2019-20 BEVINS ELEMENTARY NON-TRADITIONAL INSTRUCTION PACKET FOR 5th Grade

	Reading	Social Studies/Writing	Math	
DAY 31	www.readworks.org/student **Code: PADALL (Henson Homeroom)** **Code: QXFTVJ (Saros Homeroom)** **PW: 1234** **"Jack and the Beanstalk"**	www.readworks.org/student **Code: PADALL (Henson Homeroom) Code: QXFTVJ (Saros Homeroom)** **PW: 1234** **"The Variety of Maps"**	Google Classroom April 20, 2020 (A) April 20, 2020 (B) Zoom Meeting: 7:30	1. Have students go to www.readworks.org/student 2. Students enter class code **PADALL (Henson Homeroom)** Students enter class code **QXFTVJ (Saros Homeroom)** 3. Password is **1234**
DAY 32	www.readworks.org/student **" Working Dogs"**	www.readworks.org/student **"Standing on the Roof of Africa"**	Google Classroom April 21, 2020 (A) April 21, 2020 (B)	
DAY 33	www.readworks.org/student **"Casey at the Bat"**	www.readworks.org/student **"Talking Leaves"**	Google Classroom April 22, 2020 (A) April 22, 2020 (B)	
DAY 34	www.readworks.org/student **"The Process of Acting"**	 CCSS.ELA-Literacy.W.5.1a, CCSS.ELA-Literacy.W.5.3e **#5.** You have been told you can have any pet that you want. Write a report discussing what the perfect pet would be and include all the reasons for your choice. Clearly state your opinion and discuss your pet choice in your topic sentence. In your conclusion, summarize all your thoughts to make it more interesting to your readers.	Google Classroom April 23, 2020 (A) April 23, 2020 (B) Zoom Meeting: 7:30	
DAY 35	www.readworks.org/student **"Preparing for a Disaster"**		Google Classroom April 24, 2020 (A) April 24, 2020 (B)	

Special Classes

PE Monday (4/20/20) - Choose 1 video link OR 2 activities below

- **Fitness TABATA #4** https://www.youtube.com/watch?v=_ERm-T0RZd8
- **Space Jam** https://www.youtube.com/watch?v=z0evAuWFlPs&list=RDz0evAuWFlPs&start_radio=1&t=85
- **Trolls September Dance** https://www.youtube.com/watch?v=lU6ZXl6YgI0
- **Happy (Elementary PE Dance Warmup) https://www.youtube.com/watch?v=_swUGtEpazY**
- **6 Physical Education Fitness Circuit activities** https://www.youtube.com/watch?v=pImrFWw0Fxw

1	Exercise: Squats	0:00 minutes
	Rest 10 Seconds	
2	Exercise: Plank Shoulder Taps	0:30 seconds
	Rest 10 Seconds	
3	Exercise: Jumps	1:00 minutes
	Rest 10 Seconds	
4	Exercise: Jumping Jacks	1:30 minutes
	Rest 10 Seconds	
5	Exercise: Squats	2:00 minutes
	Rest 10 Seconds	

ART Tuesday (4/21/20)

- **Look out your window and draw what you see. Be sure to label each item that you draw. Example: house, trees, flowers, swing set, dog house etc. If possible, ask an adult to post your drawings on our school Facebook page.**

  https://www.facebook.com/groups/201711996628829/

Wednesday (4/22/20) - **Choose 2 video link OR Fitness UNO game**

- **Brain Bites** https://www.youtube.com/watch?v=9HfW3mJl2EU&feature=youtu.be
- **Wake-Up - Fresh Start Fitness** https://www.youtube.com/watch?v=ALrdpsWYoJs&t=1s
- **Fortnite Tabata** https://www.youtube.com/watch?v=vwyDwwDrg7k
- **Gonoodle Koo Koo Kangaroo Roller Coaster** https://www.youtube.com/watch?v=GSDxhF6GIUU
- **Fortnite Just Dance** https://www.youtube.com/watch?v=UhU6p2LTjSE

Fitness UNO card game *if no UNO cards complete any 2 activity for 10 repetitions each

RED	Invisible Speed Rope
BLUE	Jumping Jacks
GREEN	Squats
YELLOW	Stationary Sprints

Fitness UNO Chart: Aerobic Capacity

- Wild cards: free—discard with no repetitions.
- Draw 2 cards: draw 2 new cards.
- Reverse cards: count 10 repetitions backward.
- Skip cards: free—discard with no repetitions.
- Wild Draw 4 cards: give to another team—they must draw 4.

OPENPhysEd.org

LIBRARY - Thursday (4/23/20)

Join Scholastic and the Library of Congress for Dav Pilkey At Home. Together you can get creative and have fun with some of your favorite characters from Dog Man and Captain Underpants. Discover new activities, videos, read-alouds, and so much more!

Find out about man and woman's best friend. Read aloud the Scholastic Storyworks: History of Dogs at: https://storyworks.scholastic.com/issues/2017-18/090117/the-amazing-history-of-dogs.html#On%20Level You must use Google Chrome, Foxfire, Safari, or Edge as your browser)

OR read a book from home or on capstone

PE - Friday (4/24/20) - Choose 1 video link OR 2 exercises below

- **Baby Shark| GoNoodle** https://www.youtube.com/watch?v=2ERLMzBk3Qk
- **Spiderman Workout** https://www.youtube.com/watch?v=YC_V8hnU2PY
- **Just Dance Mario** https://www.youtube.com/watch?v=RxwziZzFef4
- **Tony Stark "Iron Man" workout** https://www.youtube.com/watch?v=udK_PRSeVPI
- **Guardians Of the Galaxy workout** https://www.youtube.com/watch?v=y2nURl5xOWU

1	**Exercise: Reverse Lunges**	**1:30 minutes**	**4**	**Exercise: Split Jacks**	**3:00 minutes**
	Rest 10 Seconds			**Rest 10 Seconds**	
2	**Exercise: Bounces**	**2:00 minutes**	**5**	**Exercise: Reverse Lunges**	**3:30 minutes**
	Rest 10 Seconds			**Rest 10 Seconds**	
3	**Exercise: Plank Climbers**	**2:30 minutes**			
	Rest 10 Seconds				