

NEW Career Nursing Assistant option: The goal of this program is to obtain certification through the Maryland Board of Nursing as a Certified Nursing Assistant and Geriatric Nursing Assistant in order to enter the workforce in a nursing home, assisted living facility, or home health agency. Applicants should be interested in a frontline job in healthcare as a certified nursing assistant upon high school graduation.

Reason: There is an extreme shortage of Certified Nursing Assistance in the Senior Living Facilities/Long term care businesses. Focus will be get students certified, graduated, and go to work in the county senior living facilities/long term care businesses.

What you need to know:

1. The NEW Career Nursing Assistant program is for Academic level students looking for a career right after graduation.
2. Career Nursing Assistant:
 - a. **Prerequisite:** Biology (academic level)
 - b. 6 credits (Schedule is like CCCTC traditional programs: Junior year spring (3) and Senior year fall (3))
 - c. Transport for junior year CNA class provided

Clinical and internship placements ONLY at a senior living facility/long turn care businesses

Career Nursing Assistant - Workforce

Prerequisite: Biology

Level of Core Classes: Academic

Credits: 6

Transportation is provided for CNA experience junior year. Students WILL need transportation for internship, senior year

Internship: Students that complete the certification requirements will complete the AHP program by successfully completing an internship working as a C.N.A/G.N.A during the first semester of their senior year.

Course Descriptions & Requirements

Academy of Health Professions I

Junior Year- Spring Semester (Mods 1, 2 & 3)

Foundations of Medicine and Health Science- Academic Level

This course is designed to provide students with an overview of the therapeutic, diagnostic, environmental and information systems of the health care industry. Students will begin to prepare for a medical and health science career by developing a broad understanding of the pathways in the Health and Biosciences career cluster. Students will learn about ethical and legal responsibilities, as well as the history and economics of health care. Students will engage in processes and procedures that are used in the delivery of essential healthcare services. As students learn to use medical technology within a variety of medical and health care environments, they will develop academic, technical and workplace skills for success necessary to function as a health professional.

Structure & Function of the Human Body- Academic Level

Students in this course study the structure and functions of the human body, including cellular biology and histology. Systematic study involves homeostatic mechanisms of the body systems and special senses. Students will investigate the body's responses to the external environment, maintenance of homeostasis, electrical interactions, transport systems, and energy processes. Students will conduct laboratory investigations and field work, use scientific methods during

investigations to solve problems and make informed decisions. Students will learn the medical terminology related to body systems.

Certified Nursing Assistant Theory & Clinical Experience

This course is designed to provide students the information needed to provide basic patient care, their role as part of the healthcare team, disease processes, and infection control and safety issues. Students will assume the role of the Certified Nursing Assistant (C.N.A) in a long-term care facility under the supervision of an instructor. The student will build upon the skills and knowledge learned in the classroom by providing hands-on care to residents/patients. This personal care will include all aspects of:

- Bathing/Showering/Skin Care
- Dressing
- Hygiene/Grooming (hair, nails, mouth care, shaving)
- Toileting (bedpan, urinal, bedside commode, toilet, ostomy care, measure/record output, collecting specimens)
- Incontinence Care (cleaning residents that have had loss of bowel/bladder control)
- Nutrition (feeding, hydration, measure/recording intake, obtaining weight)
- Mobility (walking, transferring, range of motion exercises, positioning/turning)

Students that meet all requirements will be eligible for CNA certification in Maryland and to take the Geriatric Nursing Assistant (GNA) national certification exam. Certification exams are only offered in the English language.

The Maryland Board of Nursing requires successful completion of an approved C.N.A program, a social security number or federal tax ID number, and a criminal background check to obtain certification.

Students must meet all of the responsibilities of a CNA as defined by the Maryland Board of Nursing including:

- Working as a collaborative member of the healthcare team.
- Demonstrating competency in safely performing nursing functions with clients of any age and/or ability.
- Identifying changes in patient condition/behavior and report any changes to nurse in timely manner.
- Observing and reporting the client's response and progress
- Providing feedback, suggestions, and recommendations based on observations.
- Recognizing individual limits of knowledge/experience and identifying the need for assistance.

Academy of Health Professions II

Senior Year- Fall Semester (Mods 1, 2 & 3)

Students will have the opportunity to integrate content and knowledge from Academy of Health Professions I in a work-based internship as a certified geriatric nursing assistant. Student internships will be located at local nursing homes, assisted living facilities, and home health agencies. **Students must earn their certification as a C.N.A and G.N.A in order to participate in an internship/AHP II and be a completer of the Academy of Health Professions program.**

If you want to apply to the NEW Career Nursing Assistant option please go to www.carrollk12.org/ctc and fill out the online application. Choose **Career Nursing Assistant**.