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LETTER FROM THE DIRECTOR

What does **Community Service** mean to you?

By definition, Community is defined as "a unified body of individuals" and Service is defined as "the action of helping or doing work for someone" or "a system supplying a public need." For us here at Scarborough Community Services, we aim to embrace both these definitions. Our goal is to develop and implement programming that brings everyone together, creates wellness opportunities, or meets a specific need. We also strive to develop, maintain, and remodel facilities to meet the

growing requests of our community and the participants involved. Our department will be working throughout the fall reviewing policies and procedures, facility needs, staffing challenges, and programming development. By doing this self-assessment, our goal is to set a path that will guide our department over the next three to five years, allowing us to make mission-based decisions, appropriate purchases, and invest in infrastructure that will serve us for years to come.

Our doors are always open to listen to ideas for facility upgrades, suggestions for new programs, or thoughts on how we can improve our overall level of service.

Thank you for your support.

Todd Souza, C.P.R.PDirector of Community Services

tsouza@scarboroughmaine.org

HOW TO REGISTER

ONLINE

web1.vermontsystems.com/scarborough.html Hours: 24/7

IN PERSON

Scarborough Community Services Office 259 U.S. Route One, 3rd Floor Scarborough, ME 04074 Hours: 8:00am to 4:00pm M-F

GENERAL REFUND POLICY

No Refund: If an individual does not attend the activity or does not cancel at least 7 days prior to the start of an activity.

Full Refund Less \$15 Processing Fee: For any cancellation or change made by applicant.

Full Refund: If Community Services cancels the activity.

Refunds are processed through our Finance Department and mailed to recipients in the form of a check. Please be sure that Community Services has the correct mailing address before refund is processed. Please allow up to two weeks to process refund

STAY CONNECTED

www.scarboroughmaine.org/departments/community-services

Main Office (207)730-4150 Child Care Office (207)730-4170

comserv@scarboroughmaine.org

f @scarboroughmaine

@scarborocomserv

@scarboroughcomserv



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55+ PROGRAMS



Mission Statement

The mission of the 55⁺ Programs is to give all seniors an opportunity to maintain dignity, enrich their quality of living, and actively promote participation in all aspects of community life

55+ PROGRAM MEMBERSHIP

Join our 55⁺ program for only \$10 per year, or \$17.50 per couple, and receive the following benefits:

- Seasonal program brochures sent to your home.
- Home pick-up option (\$2 fee) for members who live in Scarborough.
- Early trip registration.
- · Discounted trip and event fees.
- · Discounts at local businesses.
- Free admission to home opening games at Scarborough High School athletic events.

Membership is open to anyone, not just Scarborough residents! Must be age 55 and older or married to a member who is 55 or older. Membership is not required to participate in 55⁺ programs and events.

Senior Program Disclaimer

Information provided in conjunction with this program is solely for informational purposes and is not intended as an endorsement or expression of support. The Town of Scarborough does not assume any liabilities for acts or omissions of such third parties in the provision of these goods and services. If you have an interest in providing educational and informational programming to the population served through the senior program, we encourage you to contact the senior program coordinator to discuss.

PAYMENT POLICY

Payment may be received in cash, personal check, money order, or debit card. Please make all checks payable to *Town of Scarborough*.

Assistance Available

Scarborough Community Services offers several scholarships and funds to assist Scarborough seniors with paying for programming and trips:

Senior Scholarships: Scarborough Community Services offers scholarships for various programs to those who qualify, including the 55⁺ Programs. To apply, please stop by the Community Services Office to pick up an application.

Blanche Cook Transportation Fund: In honor of Blanche Marvette Small Cook, a local senior who enjoyed being picked up at her home for many of our 55⁺ programs, we have created a fund in hopes that it will give other Scarborough residents the opportunity to participate in the 55⁺ Programs who would otherwise not be able to. For more information or to apply, please contact Community Services.

Cancellation and Refund Policy

Full refund: If Community Services cancels the program or trip.

Full refund less processing fee: For any cancellation or change made by individual. The processing fee is \$15 for trips over \$30 and \$5 for trips under \$30.

No Refund: If an individual does not attend the program or trip, or does not cancel at least 7 calendar days prior to the start of the program or trip.

CODE OF CONDUCT

The Town of Scarborough would like the 55⁺ programs, trips, events, and activities to be a great experience for everyone involved. Help us maintain a positive and safe environment that is warm and welcoming to all senior citizens. Members of the Scarborough 55⁺ Programs have the following responsibilities:

- Show respect to all participants, staff equipment, and facilities.
- Be welcoming to new participants -- a friendly smile goes a long way!
- Remember the golden rule: Treat others the way you would like to be treated.
- Use a constructive tone and refrain from any abusive or threatening language when reporting or addressing any issues or concerns.

Weekly BINGO

Join us for coffee and socializing beginning at noon. BINGO starts promptly at 12:30 pm. For only \$2 you may play as many games as you would like.

Registration is not necessary but please call Community Services if you would like to register for door-to-door transportation. Games are not held on major holidays.

Ages: 55⁻¹

Location: Martin's Point

153 US Route One, Scarborough

M 12:30 - 2:00 pm \$2 per person Paid at door

Closed on the following dates: 09/03, 10/08, 11/12

PROGRAMS AND ACTIVITIES

Held at Martin's Point

Weekly Programming Held at Martin's Point Community Room

153 US Route One, Scarborough, ME

We hold some of our weekly programs in the Community Room at the Scarborough Martin's Point Health Care Center. *Programs are not held on major holidays*.

М	BINGO	12:30 - 2:00 pm	
Т	Senior Activity Center	1:00 - 3:30 pm	
W	Senior Lunch	11:00 am - 1:00 pm	
F	Senior Activity Center	9:30 am - 12:00 pm	

Meet our shuttle on Wednesdays for Senior Lunches!

Since we have such large groups on Wednesdays, we no longer have on-site parking available. We will offer a shuttle for our senior lunches from the faculty lot of Scarborough High School. The shuttle departs promptly at 11:00 am.

Senior Activity Center

Get together for coffee, pastries, games, and camaradery, as well as other programs for your benefit. Make sure to tell your friends and neighbors about this opportunity here in Scarborough. Open to residents and non-residents age 55 and older! Senior Activity Centers are not held on major holidays.

Ages: 55⁺

Location: Martin's Point

153 US Route One, Scarborough

Т	1:00 - 3:30 pm	FREE
F	9:30 am - 12:00 pm	FREE

Closed on the following dates: 11/23

We want your recipes!

Share your recipes with us! We are collecting recipes and are planning to put together a cookbook featuring our seniors' favorite recipes! We would like to sell these cookbooks as a fundraiser for the 55⁺ Programs. Submit your recipe to the Community Services Office.

Cooking Matters

Cooking Matters at the Store Pop-Up Tour is a portable version of Good Shepherd Food Bank's Traditional Cooking Matters at the Store Tour. The program breaks down barriers by bringing elements of the grocery store to participants. Get ideas on how to prepare healthy and tasty meals on a budget.

Learn how to:

- Expand your food budget
- Use unit pricing
- · Buy fruits and vegetables on a budget
- Identify whole grains
- · Read food labels
- Save money!

Participants who complete the Pop-Up Tour will receive a \$10 Hannaford gift card and recipe booklet.

PLEASE NOTE: If you received a gift card at our April 6 class, you will not be eligible for the gift card this time.

Ages: 55⁺

Location: Martin's Point

153 US Route One, Scarborough

09/07 F 1:00 - 2:00 pm FREE

Registration Deadline: 08/30 by 4:00 pm

Can We Talk?

Communicating with Healthcare Providers

This workshop will give you the insight and tools you need to participate as an effective member of your family member's healthcare team. Strategies for getting the information you need and communicating with professionals will be discussed. Light refreshments will be served. Sponsored by Harvard Pilgrim HealthCare Foundation and Southern Maine Agency on Aging. Pre-registration is required. Transportation is available upon request.

Ages: 55⁺

Location: Martin's Point

153 US Route One, Scarborough

10/19 F 1:00 - 2:00 pm FREE

Registration Deadline: 10/15 by 4:00 pm

Other Activities Held in Martin's Point Community Room

The programs below are not organized through the Scarborough 55⁺ Program. Please contact the programs directly with any inquiries.

