

January 12, 2022

Dear RCS Families,

Last evening, the Oakland County Health Division (OCHD) released updated <u>School Quarantine and</u> <u>Isolation Guidance</u> to reflect recent recommendations from the <u>Centers for Disease Control and Prevention</u> (CDC) and the <u>Michigan Department of Health and Human Services</u> (MDHHS). The guidance includes modifying or shortening isolation and quarantine periods in some circumstances. Please reference the attached PDF: <u>School Quarantine-Isolation Guidance</u>, <u>1-11-2022.pdf</u>

The OCHD quarantine and isolation guidance is as follows.

A. Required for schools:

- Effective Aug. 24, 2021, the <u>OCHD</u> requires face masks indoors for Oakland County educational institutions and settings. This local public health order was amended on Nov. 22, 2021.
- The <u>CDC</u> requires face coverings on school bus transportation.
- The MDHHS Order Reporting of Confirmed and Probable Cases of COVID-19 at Schools
- requires schools to post data about case counts on their websites. The district's COVID-19 school associated case reporting is located on the <u>RCS website</u>.

B. ISOLATE if you test positive for COVID-19, regardless of vaccination status

Students, teachers and staff who test positive for COVID-19 and/or display COVID-19 symptoms should isolate at home for at least 5 days regardless of vaccination status.

- If asymptomatic, monitor for symptoms for 10 days, AND
- Isolate at home for 5 days (Day "0" is the day symptoms began or, for those without symptoms, the day the test was taken), AND
- If symptoms have improved or no symptoms developed, return to school on day 6 while wearing a well-fitted mask, OR
- Stay home for 10 days if unwilling/unable to wear a mask.

If you have a fever, stay home until you are fever-free for a period of 24 hours without the use of fever reducing medications.

It is strongly recommended that unvaccinated individuals take a rapid antigen test on day 5 of isolation and return only if it is negative. If you test positive or are unable to test, remain at home for 10 days.

C. QUARANTINE is necessary if you were exposed to someone with COVID-19 and are not up to date on vaccines

IF YOU ARE UP TO DATE ON VACCINES: There is no need to quarantine if you have been boosted or completed the primary vaccination series within the last 5 months for the Pfizer-BioNTech or Moderna vaccine or within the last 2 months for the Johnson & Johnson's Janssen vaccine.

Up-to-date vaccinations are defined as:

- For children 5 years through 17 years of age:
 - 2 doses of the Pfizer-BioNTech COVID-19 vaccine within the last 5 months.
- For persons 18 and older:
 - 2-dose series of the Pfizer-BioNTech or Moderna vaccine within the last 5 months, OR
 - Single dose Johnson & Johnson's Janssen vaccine within the last 2 months, OR
 - Had COVID-19 in the last 90 days and are asymptomatic.

Close contacts who are up to date on vaccines can remain in school and should:

- Wear a mask around others for 10 days.
- Test on day 5 if possible.

If you develop symptoms, test and stay home.

IF NOT UP TO DATE ON VACCINES: Quarantine if you are unvaccinated or completed the primary series of the Pfizer-BioNTech or Moderna vaccine more than 5 months ago or the Johnson & Johnson's Janssen vaccine more than 2 months ago.

Being not up to date with vaccinations is defined as:

- For children 5 years through 17 years of age:
 - 2 doses of the Pfizer-BioNTech COVID-19 vaccine over 5 months ago.
- For persons 18 and older:
 - o 2-dose series of the Pfizer-BioNTech or Moderna vaccine over 5 months ago, OR
 - Single-dose Johnson & Johnson's Janssen vaccine over 2 months ago, OR
 - Not boosted.

If there is a need to quarantine, close contacts who are unvaccinated or not up to date with vaccines should:

- Stay at home for at least 5 days following exposure.
- Wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms, test and stay home.

The guidance states that **under no circumstances should someone with COVID-19 return to school in fewer than 5 full days.** Cases that return after 5 days should avoid people who are immunocompromised or at high risk for severe disease until after at least 10 days.

OCHD recommends vaccinations for staff and students ages 5 and up and boosters for eligible individuals ages 12 and up.

The OCHD emphasizes that this is an evolving situation and information and resources will continue to be updated. For questions regarding this guidance, please visit the Oakland County website at www.oakgov.com/covid, or contact the Nurse on Call at 800-848-5533.

We appreciate our community's support in helping to keep our students in school. Health experts continue to reinforce layered strategies to prevent the spread of COVID-19. This includes getting <u>vaccinated</u> if eligible, consistently and correctly wearing a <u>mask</u>; physical distancing when possible; frequently washing hands; staying home when sick; limiting gatherings; and <u>testing</u> when applicable.

Thank you for your support.

Sincerely, Dr. Robert Shaner Superintendent

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