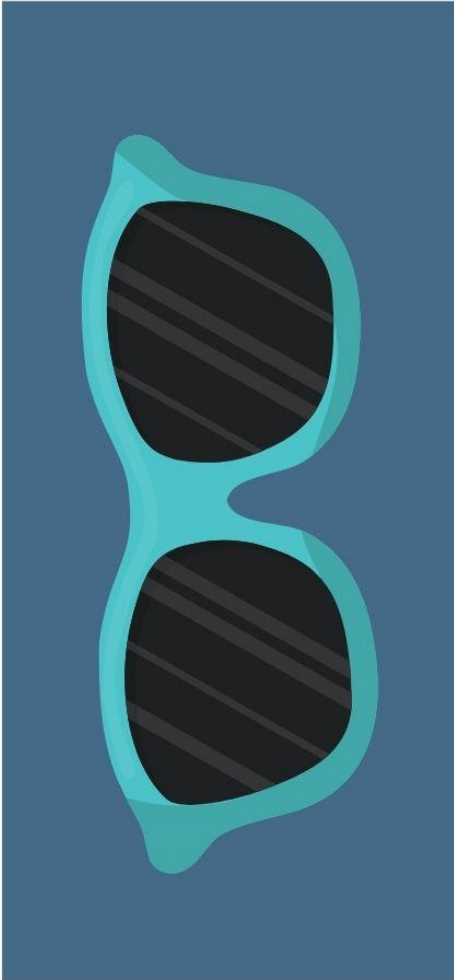


55+ PROGRAMS



**JULY
AUGUST
2021**

SCS HUB
418 Payne Road
Scarborough, ME 04074
www.scarboroughmaine.org
comserv@scarboroughmaine.org



REGISTRATION BEGINS JUNE 30 FOR RESIDENTS, JULY 7 FOR NON-RESIDENTS
(DETAILS ON PG. 3)

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WE'VE MISSED YOU!

Welcome back to the Scarborough Senior Program! We are so happy to have you back! Our programs and activities look a little different now but we hope you will join us and remain flexible as we adapt to restarting programming and everything that goes along with it! We are working hard to add even more exciting new programs to our calendar, so keep an eye out for those. We look forward to seeing you!

Don't miss out!

Ask us for an updated calendar when you visit us, or check our bulletin board. You can also subscribe to the Scarborough e-newsletter, or follow us on Facebook for the most up to date information!

- Subscribe to the Scarborough E-newsletter:
<https://www.scarboroughmaine.org/stay-connected/town-e-newsletter/>
- Follow us on Facebook: Scarborough Community Services 

Some Changes:

- Masks are recommended for those who are not vaccinated.
- Please sanitize your hands when you enter the SCS Hub or board our SCS bus.
- When we go on a field trip, we will follow the location's mask requirements.
- Registration is REQUIRED for all programs, except the Senior Drop-Ins.
- Right now, our Senior Drop-Ins are free. We are exploring options for a membership program and evaluating how we can offer more programs for you. Keep an eye out for upcoming changes!
- Right now, door-to-door transportation is not available. This option may be possible in the fall.
- Senior lunch payment has changed to a pay at the door format.
- **The SCS Hub is a shared space, please do not arrive early for programs we have here. This includes the Senior Drop-in and Senior Lunch.**
- If you are sick, please stay home!

Registration:

Registration begins Wednesday, **June 30** for residents and **July 7** for non-residents. Registration can be over the phone using a debit or credit card OR you can stop by the SCS Hub on Tuesdays, Wednesdays, or Fridays between 10:00 am and 2:00 pm.

Call 730-4150
SCS Hub: 418 Payne Road, Scarborough

COMMUNITY SERVICES OPEN HOUSE!

Come visit our new space! With school and remote care coming to an end, Scarborough Community Services is ready to open the doors to the public to their new space. Stop by and check out our new programming space, ask questions about upcoming programs and events, purchase discounted tickets, and register for summer programs. **This will also be the first day of senior registration for residents!**



LOCATION: SCS Hub, 418 Payne Road
DATE: Wednesday, June 30
TIME: 10:00 am - 2:00 pm & 6:00 - 7:00 pm
Open to the public

SENIOR LUNCHES

Come enjoy lunch with friends! All lunches include coffee, a roll, and dessert. Payment is due at the door.

