



The Cardinal News
Palos South

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New Newspaper

Amit Prakash
Contributing Writer

Hello, and welcome to the Cardinal News! Here you will find a number of various stories, school news, comics, and more! We have recently rebranded our newspaper, so let me explain to you what's new!

During the 2019-20 school year, our newspaper's name was "The Red and White Report". We recently went through rebranding, and our new official name is "The Cardinal News".

Along with this rebranding, we introduced a new logo, which is shown at the top of the newspaper.

This year, The Cardinal News



Photo by Cardinal News Staff

Cardinal News staff work on the December issue.

is welcoming our new sponsors, Ms. Merritello and Mrs. McKee. Mrs. Schramm and Mrs. Lindeman were our previous club sponsors. Interested students can still join, and we meet on Thursdays from 2:40 to 3:30pm.

This year, we have a new team of talented writers, edi-

tors, and photographers ready to make and edit new stories, draw comics, take photos, and more! We are excited to show you our December edition newspaper, and we hope you enjoy it as much as we did making it!

Thanks for reading!

At South We Start with Hello

Cardinal News Staff

In September, students celebrated Start with Hello week here at Palos South. On Monday, Save Promise Club surprised students with notes on their lockers. On Tuesday, students learned about

the three simple steps of Start with Hello. On Wednesday, students wore green. On Thursday, there was a Sherbert Shindig. Friday was Fly Together Friday where students wore their Palos South gear or red and white. Students and staff also took a picture where they formed the word hello. Palos



South staff and administration wants to promote an inclusive environment and put an end to social isolations.

Drama Club Takes the Stage

Tristan Vasquez
Contributing Writer

The 6th 7th 8th grade drama club is in the middle of rehearsal. They are looking for a good location to do the play, and the stage crew is working on getting

perfect props. Mr. Turlakes stated, "We are getting costumes ready and finding a good look for the characters. We all are hoping to get everything ready for our per-

formances, January 21st, 23rd, and 24th. The play's name is Dr. Dolittle, and the directors are Mr. Turlakes and Mr. Graham.



Cast practices newly assigned lines as some members look on.

"Don't expect the concert to be all holly jolly..."

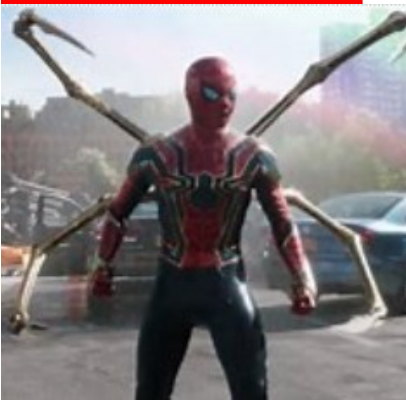
New director, new band, what an exciting year!

Grace Lewandowski
Contributing Writer

With the first ever 6th grade beginning band and the awesome 7th and 8th grade bands performance, there are many more new things coming to band! The 7th and

8th graders had great performances at Stagg and Sandburg as the first band performance this year. Different types of bands are starting up this year like Percussion Ensemble and Jazz Band. Speak

ing of bands, on December 15-16 Percussion ensemble 6th, 7th, and 8th bands are going to be playing at Palos South from 6pm-7pm. Don't expect the concert to be all holly jolly, traditional and rock



Spider-Man No Way Home Swings Into Theaters!

Amit Prakash
Contributing Writer

A new Spider-Man movie is releasing on December 17th! The new movie features Tom Holland's Spider-Man as he navigates a world that knows his

secret identity. Peter Parker acquires the help of Doctor Strange, another wizard superhero! A spell goes wrong, and suddenly, the multiverse is unveiled! Villains from different universes, in-

cluding Green Goblin, Doc Ock, and Electro all battle Spider-Man, and he is forced to discover who he really is. Spider-Man No Way Home is rated PG-13, and again, it releases on Friday, December 17th!

