and Assistant Coach Liz Winslow.

LOCATION: High School Softball Field
DATE: Jun 29 - Jul 2
MIN/MAX: 15 / 75
DEADLINE: Wednesday, Jun 24 by 4:00 pm
AGES: 6-8
TIME: 9:00 - 12:00 pm
FEE: Resident \$90 | Non-resident \$105
AGES: 8-12
TIME: 9:00 - 3:00 pm
FEE: Resident \$170 | Non-resident \$185



BASKETBALL

Red Storm Boys Basketball

The focus of this camp will be on individual skill development, the importance of team play, and having fun. Campers will be divided into smaller groups based on age and ability and will participate in offensive and defensive skill stations daily. Campers will also get a chance to put those skills to work in 3-on-3 and full-court games during the week. *Each player will receive a reversible pinnie to wear during camp.* **Instructors:** Boys Varsity Coach Phil Conley, varsity players, and other high school coaches.

GRADES: 3-9
LOCATION: Alumni & Plummer Gym
DATE: Jun 22 - Jun 26
TIME: 9:00 - 3:00 pm | Mon - Thurs
 9:00 - 12:00 pm | Friday
FEE: \$160
MIN/MAX: 15 / 75
DEADLINE: Wednesday, June 17 by 4:00 pm

Red Storm Girls Basketball

This camp has been designed to develop each player's individual skills in a competitive environment and incorporate those skills into a game setting. Players will work on ball handling, shooting, rebounding, and defense. The players will put their skills to use in 3-on-3 and 5-on-5 games each day. **Instructors:** *Girls Varsity Coach Mike Giordano and varsity players.*

GRADES: 3-8
LOCATION: Alumni Gym
DATE: Jul 13 - Jul 17
TIME: 9:00 - 3:00 pm | Mon - Thurs
 9:00 - 12:00 pm | Friday
FEE: \$150
MIN/MAX: 15 / 75
DEADLINE: Wednesday, July 8 by 4:00 pm



TECHNOLOGY

Scratch Camp

Come learn how simple coding really is! Campers will learn to code and create animations and video games using Scratch, a programming language developed by MIT Media Lab with kids in mind. Campers will use their imagination and creativity all while learning the basics of computer programming. **Instructor:** *Scott Daigle.*

GRADES: 3-8
LOCATION: Middle School Tech Room
DATE: Jul 13 - Jul 17
TIME: 9:00 - 12:00 pm
FEE: \$160
MIN/MAX: 10 / 30
DEADLINE: Wednesday, July 8 by 4:00 pm

LEGO Robotics Camp

At this unique camp, your child will explore the world of robotics in a fun and exciting way... with LEGOs! Using LEGOs as the building blocks, campers will construct robots and learn how to program them to make them move and perform tricks. At the end of the week, the campers' skills will be put to the test in a "Robotics Olympics" competition! This camp encourages creativity and innovation. **Instructors:** *Scott Daigle and Andy Davidson.*

GRADES: 3-8
LOCATION: Middle School Tech Room
DATE: **Session 1** | Jul 6 - Jul 10
Session 2 | Jul 20 - Jul 24
TIME: 9:00 - 12:00 pm
FEE: \$160
MIN/MAX: 10 / 30
DEADLINE: Wednesday prior by 4:00 pm

Engineering Camp

Are you interested in how things work? Do you like solving problems? Come build, create, and challenge yourself during this week long camp where you will turn your ideas into reality. **Instructor:** *Scott Daigle.*

GRADES: 5-8
LOCATION: Middle School Tech Room
DATE: Jul 27 - Jul 31
TIME: 9:00 - 12:00 pm
FEE: \$160
MIN/MAX: 10 / 30
DEADLINE: Wednesday, July 22 by 4:00 pm



ART

All Clay, All Day

Create dishes, cups, sculptures and more out of clay in this week-long clay camp. Learn to decorate your work and be able to use it! *Please bring a snack and clothes that can get dirty.* **Instructor: Lisa Ruhman.**

Work from this camp will be available for pick up the week of July 6th.

GRADES: 2-5
LOCATION: High School Art Room E112
DATE: Jun 22 - Jun 26
TIME: 9:00 - 12:00 pm
FEE: \$150
MIN/MAX: 8 / 24
DEADLINE: Wednesday, June 17 by 4:00 pm



Middle School Clay Camp

Explore your creativity with clay while learning basic skills needed to center clay and throw a pot on the potter's wheel. Decorating techniques and glazing will also be taught. Wheel throwing is a skill that requires repetition and practice. This camp is a great way to get started. We will do some hand-building but most of the camp will be making work on the potter's wheel. **Instructor: Lisa Ruhman.**

Work from this camp will be available for pick up the week of July 6th.

