

Running Events For Lakota West Quad 29 March 2017

1. 100 Hurdles	Results	2. 100 M Dash Cont.	Results	4. 4X100M Relay	Results	7. 200 Hurdles	Results		
Chitwood	20.3	Krause	15.2	Baber	50.6	Eagle	53.2		
Gross	20.8	Young	15.4	Irby					
Bailes	20.8	Aguilar	15.5	M. Johnson					
Jordan Brower	20.9	Sorensen	15.5	A. Frazier					
Aaron Miller	21.0	Schweikle	15.7						
Johnson	21.0	Hollowell	15.9			8. 800M Run	Results		
Rethman	21.2	Hambrick	16.0			Cronk	2:17.6		
Rincon	22.8	Caballero	16.4			Lane	2:26.1		
Bonk	24.0	Yoby	16.8			Beneteau	dnr		
Sorensen	24.4	Brewster				Quebman	2:37.6		
Shell	25.6	Hempel				Martin	2:40.8		
Rincon	25.9	Pimentel				Davis	2:41.9		
Shah	26.4	Battle				Zimmerer	2:43.9		
McFarland	27.9	Chen		5. 400M Dash	Results	Taunque	2:49.1		
Eagle	31.0	Young		Irby	59.5	Wilson	2:50.5		
Trenker		Bharaj		Crawford	1:02.6	Bonk	5:58.1		
Hollowell				Zimmerer	1:07.0	Ryan	3:06.5		
				Henson	1:11.4	Glover	3:09.2		
2. 100M Dash	Results			Nowicki	1:13.7	Ramu	3:14.8		
Frazier	12.2	3. 1600M Run (Mile)	Results	Ramu	1:19.7	Shanks	dnr		
Plotkin	12.9	Cronk	4:56.3	Krause	1:21.2	O'Hanlon	dnr		
melford	13.0	Lane	5:09.6	Shanks					
Irby	13.3	Beneteau	5:17.6	Sorensen		9. 200M Dash	Results	10. 4X400M	
chitwood	13.4	K Martin	5:38.7			Baber	24.8	Relay	Results
Nowicki	13.4	Quebman	5:39.9			Yeboah	28.4		4:15.1
Elliott	13.9	Wilson	5:45.9			Crawford	28.7	Plotkin	
Bailey	14.0	Henson	5:53.6			Gross	29.6	Cronk	
Brower	14.1	Taunque	6:04.1			Moftakhar	30.1	Lane	
Motolik	14.1	Krause	6:19.3			Nowicki	30.3	Beneteau	
Jones	14.2	Bonk	6:19.7			Ethan Englert	30.4		
Crawford	14.2	Glover	6:22.3			Bailey	30.7		
Jessup	14.3	Gilbert	6:34.9			Brower	30.8		
Flannigan	14.4	McFarland	6:35.7	6. 4X200M Relay	Results	Rethman	30.8		
Englert	14.4	Ryan	6:37.4	chitwood	1:57.4	Small	30.8		
Yeboah	14.4	Manuel Hasbach	6:59.3	Motolik		Sorensen	32.0		
Komiensky	14.4			Gross		Aguilar	32.9		
Small	14.4			melford		Wasanwala			
Rethman	14.6					Plotkin			
Miller	15.0								
Moftakhar	15.0								
Bedolla	15.1								