

- Start of the school year [SEL review](#) for facilitators
 - What is SEL, CASEL framework, review of the 5 competencies and how look in the classroom, SEL 3 Signature Practices, Benefits, Facilitator task to come up with a Fall Plan and provided a SEL in the Classroom Self-Assessment to assist w/ plan
- Nov [Understanding & Teaching Self-Management](#) - more in depth look at 1 of the 5 competencies.
 - Review - What is SEL, CASEL Wheel, Self-Management
 - Concept and its implications
 - 3 Categories of Self-Management Strategies
 - Techniques to use in classroom & w/ learners one on one
 - Next Steps - ID strategy to try, think about how to use it in the classroom, why, how of the implementation
- SEL Plan for 2nd Semester - Presentations on the following competencies w/ focus, techniques to use in the classroom and one on one w/ learners, opening activity w/ focus for the facilitator to practice/experience a technique
 - Jan - Self Awareness
 - March - Social Awareness / Relationship Skills
 - May - Responsible Decision Making
- Key issues
 - More anxiety w/ learners then in a typical school year
 - Depression
 - Self harm
 - More breakdowns - crying
 - More loss
 - Trauma = behavior which presents as ADHD, difficulty paying attention, concentrating and/or difficulty retaining new information
- Addressing Key Issues
 - Check ins w/ Counselor - focus to address presenting issue(s)
 - Check ins w/ Families
 - Check ins w/ Facilitators
 - Recommendations for outside support
 - SEL PD Sessions