service.

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# LETTER FROM THE DIRECTOR

As the days grow longer and the temperature continues to climb, all of us at Scarborough Community Services are ready to get back outside! We've been preparing all winter long for our new summer offerings, including new programs, design improvements to our parks and facilities, and plans for our continued growth and development.

The statements and values below have been developed by our staff to help plan for the future and guide decision making as we develop for today as well as tomorrow. Thank you to our staff for their efforts and commitment to better our department, community and themselves.

Our doors are always open to listen to ideas for facility upgrades, suggestions for new programs or thoughts on how we can improve our overall level of service. Thank you for your support and we hope you enjoy all that Scarborough has to offer.



Todd Souza, C.P.R.P Director of Community Services tsouza@scarboroughmaine.org

# **OUR MISSION**

Scarborough Community Services aims to enhance the quality of life for all residents by promoting a communitycentered environment through properly maintained public spaces and engaging recreational opportunities.

# **OUR VISION**

Evolve and develop with a growing community to meet the needs of our residents, while maintaining and developing facilities and programming in a fiscally responsible manner.

# **CORE VALUES**

- Stewardship
- Inclusivity
- Character
- Innovation
- Health & Wellness

## STAY CONNECTED

www.scarboroughmaine.org/ departments/community-services

Main Office 207-730-4150 Child Care Office 207-730-4170







@scarboroughcomser

@scarborocomserv

## HOW TO REGISTER

#### ONLINE

web1.vermontsystems.com/scarborough.html

**IN PERSON** 

Scarborough Community Services Office 259 U.S. Route One, 3<sup>rd</sup> Floor Scarborough, ME 04074 8:00 am - 4:00 pm | Mon - Fri

## **GENERAL REFUND POLICY**

NO REFUND: If an individual does not attend the activity or does not cancel at least 7 days prior to the start of an activity.

FULL REFUND MINUS \$15 PROCESSING FEE: For any cancellation or change made by applicant.

FULL REFUND: If Community Services cancels the activity.

Refunds are processed through our Finance Department and mailed to recipients in the form of a check. Please be sure that Community Services has the correct mailing address before refund is processed. Please allow up to two weeks to process refund.

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The mission of the 55<sup>+</sup> Programs is to give all seniors an opportunity to maintain dignity, enrich their quality of living, and actively promote participation in all aspects of community life.

#### REGISTRATION

Resident | Tuesday, April 16<sup>th</sup> Non-Resident | Tuesday, April 23<sup>rd</sup>

### **RESIDENT & NON-RESIDENT**

As of this Summer 2019 program brochure, registration will be based on residency. Programs and trips will remain open to everyone interested in participating. Scarborough residents will receive early registration priority. Fees on trips and programs will also be restructured based on residency.

Program brochures can be mailed to individual households for a fee of \$10 per year. This fee covers the mailing of three annual brochures. This option is open to ALL households, regardless of residency or age.

Thank you to all past and present members for your continued support and understanding during this time of transition.

#### Senior Program Disclaimer

Information provided in conjunction with this program is solely for informational purposes and is not intended as an endorsement or expression of support. The Town of Scarborough does not assume any liabilities for acts or omissions of such third parties in the provision of these goods and services. If you have an interest in providing educational and informational programming to the population served through the senior program, we encourage you to contact the senior program coordinator to discuss.

#### PAYMENT POLICY

Payment may be received in cash, personal check, money order, or debit card. Please make all checks payable to Town of Scarborough.

#### Assistance Available

Scarborough Community Services offers several scholarships and funds to assist Scarborough seniors with paying for programming and trips:

#### SENIOR SCHOLARSHIPS:

Community Services offers scholarships for various programs to those who qualify, including the 55<sup>+</sup> Programs. Applications are available in the Scarborough Community Services Office.

#### BLANCHE COOK TRANSPORTATION FUND:

In honor of Blanche Marvette Small Cook, a local senior who enjoyed being picked up at her home for many of our 55<sup>+</sup> programs, we have created a fund in hopes that it will give other Scarborough residents the opportunity to participate in the 55<sup>+</sup> Programs who would otherwise not be able to.

#### **Cancellation & Refund Policy**

FULL REFUND: If Community Services cancels the program or trip.

FULL REFUND MINUS PROCESSING FEE: For any cancellation or change made by individual. The processing fee is \$15 for trips over \$30 and \$5 for trips under \$30.

NO REFUND: If an individual does not attend the program or trip, or does not cancel at least 7 calendar days prior to the start of the program or trip.

## CODE OF CONDUCT

The Town of Scarborough would like the 55<sup>+</sup> programs' trips, events, and activities to be a great experience for everyone involved. Help us maintain a positive and safe environment that is warm and welcoming to all senior citizens. Participants of the Scarborough 55<sup>+</sup> Programs have the following responsibilities:

- Show respect to all participants, staff, equipment, and facilities.
- Be welcoming to new participants -- a friendly smile goes a long way!
- Remember the golden rule: Treat others the way you would like to be treated.
- Use a constructive tone and refrain from any abusive or threatening language when reporting or addressing any issues or concerns.



## **PROGRAMS & ACTIVITIES**

### iPad 101

Join us for these FREE 90-minute sessions designed to cover the basics of using an iPad. Jim Keenan, owner of Keenan Technologies, will provide you with a simple overview of the iPad and answer your questions! Transportation not provided.

LOCATION:	
DATE:	
TIME:	
FEE:	

Wentworth School, Room D124 May 10, Jun 14, Jul 12, Aug 9 | Fridays 1:30 - 3:00 pm FREE



## **Diabetic Shoe Clinic**

Are you diabetic and on Medicare? If so, you are entitled to one pair of therapeutic shoes and three pairs of inserts each calendar year, paid for by Medicare. No money out of pocket! Come and pick a shoe style and get measured for shoes at the clinic. All widths available. Transportation not provided.

Call 207-730-4173 to schedule a 15-minute appointment. Please bring your Medicare and insurance info, plus your doctor's name, address, and phone number.

LOCATION:	Martin's Point
DATE:	May 14   Tuesday
TIME:	11:00 - 4:00 pm
FEE:	FREE
MIN/MAX:	5 / 50
DEADLINE:	Tuesday, May 7 by 4:00 pm

### **Cooking Matters**

Cooking Matters at the Store Pop-Up Tour is a portable version of Good Shepherd Food Bank's Traditional Cooking Matters at the Store Tour. The program breaks down barriers by bringing elements of the grocery store to where participants are located. Get ideas on how to prepare healthy and tasty meals on a budget. Learn how to:

- Expand your food budget
- Use unit pricing
- Buy fruits and vegetables on a budget
- Identify whole grains
- Read food labels
- Save money!

Participants who complete the Pop-Up Tour will receive a \$10 Hannaford gift card and recipe booklet. Transportation available upon request.

LOCATION:	Martin's Point
DATE:	May 21   Tuesday
TIME:	11:30 - 12:30 pm
FEE:	FREE
MIN/MAX:	5 / 50
DEADLINE:	Friday, May 17 by 4:00 pm



#### Weekly Programming Held at Martin's Point Community Room 153 US Route One, Scarborough, ME

We hold some of our weekly programs in the Community Room at the Scarborough Martin's Point Health Care Center. Programs are not held on major holidays.



#### Weekly BINGO

Join us for coffee and socializing beginning at noon. BINGO starts promptly at 12:30 pm. Registration is not necessary but please call Community Services if you would like to register for door-to-door transportation.

LOCATION:	Martin's Point
DATE:	Mondays
TIME:	12:30 - 2:00 pm
FEE:	\$2 (paid at door)
CLOSED ON:	May 27

Senior Activity Center

Get together for coffee, pastries, games, and comradery, as well as other programs for your benefit. Make sure to tell your friends and neighbors about this opportunity here in Scarborough. Open to residents and non-residents age 55 and older! Registration is not necessary. Transportation not provided.

LOCATION:	Martin's Point
DATE:	Tuesdays & Fridays
TIME:	Tues 1:00 - 3:30 pm
	Fri 9:30 - 12:00 pm
FEE:	FREE

## Weekly Senior Lunches

Join us at 11:00 am for coffee and socializing. Lunch is served at 11:30 am. To register or to cancel a meal, please call Community Services by 2:00 pm the Monday prior. Payment is due at time of registration.

No on-site parking available. The shuttle departs from the faculty lot of Scarborough High School promptly at 11:00 am.

Date	Meal & Entertainment
May 1	Beef Stroganoff Animal Refuge League of Greater Portland Free Blood Pressure Readings
May 8	Chicken Parmesan MedCOR Professionals Presentation
May 15	Brunch Show and Tell with Geraldine
May 22	Italians Lung Cancer Screening Presentation Maine Medical Center
May 29	Macaroni & Cheese Birthdays and BINGO
June 5	Chicken Teriyaki Hospice of Southern Maine Presentation Free Blood Pressure Readings
June 12	Finger Sandwiches Tea 101, Nellie's Tea Co.
June 19	Roast Beef CapTel Caption Telephone
June 26	Pizza Birthdays and BINGO
July 3	No Senior Lunch
July 10	Meatloaf Music with Soul Gal
July 17	Lobster Roll \$10 (Ages 60+)   \$12 (Under age 60) Maine Center for Acupuncture
July 24	No Senior Lunch
July 31	Annual Senior BBQ Sponsored by Fontaine Family Real Estate See Page 8 for more details
August 7	No Senior Lunch
August 14	Ham Dinner Senior Living Presentations The Woods at Canco
August 21	Chicken Alfredo Music by Red Gallagher
August 28	Pot Roast Birthdays and BINGO

## Senior Lunch Policy & Rates

For each of our meals attended by a senior member, the Southern Maine Agency on Aging contributes \$2 towards the \$8 cost per person, allowing us to charge a discounted rate of \$6. If a senior has made a reservation and does not attend, we owe the full \$8 for the missed meal. If you do not cancel by the deadline or do not attend, you will still be expected to pay for the missed meal at the \$8 rate.



Please note: If Scarborough Community Services cancels a lunch due to inclement weather, you will be credited the amount you paid for the lunch. This credit can be used for future lunches. We will not automatically sign you up for the next lunch. It is your responsibility to sign up for the next lunch, as we cannot predict your availability. Thank you for understanding.

### AFFILIATE ACTIVITIES

The following programs are not organized through the Scarborough 55<sup>+</sup> Program. Please contact the programs directly with any inquiries.

### Successful Aging Expo

Successful Aging Expos are shows or fairs that feature services and information specific to older Mainers. There are often health screenings, talks, entertainment and special opportunities like flu shots and antique appraisals at this expo.

Come visit the Scarborough 55<sup>+</sup> Programs' booth at this year's expo! Transportation not provided.

