



**ROCHESTER**  
**COMMUNITY SCHOOLS**  
PRIDE IN EXCELLENCE

Rochester Community Schools

January 13, 2022

Dear RCS Families,

Yesterday evening, the Oakland County Health Division (OCHD) further released updated [School Quarantine and Isolation Guidance](#) for K-12 schools. The most current document, dated Jan. 12, 2022, is attached and outlined, below. [OCHD School Quarantine-Isolation Guidance 1-12-22.pdf](#)

OCHD recommends vaccinations for staff and students ages 5 and up and boosters for eligible individuals ages 12 and up.

**ISOLATE IF YOU TEST POSITIVE FOR COVID-19, regardless of vaccination status**

Students, teachers and staff who test positive for COVID-19 and/or display COVID-19 symptoms should isolate regardless of vaccination status.

- If asymptomatic, monitor for symptoms for days 0-10, AND
- Isolate at home for days 0-5 (Day “0” is day symptoms begin or day test was taken for those without symptoms), AND
- If symptoms have improved or no symptoms developed, return to school while wearing a well-fitted mask for days 6-10, OR
- Stay home for days 0-10 if unwilling/unable to wear a mask.

If you have a fever, stay home until you are fever-free for a period of 24 hours without the use of fever reducing medications.

It is strongly recommended that unvaccinated individuals take a rapid antigen test on day 5 of isolation and return only if it is negative. If you test positive or are unable to test, remain out for 10 days.

The guidance states that **under no circumstances should someone with COVID-19 return to school in fewer than 5 full days**. Cases that return after 5 days should avoid people who are immunocompromised or at high risk for severe disease until after at least 10 days.

## **QUARANTINE IF YOU WERE EXPOSED TO SOMEONE WITH COVID-19**

### **Who does NOT need to quarantine?**

- People ages 18 or older who have received all recommended vaccine doses, including boosters.
- People ages 5-17 years who completed the primary series of COVID-19 vaccines.
- People who had COVID-19 within the last 90 days (tested positive using a viral test), as long as they have fully recovered and have no symptoms.

Close contacts can remain at school and should:

- Wear a mask around others for 10 days.
- Test on day 5 if possible.

If symptoms develop, get a test and stay home.

### **Who NEEDS to quarantine?**

- People who are not vaccinated or have not completed a primary vaccine series.
- People who are 18 and older and completed the primary series of recommended vaccine, but have not received a booster shot when eligible.
- People who received the single-dose Johnson & Johnson vaccine over 2 months ago and have not received a recommended booster shot.

Close contact quarantines at home for at least 5 days following exposure.

- Wear a mask for 10 days.
- Test on day 5 if possible.

If symptoms develop, get a test and stay home.

Household scenarios are also provided in the updated [School Quarantine and Isolation Guidance](#) to help families with decisions about the need to quarantine.

The OCHD emphasizes that this is an evolving situation and information and resources will continue to be updated. For questions regarding this guidance, please visit the Oakland County website at [www.oakgov.com/covid](http://www.oakgov.com/covid), or contact the Nurse on Call at 800-848-5533.

Thank you for your continued support.

Sincerely,  
Dr. Robert Shaner  
Superintendent