

SCARBOROUGH
community services



WINTER // SPRING // 2018-19

REGISTRATION // NOV 6



LETTER FROM THE DIRECTOR

During the last few months our department has been very busy, offering numerous athletic and art camps, a teen day camp, and our summer day camp, with a record-breaking 265 campers in attendance. In addition, we have managed and operated three beaches, a boat launch, cared for and prepared 30 acres of parks/athletic facilities, and built an outdoor gaming area that includes two pickle ball courts, a bocce court, several cornhole boards, and checkers/chess table. As we get back into the swing of things with school beginning and all that fall, winter, and spring brings, I don't see us slowing down anytime soon!

There are considerable physical and mental benefits that active parks, open land preservation, and well-rounded recreational opportunities provide, and communities who utilize and promote these have seen steady growth in development and quality of life. Nowhere is that more evident than in Scarborough. We have active and supportive committees, volunteers, and civic organizations, each working to help improve the quality of life in our community. Over the next few months our department is looking forward to planning new programming, discussing upgrades to parks and facilities, and developing long-range plans to help guide our department into the future.

If you have any thoughts or ideas on what you'd like to see happening, our doors are always open to listen to facility improvement requests, ideas for new programming, or thoughts to improve our overall level of service.

Thank you for your support.



Todd Souza, C.P.R.P.
Director of Community Services
tsouza@scarboroughmaine.org

HOW TO REGISTER

ONLINE

LOCATION: web1.vermontsystems.com/scarborough.html
HOURS: 24/7

IN PERSON

LOCATION: Scarborough Community Services Office
259 U.S. Route One, 3rd Floor
Scarborough, ME 04074
HOURS: 8:00 am - 4:00 pm | Mon - Fri

GENERAL REFUND POLICY

NO REFUND: If an individual does not attend the activity or does not cancel at least 7 days prior to the start of an activity.

FULL REFUND MINUS \$15 PROCESSING FEE: For any cancellation or change made by applicant.

FULL REFUND: If Community Services cancels the activity.

Refunds are processed through our Finance Department and mailed to recipients in the form of a check. Please be sure that Community Services has the correct mailing address before refund is processed. Please allow up to two weeks to process refund.

STAY CONNECTED

 www.scarboroughmaine.org/departments/community-services

 **Main Office** (207)730-4150
Child Care Office (207)730-4170

 comserv@scarboroughmaine.org

 [@scarboroughmaine](https://www.facebook.com/scarboroughmaine)

 [@scarborocomserv](https://twitter.com/scarborocomserv)

 [@scarboroughcomserv](https://www.instagram.com/scarboroughcomserv)

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Mission Statement

The mission of the 55+ Programs is to give all seniors an opportunity to maintain dignity, enrich their quality of living, and actively promote participation in all aspects of community life.

MEMBERSHIP CHANGE

Scarborough Community Services will no longer sell or renew 55+ memberships. Any valid memberships will be honored through the end of the Winter/Spring 2018-19 registration period. Memberships that would have been good past that period will be credited for the "missed time" and the credit may be used towards a future program or trip.

As of the Summer 2019 program brochure, registration will be based on residency. Programs and trips will remain open to everyone interested in participating. Scarborough residents will receive early registration priority. Fees on trips and programs will also be restructured based on residency.

Program brochures can still be mailed to individual households for a fee of \$10 per year. This option is open to ALL households, regardless of residency or age. This fee covers the mailing of three annual brochures.

Thank you to all past and present members for your continued support and understanding during this time of transition.

Senior Program Disclaimer

Information provided in conjunction with this program is solely for informational purposes and is not intended as an endorsement or expression of support. The Town of Scarborough does not assume any liabilities for acts or omissions of such third parties in the provision of these goods and services. If you have an interest in providing educational and informational programming to the population served through the senior program, we encourage you to contact the senior program coordinator to discuss.

PAYMENT POLICY

Payment may be received in cash, personal check, money order, or debit card. Please make all checks payable to *Town of Scarborough*.

Assistance Available

Scarborough Community Services offers several scholarships and funds to assist Scarborough seniors with paying for programming and trips:

SENIOR SCHOLARSHIPS: Scarborough Community Services offers scholarships for various programs to those who qualify, including the 55+ Programs. *To apply, please stop by the Community Services Office to pick up an application.*

BLANCHE COOK TRANSPORTATION FUND: In honor of Blanche Marvette Small Cook, a local senior who enjoyed being picked up at her home for many of our 55+ programs, we have created a fund in hopes that it will give other Scarborough residents the opportunity to participate in the 55+ Programs who would otherwise not be able to. *For more information or to apply, please contact Community Services.*

Cancellation and Refund Policy

FULL REFUND: If Community Services cancels the program or trip.

FULL REFUND MINUS PROCESSING FEE: For any cancellation or change made by individual. The processing fee is \$15 for trips over \$30 and \$5 for trips under \$30.

NO REFUND: If an individual does not attend the program or trip, or does not cancel at least 7 calendar days prior to the start of the program or trip.



CODE OF CONDUCT

The Town of Scarborough would like the 55+ programs, trips, events, and activities to be a great experience for everyone involved. Help us maintain a positive and safe environment that is warm and welcoming to all senior citizens. Members of the Scarborough 55+ Programs have the following responsibilities:

- Show respect to all participants, staff, equipment, and facilities.
- Be welcoming to new participants -- a friendly smile goes a long way!
- Remember the golden rule: Treat others the way you would like to be treated.
- Use a constructive tone and refrain from any abusive or threatening language when reporting or addressing any issues or concerns.

PROGRAMS & ACTIVITIES

REGISTRATION

Member | Tuesday, Nov 6

Non-member | Tuesday, Nov 13

Valentine's Day Toy Drive for Barbara Bush's Children's Hospital

Help us make this Valentine's Day a memorable one for the kids at Barbara Bush's Children's Hospital! We will be hosting a toy drive to collect items to brighten the day for young patients and show them how special they are. Scarborough Community Services and Martin's Point Healthcare will hand deliver all donations on Valentine's Day on behalf of the Scarborough 55+ Program members.

Some items from the Children's Hospital's wish list include: Baby rattles, headphones, books, play-doh, coloring books, teething toys, Lego kits, coloring supplies, bibs, action figures, Barbie dolls, small puzzles, hair brushes, and card games.

LOCATION: Donations may be dropped off in the Martin's Point Community Room or in the Community Services Office.

DEADLINE: Wednesday, Feb 13

iPad 101

Join us for these FREE 90-minute sessions designed to cover the basics of using an iPad. Jim Keenan, owner of Keenan Technologies, will provide you with a simple overview of the iPad and answer your questions! *Transportation not provided.*

LOCATION: Wentworth School, Room D124
20 Quentin Drive, Scarborough, ME

DATE: Mar 8 & Apr 12 | Friday

TIME: 1:30 - 3:00 pm

FEE: FREE



AAA Keeping the Keys: Help Extend Your Safe Driving Career

Be proactive in managing your driving career. This workshop will help you recognize changes in driving that come with age and planning ahead for continued mobility, as well as an overview of resources that can help you accomplish those things. *Instructor: Kyle Snyder, Traffic Safety Specialist, AAA Northern New England.*

Transportation is available upon request.

LOCATION: Martin's Point

DATE: Apr 19 | Friday

TIME: 1:00 - 2:45 pm

FEE: FREE

DEADLINE: Friday, Apr 12 by 4:00 pm



Weekly Programming Held at Martin's Point Community Room

153 US Route One, Scarborough, ME

We hold some of our weekly programs in the Community Room at the Scarborough Martin's Point Health Care Center. *Programs are not held on major holidays.*



Weekly BINGO

Join us for coffee and socializing beginning at noon. BINGO starts promptly at 12:30 pm.

Registration is not necessary but please call Community Services if you would like to register for door-to-door transportation.

LOCATION: Martin's Point
DATE: Mondays
TIME: 12:30 - 2:00 pm
FEE: \$2 (paid at door)

CLOSED ON: 12/24, 01/21, 02/18, 04/15

Senior Activity Center

Get together for coffee, pastries, games, and camaradery, as well as other programs for your benefit. Make sure to tell your friends and neighbors about this opportunity here in Scarborough. Open to residents and non-residents age 55 and older!