LOCATION:	St. Maximilian Kolbe Church
	150 Black Point Rd, Scarborough, ME
DATE:	Apr 30   Tuesday
TIME:	9:00 - 2:00 pm
FEE:	FREE

### Senior Chair Yoga

Help improve mobility, increase range of motion, build strength and flexibility, and improve your balance with chair yoga. No experience necessary and all abilities are welcome!

If you have questions about senior yoga, call the Martin's Point message line 1-877-670-2626.

LOCATION:	Martin's Point
DATE:	Tuesdays & Thursdays
TIME:	9:00 - 10:00 am
FEE:	FREE
REGISTRATION:	Not Required



#### All About Balance

The Maine Balance Center welcomes you to this senior exercise class to reduce your fall risk. Benefits to this class include improving balance, improving your walking, and building strength.

If you have questions about the balance class, call the Maine Balance Center at 207-303-0612.

LOCATION:	Martin's Point
DATE:	Mondays
TIME:	9:30 - 10:30 am
FEE:	FREE
<b>REGISTRATION:</b>	Not Required



#### Scarborough Public Library

The Scarborough Public Library provides access to a broad collection and high quality services and programs that promote lifelong learning in a welcoming, community-centered facility. The library offers over 77,000 items in its collection, with millions more available through the library's online catalog.

Anyone who lives or works in Scarborough is eligible for a free library card. Reference staff is available to show cardholders how to search for materials and download eBooks to reading devices. Free programs are offered weekly and monthly and special events are also open to the public and are free to attend.

For Scarborough residents unable to visit the library due to long-term or short-term illness, immobility, or age, the library provides free delivery of materials twice a month.

Find more information about the Scarborough Public Library at www.scarboroughlibrary.org or call 207-883-4723.



#### Program

Monday Movie Matinée

Book Discussion Morning Group

Book Discussion Evening Group

Let's Talk America! Forum

**Sketching Group** 

French Conversation Group

**Genealogy Group** 

Library Knitting Group

#### Date

1<sup>st</sup> Monday of the month @ 1:30 pm

1<sup>st</sup> Tuesday of the month @ 10:00 am

2<sup>nd</sup> Wednesday of the month @ 6:30 pm

1<sup>st</sup> Thursday of the month @ 6:00 - 8:00 pm

2<sup>nd</sup> Friday of the month @ 10:00 - 12:00 pm

3<sup>rd</sup> Tuesday of the month @ 6:30 - 8:00 pm

4<sup>th</sup> Monday of the month @ 1:00 - 3:00 pm

Every Saturday @ 10:00 - 12:00 pm

## SPECIAL EVENTS

#### Movie Night: The Notebook Sponsored by MedCOR Professionals

Come enjoy a movie with us! The Notebook, directed by Nick Cassavetes, is an adaptation of author Nicholas Sparks' bestselling novel. A man regularly visits his wife in a nursing home to read her a story about a poor yet passionate young man who falls in love with a rich young woman, giving her a sense of freedom, but they are soon separated because of their social differences. Light refreshments will be served.

LOCATION:	Martin's Point
DATE:	May 8   Wednesday
TIME:	6:00 pm
FEE:	FREE
MIN/MAX:	15 / 60
DEADLINE:	Wednesday, May 1 by 4:00 pm

#### Annual Senior BBQ Sponsored by Fontaine Family Real Estate

Join us for our Annual Senior BBQ in the park! This is a great way to spend time with friends and indulge in all of your favorite summertime foods. Come listen to some live music and play a game or two of corn hole! This event will be held rain or shine.

LOCATION:	Memorial Park
DATE:	July 31   Wednesday
TIME:	11:00 am
FEE:	\$8 (ages 60+)   \$10 (under age 60)
MIN/MAX:	20 / 100
DEADLINE:	Monday, July 22 by 4:00 pm

Please note: Due to limited parking at Memorial Park, we will be offering a shuttle from the high school parking lot starting at 10:45 am.



## **OUT-TO-LUNCH BUNCH**

Join us for lunch trips to some of the area's popular restaurants, recommended by our group of seniors.

Various Thursdays	Ma
11:30 - 2:30 pm	Ma
\$7 resident & non-resident	
Lunch cost on your own	Jur
5 / 27	Jun
Friday prior by 2:00 pm	July
	11:30 - 2:30 pm \$7 resident & non-resident Lunch cost on your own 5 / 27

Date	Restaurant
May 2	Warren's Lobster House   Kittery
May 30	The Dolphin   Harpswell (10:30 am departure)
June 6	The Bull N' Claw   Wells
June 20	Cyndi's Dockside   Poland
July 25	Huot's Seafood Restaurant   Saco (min 5 / max 13)
August 22	Bruno's Restaurant & Tavern   Portland (min 5 / max 13)

Please note: If you meet our group at the restaurant, you will still be charged the trip fee, as you are taking a spot in our overall reservation.



Dolphin Marina | Harpswell, ME

#### TRIPS



### The Woods at Canco Lunch

The Woods at Canco want us to be their guests! Enjoy a chef-prepared lunch in a restaurant-style setting with friends old and new. The Woods at Canco is a senior living community located in the historic Lunts Corner neighborhood, just beyond the lighthouses of Casco Bay. Come enjoy a FREE community lunch covered by our friends at the Woods at Canco.

LOCATION:	Portland, ME
DATE:	May 9   Thursday
TIME:	11:30 - 2:00 pm
FEE:	FREE
MIN/MAX:	8 / 27
DEADLINE:	Friday, May 3 by 4:00 pm

#### **Bay Haven**

Experience a local summer tradition. Enjoy heaping portions of your favorite foods and don't forget to leave room for dessert! This restaurant does not take reservations so we are taking smaller groups on two separate days. Registration is limited to one Bay Haven date per person.

LOCATION:	Cornish, ME
DATE:	May 16   Thursday
	Aug 8   Thursday
TIME:	10:30 - 1:30 pm
FEE:	\$7 resident & non-resident
	Lunch cost on your own
MIN/MAX:	8/13
DEADLINE:	Thursday prior by 4:00 pm



Try your luck and you might just leave a winner! For lunch, the Oxford Express is the perfect place to grab a snack and get back to your winning streak. They feature freshly-made sandwiches, hearty soups, and enticing pastries. Come and "spend" the day with us!

LOCATION:	Oxford, ME
DATE:	May 23   Thursday
TIME:	10:00 - 3:00 pm
FEE:	\$8 resident   \$10 non-resident
	Lunch cost on your own
MIN/MAX:	8 / 27
DEADLINE:	Friday, May 17 by 4:00 pm



#### 

#### Breakfast at Town Line Family Restaurant

Town Line Family Restaurant took over the old building where Public House/Hawg Heaven used to be, transforming the building into a restaurant. Their menu features delicious omelets, homemade hash, breakfast bowls, gourmet French toast, and all of your breakfast favorites. Come enjoy a delicious home cooked meal with friends and see why Town Line is "where everyone goes to meet!"

LOCATION:	Lyman, ME
DATE:	May 28   Tuesday
TIME:	8:45 - 11:30 am
FEE:	\$7 resident & non-resident
	Breakfast cost on your own
MIN/MAX:	8 / 27
DEADLINE:	Tuesday, May 21 by 4:00 pm

#### Cole Land Transportation Museum

After enjoying some homestyle American comfort food at Governor's Restaurant & Bakery, we will visit the Cole Land Transportation Museum, which features a cross section of Maine's transportation history through a variety of rare artifacts and exhibits. The Cole Land Transportation Museum preserves and displays a selection of Maine's land transportation equipment in hopes to inspire today's generation through their predecessors' triumphs. Join us in honoring the dedicated work of the thousands of Maine land transportation pioneers.

LOCATION:	Bangor, ME
DATE:	June 13   Thursday
TIME:	9:00 - 5:00 pm
FEE:	\$12 resident   \$17 non-resident
	Lunch cost on your own
MIN/MAX:	10/27
DEADLINE:	Monday, June 3 by 4:00 pm

#### **Conway Scenic Railroad**

On the Notch Train, you'll travel on what was once the Maine Central Railroad's famed Mountain Division line, on tracks that were laid in the 1870s. Enjoy some of the most dramatic natural scenery in the East as you travel through spectacular Crawford Notch en route to Crawford and Fabyan station. This adventure will include live narration and will be 5.5 hours round-trip.

Please Note: There are some stairs to get onto the train.

LOCATION:	North Conway Village, NH
DATE:	June 27   Thursday
TIME:	8:30 - 6:00 pm
FEE:	\$90 resident   \$100 non-resident
	Lunch Included: Turkey & Provolone,
	Ham & Swiss, or Hummus Wrap
MIN/MAX:	10 / 27
DEADLINE:	Friday, June 14 by 4:00 pm





Join us as we cruise through Casco Bay and see some of Portland's lighthouses, forts, and beautiful scenery. Listen as the captain describes the rich history of Casco Bay and maybe learn something new! After arriving on Bailey Island, enjoy a delightful lunch at Cook's Lobster House.

Please Note: The walk from the boat dock to the restaurant includes a ramp that can be steep for some.

LOCATION:	Bailey Island, ME
DATE:	July 11   Thursday
TIME:	9:00 - 4:00 pm
FEE:	\$57 resident   \$67 non-resident
	Lunch Included: Lobster Roll, two Crab
	Cakes, or Chicken & Brie Sandwich
MIN/MAX:	8/27
DEADLINE:	Friday, June 28 by 4:00 pm



## Songo River Queen Cruise

The Songo River Queen II is a privately built replica of the famed Mississippi River Paddle Wheelers. The Queen is 93 feet long, 23 feet wide, and tips the scales at over 100 tons, enabling it to offer a smooth ride. We will enjoy a two-hour cruise on Long Lake and soak in some of the most beautiful scenery in the lakes region, such as Mt. Washington, Birch Point, Long Island, Arrowhead Point, and many more. The cruise will also pass by Drew's Castle (the former waterfront home of author Stephen King), Mast Cove, Colonial Mast Campground, Four Seasons Campground, Long Lake Acres, the former summer home of Gov. Kenneth Curtis, and Patriquin's Lodge.

Please Note: We will not be stopping for lunch, but you may bring your own or purchase one at the boat concession. We will stop for ice cream on the drive back.

LOCATION:	Naples, ME
DATE:	July 18   Thursday
TIME:	10:30 - 4:15 pm
FEE:	\$35 resident   \$45 non-resident
	lce cream on your own
MIN/MAX:	8/27
DEADLINE:	Monday, July 8 by 4:00 pm

## Yarmouth Clam Festival

The Yarmouth Clam Festival has been a Maine summertime tradition since 1965. The annual festival includes wonderful foods, crafts, demonstrations, entertainment, and clams, of course! Join us for a fun-filled day at the festival!