LOCATION: SCS Hub, 418 Payne Road
DATE: Wednesdays
TIME: 11:00 am
Doors will open at 11:00 am, lunch is served at 11:30 am.
FEE: \$8 suggested donation (cash or check at the door)
DEADLINE: Monday prior by 2:00 pm
If you are not registered with SMAA, we will need you to fill out a form over the phone.

July 14	Finger Sandwiches
July 21	Chicken á la King
July 28	Shrimp Scampi
Aug 4	Beef Stroganoff
Aug 11	Pizza Party
Aug 18	Baked Ham
Aug 25	Ziti with Meatballs

SENIOR WALKING CLUB

Dust off those walking shoes and join us for a walk at Memorial Park in Scarborough. Come enjoy some fresh air and set some personal walking goals. Pedometers will be available to borrow if you would like to keep track of your steps and distance. Registration is required and all skills are welcome.

LOCATION: Memorial Park (5 Durant Dr. Scarborough)

DATE: Mondays

TIME: 9:00 - 10:00 am

FEE: Free

SENIOR DROP-IN

Get together for coffee, pastries, games and comradery. Open to residents and non-residents age 55 and older. *Registration is not necessary.*

LOCATION: SCS Hub, 418 Payne Road

DATE: Tuesdays and Fridays

TIME: 10:00 am - 12:00 pm

Doors will unlock at 10:00 am, please don't arrive early for this program. We are using a shared space. Drop by anytime between 10:00 am and 12:00 pm.

FEE: Free

SENIOR MEALS TO GO

In partnership with Southern Maine Agency on Aging, seniors 60 or older can get three pre-cooked frozen meals to enjoy when they need them. There is a \$10 suggested donation. If you are under 60, the cost for the three meals is \$15.

Register by calling (207) 730-4173. Please leave a message and someone will get back to you.

Note: If you are not registered with SMAA, we will need you to fill out a form over the phone.

LOCATION: Drive-thru pick up at SCS Hub, 418 Payne Road

DATE: Tuesday, July 6; Tuesday, July 20; Monday, August 30

TIME: 11:00 am - 12:00 pm

FEE: \$10 suggested donation (cash or check upon arrival)

DEADLINE: Monday prior by 4:00 pm

TRIPS

Flagship Cinemas

Come enjoy a movie with us! Flagship Cinemas features power reclining seats, digital projection, digital surround sound, and a comfortable atmosphere. *Movie will be selected the week before the trip.*

LOCATION: Falmouth, ME

MEET US: SCS Hub, 418 Payne Road

DATE: Thursday, July 8; Thursday, August 5

TIME: 11:45 am - 3:00 pm

FEE: \$12 resident / \$17 non-resident

Includes ticket, 16 oz. refillable cup, and 46 oz. bag of popcorn.

DEADLINE: Thursday prior by 4:00 pm

MAX: 13

Our bus transportation is limited, but we have additional spots available for this trip. Contact us if you would like to meet us there! Registration is still required.



Bowling at Spare Time

Join us for a day of fun with friends at Spare Time Entertainment! Spare Time features luxury bowling lanes, a huge Game Zone arcade, full restaurant and bar, and a state-of-the-art laser tag arena.

LOCATION: Portland, ME

MEET US: SCS Hub, 418 Payne Road

DATE: Thursday, July 15; Thursday, August 26

TIME: 10:30 am - 2:30 pm

FEE: \$25 resident / \$30 non-resident

Includes shoe rental, an hour of bowling, a \$5 card for the arcade, two slices of pizza, and soda.

DEADLINE: Thursday prior by 4:00 pm

MAX: 13

Our bus transportation is limited, but we have additional spots available for this trip. Contact us if you would like to meet us there! Registration is still required.



Trolls at the Coastal Maine Botanical Gardens

This summer, go all-in on an experience that will stick with you for the rest of your life. Included with regular Gardens admission, join us as Coastal Maine Botanical Gardens sets the stage to focus on Maine's woods, from their history to their sustainability. Danish artist Thomas Dambo's magical, mysterious, and mammoth recycled-wood sculptures anchor their efforts. This summer, the trolls will help you discover new ways to lose—and find—yourself in their forests.

Hidden throughout their native, natural wooded areas, these giant trolls wait to be unearthed. They're friendly but their message is something you'll want to discover for yourself. Find the trolls and uncover the teachings they impart, then put all the clues together and learn the secret of **Guardians of the Seeds**. This is your chance to disconnect from the world, only to reconnect with the Earth.

