



Updated Quarantine Protocol as of January 11, 2022

In response to the new Covid-19 protocols issued by *Kentucky Public Health*, and in partnership with the Louisville Metro Health Department, the Archdiocese of Louisville will implement the updated quarantine and isolation measures as outlined on the Team Kentucky Website,

<https://govstatus.egov.com/kycovid19>.

The purpose of this document is to provide a general overview of the changes in protocol. Contact tracing, isolation and quarantine protocols have been revised as noted below. Universal masking will continue at this time due to the high level of transmission. School data will continue to be reviewed weekly to determine any changes to the mitigation protocols including masking.

Parents and faculty members must still report positive Covid-19 cases to the school and keep children at home when they exhibit any Covid-19 or flu-like symptoms.

WITH UNIVERSAL MASKING

With the continued use of universal masking, the following changes will be implemented:

- **Contact tracing** is no longer required for at-school exposures, but general notifications of a Covid-19 positive case will be sent to parents of students in the same classroom (s) as the positive student.
- **Quarantining** is no longer required for **at-school exposures**.
- If an individual is **exposed at home** and not up-to-date with Covid-19 vaccination, the individual will quarantine for **at least 5 days**, unless the school is participating in a test-to-stay program.

ISOLATION PROTOCOLS

- Anyone with a positive Covid-19 test should self-isolate for at least **5 days*** even if vaccinated.
- To calculate the 5-day isolation period, day 1 is the day **after symptoms start or the day of test**.
- **Isolation can end after day 5*** if symptoms are fully resolved and the individual can wear a well-fitting mask for 5 additional days.
- If a student is unable to wear a mask consistently and properly or if symptoms continue, the individual should self-isolate for 10 full days.

The first day of symptoms or the date of a positive test, if asymptomatic, is **day zero; isolation ends **after day 5** (i.e. on day 6)*

QUARANTINE PROTOCOLS

- **Because universal masking** is required, **no contact tracing** is needed for **at-school exposures**.
- Individuals who are up-to-date with Covid-19 vaccinations **do not** need to quarantine if they are asymptomatic, but they are **recommended** to get a Covid-19 test 5-7 days after their exposure as well as recommended to wear a mask indoors for 10 days.
- Individuals who are **exposed** to Covid-19 **outside of school** (e.g., household exposure) **should quarantine if they are not up-to-date on their Covid-19 vaccination or if they are unvaccinated**.
- Quarantine for these individuals should be one of the following
 1. **10 full days** if they have **no** symptoms
 2. **5 days** if they have **no** symptoms **and** test negative on or after **day 5** of quarantine and can wear a well-fitting mask for 5 additional days
 3. **If school is participating in a test-to-stay program**, modified quarantine can be followed