Senior Chair Yoga

Tuesdays and Thursdays 9:00 - 10:00 am Reserve your space or drop in! 1-877-670-2626

"All About Balance" Exercise Class

Mondays Begins at 9:30 am Maine Strong Balance Center 207-303-0612



Held at Wentworth School

iPad 101

Join us for these FREE 90-minute sessions designed to cover the basics of using an iPad. Jim Keenan, owner of Keenan Technologies, will provide you with a simple overview of the iPad and answer your questions! *Transportation not provided*.

Ages: 55⁺

Location: Wentworth School Rooms D124

20 Quentin Drive, Scarborough

09/14	F	1:30 - 3:00 pm	FREE
10/12	F	1:30 - 3:00 pm	FREE
11/09	F	1:30 - 3:00 pm	FREE

Held at Public Library

The Scarborough Public Library provides access to a broad collection and high quality services and programs that promote lifelong learning in a welcoming, community-centered facility. The library offers over 77,000 items in its collection, with millions more available through the library's online catalog.

Anyone who lives or works in Scarborough is eligible for a free library card. Reference staff is available to show cardholders how to search for materials and download eBooks to reading devices. Free programs are offered weekly and monthly and special events are also open to the public and are free to attend.

For Scarborough residents unable to visit the library due to long-term or short-term illness, immobility, or age, the library provides free delivery of materials twice a month.

Find more information about the Scarborough Public Library at www.scarboroughlibrary.org or call 207-883-4723.

Monday Movie Matinée

First Monday of the month 1:30 pm

Geneology Group

Fourth Monday of the month 1:00 to 3:00 pm

Morning Book Discussion Group

First Tuesday of the month 10:00 am

Let's Talk America! Discussion Forum

First Thursday of the month 6:00 to 8:00 pm

Evening Book Discussion Group

Second Wednesday of the month 6:30 pm

French Conversation Group

Third Tuesday of the month 6:30 to 8:00 pm

Library Knitting Group

Every Saturday 10:00 am to 12:00 pm

2018 Scarborough Farmers' Market

Purchase fresh vegetables, fruits, baked goods, plants, handcrafts, and more while supporting your local farmers and artisans. For more information search Scarborough Farmers' Market on Facebook.

Ages: All ages

Location: Municipal Building Parking Lot

259 US Route One, Scarborough

June through Oct.

9:00 am - 1:00 pm

SPECIAL EVENTS

Annual 55⁺ BBQ

Come and join us for our most-popular event of the entire year -- the Annual 55⁺ BBQ! We will hold this event under a tent in beautiful Memorial Park, where we will feast on delicious barbecue items like hot dogs, burgers, chicken, and side dishes, all while enjoying live entertainment.

Parking is limited at Memorial Park so we will offer a shuttle from the high school parking lot.

Ages: 55⁺

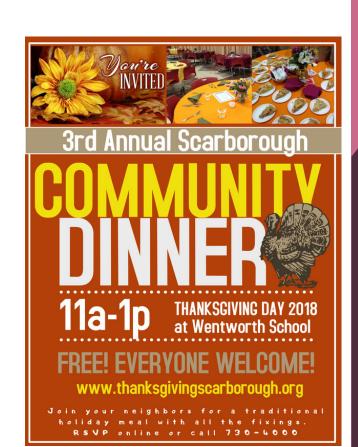
Location: Memorial Park

Min/Max: 10; 150

08/22 W 11:00 am - 1:00 pm 5

\$8 (Ages 60⁺) \$10 (under Age 60)

Registration Deadline: 08/16 by 2:00 pm



Meals

Out-to-Lunch Bunch

Join us for lunch trips to some of the area's popular restaurants, recommended by our group of seniors.

PLEASE NOTE: If you meet our group at the restaurant, you will still be charged the trip fee, as you are taking a spot in our overall reservation.

Ages: 55⁺

Location: Various locations (see below) **Cost:** \$5 member; \$7 non-member

Lunch cost on your own

Min/Max: 5; 27

09/06	тн	11:30 am - 2:30 pm	Ocean Gardens Gorham
09/13	тн	10:30 am - 2:30 pm	The Dolphin Harpswell
09/20	тн	11:30 am - 2:30 pm	Bonanza Steakhouse Sanford
10/18	тн	11:30 am - 2:30 pm	Federal Jack's Kennebunk
10/25	тн	11:30 am - 2:30 pm	Town Line Family Restaurant Lyman
10/25	тн		Family Restaurant
		2:30 pm 11:30 am -	Family Restaurant Lyman Muddy Rudder

Registration Deadline: Friday prior by 2:00 pm



Senior Lunch Policy and Rates

For each of our meals attended by a senior member, the Southern Maine Agency on Aging contributes \$2 towards the \$8 cost per person, allowing us to charge a discounted rate of \$6. If a senior has made a reservation and does not attend, we owe the full \$8 for the missed meal. If you do not cancel by the deadline or do not attend, you will still be expected to pay for the missed meal at the \$8 rate.

Weekly Senior Lunches

Join us at 11:00 am for coffee and socializing. Lunch is served promptly at 11:30 am. To register or to cancel a meal, please call Community Services by 2:00 pm by the Monday prior. *Please note the Senior Lunch Policy above of this page. Payment is due at time of registration.*

September 5	Roast Pork
	The Good Tyme Band
	Free blood pressure readings

Free blood pressure readings

September 12 Chicken Teriyaki
What is Hospice and Palliative Care?

VNA Home Health Hospice

September 19 Brunch

Music with Soul Gal

September 26 Baked Ziti

Birthdays and BINGO

October 3 Beef Stroganoff

MedCor Professionals Presentation Free blood pressure readings

October 10 Chicken Alfredo

Disaster Preparedness for Seniors Cumberland County Emergency Management Agency

October 17 Pot Roast

Sing-Along with Ann

October 24 Finger Sandwiches

Legal Services for the Elderly Presentation

Free blood pressure readings

October 31 Chicken Parmesan

Birthdays and BINGO

November 7 Shepard's Pie

The Good Tyme Band Free blood pressure readings

November 14 Meatloaf

Lung Cancer Screening Presentation

Maine Medical Center

November 21 Turkey Dinner

Music with Soul Gal

Held at Wentworth School Cafeteria

November 28 Meatball Subs

Birthdays and BINGO

Registration Deadline: Monday prior by 2:00 pm

TRANSPORTATION

Bus Departure Area for 55⁺ Trips

For all of our 55⁺ trips, the bus departs from the faculty parking lot of Scarborough High School at the start time listed in the trip details. Please meet in this location if you are not receiving home pick-up. There is ample parking to leave your car during the trip.

Directions to the parking lot:

- From Route One, enter Municipal Drive (between town hall and the Town & Country Credit Union).
- · Take your first right after the credit union.
- The bus will be located in the second parking lot on the right. This is Staff Parking Lot E (just after the chain-link fence).

Door-to-Door Transportation

We offer door-to-door transportation (pick-up at home) to any Scarborough 55⁺ Programs member who does not drive and who would like to participate in our trips or programs. There is a fee of \$2 per person that must be paid to the bus driver for this service at the time of pick-up. Please note the \$2 fee is per person, even if pick-ups are at the same location.

If you are being picked up at home for any trip, please be ready at least one hour in advance of the scheduled trip departure time. This allows our driver adequate time to pick everyone up.

Bus passes are available from our bus driver or at the Community Services Office at Town Hall for \$20. A bus pass will cover 12 trips for the price of 10!

Additional Transportation Resources

Do you need transportation to appointments, grocery shopping, or errands? There are two local companies that offer this service. Please give them a call or visit their websites for more information.

Regional Transportation Program

207-774-2666

rtprides.org

Independent Transportation Network

207-854-0505

itnportland.org

TRIPS



Please note that this symbol next to trips indicates that there is a fair amount of walking involved.



Portland Players and Lyric Theater

Scarborough Community Services offers transportation to the Portland Players and Lyric Music Theater Thursday night dress rehearsals. Please Note: These performances are offered to groups like ours in order to provide non-driving seniors an opportunity to see live theater productions they might otherwise miss. Meeting at the theater will not be an option through our programs.