LOCATION:	Yarmouth, ME
DATE:	July 19   Friday
TIME:	10:00 - 3:00 pm
FEE:	\$7 resident & non-resident
	Lunch cost on your own
MIN/MAX:	8 / 27
DEADLINE:	Friday, July 12 by 4:00 pm



#### Breakfast at Café Sebago Family Diner

Café Sebago is a Lakes Region local favorite. There is something for everyone on their menu. From specialty omelets, classic eggs benedict, to homemade waffles and pancakes. You won't want to miss this breakfast!

LOCATION:	Raymond, ME
DATE:	July 30   Tuesday
TIME:	8:45 - 11:30 am
FEE:	\$7 resident   \$10 non-resident
	Breakfast cost on your own
MIN/MAX:	8 / 27
DEADLINE:	Friday, July 12 by 4:00 pm



## Theater at Monmouth り

#### The Merry Wives of Winsor Written by William Shakespeare Directed by Catherine Weidner

In Shakespeare's only domestic comedy, laughter reigns supreme and feminine wisdom triumphs over jealous husbands, confused lovers, and one corpulent knight. Sir John Falstaff arrives in Windsor in need of money. Instead of searching for work, he plots to woo not one, but two wealthy women. Disguises and complications abound as the two women teach Falstaff a loving lesson with manipulative messengers, secret scandals, and a flurry of forgiveness.

Please Note: We will not be stopping for lunch. Feel free to bring lunch for the bus ride, or eat before the trip. We will stop for ice cream on the drive back.

LOCATION:	Monmouth, ME
DATE:	August 1   Thursday
TIME:	11:15 - 4:00 pm
FEE:	\$45 resident   \$55 non-resident
	lce cream on your own
MIN/MAX:	8/13
DEADLINE:	Monday, July 22 by 4:00 pm

## Diamond Cove Cruise 🌡

Join us as we cruise through Casco Bay and see some of Portland's historic lighthouses, forts, and dock on the northern end of Great Diamond Island. Just steps from the dock, we will dine at Diamond's Edge Restaurant and enjoy tasty food and a spectacular view of Diamond Cove.

Please Note: We will be dining outdoors. Expect some walking from the dock to the restaurant.

LOCATION:	Great Diamond Island, ME	
DATE:	August 15   Thursday	
TIME:	10:15 - 3:15 pm	
FEE:	\$85 resident   \$95 non-resident	
	Lunch Included: Lobster, Filet Mignon,	
	or Chicken Breast	
MIN/MAX:	8 / 27	
DEADLINE:	Friday, August 2 by 4:00 pm	



## Clambake at Cabbage Island

!!

While aboard the Bennie Alice, you will enjoy sights of lighthouses, wildlife, and fisherman hauling in their traps. Upon arrival you will be greeted by the Moore family and friends, who have hosted this traditional clambake since 1956. The mouthwatering feast includes a cup of New England fish chowder, steamed clams, and your choice of two bright red Maine lobsters or chicken. Your lunch will also include sweet corn on the cob, egg, onion, and potatoes, and their famous blueberry cake!

Please Note: There are some stairs to climb to get to the clambake.

LOCATION:	Boothbay Harbor, ME
DATE:	August 29   Thursday
TIME:	9:45 - 6:00 pm
FEE:	\$95 resident   \$105 non-resident
	Lunch Included: Lobster or Chicken
MIN/MAX:	13 / 27
DEADLINE:	Monday, August 12 by 4:00 pm



## PORTLAND PLAYERS & LYRIC MUSIC THEATER

Scarborough Community Services offers transportation to the Portland Players and Lyric Music Theater Thursday night dress rehearsals. These performances are offered to groups like ours in order to provide non-driving seniors an opportunity to see live theater productions they might otherwise miss. Meeting at the theater will not be an option for these trips.

#### **Portland Players**

Guys & Dolls Directed by Vincent Knue Music & Lyrics by Frank Loesser Based on the book by Abe Burrow & Jo Sweling May 16 | Thursday | \$5 at the door

TIME:	6:45 - 10:30 pm (shows begin at 7:30)
FEE:	\$7 resident   \$10 non-resident

#### Lyric Music Theater

The Hunchback of Notre Dame Directed by Don Smith Music & Lyrics by Alan Menken & Stephen Schwartz Based on the book by Peter Parnell June 6 | Thursday | \$10 at the door

MIN/MAX:	8 / 27
DEADLINE:	Friday prior by 4:00 pm

#### TRANSPORTATION

#### 55<sup>+</sup> Bus Departure Area



For all of our 55<sup>+</sup> trips, the bus departs from the faculty parking lot of Scarborough High School at the start time listed in the trip details.

Please meet in this location if you are not receiving home pick-up. There is ample parking to leave your car during the trips.

Directions to the parking lot:

- From Route One, enter Municipal Drive (between Town Hall and Town & Country Credit Union).
- Take your first right after the credit union.
- The bus will be located in the second parking lot on the right. This is Staff Parking Lot E (just after the chain-link fence).

#### Door-to-Door Transportation

We offer door-to-door transportation (pick-up at home) to any Scarborough 55<sup>+</sup> Programs member who does not drive and who would like to participate in our trips or programs. There is a fee of \$2 per person that must be paid to the bus driver for this service at the time of pick-up. Please note the \$2 fee is per person, even if pick-ups are at the same location.

If you are being picked up at home for any trip, please be ready at least one hour in advance of the scheduled trip departure time. This allows our driver adequate time to pick everyone up.

Bus passes are available from our bus driver or at the Community Services Office at Town Hall for \$20. A bus pass will cover 12 trips for the price of 10!

#### Additional Transportation Resources

Do you need transportation to appointments, grocery shopping, or errands? There are two local companies that offer this service. Please give them a call or visit their websites for more information.

Regional Transportation Program

207-774-2666 | rtprides.org

#### Independent Transportation Network 207-854-0505 | itnportland.org

# MAY

				11:30 am 1 Senior Lunch at Martin's Point -Beef Stroganoff -Animal Refuge League -Free BP Readings	11:30 am 2 OTLB Warren's Lobster House	9:30 - 12:00 pm Senior Activity Center at Martin's Point	3
12:30 - 2:00 pm BINGO at Martin's Point	6	1:00 - 3:30 pm Senior Activity Center at Martin's Point	7	11:30 am 8 Senior Lunch at Martin's Point -Chicken Parmesan -MedCOR Presentation 6:00 pm Movie Night at Martin's Point	11:30 - 2:00 pm 9 The Woods at Canco Lunch	9:30 - 12:00 pm Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth	10
12:30 - 2:00 pm BINGO at Martin's Point	13	11:00 - 4:00 pm Diabetic Shoe Clinic at Martin's Point 1:00 - 3:00 pm Senior Activity Center at Martin's Point	14	11:30 am 15 Senior Lunch at Martin's Point -Brunch -Show & Tell with Geraldine	10:30 - 1:30 pm 16 Bay Haven 6:45 pm Portland Players "Guys & Dolls"	9:30 - 12:00 pm Senior Activity Center at Martin's Point	17
12:30 - 2:00 pm BINGO at Martin's Point	20	11:30 - 12:30 pm Cooking Matters at Martin's Point 1:00 - 3:00 pm Senior Activity Center at Martin's Point	21	11:30 am 22 Senior Lunch at Martin's Point -Italians -Lung Cancer Screening	10:00 - 3:00 pm 23 Oxford Casino	9:30 - 12:00 pm Senior Activity Center at Martin's Point	24
Memorial Day No Programs	27	1:00 - 3:00 pm Senior Activity Center at Martin's Point 8:45 - 11:30 am Breakfast at Town Line	28	11:30 am 29 Senior Lunch at Martin's Point -Macaroni & Cheese -Birthdays & BINGO	10:30 pm 30 OTLB The Dolphin	9:30 - 12:00 pm Senior Activity Center at Martin's Point	31

# JUNE

12:30 - 2:00 pm BINGO at Martin's Point	3	1:00 - 3:30 pm Senior Activity Center at Martin's Point	4	11:30 am 5 Senior Lunch at Martin's Point -Chicken Teryaki -Hospice of Southern Maine -Free BP Readings	11:30 am 6 OTLB The Bull N' Claw 6:45 pm Lyric Theater "The Hunchback of Notre Dame"	9:30 - 12:00 pm Senior Activity Center at Martin's Point	7
12:30 - 2:00 pm BINGO at Martin's Point	10	1:00 - 3:30 pm Senior Activity Center at Martin's Point	11	11:30 am 12 Senior Lunch at Martin's Point -Finger Sandwiches -Tea 101, Nellie's Tea Co.	9:00 - 5:00 pm 13 Cole Land Transportation Museum	9:30 - 12:00 pm Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth	14
12:30 - 2:00 pm BINGO at Martin's Point	17	1:00 - 3:30 pm Senior Activity Center at Martin's Point	18	11:30 am 19 Senior Lunch at Martin's Point -Roast Beef -CapTel Caption Telephone	11:30 am 20 OTLB Cyndi's Dockside	9:30 - 12:00 pm Senior Activity Center at Martin's Point	21
12:30 - 2:00 pm BINGO at Martin's Point	24	1:00 - 3:30 pm Senior Activity Center at Martin's Point	25	11:30 am 26 Senior Lunch at Martin's Point -Pizza -Birthdays & BINGO	8:30 - 6:00 pm 27 Conway Scenic Railroad	9:30 - 12:00 pm Senior Activity Center at Martin's Point	28

# JULY

12:30 - 2:00 pm BINGO at Martin's Point	1	1:00 - 3:30 pm Senior Activity Center at Martin's Point	2	No Senior Lunch 3	Independence Day 4 No Programs	9:30 - 12:00 pm Senior Activity Center at Martin's Point
12:30 - 2:00 pm BINGO at Martin's Point	8	1:00 - 3:30 pm Senior Activity Center at Martin's Point	9	11:30 am 10 Senior Lunch at Martin's Point -Meatloaf -Music with Soul Gal	9:00 - 4:00 pm 11 Bailey Island Cruise	9:30 - 12:00 pm 12 Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth
12:30 - 2:00 pm BINGO at Martin's Point	15	1:00 - 3:00 pm Senior Activity Center at Martin's Point	16	11:30 am 17 Senior Lunch at Martin's Point -Lobster Roll -Maine Center for Acupuncture	10:30 - 4:15 pm 18 Songo River Queen	9:30 - 12:00 pm 19 Senior Activity Center at Martin's Point 10:00 - 3:00 pm Yarmouth Clam Festival
12:30 - 2:00 pm BINGO at Martin's Point	22	1:00 - 3:00 pm Senior Activity Center at Martin's Point	23	No Senior Lunch 24	11:30 am 25 OTLB Huot's Seafood Restaurant	9:30 - 12:00 pm 26 Senior Activity Center at Martin's Point
12:30 - 2:00 pm BINGO at Martin's Point	29	1:00 - 3:00 pm Senior Activity Center at Martin's Point 8:45 - 11:30 am Breakfast at Café Sebago	30	11:00 am 31 Annual Senior BBQ		

