

## **REGISTRATION DATES**

#### **YOUTH & ADULT PROGRAMS**

#### 55<sup>+</sup> PROGRAMS

Resident | Tuesday, August 13 Non-Resident | Tuesday, August 20

#### **HOW TO REGISTER**

#### ONLINE

Starts at 8:00 am on the first day of registration. You will need to have created an account before you can register online.

**Location:** web1.vermontsystems.com/scarborough.html

**Hours:** 24/7

Payment Options: Visa, Mastercard, or Discover.

#### **IN-PERSON**

Starts at 8:00 am on the first day of registration in the Scarborough Community Services Office.

Location: 259 U.S. Route One, 3rd Floor Hours: 8:00 - 4:00 pm | Mon - Fri

Payment Options: Cash, personal check, money order, or debit card. Please make checks

payable to Town of Scarborough.

#### GENERAL REFUND POLICY

#### **NO REFUND**

If an individual does not attend the program or does not cancel at least 7 days prior to the start of a program.

#### **FULL REFUND MINUS PROCESSING FEE**

For any cancellation or change made by an individual. For Youth and Adult Programs, the processing fee is \$15. For 55+ Programs, the processing fee is \$15 for trips over \$30 and \$5 for trips under \$30.

#### **FULL REFUND**

If Community Services cancels the program.

Refunds are processed through our Finance Department and mailed to recipients in the form of a check. Please be sure that Community Services has the correct mailing address before refund is processed. Please allow up to two weeks to process refund.

## **CONTACT INFORMATION**

Main Office 207-730-4150 Child Care Office 207-730-4170 🐧 scarboroughmaine.org



🔂 comserv@scarboroughmaine.org 🚹 @scarboroughmaine 🏻 📵 @scarboroughcomserv





# PAGE 6 55+ ACTIVITIES



## PAGE 18 YOUTH PROGRAMS



## PAGE 28 PARKS & FIELDS



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## LETTER FROM THE DIRECTOR



With fall comes the start of a new school year and a change of seasons. As we prepare for both of these events, I want to take a moment to look back on the past few months. Scarborough Community Services had a very busy summer between coordinating numerous youth camps, overseeing parks maintenance and repairs, beach operations and cleaning, project development, program registration, and hosting several special events. We love this time of year as it challenges our department to strive to be the best. It also allows us time to review and reflect, to see where we may have more capacity to expand service levels or areas where we need to reevaluate operations to ensure we are meeting community expectations.

We look forward to an exciting fall and seeing everyone at programs or enjoying the parks. Remember, our doors are always open to listen to ideas for facility upgrades, suggestions for new programing, or thoughts on how we can improve our overall level of service.

Thank you for your support and enjoy all that Scarborough has to offer!



## OUR MISSION

Scarborough Community
Services aims to enhance the
quality of life for all residents
by promoting a communitycentered environment
through properly maintained
public spaces and engaging
recreational opportunities.

## **OUR VISION**

Evolve and develop with a growing community to meet the needs of our residents, while maintaining and developing facilities and programming in a fiscally responsible manner.

## **CORE VALUES**

- Stewardship
- Inclusivity
- Character
- Innovation
- Health & Wellness



## **MEET OUR STAFF**



Audra Keenan Intergenerational Programs Manager



**Bill Reichl**Parks & Recreation Manager



**Nicole Hall**Operations & Facilities Manager



**Steve Kramer**Program Coordinator



Andrea Zglobicki
Program Coordinator



**Cindy DiBiase** Seniors Program Coordinator



Jill Deering
Administrative Secretary



Brandi Bradley
Facilities Scheduler



Ryan Colpitts
Program Coordinator

## **HOW MANY HOT DOGS?**

Search our brochure up and down and all around to find all 10 hidden hot dogs!





The mission of the 55<sup>+</sup> Programs is to give all seniors an opportunity to maintain dignity, enrich their quality of living, and actively promote participation in all aspects of community life.

#### **REGISTRATION**

Resident Tuesday, August 13th Non-Resident Tuesday, August 20th

#### **RESIDENT & NON-RESIDENT**

As of the Summer 2019 program brochure, registration is now based on residency. Programs and trips remain open to everyone interested in participating. Scarborough residents receive early registration priority. Fees on trips and programs have also been restructured based on residency.

Program brochures may be mailed to individual households for a fee of \$10 per year. This fee covers the mailing of three annual brochures. This option is open to ALL households, regardless of residency or age.



#### **CODE OF CONDUCT**

The Town of Scarborough would like the 55<sup>+</sup> programs' trips, events, and activities to be a great experience for everyone involved. Help us maintain a positive and safe environment that is warm and welcoming to all senior citizens. Participants of the Scarborough 55<sup>+</sup> Programs have the following responsibilities:

## Respectful

Show respect to all participants, staff, equipment, and facilities.

### **Inclusive**

Be welcoming to new participants. A friendly smile goes a long way!

#### Considerate

Remember the golden rule: Treat others the way you would like to be treated.

#### Constructive

Use a constructive tone and refrain from any abusive or threatening language when reporting or addressing any issues or concerns.

#### **Senior Program Disclaimer**

Information provided in conjunction with this program is solely for informational purposes and is not intended as an endorsement or expression of support. The Town of Scarborough does not assume any liabilities for acts or omissions of such third parties in the provision of these goods and services. If you have an interest in providing educational and informational programming to the population served through the senior program, we encourage you to contact the senior program coordinator to discuss.

#### **ASSISTANCE**

#### **Assistance Available**

#### **SENIOR SCHOLARSHIPS:**

Community Services offers scholarships for various programs to those who qualify, including the 55<sup>+</sup> Programs. Applications are available in the Scarborough Community Services Office.

#### **BLANCHE COOK TRANSPORTATION FUND:**

In honor of Blanche Marvette Small Cook, a local senior who enjoyed being picked up at her home for many of our 55<sup>+</sup> programs, we have created a fund in hopes that it will give other Scarborough residents the opportunity to participate in the 55<sup>+</sup> Programs who would otherwise not be able to.



## **SPECIAL EVENTS**



### **Thanksgiving Scarborough**

Thanksgiving Scarborough is a free community meal hosted by Scarborough School Nutrition Program, Scarborough Community Services, Project GRACE, Scarborough Garden Club, and many neighbors and friends in Scarborough. All are welcome to attend!

A traditional Thanksgiving meal with all the fixings will be served: Roast turkey, mashed potatoes, carrots, green bean casserole, cranberry sauce, gravy, rolls, and both apple and pumpkin pie! *Prepared by Scarborough School Nutrition Director, Chef Peter Esposito.* 

To register, call the Scarborough School Department at 207-730-4100. **Transportation available upon request.** 

**LOCATION:** Wentworth School Cafeteria

20 Quentin Dr, Scarborough, ME

**DATE:** Nov 28 | Thursday **TIME:** 11:00 - 1:00 pm

FEE: FREE

#### **PROGRAMS & ACTIVITIES**

#### **iPad 101**

Join us for these FREE 90-minute sessions designed to cover the basics of using an iPad. Jim Keenan, owner of Keenan Technologies, will provide you with a simple overview of the iPad and answer your questions! *Transportation not provided*.