Ages: 55⁺

Cost: \$5 member; \$7 non-member

Plus the cost of admission

Min/Max: 4; 27

All shows begin at 7:30 pm

Registration Deadline: Thursday prior by 4:00 pm

Portland Players \$5 at the door					
09/20 TH Little Shop of Horrors					

Lyric Music Theater \$10 at the door				
09/13 TH Spelling Bee				
11/29 TH White Christmas				

TRIPS

Bay Haven

Experience a local summer tradition. Enjoy heaping portions of your favorite foods and don't forget to leave room for dessert! This restaurant does not take reservations, so we are taking smaller groups on two separate days. **Registration is limited to one Bay Haven date per registrant.**

Ages: 55⁺

Location: Cornish, Maine

Min/Max: 5; 13

09/11 T 10:30 am - \$10 member \$12 non-member

Lunch on your own.

1:30 pm Stunch on your own.

\$12 non-member

Registration Deadline: Monday prior by 4:00 pm

Common Ground Country Fair

This fair season, try something different, an event like no other, a "healthy visit to the fair." Fairgoers from all over rave about this one-of-a-kind event, which brings people together to celebrate the rural and agricultural traditions of Maine. Come experience the events and activities. You won't want to miss this!

Ages: 55⁺

Location: Unity, Maine

Min/Max: 10: 27

09/21 F 8:00 am - \$15 member 4:00 pm \$25 non-member

Trip fee includes admission. Lunch on your own.

Registration Deadline: 09/14 by 4:00 pm



Cumberland County Fair

This fair offers years of tradition with various types of food, crafts, and entertainment along with horse racing, exhibition halls, and countless livestock. We are going on Senior Day so if you are 65 and older, admission is only \$3!

Ages: 55⁺

Location: Cumberland, Maine

Min/Max: 10; 27

09/27 TH 10:00 am - \$10 member 4:00 pm \$15 non-member

Plus the cost of admission. Lunch on your own.

Registration Deadline: 09/22 by 4:00 pm

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Fryeburg Fair

The Fryeburg Fair has grown to become the state's largest agricultural fair and is sure to be a good time! It features livestock shows, harness racing, horse pulling, antique farm and forestry equipment displays and demonstrations, horticultural and culinary contests, a petting zoo, live musical acts, amusement rides, food stands, and more. We are going on Senior Day so if you are 65 and older, admission is FREE!

Ages: 55⁺

Location: Fryeburg, Maine

Min/Max: 10: 27

10/02 T 8:30 am - \$10 member \$15 non-member

Plus the cost of admission. Lunch on your own.

Registration Deadline: 09/28 by 4:00 pm

Hollywood Casino

Come join us for an exciting day at Hollywood Casino. Everywhere you look there's endless excitement and the kind of thrills you won't find anywhere else, like 1,000 Vegas-style slots, thrilling harness racing, bigtime table games, and the kind of red carpet service you can only find in Hollywood.

Ages: 55⁺

Location: Bangor, Maine

Min/Max: 12: 27

10/09 T 8:00 am - \$10 member 5:00 pm \$13 non-member

Lunch on your own.

Registration Deadline: 10/05 by 4:00 pm



Hobo Harvest Time Express

Nestled in the town of Lincoln, New Hampshire, on the western end of the popular Kancamagus Highway, the Hobo Railroad offers a chance to relax and wave to swimmers and kayakers, all while enjoying one of the Hobo Picnic Lunches aboard the train. The lunch includes complimentary samples of New Hampshire-made seasonal items and specialty products, and a hearty sandwich along with sides and beverages. Before and after the train ride you may enjoy the Hobo Harvest Farm Stand, the Annalee Doll scarecrows, pumpkin bowling, bean bag toss, horseshoes, and other yard games. The train ride runs for 80 minutes.

Sandwich Selections (select at registration)

Ham Turkey Roast Beef Veggie

Ages: 55⁴

Location: Lincoln, New Hampshire

Min/Max: 10; 27

10/04 TH 8:00 am - \$35 member 4:00 pm \$45 non-member

Trip fee includes lunch and transportation.

Registration Deadline: 09/24 by 4:00 pm

Apple Picking and Cole Farms

Enjoy the fall foliage and fresh air at Thompson's Orchard while you pick some delicious apples! A tractor will be available to give us a ride down to the best trees. We will then visit their country store and bring home some of their famous apple cider and apple cider donuts. Afterwards, we will indulge in some homestyle food at Cole Farms.

Ages: 55⁺

Location: New Gloucester, Maine

Min/Max: 10: 27

10/11 T 9:30 am - 3:00 pm

\$5 member \$10 non-member

Lunch and apples on your own.

Registration Deadline: 10/01 by 4:00 pm

Turkey Dinner Train

Enjoy a traditional turkey dinner aboard the train catered by Hart's Turkey Farm. The Turkey Dinner Train departs from Meredith Station and travels south along the western shore of Lake Winnipesaukee through the village of Weirs Beach and along the Paugus Bay towards Lakeport, New Hampshire. You won't want to miss this one! The train ride runs for two hours.

Ages: 55⁺

Location: Meredith, New Hampshire

Min/Max: 10; 27

10/23 T

10:00 am - 6:00 pm

\$35 member \$45 non-member

Trip fee includes turkey dinner and transportation.

Registration Deadline: 10/15 by 4:00 pm

Halloween High Tea at Clipper Merchant Tea House

Discover the elegance of Traditional British High Tea, this time with a Halloween twist! Clipper Merchant offers over 100 different handcrafted teas from around the world. You will get to indulge in two teas of your choice, accompanied by four beautifully displayed courses of delicious homemade scones, tea sandwiches, and savories. You will also have time to visit with your friends, try on some traditional tea hats, and visit the retail store. **Don't forget to wear your Halloween costume!**

Ages: 55⁺

Location: Bridgton, Maine

Min/Max: 10; 27

10/26

10:45 am -4:00 pm \$35 member \$45 non-member

Trip fee includes tea, four courses, and gratuity.

Registration Deadline: 10/15 by 4:00 pm



TRIPS

Annalee Dolls and Hart's Turkey Farm



Join us as we visit the Annalee Gift Shop, where you'll be welcomed with a smile-actually a whole lot of smiles! The charming shop beams with holiday spirit

and heartwarming displays that will bring back many childhood memories. Experience the Annalee tradition and watch the Annalee designers at work, all where the Annalee legacy began more than 80 years ago. We will enjoy a delicious meal afterwards at Hart's Turkey Farm, where they

have specialized in quality, service, and homestyle cooking for over 60 years.

Meal Selections (select at registration)

- **Turkey Dinner**
- Roast Beef Sirloin
- Broiled Haddock

All meals include sides, a beverage, and homemade apple crisp for dessert.

55⁺ Ages:

Location: Meredith, New Hampshire

Min/Max: 10; 27

11/15 TH 8:00 am -3:00 pm

\$35 member \$45 non-member

Trip fee includes lunch and gratuity.

Registration Deadline: 11/01 by 4:00 pm



Stonewall Kitchen

Join us as we visit the home of Stonewall Kitchen. The welcoming environment of their Company Store is exemplified in the friendly staff ready to greet you, offer you samples of any of their specialty food items, and assist you in picking out the ideal gift. The store features their entire line of specialty foods plus useful kitchen gadgets, cookware, tableware and home décor. In their demonstration kitchen, staff are often cooking up something delicious to taste and are ore than willing to share recipes with you. While you're there, make sure you enjoy a fresh and tasty lunch at the Stonewall Kitchen Café.

55⁺ Ages:

Location: York, Maine

Min/Max: 8:13

11/27 т 10:00 am -2:00 pm

\$10 member \$15 non-member

Lunch on your own.

Registration Deadline: 11/20 by 4:00 pm

SPECIAL THANKS

Senior Advisory Board

This group provides directional advice for the development of 55⁺ programs and services to the Seniors Programs Coordinator. Meetings are held at Town Hall on the third Tuesday of every month. All are welcome to attend.