# AUGUST

					11:15 - 4:00 pm 1 Theater at Monmouth "The Merry Wives of Windsor"	9:30 - 12:00 pm Senior Activity Center at Martin's Point	2
12:30 - 2:00 pm BINGO at Martin's Point	5	1:00 - 3:30 pm Senior Activity Center at Martin's Point	6	No Senior Lunch 7	10:30 - 1:30 pm 8 Bay Haven	9:30 - 12:00 pm Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth	9
12:30 - 2:00 pm BINGO at Martin's Point	12	1:00 - 3:00 pm Senior Activity Center at Martin's Point	13	11:30 am 14 Senior Lunch at Martin's Point -Ham Dinner -Senior Living Presentation	10:15 - 3:15 pm 15 Diamond Cove Cruise	9:30 - 12:00 pm Senior Activity Center at Martin's Point	16
12:30 - 2:00 pm BINGO at Martin's Point	19	1:00 - 3:00 pm Senior Activity Center at Martin's Point	20	11:30 am 21 Senior Lunch at Martin's Point -Chicken Alfredo -Music by Red Gallagher	11:30 am 22 OTLB Bruno's	9:30 - 12:00 pm Senior Activity Center at Martin's Point	23
12:30 - 2:00 pm BINGO at Martin's Point	26	1:00 - 3:00 pm Senior Activity Center at Martin's Point	27	11:30 am 28 Senior Lunch at Martin's Point -Pot Roast -Birthdays & BINGO	9:45 - 6:00 pm 29 Clambake at Cabbage Island	9:30 - 12:00 pm Senior Activity Center at Martin's Point	30

## Southern Maine Agency On Aging

Here are just some of the ways SMAA fulfills its mission to improve the quality of life for older adults, adults with disabilities, and the people who care for them.

- As You Like It: Enjoy a delicious and nutritious meal at 13 dining sites and restaurants in Southern Maine for only \$6.
- Meals on Wheels: If you're age 60<sup>+</sup>, homebound, and having difficulty preparing meals, then you may qualify for this program.
- Simply Delivered to ME: For individuals who want a delicious and nutritious meal without having to cook. Meals are purchased in advance for a nominal cost per meal (delivery included).
- Matter of Balance: An eight-week, nationallyrecognized workshop designed to reduce the fear of falling and encourage physical activity.
- Welcome to Medicare: Seminars offer participants valuable information. A \$40 donation includes the seminar and a follow-up one-on-one meeting.
- Benefits Counseling: Have a question about aging, care-giving, or living with a disability? Resource specialists can help you identify and apply for benefits.

- Family Caregiver Support: If you find yourself helping an older friend or family member with managing day-to-day needs, SMAA is there to help.
- Maine Senior Games: Improving the health and fitness of adults 45 and older.
- Vet to Vet: Veteran volunteers visit with fellow veterans in their homes, swapping stories and providing companionship.
- Adult Day Centers: Our adult day centers provide members with cognitive loss a chance to foster their own creativity, take part in hobbies, and socialize with others.
- Volunteer Opportunities: Enrich your own life while benefiting others.
- Tai Chi for Health and Balance: A nine-week, low impact exercise class.
- Senior News: A bi-monthly newspaper covering topics important to older adults and their families. Available free for pickup at over 150 locations in Southern Maine.

For more information, please contact SMAA at 207-396-6500.

#### 211 Maine Getting help is a sign of strength

Do you know someone who is becoming overwhelmed by health-related issues, legal challenges, or they're struggling with the loss of a loved one or a serious financial struggle?

211 Maine is an easy-to-remember telephone number that links people to information about resources in their area. Callers are connected to trained specialists who can help them find a variety of needed services. The call is free, confidential, and help is available 24 hours a day, 7 days a week for people of all ages.

Dial 211 or 1-866-811-5695 (TTY and video relay accessible) For those outside of Maine, dial 1-877-463-6207

#### FREE Red Cross Home Safety Visits

The American Red Cross is joining forces with the State Fire Marshal's office and local fire departments on a campaign to reduce the number of fire-related deaths and injuries.

Trained volunteers will come to your home free of charge and....

- Share fire safety tips
- Help you map out an emergency escape plan
- Check existing smoke alarms
- Install free smoke alarms where needed

To schedule a free appointment, call 207-874-1192, Ext. 113 or online at www.redcross.org

## SPECIAL THANKS

## Senior Advisory Board

This group provides directional advice for the development of 55<sup>+</sup> programs and services to the Seniors Programs Coordinator. Meetings are held at Town Hall on the third Tuesday of every month. All are welcome to attend.

- Philip Christy
- Penny Boles
- Carol Rancourt
- Anne Bailey
- Carol Spencer
  Kenneth N. Simons
  Jane Palmer
- Erica Jordan

Upcoming Meetings May 21, June 18, July 16, August 20



## Sponsors | Benefactors | Donors

Scarborough Community Services is pleased to acknowledge sponsors, benefactors, and donors within our community who support the 55<sup>+</sup> Programs. Each form of support helps to provide countless activities to the residents in and around Scarborough.

We would like to thank the following organizations and businesses for supporting our 55<sup>+</sup> Programs:





# Youth Programs Registration begins on April 2, 2019

Please note: Depending on when school gets out for the summer, programs that start June 17<sup>th</sup> may be pushed back. An email will be sent to those who have signed up, otherwise check our Facebook or website.

#### LESSONS

#### Horseback Riding

This very popular program is offered by Kane Kountry Farm, a successful show barn that has been operating in Scarborough for over 20 years. Lessons cover the basics of horsemanship, including care, grooming, groundwork, stall cleaning, and conformation riding techniques. Classes are limited to eight participants so register soon! Instructor: Diane Kane.

Classes run rain or shine. Participants MUST be eight years or older. Children should come prepared with long pants and boots. All participants must complete a release form on the first day of camp.

AGES:	8-18
LOCATION:	Kane Kountry Farm
	79 Burnham Road, Scarborough
DATE:	Session 1   Jun 24 - Jun 27
	Session 2   Jul 8 - Jul 11
	Session 3   Jul 15 - Jul 18
	Session 4   Aug 12 - Aug 15
TIME:	8:30 - 11:30 am
FEE:	\$150
MIN/MAX:	2 / 8 per session
DEADLINE:	Wednesday prior by 4:00 pm



#### Tennis Lessons

Tennis lessons are offered for five weeks to boys and girls ages 6 to 15. These classes fill up quickly so register early! Students must bring their own racquet and water bottle. Instructor: Craig MacDonald.

LOCATION: DATE: FEE: MIN/MAX: DEADLINE:	Wentworth Tennis Courts Jun 24 - Jul 25 \$110 8 / 16 Wednesday, Jun 19 by 4:00 pm
AGES:	6-10
DAYS:	Mon & Wed
TIME:	8:00 - 9:00 am
	OR
DAYS:	Tues & Thurs
TIME:	9:15 - 10:15 am
AGES: DAYS: TIME:	11-15 Mon & Wed 9:15 - 10:15 am

## Track & Field

The Scarborough Track and Field Club will once again be offering this popular summer program. Girls and boys will participate in practices on Mondays and Tuesdays. On Thursdays participants will have the opportunity to test their skills in various events at local meets held throughout Southern Maine. Instructor: Varsity Coach Ron Kelly.

Meet schedules will be available during the first practice. Bus transportation will be provided to and from off-campus meets. T-shirts may be purchased directly from the instructor for \$10 each.

AGES:	6-14
LOCATION:	High School Track & Turf
DATE:	Jun 17 - Aug 6   Mon & Tues
	(Optional meets on Thursdays)
TIME:	5:00 - 6:30 pm
FEE:	\$100
MIN/MAX:	20/100
DEADLINE:	Wednesday, Jun 12 by 4:00 pm

#### Swimming Lessons

The staff at Swim Time in Scarborough (located in the Toddle Inn building) will work with participants to build their swimming skills in this program. Students will be swim-tested on their first day to determine their swimming level and lesson group. Participants will be split into two groups and will switch between 45 minutes of lessons and 45 minutes of free swim (time for free swim dependent on swimming ability). Instructors: Swim Time Staff

Please pack a towel and swim suit for each lesson. Transportation is provided for this activity and is highly encouraged. Swim Time does not permit drop-off at the pool unless parents accompany children for the entire swim lesson.

AGES:	5-12
LOCATION:	Swim Time
	9 Lincoln Avenue, Scarborough
DATE:	Jul 2 - Aug 6   Tuesdays
TIME:	8:30 - 11:30 am
FEE:	\$110
MIN/MAX:	10 / 26
DEADLINE:	Wednesday, June 26 by 4:00 pm



#### SOCCER



#### Global Premier Soccer Camp Half or Full Day | Ages 7-14

All GPS camps are taught at a level where children will be challenged during the week and have an incredible soccer experience at the same time. Each day their professional trainers will cover different themes and skills to keep the players immersed in the world of soccer. The children will enjoy ample scrimmage time each day to practice and perfect the skills that they have learned.

AGES:	7-14
LOCATION:	High School Turf
DATE:	Jun 17 - Jun 20
MIN/MAX:	15 / 75
DEADLINE:	Wednesday, Jun 12 by 4:00 pm
SESSION:	Half Day
TIME:	9:00 - 12:00 pm
FEE:	\$115
SESSION:	Full Day
TIME:	9:00 - 3:00 pm
FEE:	\$185



#### Global Premier Soccer Camp GPS Juniors | Ages 3-6

The GPS Juniors curriculum teaches soccer fundamentals to young players in a fun, high energy environment. The curriculum also facilitates the development of motor and coordination skills. All sessions are held in a fun and positive environment, where players are encouraged to play with a smile on their face.

AGES:	3-6
LOCATION:	High School Turf
DATE:	Jun 17 - Jun 20
TIME:	9:00 - 10:30 am
FEE:	\$65
MIN/MAX:	15 / 75
DEADLINE:	Wednesday, Jun 12 by 4:00 pm



## MAINE

#### Seacoast Soccer Camp Advanced Camp | Ages 8-14

This camp is specifically designed to prepare all players for the upcoming season. All age groups will be trained by licensed, experienced coaches. Players will be taught technical concepts such as dribbling, attacking and possessing, passing and receiving, finishing, defending, and goalkeeping. They will also learn tactical concepts such as rhythm of play, speed of play, changing the point of attack, mobility possession and team defending. There will be small group play, including a King and Queen of the Pitch tournament.