LOCATION: Martin's Point
DATE: Tuesdays & Fridays
TIME: **Tues** 1:00 - 3:30 pm
Fri 9:30 - 12:00 pm
FEE: FREE

CLOSED ON: 12/21, 12/25, 01/01

Weekly Senior Lunches

Join us at 11:00 am for coffee and socializing. Lunch is served promptly at 11:30 am. To register or to cancel a meal, please call Community Services by 2:00 pm of the Monday prior. ***Payment is due at time of registration.***

Since we have such large groups on Wednesdays, we no longer have on-site parking available. We will offer a shuttle for our senior lunches from the faculty lot of Scarborough High School. The shuttle departs promptly at 11:00 am.

Senior Lunch Policy and Rates

For each of our meals attended by a senior member, the Southern Maine Agency on Aging contributes \$2 towards the \$8 cost per person, allowing us to charge a discounted rate of \$6. If a senior has made a reservation and does not attend, we owe the full \$8 for the missed meal. If you do not cancel by the deadline or do not attend, you will still be expected to pay for the missed meal at the \$8 rate.



***Please note:** If Scarborough Community Services cancels a lunch due to inclement weather, you will be credited the amount you paid for the lunch. This credit can be used for future lunches. We will not automatically sign you up for the next. It is your responsibility to sign up for the next lunch, as we cannot predict your availability. Thank you for understanding.



Date	Meal & Entertainment
December 5	Chicken Broccoli Alfredo Hannaford Dietitian Presentation Free blood pressure readings
December 12	Meatloaf Holiday Music by Michael Schools
December 19	Ham Dinner Holiday Gift Exchange (\$5 limit for gift)
January 2	Grilled Chicken Scarborough Fire Department Presentation Free blood pressure readings
January 9	BBQ Pulled Pork Dinner Senior Living Presentation The Woods at Canco
January 16	Beef Stroganoff Music by Red Gallagher
January 23	Baked Ziti EcoMaine Presentation
January 30	Shepherd's Pie Birthdays and BINGO
February 6	Chicken Cacciatore Disaster Preparedness for Seniors Cumberland County Emergency Management Agency Free blood pressure readings
February 13	Brunch Bill Nemitz, Portland Press Herald
February 20	Winter BBQ Music by Jim Gallant See Page 9 for more details
February 27	Roast Pork Birthdays and BINGO
March 6	Macaroni and Cheese Scarborough Police Department Presentation Free blood pressure readings
March 13	Boiled Dinner Irish Music by Michael Schools
March 20	Chicken Teriyaki Advance Directives Presentation Compassionate Care Hospice
March 27	Meatball Subs Birthdays and BINGO
April 3	Pot Roast Scarborough Food Pantry Talk Free blood pressure readings
April 10	Meatloaf Music by Ray Calabro
April 17	Chicken Pot Pie Intergenerational Kindness Activity
April 24	Shepherd's Pie Birthdays and BINGO

AFFILIATE ACTIVITIES

The programs below are not organized through the Scarborough 55+ Program. Please contact the programs directly with any inquiries.

Senior Chair Yoga

Help improve mobility, increase range of motion, build strength and flexibility, and improve your balance with chair yoga. No experience necessary and all abilities are welcome! *No RSVP needed.*

LOCATION: Martin's Point
DATE: Tuesdays & Thursdays
TIME: 9:00 - 10:00 am
FEE: FREE



All About Balance

The Maine Strong Balance Center welcomes you to this senior exercise class to reduce your fall risk. Benefits to this class include improving balance, improving your walking, and building strength. *Reserve your space or drop in! 207-303-0612*

LOCATION: Martin's Point
DATE: Mondays
TIME: 9:30 - 10:30 am
FEE: FREE



Scarborough Public Library

The Scarborough Public Library provides access to a broad collection and high quality services and programs that promote lifelong learning in a welcoming, community-centered facility. The library offers over 77,000 items in its collection, with millions more available through the library's online catalog.

Anyone who lives or works in Scarborough is eligible for a free library card. Reference staff is available to show cardholders how to search for materials and download eBooks to reading devices. Free programs are offered weekly and monthly and special events are also open to the public and are free to attend.

For Scarborough residents unable to visit the library due to long-term or short-term illness, immobility, or age, the library provides free delivery of materials twice a month.

Find more information about the Scarborough Public Library at www.scarboroughlibrary.org or call 207-883-4723.



Monday Movie Matinée

1st Monday of the month
1:30 pm

Genealogy Group

4th Monday of the month
1:00 - 3:00 pm

Morning Book Discussion Group

1st Tuesday of the month
10:00 am

Let's Talk America! Discussion Forum

1st Thursday of the month
6:00 - 8:00 pm

Evening Book Discussion Group

2nd Wednesday of the month
6:30 pm

French Conversation Group

3rd Tuesday of the month
6:30 - 8:00 pm

Library Knitting Group

Every Saturday
10:00 am - 12:00 pm

SPECIAL EVENTS

Holiday Dance

Celebrate the holiday season with us by dusting of your dancing shoes! Enjoy a spectacular night of dancing and live music by the one and only Jose Duddy. We hope to see you there! *Light refreshments will be served.*

LOCATION: Martin's Point
DATE: Dec 13 | Thursday
TIME: 6:00 - 8:00 pm
FEE: FREE
MIN/MAX: 15 / 60
DEADLINE: Friday, Dec 7 by 4:00 pm



Movie Night: *The Notebook*

Come enjoy a movie with us! *The Notebook*, directed by Nick Cassavetes, is an adaptation of author Nicholas Sparks' bestselling novel. A man regularly visits his wife in a nursing home to read her a story about a poor yet passionate young man who falls in love with a rich young woman, giving her a sense of freedom, but they are soon separated because of their social differences. *Light refreshments will be served.*

LOCATION: Martin's Point
DATE: Jan 10 | Thursday
TIME: 6:00 pm
FEE: FREE
MIN/MAX: 15 / 60
DEADLINE: Friday, Jan 1 by 4:00 pm



Musingo™ Party

Come play Musingo™ where your favorite music meets your favorite game! Combine two of the world's most popular activities – listening to great music and playing BINGO and you get Musingo. Listen to short segments of songs and then identify them on your BINGO cards. Enjoy a great time with friends and maybe win a prize or two!

LOCATION: Martin's Point
DATE: Jan 15 & Mar 12 | Tuesday
TIME: 11:30 - 12:30 pm
FEE: \$5 member | \$8 non-member
MIN/MAX: 30 / 50
DEADLINE: First of the Month by 4:00 pm



Valentine's Day Dinner & Show

Join us for a special Valentine's Day themed dinner and a show! We will indulge in a delicious spaghetti dinner and then enjoy wonderful live music by the José Duddy. We hope to see you and your Valentine there! *This event is sponsored by Martin's Point Healthcare.*

LOCATION: Scarborough High School Cafeteria
DATE: Feb 14 | Thursday
TIME: 5:00 - 7:00 pm
FEE: \$15 member | \$20 non-member
MIN/MAX: 20 / 100
DEADLINE: Friday, Feb 8 by 4:00 pm

Winter BBQ

We hope you can join us for our first ever Winter BBQ to make up for the Annual 55+ BBQ, which was cancelled in August due to inclement weather. Dream of warmer weather while enjoying delicious barbecue items like hot dogs, burgers, chicken, and side dishes. *This event will feature live music.*

LOCATION: Scarborough High School Cafeteria
DATE: Feb 20 | Wednesday
TIME: 11:30 - 1:00 pm
FEE: \$8 (ages 60+) | \$10 (under age 60)
MIN/MAX: 20 / 100
DEADLINE: Friday, Feb 15 by 4:00 pm

OUT-TO-LUNCH BUNCH

Join us for lunch trips to some of the area's popular restaurants, recommended by our group of seniors.

PLEASE NOTE: If you meet our group at the restaurant, you will still be charged the trip fee, as you are taking a spot in our overall reservation.

Due to increased travel costs, we have increased our OTLB prices. Thank you for understanding.

DATE: Various Thursdays
TIME: 11:30 - 2:30 pm
FEE: \$7 member | \$10 non-member
Lunch cost on your own
MIN/MAX: 5 / 27
DEADLINE: Friday prior by 2:00 pm

Date	Restaurant
December 13	Cole Farms Restaurant, Gray
December 20	Bonanza Steakhouse, Sanford
January 3	Mystery Lunch, Top Secret!
January 17	The Red Barn, Augusta
January 24	Uncle Moe's Diner, Sabattus
February 7	Krista's Restaurant, Cornish
February 28	Federal Jack's Restaurant, Kennebunk
March 14	The Muddy Rudder, Yarmouth
March 28	Mulligan's, Biddeford
April 4	Uncle Moe's Diner, Sabattus
April 11	Krista's Restaurant, Cornish



TRIPS



Please note that this symbol next to trips indicates that there is a fair amount of walking involved.