Upcoming Meetings

September 18, October 16, November 20

- Philip Christy
- · Donnamarie Collins
- Penny Boles
- · Kenneth N. Simons
- Carol Rancourt
- · Jane Palmer
- Carol Spencer

Sponsors, Benefactors, and Donors

Scarborough Community Services is pleased to acknowledge sponsors, benefactors, and donors within our community who support the 55+ Programs. Each form of support helps to provide countless activities to the residents in and around Scarborough. We would like to thank the following organizations and businesses for supporting our 55+ Programs:

- · Al's of Scarborough
- Bessey Commons
- Dunkin Donuts, Scarborough
- · On The Vine Marketplace
- · Southern Maine Agency on Aging
- Wentworth School
- · Martin's Point, Scarborough

September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Labor Day No Programs	4 1:00-3:30 pm: Senior Activity Center at Martin's Point	5 11:30 am: Senior Lunch at Martin's Point: Roast Pork; The Good Tyme Band, Free BP Readings	6 11:30 am: OTLB: Ocean Gardens	7 9:30 am-12:00 pm: Senior Activity Center at Martin's Point 1:00-2:00 pm: Cooking Matters at Martin's Point
10 12:30-2:00 pm: BINGO at Martin's Point	11 10:30 am-1:30 pm: Bay Haven 1:00-3:30 pm: Senior Activity Center at Martin's Point	12 11:30 am: Senior Lunch at Martin's Point: Chicken Teriyaki; What is Hospice and Palliative Care?	13 10:30 am: OTLB: The Dolphin 6:45 pm: Lyric Theater "The Spelling Bee"	9:30 am-12:00 pm: Senior Activity Center at Martin's Point 1:30-3:00 pm: iPad 101 at Wentworth
17 12:30-2:00 pm: BINGO at Martin's Point	18 1:00-3:30 pm: Senior Activity Center at Martin's Point	19 11:30 am: Senior Lunch at Martin's Point: Brunch; Music with Soul Gal	20 11:30 am: OTLB: Bonanza Steakhouse 6:45 pm: Portland Players "Little Shop of Horrors"	21 8:00 am-4:00 pm: Common Ground Fair 9:30 am-12:00 pm: Senior Activity Center at Martin's Point
24 12:30-2:00 pm: BINGO at Martin's Point	25 10:30 am-1:30 pm: Bay Haven 1:00-3:30 pm: Senior Activity Center at Martin's Point	26 11:30 am: Senior Lunch at Martin's Point: Baked Ziti; Birthdays and BINGO	27 10:00 am-4:00 pm: Cumberland County Fair	28 9:30 am-12:00 pm: Senior Activity Center at Martin's Point

We Welcome Your Ideas!

Do you have a trip or activity suggestion? Is there a restaurant you would like to try for one of our Out-to-Lunch Bunch trips? Is there a trip or activity you would like us to offer again? Let us know. Please contact the Community Services Office at 730-4170.

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 12:30-2:00 pm: BINGO at Martin's Point	2 8:30 am-3:30 pm: Fryeburg Fair 1:00-3:30 pm: Senior Activity Center at Martin's Point	3 11:30 am: Senior Lunch at Martin's Point: Beef Stroganoff; MedCor Professionals Presentation, Free BP Readings	4 8:00 am-4:00 pm: Hobo Railroad	5 9:30 am-12:00 pm: Senior Activity Center at Martin's Point
8 Columbus Day No Programs	9 8:00 am-5:00 pm: Hollywood Casino 1:00-3:30 pm: Senior Activity Center at Martin's Point	10 11:30 am: Senior Lunch at Martin's Point: Chicken Alfredo; Disaster Preparedness for Seniors	11 9:30 am-3:00 pm: Apple Picking and Cole Farms	12 9:30 am-12:00 pm: Senior Activity Center at Martin's Point 1:30-3:00 pm: iPad 101 at Wentworth
15 12:30-2:00 pm: BINGO at Martin's Point	16 1:00-3:30 pm: Senior Activity Center at Martin's Point	17 11:30 am: Senior Lunch at Martin's Point: Pot Roast; Sing-Along with Ann	18 11:30 am: OTLB: Federal Jack's Restaurant	19 9:30 am-12:00 pm: Senior Activity Center at Martin's Point 1:00-2:00 pm: Can We Talk? Presentation with Martin's Point
22 12:30-2:00 pm: BINGO at Martin's Point	23 10:00 am-6:00 pm: Turkey Dinner Train 1:00-3:30 pm: Senior Activity Center at Martin's Point	24 11:30 am: Senior Lunch at Martin's Point: Finger Sandwiches; Legal Services for the Elderly Presentation	25 11:30 am: OTLB: Town Line Family Restaurant	26 9:30 am-12:00 pm: Senior Activity Center at Martin's Point 10:45 am-4:00 pm: Halloween High Tea
29 12:30-2:00 pm: BINGO at Martin's Point	30 1:00-3:30 pm: Senior Activity Center at Martin's Point	31 11:30 am: Senior Lunch at Martin's Point: Chicken Parmesan; Birthdays and BINGO		

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 11:30 am: OTLB: Muddy Rudder	9:30 am-12:00 pm: Senior Activity Center at Martin's Point
5 12:30-2:00 pm: BINGO at Martin's Point	6 1:00-3:30 pm: Senior Activity Center at Martin's Point	7 11:30 am: Senior Lunch at Martin's Point: Shepard's Pie; The Good Tyme Band, Free BP Readings	8 11:30 am: OTLB: The Red Barn	9 9:30 am-12:00 pm: Senior Activity Center at Martin's Point 1:30-3:00 pm: iPad 101 at Wentworth
12 Veterans Day No Programs	13 1:00-3:30 pm: Senior Activity Center at Martin's Point	14 11:30 am: Senior Lunch at Martin's Point: Meatloaf; Lung Cancer Screening Presentation	15 8:00 am-3:00 pm: Annalee Dolls and Hart's Turkey Farm	16 9:30 am-12:00 pm: Senior Activity Center at Martin's Point
19 12:30-2:00 pm: BINGO at Martin's Point	20 1:00-3:30 pm: Senior Activity Center at Martin's Point	21 11:30 am: Senior Lunch at Martin's Point: Turkey Dinner, Music with Soul Gal (Wentworth Cafeteria)	22 Thanksgiving No Programs	23 Closed No Programs
26 12:30-2:00 pm: BINGO at Martin's Point	27 10:00 am-2:00 pm: Stonewall Kitchen 1:00-3:30 pm: Senior Activity Center at Martin's Point	28 11:30 am: Senior Lunch at Martin's Point: Meatball Subs; Birthdays and BINGO	29 11:30 am: OTLB: Tin Tin Buffet 6:45 pm: Lyric Theater "White Christmas"	30 9:30 am-12:00 pm: Senior Activity Center at Martin's Point

IMPORTANT 55+ SERVICES

211 Maine

Getting help is a sign of strength.

Do you know someone who is becoming overwhelmed by health-related issues, legal challenges, or they're struggling with the loss of a loved one or a serious financial struggle?

One number can connect them to vital services—Dial 211!

211 Maine is an easy-to-remember telephone number that links people to information about resources in their area. Simply by dialing 211, callers are connected to trained specialists here in Maine who can help them find a variety of needed services. The call is free, confidential, and help is available 24 hours a day, seven days a week for people of all ages.

Dial **211** or **1-866-811-5695** (TTY and video relay accessible)

For those outside of Maine, dial **1-877-463-6207**.

FREE Red Cross Home Safety Visits

The American Red Cross is joining forces with the State Fire Marshal's office and local fire departments on a campaign to reduce the number of fire-related deaths and injuries.

Trained volunteers will come to your home free of charge and . . .

- Share fire safety tips
- Help you map out an emergency escape plan
- · Check existing smoke alarms
- · Install free smoke alarms where needed

To schedule a free appointment, please call **874-1192, Ext. 113,** or you may schedule online on the Red Cross website at **www.redcross.org**



Southern Maine Agency On Aging

Here are just some of the ways SMAA fulfills its mission to improve the quality of life for older adults, adults with disabilities, and the people who care for them.