GRADES: 5-8
LOCATION: High School Art Room E112
DATE: Jun 29 - Jul 2
TIME: 9:00 - 12:30 pm
FEE: \$180
MIN/MAX: 5 / 10
DEADLINE: Wednesday, June 24 by 4:00 pm

Art Lab

Create art that looks good enough to eat! All projects will be about food while we work with painting, drawing, sculpture, and clay. *Please bring a snack and clothes that can get dirty.* **Instructor: Lisa Ruhman.**

GRADES: 2-5
LOCATION: High School Art Room E112
DATE: Jul 6 - Jul 10
TIME: 9:00 - 12:00 pm
FEE: \$150
MIN/MAX: 8 / 24
DEADLINE: Wednesday, July 1 by 4:00 pm

Mr. Reagan's Theater Camp

This camp will provide a fun and safe environment for children to explore their creative side. Run by Mr. Reagan, a Scarborough teacher who has taught theater in the classroom for the past twenty years, two sessions will be offered this summer, each with a unique set of plays to perform. Camps will conclude with a short performance for parents and friends at 2:30 on the last day of camp. **Instructor: Patrick Reagan.**

AGES: 6-13
LOCATION: High School Cafeteria
DATE: **Session 1** | Jun 22 - Jun 26
Session 2 | TBD
TIME: 9:00 - 3:00 pm
FEE: \$200
MIN/MAX: 10 / 25
DEADLINE: Wednesday prior by 4:00 pm



Fall Soccer Registration

The 2019 Fall soccer season is just around the corner! All games are played on Saturdays with one practice during the week for each team. The first day of games is Saturday, September 12, and the season runs through Saturday, October 17.

The Kick-Off on Wednesday, August 26, is the official start to the season. Players will meet their coaches and teammates, receive their team shirt, have their pictures taken, and learn basic soccer skills.

Pre-school children must be four by October 15, 2020. *Shin guards are mandatory and mouth guards are highly recommended.*

| | |
|------------------|---|
| GRADES: | PreK - 8 |
| LOCATION: | Various |
| DATE: | Sept 12 - Oct 17 |
| FEE: | Early Registration \$55 On or After 6/1 \$65 |
| MIN/MAX: | 48 / 140 per division |
| DEADLINE: | Friday, July 31 by 4:00 pm |

Cleat Swap

Do you have outgrown cleats sitting around your house? **Bring your used cleats to the Kick-Off on August 26 and swap for another pair that is in good condition.** This activity costs nothing and will help many families in the community.



Important Information

STRICT DEADLINE

There is a strict deadline of July 31 in order to finalize rosters for our volunteer coaches and develop game schedules for the appropriate amount of teams. After the deadline, registration will be closed until more coaches have volunteered. **There will be no waitlist.** If registration re-opens we will post on our Facebook and website. Special requests will not be accepted during this time. Registrations beyond the deadline will incur a \$10 late fee.

SPECIAL REQUEST POLICY

Coach and player requests are limited to one request per participant. **You may request one coach OR one player.** Although we try our best, we cannot guarantee that your choice will be honored. *Special requests will not be available for Grades 5-8.*

COACHES' MEETING

The coaches' meeting will be held prior to the Kick-Off to receive their team rosters with contact information. Coaches will be in touch with families shortly thereafter either by email or phone. *The date and location of the meeting are to be determined.*

CONTACT INFORMATION

Please make sure your email address is updated upon registration as most communication regarding Fall soccer, either from Community Services or from coaches, will go through email versus a phone call.





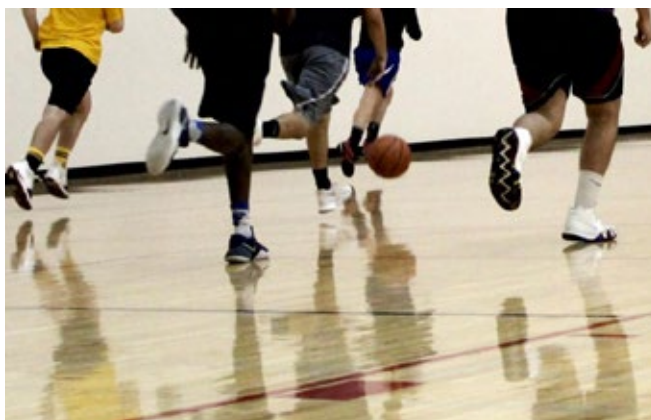
Adult Programs Registration **begins on April 7, 2020**

BASKETBALL

Adult Summer Basketball

What better way to pass the dog days of summer than playing basketball all summer long? Teams will be made each night to ensure a competitive level of play. Register for this program through Community Services. \$8 drop in is available if minimum is reached but this does not guarantee you a spot so register early!

AGES: 18+
LOCATION: Wentworth School Gym
DATE: Jun 2 - Jul 28 | Tuesdays
TIME: 6:00 - 7:30 pm
FEE: \$40
MIN/MAX: 10 / 24
DEADLINE: Wednesday, May 27 by 4:00 pm



VOLLEYBALL

Adult Volleyball

Community Services is now offering volleyball for adults of all ability levels. Sign up for the league and you'll be able to play all summer long! Teams will be made each week to ensure a competitive level of play.