Festival of Trees & Mad Hatter's Tea Party

We will be heading to the Westbrook Free Warren Congregational Church to get a look at their beautifully decorated trees at their Festival of Trees event! We will also be there to enjoy some live entertainment and attend their Mad Hatter's Tea Party, so don't forget your hat! *We will make a stop at Panera Bread for lunch before the festival.*

LOCATION: Westbrook, ME
DATE: Dec 4 | Tuesday
TIME: 11:30 - 3:30 pm
FEE: \$7 member | \$10 non-member
Lunch on your own
MIN/MAX: 10 / 27
DEADLINE: Friday, Nov 30 by 4:00 pm

Christmas on the Farm: Jillson's Farm & Sugarhouse

Enjoy the annual Christmas on the Farm event at Jillson's Farm and Sugarhouse. Finish your holiday shopping and check out items by local crafters including baskets, ornaments, soaps, dolls, antiques, and much more!

LOCATION: Sabattus, ME
DATE: Dec 6 | Thursday
TIME: 10:00 - 3:30 pm
FEE: \$19 member | \$22 non-member
Lunch on your own
MIN/MAX: 10 / 27
DEADLINE: Friday, Nov 30 by 4:00 pm



Stonewall Kitchen

Join us as we visit the home of Stonewall Kitchen! The welcoming environment of their Company Store is exemplified in the friendly staff ready to greet you, offer you samples, or assist you in picking out the ideal gift. The store features the entire line of specialty foods, plus useful kitchen gadgets, cookware, tableware and home decor. Staff in the demonstration kitchen are often cooking up something delicious to taste and are on-hand to share recipes. **Registration is limited to one Stonewall Kitchen date per registrant.**

LOCATION: York, ME
DATE: Dec 11 | Tuesday
 Feb 21 | Thursday
 Apr 23 | Tuesday
TIME: 10:00 - 2:00 pm
FEE: \$10 member | \$15 non-member
Lunch on your own
MIN/MAX: 8 / 13
DEADLINE: Friday prior by 4:00 pm

Annual Christmas Lights Ride

Hop aboard the Community Services bus to be chauffeured through the streets and neighborhoods of Scarborough, South Portland, and Portland to admire the beautifully decorated homes and streets! We will also make a stop for coffee or hot chocolate along the way!

LOCATION: Greater Portland Area, ME
DATE: Dec 17 | Monday
 Dec 19 | Wednesday
TIME: 6:00 - 8:30 pm
FEE: \$7 member | \$10 non-member
Lunch on your own
MIN/MAX: 8 / 27
DEADLINE: One week prior by 4:00 pm



Magic of Christmas

Celebrate cherished traditions with music from The Nutcracker, festive carols, and the "Hallelujah!" chorus from Handel's Messiah at the Portland Symphony Orchestra. Bruce Hangen, Portland Symphony Orchestra's first Magic of Christmas conductor is back to bring Maine's biggest tradition to the stage. Celebrate the traditions, story, and spirit of the season and experience the Magic for yourself! *We will dine at Dimillo's Floating Restaurant before the show. Performance is at 2:00 pm.*

LOCATION: Merrill Auditorium, Portland, ME
DATE: Dec 21 | Friday
TIME: 10:45 - 5:30 pm
FEE: \$45 member | \$55 non-member
Lunch on your own
MIN/MAX: 10 / 41
DEADLINE: Friday, Dec 7 by 4:00 pm

Clipper Merchant Tea House

Discover the elegance of Traditional British High Tea. Clipper Merchant offers over 100 different handcrafted teas from around the world. You will get to indulge in two teas of your choice, accompanied by four beautifully displayed courses of delicious homemade scones, tea sandwiches, and savories. Visit with your friends, try on some traditional tea hats, and stop by the retail store.

LOCATION: Bridgton, ME
DATE: Jan 10 | Thursday
 Apr 25 | Thursday
TIME: 10:45 - 4:00 pm
FEE: \$36 member | \$46 non-member
Includes tea, four courses, and gratuity
MIN/MAX: 10 / 27
DEADLINE: One week prior by 4:00 pm

Big Al's Shopping Trip

Join us for some shopping at the odd lot outlet, Big Al's, where there is something for everyone at super values. *Afterwards, enjoy lunch at the Montsweag Farm Restaurant in Woolwich.*

LOCATION: Wiscasset, ME
DATE: Jan 21 | Thursday
TIME: 10:45 - 3:30 pm
FEE: \$10 member | \$15 non-member
Lunch on your own
MIN/MAX: 10 / 27
DEADLINE: Tuesday, Jan 22 by 4:00 pm

Good Theater

Love, Loss, and What I Wore
 By Nora Ephron & Delia Ephron

A play about women, clothes and memories. It covers all the important subjects: Mothers, prom dresses, mothers, buying bras, mothers, hating purses, and why we only wear black.

LOCATION: Portland, ME
DATE: Feb 5 | Tuesday
TIME: 6:15 pm
FEE: \$22 member | \$27 non-member
MIN/MAX: 10 / 27
DEADLINE: Friday, Jan 25 by 4:00 pm

Winter Sleigh Ride

Sit back with a warm blanket and experience the classic wintertime activity of a horse-drawn sleigh ride through beautiful Kennebunkport. Sleigh rides at Rockin' Horse Stables depart from their 100 year old barn and last for about 30 minutes. After the ride, you will enjoy hot chocolate next to the fireplace in their reception area. *On the way home, we will stop at Mulligan's for lunch.*

LOCATION: Kennebunkport, ME
DATE: Feb 26 | Tuesday
TIME: 10:00 - 2:00 pm
FEE: \$22 member | \$27 non-member
MIN/MAX: 10 / 27
DEADLINE: Friday, Feb 15 by 4:00 pm

Jillson's Farm & Sugarhouse Brunch

Come visit Jillson's Farm and Sugarhouse in Sabattus during sugar season! Jillson's was built in the winter of 1988-89 and they currently hold sugar parties, produce maple syrup and maple products, grow and sell fresh vegetables and flowers, and host many events throughout the year. We will also enjoy a delicious brunch with all of your breakfast favorites! Join us afterwards for a tour through the sugarhouse and barn to see the farm animals. **Registration is limited to one Jillson's Farm Brunch per registrant.**

LOCATION: Sabattus, ME
DATE: Mar 7 | Thursday
 Mar 19 | Tuesday
TIME: 10:45 - 3:00 pm
FEE: \$19 member | \$22 non-member
Includes brunch
MIN/MAX: 10 / 27
DEADLINE: One week prior by 4:00 pm



Celebrate the Irish Lunch

Enjoy a traditional Irish boiled dinner to celebrate St. Patrick's Day at the South Portland Community Center. After we eat, we will enjoy an Irish step dance show performed by dancers from the Stillson School of Irish Dance.

LOCATION: South Portland, ME
DATE: Mar 15 | Friday
TIME: 12:00 - 3:00 pm
FEE: \$15 member | \$18 non-member
MIN/MAX: 10 / 27
DEADLINE: Friday, Mar 1 by 4:00 pm



Maine State Museum

Visit one of the nation's oldest state-funded museums, the Maine State Museum. Dive into Maine's rich history through an hour-long guided tour. *Afterwards, we will enjoy a lunch at a local favorite, The Red Barn.*

LOCATION: Augusta, ME
DATE: Mar 21 | Thursday
TIME: 8:45 - 3:30 pm
FEE: \$10 member | \$15 non-member
Includes admission & tour
Lunch on your own
MIN/MAX: 10 / 27
DEADLINE: Friday, Mar 8 by 4:00 pm



City Theater

The Light in the Piazza

Music & Lyrics by Adam Guettel
 Book by Craig Lucas

Based on a novella by Elizabeth Spencer, the story is set in the 1950s and revolves around a wealthy Southern woman and her daughter who spend a summer together in Italy. Nominated for eleven and winner of six Tony Awards in 2005, including Best Original Score.

LOCATION: Biddeford, ME
DATE: Mar 22 | Friday
TIME: 6:45 pm
FEE: \$27 member | \$32 non-member
MIN/MAX: 10 / 27
DEADLINE: Monday, Mar 11 by 4:00 pm

Hollywood Casino

Come join us for an exciting day at Hollywood Casino. Everywhere you look there's endless excitement and the kind of thrills you don't find anywhere else, like 1,000 Vegas-style slots, harness racing, big-time table games, and the kind of red carpet service you can only find in Hollywood.

