



Actor	Action
<p>Building Principals or Designee (Continued)</p>	<p>3. If not cleared to return to that interscholastic contest or practice, a student athlete is not allowed to return to play or practice until the student athlete has provided his or her school with written clearance from a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois.</p> <p>4. Once removed from an interscholastic contest, the student shall be expected to follow the directions of the doctor or certified athletic trainer.</p> <p>Place all written information concerning an injury to a student athlete, including without limitation, a return-to-play clearance from a student’s physician or an athletic trainer, in the student’s school student record.</p>
<p>Building Principals, Coaches, Athletic Directors and Athletic Trainers (and other staff members who are responsible for student athletes)</p>	<p>Inform student athletes and their parents/guardians about Board policy 8600, <i>Student Athlete Concussions and Head Injuries, Agreement to Participate</i>, which a student athlete and his or her parent/guardian are required to sign before the student is allowed to participate in a practice or interscholastic competition.</p> <p>Inform student athletes and their parents/guardians about concussions and head injuries by:</p> <ol style="list-style-type: none"> <li>1. Giving them a copy of the IHSA’s <i>Concussion Information Sheet</i> at the time they sign, <i>Agreement to Participate</i>, which a student athlete and his or her parent/guardian are required to sign before the student is allowed to participate in a practice or interscholastic contest. The <i>Concussion Information Sheet</i>, and <i>Sign-off form</i>, are at <a href="http://www.ihsa.org/Resources/SportsMedicine/ConcussionManagement/ParentGuardianResources.aspx">www.ihsa.org/Resources/SportsMedicine/ConcussionManagement/ParentGuardianResources.aspx</a>.</li> <li>2. Using educational material provided by IHSA and District 225 to educate student athletes and parents/guardians about the nature and risk of concussions and head injuries, including the risks inherent in continuing to play after a concussion or head injury. See <a href="http://www.ihsa.org/Resources/SportsMedicine/ConcussionManagement.aspx">www.ihsa.org/Resources/SportsMedicine/ConcussionManagement.aspx</a>. The Center for Disease Control and Prevention offers free printed educational materials on concussions that can be ordered or downloaded and distributed to parents, students, and coaches. These materials are available at: <a href="http://www.cdc.gov/concussion/">www.cdc.gov/concussion/</a>.</li> </ol> <p>Follow the IHSA concussion management guidelines. Available at: <a href="http://www.ihsa.org/Resources/SportsMedicine/ConcussionManagement.aspx">www.ihsa.org/Resources/SportsMedicine/ConcussionManagement.aspx</a>. These guidelines, in summary, require that:</p> <ol style="list-style-type: none"> <li>1. A student athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (e.g., loss of consciousness, headache, dizziness, confusion, or balance problems) in a practice or interscholastic contest shall be removed from participation or competition at that time.</li> <li>2. A student athlete who has been removed from an interscholastic contest or practice for a possible concussion or head injury may not return to that interscholastic contest or practice unless cleared to do so by a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer.</li> </ol>

<b>Actor</b>	<b>Action</b>
Building Principals, Coaches, Athletic Directors, and Athletic Trainers (and other staff members who are responsible for student athletes) (Continued)	3. If not cleared to return to that interscholastic contest or practice, a student athlete may not return to play or practice until the student athlete has provided his or her school with written clearance from a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois.  Learn concussion symptoms and danger signs. A discussion of such symptoms and signs is available at: <a href="http://www.ihsa.org/Resources/SportsMedicine/ConcussionManagement/CoachingResources.aspx">www.ihsa.org/Resources/SportsMedicine/ConcussionManagement/CoachingResources.aspx</a> .  Understand before the season begins how to respond if a student athlete exhibits signs, symptoms, or behaviors consistent with a concussion (e.g., loss of consciousness, headache, dizziness, confusion, or balance problems) in a practice or game.  Do not assess a head injury; instead, take the student athlete out of play and seek the advice of a health care professional.  Inform the student athlete’s parent/guardian about a possible concussion and give the parent/guardian a fact sheet on concussion. Such a fact sheet is available at: <a href="http://www.ihsa.org/Resources/SportsMedicine/ConcussionManagement/ParentGuardianResources.aspx">www.ihsa.org/Resources/SportsMedicine/ConcussionManagement/ParentGuardianResources.aspx</a> .

Section C – Agreement to Participate

The Superintendent is directed to develop forms for participation in interscholastic and intramural activities to be signed annually by the student and parent(s).

Adopted: November 12, 2013  
 Revised: October 13, 2014