AGES: 18+
LOCATION: Middle School Gym
DATE: Jun 4 - Aug 6 | Thursdays
TIME: 6:30 - 8:30 pm
FEE: \$40
MIN/MAX: 10 / 24
DEADLINE: Wednesday, May 27 by 4:00 pm

Outside Sports Leagues, Activities, and Organizations

Looking for an activity or league but it isn't offered through Community Services? Oftentimes, Community Services receives questions regarding local groups, leagues, and organizations, such as men's softball, bowling leagues, and adult enrichment classes. While these groups are not associated with us, we do our best to provide links to their information and websites under our Adult Recreation section online.

SOCCER

Summer Soccer League

This recreation summer soccer league will play 7v7 cross field. The point of the league is to play soccer in a fun and relaxed atmosphere. All you need to do is sign up for the league and we will make teams each week to ensure a competitive level of play.

AGES: 18+
LOCATION: High School Grass Field
DATE: Jun 7 - Aug 30 | Sundays
TIME: 6:00 - 8:00 pm
FEE: \$55
MIN/MAX: 10 / 18
DEADLINE: Wednesday, May 27 by 4:00 pm



FITNESS

Healthline

Healthline is an exercise program designed around walking, jogging, and running with light stretching and free-weight training mixed in. This self-led program works towards developing cardiovascular, aerobic, and muscular strength. This program will keep you moving year round but the best part is the comradery that the group develops while keeping you motivated and committed to a fitness routine.

AGES: 18+
LOCATION: Wentworth Gym & Fitness Room
DATE: Jul 1 - Sept 30 | Mon, Wed, Fri
TIME: 6:00 - 7:45 am
FEE: \$70
MIN/MAX: 10 / 24

This program needs a minimum of 8 participants per session for the class to run.

FLAG FOOTBALL

Summer Flag Football League

This new recreation summer flag football league will play on the High School Turf once a week. All you need to do is sign up for the league and we will make teams each week to ensure a competitive level of play.

AGES: 18+
LOCATION: High School Turf
DATE: Jun 7 - Aug 30 | Sundays
TIME: 6:00 - 8:00 pm
FEE: \$55
MIN/MAX: 10 / 18
DEADLINE: Wednesday, May 27 by 4:00 pm



SUMMER DAY CAMP 2020

Scarborough Community Services welcomes new and past campers from Grades K-8 to Summer Day Camp 2020!

We are looking forward to providing a safe environment where everyone can make new friends, explore and develop new skills, and have lots of fun! Art and gym activities, theme programming, and field trips will take place throughout the summer. Space is limited so register early!

Full 8-Week Program & Individual Weeks Registration
begins Tuesday, April 7th

General Information

- Registration is available online or in person at the Community Services Office using a valid debit or credit card, cash, or check.
- Please be prepared to update the following household information in our system: Phone numbers, email addresses, emergency contacts (besides parents), child's name, birth date, grade, allergies, medications, doctor and dentist names and phone numbers.
- Registration is open to residents and non-residents. Non-residents will be charged \$15 extra per individual week or \$75 extra for the eight-week program.
- Online registrations close 10 days prior to the program start date to allow time to generate attendance sheets and plan trips accordingly.
- In-person registrations are accepted throughout the summer as long as space permits.
- Waiting lists will be created as needed for the 8-week program and individual weeks.

8-Week Program

We offer a 3-day (K-5) or 5-day (K-8) camp option for the full 8-week summer program. There are two payment options available -- pay in full or payment plan.

The payment plan will require a \$100 deposit and will run every Friday. **You MUST register in the Community Services Office for payment plans.**

Individual Weeks

We offer a 5-day (K-8) option for the 8 individual weeks during the summer. Full payment is required at the time of registration. **Payment plans are not available for individual weeks.**

GRADES K-5

K-5 Summer Camp

GRADES: Entering Grades K-5 in Fall 2020
LOCATION: Wentworth School & TBD
HOURS: 7:00 - 6:00 pm
 Campers may be dropped off as early as 7:00 am and must be picked up no later than 6:00 pm. Typical group programming takes place from 8:30 am to 4:00 pm. Late pick-ups after 6:00 pm will incur a \$1-per-minute fee.
MAX: 300

Campers have the option of staying on-site during any of the scheduled field trips Monday-Thursday. **ALL campers must attend the scheduled Friday field trip if in attendance.** Camp t-shirts must be worn by all campers on Friday field trips.



Detailed field trip schedules will be available online and in the Community Services Office on **Friday, May 1.**

PLEASE NOTE: Our field trip schedule is always subject to change. If a trip gets rescheduled to another week or is canceled entirely due to weather or other unforeseen circumstances, we will not be able to issue refunds or transfer the enrollment to a new week. Campers are still welcome to partake in the events for the day, whether that be a new trip or in-house activities.

