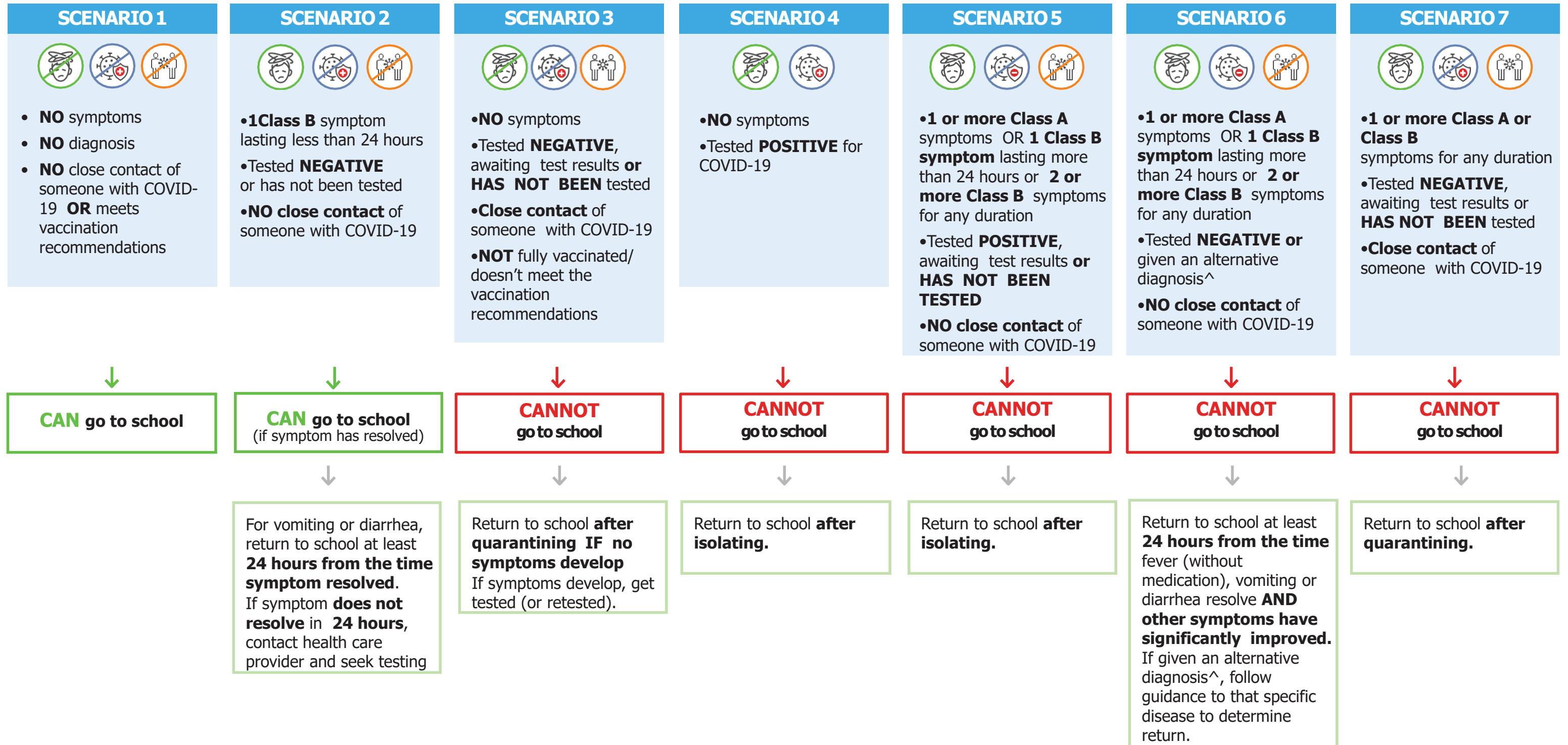


COVID-19 Symptom Flow Chart



COVID-19 Symptom Flow Chart



SYMPTOMS*

CLASS A:

- Fever (100.4°F or higher)
- Chills
- Muscle/body aches
- Loss of sense of taste/smell
- Shortness of breath
- Cough

CLASS B:

- Fatigue
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*That are not explained by an existing medically documented condition, such as migraines or asthma

^Acceptable alternative diagnosis to COVID-19 provided by a health provider include ear infection or lab confirmed disease such as strep throat or influenza. Unconfirmed acute illness, such as viral upper respiratory illness (URI) or viral gastroenteritis, will not suffice.

