

Isolation and Quarantine Guidance

Guidance for Those 18 Years and Older

If you were a close contact to someone who tested positive for COVID-19, you may need to quarantine, depending on your vaccination status:

Up-To-Date



You have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people.

You had a confirmed COVID-19 infection within the last 90 days.

- It is not necessary to quarantine.
- Monitor for symptoms.
- If symptoms develop, seek testing and stay home.
- Wear a mask around others for 10 days.
- If possible, get tested 5 days after your exposure.

Not Up-To-Date

You have not been vaccinated for COVID-19.

You completed the primary series of recommended vaccine, but have not received a booster shot when eligible.

You received the Johnson & Johnson vaccine over 2 months ago and have not received a booster shot.

You have not had a confirmed COVID-19 infection in the last 90 days.

- Stay home for 5 days.
- Monitor for symptoms.
- If symptoms develop, seek testing.
- If possible, get tested 5 days after your exposure.
- After staying home for 5 days, wear a mask around others for 5 more days.

If unable to quarantine, wear a mask for 10 days.

Learn more:

- [cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html)
- [daviscountyutah.gov/health/covid-19](https://www.daviscountyutah.gov/health/covid-19)