8-Week Program Options

| PAY IN FULL | REGULAR Before 5/31 | LATE After 6/1 |
|-------------|------------------------|-------------------|
| 5-Day | \$1,500 | \$1,600 |
| 3-Day | \$1,200 | \$1,300 |

| PAYMENT PLAN | REGULAR Before 5/31 | LATE After 6/1 |
|---|------------------------|-------------------|
| Payment plans require \$100 down and MUST register in-person. | | |
| 5-Day | \$1,600 | \$1,700 |
| Weekly Payment | \$187.50 | \$200 |
| 3-Day | \$1,300 | \$1,400 |
| Weekly Payment | \$150 | \$162.5 |

Individual Week Options

| PAY IN FULL | REGULAR Before 5/31 | LATE After 6/1 |
|-------------|------------------------|-------------------|
| 5-Day | \$245 | \$265 |



GRADES 6-8

Middle School Summer Camp

The middle school camp will follow a weekly schedule of three trips per week and two in-house days. Purchase all eight weeks or individual weeks. All activities and trips are included in the fees.

GRADES: Entering Grades 6-8 in Fall 2020
LOCATION: Scarborough Middle School
HOURS: 7:00 - 6:00 pm
 Campers may be dropped off as early as 7:00 am and must be picked up no later than 6:00 pm. Late pick-ups after 6:00 pm will incur a \$1-per-minute fee.
MAX: 75



8-Week Program Options

| PAY IN FULL | REGULAR Before 5/31 | LATE After 6/1 |
|-------------|------------------------|-------------------|
| 5-Day | \$1,600 | \$1,700 |

| PAYMENT PLAN | REGULAR Before 5/31 | LATE After 6/1 |
|---|------------------------|-------------------|
| Payment plans require \$100 down and MUST register in-person. | | |
| 5-Day | \$1,700 | \$1,800 |
| Weekly Payment | \$200 | \$212.50 |

Individual Week Options

| PAY IN FULL | REGULAR Before 5/31 | LATE After 6/1 |
|-------------|------------------------|-------------------|
| 5-Day | \$250 | \$270 |

SUMMER CAMP KICK-OFF

In an effort to make the first day of summer day camp easier for parents and staff members, we are offering a Summer Camp Kick-Off night. Stop by your child’s respective camp sites to complete the following:

- Meet your child’s counselors, see the camp space, and get answers to your questions.
- Complete paperwork, such as medical forms, lunch program forms, and volunteer forms.
- Pick up parent handbooks and trip schedules.
- Drop off medications (if applicable) and any items you wish to keep at camp, such as life jackets, sunscreen, bug spray, etc.

June 19 | Friday | 5:30 - 7:30 pm

Grades K-5 Wentworth School | **Grades 6-8** Middle School Cafeteria

NUTRITION PROGRAM

Summer Day Camp Nutrition Program

Breakfast | Lunch | Snack
Brought to you by the Scarborough School Nutrition Program

The Scarborough School Nutrition Program will be offering breakfast, lunch, and snack programs to all Kindergarten through 8th grade campers.

For Grades K-5 campers, breakfast will be held in the Wentworth Cafeteria Monday through Friday between 8:30 and 9:00 am. Breakfast will include items such as cereal and milk, bagels and cream cheese, and pancakes with syrup. All breakfasts include milk or juice. Lunch will be held in the Wentworth School Cafeteria Monday through Thursday between 11:00 am and 12:30 pm, with a bag lunch provided on Friday field trips or when the schedule requires. Lunch will include items such as pizza, chicken nuggets, macaroni and cheese, fruit and vegetables, milk or juice, etc. A Sunbutter® and jelly sandwich will always be available for campers who do not like the main dish. Afternoon snacks consist of one snack and drink served after lunch.

Grades 6-8 campers will walk to Wentworth on Mondays and Thursdays for breakfast and lunch and will receive a bagged breakfast, lunch, and/or snack daily on trip days.



Summer Nutrition Registration Process

All Scarborough school children will be able to use their school lunch account to purchase meals during the summer. Please complete the registration form (available online or in the Community Services Office) and return it to the Scarborough School Nutrition Program by mail (address on the form).

While everyone utilizing the summer nutrition program must complete the registration form for headcount and planning purposes, payment only needs to be included for those families NOT currently enrolled through the school-year nutrition program. If your child does not have an account, you must contact Brenda Franklin at bfranklin@scarboroughschools.org. If you DO NOT want your child purchasing food, please have that discussion with them as we will not be monitoring each child’s purchases.

| Grades K-5 | Prices (per meal) | Grades 6-8 | Prices (per meal) | Extras | Prices (per meal) |
|------------|----------------------|------------|----------------------|--------|----------------------|
| Breakfast | \$1.75 | Breakfast | \$1.75 | Milk | \$0.50 |
| Lunch | \$2.85 | Lunch | \$3.00 | Water | \$0.50 |
| PM Snack | \$1.00 | PM Snack | \$1.00 | | |



CHILD CARE 2020-21

Scarborough Community Services Child Care welcomes all Scarborough school-age children to our before and after-school program. We offer care for children in Kindergarten through Grade 8, all conveniently located in each child's school. Our mission is to promote the physical, mental, social, and emotional development of each child by providing a high-quality child care program. This program enriches the experiences of children as we view the home, school, community, and child care settings as complementary domains that affect children's growth and development. This program offers outside play or indoor physical activities, crafts and special projects, as well as some quiet time. A nutritious snack is provided each day.