- As You Like It: Enjoy a delicious and nutritious meal at 13 dining sites and restaurants in southern Maine for only \$6.
- **Meals on Wheels**: If you're age 60⁺, homebound, and having difficulty preparing meals, then you may qualify for this program.
- **Simply Delivered to ME**: For individuals who want a delicious and nutritious meal without having to cook. Meals are purchased in advance for a nominal cost per meal (delivery included).
- Matter of Balance: An eight-week, nationallyrecognized workshop designed to reduce the fear of falling and encourage physical activity.
- **Welcome to Medicare**: Seminars offer participants valuable information. A \$40 donation includes the seminar and a follow-up one-on-one meeting.
- Benefits Counseling: Have a question about aging, caregiving, or living with a disability? Resource specialists can help you identify and apply for benefits.
- Family Caregiver Support: If you find yourself helping an older friend or family member with managing day-to-day needs, SMAA is there to help.
- **Maine Senior Games**: Improving the health and fitness of adults 45 and older.
- **Vet to Vet**: Veteran volunteers visit with fellow veterans in their homes, swapping stories and providing companionship.
- Adult Day Centers: Our adult day centers provide members with cognitive loss with a chance to foster their own creativity, take part in hobbies, and socialize with others.
- **Volunteer Opportunities**: Enrich your own life while benefitting others.
- Tai Chi for Health and Balance: A nine-week, low impact exercise class.
- **Senior News**: A bi-monthly newspaper covering topics important to older adults and their families. Available free for pickup at over 150 locations in southern Maine.

For more information, please contact SMAA at 396-6500.

55⁺ MEMBER DISCOUNTS

One of the many benefits of becoming a 55⁺ member is taking advantage of discounts at local businesses. Just present your 55⁺ membership card and receive the following discounts:



Pat's Pizza Scarborough

10% off your entire purchase -- Eat in or take out.



Pizza Plus Scarborough

Receive 10% off all menu items.



Seacoast Vision Care Scarborough

20% off frames and lenses for cash paying customers only.



The Dairy Corner Scarborough

Receive 10% off your entire purchase.



Friendly's Restaurants South Portland only

Receive 15% off your entire purchase.



Basics Fitness Center South Portland

\$49 enrollment fee waived for new members and two FREE help sessions.



Cartridge World Scarborough

Receive 15% off all remanufactured ink and toner cartridges.



Texas Roadhouse Scarborough

Receive 10% off your purchase or receive the \$8.99 meal choices any day of the week.



Jordan's Floral Scarborough

Receive 10% off your total purchase.



Empower Massage Therapy Scarborough

Receive 15% off a 60-minute massage with Emily.

Discounts are valid through 2018 unless noted otherwise. Restrictions may apply. See stores for details.





BASKETBALL

Basketball Grades PreK-K and 1-2

What a great way to introduce your child to the sport of basketball! We will be running our popular recreation basketball program this year, set to begin in November. Register early to receive a discount!

Grades: PreK-K and 1-2 Location: Gym Location(s) TBD Min/Max: 32; 140 (per division)

11/04 -Game Sun \$65* #210821 12/16 times vary **

*Register before September 28 and pay \$55 per child. \$65 fee kicks in ON September 29.

Registration Deadline: 10/19



Notes for 2018 Season

- Tip-Off will be held on Sunday, November 4. At the Tip-Off players will meet their coaches and teammates, receive their team shirts, have a short practice, and get their pictures taken.
- · Grades PreK-K and Grades 1-2 teams will not have a separate practice during the week. These teams will have a 40-minute practice followed by a 40-minute game each Sunday.
- We will only accept one request per player. You may request a coach or one friend. Registrations completed online will also follow this request policy. We do not accept any requests for practice days and times, t-shirt color, or geographic requests (e.g., stating "with other kids from Pleasant Hill). Requests put through the roster notes will be invalid. Team placement request cannot be guaranteed.

- · Community Services will only place 10 kids on a team for basketball.
- · The coaches meeting is scheduled for the week of October 29. Details will be emailed to our volunteers prior to the meeting date.
- ** This program consists of six games held on Sundays only beginning November 11. Times and locations for games will vary based on the division and gym availability. Games are typically held no earlier than 8:00 am and are played no later than 4:00 pm. Detailed information on game times and locations will be available on our website closer to the program start date.

Note on Grades 3-8 Basketball

Due to the change in school schedules this year and the shift in timing for after-school activities, the availability of gym space for practices is still unknown. We are working towards a compromised schedule that allows each user group a fair amount of time in the gym. Once we have a set schedule, we will be able to advertise and accept registrations for Grades 3-4, 5-6, and 7-8 basketball divisions. Please keep an eye on our website and on Facebook for upcoming details.

Dribblettes

Each week practices will include learning tricky dribbling skills to be performed during half-time at Scarborough High School basketball games. This is a great opportunity to introduce your daughter to basketball in a fun and exciting way. A T-shirt and basketball are included. For more information, please contact Coach Erik Jensen at 650-7076.

Grades: 1-4

Location: High School Alumni Gym

Min/Max: 8; 24

10/14 - 5:00 - 5:00 - 6:00 pm \$65 #210891

No classes on 11/25, 12/23, 02/17

Registration Deadline: 10/14

CHEER

NEW! Mini Cheer

This 40-minute program is an introduction to cheerleading. Join us to learn the basics of the sport within a team atmosphere. Participants should wear comfortable clothing that they can move around in and sneakers. Parent involvement for this program is encouraged. *Instructors: SCS Staff.*

Ages: $2^{1}/_{2}$ - 4

Location: Memorial Park

Min/Max: 5; 13

09/13 - 10:00 - \$50 #111513

Registration Deadline: 09/05

CROSS COUNTRY

Fall Cross Country

Come join in the fun of this popular fall sport. This program involves learning the proper technique used in running through different terrain such as woods, fields, and walking paths. Practices are held Mondays and Thursdays. Participants who are interested in competing can attend the optional cross-country meets on Wednesday afternoons beginning at the end of September (transportation not provided). *Instructor: Kathy Werner.*

Grades: 1-6

Location(s): Practice: Memorial Park

Meets: Various locations

Min/Max: 15; 70

09/10 -	Practices: M & TH	4:30 - 5:30 pm	\$50	#240.404
10/15	Meets: W	Begin at 4:15 pm	\$50	#210481

Registration Deadline: 10/14

In-house registration continues throughout program but will not be prorated for missed sessions. A late fee of \$10 will be assessed for registrations completed on or after 09-24-2018.

FIELD HOCKEY

Fall Field Hockey

This program teaches the basic skills required to play field hockey. In each weekly session we will work on individual and team skills and wrap up with scrimmages. Children will be split up by grade level at each practice. There will be three Sunday play dates at surrounding communities for this program. Instructor: Kerry Mariello.

 Ages:
 2-6

 Location:
 TBD

 Min/Max:
 15; 100

09/09 - 8:30 - \$65 #210482

Registration Deadline: 09/07

SOCCER

Mini Kicks

This program is designed for the participants to have fun while developing an interest is the team sport of soccer. During the program the participants will learn the basic skills of soccer, social interaction, and general improved interest in a team sport. Parent involvement for this program is always encouraged. *Instructors: SCS Staff.*

Ages: $2^{1/2} - 4$

Location: High School Turf and Grass Fields

Min/Max: 10; 25

09/11 - T 10:00 - \$40 #210413

Registration Deadline: 09/07



VOLLEYBALL

Middle School Girls Volleyball Club

Volleyball is a great sport for all and one in which you can learn and progress quickly. This team is designed for players of all skill levels, from beginners to advanced players. This eight-week program will hold practices on Mondays and Thursdays, two tournaments (dates TBD), and occasional scrimmages in surrounding communities on select dates. Instructor: Amy Crawford, Scarborough Alumna and Maine Junior Club Volleyball Club 14U coach.

No special equipment or clothing necessary -- just wear T-shirt, shorts, and sneakers. A team T-shirt will be provided. No transportation will be provided for tournaments or scrimmages.

Grades: 6-8

Location: Middle School Gym

Min/Max: 12; 30

09/06 - 11/01 M & TH 6:15 - \$65 #210483

Registration Deadline: 09/05

Can't Find a Program?