We hope to arrive at the gardens at around 1:30 pm. Feel free to bring extra money if you would like a light lunch or snack in the cafe. Self-guided tour starts as soon as we arrive. The docent-led golf cart tour will start at 3:00 pm and end at 4:15. There are only 7 seats on the golf cart. We will plan to leave the gardens around 4:30 pm.

LOCATION: Boothbay, ME

MEET US: SCS Hub, 418 Payne Road

DATE: Thursday, July 22

TIME: 12:00 pm - 5:45 pm

FEE: \$25 resident, \$30 non-resident
\$10 extra for accessible golf cart
& docent-led tour (7 max)

Includes admission. Lunch on your own.

DEADLINE: Friday, July 16 by 4:00 pm

MAX: 13 (7 docent led golf cart tour, 6 self-guided tour)



Pineland Farms Tour

Join us as we board the Pineland Farms trolley and enjoy a guided tour of the Pineland Farms campus. Pineland Farms is a 5,000-acre working farm, diverse business campus and educational and recreational venue that welcomes visitors to enjoy its beautiful rural landscape. We will ride the trolley and explore the beautiful campus as our tour guide talks about the history of Pineland Farms. The trolley will take us to the garden, down to the dairy barn to see and learn about the cows, and over to the family barnyard. We will then enjoy a fresh lunch at the on-site kitchen and deli. Remember to bring extra money for lunch. We will also visit the market before we leave so you can pick up Maine cheeses, maple syrup, fresh produce, and more to bring home!

LOCATION: New Gloucester, ME

MEET US: SCS Hub, 418 Payne Road

DATE: Thursday, July 29

TIME: 9:45 am - 2:00 pm

FEE: \$15 resident / \$20 non-resident

Includes admission, trolley ride, tour, and driver gratuity. Lunch on your own.

DEADLINE: Monday, July 19 by 4:00 pm

MAX: 13



Theater at Monmouth

***Measure for Measure* by William Shakespeare, Directed by James Noel Hoban**

With a unique brew of laughter and darkness, Shakespeare's tale of impassable moral dilemmas, religious hypocrisy, and he said/she said examines the complex relationships between those in power and those they govern. The quality of mercy is strained to the point of breaking in this dark comedy about the corruption of justice and authority...and the true nature of love and mercy. Light refreshments will be available at the theater. We will stop at Fielder's Choice for ice cream on the way home.

LOCATION: Monmouth, ME

MEET US: SCS Hub, 418 Payne Road

DATE: Thursday, August 12

TIME: 11:30 am - 4:15 pm

FEE: \$12 resident / \$17 non-resident

Includes tickets. Concessions and ice cream on your own.

DEADLINE: Monday, August 2 by 4:00 pm

MAX: 13



Saltwater Grille and Lighthouse Trip

Join us as we eat lunch with the best view of Portland -- right from our table -- from Saltwater Grille. Enjoy the view of Casco Bay and watch boats enter the harbor while you indulge in fresh lobster, oysters, and other seafood selections. Their menu is carefully crafted by local and distinguished chefs to bring you the highest quality, fresh seafood that Portland has to offer. After lunch we will take a short ride over to visit Spring Point Ledge Lighthouse. Spring Point Ledge Lighthouse is the only caisson-style light station in the United States that visitors can walk to. Located on the breakwater at Southern Maine Community College in South Portland, the lighthouse has been an integral part of the history of Portland harbor and Casco Bay since 1897. It was listed on the National Historic Register in 1988. Please bring sneakers if you plan to walk out to the lighthouse.

LOCATION: South Portland, ME

MEET US: SCS Hub, 418 Payne Road

DATE: Thursday, August 19

TIME: 11:45 am - 3:00 pm

FEE: \$8 resident, \$13 non-resident

Lunch on your own.

DEADLINE: Thursday, August 12 by 4:00 pm

MAX: 13



SPECIAL EVENTS

Concerts in the Park

LOCATION: Memorial Park (5 Durant Dr. Scarborough)

DATE: Thursdays, July 1 to August 5

- July 1: Don Campbell Band**
Country/Bluegrass/American Rock
- July 8: Wavelength**
Variety
- July 15: Motor Booty Affair**
Ultimate Disco Party Band
- July 22: Studio Two**
Beatles Tribute Band
- July 29: Delta Knights**
Classic Rock/R&B
- Aug 5: Yellow Brick Road**
Elton John Tribute Band



TIME: 6:30 pm

FEE: Free

NOTES: Registration is not required. Transportation not provided.