Mars Rover takes mysterious photos of Martian rocks!

Amit Prakash

Contributing Writer

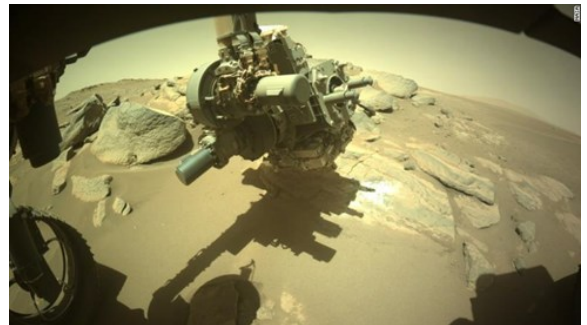
Hello, and welcome to tech corner. Today I will be talking about new photos and videos of the surface of Mars! As you may



have heard, NASA's Perseverance Rover embarked on a journey to Mars and started in July of 2020, taking off on an Alliance Atlas V Rocket. Perseverance landed on the surface of Mars earlier this year in February and has

been exploring since then. NASA recently posted a few photos and information of Perseverance's discoveries, and it is quite fascinating!

According to CNN," One of the rover's key goals is to collect samples from rocks and dirt on Mars that will be returned to Earth by future missions... Since October 25, Perseverance has been investigating some rock outcrops of the planet's South Séítah region, which are of interest to the rover's science team on Earth. The rover has an abrading tool on its robotic arm that can scrape away at rock layers to take a look inside these rocks."



Photos courtesy of CNN

After more research, Perseverance concluded what it was looking at on the rock: grainy minerals and sediments. Perseverance will take a sample of this for when it comes back to Earth so more scientific research can be done on it! More continued research on Mars could answer many questions about extraterrestrial life, living on other planets, and more. That's

Student Council School Store's Grand Re-Opening

The Student Council Store recently celebrated their grand re-opening after being closed last school year. Students are able to purchase items of their choice which include, fidgets, pencils/lead, seasonal items, toys, small trinkets and t-shirts. A portion of the sales goes to the school store bank so that Student Council can purchase new items to sell. Student Council is working on

developing a delivery service so that kids that are in the gym for lunch can still participate (anticipated roll-out date is January). Student Council asks that when purchasing, only four students at a time should be at the store to avoid overcrowding. They thank everyone who has purchased so far, and look forward to returning in January.



New to South

South's Newest
Shining Stars!

Meet Mrs. Cork

Grace Lewandowski
Contributing Writer

Why did she come to South?

Mrs. Cork came to South because she grew up in Orland around Palos South. She went to Sandburg and thought that there was a good education for the many kids that go here.

What are some fun facts about Mrs. Cork?



Photo by Violet Kooyenga

8B Teacher Mrs. Cork poses in her classroom.

Mrs. Cork is an ELA teacher. This year is the 5+ year of her teaching career from all the schools she has taught at. She lives in Mokena near where she grew

up in Orland. Mrs. Cork graduated from Lewis University before her teaching career started. She has a daughter and will be expecting a son.

Meet Mrs. Farmer



Photo by Mrs. Farmer

Grace Lewandowski
Contributing Writer

Why did she come to South?

Mrs. Farmer is a local from Burr Ridge and thinks this district is a good one.

What are some fun facts about Mrs. Farmer?

Mrs. Farmer is a 6B Reading and English teacher. She enjoys photography and running in her free time. She also is a rehearsal director at a dance company.

Meet Mr. Graham

Grace Lewandowski
Contributing Writer

Why did he come to South?

Mr. Graham has been teaching for 9 years while teaching at many public schools. His wife worked at a school in the suburbs causing them to move out to palos. Mr. Graham saw the good education here

and applied.

What are some fun facts about Mr. Graham?

Mr. Graham teaches ELA. He grew up as a kid with 6 siblings, being the 4th out of all of them. He loves going on ghost tours all over the place. Lastly, his favorite book series is Harry Potter.