Looking for an activity but it isn't listed in this brochure?

Community Services occasionally adds additional programs to the lineup after the brochure has been published.

Any programs that are added after the brochure is finalized will be advertised on our website under the Youth Recreation and Adult Recreation web pages:

www.scarboroughmaine.org/ departments/community-services



FITNESS

Healthline

Healthline is an exercise program designed around walking, jogging, and running with light stretching and free-weight training mixed in. This program works towards developing cardiovascular, aerobic, and muscular strength. This program will keep you moving year round but the best part is the comradery that the group develops while keeping you motivated and committed to a fitness routine.

This program needs a minimum of 8 participants per session in order for the class to run.

Ages: 18⁺

Location: Wentworth Gym and Fitness Room

Min/Max: 10; 24

	SUMMER SESSION				
07/02 - M, W, 6:00 - \$70 #220311-C					
FALL SESSION					
10/01 - 12/31	M, W,	6:00 - 7:45 AM	\$70	#220311-D	

SPORTS

Adult Outdoor Soccer

This recreation soccer program is for adults of all abilities that want to get out and play soccer. Each week teams will change to ensure a competitive level of play.

Ages: 35⁺

Location: High School Grass Fields

Min/Max: 14; 50

09/02 - 5:30 - 5:00 pm \$40 #830001-05

Registration Deadline: 08/31

Note on Adult Open Gym Basketball

Due to the change in school schedules this year and the shift in timing for after-school activities, the availability of gym space is still unknown. We are working towards a compromised schedule that allows each user group a fair amount of time in the gym. Once we have a set schedule, we will be able to advertise and accept registrations for open gym basketball. Please keep an eye on our website and on Facebook for upcoming details.



Scarborough Community Services Child Care welcomes all Scarborough schoolage children to our before and after-school program. We offer care for children in Kindergarten through Grade 8, all conveniently located in each child's school. Our mission is to promote the physical, mental, social, and emotional development of each child by providing a high-quality child care program. This program enriches the experiences of children as we view the home, school, community, and child care settings as complementary domains that affect children's growth and development. This program offers outside play or indoor physical activities, crafts and special projects, as well as some quiet time. A nutritious snack is provided each day.

We are a non-profit recreational program complying with all the rules for the licensing of child care facilities established by the State of Maine. If you have any questions about the programs offered, please contact the Child Care Administrative Office at 207-730-4170.

2018-19 child care registration began March 12, 2018.Please call 207-730-4150 to check site-specific availability.

REGISTRATION PROCESS 2018 - 2019

- Registration must be completed in person in the Community Services Office at Town Hall. When you stop by the Community Services Office to register, we will update all of your household and family member information in our system and have you sign a few waivers. All paperwork will print out at the time of registration.
- A non-refundable registration fee of \$100 will be expected upon registration.
- NEW this year, we will no longer be processing EFT forms for payment plans. When you come to register, please be sure to bring the credit or debit card you would like your monthly or bi-monthly payments to be withdrawn from.
- Registrations are accepted on a first-come, firstserved basis. Unless you have been notified that you have been placed on a waiting list, you are guaranteed a spot in the Child Care or Club Teen program.
- There is a three-day waiting period (business days) if registering any time after the first day of school in September.
- Waiting lists for spots will be started and maintained as necessary for each site. Participants will be notified if they have been placed on a waiting list within one week of registering for the program.

SPECIAL NOTICE

First Week of School

Please be sure to review the schedule below for details on the first week of school. We want to make it clear which days Child Care will be open during the first week of school:

Tuesday, 08/28

First day for Grades 3, 6, and 9 only

Before-school and after-school care available to Grade 3 and 6 enrollees only.

Wednesday, 08/29

Full school day for Grades 3-12

Before-school and after-school care available to Grades 3-8 enrollees only.

Thursday, 08/30

Full school day for Grades K-12

Before-school and after-school care available to Grades K-8 enrollees.

Friday, 08/31

School Closed; Full-Day Care Available

Full-day care is available at Wentworth School for Grades K-8 students. This no-school day will be open to children enrolled and not enrolled in our child care program. Separate registration and fee is required for this no-school day. Space is limited for this program so register soon.

Monday, 09/04

Labor Day

School and Child Care CLOSED

Child Care will be closed August 17 through August 27.

PROGRAM DESCRIPTIONS

The following information is designed to give you a more in-depth look at our programs. We welcome and encourage you and your child to visit any of our child care sites prior to registering.

The Primary School Program (Grades K to 2)

Blue Point 207-730-5340 207-730-5235 Eight Corners Pleasant Hill Schools 207-730-5260

- Before-school care and after-school care are both held at the primary school each child attends.
- Morning care opens at 7:00 am and includes quiet activities such as drawing, puzzles, and cards.
- · After-school care runs until 6:00 pm sharp and consists of outside time, story time, projects, activity centers, and free play. An afternoon snack will be provided daily.

The Intermediate Program

(Grades 3 to 5)

Wentworth School 207-730-4657

- · Before-school care and after-school care are both held at Wentworth School.
- We open at 7:00 am every morning.
- After-school care runs until 6:00 pm sharp. Outside time runs from 3:30 to 4:00 pm for all students, weather permitting. From 4:00 to 4:30 pm children are given an opportunity to complete homework and assigned reading or do quiet activities. At 4:30 pm more choices are offered, including clubs, table games, arts and crafts, etc. An afternoon snack will be provided daily.

The Club Teen Program (Grades 6 to 8)

Middle School Cafeteria 207-730-4848

- · Club Teen is located at the Scarborough Middle School in the cafeteria.
- · NEW this year, we will be offering before-school care to Club Teen participants. Before care opens at 7:00 am every morning.
- · After-school care runs until 6:00 pm sharp. An afternoon snack will be provided daily.

MONTHLY CHILD CARE FEES 2018 - 2019

\$100 registration fee (non-refundable)

Grades K-5						
5 Days 4 Days 3 Days 2 Days						
Before Care	\$230	\$215	\$180	\$145		
After Care	\$365	\$320	\$270	\$215		
Before and After Care	\$445	\$390	\$315	\$240		

Grades 6-9

Before and **After Care**

\$280 per month (regardless of days used)

Extra Days

Included in Child Care Fees

- February and April Vacations: Requires pre-registration
- Partial No School Days (Early) Release or Delayed Opening Days due to weather): Only open to children already enrolled for that specific day/s.
- See below regarding Late Start Days.

NOT Included in Child Care Fees

- Teacher/Staff Days: Requires preregistration.
- December Vacation Days: Requires pre-registration.

\$65 per dayEarly registration discounts available.

Late Start Days

Open to children regularly scheduled for Wednesday mornings and to anyone who registers for the Late Start School Days package. Requires preregistration for all days.

\$175.00 for package

We reserve the right to change the rates on any of the payment options with at least one





SPECIAL EVENTS

Summerfest 2018 Friday, August 17

Grab your family and friends and join us for our annual Summerfest event. Festivities begin at the Clifford Mitchell (High School) Sports Complex at 5:00 pm and feature a road race, musical acts and entertainment, food, games, and so much more. This fun-filled evening will end with a spectacular fireworks display. This is a great family event -- make sure not to miss it!

Festivities 5:00 to 10:00 pm **Fireworks** Begin at 9:15 pm

Vendors: For more information, call Community Services at 730-4150 or download the Summerfest 2018 Vendor Application on our website at:

www.scarboroughmaine.org/departments/ community-services/special-events

Scarborough Farmers Market

Come join us every Sunday, June through October, for the Scarborough Farmers Market. Stop by to purchase fresh vegetables, fruits, baked goods, plants, handcrafts, and more while supporting your local farmers and artisans.

For more information, please visit the Scarborough Farmers Market Facebook page:

www.facebook.com/scarboroughfarmersmarket

Day: Sundays, June through October

Time: 9:00 am to 1:00 pm

Location: Municipal Building Parking Lot 259 US Route One, Scarborough

NEW! GROUP TRIPS

Red Sox Game Boston Red Sox vs. Houston Astros

Love the Red Sox but hate figuring out where to park in Boston? Leave the planning

to us! We have purchased 54 tickets to the Boston Red Sox vs. Houston Astros game (reigning World Champions!) on Saturday, September 8, and we are offering them to the public as a package with transportation.