**LOCATION:** Wentworth School, Room D124

**DATE:** Sept 13 & Nov 8 | Fridays

**TIME:** 1:30 - 3:00 pm

FEE: FREE



## **Weekly Programming Held at Martin's Point Community Room**

153 US Route One, Scarborough, ME

We hold some of our weekly programs in the Community Room at the Scarborough Martin's Point Health Care Center. *Programs are not held on major holidays*.



## **Weekly BINGO**

Join us for coffee and socializing beginning at noon. BINGO starts promptly at 12:30 pm. Registration is not necessary but please call Community Services if you would like to register for door-to-door transportation.

**LOCATION:** Martin's Point **DATE:** Mondays

**TIME:** 12:30 - 2:00 pm **FEE:** \$2 (paid at door) **CLOSED ON:** Sept 2, Oct 14, Nov 11



## **Senior Activity Center**

Get together for coffee, pastries, games, and comradery, as well as other programs for your benefit. Open to residents and non-residents age 55 and older! *Registration is not necessary. Transportation not provided.* 

LOCATION: Martin's Point

DATE: Tuesdays & Fridays

TIME: Tues 1:00 - 3:30 pm

Fri 9:30 - 12:00 pm

FEE: FREE

CLOSED ON: Oct 1, Oct 11, Nov 29

### **Weekly Senior Lunches**

Come enjoy a Wednesday lunch at Martin's Point! The meals and entertainment change weekly, so you're bound to find something that piques your interest. *Payment is due at time of registration.* 

No on-site parking is available. The shuttle departs from the faculty lot of Scarborough High School promptly at 11:00 am.

**LOCATION:** Martin's Point **DATE:** Wednesdays

TIME: Doors open | 11:00 am

Lunch | 11:30 am

**FEE:** \$6 resident & non-resident **DEADLINE:** Monday prior by 2:00 pm

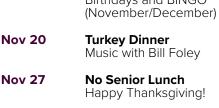
**CLOSED ON:** Nov 27

## Senior Lunch Policy & Rates

For each of our meals attended by a senior member, the Southern Maine Agency on Aging contributes \$2 towards the \$8 cost per person, allowing us to charge a discounted rate of \$6. If a senior has made a reservation and does not attend, we owe the full \$8 for the missed meal. If you do not cancel by the deadline or do not attend, you will still be expected to pay for the missed meal at the \$8 rate.

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#### **Meal & Entertainment** Date **Shrimp Scampi** Sept 4 Senior Real Estate Presentation Free Blood Pressure Readings Sept 11 Portland Press Herald Presentation **Sept 18 Baked Ziti** Music with Jim Gallant Sponsored by Prime Motor Group Sept 25 Roast Pork Birthdays and BINGO Oct 2 Shepherd's Pie Aalsmeer Flower Market Presentation Free Blood Pressure Readings Oct 9 Chicken Parmesan Coastal Transitions of Maine Presentation Oct 16 Meatloaf Music with Soul Gal **Ham Dinner** Oct 23 Laughter Yoga with Andrea Tolbert Oct 30 **Beef Stroganoff** Birthdays and BINGO Nov 6 Meatball Subs Maine Strong Balance Center Presentation Free Blood Pressure Readings **Nov 13** Macaroni & Cheese Birthdays and BINGO





Please note: If Scarborough Community Services cancels a lunch due to inclement weather, you will be credited the amount you paid for the lunch. This credit can be used for future lunches. We will not automatically sign you up for the next lunch. It is your responsibility to sign up for the next lunch, as we cannot predict your availability. Thank you for understanding.

#### **OUT-TO-LUNCH BUNCH**

Join us for lunch trips to some of the area's popular restaurants, recommended by our group of seniors.

**Please note:** If you meet our group at the restaurant, you will still be charged the trip fee, as you are taking a spot in our overall reservation.

**DATE:** Various Thursdays TIME: 11:30 - 2:30 pm

**FEE:** \$7 resident & non-resident Lunch cost on your own

**MIN/MAX:** 5 / 27

**DEADLINE:** Friday prior by 2:00 pm



Date	Restaurant
Sept 12	<b>Pizza by Alex</b> (Cash only) Biddeford, ME
Sept 19	<b>Antonia's Pizzeria</b> Freeport, ME
Oct 17	<b>Bob's Seafood</b> Windham, ME
Oct 31	<b>Governor's Restaurant &amp; Bakery</b> Lewiston, ME
Nov 7	<b>Bruno's Restaurant &amp; Tavern</b> Portland, ME
Nov 14	<b>Mulligan's</b> Biddeford, ME



#### TRIPS

Please note: This symbol indicates the trip will involve a fair amount of walking.



## Downton Abbey: The Exhibition 1/9

Based on the beloved television show, Downton Abbey, this exhibit transports you to post-Edwardian England, where the characters and the iconic house come to life. You'll be immersed in the fascinating social history, culture, and the most memorable moments from the shows six-season run.

Join us as we ride in luxury aboard a Northeast Charter coach bus to Boston. After the exhibit, we will visit Faneuil Hall Marketplace and Quincy Market for lunch and shopping. You won't want to miss this trip!

LOCATION: Boston, MA

DATE: Sept 5 | Thursday 7:30 - 5:30 pm TIME:

FEE: \$60 resident & non-resident

Lunch cost on your own

MIN/MAX: 10 / 19

Friday, Aug 30 by 4:00 pm **DEADLINE:** 

Please note: We will be joining Saco Parks and Recreation for this trip. Home pick up will not be offered for this trip. This trip is non-refundable.



## Common Ground Country Fair 👣

Need a "healthy visit to the fair?" Fairgoers from all over are raving about this one-of-a-kind event, which brings people together to celebrate the rural and agricultural traditions of Maine.

LOCATION: Unity, ME

DATE: September 20 | Friday

TIME: 8:00 - 4:00 pm

FEE: \$15 resident | \$18 non-resident

Lunch cost on your own

10 / 27 MIN/MAX:

Friday, Sept 13 by 4:00 pm **DEADLINE:** 



## Cumberland County Fair \*\*



This fair offers years of tradition with various types of food, crafts, and entertainment, as well as horse racing, exhibition halls, and countless livestock. We are going on Senior Day so if you are 65 and older, admission is only \$5!

LOCATION: Cumberland, ME

September 26 | Thursday DATE:

10:00 - 3:30 pm TIME:

FEE: \$10 resident | \$15 non-resident

Admission & lunch cost on your own

MIN/MAX:

**DEADLINE:** Friday, Sept 20 by 4:00 pm

## Fryeburg Fair 🐓

The Fryeburg Fair has grown to become the state's largest agricultural fair, featuring livestock shows, harness racing, horse pulling, antique farm equipment displays and demonstrations, horticultural and culinary contests, a petting zoo, live musical acts, amusement rides, food stands, and more! We are going on Senior Day so if you are 65 and older, admission is FREE!

**LOCATION:** Fryeburg, ME

DATE: October 1 | Tuesday 8:30 - 3:30 pm TIME:

\$10 resident | \$15 non-resident FEE:

Admission & lunch cost on your own

MIN/MAX:

Friday, Sept 27 by 4:00 pm **DEADLINE:** 

## **Hobo Harvest Express**

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Nestled in the town of Lincoln, New Hampshire, on the western end of the popular Kancamagus Highway, the Hobo Railroad offers a chance to relax, wave to swimmers and kayakers, all while enjoying one of the Hobo Picnic Lunches aboard the train. The lunch includes complimentary samples of New Hampshire-made seasonal items and specialty products and a hearty sandwich with sides and beverages. Before or after the train you can enjoy the Hobo Harvest Farm Stand, the Anna Lee Doll Scarecrows, pumpkin bowling, bean bag toss, horseshoes, and other yard games. The train ride is 80 minutes in length.