LOCATION: Bangor, ME
DATE: Apr 2 | Tuesday
TIME: 8:30 - 5:00 pm
FEE: \$10 member | \$15 non-member
Lunch on your own
MIN/MAX: 12 / 27
DEADLINE: Friday, Mar 22 by 4:00 pm

Maine Art Glass Studio & Insect Museum Tour

Come join us for a unique experience you will never forget! Travel into the fascinating world of butterflies and insects as presented by Jim Nutting (owner and operator of Maine Art Glass). You will see beautiful works of glass art in the gallery, as well as some of the world's largest, most beautiful, most bizarre and unusual insects, both alive and preserved. *After the tour, we will enjoy a delicious lunch at FLUX Restaurant, which features modern American cuisine and local craft beer.*

LOCATION: Lisbon Falls, ME
DATE: Apr 18 | Thursday
TIME: 9:00 - 2:15 pm
FEE: \$10 member | \$15 non-member
Lunch on your own
MIN/MAX: 12 / 27
DEADLINE: Friday, Mar 8 by 4:00 pm



Portland Players & Lyric Music Theater

Scarborough Community Services offers transportation to the Portland Players and Lyric Music Theater Thursday night dress rehearsals. **Please Note:** These performances are offered to groups like ours in order to provide non-driving seniors an opportunity to see live theater productions they might otherwise miss. Meeting at the theater will not be an option through our programs.

TIME: 6:45 - 10:30 pm (show begins 7:30)
FEE: \$7 member | \$10 non-member

MIN/MAX: 8 / 27
DEADLINE: Friday Prior by 4:00 pm

Portland Players

One Flew Over The Cuckoo's Nest
 By Cullen Burke & Dale Wasserman
 Based on the novel by Ken Kesey
Jan 24 | Thursday | \$5 at the door

Camelot
 Directed by Michael Donovan
 Book and Lyrics by Alan Jay Lerner
 Music by Frederick Loewe
Feb 21 | Thursday | \$5 at the door

Lyric Music Theater

The Mousetrap
 Play by Agatha Christie
 Directed by John Blanchette
Jan 31 | Thursday | \$10 at the door

The Bridges of Madison County
 Directed by Joshua Chard
 Music by Bob Gauthier
 Choreography by Jamie Lupien Swenson
Mar 28 | Thursday | \$10 at the door

TRANSPORTATION

Bus Departure Area for 55+ Trips



For all of our 55+ trips, the bus departs from the faculty parking lot of Scarborough High School at the start time listed in the trip details.

Please meet in this location if you are not receiving home pick-up. There is ample parking to leave your car during the trip.

Directions to the parking lot:

- From Route One, enter Municipal Drive (between town hall and the Town & Country Credit Union).
- Take your first right after the credit union.
- The bus will be located in the second parking lot on the right. This is Staff Parking Lot E (just after the chain-link fence).

Door-to-Door Transportation

We offer door-to-door transportation (pick-up at home) to any Scarborough 55+ Programs member who does not drive and who would like to participate in our trips or programs. There is a fee of \$2 per person that must be paid to the bus driver for this service at the time of pick-up. Please note the \$2 fee is per person, even if pick-ups are at the same location.

If you are being picked up at home for any trip, please be ready at least one hour in advance of the scheduled trip departure time. This allows our driver adequate time to pick everyone up.

Bus passes are available from our bus driver or at the Community Services Office at Town Hall for \$20. A bus pass will cover 12 trips for the price of 10!

Additional Transportation Resources

Do you need transportation to appointments, grocery shopping, or errands? There are two local companies that offer this service. Please give them a call or visit their websites for more information.

Regional Transportation Program

207-774-2666

rtprides.org

Independent Transportation Network

207-854-0505

itnportland.org



55+ Programs



DECEMBER				
12:30 - 2:00 pm BINGO at Martin's Point 3	11:30 - 3:30 pm Festival of Trees 4 1:00 - 3:30 pm Senior Activity Center at Martin's Point	11:30 am Senior Lunch at Martin's Point Chicken Broccoli Alfredo Hannaford Dietitian Free BP Readings 5	10:00 - 3:30 pm Christmas on the Farm 6	9:30 - 12:00 pm Senior Activity Center at Martin's Point 7
12:30 - 2:00 pm BINGO at Martin's Point 10	10:00 - 2:00 pm Stonewall Kitchen 11 1:00 - 3:30 pm Senior Activity Center at Martin's Point	11:30 am Senior Lunch at Martin's Point Meatloaf Holiday Music by Michael Schools 12	11:30 am OTLB Cole Farm's Restaurant 13 6:00 - 8:00 pm Holiday Dance at Martin's Point	9:30 - 12:00 pm Senior Activity Center at Martin's Point 14
12:30 - 2:00 pm BINGO at Martin's Point 17 6:00 - 8:30 pm Christmas Lights Trip	1:00 - 3:30 pm Senior Activity Center at Martin's Point 18	11:30 am Senior Lunch at Martin's Point Ham Dinner Holiday Gift Exchange 19 6:00 - 8:30 pm Christmas Lights Trip	11:30 am OTLB Bonanza Steakhouse 20	Martin's Point CLOSED 21 10:45 - 5:30 pm Magic of Christmas
Christmas Eve 24 No Programs	Christmas Day 25 No Programs	No Senior Lunch 26	27	9:30 - 12:00 pm Senior Activity Center at Martin's Point 28
New Year's Eve 31 12:30 - 2:00 pm BINGO at Martin's Point				

JANUARY				
	New Year's Day 1 No Programs	11:30 am Senior Lunch at Martin's Point Grilled Chicken Scarborough Fire Dept. Free BP Readings 2	11:30 am OTLB Mystery Lunch 3	9:30 - 12:00 pm Senior Activity Center at Martin's Point 4
12:30 - 2:00 pm BINGO at Martin's Point 7	1:00 - 3:30 pm Senior Activity Center at Martin's Point 8	11:30 am Senior Lunch at Martin's Point BBQ Pulled Pork Dinner Senior Living 9	10:45 - 4:00 pm Clipper Merchant Tea House 10 6:00 pm Movie Night at Martin's Point	9:30 - 12:00 pm Senior Activity Center at Martin's Point 11
12:30 - 2:00 pm BINGO at Martin's Point 14	11:30 - 12:30 pm Musingo™ at Martin's Point 15 1:00 - 3:30 pm Senior Activity Center at Martin's Point	11:30 am Senior Lunch at Martin's Point Beef Stroganoff Music by Red Gallagher 16	11:30 am OTLB The Red Barn 17	9:30 - 12:00 pm Senior Activity Center at Martin's Point 18
MLK Jr. Day 21 No Programs	1:00 - 3:30 pm Senior Activity Center at Martin's Point 22	11:30 am Senior Lunch at Martin's Point Baked Ziti EcoMaine 23	11:30 am OTLB Uncle Moe's Diner 24 6:45 pm Portland Players "One Flew Over the Cuckoo's Nest"	9:30 - 12:00 pm Senior Activity Center at Martin's Point 25
12:30 - 2:00 pm BINGO at Martin's Point 28	1:00 - 3:30 pm Senior Activity Center at Martin's Point 29	11:30 am Senior Lunch at Martin's Point Shepherd's Pie Birthdays & BINGO 30	9:30 - 3:30 pm Big Al's Shopping Trip 31 6:45 pm Lyric Theater "The Mousetrap"	

FEBRUARY

				9:30 - 12:00 pm Senior Activity Center at Martin's Point	1				
12:30 - 2:00 pm BINGO at Martin's Point	4	1:00 - 3:30 pm Senior Activity Center at Martin's Point 6:15 pm Good Theater "Love, Loss, and What I Wore"	5	11:30 am Senior Lunch at Martin's Point Chicken Cacciatore Disaster Preparedness Free BP Readings	6	11:30 am OTLB Krista's Restaurant	7	9:30 - 12:00 pm Senior Activity Center at Martin's Point	8
12:30 - 2:00 pm BINGO at Martin's Point	11	1:00 - 3:30 pm Senior Activity Center at Martin's Point	12	11:30 am Senior Lunch at Martin's Point Brunch Portland Press Herald Last day of Valentine's Day Toy Drive for BBCH	13	5:00 - 7:00 pm Valentine's Day Dinner at SHS Cafeteria	14	9:30 - 12:00 pm Senior Activity Center at Martin's Point	15
President's Day No Programs	18	1:00 - 3:30 pm Senior Activity Center at Martin's Point	19	11:30 am Winter BBQ at SHS Music by Jim Gallant	20	10:00 - 2:00 pm Stonewall Kitchen 6:45 pm Portland Players "Camelot"	21	9:30 - 12:00 pm Senior Activity Center at Martin's Point	22
12:30 - 2:00 pm BINGO at Martin's Point	25	10:00 - 2:00 pm Winter Sleigh Ride 1:00 - 3:30 pm Senior Activity Center at Martin's Point	26	11:30 am Senior Lunch at Martin's Point Roast Pork Birthdays & BINGO	27	11:30 am OTLB Federal Jack's Restaurant	28		

