

OLENTANGY ORANGE MIDDLE SCHOOL

7th Grade Elective Course Descriptions

HEALTH, PHYSICAL EDUCATION, FITNESS

Health 7 (6 weeks) – Students will explore topics that relate to all the topics that young adults face in their lives. Topics that may be included, but not limited to, are: mental/emotional health, social health (dating, healthy relationships, STD's, peer pressure, etc.), and other current events that relate to the well-being of adolescents. This course will follow the 7th grade Health Curriculum.

PE 7 (6, 12 or 18 weeks) – This course offers students instruction in individual, dual, and team sports activities with the emphasis on activities offering lifelong participation opportunities. Examples that may be included, but not limited to, are: golf, badminton, social dance, volleyball, table tennis, disc golf, football, basketball, floor hockey, and handball. Students will apply the basic skills, strategies, and rules using standardized guidelines and rubrics.

PERFORMING ARTS

Band 7 (full year) – Students will have the opportunity to perform music from a variety of styles, including marching songs and traditional concert songs. Band class meets daily during the school day. Membership is open to students playing who have previously played flute, clarinet, saxophone, trumpet, French horn, trombone, baritone, tuba and percussion in their 6th grade band. Students may also play oboe or bassoon. New students are welcome. Any students starting a new instrument must have permission from the band director. Band is a performance-based class and students will perform in after-school concerts.

Choir 7 (full year) – Students will enjoy the opportunity to experience and perform different types and styles of music in a friendly, supportive group setting. Students will learn proper vocal technique and will gain an understanding of the basics of reading music. In addition, students will learn about and discover past and present musical artists. Because this is a performance-based class, students are expected to perform in after school concerts.

Orchestra 7 (full year) – This ensemble is a continuation of 6th grade orchestra. Students will have the opportunity to perform music from a variety of styles, advance their right and left hand technique, and improve their ensemble skills. Membership is open to students playing violin, viola, cello, or string bass who have previously played in a string program or with the permission of the director. Because this is a performance-based class, students are expected to perform in after school concerts.

VISUAL ARTS

Art 7 2-D (6 weeks) – The students will have the opportunity to work with many art mediums and techniques. Possible projects may include pencil portraits, drawing using a variety of drafting tools, relief sculpture, painting and scratch art. This course will be helpful for students who plan to take 8th grade art courses or art courses in high school.

Art 7 3-D (6 weeks) – Students will use clay and other sculpture materials during this class. A clay structure will be constructed and glazed. We will use one-point perspective to draw a hallway along with a line spiral design to give the illusion of three-dimensional art on a flat surface. Students will also explore principals of design.