**LOCATION:** Lincoln, NH

DATE: October 3 | Thursday 8:00 - 4:00 pm TIME:

FEE: \$40 resident | \$45 non-resident

Lunch included: Ham. Roast Beef.

Turkey, or Vegetarian

MIN/MAX: 10 / 27

**DEADLINE:** Thursday, Sept 20 by 4:00 pm



## Apple Picking & Cole Farms

Enjoy the fall foliage and fresh air at Thompson's Orchard while you pick delicious apples. A tractor will be available to give us a ride down to the best trees. We will then visit their country store where you can purchase their famous apple cider and apple cider donuts. Afterwards, we will indulge in some home-style food at Cole Farms.

LOCATION: New Gloucester, ME October 10 | Thursday DATE:

9:30 - 3:00 pm TIME:

\$5 resident | \$10 non-resident FEE:

Apples & lunch cost on your own

MIN/MAX: 10 / 27

Thursday, Oct 3 by 4:00 pm **DEADLINE:** 

## **Turkey Dinner Train**

Enjoy a traditional turkey dinner aboard the train catered by Hart's Turkey Farm. The Turkey Dinner Train departs from Meredith Station and travels south along the western shore of Lake Winnipesaukee through the village of Weirs Beach and along the Paugus Bay towards Lakeport, NH. The train ride is two hours in length.

LOCATION: Meredith, NH

DATE: October 24 | Thursday

TIME: 10:00 - 6:00 pm

\$50 resident | \$55 non-resident FEE:

Included: Turkey dinner

MIN/MAX: 10 / 27

**DEADLINE:** Friday, Oct 11 by 4:00 pm

## Gardens Aglow at Coastal Maine Botanical Gardens

Join us for the largest light show in Maine! See hundreds of thousands of lights strung through the gardens in an unforgettable display. Be sure to dress warm and wear comfortable shoes as there will be a lot of walking. We will stop for dinner at Sea Basket in Wiscasset on our way to the gardens. If time permits, we will make a brief stop at Big Al's.

LOCATION: Boothbay, ME

DATE: November 21 | Thursday

3:00 - 9:30 pm TIME:

FEE: \$20 resident | \$25 non-resident

Dinner cost on your own

MIN/MAX: 10 / 27

**DEADLINE:** Friday, Nov 8 by 4:00 pm

#### **PORTLAND PLAYERS & LYRIC MUSIC THEATER**

Scarborough Community Services offers transportation to the Portland Players and Lyric Music Theater Thursday night dress rehearsals. These performances are offered to groups like ours in order to provide non-driving seniors an opportunity to see live theater productions they might otherwise miss. *Meeting at the theater will not be an option for these trips.* 



**TIME:** 6:45 - 10:30 pm (shows begin at 7:30)

**FEE:** \$7 resident & non-resident

MIN/MAX: 8 / 27

**DEADLINE:** Friday prior by 4:00 pm

### **Lyric Music Theater**

Thursday | \$10 at the door

September 12 Matilda, The Musical

Directed by Jamie Lupien Swenson

November 14

**1776**All female cast

Directed by Joshua Chard

#### **Portland Players**

Thursday | \$5 at the door

September 19

The Wedding Singer

Directed by Christopher Gray

#### **TRANSPORTATION**

#### 55<sup>+</sup> Bus Departure Area



For all of our 55<sup>+</sup> trips, the bus departs from the faculty parking lot of Scarborough High School at the start time listed in the trip details.

Please meet in this location if you are not receiving home pick-up. There is ample parking to leave your car during the trips.

#### Directions to the parking lot:

- From Route One, enter Municipal Drive (between Town Hall and Town & Country Credit Union).
- · Take your first right after the credit union.
- The bus will be located in the second parking lot on the right. This is Staff Parking Lot E.

#### **Door-to-Door Transportation**

We offer door-to-door transportation (pick-up at home) to any Scarborough residents 55 and older who do not drive and who would like to participate in our trips or programs. There is a fee of \$2 per person that must be paid to the bus driver for this service at the time of pick-up. Please note the \$2 fee is per person, even if pick-ups are at the same location.

If you are being picked up at home for any trip, please be ready at least one hour in advance of the scheduled trip departure time. This allows our driver adequate time to pick everyone up.

Bus passes are available from our bus driver or at the Community Services Office at Town Hall for \$20. A bus pass will cover 12 trips for the price of 10!

## **Additional Transportation Resources**

Do you need transportation to appointments, grocery shopping, or errands? There are two local companies that offer this service. Please give them a call or visit their websites for more information.

Regional Transportation Program 207-774-2666 | rtprides.org

Independent Transportation Network

207-854-0505 | itnportland.org

#### **AFFILIATE ACTIVITIES**

The following programs **are not** organized through the Scarborough 55<sup>+</sup> Program. Please contact the programs directly with any inquiries.

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#### **Senior Chair Yoga**

Help improve mobility, increase range of motion, build strength and flexibility, and improve your balance with chair yoga. No experience is necessary and all abilities are welcome!

If you have questions about senior yoga, call the Martin's Point message line 1-877-670-2626.

**LOCATION:** Martin's Point

**DATE:** Tuesdays & Thursdays

**TIME:** 9:00 - 10:00 am

**FEE:** FREE

**REGISTRATION:** Not Required

#### **All About Balance**

The Maine Balance Center welcomes you to this senior exercise class to reduce your fall risk. Benefits to this class include improving balance, improving your walking, and building strength.

If you have questions about the balance class, call the Maine Balance Center at 207-303-0612.

**LOCATION:** Martin's Point Mondays **TIME:** 9:30 - 10:30 am

**FEE:** FREE

**REGISTRATION:** Not Required



### **Scarborough Public Library**

The Scarborough Public Library provides access to a broad collection and high quality services and programs that promote lifelong learning in a welcoming, community-centered facility. The library offers over 77,000 items in its collection, with millions more available through the library's online catalog.

Anyone who lives or works in Scarborough is eligible for a free library card. Reference staff is available to show cardholders how to search for materials and download eBooks to reading devices. Free programs are offered weekly and monthly and special events are also open to the public and are free to attend.

For Scarborough residents unable to visit the library due to long-term or short-term illness, immobility, or age, the library provides free delivery of materials twice a month.

Find more information about the Scarborough Public Library at www.scarboroughlibrary.org or call 207-883-4723.