We will board a coach bus at 11:00 am to give everyone some extra time ahead of the game to explore Boston. The game begins at 4:05 pm, getting us back into Scarborough around 10:30 pm (depending on the game end time).

Tickets are located in the Right Field Box, Rows G-M. These are right on the field and next to the opposing team's bullpen! Trip price includes coach transportation to and from game, driver gratuity, and ticket to game. **Purchase four or more spots and get \$5 off each person!**

Game: Boston Red Sox vs. Houston Astros

Date: Saturday, September 8

Time: 4:05 pm game

Price: \$125 per person (\$120 if purchasing 4^+)

Maximum: 54

09/08	Sat	11:00 am - 10:30 pm	\$125	#900000
Meeting Details: Meet at High School Parking Lot				
Departs 11:00 am				
Arrival <i>(approx.</i>) 1:30 pm				
Game 4:05 pm				
Return (approx.) 10:30 pm				

Registration Deadline: 08/17



BEACHES

Beach Passes and Daily Parking Fees Summer 2018 Prices

Resident/Taxpayer Passes

•	Season pass (includes all 3 beaches)	.\$40
•	Additional vehicle, per vehicle (Must be registered to the same address)	\$5
•	Senior citizen combination pass Age 60 ⁺ (Includes all 3 beaches)	FREE
•	Veteran Lifetime Combination Season Pass (Copy of DD214 must accompany application)	FREE

Non-Resident Passes

• Season pass (includes all 3 beaches)......\$150

Daily Rates

- Daily parking fee (per beach)......\$15
- Larger vehicle daily parking fee (R.V.'s, campers, buses -- Ferry and Pine Point only).......\$45

Passes are available in the Clerk's Office of the Municipal Building. *Must bring current vehicle registration*.

Please call 730-4000 for more information.

Scarborough Beach State Park

Scarborough Beach State Park, located at 418 Black Point Road, is a private beach not managed through the Town of Scarborough.

For more information, please call 883-2416 or visit **www.scarboroughbeachstatepark.com**



DISCOUNT TICKETS

All tickets are sold on a first-come, first-served basis. Refunds are not available for ticket purchases.

Amusement Park Tickets

Stop by the Community Services Office for the following discounted one-day passes:

PARK	GATE PRICE	OUR PRICE		
Aquaboggan	\$22*	\$15		
*Park price is the general ticket for anyone over 4'				

Junior ticket (under 4') = \$18 Toddler ticket (under 38") = \$5 Senior ticket (60+) = \$12 Walk-around pass = \$10 Mondays at the park = \$14



Hours: 10am to 6pm; Open June 23 through Labor Day

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PARK	GATE PRICE	OUR PRICE
Funtown	\$33*	\$25
Splashtown	\$30*	\$25
Combo Pass	\$39*	\$30

*Park price is the "Big" ticket (anyone over 48")

"Little" ticket (38" to under 48") = same discount price
Senior ticket (60+) = same discount price
No walkaround pass available.

Rates are discounted further at
park if entering at 3 or 6 pm

Hours Vary; Open May 13 through September 3

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PARK	GATE PRICE	OUR PRICE	
York's Wild Kingdom	\$23.75*	\$16	
*Park price is the adult ticket (ages 13+)			

Children ages 4-12 = \$18.50 Children ages 3 and under = \$5.25



Hours Vary; Open May 26 through September 23

Tickets are sold on a first-come, first-served basis and are available to residents and non-residents. We accept cash, check, or debit payments.

Tickets are non-refundable.

Please check our website in season for prices and availability.

DOG INFORMATION

Dog Licensing

For details on how to register your dog in the Town of Scarborough, please visit the Town Clerk's website:

www.scarboroughmaine.org/ departments/town-clerk

Dogs on the Beaches

For dog regulations and owner responsibilities, please view our town ordinances by visiting the Town's website:

www.scarboroughmaine.org/ town-government/town-ordinances

HELP NEEDED

Volunteer Opportunities

Scarborough Community Services is currently working towards a structured volunteer program, with opportunities for all interests and abilities.

Upcoming Opportunities

- Coaching: Fall soccer, basketball, indoor soccer.
- Special Events: Summerfest, Winterfest, Easter Egg Hunts, and 55⁺ BBQ.
- Assistance at Community Gaming Area at Memorial Park.
- Assistance with programming, including the possibility of offering skill-based or interestbased programs and activities.

As we get closer to finalizing the program, we will be posting more information on our website and social media accounts.

MEMORIALS

The sale of memorial items such as benches, trees, and lightposts installed in Memorial Park to honor loved ones has been postponed until the Town completes the facility master plan involving the park and the construction of the new adjacent Public Safety Building.

Please keep an eye on our website for updates on this program.

SOCIAL MEDIA

Stay Connected!

Community Services wants to keep everyone in the loop so our goal is to reach the most people possible through various methods, one of them being social media outlets.

FACEBOOK

@scarboroughmaine

Stay in the know regarding our youth and adult programs, cancellations or changes, and information about special events. Facebook is where we like to post about all we have to offer!

TWITTER

@scarborocomserv

As one of the most popular social networking platfroms, Community Services will be utilizing Twitter to post quick, last-minute updates on our programs, facilities, and events.

INSTAGRAM

@scarboroughcomserv

Have a picture from one of our programs you want to share? Were you at one of our special events? We may have captured you (with permission, of course)! Visit us on Instagram for all the highlights.



PASSPORTS

For your convenience, Scarborough Community Services accepts passport applications on behalf of the U.S. Department of State. U.S. citizens planning international travel may apply for their passports in the Community Services Office located at the Scarborough Municipal Building.



Passport Acceptance Location and Hours

Scarborough Community Services 259 U.S. Route One, 3rd Floor 730-4150

Tuesday through Thursday by appointment 9:00 am to 3:00 pm No Monday or Friday acceptance hours



What to Bring to Your Passport Appointment

EVERYONE

Yourself!

Anyone applying for a passport, including newborn babies, must be present for the passport acceptance.

Passport Photos

This service is provided by area businesses. We do not provide this service.

· Personal Check for Payment

Must bring at least one check or money order for payment of each application. The acceptance fee (\$35), which is paid separately, may be paid by cash, check, or debit card.

ADULTS

Age $18^{\scriptscriptstyle +}$ applying for the first time OR previous passport expired over 5 years ago.

Proof of U.S. Citizenship

Certified U.S. birth certificate OR previous U.S. Passport

Photo Identification

Maine driver's license or Maine ID (If you only have an outof-state driver's license, you must bring additional photo ID)

MINORS AGE 16 AND 17

Must apply in person even if they have had a passport before.

One Parent

It is recommended that one parent be present at the appointment to show parental awareness. This can also be done by writing the check for the passport or putting a parent down as the emergency contact on the form.

Proof of U.S. Citizenship

Certified U.S. birth certificate OR previous U.S. Passport. MUST submit previous passport only if it is still valid.

Photo Identification

Maine driver's license or Maine ID (If you only have an outof-state driver's license, you must bring additional photo ID). If minor does not have photo ID, one parent will need to be present at the appointment and provide their photo ID

MINORS AGE 15 AND UNDER

Must apply in person with BOTH parents even if they have had a passport before.

BOTH Parents

It is REQUIRED that minors apply in person with both parents listed on their birth certificates. If both parents cannot be present, additional documentation must be completed or presented.

Proof of U.S. Citizenship

Certified U.S. birth certificate. MUST ALSO submit previous passport if it is still valid.

Photo Identification

Maine driver's license or Maine ID for each parent.

We recommend completing the passport application prior to stopping into our office for acceptance.

For printable applications, information on documentation, required fees, and other passport and international travel information, please visit the only official website for passport information at **Travel.State.Gov** or call us at **730-4150.**



PARKS & FIELDS

Community Services oversees the maintenance and construction of many parks and fields in Scarborough. Please view our Amenities Guide in this brochure for more detailed information about all Scarborough parks, trails, fields, beaches, and more.

