

THORNTON ACADEMY

KATHARINE'S DAY AT THORNTON ACADEMY

Follow a day-in-the-life of Thornton Academy day student Katharine Poulin '22 from Kennebunk, Maine.

7:00 AM

I wake up around 7 AM and get ready for school. I usually have laid out my outfit the night before so I don't spend too long getting dressed.

8:00 AM

After I get ready, I head downstairs and eat breakfast which is usually cereal or a protein waffle with peanut butter and a banana.

8:15 AM

We usually arrive at TA about 10-15 minutes before class starts so I head to my Block One class early and do some work or catch up with the teacher.

8:35 AM

Block One starts. On Maroon Days, my first class is AP Literature and Composition.

2:45 PM

School ends for the day and I either drive home, go straight to work, or walk to a club meeting/event.

1:18 PM

I go to my final class of the day, Honors Physics. In this class, we get to explore motion and other physics laws hands-on by doing experiments and projects.

11:56 AM

Lunch time! I usually have whatever the cafeteria is serving as the entree (the food in the cafeteria is really good!).

11:24 AM

I head to my second class of the day, AP European History. In this class, we get to analyze different historical events and perspectives and see how those have shaped our present society.

9:57 AM

Block One ends and I head to Block Two. I have this block free so I volunteered to be an attendance aid in the school counseling office where I bring passes to students. When I am not doing errands, I work on some homework.

6:00 PM

Unless I am working (where I am home around 8:30), I get back to my house by early evening and take my dog out on a walk if the weather permits.

7:00 PM

I eat supper which my mother has prepared while I unwind from the day. I make sure to give my dog plenty of attention and catch up with my sister as well.

8:00 PM

I usually start my homework around 8 PM and study for any tests/quizzes I have coming up. Depending on the night, I may also complete some work for my Anthropology college class.

10:30 PM

I brush my teeth and go to bed around 10 PM. I read a little and the lights are out by 11 PM!



KATHARINE'S DAILY CLASS SCHEDULE

Katharine hopes to pursue a degree in the humanities next year at a college somewhere in New England. She plans to keep volunteering no matter where she ends up! Here is her 12th-grade course schedule, with her personal class notes:

BLOCK	MAROON DAY	GOLD DAY
1 8:30 - 9:50	AP LITERATURE AND COMPOSITION We get to explore pieces of literature and examine what the purpose is and how the author achieves that purpose. It is really interesting and exciting to be able to explore a text's purpose beyond just the broad theme.	ANTHROPOLOGY This semester, I am taking a college class through the University of Maine, Anthropology 101. In the class, we get to explore human origins and the ways scientists learn about the past.
2 9:55 - 11:15	ATTENDANCE AID I volunteered to help the counseling office during my free block bringing passes to students and helping with anything that the office needs. Between errands, I do some homework.	HONORS SPANISH 4 I have taken Spanish all four years at TA and have gained a really good understanding of the language. My teacher speaks almost exclusively to us in Spanish so we get to practice understanding the language in real world conversations.
3 11:20 - 1:20	AP EUROPEAN HISTORY One of my favorite classes this year, we think critically about the world and historical perspectives while learning how those events have shaped our present situation. I have lunch during this block as well which makes it even better!	TUTORING As part of the National Honors Society, I help tutor other students in the library when they are struggling with a subject. If there is a break between students, I do some of my own homework. It is really fulfilling to give back to my classmates and make them feel more comfortable with a subject.
4 1:25 - 2:45	HONORS PHYSICS In this class, we explore motion and other physics laws through experiments and learn how to display that information. We also get to apply mathematical principles to everyday life and see how they determine or predict behavior.	HONORS STATISTICS We learn about different mathematical principles and equations that explain numerous aspects of society from economics to gender disparities. I enjoy taking a math class where I can work with math that directly applies to everyday life.