MARCH

				9:30 - 12:00 pm Senior Activity Center at Martin's Point	1				
12:30 - 2:00 pm BINGO at Martin's Point	4	1:00 - 3:30 pm Senior Activity Center at Martin's Point	5	11:30 am Senior Lunch at Martin's Point Macaroni & Cheese Scarborough Police Dept. Free BP Readings	6	10:45 - 3:00 pm Jillson's Farm & Sugarhouse	7	9:30 - 12:00 pm Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth	8
12:30 - 2:00 pm BINGO at Martin's Point	11	11:30 - 12:30 pm Musings™ at Martin's Point 1:00 - 3:30 pm Senior Activity Center at Martin's Point	12	11:30 am Senior Lunch at Martin's Point Boiled Dinner Irish Music by Michael Schools	13	11:30 OTLB The Muddy Rudder	14	9:30 - 12:00 pm Senior Activity Center at Martin's Point 12:00 - 3:00 pm Celebrate the Irish Lunch	15
12:30 - 2:00 pm BINGO at Martin's Point	18	10:45 - 3:00 pm Jillson's Farm & Sugarhouse 1:00 - 3:30 pm Senior Activity Center at Martin's Point	19	11:30 am Senior Lunch at Martin's Point Chicken Teriyaki Advance Directives	20	8:45 - 3:30 pm Maine State Museum Tour	21	9:30 - 12:00 pm Senior Activity Center at Martin's Point 6:45 pm City Theater "The Light in the Piazza"	22
12:30 - 2:00 pm BINGO at Martin's Point	25	1:00 - 3:30 pm Senior Activity Center at Martin's Point	26	11:30 am Senior Lunch at Martin's Point Meatball Subs Birthdays & BINGO	27	11:30 am OTLB Mulligan's 6:45 pm Lyric Theater "Bridges of Madison County"	28	9:30 - 12:00 pm Senior Activity Center at Martin's Point	29



APRIL

12:30 - 2:00 pm BINGO at Martin's Point 1	8:30 - 5:00 pm Hollywood Casino 2 1:00 - 3:30 pm Senior Activity Center at Martin's Point	11:30 am Senior Lunch at Martin's Point Pot Roast Scarborough Food Pantry Free BP Readings 3	11:30 am OTLB Uncle Moe's Diner 4	9:30 - 12:00 pm Senior Activity Center at Martin's Point 5
12:30 - 2:00 pm BINGO at Martin's Point 8	1:00 - 3:30 pm Senior Activity Center at Martin's Point 9	11:30 am Senior Lunch at Martin's Point Meatloaf Music by Ray Calabro 10	11:30 am OTLB Krista's Restaurant 11	9:30 - 12:00 pm Senior Activity Center at Martin's Point 12 1:30 - 3:00 pm iPad 101 at Wentworth
Patriot's Day 15 No Programs	1:00 - 3:30 pm Senior Activity Center at Martin's Point 16	11:30 am Senior Lunch at Martin's Point Chicken Pot Pie Intergenerational Kindness Activity 17	9:00 - 2:15 pm Art Glass/Insect Museum 18	9:30 - 12:00 pm Senior Activity Center at Martin's Point 19 1:00 - 2:45 pm Keeping the Keys Workshop at Martin's Point
12:30 - 2:00 pm BINGO at Martin's Point 22	10:00 - 2:00 pm Stonewall Kitchen 23 1:00 - 3:30 pm Senior Activity Center at Martin's Point	11:30 am Senior Lunch at Martin's Point Shepherd's Pie Birthdays & BINGO 24	10:45 - 4:00 pm Clipper Merchant Tea House 25	9:30 - 12:00 pm Senior Activity Center at Martin's Point 26
12:30 - 2:00 pm BINGO at Martin's Point 29	1:00 - 3:30 pm Senior Activity Center at Martin's Point 30			

IMPORTANT 55+ SERVICES

Southern Maine Agency On Aging

Here are just some of the ways SMAA fulfills its mission to improve the quality of life for older adults, adults with disabilities, and the people who care for them.

- **As You Like It:** Enjoy a delicious and nutritious meal at 13 dining sites and restaurants in Southern Maine for only \$6.
- **Meals on Wheels:** If you're age 60+, homebound, and having difficulty preparing meals, then you may qualify for this program.
- **Simply Delivered to ME:** For individuals who want a delicious and nutritious meal without having to cook. Meals are purchased in advance for a nominal cost per meal (delivery included).
- **Matter of Balance:** An eight-week, nationally-recognized workshop designed to reduce the fear of falling and encourage physical activity.
- **Welcome to Medicare:** Seminars offer participants valuable information. A \$40 donation includes the seminar and a follow-up one-on-one meeting.
- **Benefits Counseling:** Have a question about aging, caregiving, or living with a disability? Resource specialists can help you identify and apply for benefits.
- **Family Caregiver Support:** If you find yourself helping an older friend or family member with managing day-to-day needs, SMAA is there to help.
- **Maine Senior Games:** Improving the health and fitness of adults 45 and older.
- **Vet to Vet:** Veteran volunteers visit with fellow veterans in their homes, swapping stories and providing companionship.
- **Adult Day Centers:** Our adult day centers provide members with cognitive loss with a chance to foster their own creativity, take part in hobbies, and socialize with others.
- **Volunteer Opportunities:** Enrich your own life while benefiting others.
- **Tai Chi for Health and Balance:** A nine-week, low impact exercise class.
- **Senior News:** A bi-monthly newspaper covering topics important to older adults and their families. Available free for pickup at over 150 locations in southern Maine.

For more information, please contact SMAA at 207-396-6500.



211 Maine Getting help is a sign of strength

Do you know someone who is becoming overwhelmed by health-related issues, legal challenges, or they're struggling with the loss of a loved one or a serious financial struggle?

211 Maine is an easy-to-remember telephone number that links people to information about resources in their area. Callers are connected to trained specialists who can help them find a variety of needed services. The call is free, confidential, and help is available 24 hours a day, 7 days a week for people of all ages.

Dial **211** or **1-866-811-5695**
(TTY and video relay accessible)

For those outside of Maine, dial **1-877-463-6207**

FREE Red Cross Home Safety Visits

The American Red Cross is joining forces with the State Fire Marshal's office and local fire departments on a campaign to reduce the number of fire-related deaths and injuries.

Trained volunteers will come to your home free of charge and....

- Share fire safety tips
- Help you map out an emergency escape plan
- Check existing smoke alarms
- Install free smoke alarms where needed

To schedule a free appointment, please call **874-1192, Ext. 113** or online at **www.redcross.org**

SPECIAL THANKS

Senior Advisory Board

This group provides directional advice for the development of 55+ programs and services to the Seniors Programs Coordinator. Meetings are held at Town Hall on the third Tuesday of every month. All are welcome to attend.

- Philip Christy
- Penny Boles
- Carol Rancourt
- Anne Bailey
- Carol Spencer
- Kenneth N. Simons
- Jane Palmer

Upcoming Meetings

December 18, January 15, February 19, March 19, April 16

Sponsors | Benefactors | Donors

Scarborough Community Services is pleased to acknowledge sponsors, benefactors, and donors within our community who support the 55+ Programs. Each form of support helps to provide countless activities to the residents in and around Scarborough.

We would like to thank the following organizations and businesses for supporting our 55+ Programs:

- Martin's Point, Scarborough
- Southern Maine Agency On Aging
- Bessey Commons
- Wentworth School
- On The Vine Marketplace
- AI's of Scarborough





SKIING & SNOWBOARDING

Shawnee Peak Program



Scarborough Community Services is once again sponsoring the ski and snowboard program for five selected Tuesday evenings. Program participants may choose from a lift-only option or may enroll in a lesson to enhance skiing and riding abilities. Lessons are for all skier or rider skill levels, from the beginner right through the expert. They last 60 minutes with free time reserved afterwards (instructors approval is necessary). Alternatively, program participants may choose to purchase our lift-only option and ski or snowboard the entire time. ***Reminder to all middle school band students that this program typically aligns with a middle school band concert and you may miss a ski session.***

This program is limited to 86 participants. Similar to last year, we will be taking two coach buses to and from the mountain. Everyone is required to ski or snowboard with a buddy, so be sure to mention the program to friends before it fills up.

