

**IF YOUR CHILD HAS COVID-19 SYMPTOMS**

**At home:** Please keep your child home and call the school nurse.

**At school:** Your child goes to the school nurse.

The school nurse assesses your child's symptoms.

School nurse clears your child to return to school

Your child's physician rules out COVID-19 and provides a note defining when your child can return to school.

**SCHOOL NURSE**

- ▶ Recommends your child stay home from school.
- ▶ Might recommend getting tested for COVID-19.
- ▶ Might recommend following up with your child's physician.

**YOUR CHILD'S PHYSICIAN**

- ▶ Diagnoses your child with COVID-19 through a positive test.
- ▶ Diagnoses your child as a suspected positive based on symptoms.
- ▶ Cannot rule out COVID-19.

Your child tests positive for COVID-19, with symptoms.

**WELLNESS CHECKS:**

- Your child should be fever-free without any fever-reducing medication for 24 hours.
- Your child's symptoms should have improved.
- Your child should be out of school and away from others for at least five days following the day symptoms started (or until your child has met physician's guidelines for return to school).

School nurse confirms your child has met guidelines to return to school.

Your child returns to school.

**IF YOUR CHILD TESTS POSITIVE FOR COVID-19**

Notify your child's school nurse.

**CDC GUIDELINES FOR ISOLATION:**

- ▶ Keep your child home for five days starting the day after symptoms begin or the day after the positive test.
- ▶ If symptoms are improving, they can be around others on day six.
- ▶ They must continue to wear a mask around others for five additional days.

**IF YOUR CHILD HAS A DIRECT EXPOSURE TO COVID-19**

An exposure, or close contact, is someone who was within three feet of an infected person for more than 15 minutes during a day (24-hour period of time).

Notify your child's school nurse.

The Kansas City Health Department said they are handling contact tracing and notifying people if they need to quarantine following exposure to someone with COVID.

Park Hill nurses can review current CDC guidelines with you to help you make well-informed decisions about quarantine, but we will no longer be the ones who are directing people to quarantine following an exposure.

**CDC GUIDELINES FOR QUARANTINE:**

- ▶ Keep them home for five days. After that, they should continue to wear a mask around others for five additional days.
- ▶ If they can't quarantine, they should wear a mask for 10 days.
- ▶ Test them on day five, if possible.
- ▶ If they develop symptoms, get a test and keep them home.

**QUARANTINE EXCEPTIONS:**  
Your child does not need to quarantine if . . .

- ▶ They are fully vaccinated.
- ▶ They had COVID-19 in the past 90 days.
- ▶ They were properly wearing a mask.

**IF THERE IS A COVID-19 CASE AT YOUR CHILD'S SCHOOL**

The school will send a notice to all families in the building.

The school will send a notice to all families in the affected classroom.

The district will include the case in the data on the COVID-19 dashboard on the district website.



**WHAT DOES "FULLY VACCINATED" REALLY MEAN?**

Per updated CDC guidelines, you are considered fully vaccinated if you . . .

- ▶ Have been boosted
- OR**
- ▶ Completed the primary series of Pfizer or Moderna vaccine within the past six months
- OR**
- ▶ Are 5-17 years old with a completed primary series of COVID vaccine