

**2021-2022**  
**INTERMEDIATE CROSS COUNTRY**

- Mon. November 8th** 1<sup>st</sup> OFFICIAL PRACTICE
- Tues. November 30th** **McA - KJH, LCIS, VLIS** **Girls Run First; Release time 3:15 PM**  
**BYIS - SCIS, CCIS, SIS**  
**at Friendswood JH** **BIS/FJH - WBIS, CIS, CLIS**
- Tues. December 7th** **SCIS - WBIS, SIS** **Boys Run First; Release time 3:15 PM**  
**CIS - BIS, VLIS**  
**CCIS - KJH, LCIS, FJH**  
**BYIS - McA, CLIS**
- Tues. December 14th** **SCIS - BIS, SIS, FJH** **Girls Run First; Release time 3:15 PM**  
**CCIS - WBIS, BYIS**  
**Kranz - McA, LCIS**  
**CLIS - CIS, VLIS**
- Tues. January 11th** **WBIS - SCIS, BIS, FJH** **Boys Run First; Release time 3:15 PM**  
**SIS - CIS, KJH**  
**LCIS - CCIS, BYIS**  
**VLIS - McA, CLIS**
- Wed. January 19th** **District Preview Meet - Challenger Columbia Stadium**  
**No early release; Girls 7th then 8th**
- Tues. January 18th** **District Preview Meet - Challenger Columbia Stadium**  
**No early release; Boys 7th then 8th**  
**BIS, BYIS, CCIS, CLIS. CIS, LCIS, SCIS, SIS, VLIS, WBIS, McA, KJH, FJH**
- Mon. January 24th** **DISTRICT MEET – @ CHALLENGER COLUMBIA**  
**7th Boys Elite, 8th Boys Elite, 7th Boys Masters, 8th Boys Masters**
- Tues. January 25th** **DISTRICT MEET – @ CHALLENGER COLUMBIA**  
**7th Girls Elite, 8th Girls Elite, 7th Girls Masters, 8th Girls Masters**  
  
**BIS, BYIS, CCIS, CLIS. CIS, LCIS, SCIS, SIS, VLIS, WBIS, McA, KJH**

**Host school is listed first and in BOLD**

**Inform host school if you are dropping out of the meet**