

Each student will develop skills to lead healthy, satisfying, self-directed, and productive lives.

Accordingly, each student will attain necessary life skills and qualities to be successful and fulfilled individuals in the following areas:

1. **Cognitive development**, including critical, analytical, and creative thinking
2. **Physical well-being**, including the ability to make healthy lifestyle choices
3. **Social well-being**, including the ability to establish and maintain positive relationships with others and to function as members of teams
4. **Emotional well-being**, including recognizing and understanding personal thoughts and feelings to develop resiliency and the abilities to cope with life's challenges and maintain positive self-worth
5. **Creativity and innovation**, including arts and technology to express themselves
6. **Communication**, including the abilities to listen well to others and to speak and/or to write clearly and effectively