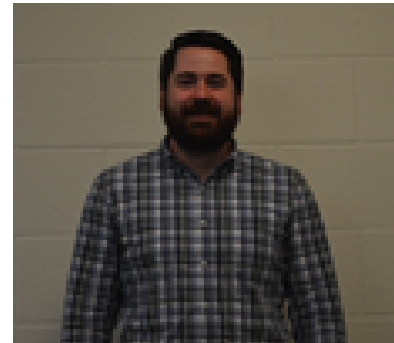


Photo by Violet Kooyenga

88 Teacher Mr. Graham poses for a picture.

Meet Ms. Radimonte

Grace Lewandowski
Contributing Writer

Why did she come to South?

Ms. Radimonte heard that the students and families that came to South were amazing, and she wanted to experience the amazing families for herself by coming to Palos South.

What are fun facts about Ms. Radimonte?

Ms. Radimonte teaches gym class. She likes to go on vacation to Florida and relax from working for a while. She can speak another language but would much rather speak English. She has 2 children with one in junior high. In Ms. Radimonte's free time, she likes going to the driving range and she also likes to read. She is a good cook and often likes to



Photo by Violet Kooyenga

cook. Ms. Radimonte loves her job and is happy she came to South.

Meet Mr. Makropoulos

Grace Lewandowski
Contributing Writer

Why did he come

to South? Mr. Makropoulos Grew up around the area and had friends going to south. He also admired the band program there and wanted to work at south.

What are some fun facts about Mr. Makropoulos?

He is the band teacher of Palos South. He plays a lot of instruments but specializes in the clarinet. He likes to watch SpongeBob. He often likes to go to aquariums as a hobby.

Besides band,

Mr. Makropoulos enjoys reading comics and Star Wars books, but his favorite type of books are Jurassic Park books. Mr. Makropoulos has a wonderful dog named Tucker. Besides going to aquariums as being his only hobby, he also likes to ride his bike.

Holiday Recipes for Any Celebration

Holiday Mashed Potatoes

Alek Azzo
Contributing Writer

- **Peel potatoes.** You can leave the skins on, if you want skins in your mashed potatoes.
- **Cook the potatoes.** Cut the potatoes in half and add them to a large pot with about 4 inches of water. They don't need to be completely covered. Cover pot with a lid, and cook, covered, until fork tender, but firm, about 15-20 minutes. You don't want them mushy or falling apart.
- **Drain and steam:** Once they are fork tender, drain water completely from the pot and leave potatoes in the pot, covered with a lid, for about 10 minutes. This allows them to steam and dry, which helps us achieve a fluffy texture when they're mashed.
- **Season:** Add butter, milk, sour cream and seasonings.



Performing Arts Ensemble Takes the Stage

Piper Sterling
Contributing Writer

Hey Cardinals! Time to break out your talent because Performing Arts Ensemble is looking for new members! Interested? Here's some extra info to help you make up your mind!

PAE is planning up to 5 shows this school year, including Veterans Day assembly. The Winter Concert is

coming up on the 14th, so make sure to wear holiday colors and/or show some cardinal spirit! Now it's time for a blast to the past with a little bit of PAE history! PAE started 10 years ago. Mr. Hansen has been running PAE for 9 years and Mrs. Schuller took over the role just this year! One roadblock Mrs. Schuller claims to have encountered is not enough rehearsal time. Why would rehearsal time be an issue you ask? Well, PAE is currently working on 5 different songs for the Winter Con-

cert including Antiphonal Deck the Hall, African Noel, On With the Snow, Theme from Elf, and Christmas is Coming and We are Getting Fat. PAE does not only sing holiday and traditional music, but they also sing popular, and patriotic music (As seen in the Veterans Day assembly). That's it for now, but I hope that there are some songbirds out there that are interested in joining PAE. Enjoy your day, the Cardinal way!