#### Program

Monday Movie Matinée

**Book Discussion** *Morning Group* 

**Book Discussion** *Evening Group* 

Let's Talk America! Forum

**Sketching Group** 

French Conversation Group

**Genealogy Group** 

**Library Knitting Group** 

#### **Date**

1st Monday of the month @ 1:30 pm

1st Tuesday of the month @ 10:00 am

2<sup>nd</sup> Wednesday of the month @ 6:30 pm

1st Thursday of the month @ 6:00 - 8:00 pm

**2**<sup>nd</sup> Friday of the month @ 10:00 - 12:00 pm

**3**<sup>rd</sup> Tuesday of the month @ 6:30 - 8:00 pm

**4**<sup>th</sup> Monday of the month @ 1:00 - 3:00 pm

**Every Saturday** @ 10:00 - 12:00 pm

## September

Labor Day 2 No Programs	1:00 - 3:30 pm Senior Activity Center at Martin's Point	11:30 am <b>4</b> Senior Lunch at Martin's Point -Shrimp Scampi -Real Estate Presentation -Free BP Readings	7:30 - 5:30 pm Downton Abbey Exhibit	9:30 - 12:00 pm 6 Senior Activity Center at Martin's Point
12:30 - 2:00 pm BINGO at Martin's Point	1:00 - 3:30 pm 10 Senior Activity Center at Martin's Point	11:30 am 11 Senior Lunch at Martin's Point -Brunch -Portland Press Harold Presentation	11:30 12 OTLB Pizza by Alex 6:45 pm Lyric Theater "Matilda, The Musical"	9:30 - 12:00 pm Senior Activity Center at Martin's Point  1:30 - 3:00 pm iPad 101 at Wentworth
12:30 - 2:00 pm BINGO at Martin's Point	1:00 - 3:30 pm 17 Senior Activity Center at Martin's Point	11:30 am 18 Senior Lunch at Martin's Point -Baked Ziti -Music with Jim Gallant	11:30 19 OTLB Antonia's Pizzeria 6:45 pm Portland Players "The Wedding Singer"	9:30 - 12:00 pm 20 Senior Activity Center at Martin's Point 8:00 - 4:00 pm Common Ground Fair
12:30 - 2:00 pm <b>23</b> BINGO at Martin's Point	1:00 - 3:30 pm 24 Senior Activity Center at Martin's Point	11:30 am 25 Senior Lunch at Martin's Point -Roast Pork -Birthdays & BINGO	10:00 - 3:30 pm 26 Cumberland County Fair	9:30 - 12:00 pm 27 Senior Activity Center at Martin's Point
12:30 - 2:00 pm BINGO at Martin's Point				

## October

	No Activity Center 1 8:30 - 3:30 pm Senior Day at Fryeburg Fair	11:30 am <b>2</b> Senior Lunch at Martin's Point -Shepherd's Pie -Aalsmeer Flower Market Presentation -Free BP Readings	8:00 - 4:00 pm Hobo Harvest Express	9:30 - 12:00 pm 4 Senior Activity Center at Martin's Point
12:30 - 2:00 pm <b>7</b> BINGO at Martin's Point	1:00 - 3:30 pm 8 Senior Activity Center at Martin's Point	11:30 am 9 Senior Lunch at Martin's Point -Chicken Parmesan -Coastal Transitions of Maine Presentation	9:30 - 3:00 pm 10 Apple Picking & Cole Farms	No Activity Center 11
Indigenous Peoples' Day 14 No Programs	1:00 - 3:30 pm Senior Activity Center at Martin's Point	11:30 am 16 Senior Lunch at Martin's Point -Meatloaf -Music with Soul Gal	11:30 am OTLB Bob's Seafood	9:30 - 12:00 pm Senior Activity Center at Martin's Point
12:30 - 2:00 pm <b>21</b> BINGO at Martin's Point	1:00 - 3:30 pm 22 Senior Activity Center at Martin's Point	11:30 am 23 Senior Lunch at Martin's Point -Ham Dinner -Laughter Yoga Program	10:00 - 6:00 pm Turkey Dinner Train	9:30 - 12:00 pm 25 Senior Activity Center at Martin's Point
12:30 - 2:00 pm 28 BINGO at Martin's Point	1:00 - 3:30 pm 29 Senior Activity Center at Martin's Point	11:30 am 30 Senior Lunch at Martin's Point -Beef Stroganoff -Birthdays & BINGO	Halloween 31  11:30 am OTLB Governor's Restaurant & Bakery	

#### **November**

						9:30 - 12:00 pm Senior Activity Center at Martin's Point
12:30 - 2:00 pm BINGO at Martin's Point	4	1:00 - 3:30 pm Senior Activity Center at Martin's Point	5	11:30 am 6 Senior Lunch at Martin's Point -Meatball Subs -Maine Strong Balance Center Presentation -Free BP Readings	11:30 am OTLB Bruno's Restaurant	9:30 - 12:00 pm Senior Activity Center at Martin's Point 1:30 - 3:00 pm iPad 101 at Wentworth
<b>Veterans Day</b> No Programs	11	1:00 - 3:30 pm Senior Activity Center at Martin's Point	12	11:30 am 13 Senior Lunch at Martin's Point -Macaroni & Cheese -Birthdays & BINGO (November/December)	11:30 am 14 OTLB Mulligan's 6:45 pm Lyric Theater "1776"	9:30 - 12:00 pm 15 Senior Activity Center at Martin's Point
12:30 - 2:00 pm BINGO at Martin's Point	18	1:00 - 3:30 pm Senior Activity Center at Martin's Point	19	11:30 am <b>20</b> Senior Lunch at Martin's Point -Turkey Dinner -Music with Bill Foley	3:00 - 9:30 pm 21 Gardens Aglow at Coastal Maine Botanical Gardens	9:30 - 12:00 pm Senior Activity Center at Martin's Point
12:30 - 2:00 pm BINGO at Martin's Point	25	1:00 - 3:30 pm Senior Activity Center at Martin's Point	26	No Senior Lunch 27	Thanksgiving 28  11:00 - 1:00 pm Thanksgiving Scarborough	Black Friday 29 No Programs

# Recycling Do's & Don'ts



Learn more at ecomoine.org

#### **IMPORTANT 55<sup>+</sup> SERVICES**

### **Southern Maine Agency On Aging**

Here are just some of the ways SMAA fulfills its mission to improve the quality of life for older adults, adults with disabilities, and the people who care for them.

- **As You Like It**: Enjoy a delicious and nutritious meal at 13 dining sites and restaurants in Southern Maine for only \$6.
- Meals on Wheels: If you're age 60<sup>+</sup>, homebound, and having difficulty preparing meals, then you may qualify for this program.
- Simply Delivered to ME: For individuals who want a delicious and nutritious meal without having to cook. Meals are purchased in advance for a nominal cost per meal (delivery included).
- Matter of Balance: An eight-week, nationallyrecognized workshop designed to reduce the fear of falling and encourage physical activity.
- **Welcome to Medicare**: Seminars offer participants valuable information. A \$40 donation includes the seminar and a follow-up one-on-one meeting.
- Benefits Counseling: Have a question about aging, care-giving, or living with a disability? Resource specialists can help you identify and apply for benefits.

- Family Caregiver Support: If you find yourself helping an older friend or family member with managing day-to-day needs, SMAA is there to help.
- Maine Senior Games: Improving the health and fitness of adults 45 and older.
- Vet to Vet: Veteran volunteers visit with fellow veterans in their homes, swapping stories and providing companionship.
- Adult Day Centers: Our adult day centers provide members with cognitive loss a chance to foster their own creativity, take part in hobbies, and socialize with others.
- **Volunteer Opportunities**: Enrich your own life while benefiting others.
- Tai Chi for Health and Balance: A nine-week, low impact exercise class.
- Senior News: A bi-monthly newspaper covering topics important to older adults and their families. Available free for pickup at over 150 locations in Southern Maine.