Summerfest 2021

Although Summerfest won't be back in full swing this year, we couldn't go another year without some sort of celebration! Bring your chair or blanket and join us for live music on the grass fields provided by Plush from 7:00 to 9:00 pm. The fireworks show will begin at approximately 9:15 pm. Food will be available from a variety of local food trucks from 6:00 pm until closing. There will also be a designated non-profit area for local organizations to fundraise and distribute information.

LOCATION: Scarborough High School Sports Complex

DATE: Friday, August 20

TIME: 6:00 - 10:00 pm

FEE: Free

NOTES: *We will be following all guidelines as it pertains to COVID-19 safety for this event.*



JULY 2021 CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
		RESIDENT REGISTRATION BEGINS	6:30 pm: Concerts in the Park!	
5	6	7	8	9
CLOSED	10:00 am - 12:00 pm Senior Activity Center at the Hub 11:00 am - 12:00 pm Meals to Go	NO PROGRAMS NON-RESIDENT REGISTRATION BEGINS	11:45 am - 3:00 pm Flagship Cinemas 6:30 pm: Concerts in the Park!	10:00 am - 12:00 pm Senior Activity Center at the Hub
12	13	14	15	16
9:00 am - 10:00 am Senior Walking Club at Memorial Park	10:00 am - 12:00 pm Senior Activity Center at the Hub	11:00 am Senior Lunch at the Hub -Finger Sandwiches	10:30 am - 2:30 pm Bowling at Spare Time 6:30 pm: Concerts in the Park!	10:00 am - 12:00 pm Senior Activity Center at the Hub
19	20	21	22	23
9:00 am - 10:00 am Senior Walking Club at Memorial Park	10:00 am -12:00 pm Senior Activity Center at the Hub 11:00 am - 12:00 pm Meals to Go	11:00 am Senior Lunch at the Hub -Chicken á la King	12:00 pm-5:45 pm Trolls at Coastal Maine Botanical Gardens 6:30 pm: Concerts in the Park!	10:00 am - 12:00 pm Senior Activity Center at the Hub
26	27	28	29	30
9:00 am - 10:00 am Senior Walking Club at Memorial Park	10:00 am -2:00 pm Senior Activity Center at the Hub	11:00 am Senior Lunch at the Hub -Shrimp Scampi	9:45 am-200 pm Pineland Farms Tour 6:30 pm: Concerts in the Park!	10:00 am - 12:00 pm Senior Activity Center at the Hub
31				
9:00 am - 10:00 am Senior Walking Club at Memorial Park				

AUGUST 2021 CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9:00 am - 10:00 am Senior Walking Club at Memorial Park	10:00 am - 12:00 pm Senior Activity Center at the Hub	11:00 am Senior Lunch at the Hub -Beef Stroganoff	11:45 am - 3:00 pm Flagship Cinemas 6:30 pm: Concerts in the Park!	10:00 am - 12:00 pm Senior Activity Center at the Hub
9	10	11	12	13
9:00 am - 10:00 am Senior Walking Club at Memorial Park	10:00 am -12:00 pm Senior Activity Center at the Hub	11:00 am Senior Lunch at the Hub -Pizza Party	11:30 am - 4:15 pm Theater at Monmouth	10:00 am - 12:00 pm Senior Activity Center at the Hub
16	17	18	19	20
9:00 am - 10:00 am Senior Walking Club at Memorial Park	10:00 am - 12:00 pm Senior Activity Center at the Hub	11:00 am Senior Lunch at the Hub -Baked Ham	11:45 am - 3:00 pm Saltwater Grille and Lighthouse Trip	10:00 am - 12:00 pm Senior Activity Center at the Hub 6:00-10:00 pm SUMMERFEST!
23	24	25	26	27
9:00 am - 10:00 am Senior Walking Club at Memorial Park	10:00 am - 12:00 pm Senior Activity Center at the Hub	11:00 am Senior Lunch at the Hub -Ziti with Meatballs	10:30 am - 2:30 pm Bowling at Spare Time	
30	31			
9:00 am - 10:00 am Senior Walking Club at Memorial Park 11:00 am - 12:00 pm Meals to Go	10:00 am - 12:00 pm Senior Activity Center at the Hub			