

LWSD Middle School Lunch Menu

Jan 17th - Jan 21st



FRUIT AND VEGETABLES OFFERED DAILY WITH LUNCH CHOICES

Fruits, Vegetables & Low Fat or Fat Free Milk included with all meals.

Daily Options

*Chicken Caesar Salad and Caesar Salad
with Rolls*



MONDAY	NO SCHOOL
TUESDAY	BBQ Chicken Sub Sandwich
WEDNESDAY	Turkey Ham Sub Sandwich
THURSDAY	Italian Sub Sandwich (pork)
FRIDAY	Chicken Bacon Ranch Wrap

3 Options Served Daily

with French Fries or Tater Tots

*Cheeseburger, Hamburger, Chicken Burger,
Spicy Chicken Burger or Veggie Burger*



MONDAY	NO SCHOOL
TUESDAY	Chicken Corndog
WEDNESDAY	Grilled Cheese
THURSDAY	Turkey Hot Dog
FRIDAY	Chicken Nuggets with Roll

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MONDAY	NO SCHOOL
TUESDAY	Pepperoni (Pork) or Cheese Pizza
WEDNESDAY	Pepperoni (Pork) or Cheese Pizza
THURSDAY	Pepperoni (Pork) or Cheese Pizza
FRIDAY	Pepperoni (Pork) or Cheese Pizza



This Week's Feature:

MONDAY - NO SCHOOL
TUESDAY - Chicken Alfredo Pasta
WEDNESDAY - Teriyaki Beef Dippers with Rice Bowl
THURSDAY - Turkey Gravy with Mashed Potatoes and Rolls
FRIDAY - Fish & Chips