

# STEPS TO TAKE IF YOUR CHILD IS SICK, HAS BEEN DIAGNOSED WITH COVID-19, OR HAS BEEN EXPOSED TO A POSITIVE COVID-19 CASE

## WHAT TO DO IF YOUR CHILD IS SICK:

if your child isn't feeling well, **KEEP THEM AT HOME.**

If your child is showing any of the following Covid-19 symptoms, please keep them home from school:

*fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea*

AND:

Report the absence to your child's schools.

### YOUR CHILD CAN RETURN TO SCHOOL WHEN:

Their symptoms improve.

AND

They are fever free for 24 hours without fever reducing medication.

## WHAT TO DO IF YOUR CHILD IS EXPOSED TO A COVID-19 CASE OUTSIDE OF SCHOOL:

**IF VACCINES ARE UP TO DATE:** (fully vaccinated and/or received a booster within the last 6 months) Student must wear a mask for 10 days to school.

**IF VACCINES ARE NOT UP TO DATE:** (not vaccinated, or only has the first series of a two-series dose, or has not received a booster) Student must quarantine at home for 5 days and wear a mask to school the following 5 days. Testing on day 5 is recommended but not required.

**IF SYMPTOMS DEVELOP, STAY HOME.**

## WHAT TO DO IF YOUR CHILD TESTS POSITIVE FOR COVID-19:

**Regardless of vaccination status, if your child tests positive for Covid-19:**

Report the absence to the school.

AND

Your child is required to stay home for 5 days and stay away from others as much as possible.

### YOUR CHILD CAN RETURN TO SCHOOL WHEN:

They are fever free for 24 hours without fever reducing medication and their symptoms improve. On day 6, they may return to school but must wear a mask the following 5 days.

## WHAT TO DO IF YOUR CHILD IS EXPOSED TO A POSITIVE COVID-19 CASE AT SCHOOL:

You will receive notification from the school.

### MASK TO STAY:

Students may remain in class if they wear a mask for 10 days following exposure, monitor for symptoms, and isolate and test if they start to experience symptoms. Testing on day 5 is recommended, but not required.

**IF SYMPTOMS DEVELOP, STAY HOME.**