Regardless of vaccination or COVID-19 recovery status, if symptoms develop isolate and get tested.



TESTING

If a person with COVID-19 symptoms is not a close contact and tests negative for COVID-19 with a PCR or rapid test, they may return to school.

- Negative at home COVID-19 test results are accepted with photo proof that includes the date the test was performed and the individual's name in the picture
- Confirmatory testing may be a PCR or an additional antigen
- Individuals who have recovered from COVID in the last 90 days who become symptomatic should only seek rapid testing

Household members of a symptomatic individual need to quarantine while the symptomatic individual awaits testing/results unless they meet the criteria to not quarantine.



If a symptomatic household member is not tested, quarantine all members as a close contact.



ISOLATION AS A POSITIVE CASE

Any student or staff member with COVID-19 should isolate at home. This isolation guidance applies regardless of vaccination status. If a student or staff member tests positive for COVID-19 by a PCR *or* rapid test, they can return to school when the following criteria are met:

- 5 days have passed since symptom onset, or since positive test specimen collection date if no symptoms are present;
AND
- No symptoms are present, or symptoms are resolving;
AND
- No fever within the past 24 hours without the use of fever reducing medications.

If isolation is ended **after** day 5, students and staff should continue monitoring for symptoms and wearing a well-fitting mask around others through day 10 (days 6-10) both in and out of school, only removed when eating/drinking. Participation in extracurricular and sports activities are *not permitted* until after the full 10 days.

Individuals who have been in isolation are *encouraged* to test on day 5 of their isolation period, but only if the above criteria for completing isolation have been met. An antigen test is recommended. If the test result is positive, they must continue to isolate until day 10.

Individuals who have accommodations that allow them to attend school and not wear a well-fitting mask or face shield with a drape or wrap must stay in isolation the full 10 days.



CLOSE CONTACTS

Generally, "Close Contact" means being within 6 feet (3 feet for students in a cohort when wearing masks) of a person with COVID-19 during their infectious period for about 15 cumulative minutes or more in a 24-hour period.

- Members of a household are considered close contacts.
- Household close contacts who do not isolate from a positive individual begin their quarantine on the last day the person with COVID-19 is considered infectious (day 10).
- If symptoms develop get tested (negative rapid result requires confirmatory testing)



QUARANTINE AS A CLOSE CONTACT

Students and staff who come into close contact with someone with COVID-19 should quarantine **unless they are in one** of the following groups:

- Are ages 18 or older received all recommended vaccine doses, **including boosters** ≥ 2 weeks before the exposure
- Are ages 5-17 years and completed the primary series of COVID-19 vaccines ≥ 2 weeks before the exposure
- Had confirmed COVID-19 within the last 90 days.

Quarantine can end **after** 5 full days beginning after the last close contact (the date of last close contact is considered day 0) if no symptoms have developed and after receiving a negative test result from a test taken no sooner than day 5.

Students and staff that may participate in Test to Stay modified quarantine if they:

- Test negative at least twice during the 5 days of quarantine. If exposure to the positive case is ongoing (i.e. to a household member that is not able to isolate) repeat testing for 15 days (10-day isolation + 5-day quarantine);
AND
- Are asymptomatic;
AND
- Continue to wear a well-fitting mask when around others;
AND
- Continue to quarantine from (i.e., not participate in) all social gatherings and community activities. They **may** participate in extracurricular activities **at school**, including sports, and can attend childcare or youth development programs provided before and after school

If an individual or student who is a close contact chooses not to test or does not get tested quarantine should last for 10 days **after** their last close contact.

Individuals that meet vaccination requirements that do not need to quarantine **SHOULD** get tested at least 5 days after their last exposure (PCR or rapid results are acceptable).

✓Vaccine status must be verified with the district.

Regardless of vaccination or COVID-19 recovery status, if symptoms develop isolate and get tested.