Blue Point Park

241 Pine Point Road

- Tennis/pickleball court
- · Pickleball court uses existing tennis nets
- Basketball court

Black Point Park

160 Black Point Road

- · Multi-use field
- · Community gardens

Memorial Park

5 Durant Drive

 Memorial Park is located directly behind the Municipal Building at Oak Hill. This park includes both active and passive recreation opportunities for your enjoyment. Amenities include a pond with two fountains, gazebo, trails, athletic fields, a skateboard park, and a new community gaming area; which includes pickleball courts, corn hole boards, and a bocce court.

Peterson Sports Complex

138 Old Blue Point Road

 Amenities include three multi-use fields, one Little League regulation-sized baseball field with concession stand, one Little League regulationsized softball field, one high school regulationsized softball field, playground equipment, and a walking trail around the perimeter of the complex.

Scarborough Middle School Sports Complex

21 Quentin Drive

- Multi-Use field
- · Baseball field
- Softball field

Scarborough High School Sports Complex

11 Municipal Drive

- Turf field
- Track
- · Baseball field
- Softball fields
- Multi-Use fields
- Tennis Courts
- Basketball Courts
- Pickleball Courts (must bring own nets)
- Ice Rink

Springbrook Sports Complex

11 Longmeadow Road

• This 9.9-acre recreational area has a full-sized men's softball field, a full-sized Little League softball field, a multi-purpose area, a full concession stand with two handicapped bathrooms, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. There are also four park benches and a parking lot for 75 cars.

Willey Sports Complex

42 Tenney Lane

 This recreational area contains a full-sized adult baseball field, a full-sized Little League baseball/softball field, a soccer/football field, a multi-purpose area, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. Also has a parking lot for 75 cars.

FACILITY RENTALS

Need to Book a Field or Facility?

Community Services has made booking a field or facility simpler by allowing online reservation requests! Using your organization's user name and password, you are able to log onto our online reservation system at our website and access the following features:

- · Update your organization's contact information. We ask that each group or organization only maintain one primary contact person to keep communications consistent throughout the reservation process.
- · Check field and facility availability in real-time.
- Request a field or facility -- no more paper forms!
- · Print request confirmation for your records.
- · Make a payment for reservation online using a debit or credit card.

To access your group's user name and password, or to create a new account, please contact Community Services at 730-4150, or email us:

reservations@scarboroughmaine.org

MISCELLANEOUS RENTALS

Community Gardens

Have a green thumb but don't have the space or resources to plant your own garden? We have the solution! We have eight raised-bed 8-foot x 16-foot plots located in the Black Point Community Park. \$15 one-time fee and \$15 annual fee per gardener. Previous garden renters are given first rights of refusal for their spot year to year.

All garden plots are currently rented. Call 207-730-4150 to add your name to the waitlist

Kayak Rack Rentals

Tired of lugging your kayak to and from the beach? Community Services has the answer for you! We have two eight-spot kayak racks available at the Pine Point Co-Op and a three-spot rack at Ferry Beach. Stop by our office to register and receive your rack decal. \$100 for residents, \$150 for non-residents. Previous rack renters are given first rights of refusal for their spot year to year.

All racks are currently filled. Call 207-730-4150 to add your name to the waitlist

OUTDOOR AMENITIES

New! Community Gaming Area

Community Services is working towards promoting a healthy, prosperous, and connected community by developing our parks as a place to gather, meet friends, and stay active. With that goal in mind, we are in the process of adding amenities for all ages and abilities to use in Memorial Park.

Currently, there are two sets of permanent corn hole boards installed in the gaming area, as well as two checker/chess tables. Both items require users to bring their own gaming pieces. There are also two new pickleball courts and a bocce ball court.

OUTDOOR LIGHTS

Outdoor Lighting Management

Our wireless lighting system allows users within the community to schedule field lights. The Clifford Mitchell Sports Complex (High School Complex) light system is set up in seven zones as follows:

- Basketball Courts
- Turf Field
- McFarland Baseball Field Rt. 114 Multi-Use Field
- Tennis Courts
- · Varsity Softball Field

Track

RATES

Basketball/Tennis Courts	. \$15	per	hour
Track	. \$15	per	hour
Fields*	.\$70	per	hour

^{*} Turf, McFarland, Varsity, and Softball Fields

TRAILS

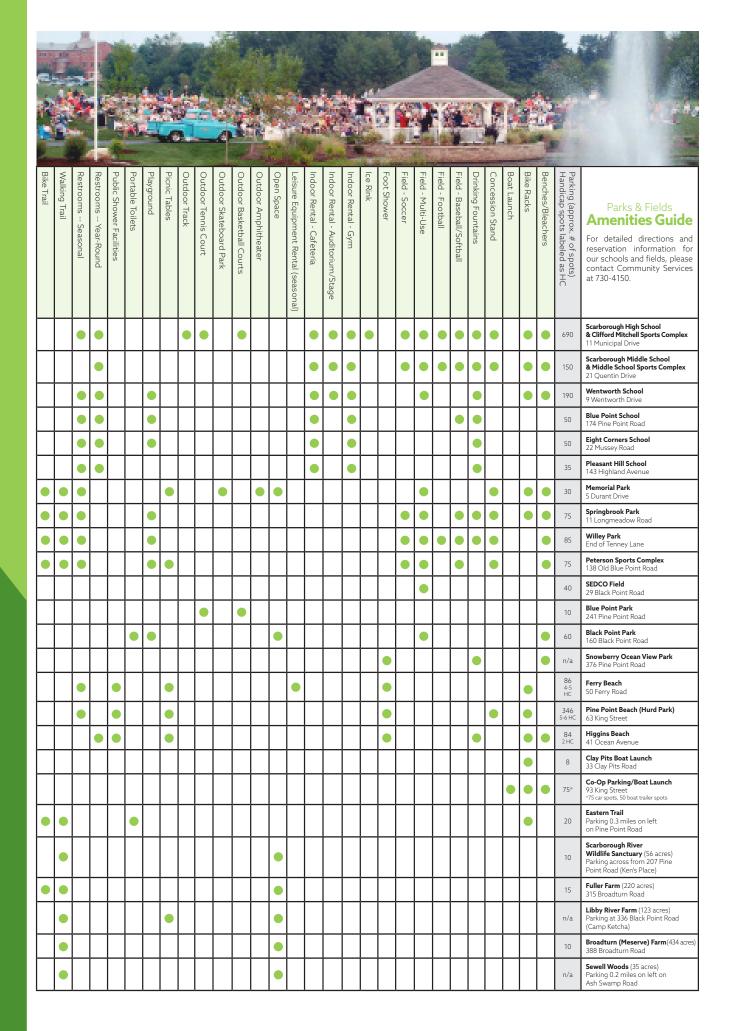
Scarborough Trails

When you tour this great town of Scarborough by foot or bicycle, we hope you enjoy the scenery, the rocky coast, the beaches, the park system, and most of all, the wonderful trail system that we are creating for your enjoyment.

Visit our trails web page for maps and more information:

> www.scarboroughmaine.org/ departments/community-services/trails







NEW OPPORTUNITIES COMING SOON!

Scarborough Community Services has always relied on the generosity of local businesses, organizations, and individuals to help us offer our popular special events, such as SummerFest, WinterFest, the Easter Egg Hunts, and the Annual 55⁺ BBQ. Through sponsorships we are able to offer these fun public events to our residents at little to no cost while providing the sponsor with name and brand recognition throughout the year.

But we are so much bigger than special events! While we will continue to offer these events and seek support for them, we are also in the process of reworking our sponsorship program in order to expand the opportunities we have available.

Want to sponsor a kid in our fall soccer or basketball program? Maybe send a local child to summer camp? Would you be interested in sponsoring an entire sports program (i.e., T-shirts with your logo for every participant)? How about an advertisement in our upcoming brochures, which get mailed to our 55⁺ Program members three times a year and are available in our office and online to all residents? Or maybe sponsoring our Senior Activity Center's complimentary snacks?

Our hope is to have this new plan in place at the beginning of 2019, so if you have another idea for a sponsorship opportunity, let us know!

For more information on current or upcoming opportunities, please contact Nicole Hall at 207-730-4158.

CURRENT SPONSORS