We are a non-profit recreational program complying with all the rules for the licensing of child care facilities established by the State of Maine. If you have any questions about the programs offered, please contact the Child Care Administrative Office at 207-730-4170.

2020-21 CHILD CARE REGISTRATION

Currently Enrolled Monday, March 23 | **Not Enrolled** Monday, March 30

REGISTRATION PROCESS

- Registration must be completed in person in the Community Services Office at Town Hall.
- Prior to registration, create a household or update an existing account in our system. If not, this will be done at time of registration.
- A non-refundable registration fee of \$125 will be expected upon registration.
- Please bring the credit or debit card you would like your monthly payments to be withdrawn from.
- There is a three business day waiting period if registering any time after the first day of school.
- Registration for **currently enrolled families** will begin on March 23 at 8:00 am. Registration will then temporarily close on March 27 in order to evaluate what spaces are left at each school site.
- If your **child is not currently enrolled** or is **new to Scarborough Schools**, an online waitlist will be opened on March 30 at 8:00 am.
- We will begin contacting waitlist enrollees on April 6, moving down the list in numerical order. If you are interested in the days we offer, we will hold the days for you to come in and officially register. If registration is not completed before the given deadline, we will move on to the next person on the waitlist.

IMPORTANT NOTE ABOUT CLUB TEEN: Due to low attendance, we are sticking to our minimum headcount of 20 students to run this program. You may register your child online and you will be contacted to complete registration when we meet the minimum headcount.

PROGRAMS

The following information is designed to give you a more in-depth look at our programs. We welcome and encourage you and your child to visit any of our child care sites prior to registering.

Primary School Program (Grades K-2)

Blue Point 207-730-5340
Eight Corners 207-730-5235
Pleasant Hill 207-730-5260

- Before-school care and after-school care are both held at the primary school each child attends.
- Morning care opens at 7:00 am and includes quiet activities such as drawing, puzzles, and cards.
- After-school care runs until 6:00 pm sharp and consists of outside time, story time, projects, activity centers, and free play. An afternoon snack will be provided daily.

Intermediate School Program (Grades 3-5)

Wentworth School 207-730-4657

- Before-school care and after-school care are both held at Wentworth School.
- Morning care opens at 7:00 am every morning.
- After-school care runs until 6:00 pm sharp. It consists of outside time, quiet time to complete homework and assigned reading, and activities such as clubs, table games, crafts, etc. An afternoon snack will be provided daily.

Club Teen Program (Grades 6-8)

Middle School Cafeteria 207-730-4848

- Club Teen is located at the Scarborough Middle School in the cafeteria.
- Morning care opens at 7:00 am every morning.
- After-school care runs until 6:00 pm sharp. An afternoon snack will be provided daily.

FEDERAL TAX ID 01-6000357

MONTHLY FEES

\$125 registration fee (non-refundable)

| Grades K-5 | | | | |
|---------------------|--------|--------|--------|--------|
| | 5 Days | 4 Days | 3 Days | 2 Days |
| Before Care | \$235 | \$220 | \$185 | \$150 |
| After Care | \$370 | \$325 | \$275 | \$220 |
| Before & After Care | \$445 | \$390 | \$315 | \$240 |

| Grades 6-8 | |
|---------------------|--|
| Before & After Care | \$290 per month <i>(regardless of days used)</i> |

| Extra Days | |
|---------------------------------|---|
| Included in Child Care Fees | <ul style="list-style-type: none"> • Partial No School Days (<i>Early Release or Delayed Opening Days due to weather</i>): Only open to children already enrolled for those specific days. • See below regarding Late Start Days. |
| NOT Included in Child Care Fees | <ul style="list-style-type: none"> • Teacher & Staff Days \$65 per day • December Vacation Days \$65 per day • February & April Vacations \$250 per week <i>Early registration discounts available.</i> |
| Late Start Days | <ul style="list-style-type: none"> • Late Start Days Package \$175 for entire year • Late start days are only included for the children already enrolled in Wednesday before-school care. |

Please note: We reserve the right to change the rates on any of the payment options with at least one month's written notice.

FIRST WEEK OF SCHOOL

Dates subject to change. Contingent on school board approval.

Tuesday, 09/01 | First day for Grades 3, 6, and 9 only
Before-school and after-school care available to Grade 3 and 6 enrollees only.

Wednesday, 09/02 | Full school day for Grades 3-12
Before-school and after-school care available to Grades 3-8 enrollees only.

Thursday, 09/03 | Full school day for Grades 1-12
Before-school and after-school care available to Grades 1-8 enrollees.

Friday, 09/04 | School Closed; Full-Day Care Available
Full-day care is available at Wentworth School for Grades K-8 students. This no-school day will be open to children enrolled and not enrolled in our child care program. Separate registration and fee is required for this no-school day.

