






January 2022

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Special News...</p> <p>More Info...</p> <p>Sun Butter & Jelly, Cheese Sandwich and Yogurt Fun Pack Served Daily...</p> <p>Menus are subject to change without notice.</p>
<p>3 No School</p> 	<p>4 No School</p>	<p>5 No School</p> 	<p>6</p> <ul style="list-style-type: none"> *Corn Dog *Chicken Patty Sandwich *Cereal Fun Pack *100% Apple Juice *Whole Fresh Fruit *Green Peas *Steamed Broccoli 	<p>7</p> <ul style="list-style-type: none"> *Chicken Nuggets w/Pretzel Rod *Pepperoni Pizza *Cereal Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Baby Carrots *Celery Sticks 	
<p>1</p> <ul style="list-style-type: none"> *Hot Dog *Galaxy Cheese Pizza *Flatbread Pizza Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Vegetarian Baked Beans *Celery Sticks 	<p>1</p> <ul style="list-style-type: none"> *Popcorn Chicken w/Pretzel Rod *Cheeseburger *Flatbread Pizza Fun Pack *100% Apple Juice *Whole Fresh Fruit *Green Beans *Baby Carrots 	<p>1</p> <ul style="list-style-type: none"> *Cheese Quesadilla *Chicken Nuggets w/Pretzel Rod *Flatbread Pizza Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Roasted Corn *Fresh Green Peppers 	<p>1</p> <ul style="list-style-type: none"> *Chicken Patty Sandwich *Grilled Cheese *Flatbread Pizza Fun Pack *100% Apple Juice *Whole Fresh Fruit *Sweet Potato Fries *Side Salad 	<p>1</p> <ul style="list-style-type: none"> *Max Snax Pizza Sticks w/Sauce *Chicken Tenders w/Pretzel Rod *Flatbread Pizza Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Steamed Broccoli *Fresh Cucumber Slices 	
<p>1 No School</p> 	<p>1</p> <ul style="list-style-type: none"> *BBQ Chicken Drumstick *Cheese Pizza *Ham & Cheese Fun Pack *100% Apple Juice *Whole Fresh Fruit *Mashed Potato *Fresh Broccoli 	<p>1</p> <ul style="list-style-type: none"> *Chicken Nuggets w/Pretzel Rod *Cheeseburger *Ham & Cheese Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Green Beans *Fresh Cucumber Slices 	<p>2</p> <ul style="list-style-type: none"> *Mini Corn Dogs *Popcorn Chicken w/Pretzel Rod *Ham & Cheese Fun Pack *100% Apple Juice *Whole Fresh Fruit *Winter Vegetables *Side Salad 	<p>2</p> <ul style="list-style-type: none"> *Chicken Patty Sandwich *Ham & Cheese Melt *Ham & Cheese Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Steamed Carrots *Celery Sticks 	
<p>2</p> <ul style="list-style-type: none"> *Cheeseburger *Grilled Cheese *Yogurt Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Green Beans *Baby Carrots 	<p>2</p> <ul style="list-style-type: none"> *Doritos Beef Nachos *Cheese Pizza *Yogurt Fun Pack *100% Apple Juice *Whole Apple Fruit *Roasted Corn *Celery Sticks 	<p>2</p> <ul style="list-style-type: none"> *Hot Dog *Chicken Nuggets w/Pretzel Rod *Yogurt Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Steamed Carrots *Fresh Cucumber Slices 	<p>2</p> <ul style="list-style-type: none"> *Mini Corn Dogs *Cheese Southwest Pull Apart *Yogurt Fun Pack *100% Apple Juice *Whole Fresh Fruit *Mashed Potatoes *Fresh Green Peppers 	<p>2</p> <ul style="list-style-type: none"> *Cheese Quesadilla *Pepperoni Pizza *Yogurt Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Steamed Broccoli *Baby Carrots 	
<p>3</p> <ul style="list-style-type: none"> *Galaxy Cheese Pizza *Chicken Patty Sandwich *Cheese Stick & Bagel Fun Pack *100% Fruit Juice *Whole Fresh Fruit *Winter Vegetables *Side Salad 					

SPRINGWOOD MIDDLE SCHOOL



1% Milk, Fat Free Milk & Fat Free Chocolate Milk Offered Daily



This institution is an equal opportunity provider.