GRADES: 4-8
LOCATION: Shawnee Peak Mountain
DATE: Jan 15 - Feb 12 | Tuesdays
TIME: Leave from Wentworth at 3:30 pm
 Return to Wentworth at 9:15 pm
MIN/MAX: 40 / 86
DEADLINE: Monday, Dec 28

FEES:

Lift Only:	\$245
Lift & Rentals:	\$320
Lift & Lessons:	\$320
Lift, Lessons & Rentals:	\$410
Bus Only:	\$155

Parent volunteers are welcome and accepted for this program!
 We are looking for parents who can commit to all 5 weeks. You will be assigned tasks and duties throughout the program.

For more information about becoming a parent volunteer, please contact **Ryan Colpitts at 730-4153** or rcolpitts@scarboroughmaine.org



SOFTBALL & BASEBALL

Softball Pitching Clinics

Open to girls interested in learning the basic technique of windmill-style pitching. Experience playing softball is not required. Lessons consist of instruction in technique, pitching, drills, and fielding. *Instructor: Tom Griffin.*

Participants must bring a catcher. There is no charge for the catcher.

GRADES: 2-8
LOCATION: Plummer Gym
MIN/MAX: 10 / 26

Session #2

DATE: Jan 6 - Mar 10 | Sundays
TIME: 10:00 - 11:15 am
FEE: \$70
DEADLINE: Wednesday, Jan 2
Non-residents may register beginning Dec 24

Session #3

DATE: Mar 10 - Apr 7 | Sundays
TIME: 10:00 - 11:15 am
FEE: \$35
DEADLINE: Wednesday, Mar 6
Non-residents may register beginning Feb 25

Mini Hits

This 45-minute program is an introduction to the sport of baseball designed to develop basic skills, while having fun at the same time. The learning outcomes of the week include communication, social interaction, trust, patience, and general improved interest in a team sport. Parent involvement for this program is encouraged.

Participants should wear comfortable clothing, such as a game shirt, sweatpants, and sneakers. A glove is recommended but not required.

AGES: 2½-4
LOCATION: High School Turf Field
DATE: May 7 - May 28 | Tues & Thurs
TIME: 10:00 - 10:45 am
FEE: \$45
MIN/MAX: 10 / 24
DEADLINE: Wednesday, May 1

SOCCER

Indoor Soccer

Continue all the fun and excitement of fall soccer indoors! This fast-paced indoor soccer program allows kids to work on skills they learned during the fall soccer season.

Register early to receive a discount.

GRADES: PreK-6
LOCATION: Scarborough Gyms
DATE: Jan 27 - Mar 10 | Sundays
TIME: At or after 1:00 pm
FEE: \$50
MIN/MAX: 24 / 140
DEADLINE: Friday, Jan 11
Register before December 29 and save \$10 per child!

LACROSSE

Learn to Lax

Engineered to teach youngsters the very basics of lacrosse, this program will prepare players for the upcoming spring season. It is also a great way to stay active during the winter months. Participants will have a blast while competing in various lacrosse games like storm lacrosse, chumash, ultimate, and more. Older and more skilled players will play in small-field lacrosse games. *Instructor: Dave St. Germain.*

Grades 5-8 must bring equipment. Girls need goggles and sticks; boys need helmets, gloves, and sticks. You may borrow equipment upon request at the time of registration. Grades 2-4 will have sticks and goggles available to use.

GRADES: 2-8
LOCATION: Plummer Gym
DATE: Feb 3 - Mar 3 | Sundays
TIME: **Gr 2-4** 11:30 - 12:30 pm
Gr 5-6 12:30 - 1:30 pm
Gr 7-8 1:30 - 2:30 pm
FEE: \$15
MIN/MAX: 8 / 125
DEADLINE: Wednesday, Jan 30



BASKETBALL

Spring Basketball Training

This program is designed to develop each player's individual skills in a competitive environment and incorporate those skills into game settings. Players will work on ball handling, shooting, rebounding, post moves and defense. There will be an instructor posted at every basket to ensure participants are getting the most out of the drills. The players will incorporate their skills while playing 3 on 3 games at the end of each session. *Instructors: Varsity Boys Coach Phil Conley and Varsity Girls Coach Mike Giordano.*

GRADES: 2-8
LOCATION: Wentworth
DATE: Mar 18 - Apr 10 | Mon, Tues, Wed
TIME: **Gr 2-5** 5:30 - 6:30 pm
Gr 6-8 6:30 - 7:30 pm
FEE: \$100
MIN/MAX: 10 / 50
DEADLINE: Wednesday, Mar 13



WinterKids FunPass

Want to go cross country skiing or snowshoeing? Get a WinterKids FunPass! The FunPass offers Maine's youngest children, (PreK through 4th grade) the chance to try cross country skiing and snowshoeing on groomed trails for FREE!

WinterKids

RUNNING PROGRAMS

Coming Soon! Indoor Track

Looking to stay active during the winter months? Enroll in our Indoor Track program and let loose on our indoor track at the Scarborough Middle School! This program typically runs during January and February, with two practices a week and three Saturday meets. *Please keep an eye on our website and Facebook page for more details in the coming months.*

Coming Soon! Spring Cross Country

Registration for this program typically begins in February and begins in April. *Please keep an eye on our website and Facebook page for more details in the coming months.*





SPORTS

Adult Indoor Soccer

Don't miss the chance to be part of a fun recreation pick up indoor soccer program! We will meet for seven weeks and make new teams each week to ensure a competitive level of play. *Registration is required.*

AGES: 30+
LOCATION: High School Alumni Gym
DATE: Apr 7 - May 19 | Sundays
TIME: 6:30 - 8:30 pm
FEE: \$30
MIN/MAX: 12 / 20
DEADLINE: Wednesday, Apr 3

Note on Adult Open Gym Basketball

Due to the change in school schedules this year and the shift in timing for after-school activities, the availability of gym space is still unknown. We are working towards a compromised schedule that allows each user group a fair amount of time in the gym. Once we have a set schedule, we will be able to advertise and accept registrations for open gym basketball. *Please keep an eye on our website and on Facebook for upcoming details.*

FITNESS

Healthline

Healthline is an exercise program designed around walking, jogging, and running with light stretching and free-weight training mixed in. This program works towards developing cardiovascular, aerobic, and muscular strength. This program will keep you moving year round but the best part is the comradery that the group develops while keeping you motivated and committed to a fitness routine.

AGES: 18+
LOCATION: Wentworth Gym and Fitness Room
DATE: Jan-March; April-June | Mon, Wed, Fri
TIME: 6:00 - 7:45 am
FEE: \$70
MIN/MAX: 10 / 24

This program needs a minimum of 8 participants per session in order for the class to run.

Outside Sports Leagues, Activities, and Organizations

Looking for an activity or league but it isn't offered through Community Services? Oftentimes, Community Services receives questions regarding local groups, leagues, and organizations, such as men's softball, bowling leagues, and adult enrichment classes. While these groups are not associated with us, we do our best to provide links to their information and websites under our Adult Recreation section online.





Scarborough Community Services Child Care welcomes all Scarborough school-age children to our before and after-school program. We offer care for children in Kindergarten through Grade 8, all conveniently located in each child's school. Our mission is to promote the physical, mental, social, and emotional development of each child by providing a high-quality child care program. This program enriches the experiences of children as we view the home, school, community, and child care settings as complementary domains that affect children's growth and development. This program offers outside play or indoor physical activities, crafts and special projects, as well as some quiet time. A nutritious snack is provided each day.

We are a non-profit recreational program complying with all the rules for the licensing of child care facilities established by the State of Maine. If you have any questions about the programs offered, please contact the Child Care Administrative Office at 207-730-4170.

2018-19 Child Care Registration began March 12, 2018

Please call 207-730-4150 to check site-specific availability

Information about the 2019-20 year will be posted on our website or Facebook page when it becomes available, as well as in the Summer 2019 brochure.

REGISTRATION PROCESS

- Registration must be completed in person in the Community Services Office at Town Hall. When you come to register, we will update all of your household and family member information in our system and have you sign a few waivers. All paperwork will print out at the time of registration.
- A non-refundable registration fee of \$100 will be expected upon registration.
- Please be sure to bring the credit or debit card you would like your monthly or bi-monthly payments to be withdrawn from.
- Registrations are accepted on a first-come, first-served basis. Unless you have been notified that you have been placed on a waiting list, you are guaranteed a spot in the Child Care or Club Teen program.
- Waiting lists for spots will be started and maintained as necessary for each site.
- There is a three business day waiting period if registering any time after the first day of school in September.