For more information, please contact SMAA at 207-396-6500.

## **211 Maine**Getting help is a sign of strength

Do you know someone who is becoming overwhelmed by health-related issues, legal challenges, or they're struggling with the loss of a loved one or a serious financial struggle?

211 Maine is an easy-to-remember telephone number that links people to information about resources in their area. Callers are connected to trained specialists who can help them find a variety of needed services. The call is free, confidential, and help is available 24 hours a day, 7 days a week for people of all ages.

Dial **211** or **1-866-811-5695** *(TTY and video relay accessible)* For those outside of Maine, dial **1-877-463-6207** 

#### FREE Red Cross Home Safety Visits

The American Red Cross is joining forces with the State Fire Marshal's office and local fire departments on a campaign to reduce the number of fire-related deaths and injuries.

Trained volunteers will come to your home free of charge and....

- Share fire safety tips
- Help you map out an emergency escape plan
- Check existing smoke alarms
- · Install free smoke alarms where needed

To schedule a free appointment, call **207-874-1192**, Ext. **113** or online at **www.redcross.org** 

#### **SPECIAL THANKS**

### **Senior Advisory Board**

This group provides directional advice for the development of 55<sup>+</sup> programs and services to the Seniors Programs Coordinator. Meetings are held at Town Hall on the third Tuesday of every month. All are welcome to attend.

- Philip Christy
- Penny Boles
- Carol Rancourt
- Anne Bailey
- Carol Spencer
- · Kenneth N. Simons
- Jane Palmer
- Erica Jordan

## **Upcoming Meetings**September 17 & December 17

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## Sponsors | Benefactors | Donors

Scarborough Community Services is pleased to acknowledge sponsors and donors within our community who support the  $55^+$  Programs. Each form of support helps to provide countless activities to the residents in and around Scarborough.

We would like to thank the following organizations and businesses for supporting our 55<sup>+</sup> Programs:



















Youth Programs Registration begins August 6, 2019

#### **BASKETBALL**

#### Youth Basketball

Introduce your child to the game of basketball with this popular recreation program! New this year, all games will be played on Saturdays. The first day of games is December 7 and the season runs through January 18.

The Tip-Off on Saturday, November 23, is the official start to the season. Players will meet their coaches and teammates, receive their t-shirt, have their pictures taken, and have a short practice.

Pre-school children must be four by October 15, 2019.

**GRADES:** PreK-6 **LOCATION:** TBD

**DATE:** Nov 23 - Jan 18

FEE: Early Registration | \$55

On or After 10/7 | \$65

MIN/MAX: 32 / 140 per division

DEADLINE: Friday, Nov 1 by 4:00 pm



#### **Important Information**

#### **TEAM FORMAT**

**Grades PreK-K and 1-2** will only take place on Saturdays. Participants will have a practice, which is immediately followed by a game.

**Grades 3-4 and 5-6** will have one practice during the week and a game on Saturday. Practice days and times are picked by the coach

#### SPECIAL REQUEST POLICY

Coach and player requests are limited to one request per participant. You may request one coach OR one player. Although we try our best, we cannot guarantee that your choice will be honored.

#### **COACHES' MEETING**

The coaches' meeting will be held prior to the Tip-Off. Volunteer coaches will receive their team rosters with contact information. Coaches will be in touch with families shortly thereafter either by email or phone. The date and location of the meeting are to be determined.

#### **CONTACT INFORMATION**

Please make sure your email address is updated upon registration as most communication regarding this program, either from Community Services or from coaches, will go through email versus a phone call.

#### **Dribblettes**

This is a great opportunity to introduce your daughter to basketball in a fun and exciting way. Each week practices will include learning tricky dribbling skills to be performed during half-time at Scarborough High School basketball games. A t-shirt and basketball are included. For more information, please contact Coach Erik Jensen at 207-650-7076.

**GRADES:** 1-4

**LOCATION:** High School Alumni Gym Oct 13 - Feb 23 | Sundays

**FEE:** \$65 **MIN/MAX:** 8 / 24

**DEADLINE:** Friday, Oct 11 by 4:00 pm



### **SOCCER**

#### Mini Kicks

A fall soccer program but for the little ones! During this program, participants will learn the basic skills of soccer through fun games, giving kids the opportunity to interact and socialize and ultimately pique participants' interest in a team sport. Parent involvement for this program is always encouraged. *Instructors: SCS Staff.* 

**AGES:** 2½-4

**LOCATION:** High School Turf & Grass Fields

DATE: Sept 10 - Oct 1 | Tuesdays

**TIME:** 10:00 - 10:40 am

**FEE:** \$40 **MIN/MAX:** 10 / 25

**DEADLINE:** Wednesday, Sept 4 by 4:00 pm

## **2019 Fall Soccer Reminder**

Registration for the 2019 Fall soccer season opened in April along with our summer programs. There is a **strict deadline of August 9** in order to create teams, find coaches, and develop schedules. For more information, please refer back to our Summer 2019 brochure.

Register now before it's too late!

#### **CROSS COUNTRY**

#### **Fall Cross Country**

Come join in the fun of this popular fall sport. This program involves learning the proper technique used in running through different terrain such as woods, fields, and walking paths. Practices are held Mondays and Thursdays. Participants who are interested in competing can attend the optional cross-country meets on Wednesday afternoons beginning at the end of September. *Transportation not provided. Instructor: Kathy Werner.* 

**GRADES:** 1-6

**LOCATION:** Memorial Park

DATE: Sept 9 - Oct 17 | Mon & Thurs

(Optional meets on Wednesdays)

**TIME:** 4:30 - 5:30 pm

**FEE:** \$50 **MIN/MAX:** 15 / 70

**DEADLINE:** In-house registration will remain

open throughout program, but a late fee of \$10 will be assessed starting September 24. *Missed sessions will* 

not be prorated.

## **VOLLEYBALL**

## Middle School Girls Volleyball

Volleyball is a great sport for all and one in which you can learn and progress quickly. This team is designed for players of all skill levels, from beginners to advanced players. This eight-week program will hold practices on Mondays and Thursdays, two tournaments (dates TBD), and occasional scrimmages in surrounding communities on select dates. *Instructor: TBD*.

No special equipment or clothing necessary -- just wear t-shirt, shorts, and sneakers. A t-shirt will be provided. No transportation will be provided for

tournaments or scrimmages.

**GRADES:** 6-8

**LOCATION:** Middle School Gym

DATE: Sept 9 - Nov 7 | Mon & Thurs

**TIME:** 6:15 - 8:15 pm

**FEE:** \$65 **MIN/MAX:** 12 / 30

**DEADLINE:** Wednesday, Sept 4 by 4:00 pm

#### **DANCE**

#### **Scarborough Dance Center Classes**

26 Oak Hill Plaza, Scarborough, ME

It is Scarborough Dance Center's goal to make sure every student understands each step, even if that means teaching the same step ten different ways. The professional staff is knowledgeable, energetic, and most importantly, patient with each and every student. They strive to provide a fun learning environment for their dancers, no matter the age or ability.



The registration for the following classes are being offered through Community Services. For more information, visit scarboroughdancecenter.com or email Melissa Willey at info@scarboroughdancecenter.com.

