

COVID-19 Flowchart for Parents

Updated 1/12/22

Begin with the teal box and follow the arrows, answering the questions for your situation.

These protocols are based on guidance provided by California Department of Public Health (CDPH)

My child has a symptom of COVID-19
Vaccinated or Unvaccinated

Isolate

Get tested

Get healthcare provider* note of alternative diagnosis

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Did you get symptoms while you were in quarantine?
Only applies if you started in scenario 2

No

Yes

Finish Quarantine (go to scenario #1 on page 2)

Return to school when

- Fever is gone for at least 24 hours (without use of medicine)
- Child symptoms have resolved or child feels better



Return to school on day 6 or later depending on when the negative result is received. Wear a well-fitting mask around others for 10 days, especially in indoor settings

No additional test to release

No test to release

OR

Isolate for a minimum of 5 days. Get tested on or after day 5, to return to school before day 11

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Remain in Isolation without testing

Return to school on day 11

- When fever is gone for at least 24 hours (without use of medication)
- Symptoms have resolved



KEY DEFINITIONS

COVID -19 Symptoms

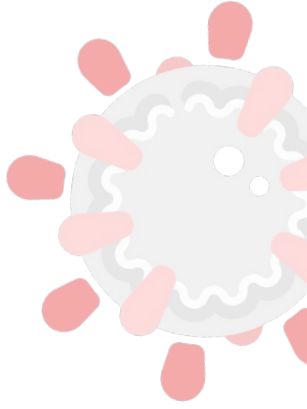
- Fever or chills
- Sore throat
- Cough
- New loss of taste or smell
- Headache
- Nausea or vomiting
- Diarrhea
- Shortness of breath or difficulty breathing
- Congestion or runny nose
- Fatigue
- Muscle or body aches

Quarantine

Restricts the movement of persons who were exposed to COVID-19 in case they become infected.

Isolation

Separates those infected with COVID-19 from people who are not infected.



For all scenarios, wear a well-fitting mask around others at all times, especially indoors, for 10 days after exposure, showing symptoms, or a positive test.



*Healthcare Provider: doctor, nurse practitioner, or certified physician assistant