PROGRAMS

The following information is designed to give you a more in-depth look at our programs. We welcome and encourage you and your child to visit any of our child care sites prior to registering.

The Primary School Program (Grades K to 2)

Blue Point 207-730-5340
Eight Corners 207-730-5235
Pleasant Hill Schools 207-730-5260

- Before-school care and after-school care are both held at the primary school each child attends.
- Morning care opens at 7:00 am and includes quiet activities such as drawing, puzzles, and cards.
- After-school care runs until 6:00 pm sharp and consists of outside time, story time, projects, activity centers, and free play. An afternoon snack will be provided daily.

The Intermediate Program (Grades 3 to 5)

Wentworth School 207-730-4657

- Before-school care and after-school care are both held at Wentworth School.
- We open at 7:00 am every morning.
- After-school care runs until 6:00 pm sharp. Outside time runs from 3:30 to 4:00 pm for all students, weather permitting. From 4:00 to 4:30 pm children are given an opportunity to complete homework and assigned reading or do quiet activities. At 4:30 pm more choices are offered, including clubs, table games, arts and crafts, etc. An afternoon snack will be provided daily.

The Club Teen Program (Grades 6 to 8)

Middle School Cafeteria 207-730-4848

- Club Teen is located at the Scarborough Middle School in the cafeteria.
- NEW this year, we will be offering before-school care to Club Teen participants. Before care opens at 7:00 am every morning.
- After-school care runs until 6:00 pm sharp. An afternoon snack will be provided daily.

MONTHLY CHILD CARE FEES 2018 - 2019

\$100 registration fee (non-refundable)

Grades K-5				
	5 Days	4 Days	3 Days	2 Days
Before Care	\$230	\$215	\$180	\$145
After Care	\$365	\$320	\$270	\$215
Before and After Care	\$445	\$390	\$315	\$240

Grades 6-9	
Before and After Care	\$280 per month (regardless of days used)

Extra Days	
Included in Child Care Fees	<ul style="list-style-type: none"> • February and April Vacations: Requires pre-registration • Partial No School Days (Early Release or Delayed Opening Days due to weather): Only open to children already enrolled for that specific day/s. • See below regarding Late Start Days.
NOT Included in Child Care Fees	<ul style="list-style-type: none"> • Teacher/Staff Days: Requires pre-registration. • December Vacation Days: Requires pre-registration. <p>\$65 per day Early registration discounts available.</p>
Late Start Days	<p>Open to children regularly scheduled for Wednesday mornings and to anyone who registers for the Late Start School Days package. Requires pre-registration for all days.</p> <p>\$175.00 for package</p>

PLEASE NOTE: We reserve the right to change the rates on any of the payment options with at least one month's written notice.

FEDERAL TAX ID 01-6000357



Santa in the Park

LOCATION: Memorial Park
DATE: Dec 1 | Saturday
TIME: 5:00 - 6:30 pm
FEE: FREE

Help us spread some holiday cheer by bringing Santa a nonperishable item to donate to the Scarborough Food Pantry!

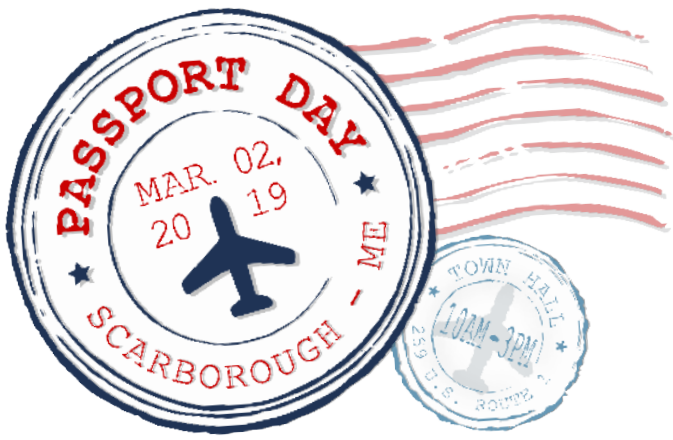
Winterfest 2018

Join us for the 30th Annual Winterfest! Festivities will be held at Wentworth and the Ice Rink and will feature winter recreational activities.

More details to come on our website and Facebook page, including activities, event schedules, and raffle items.

LOCATION: Wentworth School & Ice Rink
DATE: Feb 1 | Friday
TIME: TBD
FEE: FREE





Passport Day in Scarborough

Scarborough Community Services is hosting a passport event to provide passport information to U.S. citizens and to accept passport applications outside of our scheduled acceptance times. We welcome everyone to this special day, even if it is only to ask questions. See **Page 27** for more passport information and what to bring with you to this event.

LOCATION: Scarborough Municipal Building
Council Chambers
DATE: Mar 2 | Saturday
TIME: 10:00 am - 3:00 pm

Easter Egg Hunt

Join us for this exciting spring event! Grades PreK through 5 are invited to run around Wentworth field and collect eggs left by the bunny. Be sure to check in at the Wentworth Cafeteria to receive a free bag to collect your eggs in and participate in some pre-hunt activities.

GRADES: PreK-5
LOCATION: Wentworth School
DATE: Apr 13 | Saturday
TIME: **Pre-Hunt Activities** 3:00 pm
Egg Hunt Begins 3:30 pm
FEE: FREE



Flashlight Egg Hunt

Want to take your egg hunting skills to the next level? Bring your flashlight and collect eggs in the dark! Be sure to check in at the Wentworth Cafeteria to receive a free bag to collect your eggs in and participate in some pre-hunt activities.

GRADES: PreK-5
LOCATION: Wentworth School
DATE: Apr 13 | Saturday
TIME: **Pre-Hunt Activities** 7:00 pm
Egg Hunt Begins 7:30 pm
FEE: FREE



FOR SALE

Dragonfly Nymphs

We are once again offering dragonfly nymphs for sale this spring as a way for homeowners to combat mosquitos naturally.

Please keep an eye on our website and Facebook page for updates, including the order form and prices.



DOG INFORMATION

Dog Licensing

For details on how to register your dog in the Town of Scarborough, please visit the Town Clerk's website:

www.scarboroughmaine.org/departments/town-clerk

Dogs on the Beaches

For dog regulations and owner responsibilities, please view our town ordinances by visiting the Town's website:

www.scarboroughmaine.org/town-government/town-ordinances

HELP NEEDED

Volunteer Opportunities

Scarborough Community Services is currently working towards a structured volunteer program, with opportunities for all interests and abilities.

Upcoming Opportunities:

- Coaching: Fall soccer, basketball, indoor soccer.
- Special Events: Summerfest, Winterfest, Easter Egg Hunts, and 55+ BBQ.
- Assistance at Community Gaming Area at Memorial Park.
- Assistance with programming, including the possibility of offering skill-based or interest-based programs and activities.

As we get closer to finalizing the program, we will be posting more information on our website and social media accounts.



PASSPORTS

For your convenience, Scarborough Community Services accepts passport applications on behalf of the U.S. Department of State. U.S. citizens planning international travel may apply for their passports in the Community Services Office located at the Scarborough Municipal Building.



Passport Acceptance Location and Hours
Scarborough Community Services
259 U.S. Route One, 3rd Floor
207-730-4150
Tuesday through Thursday by appointment
9:00 am to 3:00 pm
No Monday or Friday acceptance hours

What to Bring to Your Passport Appointment

EVERYONE

Yourself!

Anyone applying for a passport, including newborn babies, must be present for the passport acceptance.

Passport Photos

This service is provided by area businesses. We do not provide this service.

Personal Check for Payment

Must bring at least one check or money order for payment of each application. The acceptance fee (\$35), which is paid separately, may be paid by cash, check, or debit card.

ADULTS

Age 18+ applying for the first time OR previous passport expired over 5 years ago.

Proof of U.S. Citizenship

Certified U.S. birth certificate OR previous U.S. Passport

Photo Identification

Maine driver's license or Maine ID (If you only have an out-of-state driver's license, you must bring additional photo ID)

MINORS AGE 16 AND 17

Must apply in person even if they have had a passport before.

One Parent

It is recommended that one parent be present at the appointment to show parental awareness. This can also be done by writing the check for the passport or putting a parent down as the emergency contact on the form.

Proof of U.S. Citizenship

Certified U.S. birth certificate OR previous U.S. Passport. MUST submit previous passport only if it is still valid.

Photo Identification

Maine driver's license or Maine ID (If you only have an out-of-state driver's license, you must bring additional photo ID). If minor does not have photo ID, one parent will need to be present at the appointment and provide their photo ID.