AGES:	8-14
LOCATION:	High School Grass Fields
DATE:	Jul 22 - Jul 25
TIME:	8:30 - 11:30 am
FEE:	\$125
MIN/MAX:	15 / 75
DEADLINE:	Wednesday, Jul 17 by 4:00 pm

#### Seacoast Soccer Camp Mini's Camp | Ages 4-7

Seacoast mini's objective is to learn the game while having fun. Players will be appropriately challenged with specifically designed developmental games and activities. Focus is placed on developing the necessary skills to be a competitive player in the future.

AGES:	4-7
LOCATION:	High School Grass Fields
DATE:	Jul 22 - Jul 25
TIME:	8:30 - 10:00 am
FEE:	\$85
MIN/MAX:	15 / 75
DEADLINE:	Wednesday, Jul 17 by 4:00 pm



### Challenger Soccer Camp

Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Their experienced staff study the game at all levels and have identified the key techniques and skills that your players need to work on and master to reach their true potential.

Different sessions for ages 3-14 are typically offered.

#### Information on this camp is COMING SOON! Check our Facebook or website for updates.



#### LACROSSE

### Red Storm Boys Lax Camp

Lax Camp is a great way to learn the game of lacrosse in a fun, competitive environment. An excellent staff of coaches from the high school and middle school will design activities that maximize the development of crucial skills, while maintaining a high level of engagement through repetition drills and games. Coaches will work to individualize instruction for every player, so all skill levels are encouraged to participate. Each player will receive a pinnie to wear during camp.

Players are required to bring a stick, approved lacrosse helmet, gloves, arm pads, shoulder pads, mouthguard, and athletic supporter with cup.

GRADES:	3-8
LOCATION:	High School Turf
DATE:	Jul 15 - Jul 18
TIME:	10:00 - 2:00 pm
FEE:	\$85
MIN/MAX:	15 / 75
DEADLINE:	Wednesday, July 10 by 4:00 pm



### Red Storm Girls Lax Camp

This camp will provide students a great opportunity to learn and enhance their lacrosse skills in a fun, challenging, and safe manner. Players will compete in games and challenges to bring excitement and fun into an already fast-paced and lively game! Each player will receive a pinnie to wear during camp.

Players are required to bring a stick, eye wear, and mouthguard.

Information on this camp is COMING SOON! Check our Facebook or website for updates.

#### SOFTBALL & BASEBALL



#### Edge Baseball Academy

Improve your game while learning how to play baseball the Scarborough way! Each day campers will receive instruction on hitting, pitching, fielding, and base running, and will also have an opportunity to play in games coached by the camp staff. Beginners to advanced level players will benefit from a week of instruction from their experienced staff. All campers will receive a camp T-shirt. Instructors: Edge Academy Staff.

In case of long periods of inclement weather, camp may be held at the Edge Academy facility in Portland (transportation to facility not provided but proper email notification will be given).

LOCATION:	High School Baseball Field
DATE:	Jun 17 - Jun 21
MIN/MAX:	8 / 75
DEADLINE:	Wednesday, Jun 12 by 4:00 pm
AGES:	6-8
TIME:	9:00 - 12:00 pm
FEE:	\$90
AGES: TIME: FEE:	8-12 9:00 - 3:00 pm   Mon - Thurs 9:00 - 12:00 pm   Friday \$170



### **Big Hits Softball**

Big Hits Softball Camp is one of the finest softball camps in Maine. Each camper will receive daily instruction on hitting, defense, position play, base running and pitching, as well as have an opportunity to play in coached games. Beginners to advanced level players will benefit from a week of instruction from our experienced staff. Instructors: Softball Varsity Coach Tom Griffin and Assistant Coach Liz Winslow.

LOCATION:	High School Softball Field
DATE:	Jun 24 - Jun 27
MIN/MAX:	15 / 75
DEADLINE:	Wednesday, Jun 19 by 4:00 pm
AGES:	6-8
TIME:	9:00 - 12:00 pm
FEE:	Resident \$90   Non-resident \$105
AGES:	8-12
TIME:	9:00 - 3:00 pm
FEE:	Resident \$170   Non-resident \$185



### BASKETBALL

#### **Red Storm Boys Basketball**

The focus of this camp will be on individual skill development, the importance of team play, and having fun. Campers will be divided into smaller groups based on age and ability and will participate in offensive and defensive skill stations daily. Campers will also get a chance to put those skills to work in 3-on-3 and full-court games during the week. Each player will receive a reversible pinnie to wear during camp. Instructors: Boys Varsity Coach Phil Conley, varsity players, and other high school coaches.

GRADES:	3-9
LOCATION:	Alumni & Plummer Gym
DATE:	Jun 24 - Jun 28
TIME:	9:00 - 3:00 pm   Mon - Thurs
	9:00 - 12:00 pm   Friday
FEE:	\$160
MIN/MAX:	15 / 75
DEADLINE:	Wednesday, June 19 by 4:00 pm

## Red Storm Girls Basketball

This camp has been designed to develop each player's individual skills in a competitive environment and incorporate those skills into a game setting. Players will work on ball handling, shooting, rebounding, and defense. The players will put their skills to use in 3-on-3 and 5-on-5 games each day. Instructors: Girls Varsity Coach Mike Giordano and varsity players.

GRADES:	3-8
LOCATION:	Alumni Gym
DATE:	Jul 15 - Jul 19
TIME:	9:00 - 3:00 pm   Mon - Thurs
	9:00 - 12:00 pm   Friday
FEE:	\$150
MIN/MAX:	15 / 75
DEADLINE:	Wednesday, July 10 by 4:00 pm



## TECHNOLOGY

## Scratch Camp

Come learn how simple coding really is! Campers will learn to code and create animations and video games using Scratch, a programming language developed by MIT Media Lab with kids in mind. Campers will use their imagination and creativity all while learning the basics of computer programming. Instructor: Scott Daigle.

GRADES:	3-8
LOCATION:	Middle School Tech Room
DATE:	Jul 8 - Jul 12
TIME:	9:00 - 12:00 pm
FEE:	\$160
MIN/MAX:	10/30
DEADLINE:	Wednesday, July 3 by 4:00 pm

## **LEGO Robotics Camp**

At this unique camp, your child will explore the world of robotics in a fun and exciting way... with LEGOs! Using LEGOs as the building blocks, campers will construct robots and learn how to program them to make them move and perform tricks. At the end of the week, the campers' skills will be put to the test in a "Robotics Olympics" competition! This camp encourages creativity and innovation. Instructors: Scott Daigle and Andy Davidson.

GRADES:	3-8
LOCATION:	Middle School Tech Room
DATE:	Session 1   Jul 15 - Jul 19
	Session 2   Jul 22 - Jul 26
TIME:	9:00 - 12:00 pm
FEE:	\$160
MIN/MAX:	10/30
DEADLINE:	Wednesday prior by 4:00 pm

## **Engineering Camp**

Are you interested in how things work? Do you like solving problems? Come build, create, and challenge yourself during this week long camp where you will turn your ideas into reality. Instructor: Scott Daigle.

GRADES:	5-8
LOCATION:	Middle School Tech Room
DATE:	Jul 29 - Aug 2
TIME:	9:00 - 12:00 pm
FEE:	\$160
MIN/MAX:	10/30
DEADLINE:	Wednesday, July 24 by 4:00 pm



#### Art Lab

#### All Clay, All Day

ART

Create dishes, cups, sculptures and more out of clay in this week-long clay camp. Learn to decorate your work and be able to use it! Please bring a snack and clothes that can get dirty. Instructor: Lisa Ruhman.

Work from this camp will be available for pick up the week of July  $8^{th}$ .

GRADES:	2-5
LOCATION:	High School Art Room E112
DATE:	Jun 24 - Jun 28
TIME:	9:00 - 12:00 pm
FEE:	\$150
MIN/MAX:	8 / 24
DEADLINE:	Wednesday, June 19 by 4:00 pm



#### Middle School Clay Camp

Explore your creativity with clay while learning basic skills needed to center clay and throw a pot on the potter's wheel. Decorating techniques and glazing will also be taught. Wheel throwing is a skill that requires repetition and practice. This camp is a great way to get started. We will do some handbuilding but most of the camp will be making work on the potter's wheel. Instructor: Lisa Ruhman.

Work from this camp will be available for pick up the week of July 15<sup>th</sup>.

GRADES:	5-8
LOCATION:	High School Art Room E112
DATE:	Jul 8 - Jul 12
TIME:	9:00 - 12:00 pm
FEE:	\$180
MIN/MAX:	5 / 10
DEADLINE:	Wednesday, July 3 by 4:00 pm

Create art that looks good enough to eat! All projects will be about food while we work with painting, drawing, sculpture, and clay. Please bring a snack and clothes that can get dirty. Instructor: Lisa Ruhman.

GRADES:	2-5
LOCATION:	High School Art Room E112
DATE:	Jul 15 - Jul 19
TIME:	9:00 - 12:00 pm
FEE:	\$150
MIN/MAX:	8 / 24
DEADLINE:	Wednesday, July 10 by 4:00 pm

#### Mr. Reagan's Theater Camp

This camp will provide a fun and safe environment for children to explore their creative side. Run by Mr. Reagan, a Scarborough teacher who has taught theater in the classroom for the past twenty years, two sessions will be offered this summer, each with a unique set of plays to perform. Camps will conclude with a short performance for parents and friends at 2:30 on the last day of camp in the Wentworth Cafeteria. Instructor: Patrick Reagan.

AGES:	6-13
LOCATION:	Wentworth School
DATE:	Session 1   Jul 30 - Aug 2
	Session 2   Aug 6 - Aug 9
TIME:	9:00 - 3:00 pm
FEE:	\$200
MIN/MAX:	10/25
DEADLINE:	Wednesday prior by 4:00 pm



## 2019 FALL SOCCER

#### Fall Soccer Registration

The 2019 Fall soccer season is just around the corner! All games are played on Saturdays with one practice during the week for each team. The first day of games is Saturday, September 7, and the season runs through Saturday, October 12.

The Kick-Off on Wednesday, August 21 is the official start to the season. Players will meet their coaches and teammates, receive their team shirt, have their pictures taken, and learn basic soccer skills.

Pre-school children must be four by October 15, 2019. Shin guards are mandatory and mouth guards are highly recommended.

GRADES:	PreK - 8
LOCATION:	Various
LOCATION.	various
DATE:	Sept 7 - Oct 12
FEE:	Early Registration   \$55
	On or After 6/3   \$65
MIN/MAX:	48 / 140 per division
DEADLINE:	Friday, Aug 9 by 4:00 pm

#### **Cleat Swap**

Do you have outgrown cleats sitting around your house? Bring your used cleats to the Kick-Off on August 21 and swap for another pair that is in good condition. This activity costs nothing and will help many families in the community.