#### Hip-Hop

Instructor: Amanda Preble

LOCATION: Scarborough Dance Center

DATE: Sept 6 - Oct 18 | Fridays

**FEE:** \$75 **MIN/MAX:** 8 / 20

**DEADLINE:** Friday, Aug 30 by 4:00 pm

**AGES:** 8-12

**TIME:** 4:15 - 5:00 pm

**AGES:** 6-8

**TIME:** 5:00 - 5:45 pm

## Mommy & Me Dance Class

Instructor: Melissa Willey

**AGES:** 2-3

**LOCATION:** Scarborough Dance Center **DATE:** Sept 10 - Oct 22 | Tuesdays

**TIME:** 11:15 - 11:45 am

**FEE:** \$70 **MIN/MAX:** 8 / 20

**DEADLINE:** Tuesday, Sept 3 by 4:00 pm

#### **Ballet & Jazz**

Instructor: Miranda Emmons

**AGES:** 4-5

**LOCATION:** Scarborough Dance Center **DATE:** Sept 10 - Oct 22 | Tuesdays

**TIME:** 1:00 - 1:45 pm

**FEE:** \$75 **MIN/MAX:** 8 / 20

**DEADLINE:** Tuesday, Sept 3 by 4:00 pm



#### **Can't Find a Program?**

Looking for an activity but it isn't listed in this brochure? Community Services occasionally adds additional programs to the lineup after the brochure has been published.

Any programs that are added after the brochure is finalized will be advertised on our website under the Youth Recreation and Adult Recreation web pages.



## Adult Programs Registration begins August 6, 2019

#### **SOCCER**

#### **Adult Outdoor Soccer**

This recreation soccer program is for adults of all abilities who want to get out and play soccer. Each week teams will change to ensure a competitive level of play.

**AGES:** 35<sup>+</sup>

LOCATION: High School Grass Field

DATE: Sept 1 - Oct 20 | Sundays

**TIME:** 5:30 - 7:00 pm

**FEE:** \$40 **MIN/MAX:** 14 / 50

**DEADLINE:** Wednesday, Aug 28 by 4:00 pm

#### Outside Sports Leagues, Activities, and Organizations

Looking for an activity or league but it isn't offered through Community Services? Oftentimes, Community Services receives questions regarding local groups, leagues, and organizations, such as men's softball, bowling leagues, and adult enrichment classes. While these groups are not associated with us, we do our best to provide links to their information and websites under our Adult Recreation section online.

#### **FITNESS**

#### Healthline

Healthline is an exercise program designed around walking, jogging, and running with light stretching and free-weight training mixed in. This self-led program works towards developing cardiovascular, aerobic, and muscular strength. This program will keep you moving year round but the best part is the comradery that the group develops while keeping you motivated and committed to a fitness routine.

**AGES:** 18<sup>+</sup>

**LOCATION:** Wentworth Gym & Fitness Room **DATE:** Sept 30 - Dec 27 | Mon, Wed, Fri

**TIME:** 6:00 - 7:45 am

**FEE:** \$70 **MIN/MAX:** 10 / 24

This program needs a minimum of ten participants per session for the class to run.

## Coming Soon! Fitness Classes

We are currently in the process of collaborating with local fitness instructors to expand our offerings of fitness classes. Keep an eye on our website and Facebook page for more details in the coming months.



## **CHILD CARE 2019-20**

Scarborough Community Services Child Care welcomes all Scarborough school-age children to our before and after-school program. We offer care for children in Kindergarten through Grade 8, all conveniently located in each child's school. Our mission is to promote the physical, mental, social, and emotional development of each child by providing a high-quality child care program. This program enriches the experiences of children as we view the home, school, community, and child care settings as complementary domains that affect children's growth and development. This program offers outside play or indoor physical activities, crafts and special projects, as well as some quiet time. A nutritious snack is provided each day.

We are a non-profit recreational program complying with all the rules for the licensing of child care facilities established by the State of Maine. If you have any questions about the programs offered, please contact the Child Care Administrative Office at 207-730-4170.

> Registration for 2019-20 began April 10, 2019. Please call 207-730-4150 to check site-specific availability.

#### **REGISTRATION**

- Registration must be completed in person in the Community Services Office at Town Hall. We will update your household information in our system and have you sign a few waivers.
- A non-refundable registration fee of \$125 will be expected upon registration.
- Please bring the credit or debit card you would like your monthly or bi-monthly payments to be withdrawn from.
- Registrations are accepted on a first-come, first-served basis.
- · Waiting lists for spots will be started and maintained as necessary for each site.
- There is a three business day waiting period if registering any time after the first day of school in August.

## **SPECIAL NOTICE**

#### **First Week of School**

Please be sure to review the schedule below for details on the first week of school. We want to make it clear which days Child Care will be open during the first week of school:

Tuesday, 08/27 First day for Grades 3, 6, and 9 only

Before-school and after-school care available to Grade 3 and 6 enrollees only.

Wednesday, 08/28 Full school day for Grades 3-12

Before-school and after-school care available to Grades 3-8 enrollees

Thursday, 08/29
Full school day for Grades K-12

Before-school and after-school care available to Grades K-8 enrollees.

Friday, 08/30 School Closed; Full-Day Care Available

Full-day care is available at Wentworth School for Grades K-8 students. This no-school day will be open to children enrolled and not enrolled in our child care program. Separate registration and fee is required for this no-school day.

#### Monday, 09/02

Labor Day

School and Child Care CLOSED

#### **PROGRAMS**

The following information is designed to give you a more in-depth look at our programs. We welcome and encourage you and your child to visit any of our child care sites prior to registering.

## Primary School Program (Grades K-2)

 Blue Point
 207-730-5340

 Eight Corners
 207-730-5235

 Pleasant Hill
 207-730-5260

- Before-school care and after-school care are both held at the primary school each child attends.
- Morning care opens at 7:00 am and includes quiet activities such as drawing, puzzles, and cards.
- After-school care runs until 6:00 pm sharp and consists of outside time, story time, projects, activity centers, and free play. An afternoon snack will be provided daily.

## Intermediate School Program (Grades 3-5)

Wentworth 207-730-4657

- Before-school care and after-school care are both held at Wentworth School.
- Morning care opens at 7:00 am every morning.
- After-school care runs until 6:00 pm sharp.
  Outside time runs from 3:30 to 4:00 pm for
  all students, weather permitting. From 4:00 to
  4:30 pm children are given an opportunity to
  complete homework and assigned reading or
  do quiet activities. At 4:30 pm more choices are
  offered, including clubs, table games, arts and
  crafts, etc. An afternoon snack will be provided
  daily.

#### Club Teen Program (Grades 6-8)

Middle School 207-730-4848

- Club Teen is located at the Scarborough Middle School in the cafeteria.
- Morning care opens at 7:00 am every morning.
- After-school care runs until 6:00 pm sharp. An afternoon snack will be provided daily.

