

Objectives for 5th grade Human Growth and Development

- A. Describe the physical changes that occur during puberty.
- B. Identify and name the body parts involved in reproduction .
- C. The student will be able to describe their purpose or importance of body parts.
- D. The student will be able to list the ages at which girls and boys begin to change and grow. The student will understand that everyone matures/grows at a different time/speed.
- E. The student will be able to list the wide natural range in the rate of change and level of development that will occur during puberty.
- F. The student will be able to list some of the important health habits, State ways to care for one's changing body. (hygiene, exercise, nutrition and sleep)
- G. Acknowledge the physical and emotional readiness factors involved in parenthood.
- H. Discuss peer pressure and social factors that can influence one's decisions during adolescence.