

St Hugh's School

w/c – 24th January 2022

PALMER & HOWELLS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Freshly Baked Pain au Chocolat	Fresh Fruit	Vanilla Cupcakes with Butter Icing and Sprinkles	Fresh Fruit	Anzac Biscuits
Soup	Mexican Bean Soup with Shredded Chicken, Lime and Coriander	Cream of Wild Mushroom Soup with Roasted Garlic and Broad Leaf Parsley	Root Vegetable Minestrone with Oregano	Winter Vegetable and Lentil Soup	Roasted Red Pepper and Plum Tomato Soup
Lunch	<p><u>Mexican Monday</u></p> <p>Ground Beef Chilli Con Carne with Mixed Beans and Romano Peppers</p> <p>Mexican Spiced Quorn and Vegetable Layered Tortilla Bake</p> <p>Braised Yellow Rice</p> <p>Smoked Paprika and Oregano Roast Vegetables</p>	<p><u>Roast Tuesday</u></p> <p>Roast Breast of Turkey with Cranberry Sauce and a Rich Pan Gravy</p> <p>Tuscan Bean and Pearl Barley Hot Pot Topped with Sweet Potatoes</p> <p>Crisp Maris Piper Roast Potatoes</p> <p>Cauliflower Cheese</p>	<p><u>Pasta Wednesday</u></p> <p>Slow Cooked Italian Pork Ragout</p> <p>Creamy Parsnip, Celeriac and Leek Lasagne with Sage and Parmesan</p> <p>Penne Pasta</p> <p>Baby Corn and Sugar Snap Peas</p>	<p><u>Traditional Thursday</u></p> <p>Steak and Mushroom Pie with Leeks and Flat Leaf Parsley</p> <p>Tian Tart with Tarragon Crème Fraiche and Feta Cheese</p> <p>Buttered New Potatoes</p> <p>Sauteed Duo of Cabbage and Kale</p>	<p>BBQ Hunters Chicken with Smoked Bacon and Cheddar</p> <p>BBQ Hunters Quorn and Vegetable Bake with Halloumi</p> <p>Curly Fries</p> <p>Caesar Salad</p>
Light Lunch	Crispy Fried Pangasius Taco with Chipotle Mayonnaise, Shredded Slaw and Pickled Cucumber	Sweet Potato and Mixed Bean Quesadillas with Jalapenos, Guacamole and Salsa	Thai Coconut Mussels with Lemongrass, Ginger, Coriander and Asian Flatbreads	Moroccan Crispy Lamb Pitta with Mint and Sweet Chilli Salsa, Wild Rocket and Hummus	Sesame Noodle Beef Stir Fry with Soy and Ginger
Dessert	Mexican Chocolate and Banana Brownie with Dulce de Leche and Pouring Cream	Strawberry and Peach Jelly	Oat Topped Pear and Forest Fruit Crumble with Vanilla Custard	Chocolate Ice Cream	Sticky Toffee Pudding with Butterscotch Sauce and Pouring Cream
Afternoon Snack	Fresh Fruit	Oregano and Olive Pizza Bread with Mozzarella and Sundried Tomatoes	Fresh Fruit	Honey Glazed Cumberland Chipolata Sausages	Fresh Fruit