#### **Important Information**

#### STRICT DEADLINE

There is a strict deadline of August 9 in order to finalize rosters for our volunteer coaches and develop game schedules for the appropriate amount of teams. After the deadline, registration will be closed until more coaches have volunteered. There will be no waitlist. If registration re-opens we will post on our Facebook and website. Special requests will not be accepted during this time. Registrations beyond the deadline will incur a \$10 late fee.

#### SPECIAL REQUEST POLICY

Coach and player requests are limited to one request per participant. You may request one coach OR one player. Although we try our best, we cannot guarantee that your choice will be honored. Special requests will not be available for Grades 5-8.

#### COACHES' MEETING

The coaches' meeting will be held prior to the Kick-Off to receive their team rosters with contact information. Coaches will be in touch with families shortly thereafter either by email or phone. The date and location of the meeting are to be determined.

#### **CONTACT INFORMATION**

Please make sure your email address is updated upon registration as most communication regarding Fall soccer, either from Community Services or from coaches, will go through email versus a phone call.



Adult Programs Registration begins on April 2, 2019

#### TENNIS

#### **Beginners Tennis**

This beginners tennis class is designed for people who have not played tennis or had any kind of formal instruction before. We will run through the basics of tennis, including proper technique, positioning, foot work, and the rules and etiquette of point play for tennis. Instructor: Apex Tennis Staff.

In case of rain, the program will move to Apex Racket Club in Portland.

AGES:	18+
LOCATION:	Wentworth Tennis Courts
DATE:	May 30 - Jun 27   Thursdays
TIME:	5:30 - 6:30 pm
FEE:	\$70
MIN/MAX:	10/12
DEADLINE:	Wednesday, May 22 by 4:00 pm

#### Outside Sports Leagues, Activities, and Organizations

Looking for an activity or league but it isn't offered through Community Services? Oftentimes, Community Services receives questions regarding local groups, leagues, and organizations, such as men's softball, bowling leagues, and adult enrichment classes. While these groups are not associated with us, we do our best to provide links to their information and websites under our Adult Recreation section online.

#### **Cardio Tennis**

Looking for a great new workout? Join us on Thursdays for Cardio Tennis, where we will run through different tennis drills – both skill-based and game-based – to help you excel in your game. Instructor: Apex Tennis Staff.

In case of rain, the program will move to Apex Racket Club in Portland.

AGES:	18+
LOCATION:	Wentworth Tennis Courts
DATE:	May 30 - Jun 27   Thursdays
TIME:	6:30 - 7:30 pm
FEE:	\$70
MIN/MAX:	10 / 24
DEADLINE:	Wednesday, May 22 by 4:00 pm



#### Summer Soccer League

This recreation summer soccer league will play 7v7 cross field. The point of the league is to play soccer in a fun and relaxed atmosphere. All you need to do is sign up for the league and we will make teams each week to ensure a competitive level of play.

AGES:	35+		
LOCATION:	High School Grass Field		
DATE:	Jun 2 - Aug 25   Sundays		
TIME:	6:00 - 8:00 pm		
FEE:	\$55		
MIN/MAX:	10 / 60		
DEADLINE:	Wednesday, May 29 by 4:00 pm		



## BASKETBALL

#### Adult Summer Basketball

What better way to pass the dog days of summer than playing basketball all summer long? Teams will be made each night to ensure a competitive level of play. Register for this program through Community Services. \$8 drop in is available if minimum is reached but this does not guarantee you a spot so register early!

AGES:	18+
LOCATION:	Wentworth School Gym
DATE:	Jun 4 - Jul 30   Tuesdays
TIME:	6:00 - 7:30 pm
FEE:	\$40
MIN/MAX:	10 / 24
DEADLINE:	Wednesday, May 29 by 4:00 pm

## Healthline

Healthline is an exercise program designed around walking, jogging, and running with light stretching and free-weight training mixed in. This self-led program works towards developing cardiovascular, aerobic, and muscular strength. This program will keep you moving year round but the best part is the comradery that the group develops while keeping you motivated and committed to a fitness routine.

AGES:	18+
LOCATION:	Wentworth Gym & Fitness Room
DATE:	Jun 24 - Sept 27   Mon, Wed, Fri
TIME:	6:00 - 7:45 am
FEE:	\$70
MIN/MAX:	10 / 24
	This program needs a minimum of 10 participants per session for the class to run.

#### New! Pickleball Courts

Do you love tennis but hate running? Try pickleball at the new Community Gaming Area at Memorial Park! This game is played on a badminton-size court and focuses more on strategy in knowing where to hit the ball.

The Community Gaming Area also includes a bocce ball court, a corn hole area, and chess tables that can be enjoyed by all.

Game items, such as pickleball paddles and balls, corn hole bags, and bocce ball sets, as well as croquet sets, are available to borrow from the Community Services Office at Town Hall.





#### SUMMER DAY CAMP

# Scarborough Community Services welcomes new and past campers from Grades K-8 to Summer Day Camp 2019!

We are looking forward to providing a safe environment where everyone can make new friends, explore and develop new skills, and have lots of fun! Art and gym activities, theme programming, and field trips will take place throughout the summer. Please register early as space is limited!

### **General Information**

- Registration is available online or in person at the Community Services Office using a valid debit or credit card, cash, or check.
- Please be prepared to update the following household information in our system: Phone numbers, email addresses, emergency contacts (besides parents), child's name, birth date, grade, allergies, medications, doctor and dentist names and phone numbers.
- Registration is open to residents and nonresidents. Non-residents will be charged \$15 extra per individual week or \$75 extra for the eight-week program.
- Online registrations close 10 days prior to the program start date to allow us time to generate accurate attendance sheets and plan trips accordingly.
- In-person registrations are accepted throughout the summer as long as space permits.
- Late fees will apply to registrations accepted less than 10 days before the program start date.

## 8-Week Program

#### **Registration begins March 19**

We offer a 3-day (K-5) or 5-day (K-8) camp option for the full 8-week summer program. There are two payment options available -- pay in full or payment plan. The payment plan will require a \$100 deposit (Grades K-5) or a \$150 deposit (Grades 6-8). Payment plans will run every Friday from June 21 through August 9.

MUST register in the Community Services Office for payment plans.

#### Individual Weeks Registration begins April 2

We offer a 3-day (K-5) or 5-day (K-8) option for the 8 individual weeks during the summer. Full payment is required at the time of registration. Payment plans are not available for individual weeks.

Detailed field trip schedules will be available online and in the Community Services Office on Friday, May 3.

## **GRADES K-5**

## K-5 Summer Camp

GRADES: LOCATION:	Entering Grades K-5 in Fall 2019 Wentworth School	
HOURS:	<b>7:00 - 6:00 pm</b> Campers may be dropped off as early as 7:00 am and must be picked up no later than 6:00 pm. Typical group programming takes place from 8:30 am to 4:00 pm. Late pick-ups after 6:00 pm will incur a \$1-per-minute fee.	
MAX:	225	

Basic Schedule			
MON:	Grades K-5	On-Site Activities	
TUES:	Grades K-2 Grades 3-5	AM Movie Matinée PM Movie Matinée	
WED:	Grades K-2 Grades 3-5	AM Mini Field Trip PM Mini Field Trip	
THURS:	Grades K-5	On-Site Activities	
FRI:	Grades K-5	All-Day Field Trip	
Please note: Our field trip schedules are always subject to change. If a trip gets rescheduled to another week or is canceled entirely due to weather or other unforeseen circumstances,			

the enrollment to a new week. Campers are still

### **Field Trips**

Campers have the option of staying on-site during any of the scheduled field trips with the exception of Fridays. ALL campers must attend the scheduled Friday field trip if in attendance. Camp T-shirts must be worn by all campers on Friday field trips.

Not registered for Summer Day Camp but want to attend one or all of our Friday field trips? Children entering Grades K-5 may register for any of our scheduled Friday field trips. Pre-registration and payment are required. Trip fee includes supervision, transportation, and a camp T-shirt. If your child is already enrolled on Friday, no additional registration is necessary -- it is already included in your fees.

FEES:		Enrolled in week except Friday Not enrolled in week
MAX:	10	

Registration for Friday trips begins June 3. To receive the discounted price, you must register in person. Online registrations will be charged the higher rate.

## 8-Week Program Options

PAY IN FULL	Super Early 3/19 - 4/1	Early 4/2 - 4/30	Regular on or after 5/1
5-Day	\$1,400	\$1,500	\$1,600
3-Day	\$1,100	\$1,200	\$1,300

PAYMENT PLAN	Super Early 3/19 - 4/1	Early 4/2 - 4/30	Regular on or after 5/1
Payment plans		and MUST register	
5-Day	\$1,500	\$1,600	\$1,700
Weekly Payment	\$175	\$187.50	\$200
3-Day	\$1,200	\$1,300	\$1,400
Weekly Payment	\$137.50	\$150	\$162.50

## **Individual Week Options**

PAY IN FULL	Super Early 3/19 - 4/1	Early 4/2 - 4/30	Regular on or after 5/1
5-Day	N/A	\$245	\$265
3-Day	N/A	\$185	\$205



## **GRADES 6-8**

## Middle School Summer Camp

The middle school camp will follow a weekly schedule of three trips per week and two in-house days. Purchase all eight weeks or individual weeks. All activities and trips are included in the fees.

GRADES: LOCATION:	Entering Grades 6-8 in Fall 2019 Scarborough Middle School
HOURS:	7:00 - 6:00 pm Campers may be dropped off as early as 7:00 am and must be picked up no later than 6:00 pm. Late pick-ups after 6:00 pm will incur a \$1-per-minute fee.
MAX:	75

#### **NEW!** Theme Weeks

Same great middle school summer camp, new fresh and exciting theme weeks! The new middle school summer camp program will offer a variety of activities, games, and trips related to each weeks theme, ensuring daily fun for the campers. This program encourages positive values for its participants by providing challenging and fun-filled

## 8-Week Program Options

PAY IN FULL	Super Early	Early	Regular
	3/19 - 4/1	4/2 - 4/30	on or after 5/1
5-Day	\$1,450	\$1,550	\$1,650

PAYMENT PLAN	Super Early 3/19 - 4/1	Early 4/2 - 4/30	Regular on or after 5/1
Payment plans require \$150 down and MUST register in-person.			
5-Day	\$1,550	\$1,650	\$1,750
Weekly Payment	\$175	\$187.50	\$200

### **Individual Week Options**

PAY IN FULL	Super Early	Early	Regular
	3/19 - 4/1	4/2 - 4/30	on or after 5/1
5-Day	N/A	\$250	\$270



## SUMMER CAMP KICK-OFF

In an effort to make the first day of summer day camp easier for parents and staff members, we are offering a Summer Camp Kick-Off night. Stop by your child's respective camp sites to complete the following:

- Meet your child's counselors, see the camp space, and get answers to your questions.
- Complete paperwork, such as medical forms, lunch program forms, and volunteer forms.
- Pick up parent handbooks and trip schedules.
- Drop off medications (if applicable) and any items you wish to keep at camp, such as life jackets, sunscreen, bug spray, etc.

