### LWSD Middle School Lunch Menu

Jan 17th - Jan 21st



# FRUIT AND VEGETABLES OFFERED DAILY WITH LUNCH CHOICES

Fruits, Vegetables & Low Fat or Fat Free Milk included with all meals.

#### **Daily Options**

Chicken Caesar Salad and Caesar Salad with Rolls



MONDAY NO SCHOOL

TUESDAY BBQ Chicken Sub Sandwich

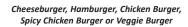
WEDNESDAY Turkey Ham Sub Sandwich

THURSDAY Italian Sub Sandwich (pork)

FRIDAY Chicken Bacon Ranch Wrap

#### 3 Options Served Daily

with French Fries or Tater Tots



MONDAY NO SCHOOL

TUESDAY Chicken Corndog

WEDNESDAY Grilled Cheese

THURSDAY Turkey Hot Dog

FRIDAY Chicken Nuggets with Roll



MONDAY NO SCHOOL

TUESDAY Pepperoni (Pork) or Cheese Pizza

WEDNESDAY Pepperoni (Pork) or Cheese Pizza

THURSDAY Pepperoni (Pork) or Cheese Pizza

FRIDAY Pepperoni (Pork) or Cheese Pizza



## This Week's Feature:

MONDAY - NO SCHOOL TUESDAY - Chicken Alfredo Pasta

WEDNESDAY -Teriyaki Beef Dippers with Rice Bowl

THURSDAY - Turkey Gravy with Mashed Potatoes and Rolls

FRIDAY - Fish & Chips



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