Monday, 09/07 | Labor Day
School and Child Care CLOSED

Tuesday, 09/08 | Full school day for Grades 1-12
Before-school and after-school care available to Grades 1-8 enrollees.

Wednesday, 09/09 | Full school day for Grades K-12
Before-school and after-school care available to Grades K-8 enrollees.



COMMUNITY EVENTS

Summerfest 2020

Grab your family and friends and join us for our annual Summerfest event! Festivities begin at the Clifford Mitchell (High School) Sports Complex at 5:00 pm and feature a road race, musical acts and entertainment, food, games, and so much more. This fun-filled evening will end with a spectacular fireworks display at 9:15 pm. This is a great family event -- make sure not to miss it!

LOCATION: High School Sports Complex
DATE: Aug 21 | Friday
TIME: 5:00 - 10:00 pm

Vendors: For more information, call Community Services at 730-4150 or download the Summerfest 2020 Vendor Application on our website.



| | |
|------------------------|--------------------|
| July 2 nd | Don Campbell |
| July 9 th | Wavelength |
| July 16 th | Studio Two |
| July 23 rd | Motor Booty Affair |
| July 30 th | Delta Knights |
| August 6 th | Yellow Brick Road |



Concerts in the Park

Sponsored by the Scarborough Chamber of Commerce & Scarborough Community Services

A series of free evening concerts is planned for six weeks this summer. Bring family and friends to the gazebo at Memorial Park and enjoy a different band each week. Purchase festival food and desserts from the concession stand. Take this opportunity to get outdoors and be entertained by some of Maine's finest artists. A sincere thanks to all of the sponsors whose generous contributions make these concerts possible.

LOCATION: Memorial Park
Rain Location: TBD
DATE: July - August | Thursdays
TIME: 6:30 pm

Scarborough Farmers Market

Come join us every Sunday, June through October, for the Scarborough Farmers Market. Stop by to purchase fresh vegetables, fruits, baked goods, plants, handcrafts, and more while supporting your local farmers and artisans.

For more information, visit the Scarborough Farmers Market Facebook page.

LOCATION: Municipal Building Parking Lot

DATE: June - October | Sundays

TIME: 9:00 - 1:00 pm



Parks & Recreation Month

Summer is here and it's the perfect time to explore our coastal town! This July, we will be celebrating Parks and Recreation Month with the National Recreation and Park Association. To promote the importance of parks and recreation in our communities, Scarborough Community Services will be highlighting the exciting activities that our local parks, trails, and beaches offer for people of all ages and abilities.

Visit our Facebook and website in the coming months to check out our July outdoor activities calendar for ideas of how to help celebrate Parks and Recreation Month with us!



STAY CONNECTED

Brochure Mailing List

Want the next brochure sent to your house? Now you have the option! For \$10 per year, you can receive the summer, fall, and winter/spring brochures in the mail prior to registration. To sign up for the mailing list, you can register in the Community Services Office or online.

Brochures will still be available for free in our office, the Scarborough Public Library, and to view online.



Scarborough Community TV

SCTV is Scarborough's local programming station that airs official town meetings, a bulletin board slideshow, and public access shows, such as sporting events and concerts.

Local programming was originally aired on Channels 2 and 3, but are now aired on Channels 1301 and 1302 due to Spectrum's switch to digital programming. Live streaming of programs and archived videos can be viewed online 24/7 at sctv.viebit.com.

Town E-Newsletter

Want to stay up to date with the town happenings? Sign up for the Town of Scarborough E-Newsletter and get sent an email every month with the latest news and upcoming events. Visit scarboroughmaine.org to join the mailing list.

BEACHES

Beach Parking

Parking lots at the beaches are open daily from sunrise to sunset. Entrance fee collection begins the Friday before Memorial Day through the Tuesday after Labor Day between 5:30 am to 6:00 pm.

Beach passes are available in the Clerk's Office of the Municipal Building beginning mid-May. *Must bring current vehicle registration. Fees are subject to change.*

Resident/Taxpayer Passes

- Season pass..... **\$40**
- Additional household vehicle..... **\$5**
- Age 60+ and Veteran..... **FREE**

Non-Resident Passes

- Season pass..... **\$150**

Daily Rates

- Daily parking fee..... **\$15**
- Large vehicle parking fee..... **\$45**

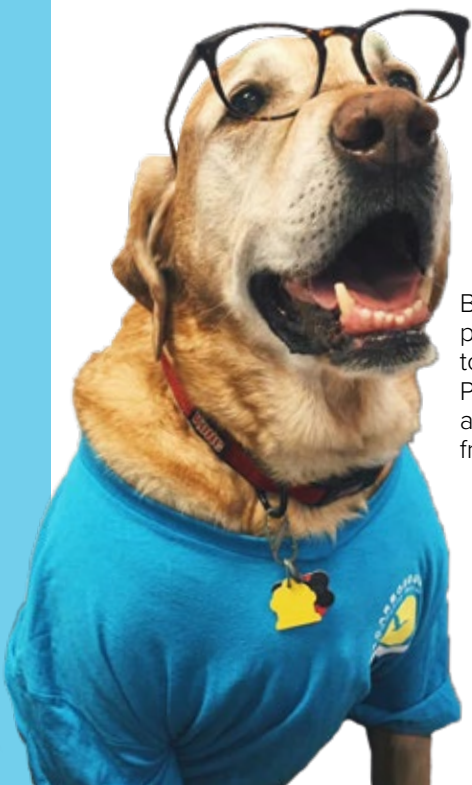
SCOOP THE POOP!

