

Freedom Elementary Guidelines for Parties

Goal: to promote safety of students with food allergies and for all students to be able to eat the foods that are being served.

The celebration should be focused on the event-- not the food served.

Birthday parties: parents are welcome to bring and eat lunch with their own student. There is a special table in the cafeteria for parents to eat with their student.

Only nonfood items can be given to classes for birthday celebrations. There needs to be enough for the entire class. Other suggestions: board games for inside recess, books for media center donated in student's name, sidewalk chalk for recess.

Holiday parties: only prepackaged factory sealed foods with ingredient labels and carbohydrate counts are acceptable. No home baked or commercially baked items are allowed. No foods containing the 6 most common allergens are permitted: peanuts, tree nuts, milk, eggs, wheat, soy.

Food suggestions: whole fruit (apples, clementines, bananas), fruit cups, individual bags of dried fruit, bagged fresh veggies (carrots), chips, wrapped candy, popsicles, fruit snacks.

Lakota Food Catering is available to help with food for parties.

Homeroom teachers will be given a new food allergy list 2 weeks before each planned party.

Approved by Principal Lance Green on 10/2/17