

Suffield Local Prevention Council Meeting

December 8, 2021

Voting Members Present: Kate Powers, Jackie Mahannah, Tony Greco, Don Miner, Amy Reay, Tom Kiesselback, Paul Wessling

Voting Members Not Present: Dave Messenger

Community Members Present: Suzy Irwin, Robyn Lyons, Liz Warren, Kristina Hallett, Brian Skorski

Meeting Called to order at 7:03pm.

Approval of 10/13/21 meeting minutes-approved

Vote on 2022 SLPC Meeting schedule-approved

Suffield Youth Advisory Board

This is a group of students from the high school and middle school that meet and discuss mental health and substance abuse. They come up with different activities at the schools to involve the students. These activities are based around mental health and substance abuse awareness. They currently have 12 HS students and 10 middle school students and are always looking for additional volunteers. Different members of the YAB will attend the SLPC meetings to collaborate. They have set up booths at the middle school during the lunch periods to encourage involvement in different quick mental health wellness activities.

Youth Assessment Survey

The survey was done in 2017 and will be administered again in 2022. This anonymous survey involves grade 6-12 students and asks questions in regards to mental health, substance use, vaping, gambling etc. SLPC will set up a community conversation evening once the results are in to go over the findings with the public.

Mental Health Awareness

Joran Porco Check-in Program-this is an uplifting way to talk about mental health.

Peace at home parenting-parent support resource

Youth Services will be offering a Healthy Relationships/Friendship class

Meeting adjourned at 7:52pm