#### **MONTHLY FEES**

#### **\$125** registration fee (non-refundable)

Grades K-5					
	5 Days	4 Days	3 Days	2 Days	
Before Care	\$235	\$220	\$185	\$150	
After Care	\$370	\$325	\$275	\$220	
Before & After Care	\$445	\$390	\$315	\$240	

	Grades 6-8
Before &	\$290 per month
After Care	(regardless of days used)

	Extra Days
Included in Child Care Fees	<ul> <li>February and April Vacations:         Requires pre-registration</li> <li>Partial No School Days (Early Release or Delayed Opening Days due to weather): Only open to children already enrolled for those specific days.</li> <li>See below regarding Late Start Days.</li> </ul>
NOT Included in Child Care Fees	<ul> <li>Teacher &amp; Staff Days: Requires pre-registration.</li> <li>December Vacation Days: Requires pre-registration.</li> <li>\$65 per day         Early registration discounts available.     </li> </ul>
Late Start Days	Open to children regularly scheduled for Wednesday mornings and to anyone who registers for the Late Start School Days package. Requires pre-registration for all days.  \$175.00 for package

Please note: We reserve the right to change the rates on any of the payment options with at least one month's written notice.

**FEDERAL TAX ID 01-6000357** 



#### **COMMUNITY EVENTS**

#### **Summerfest 2019**

Grab your family and friends and join us for our annual Summerfest event! Festivities begin at the Clifford Mitchell (High School) Sports Complex at 5:00 pm and feature a road race, musical acts and entertainment, food, games, and so much more. This fun-filled evening will end with a spectacular fireworks display at 9:15 pm. This is a great family event -- make sure you don't miss it!

**LOCATION:** High School Sports Complex

**DATE:** Aug 16 | Friday **TIME:** 5:00 - 10:00 pm

**Vendors:** For more information, call Community Services at 207-730-4150 or download the vendor application on our website.



### Scarborough Farmers Market

Come join us every Sunday, June through October, for the Scarborough Farmers Market. Stop by to purchase fresh vegetables, fruits, baked goods, plants, handcrafts, and more while supporting your local farmers and artisans.

For more information, visit the Scarborough Farmers Market Facebook page.

**LOCATION:** Municipal Building Parking Lot **DATE:** June - October | Sundays

**TIME:** 9:00 - 1:00 pm

#### **Quiet Riot**

Join us at our 2<sup>nd</sup> Annual Quiet Riot event! We are once again teaming up with Party Headphones to provide an experience that works for all ages, abilities, and comfort levels. Also known as a "Silent Disco," each guest will receive a wireless headset for the evening, allowing you to adjust the volume of the music to your liking.

Need a break from the dance floor? Switch the channel on your headset to join in on a Halloween-themed cartoons, or switch it again for relaxing music to color to! There will be a costume contest with prizes so be sure to dress in your Halloween best.

This is a family-friendly event and open to residents and non-residents. Children under age 16 must be accompanied to the event by an adult. Adults in attendance do not need to purchase a ticket to attend unless they want to participate and hear the music.

**LOCATION:** Wentworth School **DATE:** October 26 | Saturday

TIME: 6:00 - 9:00 pm FEE: Advance | \$8 At Door | \$10



#### STAY CONNECTED

### **Brochure Mailing List**

Want the next brochure sent to your house? Now you have the option! For \$10 per year, you can receive the summer, fall, and winter/spring brochures in the mail prior to registration.

To sign up for the mailing list, you can register in the Community Services Office or online.

Brochures will still be available for free in our office, the Scarborough Public Library, and to view online.



## **Scarborough Community TV**

SCTV is Scarborough's local programming station that airs official town meetings, a bulletin board slideshow, and public access shows, such as sporting events and concerts.

Local programming was originally aired on Channels 2 and 3, but are now aired on Channels 1301 and 1302 due to Spectrum's switch to digital programming. If you have TV(s) without equipment issued by Spectrum, you do not have access to these channels without a converter. If you are affected by this change, order your Spectrum Receiver(s) or converter at Spectrum.com/digitalnow or call 1-844-278-3409.

Live streaming of programs and archived videos can be viewed online 24/7 at **sctv.viebit.com**.

#### **Town E-Newsletter**

Want to stay up to date with the town happenings? Sign up for the Town of Scarborough E-Newsletter and get sent an email every month with the latest news and upcoming events. Visit scarboroughmaine.org to join the mailing list.



#### **DISCOUNTED TICKETS**







Stop by the Community Services Office for discounted one-day passes to Aquaboggan, Funtown/Splashtown and York's Wild Kingdom.

All tickets are sold on a first-come, first-served basis. Refunds are not available for ticket purchases.

PARK	GATE PRICE	OUR PRICE
Funtown	\$34	\$26
Splashtown	\$31	\$26
Combo	\$39	\$30

Gate price based on the "Big" ticket (anyone over 48")

Open May 11 - Sept 2 | Hours Vary

PARK	GATE PRICE	OUR PRICE
Aquaboggan	\$24	\$17

Gate price based on the general ticket (anyone over 4')

Open Jun 22 - Labor Day | 10am - 6pm

PARK	GATE PRICE	OUR PRICE	
York's Wild Kingdom	\$23.75	\$16	
Gate price based on the adult ticket (ages 13*)			



#### **BEACHES**

#### **Beach Parking**

Parking lots at the beaches are open daily from sunrise to sunset. Entrance fee collection begins the Friday before Memorial Day through the Tuesday after Labor Day between 5:30 am to 6:00 pm.

Beach passes are available in the Clerk's Office of the Municipal Building beginning mid-May. *Must bring current vehicle registration*.

#### Resident/Taxpayer Passes

•	Season pass	\$40
•	Additional household vehicle	\$5
•	Age 60 <sup>+</sup> and Veteran	FREE

#### **Non-Resident Passes**

• Season pass \$150

#### **Daily Rates**

- Daily parking fee



#### **DOG INFORMATION**

#### **Dog Licensing**

For details on how to register your dog in the Town of Scarborough, please visit the Town Clerk's website:

www.scarboroughmaine.org/ departments/town-clerk

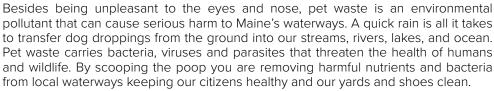
## **Dogs on the Beaches**

For dog regulations and owner responsibilities, please view our town ordinances by visiting the Town's website:

www.scarboroughmaine.org/towngovernment/town-ordinances



Clean up after your pets and help keep the watershed healthy for humans, fish and wildlife.





- Make use of the provided poop bag dispensers at all of our beaches and parks or bring your own. Take multiple bags on walks, just in case.
- Tie the bags shut and dispose in a trash receptacle. Do not drop bags to the side of the trash receptacle, into the trees, or off to the side of a trail.
- Never throw pet poop in a compost pile.
- Educate your children on the importance of picking up after your pets.



#### **PASSPORTS**

For your convenience, Scarborough Community Services accepts passport applications on behalf of the U.S. Department of State. U.S. citizens planning international travel may apply for their passports in the Community Services Office located at the Scarborough Municipal Building.



### **What to Bring to Your Passport Appointment**

**YOURSELF:** Anyone applying for a passport, including newborn babies, must be present for the passport acceptance.

**PROOF OF U.S. CITIZENSHIP:** Certified U.S. birth certificate OR previous U.S. Passport.

**PHOTO IDENTIFICATION**: Maine driver's license or Maine ID (If you only have an out-of-state driver's license, you must bring additional photo ID).

**PASSPORT PHOTOS**: This service is provided by area businesses. We do not provide this service.

**PERSONAL CHECK FOR PAYMENT**: Must bring at least one check or money order for payment of each application. The acceptance fee (\$35), which is paid separately, may be paid by cash, check, or debit card.