Holiday Recipes Continued

Vegan Chocolate Mousse Pie with Pretzel Crust

Josh Levin

Contributing Writer

Ingredients

- 3 1/2 cups whole mini pretzels or thin pretzel sticks
- 1 stick unsalted or vegan butter
- 3 tablespoons granulated sugar
- 1 (12-ounce package) soft or extra soft or silken tofu
- 1 cup frozen bananas slices (about 5 ounces)
- 1/2 cup almond butter
- 1/4 cup Almond Breeze Chocolate Almond Milk
- 1/4 cup unsweetened cocoa powder
- 8 oz good-quality chopped dark chocolate or chocolate chips
- Whipped coconut cream
- Chopped chocolate
- Extra crushed pretzel



Directions

1. Make the crust: Place a rack in the center of your oven and preheat the oven to 350 degrees F. In the bowl of a food processor fitted with a steel blade, pulse the pretzels until they form mostly fine crumbs with a few more textured pieces remaining throughout. If you do not have or prefer not to use a food processor, place the pretzels in a ziploc bag and crush them with a rolling pin (you may need to double up the bag if it gets any small holes).
2. Melt the butter in a large, heatproof bowl in the microwave. Add pretzel crumbs (you should have about 1 1/2 cups; make a few extra or subtract as needed) to the bowl with the melted butter. Add the sugar, and then stir until evenly moist and combined. The crumbs should hold together easily when pressed. If they do not, add 1 to 2 tablespoons additional melted butter. Press the crumbs into the bottom and up the sides of a 9-inch pie dish. Bake for 8 minutes, until golden and fragrant. Set aside to cool slightly, and then place in the freezer or refrigerator to cool completely. Do not proceed with the recipe until you
3. Make the filling: While the crust cools, place the tofu, frozen banana, almond butter, chocolate almond milk, and cocoa powder in a blender. Blend until completely smooth. In a microwave-safe bowl or in a heatproof bowl set over a pan of simmering water, melt the chocolate, and then add it to the blender and
4. Pour the filling into the cooled crust and smooth the top. Refrigerate until set, at least 6 hours or overnight. When ready to serve, top with whipped coconut cream, chocolate, and pretzels as desired. Slice and enjoy!

Girls Basketball Takes the Court

Jackson Szafranski
Contributing Writer



*Abbey Hobart
makes a basket.*

Photo by Mia
Lewandowski

Palos South Girls Basketball is going on until mid-December. In an interview with Mr. Buvala, the 8th grade team head coach, on November 17th, he said “The girls are 7-2 and in 3rd place in the SWIC conference with two games left until the end of the season and then a postseason tournament. Prairie View and Jerling are both undefeated and tied for 1st place.” He also said that “The girls are playing very well and improving with each practice. The players on the team are Abby Hobart, Caroline Gibbs, Alyssa Elmosa, Samanta Linceviciute, Kinda-Hana Assaf, Lina Baker, Abigail Ellsworth, Aya Judeh, and Kristen Guerra.”

Boys Volleyball with Mr. Duggan

Veronica Perez
Contributing Writer

This is news for the volleyball team lets see all about Mr. Duggan. Right now we have a record of five wins and two losses. We are tied for 2nd place in conference. On the team we stress that all members of the team are equal, as we can't succeed unless all work together as a team. Every member of the team has shown the be great players and great teammates. I love to help young athletes develop athletically and personally. I also enjoy being active and competitive. Coaching is fun! To play: Golf To watch: Baseball To coach: Volleyball Everything- baseball, basketball, volleyball, football, soccer, golf and many more. Anything that was fun and active. We have a big game today (11/15) against Conradie. The championship game is on December 11th. I am hoping we are there! Our team has made great improvement throughout the course of the season. Right now we are working on our serve receive passing so that we can get more hits on the other team. The guys are doing great!

