

Lakota “West” Jr. High 2021 Girl’s Track Top 5 & 2019 GMC Results

--Running Events--

100M Hurdles – 2021 GMC Winner ⇒ 16.98

1. Ella Hagaman	19.1-
2. Dayanna Lopez	19.47
3. Danna Vargas	19.4-
4. Chloe Messmer	19.5-
5. Liliana Niess	20.1-

100M Dash – 2021 GMC Winner ⇒ 13.55

1. Ava Claggett (GMC Runner-up)	13.4-
2. Jaliyah Steagall	13.6-
3. Maria Steppe	13.7-
4. Triniti Mason	13.8-
5. Madison Ryan	13.9-

1600M Run - 2021 GMC Winner ⇒ 5:11.21

1. Evelyn Prodoehl (GMC Champion & State Runner-up!)	5:00.89
2. Kaitlin Kaszubski	5:44.74
3. Ava Shepard	6:29.71
4. Ellie Price	7:03.1-
5. Leila Hafidi	7:32.5-

4X100 Relay - 2021 GMC Winner ⇒ 54.43

1. Jenna Wilson, Elaina Willbrand, Maddy Sheppard, & Ava Claggett (GMC Runner-ups)	54.72
2. Jenna Wilson, Elaina Willbrand, Madison Ryan, & Ava Claggett	57.65
3. Ava Claggett, Danna Vargas, Maria Steppe, & Zoe Miller	1:00.5-
4. Maria Steppe, Chloe Messmer, Danna Vargas, & Zoe Miller Anna Amundson, Alexa Silvis, Kamryn Malfatti, & Leah Jean-Mary	1:03.4- 1:03.4-

400M Dash - 2021 GMC Winner ⇒ 1:02.38

1. Alyese Caldwell Downing (5 th @ GMC)	1:05.51
2. Jaliyah Steagall	1:05.6-
3. Kaitlin Kaszubski	1:11.4-
4. Prashi Vatsal	1:12.8-
5. Chloe Messmer	1:13.5-

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4X200M Relay - 2021 GMC Winner ⇒ 1:55.61

1. Dayanna Lopez, Jenna Wilson, Maddy Sheppard, & Elaina Willbrand 1:58.28
(GMC Runner-ups)
2. Dayanna Lopez, Jenna Wilson, Madison Ryan, & Elaina Willbrand 2:03.59
3. Jaliyah Steagall, Olivia Shannon, Zoe Miller, & Natalie Hartman 2:11.0-
4. Zoe Miller, Olivia Shannon, Maria Steppe, & Lila Hertenstein 2:15.1-

200M Hurdles - 2021 GMC Winner ⇒ 30.97

1. Chloe Messmer (6th @ GMC) 33.00
2. Akua Addae 35.44
3. Maria Steppe 36.2-
4. Ryann Renoux 36.9-
5. Kamryn Malfatti 37.4-

800M Run - 2021 GMC Winner ⇒ 2:22.35

1. Evelyn Prodoehl (GMC Runner-up & 6th @ State Meet) 2:23.55
2. Kaitlin Kaszubski (4th @ GMC & 12th @ State Meet) 2:26.95
3. Alyese Caldwell Downing 2:41.0-
4. Prashi Vatsal 2:46.5-
5. Ava Shepard 3:03.7-

200M Dash - 2021 GMC Winner ⇒ 27.54

1. Ava Claggett 27.3-
2. Elaina Willbrand (4th @ GMC) 28.4-
3. Maddy Sheppard 29.3-
4. Jenna Wilson 30.3-
5. Lillie Harris 30.6-

4X400 Relay - 2021 GMC Winner ⇒ 4:27.03

1. Evelyn Prodoehl, Prashi Vatsal, Kaitlin Kaszubski, & Ava Claggett 4:25.60
(17th @ OHSAA State Meet)
2. Evelyn Prodoehl, Alyese Caldwell Downing, Prashi Vatsal, & Kaitlin Kaszubski 4:27.03
(GMC Champions!)
3. Evelyn Prodoehl, Alyese Caldwell Downing, Kaitlin Kaszubski & Jaliyah Steagall 4:34.13
4. Evelyn Prodoehl, Alyese Caldwell Downing, Kaitlin Kaszubski & Ashley Pate 4:42.42
5. Evelyn Prodoehl, Alyese Caldwell Downing, Prashi Vatsal, & Jaliyah Steagall 4:46.87

4X800 Relay (not in all meets; not in GMC)

1. Evelyn Prodoehl, Alyese Downing, Prashi Vatsal, & Ava Shepard 10:54.32
2. Evelyn Prodoehl, Alyese Downing, Prashi Vatsal, & Ashley Pate 10:54.50

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--Field Events--

Shot Put - 2021 GMC Winner ⇒ 33’ ½”

1. Amy Claggett (5 th @ GMC)	30’ 1”
2. Camar Williams	28’ 0”
3. Jasmine Goodwine	26’ 3”
4. Nailah Davidson	25’ 5”
5. Ayla Kamdem	23’ 8”

Discus - 2021 GMC Winner ⇒ 71’ 8 ½”

1. Amy Claggett (3 rd @ GMC)	68’ 4”
2. Nailah Davidson	59’ 10”
3. Camar Williams	59’ 3 ½”
4. Ava Brooks	55’ 6”
5. Londyn Dennis	51’ 11”

High Jump - 2021 GMC Winner ⇒ 4’ 10”

1. Margo Petterson (GMC Champion & State qualifier)	4’ 10”
2. Ella Hagaman	4’ 8”
3. Kara Goyette	4’ 2”
4. Liliana Niess	4’ 0”
5. Aubrey Burns	3’ 10”
Ali Bock	3’ 10”
Ava Shepard	3’ 10”

Long Jump - 2021 GMC Winner ⇒ 16’ ½”

1. Dayanna Lopez (T-5 th @ GMC)	14’ 3”
2. Ella Hagaman (T-5 th @ GMC)	13’ 7”
3. Haley Rose	12’ 0”
4. Ava Donohoue	11’ 10”
5. Kara Goyette	11’ 5”

Pole Vault – 2021 GMC Winner ⇒ 7’ 0”

1. Jenna Wilson (3 rd @ GMC)	6’ 6”
2. Aubrey Burns (5 th @ GMC)	6’ 0”

*Lakota “West” Junior High finish @ 2021 GMC Championships:
2nd place (out of 14 teams)*