**MINORS AGE 15 & UNDER:** It is REQUIRED that minors apply in person with both parents listed on their birth certificates. If both parents cannot be present, additional documentation must be completed or presented.

**ADULTS AGE 16 & 17:** It is recommended that one parent be present at the appointment to show parental awareness. This can also be done by writing the check for the passport or putting a parent down as the emergency contact on the form.

We recommend completing the passport application prior to coming to our office for acceptance.

For printable applications, information on documentation, required fees, and other passport and international travel information, please visit the only official website for passport information at **Travel.State.Gov** or call us at **207-730-4150.** 





#### **PARKS & FIELDS**

Community Services oversees the maintenance and construction of many parks and fields in Scarborough. Please view our Amenities Guide in this brochure for more detailed information about all Scarborough parks, trails, fields, beaches, and more.

#### **Blue Point Park**

#### 241 Pine Point Road

- Tennis/pickle ball court
- Pickle ball court (uses existing tennis nets)
- Basketball court

#### **Black Point Park**

#### 160 Black Point Road

- Multi-use field
- Community gardens

#### **Memorial Park**

#### **5 Durant Drive**

 Memorial Park is located directly behind the Municipal Building at Oak Hill. This park includes both active and passive recreation opportunities for your enjoyment. Amenities include a pond with two fountains, gazebo, trails, athletic fields, a skateboard park, and a new community gaming area, which includes pickle ball courts, corn hole boards, a bocce court, and chess tables.

#### **Peterson Sports Complex**

#### 138 Old Blue Point Road

 Amenities include three multi-use fields, one Little League regulation-sized baseball field with concession stand, one Little League regulationsized softball field, one high school regulationsized softball field, playground equipment, and a walking trail around the perimeter of the complex.

## Scarborough Middle School Sports Complex

#### 21 Quentin Drive

- Multi-use field
- Baseball field
- Softball field

#### Scarborough High School Sports Complex

#### 11 Municipal Drive

- Turf field
- Track
- Baseball field
- · Softball fields
- Multi-use fields
- Tennis courts
- Basketball courts
- Pickle ball courts (must bring own nets)
- Ice rink

#### **Springbrook Sports Complex**

#### 11 Longmeadow Road

This 9.9-acre recreational area has a full-sized men's softball field, a full-sized Little League softball field, a multi-purpose area, a full concession stand with two handicapped bathrooms, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. There are also four park benches and a parking lot for 75 cars.

#### **Willey Sports Complex**

#### 42 Tenney Lane

 This recreational area contains a full-sized adult baseball field, a full-sized Little League baseball/softball field, a soccer/football field, a multi-purpose area, a jogging path around the perimeter, a playground for children, and two sets of bleachers at each ball field. Also has a parking lot for 75 cars.

## **RENTALS & RESERVATIONS**

## **Field & Facility Reservations**

Community Services has made booking a field or facility simpler by allowing online reservation requests! Using your organization's username and password, you are able to log onto our online reservation system on our website and access the following features:

- Update your organization's contact information. We ask that each group or organization only maintain one primary contact person to keep communications consistent throughout the reservation process.
- Check field and facility availability in real-time.
- · Request a field or facility.
- Print request confirmation for your records.
- Make a payment for reservation online using a debit or credit card.

To access your group's username and password, or to create a new account, please contact Community Services at 207-730-4150, or email us:

reservations@scarboroughmaine.org

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## **Community Gardens**

Have a green thumb but don't have the space or resources to plant your own garden? We have the solution! We have eight raised-bed 8-foot x 16-foot plots located in the Black Point Community Park. \$15 one-time fee and \$15 annual fee per gardener. Previous garden renters are given first rights of refusal for their spot year to year.

All garden plots are currently rented
Call 207-730-4150 to add your name to the waitlist

## **Kayak Rack Rentals**

Tired of lugging your kayak to and from the beach? Community Services has the answer for you! We have two eight-spot kayak racks available at the Pine Point Co-Op and a three-spot rack at Ferry Beach. Stop by our office to register and receive your rack decal. \$100 for residents, \$150 for nonresidents. Previous rack renters are given first rights of refusal for their spot year to year.

All racks are currently filled Call 207-730-4150 to add your name to the waitlist

#### **OUTDOOR AMENITIES**

## **Community Gaming Area**

Come enjoy our new Community Gaming Area at Memorial Park! We are delighted to provide two pickle ball courts, a bocce ball court, a corn hole area, and chess tables that can be enjoyed by all.

Game items, such as pickle ball paddle and balls, corn hole bags, and bocce ball sets, as well as croquet sets, are available to borrow from the Community Services Office at Town Hall.



### **Outdoor Lighting Management**

Our wireless lighting system allows users within the community to schedule field lights. The Clifford Mitchell Sports Complex (High School Complex) light system is set up in seven zones as follows:

- Basketball Courts
- McFarland Baseball Field Rt. 114 Multi-Use Field
- Tennis Courts
- Track

- Turf Field
- Varsity Softball Field

#### **RATES**

Basketball/Tennis Courts	\$15 per hour
Track	\$15 per hour
Fields*	

<sup>\*</sup> Turf, McFarland, Varsity, and Softball Fields

## **Scarborough Trails**

When you tour this great town of Scarborough by foot or bicycle, we hope you enjoy the scenery, the rocky coast, the beaches, the park system, and most of all, the wonderful trail system that we are creating for your enjoyment.

> Visit our trails web page for maps and more information:

www.scarboroughmaine.org/ departments/community-services/trails



#### **SPONSORSHIP OPPORTUNITIES**

Scarborough Community Services works with businesses of all sizes, as well as individuals, to form partnerships through sponsorship and advertising opportunities. With you by our side, we can meet the needs of our growing community in new and engaging ways. Your partnership with us demonstrates that you share our dedication to enhancing the quality of life for all residents.

We have always relied on the generosity of our sponsors to help us offer our popular special events, such as Summerfest, Winterfest, the Easter Egg Hunts, and the Annual 55<sup>+</sup> BBQ. We are able to offer these fun public events to our residents at little to no cost while providing the sponsor with name and brand recognition throughout the year.

Our new campaign, called "50 for \$500" seeks 50 local businesses, groups, organizations, or individuals who are just as passionate as us to see these events carry on and grow. If we raise 50 donations of \$500, we are set for an entire year!

#### Annual supporters of Scarborough's special events will receive the following benefits:

- Recognition in three annual program brochures.
- Recognition on local cable access channels.
- Mention in local paper ads or articles on special events (when applicable).
- Logo on event promotional material, such as posters.
- Acknowledgment on the Community Services in-office Community Monitor.
- Logo on event sponsor banner, displayed at all events.
- Logo with hyperlink on Community Services website (directs to your website).
- Thank-you post on Town of Scarborough Facebook page (over 3,000 followers to date).
- Dedicated social media "spotlight" post through Town of Scarborough Facebook page, Community Services Twitter feed, and Community Services Instagram page (Choice of week in 2019 year; first to pledge is the first to pick date).

For more information on current or upcoming opportunities, visit our web page or contact Nicole Hall at 207-730-4158.

## Thank you to our current 2019 sponsors for your support!





# PROUTS NECK ASSOCIATION

























