Objectives for 5th grade Human Growth and Development

A. Describe the physical changes that occur during puberty.
B. Identify and name the body parts involved in reproduction.
C. The student will be able to describe their purpose or importance of body parts.
D. The student will be able to list the ages at which girls and boys begin to change and grow. The student will understand that everyone matures/grows at a different time/speed.
E. The student will be able to list the wide natural range in the rate of change and level of development that will occur during puberty.
F. The student will be able to list some of the important health habits, State ways to care for one’s changing body. (hygiene, exercise, nutrition and sleep)
G. Acknowledge the physical and emotional readiness factors involved in parenthood.
H. Discuss peer pressure and social factors that can influence one’s decisions during adolescence.