MINORS AGE 15 AND UNDER

Must apply in person with BOTH parents even if they have had a passport before.

BOTH Parents

It is REQUIRED that minors apply in person with both parents listed on their birth certificates. If both parents cannot be present, additional documentation must be completed or presented.

Proof of U.S. Citizenship

Certified U.S. birth certificate. MUST ALSO submit previous passport if it is still valid.

Photo Identification

Maine driver's license or Maine ID for each parent.

We recommend completing the passport application prior to stopping into our office for acceptance.

For printable applications, information on documentation, required fees, and other passport and international travel information, please visit the only official website for passport information at **Travel.State.Gov** or call us at **730-4150**.



PARKS & FIELDS

Community Services oversees the maintenance and construction of many parks and fields in Scarborough. Please view our Amenities Guide in this brochure for more detailed information about all Scarborough parks, trails, fields, beaches, and more.

Blue Point Park

241 Pine Point Road

- Tennis/pickle ball court
- Pickle ball court uses existing tennis nets
- Basketball court

Black Point Park

160 Black Point Road

- Multi-use field
- Community gardens

Memorial Park

5 Durant Drive

- Memorial Park is located directly behind the Municipal Building at Oak Hill. This park includes both active and passive recreation opportunities for your enjoyment. Amenities include a pond with two fountains, gazebo, trails, athletic fields, a skateboard park, and a new community gaming area, which includes pickle ball courts, corn hole boards, a bocce court, and chess tables.

Peterson Sports Complex

138 Old Blue Point Road

- Amenities include three multi-use fields, one Little League regulation-sized baseball field with concession stand, one Little League regulation-sized softball field, one high school regulation-sized softball field, playground equipment, and a walking trail around the perimeter of the complex.

Scarborough Middle School Sports Complex

21 Quentin Drive

- Multi-Use field
- Baseball field
- Softball field

Scarborough High School Sports Complex

11 Municipal Drive

- Turf field
- Track
- Baseball field
- Softball fields
- Multi-Use fields
- Tennis Courts
- Basketball Courts
- Pickle ball Courts (must bring own nets)
- Ice Rink

Springbrook Sports Complex

11 Longmeadow Road

- This 9.9-acre recreational area has a full-sized men's softball field, a full-sized Little League softball field, a multi-purpose area, a full concession stand with two handicapped bathrooms, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. There are also four park benches and a parking lot for 75 cars.

Wiley Sports Complex

42 Tenney Lane

- This recreational area contains a full-sized adult baseball field, a full-sized Little League baseball/softball field, a soccer/football field, a multi-purpose area, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. Also has a parking lot for 75 cars.



FACILITY RENTALS

Need to Book a Field or Facility?

Community Services has made booking a field or facility simpler by allowing online reservation requests! Using your organization's user name and password, you are able to log onto our online reservation system on our website and access the following features:

- **Update your organization's contact information.**
We ask that each group or organization only maintain one primary contact person to keep communications consistent throughout the reservation process.
- **Check field and facility availability in real-time.**
- **Request a field or facility -- no more paper forms!**
- **Print request confirmation for your records.**
- **Make a payment for reservation online using a debit or credit card.**

To access your group's user name and password, or to create a new account, please contact Community Services at 730-4150, or email us:

reservations@scarboroughmaine.org

MISCELLANEOUS RENTALS

Community Gardens

Have a green thumb but don't have the space or resources to plant your own garden? We have the solution! We have eight raised-bed 8-foot x 16-foot plots located in the Black Point Community Park. *\$15 one-time fee and \$15 annual fee per gardener. Previous garden renters are given first rights of refusal for their spot year to year.*

All garden plots are currently rented.
Call 207-730-4150 to add your name to the waitlist

Kayak Rack Rentals

Tired of lugging your kayak to and from the beach? Community Services has the answer for you! We have two eight-spot kayak racks available at the Pine Point Co-Op and a three-spot rack at Ferry Beach. Stop by our office to register and receive your rack decal. *\$100 for residents, \$150 for non-residents. Previous rack renters are given first rights of refusal for their spot year to year.*

All racks are currently filled.
Call 207-730-4150 to add your name to the waitlist

OUTDOOR AMENITIES

New! Community Gaming Area

Come enjoy our new Community Gaming Area at Memorial Park! With the official opening this past summer, we are now delighted to provide two pickle ball courts, a bocce ball court, a corn hole area, and chess tables that can be enjoyed by all.

Game items, such as pickle ball rackets and balls, corn hole bags, and bocce ball sets, as well as croquet sets, are available to borrow from the Community Services Office at Town Hall.



OUTDOOR LIGHTS

Outdoor Lighting Management

Our wireless lighting system allows users within the community to schedule field lights. The Clifford Mitchell Sports Complex (High School Complex) light system is set up in seven zones as follows:

- Basketball Courts
- McFarland Baseball Field
- Tennis Courts
- Track
- Turf Field
- Rt. 114 Multi-Use Field
- Varsity Softball Field

RATES

Basketball/Tennis Courts \$15 per hour
Track..... \$15 per hour
Fields* \$70 per hour

* Turf, McFarland, Varsity, and Softball Fields

TRAILS

Scarborough Trails

When you tour this great town of Scarborough by foot or bicycle, we hope you enjoy the scenery, the rocky coast, the beaches, the park system, and most of all, the wonderful trail system that we are creating for your enjoyment.

Visit our trails web page for maps and more information:

www.scarboroughmaine.org/departments/community-services/trails



Special Events



<div> <div>Parks & Fields Amenities Guide</div> <div>For detailed directions and reservation information for our schools and fields, please contact Community Services at 730-4150.</div> </div>															Parking (approx. # of spots) Handicap spots labeled as HC	
															690	Scarborough High School & Clifford Mitchell Sports Complex 11 Municipal Drive
															150	Scarborough Middle School & Middle School Sports Complex 21 Quentin Drive
															190	Wentworth School 9 Wentworth Drive
															50	Blue Point School 174 Pine Point Road
															50	Eight Corners School 22 Mussey Road
															35	Pleasant Hill School 143 Highland Avenue
															30	Memorial Park 5 Durant Drive
															75	Springbrook Park 11 Longmeadow Road
															85	Wiley Park End of Tenney Lane
															75	Peterson Sports Complex 138 Old Blue Point Road
															40	SEDCO Field 29 Black Point Road
															10	Blue Point Park 241 Pine Point Road
															60	Black Point Park 160 Black Point Road
															n/a	Snowberry Ocean View Park 376 Pine Point Road
															86 4-5 HC	Ferry Beach 50 Ferry Road
															346 5-6 HC	Pine Point Beach (Hurd Park) 63 King Street
															84 2 HC	Higgins Beach 41 Ocean Avenue
															8	Clay Pits Boat Launch 33 Clay Pits Road
															75*	Co-Op Parking/Boat Launch 93 King Street *75 car spots, 50 boat trailer spots
															20	Eastern Trail Parking 0.3 miles on left on Pine Point Road
															10	Scarborough River Wildlife Sanctuary (56 acres) Parking across from 207 Pine Point Road (Ken's Place)
															15	Fuller Farm (220 acres) 315 Broadturn Road
															n/a	Libby River Farm (123 acres) Parking at 336 Black Point Road (Camp Ketcha)
															10	Broadturn (Meserve) Farm (434 acres) 388 Broadturn Road
															n/a	Sewell Woods (35 acres) Parking 0.2 miles on left on Ash Swamp Road

NEW OPPORTUNITIES COMING SOON!

Scarborough Community Services has always relied on the generosity of local businesses, organizations, and individuals to help us offer our popular special events, such as SummerFest, WinterFest, the Easter Egg Hunts, and the Annual 55+ BBQ. Through sponsorships we are able to offer these fun public events to our residents at little to no cost while providing the sponsor with name and brand recognition throughout the year.

But we are so much bigger than special events! While we will continue to offer these events and seek support for them, we are also in the process of reworking our sponsorship program in order to expand the opportunities we have available.

Want to sponsor a kid in our fall soccer or basketball program? Maybe send a local child to summer camp? Would you be interested in sponsoring an entire sports program (i.e., T-shirts with your logo for every participant)? How about an advertisement in our upcoming brochures, which get mailed to our 55+ Program members three times a year and are available in our office and online to all residents? Or maybe sponsoring our Senior Activity Center's complimentary snacks?

Our hope is to have this new plan in place at the beginning of 2019, so if you have another idea for a sponsorship opportunity, let us know!

***For more information on current or upcoming opportunities,
please contact Nicole Hall at 207-730-4158.***

CURRENT SPONSORS