Clean up after your pets and help keep the watershed healthy for humans, fish and wildlife.

Besides being unpleasant to the eyes and nose, pet waste is an environmental pollutant that can cause serious harm to Maine's waterways. A quick rain is all it takes to transfer dog droppings from the ground into our streams, rivers, lakes, and ocean. Pet waste carries bacteria, viruses and parasites that threaten the health of humans and wildlife. By scooping the poop you are removing harmful nutrients and bacteria from local waterways keeping our citizens healthy and our yards and shoes clean.

Help Stop the Poo-llution!

- Make use of the provided poop bag dispensers at all of our beaches and parks or bring your own. Take multiple bags on walks, just in case.
- Tie the bags shut and dispose in a trash receptacle. Do not drop bags to the side of the trash receptacle, into the trees, or off to the side of a trail.
- Never throw pet poop in a compost pile.
- Educate your children on the importance of picking up after your pets.



TICKETS

Stop by the Community Services Office for discounted one-day passes to **Aquaboggan**, **Funtown/Splashtown** and **York's Wild Kingdom**.

Please check our website or call 207-730-4150 for prices and availability. *All tickets are sold on a first-come, first-served basis. Refunds are not available for ticket purchases.*



PASSPORTS

For your convenience, Scarborough Community Services accepts passport applications on behalf of the U.S. Department of State. U.S. citizens planning international travel may apply for their passports in the Community Services Office located at the Scarborough Municipal Building.



Passport Acceptance Location and Hours

Scarborough Community Services
259 U.S. Route One, 3rd Floor
207-730-4150

Tuesday through Thursday by appointment
9:00 am to 3:00 pm
No Monday or Friday acceptance hours



What to Bring to Your Passport Appointment

YOURSELF: Anyone applying for a passport, including newborn babies, must be present for the passport acceptance.

PROOF OF U.S. CITIZENSHIP: Certified U.S. birth certificate OR previous U.S. Passport.

PHOTO IDENTIFICATION: Maine driver's license or Maine ID (If you only have an out-of-state driver's license, you must bring additional photo ID).

PASSPORT PHOTOS: This service is provided by area businesses. We do not provide this service.

PERSONAL CHECK FOR PAYMENT: Must bring at least one check or money order for payment of each application. The acceptance fee (\$35), which is paid separately, may be paid by check or cash.

MINORS AGE 15 & UNDER: It is REQUIRED that minors apply in person with both parents listed on their birth certificates. If both parents cannot be present, additional documentation must be completed or presented.

ADULTS AGE 16 & 17: It is recommended that one parent be present at the appointment to show parental awareness. This can also be done by writing the check for the passport or putting a parent down as the emergency contact on the form.

We recommend completing the passport application prior to coming to our office for acceptance.

For printable applications, information on documentation, required fees, and other passport and international travel information, please visit the only official website for passport information at **Travel.State.Gov** or call us at **207-730-4150**.



PARKS & FIELDS

Community Services oversees the maintenance and construction of many parks and fields in Scarborough. Please view our Amenities Guide in this brochure for more detailed information about all Scarborough parks, trails, fields, beaches, and more.

Blue Point Park

241 Pine Point Road

- Tennis/pickle ball court
- Pickle ball court (uses existing tennis nets)
- Basketball court

Black Point Park

160 Black Point Road

- Multi-use field
- Community gardens

Memorial Park

5 Durant Drive

- Memorial Park is located directly behind the Municipal Building at Oak Hill. This park includes both active and passive recreation opportunities for your enjoyment. Amenities include a pond with two fountains, gazebo, trails, athletic fields, a skateboard park, and a new community gaming area, which includes pickle ball courts, corn hole boards, a bocce court, and chess tables.

Peterson Sports Complex

138 Old Blue Point Road

- Amenities include three multi-use fields, one Little League regulation-sized baseball field with concession stand, one Little League regulation-sized softball field, one high school regulation-sized softball field, playground equipment, and a walking trail around the perimeter of the complex.

Scarborough Middle School Sports Complex

21 Quentin Drive

- Multi-use field
- Baseball field
- Softball field

Scarborough High School Sports Complex

11 Municipal Drive

- Turf field
- Track
- Baseball field
- Softball fields
- Multi-use fields
- Tennis courts
- Basketball courts
- Pickle ball courts (must bring own nets)
- Ice rink

Springbrook Sports Complex

11 Longmeadow Road

- This 9.9-acre recreational area has a full-sized men's softball field, a full-sized Little League softball field, a multi-purpose area, a full concession stand with two handicapped bathrooms, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. There are also four park benches and a parking lot for 75 cars.