June 21 | Friday | 5:30 - 7:30 pm Grades K-5 Wentworth School | Grades 6-8 Middle School Cafeteria

## **NUTRITION PROGRAM**

#### Summer Day Camp Nutrition Program Breakfast | Lunch | Snack Brought to you by the Scarborough School Nutrition Program

The Scarborough School Nutrition Program will be offering breakfast, lunch, and snack programs to all Kindergarten through 8<sup>th</sup> grade campers.

For Grades K-5 campers, breakfast will be held in the Wentworth Cafeteria Monday through Friday between 8:30 and 9:00 am. Breakfast will include items such as cereal and milk, bagels and cream cheese, and pancakes with syrup. All breakfasts include milk or juice. Lunch will be held in the Wentworth School Cafeteria Monday through Thursday between 11:00 am and 12:30 pm, with a bag lunch provided on Friday field trips or when the schedule requires. Lunch will include items such as pizza, chicken nuggets, macaroni and cheese, fruit and vegetables, milk or juice, etc. A Sunbutter<sup>®</sup> and jelly sandwich will always be available for campers who do not like the main dish. Afternoon snacks consist of one snack and drink served after lunch.

Grades 6-8 campers will walk to Wentworth on Mondays and Thursdays for breakfast and lunch and will receive a bagged breakfast, lunch, and/or snack daily on trip days.

#### **Registration Process**

All Scarborough school children will be able to use their school lunch account to purchase meals during the summer. Please complete the registration form (available online or in the Community Services Office) and return it to the Scarborough School Nutrition Program by mail (address on the form).

While everyone utilizing the summer nutrition program must complete the registration form for headcount and planning purposes, payment only needs to be included for those families NOT currently enrolled through the school-year nutrition program. If your child does not have an account, you must contact Brenda Franklin at bfranklin@scarboroughschools.org. If you DO NOT want your child purchasing food, please have that discussion with them as we will not be monitoring each child's purchases.

Grades K-5	Prices (per meal)	Grades 6-8	Prices (per meal)	Extras	Prices (per meal)
Breakfast	\$1.75	Breakfast	\$1.75	Milk	\$0.50
Lunch	\$2.85	Lunch	\$3.00	Water	\$0.50



#### **CHILD CARE 2019-20**

Scarborough Community Services Child Care welcomes all Scarborough school-age children to our before and after-school program. We offer care for children in Kindergarten through Grade 8, all conveniently located in each child's school. Our mission is to promote the physical, mental, social, and emotional development of each child by providing a high-guality child care program. This program enriches the experiences of children as we view the home, school, community, and child care settings as complementary domains that affect children's growth and development. This program offers outside play or indoor physical activities, crafts and special projects, as well as some quiet time. A nutritious snack is provided each day.

We are a non-profit recreational program complying with all the rules for the licensing of child care facilities established by the State of Maine. If you have any questions about the programs offered, please contact the Child Care Administrative Office at 207-730-4170.

> 2019-20 Child Care Registration Begins on April 10, 2019

#### REGISTRATION

- Registration must be completed in person in the Community Services Office at Town Hall. We will update your household information in our system and have you sign a few waivers.
- A non-refundable registration fee of \$125 will be expected upon registration.
- Please bring the credit or debit card you would like your monthly or bi-monthly payments to be withdrawn from.
- Registrations are accepted on a first-come, first-served basis.
- Waiting lists for spots will be started and maintained as necessary for each site.
- There is a three business day waiting period if • registering any time after the first day of school in August.

### SPECIAL NOTICE

#### **First Week of School**

Please be sure to review the schedule below for details on the first week of school. We want to make it clear which days Child Care will be open during the first week of school:

- Tuesday, 08/27 First day for Grades 3, 6, and 9 only
  - Before-school and after-school care available to Grade 3 and 6 enrollees only.

## Wednesday, 08/28 Full school day for Grades 3-12

Before-school and after-school care available to Grades 3-8 enrollees only.

## Thursday, 08/29 Full school day for Grades K-12

Before-school and after-school care available to Grades K-8 enrollees.

- Friday, 08/30 School Closed; Full-Day Care Available
- Full-day care is available at Wentworth School for Grades K-8 students. This no-school day will be open to children enrolled and not enrolled in our child care program. Separate registration and fee is required for this no-school day.

#### Monday, 09/02

Labor Day School and Child Care CLOSED

#### PROGRAMS

The following information is designed to give you a more in-depth look at our programs. We welcome and encourage you and your child to visit any of our child care sites prior to registering.

#### Primary School Program (Grades K-2)

 Blue Point
 207-730-5340

 Eight Corners
 207-730-5235

 Pleasant Hill
 207-730-5260

- Before-school care and after-school care are both held at the primary school each child attends.
- Morning care opens at 7:00 am and includes quiet activities such as drawing, puzzles, and cards.
- After-school care runs until 6:00 pm sharp and consists of outside time, story time, projects, activity centers, and free play. An afternoon snack will be provided daily.

#### Intermediate School Program (Grades 3-5)

Wentworth School 207-730-4657

- Before-school care and after-school care are both held at Wentworth School.
- Morning care opens at 7:00 am every morning.
- After-school care runs until 6:00 pm sharp. Outside time runs from 3:30 to 4:00 pm for all students, weather permitting. From 4:00 to 4:30 pm children are given an opportunity to complete homework and assigned reading or do quiet activities. At 4:30 pm more choices are offered, including clubs, table games, arts and crafts, etc. An afternoon snack will be provided daily.

#### Club Teen Program (Grades 6-8)

Middle School Cafeteria 207-730-4848

- Club Teen is located at the Scarborough Middle School in the cafeteria.
- Morning care opens at 7:00 am every morning.
- After-school care runs until 6:00 pm sharp. An afternoon snack will be provided daily.

## MONTHLY FEES

\$125 registration fee (non-refundable)

Grades K-5				
	5 Days	4 Days	3 Days	2 Days
Before Care	\$235	\$220	\$185	\$150
After Care	\$370	\$325	\$275	\$220
Before & After Care	\$445	\$390	\$315	\$240

Grades 6-8		
Before & After Care	\$290 per month (regardless of days used)	

**Extra Days** 

Included in Child Care Fees	<ul> <li>February and April Vacations: Requires pre-registration</li> <li>Partial No School Days (Early Release or Delayed Opening Days due to weather): Only open to children already enrolled for those specific days.</li> <li>See below regarding Late Start Days.</li> </ul>
NOT Included in Child Care Fees	<ul> <li>Teacher &amp; Staff Days: Requires pre-registration.</li> <li>December Vacation Days: Requires pre-registration.</li> <li>\$65 per day Early registration discounts available.</li> </ul>
Late Start Days	Open to children regularly scheduled for Wednesday mornings and to anyone who registers for the Late Start School Days package. Requires pre-registration for all days. \$175.00 for package
	ote: We reserve the right to change the ny of the payment options with at least

one month's written notice

#### FEDERAL TAX ID 01-6000357



## COMMUNITY EVENTS

#### Summerfest 2019

Grab your family and friends and join us for our annual Summerfest event! Festivities begin at the Clifford Mitchell (High School) Sports Complex at 5:00 pm and feature a road race, musical acts and entertainment, food, games, and so much more. This fun-filled evening will end with a spectacular fireworks display at 9:15 pm. This is a great family event -- make sure not to miss it!

LOCATION:	High School Sports Complex
DATE:	Aug 16   Friday
TIME:	5:00 - 10:00 pm

Vendors: For more information, call Community Services at 730-4150 or download the Summerfest 2019 Vendor Application on our website.



#### Scarborough Farmers Market

Come join us every Sunday, June through October, for the Scarborough Farmers Market. Stop by to purchase fresh vegetables, fruits, baked goods, plants, handcrafts, and more while supporting your local farmers and artisans.

For more information, visit the Scarborough Farmers Market Facebook page.

LOCATION:	Municipal Building Parking Lot
DATE:	June - October   Sundays
TIME:	9:00 - 1:00 pm

#### Concerts in the Park

Sponsored by the Scarborough Chamber of Commerce & Scarborough Community Services

A series of free evening concerts is planned for six weeks this summer. Bring family and friends to the gazebo at Memorial Park and enjoy a different band each week. Purchase festival food and desserts from the concession stand. Take this opportunity to get outdoors and be entertained by some of Maine's finest artists. A sincere thanks to all of the sponsors whose generous contributions make these concerts possible.

LOCATION:	Memorial Park
	Rain Location: TBD
DATE:	June - August   Thursdays (Wed on 7/3)
TIME:	6:30 pm

June 27 <sup>th</sup>	Time Pilots	
July 3 <sup>rd</sup>	60's Invasion	
July 11 <sup>th</sup>	Something Stupid	
July 18 <sup>th</sup>	Don Campbell	
July 25 <sup>th</sup>	Motor Booty Affair	
August 1 <sup>st</sup>	The Carmine Band	



## **GROUP TRIPS**



Love the Red Sox but hate figuring out where to park in Boston? Leave the planning to us! We have purchased 54 tickets to the Boston Red Sox vs. the Houston Astros game on May 19 and we are offering them to the public as a package with transportation. We will board a coach bus at 7:45 am as to give everyone some extra time ahead of the game to explore Boston. The game begins at 1:05 pm, getting us back into Scarborough around 7:00 pm (dependent on game end time).

Tickets are located in the Right Field Box, Rows H-M (these are right next to the opposing team's bullpen) Tickets will be assigned prior to arrival based on groupings and on a first-come, first-assigned basis. Trip price includes coach transportation to and from game, driver gratuity, and ticket to game. Food and beverage purchases on your own. Purchase four or more spots and get \$5 off each person!

LOCATION:	Fenway Park, Boston, MA
DATE:	May 19   Sunday
TIME:	Bus Departs at 8:00 am
	Game Begins at 1:05 pm
	Bus Returns at 7:00 pm
FEES:	\$125 per person (\$5 off each
	ticket if purchasing four or more)
AVAILABILITY:	54 tickets available

- Tickets will be assigned prior to arrival based on groupings and on a first-come, first-assigned basis.
- Food and beverage purchases are on your own.
- Children under the age of 18 must be accompanied by a parent or guardian.
- If you need any special accommodations for this trip, please reach out to us at 207-730-4150 prior to your purchase so we can ensure the coach bus and Fenway can make those accommodations.