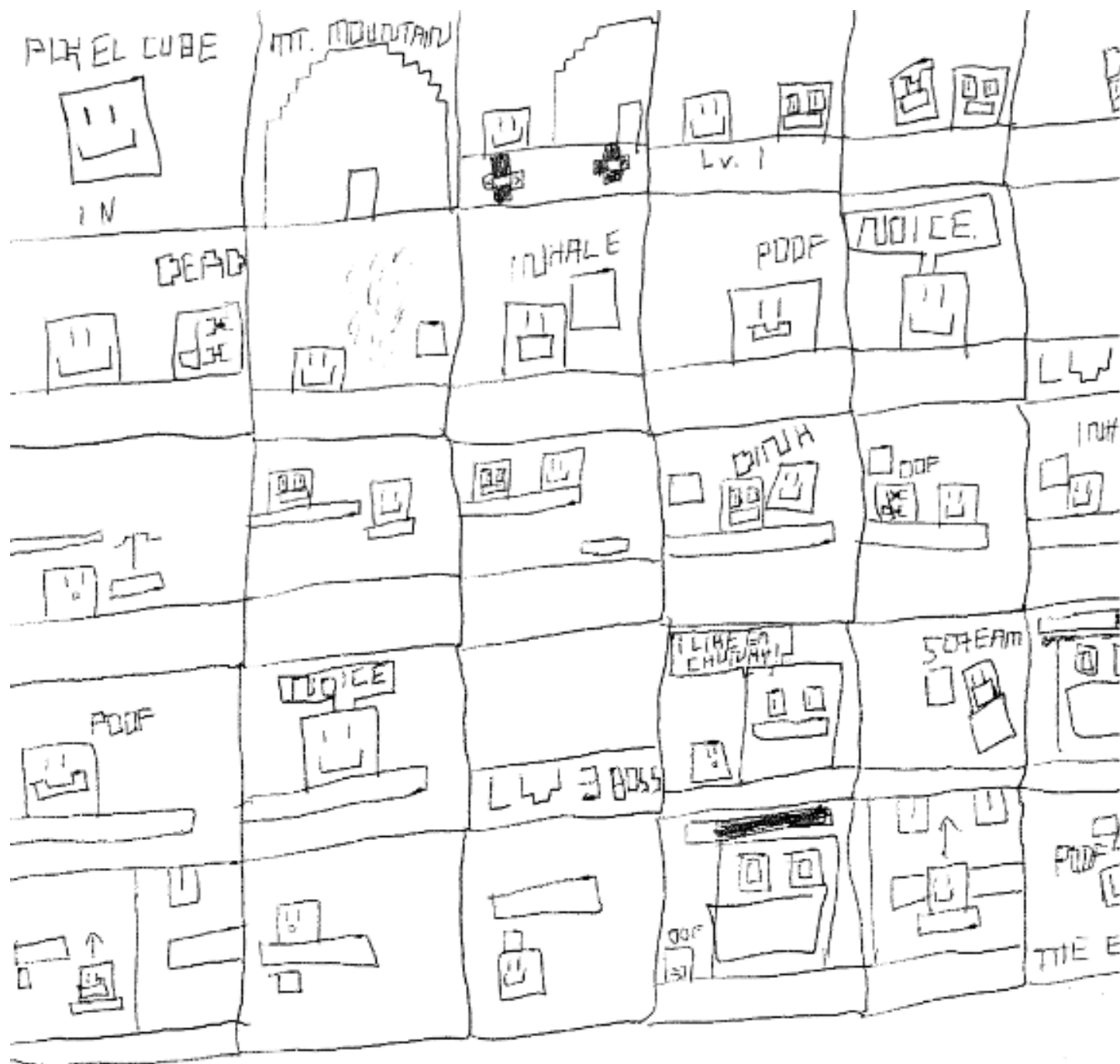
Comics

Lily Szafranski
Contributing Writer



Comics Continued

Dimitri Kavvadas
Contributing Writer



Lily Szafranski
Contributing Writer