Willey Sports Complex

42 Tenney Lane

- This recreational area contains a full-sized adult baseball field, a full-sized Little League baseball/softball field, a soccer/football field, a multi-purpose area, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. Also has a parking lot for 75 cars.

RENTALS & RESERVATIONS

Field & Facility Reservations

Community Services has made booking a field or facility simpler by allowing online reservation requests! Using your organization's username and password, you are able to log onto our online reservation system on our website and access the following features:

- Update your organization's contact information. We ask that each group or organization only maintain one primary contact person to keep communications consistent throughout the reservation process.
- Check field and facility availability in real-time.
- Request a field or facility.
- Print request confirmation for your records.
- Make a payment for reservation online using a debit or credit card.

To access your group's username and password, or to create a new account, please contact Community Services at 207-730-4150, or email us:

reservations@scarboroughmaine.org

Community Gardens

Have a green thumb but don't have the space or resources to plant your own garden? We have the solution! We have eight raised-bed 8-foot x 16-foot plots located in the Black Point Community Park. *\$15 one-time fee and \$15 annual fee per gardener. Previous garden renters are given first rights of refusal for their spot year to year.*

All garden plots are currently rented

Call 207-730-4150 to add your name to the waitlist

Kayak Rack Rentals

Tired of lugging your kayak to and from the beach? Community Services has the answer for you! We have two eight-spot kayak racks available at the Pine Point Co-Op and a three-spot rack at Ferry Beach. Stop by our office to register and receive your rack decal. *\$100 for residents, \$150 for non-residents. Previous rack renters are given first rights of refusal for their spot year to year.*

All racks are currently filled

Call 207-730-4150 to add your name to the waitlist

OUTDOOR AMENITIES

Community Gaming Area

Come enjoy our new Community Gaming Area at Memorial Park! We are delighted to provide two pickle ball courts, a bocce ball court, a corn hole area, and chess tables that can be enjoyed by all.

Game items, such as pickle ball paddle and balls, corn hole bags, and bocce ball sets, as well as croquet sets, are available to borrow from the Community Services Office at Town Hall.



Outdoor Lighting Management

Our wireless lighting system allows users within the community to schedule field lights. The Clifford Mitchell Sports Complex (High School Complex) light system is set up in seven zones as follows:

- Basketball Courts
- McFarland Baseball Field
- Tennis Courts
- Track
- Turf Field
- Rt. 114 Multi-Use Field
- Varsity Softball Field

RATES

| | |
|--------------------------------|---------------|
| Basketball/Tennis Courts | \$15 per hour |
| Track | \$15 per hour |
| Fields* | \$70 per hour |

* Turf, Baseball Field, and Softball Fields

Scarborough Trails

When you tour this great town of Scarborough by foot or bicycle, we hope you enjoy the scenery, the rocky coast, the beaches, the park system, and most of all, the wonderful trail system that we are creating for your enjoyment.

Visit our trails web page for maps and more information:

www.scarboroughmaine.org/departments/community-services/trails



SPONSORSHIP OPPORTUNITIES

Scarborough Community Services works with businesses of all sizes, as well as individuals, to form partnerships through sponsorship and advertising opportunities. With you by our side, we can meet the needs of our growing community in new and engaging ways. Your partnership with us demonstrates that you share our dedication to enhancing the quality of life for all residents.

We have always relied on the generosity of our sponsors to help us offer our popular special events, such as Summerfest, Winterfest, the Easter Egg Hunts, and the Annual 55+ BBQ. We are able to offer these fun public events to our residents at little to no cost while providing the sponsor with name and brand recognition throughout the year.

Our new campaign, called “50 for \$500” seeks 50 local businesses, groups, organizations, or individuals who are just as passionate as us to see these events carry on and grow. If we raise 50 donations of \$500, we are set for an entire year!

Annual supporters of Scarborough’s special events will receive the following benefits:

- Recognition in three annual program brochures.
- Recognition on local cable access channels.
- Mention in local paper ads or articles on special events (when applicable).
- Logo on event promotional material, such as posters.
- Acknowledgment on the Community Services in-office Community Monitor.
- Logo on event sponsor banner, displayed at all events.
- Logo with hyperlink on Community Services website (directs to your website).
- Thank-you post on Town of Scarborough Facebook page (over 3,000 followers to date).
- Dedicated social media “spotlight” post through Town of Scarborough Facebook page, Community Services Twitter feed, and Community Services Instagram page (Choice of week in 2019 year; first to pledge is the first to pick date).

For more information on current or upcoming opportunities, visit our web page or contact Nicole Hall at 207-730-4158.

CURRENT SPONSORS

Thank you to our current sponsors for your support!



PROUTS NECK
ASSOCIATION