Right Field Box, Rows H-M

### **Changes to Spectrum Channels**

SCTV is Scarborough's local programming station that airs official town meetings, bulletin board slideshow, and public access shows, such as sporting events and concerts. Local programming was originally aired on Channels 2 and 3, but are now aired on Channels 1301 and 1302 due to Spectrum's switch to digital programming. If you have TV(s) without equipment issued by Spectrum, you do not have access to these channels without a converter. If you are affected by this change, order your Spectrum Receiver(s) or converter at Spectrum.com/digitalnow or call 1-844-278-3409.

## BEACHES

#### **Beach Parking**

Parking lots at the beaches are open daily from sunrise to sunset. Entrance fee collection begins the Friday before Memorial Day through the Tuesday after Labor Day between 5:30 am to 6:00 pm.

Beach passes are available in the Clerk's Office of the Municipal Building beginning mid-May. Must bring current vehicle registration. Fees are subject to change.

Resident/Taxpayer	Passes
-------------------	--------

- Season pass......
   \$40
- Additional household vehicle...... \$5
- Age 60<sup>+</sup> and Veteran
   FREE

#### Non-Resident Passes

Season pass......
 \$150

#### **Daily Rates**

- Daily parking fee \$15
- Large vehicle parking fee ...... \$45

#### DOG INFORMATION

#### **Dog Licensing**

For details on how to register your dog in the Town of Scarborough, please visit the Town Clerk's website:

www.scarboroughmaine.org/ departments/town-clerk

#### Dogs on the Beaches

For dog regulations and owner responsibilities, please view our town ordinances by visiting the Town's website:

www.scarboroughmaine.org/towngovernment/town-ordinances

# Scoop the Poop!

Clean up after your pets and help keep the watershed healthy for humans, fish and wildlife.

Besides being unpleasant to the eyes and nose, pet waste is an environmental pollutant that can cause serious harm to Maine's waterways. A quick rain is all it takes to transfer dog droppings from the ground into our streams, rivers, lakes, and ocean. Pet waste carries bacteria, viruses and parasites that threaten the health of humans and wildlife. By scooping the poop you are removing harmful nutrients and bacteria from local waterways keeping our citizens healthy and our yards and shoes clean.

## Help Stop the Poo-Ilution!

- Make use of the provided poop bag dispensers at all of our beaches and parks or bring your own. Take multiple bags on walks, just in case.
- Tie the bags shut and dispose in a trash receptacle. Do not drop bags to the side of the trash receptacle, into the trees, or off to the side of a trail.
- Never throw pet poop in a compost pile.
- Educate your children on the importance of picking up after your pets.



## TICKETS





Stop by the Community Services Office for discounted one-day passes to Aquaboggan, Funtown/Splashtown and York's Wild Kingdom.

Please check our website or call 207-730-4150 for prices and availability. All tickets are sold on a first-come, first-served basis. Refunds are no available for ticket purchases.

Want to stay up to date with the town happenings? Sign up for the Town of Scarborough E-Newsletter and get sent an email every month with the latest news and upcoming events. Visit the Town of Scarborough website to join the mailing list.

**TOWN E-NEWSLETTER** 



## PASSPORTS

For your convenience, Scarborough Community Services accepts passport applications on behalf of the U.S. Department of State. U.S. citizens planning international travel may apply for their passports in the Community Services Office located at the Scarborough Municipal Building.



### What to Bring to Your Passport Appointment

YOURSELF: Anyone applying for a passport, including newborn babies, must be present for the passport acceptance.

PROOF OF U.S. CITIZENSHIP: Certified U.S. birth certificate OR previous U.S. Passport.

PHOTO IDENTIFICATION: Maine driver's license or Maine ID (If you only have an out-of-state driver's license, you must bring additional photo ID).

PASSPORT PHOTOS: This service is provided by area businesses. We do not provide this service.

PERSONAL CHECK FOR PAYMENT: Must bring at least one check or money order for payment of each application. The acceptance fee (\$35), which is paid separately, may be paid by cash, check, or debit card.

MINORS AGE 15 & UNDER: It is REQUIRED that minors apply in person with both parents listed on their birth certificates. If both parents cannot be present, additional documentation must be completed or presented.

ADULTS AGE 16 & 17: It is recommended that one parent be present at the appointment to show parental awareness. This can also be done by writing the check for the passport or putting a parent down as the emergency contact on the form.

We recommend completing the passport application prior to coming to our office for acceptance. For printable applications, information on documentation, required fees, and other passport and international travel information, please visit the only official website for passport information at Travel.State.Gov or call us at 207-730-4150.



### PARKS & FIELDS

Community Services oversees the maintenance and construction of many parks and fields in Scarborough. Please view our Amenities Guide in this brochure for more detailed information about all Scarborough parks, trails, fields, beaches, and more.

#### **Blue Point Park**

241 Pine Point Road

- Tennis/pickle ball court
- Pickle ball court (uses existing tennis nets)
- Basketball court

#### **Black Point Park**

- 160 Black Point Road
- Multi-use field
- Community gardens

#### **Memorial Park**

#### 5 Durant Drive

• Memorial Park is located directly behind the Municipal Building at Oak Hill. This park includes both active and passive recreation opportunities for your enjoyment. Amenities include a pond with two fountains, gazebo, trails, athletic fields, a skateboard park, and a new community gaming area, which includes pickle ball courts, corn hole boards, a bocce court, and chess tables.

#### Peterson Sports Complex

#### 138 Old Blue Point Road

• Amenities include three multi-use fields, one Little League regulation-sized baseball field with concession stand, one Little League regulationsized softball field, one high school regulationsized softball field, playground equipment, and a walking trail around the perimeter of the complex.

#### Scarborough Middle School Sports Complex

- 21 Quentin Drive
- Multi-use field
- Baseball field
- Softball field

#### Scarborough High School Sports Complex

11 Municipal Drive

- Turf field
- Track
- Baseball field
- Softball fields
- Multi-use fields
- Tennis courts
- Basketball courts
- Pickle ball courts (must bring own nets)
- Ice rink

#### Springbrook Sports Complex

#### 11 Longmeadow Road

• This 9.9-acre recreational area has a fullsized men's softball field, a full-sized Little League softball field, a multi-purpose area, a full concession stand with two handicapped bathrooms, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. There are also four park benches and a parking lot for 75 cars.

#### Willey Sports Complex

42 Tenney Lane

• This recreational area contains a full-sized adult baseball field, a full-sized Little League baseball/softball field, a soccer/football field, a multi-purpose area, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. Also has a parking lot for 75 cars.

## **RENTALS & RESERVATIONS**

## Field & Facility Reservations

Community Services has made booking a field or facility simpler by allowing online reservation requests! Using your organization's username and password, you are able to log onto our online reservation system on our website and access the following features:

- Update your organization's contact information. We ask that each group or organization only maintain one primary contact person to keep communications consistent throughout the reservation process.
- Check field and facility availability in real-time.
- Request a field or facility.
- Print request confirmation for your records.
- Make a payment for reservation online using a debit or credit card.

To access your group's username and password, or to create a new account, please contact Community Services at 207-730-4150, or email us:

reservations@scarboroughmaine.org

#### **Community Gardens**

Have a green thumb but don't have the space or resources to plant your own garden? We have the solution! We have eight raised-bed 8-foot x 16-foot plots located in the Black Point Community Park. \$15 one-time fee and \$15 annual fee per gardener. Previous garden renters are given first rights of refusal for their spot year to year.



#### Kayak Rack Rentals

Tired of lugging your kayak to and from the beach? Community Services has the answer for you! We have two eight-spot kayak racks available at the Pine Point Co-Op and a three-spot rack at Ferry Beach. Stop by our office to register and receive your rack decal. \$100 for residents, \$150 for nonresidents. Previous rack renters are given first rights of refusal for their spot year to year.

All racks are currently filled Call 207-730-4150 to add your name to the waitlist

## **OUTDOOR AMENITIES**

#### **Community Gaming Area**

Come enjoy our new Community Gaming Area at Memorial Park! We are delighted to provide two pickle ball courts, a bocce ball court, a corn hole area, and chess tables that can be enjoyed by all.

Game items, such as pickle ball paddle and balls, corn hole bags, and bocce ball sets, as well as croquet sets, are available to borrow from the Community Services Office at Town Hall.



#### **Outdoor Lighting Management**

Our wireless lighting system allows users within the community to schedule field lights. The Clifford Mitchell Sports Complex (High School Complex) light system is set up in seven zones as follows:

- Basketball Courts
- McFarland Baseball Field
- Turf FieldRt. 114 Multi-Use Field
- Varsity Softball Field
- Tennis CourtsTrack

#### RATES

Basketball/Tennis Courts	\$15 per hour
Track	
Fields*	\$70 per hour

\* Turf, McFarland, Varsity, and Softball Fields

#### **Scarborough Trails**

When you tour this great town of Scarborough by foot or bicycle, we hope you enjoy the scenery, the rocky coast, the beaches, the park system, and most of all, the wonderful trail system that we are creating for your enjoyment.

Visit our trails web page for maps and more information:

www.scarboroughmaine.org/ departments/community-services/trails

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#### SPONSORSHIP OPPORTUNITIES

Scarborough Community Services works with businesses of all sizes, as well as individuals, to form partnerships through sponsorship and advertising opportunities. With you by our side, we can meet the needs of our growing community in new and engaging ways. Your partnership with us demonstrates that you share our dedication to enhancing the quality of life for all residents.

We have always relied on the generosity of our sponsors to help us offer our popular special events, such as Summerfest, Winterfest, the Easter Egg Hunts, and the Annual 55<sup>+</sup> BBQ. We are able to offer these fun public events to our residents at little to no cost while providing the sponsor with name and brand recognition throughout the year.

Our new campaign, called "50 for \$500" seeks 50 local businesses, groups, organizations, or individuals who are just as passionate as us to see these events carry on and grow. If we raise 50 donations of \$500, we are set for an entire year!

Annual supporters of Scarborough's special events will receive the following benefits:

- Recognition in three annual program brochures.
- Recognition on local cable access channels.
- Mention in local paper ads or articles on special events (when applicable).
- Logo on event promotional material, such as posters.
- Acknowledgment on the Community Services in-office Community Monitor.
- Logo on event sponsor banner, displayed at all events.
- Logo with hyperlink on Community Services website (directs to your website).
- Thank-you post on Town of Scarborough Facebook page (over 3,000 followers to date).
- Dedicated social media "spotlight" post through Town of Scarborough Facebook page, Community Services Twitter feed, and Community Services Instagram page (Choice of week in 2019 year; first to pledge is the first to pick date).

For more information on current or upcoming opportunities, visit our web page or contact Nicole Hall at 207-730-4158.

## Thank you to our current 2019 sponsors for your support!







